# Professional Master's Degree
## Aesthetic Nursing

**tech** technological university

# Professional Master's Degree
## Aesthetic Nursing

- » Modality: **online**
- » Duration: **12 months**
- » Certificate: **TECH Technological University**
- » Dedication: **16h/week**
- » Schedule: **at your own pace**
- » Exams: **online**

Website: **www.techtitute.com/in/nursing/professional-master-degree/master-aesthetic-nursing**

# Index

# 01

# Introduction

The skin, besides being the largest organ of the body, is the sign of beauty by excellence. As such, more and more people are opting for dermo-aesthetic treatments to improve the appearance of their skin, eliminating imperfections and restoring freshness, luminosity and firmness to the face and body. This growing boom means that the market is demanding more and more professionals qualified in this specialty. For this reason, TECH has designed this program, with which nurses can learn not only the physiology of the skin, but also the most effective approaches in each case to correct imperfections, cure pathologies or maintain a healthy appearance. As a result, and after the updating of knowledge provided by this program, students will be able to work in an area that is increasingly in demand, highlighting their professional profile and placing themselves at the forefront of the sector.

*This Professional Master's Degree is designed to update the nursing professional in the latest trends in Aesthetic Nursing. All of this, based on cutting-edge content, a unique methodology and a teaching staff of excellence"*

In the image society, the appearance of the skin has come to play a fundamental role for people. Reducing wrinkles, eliminating flaccidity or gaining freshness and luminosity are just some of the results sought by patients, who find in dermo-aesthetic treatments the answer to their requirements. This growing demand for aesthetic medical centers and qualified professionals in this field supports and gives meaning to the development of this Professional Master's Degree, with which professionals will learn to understand the functioning of the skin, its processes and the most appropriate treatments depending on the patient's needs.

In this way, and through 10 theoretical modules, students will learn the basic aspects of skin anatomy, as well as the most frequent topical pathologies and the means to cure them. This knowledge will provide the nurse with an unprecedented growth in competence, which will enable them to practice as a professional in dermo-aesthetics, a specialty that is constantly growing and being updated in recent years.

In the same way, and understanding Aesthetic Nursing as a branch in continuous renovation, during the program the most cutting-edge treatments that are revolutionizing the beauty market will be studied: from carboxytherapy, through the different types of fillers, to the different procedures for hair removal, the program makes a 360º journey through the current state of dermo-aesthetic treatments and their means of application.

In addition, this program is unique in that it offers the student a complete vision of aesthetic nursing that includes aspects neglected by other professionals in the interdisciplinary team. As such, during the course of the program, the different ways of aesthetic treatment for oncology patients, specific treatments for skin pathologies and the singularities of the female intimate anatomy and its treatment from the aesthetic nursing will be studied.

All of this, condensed into 1,500 hours of immersive teaching and direct certification (without the need of a final project), in which the professional will learn the keys to practice aesthetic nursing with total success. In addition, it is taught in 100% online mode, to guarantee the student the effective compatibility of their academic, professional and personal activity. A unique study opportunity that only TECH, the world's largest online university, could offer.

This **Professional Master's Degree in Aesthetic Nursing** contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of practical cases presented by experts in Aesthetic Nursing
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where the self-assessment process can be carried out to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection work
- Content that is accessible from any fixed or portable device with an Internet connection

*The program includes nursing interventions in the treatments most demanded by patients, such as carboxytherapy or dermo-aesthetic facial massage or skin filler procedures"*

"
*A 100% online program that will allow you to keep abreast of progress in the field of Aesthetic Nursing"*

*You will be up to date in an area of nursing that has been growing steadily in recent years.*

*During the Professional Master's Degree, you will learn how to apply the most advanced skin care treatments for both face and body.*

The program includes, in its teaching staff, professionals from the sector who bring to this program their work experience, in addition to recognized specialists from prestigious reference societies and universities.

Its multimedia content, developed with the latest educational technology, will allow professionals to learn in a contextual and situated learning environment, i.e., a simulated environment that will provide immersive education programmed to prepare in real situations.

The design of this program focuses on Problem-Based Learning, by means of which professionals must try to solve the different professional practice situations that are presented to them throughout the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

# 02
# Objectives

This Professional Master's Degree was created with the fundamental objective of updating the knowledge of the professional dedicated to the field of aesthetic nursing, an area that has been growing steadily in recent years. Consequently, after completing the program, students will be prepared to offer the most innovative treatments in the sector in their own clinics, achieving not only an improvement in their professional profile, but also in their economic prospects.

*Bring to your clinic the best treatments and approaches thanks to the educational update that you will obtain by taking this Professional Master's Degree"*

## General Objectives

- Acquire the fundamental knowledge of all anti-aging modalities and aesthetic treatments, incorporating the necessary tools to perform this specialty in daily practice

- Comprehensively manage the aesthetic patient, being capacity to make an accurate diagnosis and apply the most appropriate treatment

- Get up to date and reinforce the knowledge in dermatology necessary for the correct care of aesthetic nursing patients

- Provide nurses with the necessary tools and guidelines to deal efficiently with the different dermatological pathologies

- Reinforce the role of the nurse in the treatment of these pathologies

- Identify the role of treatments in the prevention and treatment of dermatological pathologies

- Know the general characteristics of the skin and its anatomy

- Know how to differentiate and deal with the most common topical pathologies today

