



Postgraduate Certificate

Childhood Nutrition

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Global University

» Credits: 8 ECTS

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/pharmacy/postgraduate-certificate/childhood-nutrition

Index

> 06 Certificate

> > p. 28

Introduction

This program has multimedia content that helps to acquire advanced knowledge in Childhood Nutrition, from the hand of renowned professionals in the sector. Throughout this program, the student will learn within a simulated environment that will provide training focused on solving real problems.



tech 06 | Introduction

Childhood is key to preventing young people from becoming overweight and avoiding obesity in adolescence and adulthood, because it is when the first patterns related to food, the taste for certain flavors, such as sweetness, and the preference or rejection of certain foods are created.

With this specialization you will have the opportunity to study a program that brings together the most advanced and in-depth knowledge in the field, where a group of highly regarded professors with extensive international experience provides you with the most complete and up-to-date information on the latest advances and techniques in Childhood Nutrition.

This program offers the student the possibility of deepening and updating knowledge, using the latest educational technology. It offers a global vision of Childhood Nutrition while focusing on the most important and innovative aspects of pediatric nutrition and dietetics.

This program provides specialization in the field of Childhood Nutrition in Pediatrics in areas of particular interest such as:

- Home Childhood Nutrition
- Nutritional Supplements
- Probiotics and prebiotics in Infant Feeding

This **Postgraduate Certificate in Childhood Nutrition** contains the most complete and up-to-date scientific program on the market. The most important features of the program include:

- Clinical cases presented by experts in nutrition. Its graphic, schematic and eminently practical contents are designed to provide scientific and assistance information on those pharmaceutical disciplines that are essential for professional practice
- Diagnostic and therapeutic novelties in pediatric nutrition
- An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course
- With a special emphasis on evidence-based pharmacy and clinical nutrition research methodologies
- All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Availability of content from any fixed or portable device with internet connection



Update your knowledge through the Postgraduate Certificate in Childhood Nutrition, in a practical way and adapted to your needs"



This Postgraduate Certificate may be the best investment you can make when selecting a refresher program, for two reasons: in addition to updating your knowledge in Childhood Nutrition, you will obtain a certificate from TECH Global University"

Forming part of the teaching staff is a group of professionals in the world of clinical nutrition, who bring to this course their work experience, as well as a group of renowned specialists, recognised by esteemed scientific communities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training program to train in real situations.

This program is designed around Problem-Based Learning, through which the pediatrician must try to solve the different professional practice situations that arise during the course of the Postgraduate Certificate. For this reason, you will be assisted by an innovative, interactive video system created by renowned and experienced experts in the field of radiology with extensive teaching experience.

This course facilitates learning in simulated environments, which provide immersive learning programmed to train for real situations.

It includes clinical cases to bring the development of the program as close as possible to the reality of pharmacy care.







tech 10 | Objectives



General Objectives

- Update the professional's knowledge on new trends in human nutrition, in both health and disease situations, through evidence-based medicine
- Promote work strategies based on the practical knowledge of the new trends in nutrition and its application to child pathologies, where nutrition plays a fundamental role in treatment
- Encourage the acquisition of technical skills and abilities, through a powerful audiovisual system, and the possibility of development through online simulation workshops and/or specific training
- Encourage professional stimulation through continuing education and research
- Train the professional for research into patients with nutritional problems







Specific Objectives

- Identify children at nutritional risk who are eligible for specific support
- Evaluate and monitor the supervision of children on nutritional support
- Explain the new developments and available evidence on probiotics and prebiotics in
- Explain the nutritional requirements of an ill patient
- Define the indication for the type of artificial nutrition according to the person and their needs



Take advantage of the opportunity and take the step to get up to date on the la take the step to get up to date on the latest developments in Childhood Nutrition"







tech 14 | Course Management

Management



Ms. Aunión Lavarías, María Eugenia

- Pharmacist and Clinical Nutrition Expert
- "Author of the reference book in the field of Clinical Nutrition "Dietetic Management of Overweight in the Pharmacy Office". (Panamerican Medical Publishing House)
- Pharmacist with extensive experience in the public and private sector
- Pharmacist in Valencia Pharmacy
- Pharmacy Assistant in the British pharmacy and health and beauty retail chain Boots, UK
- Degree in Pharmacy and Food Science and Technology. University of Valencia
- Director of the University Course "Dermocosmetics in the Pharmacy Office"







