

Postgraduate Certificate

Dermocosmetics
for Nutritionists



Postgraduate Certificate Dermocosmetics for Nutritionists

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/nutrition/postgraduate-certificate/dermocosmetics-nutritionists

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01

Introduction

Nutrition and healthy habits play a determining role in the condition of the skin. Therefore, it is crucial for dietetics and nutrition professionals to know not only the most effective approaches to improve the skin, but also the most appropriate dermocosmetic treatments in each case. This program is unique in that it offers its students a thorough update of knowledge in everything related to dermocosmetics. All this in an easy, online and totally professionalizing way.





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*Update your knowledge in dermocosmetics
and become a better Nutrition professional
thanks to this Postgraduate Certificate"*

Skin is undoubtedly a product of both internal and external conditions of the individual. Elements such as solar radiation, stress, environmental pollution and even the patient's previous pathologies are just some of the factors that can result in dry and unhealthy looking skin.

However, the internal factor that has a direct impact on the appearance of the skin is diet. Diets based on ultra-processed foods, excess salt or sugar, even uncontrolled eating, can cause visible lesions or premature aging of the skin.

It is therefore crucial for nutrition professionals to have a thorough understanding of how food influences the condition of the skin and, above all, how diet can be used to reverse skin damage, lesions or pathologies. In this sense, this Postgraduate Certificate provides students with the keys to understand the impact of nutrition on the skin, as well as which are the most appropriate medical-aesthetic treatments and approaches for each case.

After passing the evaluations included in the Postgraduate Certificate, the students will be prepared to take to their daily practice a differential and innovative approach that will have a positive impact on their patients. This will help them position themselves at the forefront of the profession.

This **Postgraduate Certificate in Dermocosmetics for Nutritionists** contains the most complete and up-to-date scientific program on the market. The most important features include:

- Case studies presented by experts in dermocosmetics and nutrition
- Graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



This is a great academic opportunity that will provide you with the necessary knowledge to position yourself as an expert in dermocosmetic skin care"

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TECH helps you to increase your knowledge and position yourself as a much more reputable professional with this Postgraduate Certificate"

At the end of the Postgraduate Certificate, you will have an in-depth understanding of the fundamentals of dermocosmetic nutrition.

One aspect that makes this program unique is its eminently practical approach. You will not only learn the theory, but also how to put it into practice.

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professionals with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professionals must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the students will be assisted by an innovative interactive video system created by renowned experts.



02 Objectives

This Postgraduate Certificate was created with the fundamental objective of updating the knowledge of nutritionists in everything related to the fundamentals of dermocosmetic nutrition. To this end, the teaching staff of the program has designed a series of highly effective teaching materials that will enable the professional to practice their profession with greater guarantees.





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If you want to reach the top and position yourself as a prestigious nutritionist, this Postgraduate Certificate is for you"



General Objectives

- Acquire the fundamental knowledge of all anti-aging modalities and aesthetic treatments, incorporating the necessary tools to practice in daily practice
- Comprehensively manage the aesthetic patient, being able to make an accurate diagnosis and apply the most appropriate treatment



We offer you the most complete program on the market with the objective of helping you reach the top"





Specific Objectives

- ◆ Know the basics of dermo-aesthetic nutrition
- ◆ Know how to structure the organization of the dermo-aesthetic medicine practice
- ◆ Correctly manage hygienic and sanitary protocols in the dermo-aesthetic nutrition clinic
- ◆ Know how to manage sanitary waste
- ◆ Explore the legal aspects that govern health care in dermo-aesthetic nutrition

03

Structure and Content

At the end of the 180 hours included in the academic program of this Postgraduate Certificate, the students will acquire a series of competencies that will enable them to position themselves at the forefront of the dermocosmetics and nutricosmetics market. This program is unique because, in addition to updating their knowledge of aesthetic treatments, they will learn about the latest insights into nutrition and the skin.



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The best didactic material and the most complete contents, only at TECH. Don't let this opportunity slip away"

Module 1. Dermo-Aesthetic Nutrition

- 1.1. Aesthetic Nutrition: New Developments in the Profession
- 1.2. PAE Applied to Aesthetics
- 1.3. Diagnosis and Registration in the Nutritional Clinic
- 1.4. Hygiene in a Clinic
 - 1.4.1. Antiseptics
 - 1.4.2. Hand Hygiene
 - 1.4.3. Utensil Hygiene
 - 1.4.4. Sanitary Waste Management
- 1.5. Organization of the Aesthetic Practice
- 1.6. Aesthetic Practice Management
- 1.7. The Ethical-Legal Aspect of Aesthetic Nutrition: Code of Ethics and Ethical Problems
 - 1.7.1. Criminal and Civil Liability of Nutritional Personnel
 - 1.7.2. Liability Insurance
 - 1.7.3. Informed Patient Consent Forms: Guidelines and Generic Models
- 1.8. Quality Management in Aesthetic Nutrition Practice
- 1.9. Emergencies in the Clinic
- 1.10. Aesthetic Complications





