Postgraduate Certificate

Nutricosmetic Hair Removal

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Postgraduate Certificate
Nutricosmetic Hair Removal

» Modality: **online**
» Duration: **6 weeks**
» Certificate: **TECH Global University**
» Credits: **6 ECTS**
» Schedule: **at your own pace**
» Tests: **online**

Website: **www.techtitute.com/us/nutrition/postgraduate-certificate/nutricosmetics-hair-removal**

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Introduction

Hair removal is already considered a normal habit in society. Millions of people, regardless of race, age or background, use different hair removal techniques to remove unwanted hair for aesthetic, social and hygienic reasons. If nutrition professionals who seek a well-rounded profile and wish to maintain the dermal health ot their patients, they must have in-depth knowledge of hair removal. Thus, this Postgraduate Certificate provides professionals with the opportunity to update their knowledge on laser hair removal. Best of all, you can do it online and and in a manner that is fully compatible with the rest of your daily commitments.

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" *Enhance your skills as a nutritionist by being able to offer comprehensive skin care services including laser hair removal"*

Hair removal techniques are constantly changing. The recurring need to remove unwanted hair in various areas makes this a growth industry and means that people are constantly searching for removal techniques that are as painless and permanent as possible. Therefore, it is crucial that professionals not only gain specialist expertise in this field, but also seek continuously professional development, because only then can they offer the best service to their patients.

In addition, with the growing boom in nutricosmetics, more and more people are coming to the nutritionist's office seeking to improve the appearance of their skin through nutritional supplements or specific treatments, hair removal being one of the most commonly requested.

For all these reasons, this Postgraduate Certificate in Nutricosmetic Hair Removal focuses on providing the professional with in-depth knowledge of all the latest developments in the world of hair removal, as well as the pre- and post-care that the patient must undertake. Thus, during the program, procedures such as pulsed light hair removal, laser hair removal and the different will be covered in depth, also taking into account the legal aspects and the patient's informed consent.

This **Postgraduate Certificate in Nutricosmetic Hair Removal** contains the most complete and up-to-date scientific program on the market. The most important features include:

- Practical cases presented by experts in Nutricosmetics and Hair Removal
- Graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where the self-assessment process can be carried out to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection work
- Content that is accessible from any fixed or portable device with an Internet connection

You will learn how to perform laser and pulsed light hair removal treatments. This way you will become a much more skilled nutritionist"

"

Offer your patients comprehensive care: from the inside, with nutrition, and on the outside with treatments such as hair removal"

People seek hair removal regardless of race, gender and age. As a result, this sector is a huge growth area.

Enroll on this Postgraduate Certificate and see your professional opportunities begin to multiply.

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professionals with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professionals must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the students will be assisted by an innovative interactive video system created by renowned experts.

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Objectives

To enable nutritionists to broaden their professional profile and achieve better results, TECH has designed this program in which, over 6 weeks of intensive study, the professional will learn about all the latest developments in the area of nutricosmetic hair removal. Thus, taking this program will mark a before and after in the student's career, and will propel them towards the top in their profession.

"Studying at TECH opens the door to promising growth potential. Do not miss this great opportunity"

General Objectives

- Comprehensively manage the hair removal process for patients, knowing how to apply appropriate care at each stage
- Refresh and reinforce essential dermatological knowledge for proper nutricosmetic patient care
- Know the general characteristics of the skin and its anatomy
- Learn the essential features of dermocosmetic hair removal

Laser or pulsed light hair removal? Which is more effective in each case? With this program you will learn how to give the best professional advice to your patients"

Specific Objectives

- Deepen in the aspects, classification and influence of laser hair removal
- Know the aspects, classification and influence of photoepilation with pulsed light
- Understanding the objectives of laser hair removal
- Know how to program and work with laser hair removal equipment
- Manage the correct procedures and informed consent for performing laser hair removal
- Know the protection measures for both professionals and clients in laser hair removal procedures

Structure and Content

The structure and contents of this Postgraduate Certificate in Nutricosmetic Hair Removal have been designed to provide an in-depth update for professionals working in this field. Thus, after completing the program, students will be able to effectively apply what they have learned to their professional practice.

"TECH offers you the tools to support your professional growth. Do not miss this great opportunity"

Module 1. Nutrition and hair removal

Allow the best teaching team to accompany you in your professional development"