tech 18 | Structure and Content

Module 1. Physiology of Infant Nutrition

- 1.1. Influence of Nutrition on Growth and Development
- 1.2. Nutritional Requirements in the Different Periods of Childhood
- 1.3. Nutritional Assessment in Children
- 1.4. Physical Activity Evaluation and Recommendations
- 1.5. Nutrition During Pregnancy and its Impact on the New-born
- 1.6. Current Trends in the Premature New-born Nutrition
- 1.7. Nutrition in Lactating Women and its Impact on the Infant
- 1.8. Nutrition of Newborns with Intrauterine Growth Delay. Implications on Metabolic Diseases
- 1.9. Breastfeeding
 - 1.9.1. Human Milk as a Functional Food
 - 1.9.2. Process of Milk Synthesis and Secretion
 - 1.9.3. Reasons for it to be Encouraged
- 1.10. Human Milk Banks
 - 1.10.1. Milk Bank Operation and Indications
- 1.11. Concept and Characteristics of the Formulae Used in Infant Feeding
- 1.12. The Move to a Diversified Diet. Complementary Feeding During the First Year of Life
- 1.13. Feeding 1-3-Year-Old Children
- 1.14. Feeding During the Stable Growth Phase. Schoolchild Nutrition
- 1.15. Adolescent Nutrition. Nutritional Risk Factors
- 1.16. Child and Adolescent Athlete Nutrition
- 1.17. Other Dietary Patterns for Children and Adolescents. Cultural, Social, and Religious Influences on Childhood Nutrition
- 1.18. Prevention of Childhood Nutritional Diseases. Objectives and Guidelines







A unique, key, and decisive experience to boost your professional development"

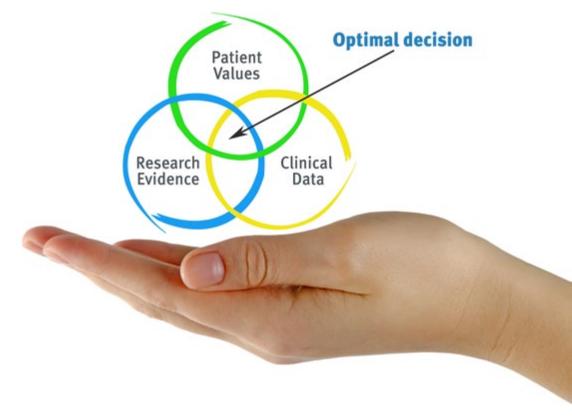


tech 22 | Methodology

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will be confronted with multiple simulated clinical cases based on real patients, in which they will have to investigate, establish hypotheses and ultimately, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Pharmacists learn better, more quickly and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, attempting to recreate the actual conditions in a pharmacist's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

- 1. Pharmacists who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
- **2.** Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- **3.** Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- **4.** Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

Pharmacists will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



Methodology | 25 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 115,000 pharmacists have been trained with unprecedented success in all clinical specialties, regardless of the surgical load. This pedagogical methodology is developed in a highly demanding environment, with a university student body with a high socioeconomic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

tech 26 | Methodology

This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is created specifically for the course by specialist pharmacists who will be teaching the course, so that the didactic development is highly specific and accurate.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Video Techniques and Procedures

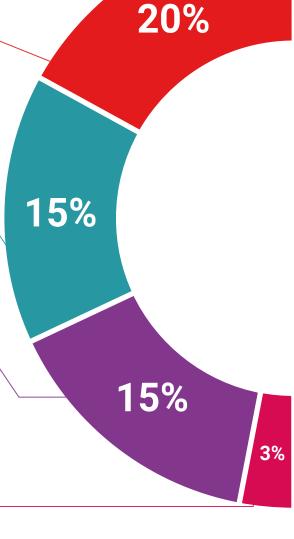
TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current pharmaceutical care procedures. All of this, first hand, and explained and detailed with precision to contribute to assimilation and a better understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".





Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.



Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence on the usefulness of learning by observing experts.

The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.







tech 30 | Certificate

This program will allow you to obtain your **Postgraduate Certificate in Childhood Nutrition** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Certificate in Childhood Nutrition

Modality: online

Duration: 6 weeks

Accreditation: 8 ECTS



Mr./Ms. _____, with identification document _____ has successfully passed and obtained the title of:

Postgraduate Certificate in Childhood Nutrition

This is a program of 240 hours of duration equivalent to 8 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024



^{*}Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

tech global university

Postgraduate Certificate

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University

Childhood Nutrition

- » Credits: 8 ECTS
- » Schedule: at your own pace
- » Exams: online