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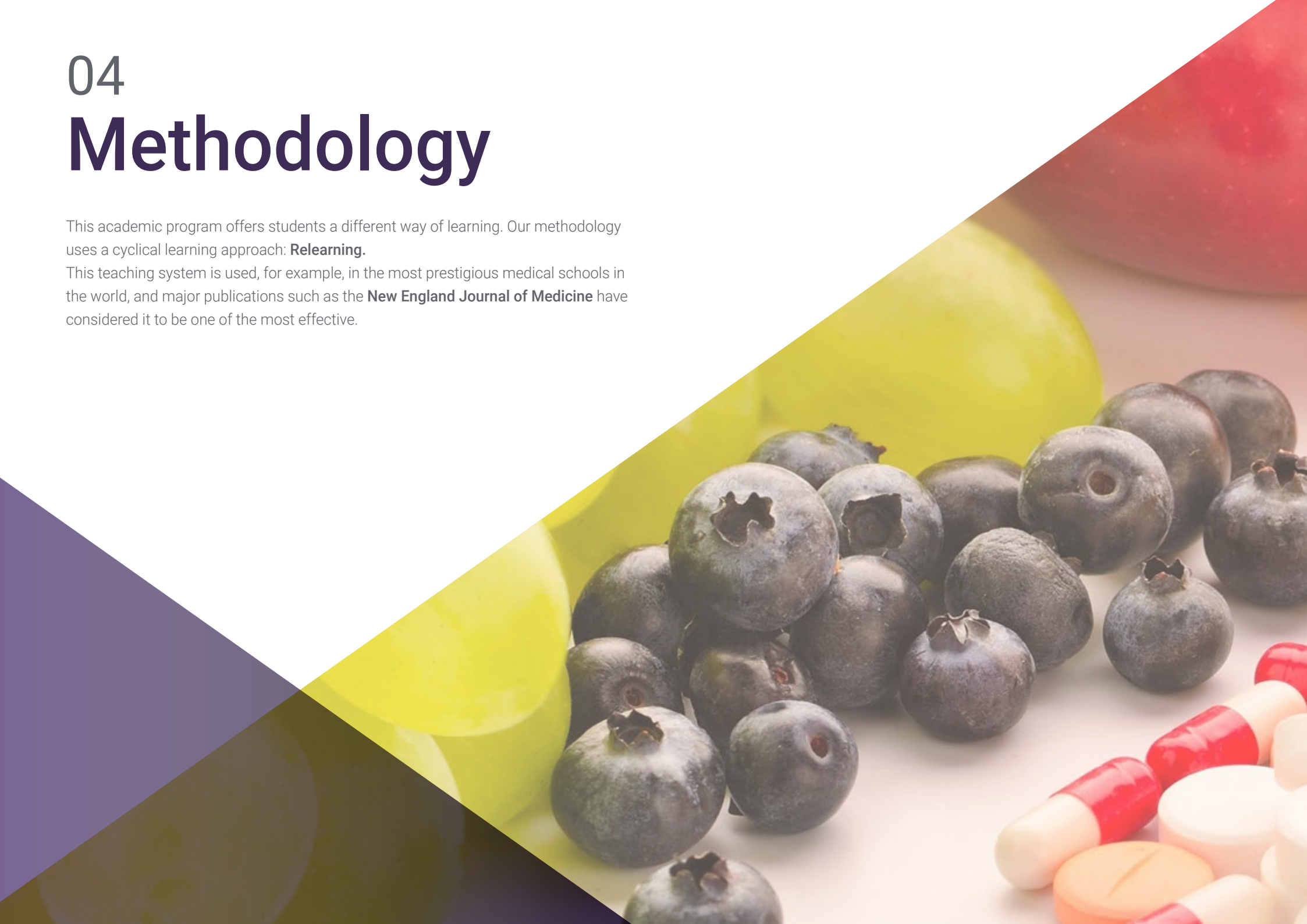
If you want to become a more complete professional, do not hesitate and enroll now in this Postgraduate Certificate”

04

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH, nutritionists can experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions of professional nutritional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nutritionists who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity through exercises to evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the nutritionist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

The nutritionist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 45,000 nutritionists have been trained with unprecedented success in all clinical specialties regardless of the surgical load. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nutrition Techniques and Procedures on Video

TECH brings students closer to the latest techniques, the latest educational advances and to the forefront of current nutritional counselling techniques and procedures. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



05 Certificate

The Postgraduate Certificate in Dermocosmetics for Nutritionists guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This program will allow you to obtain your **Postgraduate Certificate in Dermocosmetics for Nutritionists** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Dermocosmetics for Nutritionists**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.



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