04

Methodology

This academic program offers students a different way of learning. Our methodology follows a cyclical learning process:**Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.
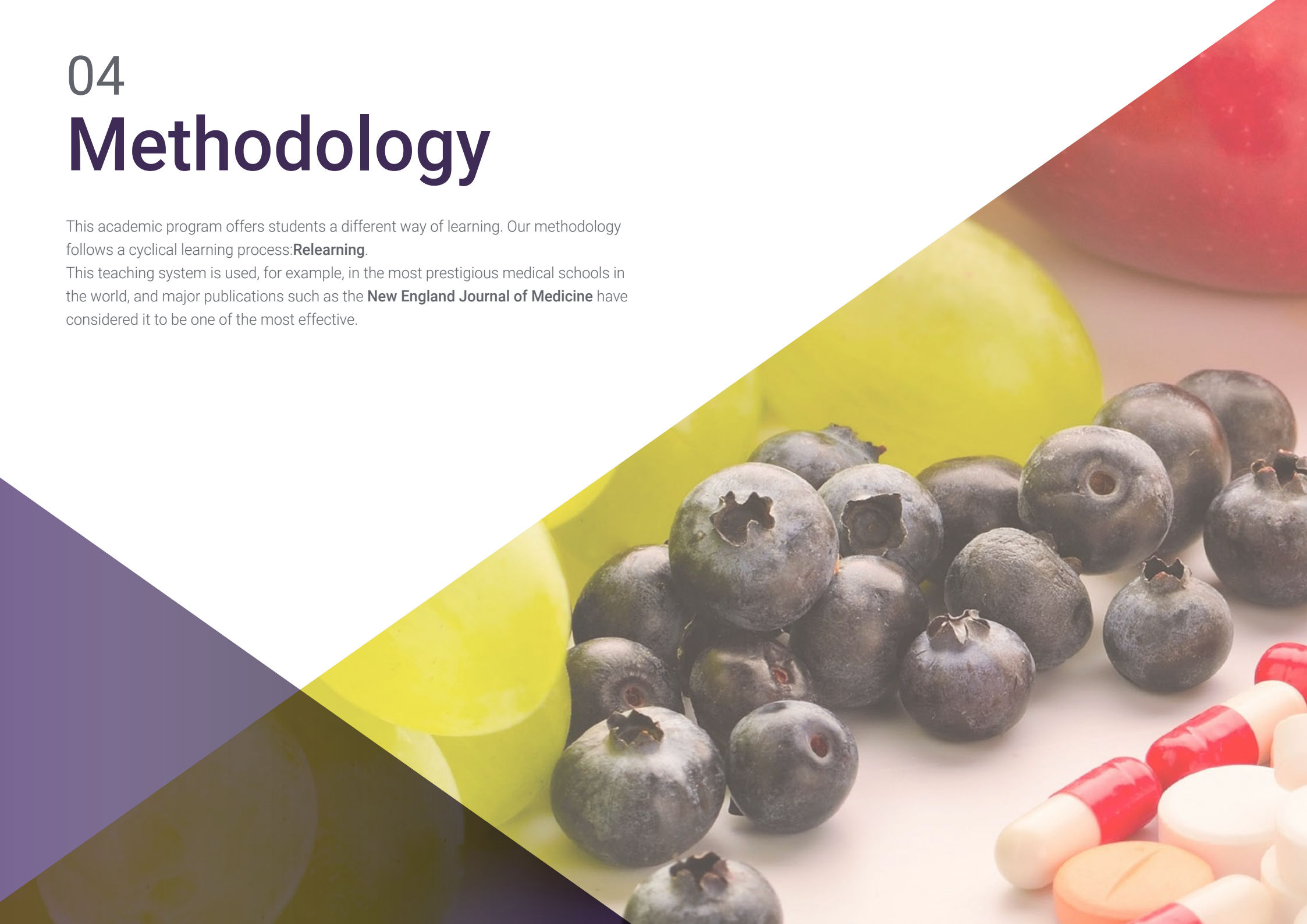
Discover Relearning, a system that abandons conventional linear learning to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH, we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainable over time.

With TECH, nutritionists can experience a way of learning that is shaking the foundations of traditional universities around the world.
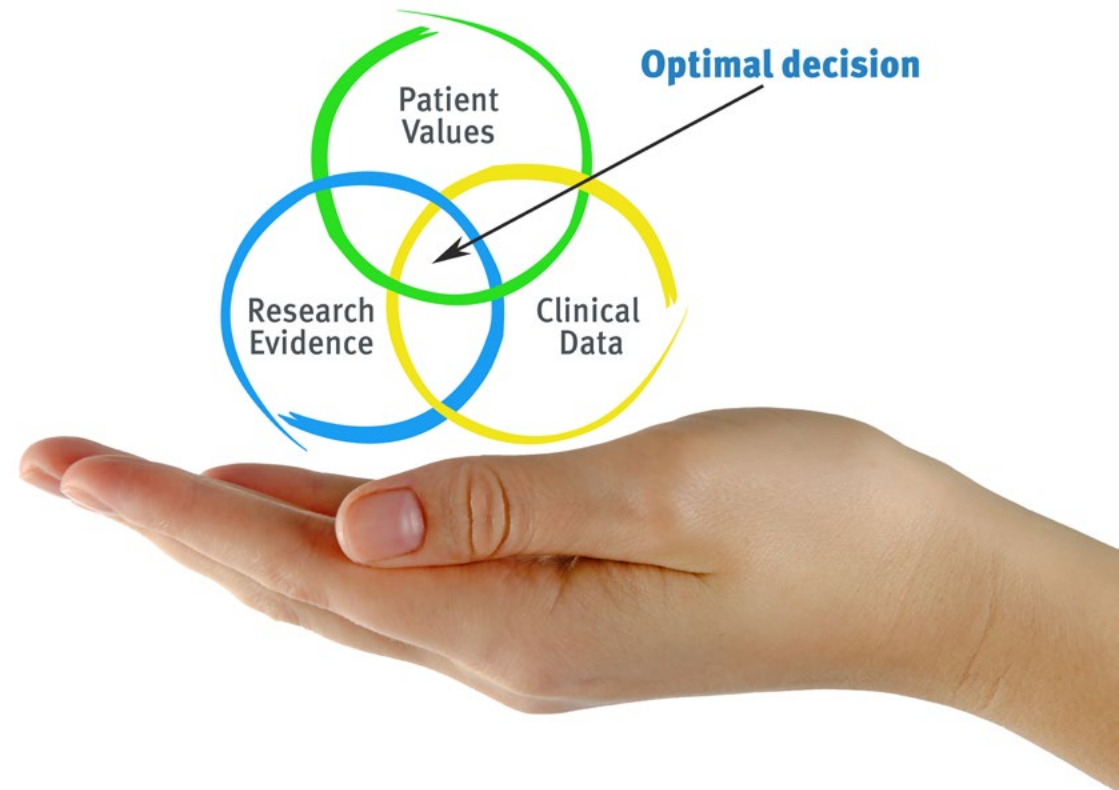
According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions of professional nutritional practice.

"Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

1. Nutritionists who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity through exercises to assess real situations and the application of knowledge.

2. Learning is solidly translated into practical skills that allow the nutritionist to better integrate knowledge into clinical practice.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Relearning Methodology

TECH effectively combines the Case Study methodology with a 100% online learning system based on repetition, which combines 8 different teaching elements in each lesson.

We enhance the Case Study with the best 100% online teaching method: Relearning.

The nutritionists will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 45,000 nutritionists have been prepared with unprecedented success in all clinical specialties regardless of the surgical load. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your education, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we balance each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:

Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then adapted in audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high-quality pieces in each and every one of the materials that are made available to the student.

20%

Nutrition Techniques and Procedures on Video

TECH brings students closer to the latest techniques, the latest educational advances and to the forefront of current nutritional counseling techniques and procedures. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.

15%

Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.
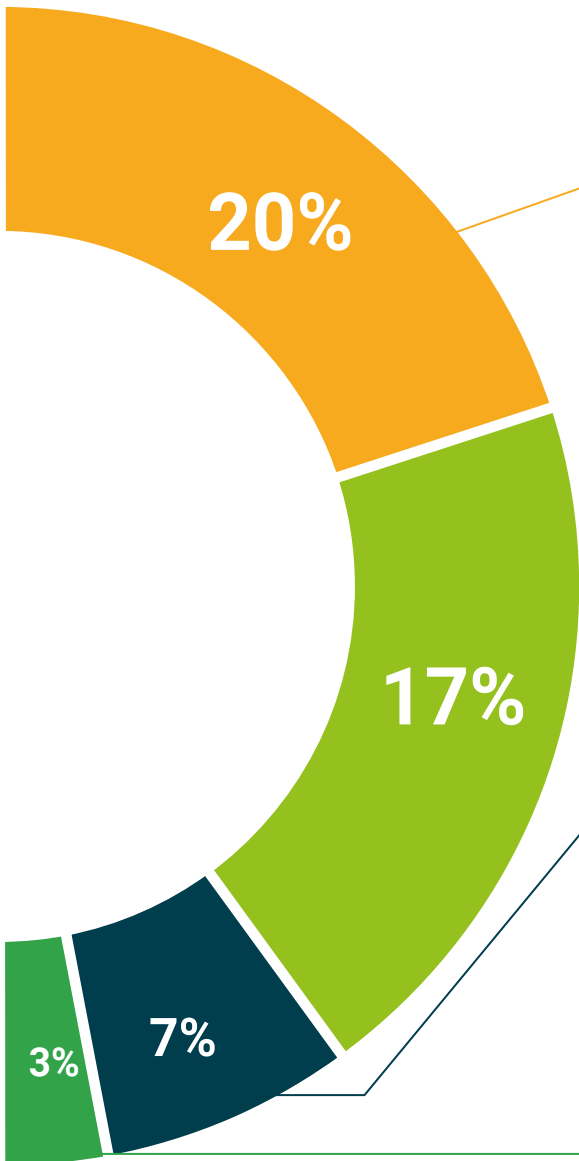
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".

15%

3%

Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

20%

17%

7%

3%

Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Retesting

We periodically assess and re-assess students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical and effective way to help students progress in their learning.

05

Certificate

The Postgraduate Certificate in Nutricosmetic Hair Removal guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This private qualification will allow you to obtain in **Porgraduate Certificate in Nutricosmetic Hair Remova** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (**official bulletin**). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Porgraduate Certificate in Nutricosmetic Hair Remova**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**

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Mr./Ms. _____, with identification document _____ has successfully passed and obtained the title of:

Porgraduate Certificate in Nutricosmetic Hair Remova

This is a private qualification of 180 hours of duration equivalent to 6 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024

Dr. Pedro Navarro Illana
Dean

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country.   Unique TECH Code: AFWORD23S   techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

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