- Know the basic characteristics of dermo-aesthetic treatments for the face

- Know the basic characteristics of dermo-aesthetic treatments for the body

- Discern between the most effective treatments in each case

- In-depth study of the most effective hair care treatments currently available

## Specific Objectives

**Module 1. Aesthetic Nursing**
- Know the basics of dermo-aesthetic nursing
- Know how to structure the organization of the dermo-aesthetic medicine practice
- Correctly manage the hygienic and sanitary protocols in the dermo-aesthetic nursing office
- Know how to manage sanitary waste
- In-depth study of the legal aspects that should govern health care in dermo-aesthetic nursing

**Module 2. Aging and Cosmetic Assessment in Aesthetic Nursing**
- Present the historical background to anti-aging medicine
- Define and become familiar with the most frequently used concepts in anti-aging medicine
- Examine the most accepted theories of aging and interrelate them with each other
- Understand the aging mechanisms associated with mitochondria
- Define telomere-related aging processes
- Establish the relationship between immunosenescence, aging and disease onset
- Analyze the importance of circadian rhythms in aging and acquire the skills to treat their alterations in an appropriate manner
- Evaluate the importance of the exposome in aging and generate channels to adapt it to the needs and expectations of the individual

## Module 3. The Skin

- Know the anatomical structures of the skin
- Explore other areas related to the skin: hair, nails, sebaceous and sweat glands, etc
- Analyze the different functions of the skin
- Know which are the different skin cares according to the patient's stage of life
- In-depth knowledge of the effects of solar radiation on the skin and the different means of photoprotection
- Learn the different types of Skin
- Understanding the basics of facial hygiene
- Know the different moisturizing techniques for the skin

## Module 4. Most frequent dermatological pathologies

- Update knowledge on the different pathologies that can be consulted in the Community Pharmacy, analyzing the different existing therapeutic approaches, both for their treatment and prevention
- Develop a proposal of action protocols for each pathology described
- Define what is known as sensitive or reactive skin
- Analyze the different types of acne, and which ones we can address from the community pharmacy
- Delve into the study of alopecia, the differential characteristics between men and women and its evolution
- Approach the study of xerosis from a dermatological point of view, analyzing which diseases or treatments most commonly produce it, and what symptoms they present
- Differentiate existing treatments for hyperhidrosis
- Analyze the different types of dermatitis, their characteristics , and examine cases of each one
- Define the different pigmentation transients, their treatment and possible preventive measures
- Analyze rosacea and its different stages, in order to facilitate its recognition and make a correct indication

- Delve into the study of psoriasis, addressing all its types and stages, the different existing treatments and preventive measures
- Address other pathologies with pruritus such as urticaria and angioedema
- Differentiate between the different existing treatments for scalp desquamative conditions
- Define less frequent pathologies such as toxicoderma or hydrosadenitis
- Analyze the different types of skin lesions that may be encountered by the professional and how they can be approached by the Community Pharmacy
- Study the different types of pathogens that can cause skin infections or infestations
- List the various dermatological pathologies caused by pathogenic agents
- Address the different pathologies that may appear in the oral cavity
- Update the different treatments used in nail and phanera conditions

## Module 5. Nursing in Hair Removal

- Delve into the aspects, classification and influence of laser hair removal
- Know the aspects, classification and influence of photoepilation with pulsed light
- Understanding the objectives of laser hair removal
- Know how to program and work with laser hair removal equipment
- Manage the correct procedures and informed consent for performing laser hair removal
- Know the protection measures for both professionals and clients in laser hair removal procedures

## Module 6. Aesthetic Massage in Aesthetic Nursing

- Know how to apply aesthetic massages for immediate effects
- Understanding the classification of massages
- Know the maneuvers applied to aesthetic body massage
- In-depth knowledge of the different types of existing massages, their effects and application mechanisms

## Module 7. Peeling in Dermocosmetics

- Select patients in an appropriate manner, perform prior preparation of the skin, including correct follow-up and prescription of post-peel treatment, bearing in mind the usual side-effects following application of each chemical agent or combination of agents
- Understand the possible adverse effects of *peeling* and their treatments
- Explore types of *Peels* and common indications
- Examine the skin for adequate pre-preparation
- Delve into general cosmetic skin care
- Address pathologies such as acne or aging

## Module 8. Nutrition Applied to Aesthetic Nursing. Psychological Aspects of the Patient

- Establish the contribution of micronutrients to normal nutritional status
- Present the different types of functional foods, nutraceuticals, as well as the differences between the two
- Examine the health contribution of prebiotics and probiotics
- Identify the different food additives and their functions in foods
- Present specific types of diets and their contribution to improving the body's functions
- Delve into the knowledge of the intestinal microbiota as the main axis of the human microbiota and its interrelation with the rest of the body, its study methods, and its applications in clinical practice to maintain a good state of health

## Module 9. Physical Activity. Sedentary Lifestyle. Obesity

- Examine the metabolic response during physical exercise
- Determine the different techniques for the physiological assessment of the patient
- Analyze the basic principles of sports training to develop an adapted physical activity plan
- Know the importance of physical activity on certain pathologies such as cancer, musculoskeletal, cardiovascular and respiratory pathologies
- Analyze trends for recovery and readaptation to effort
- Establish how obesity and sedentary lifestyles contribute to accelerated aging
- Determine the guidelines and indications for pharmacological treatment of obesity

## Module 10. Nursing Care in Other Procedures and Treatments

- Acquire in-depth knowledge of different procedures and treatments such as fillers, botulinum toxin or support threads
- Gain in-depth knowledge in the use of PRP (Platelet Rich Plasma)
- Delve into the use of carboxytherapy, rhinomodeling and mentoplasty

*The Aesthetic Nursing sector is continuously being updated. If you want to position yourself at the forefront of this field, then don't hesitate to study at TECH: you will find the most up-to-date knowledge in the market"*

## 03
# Skills

The acquisition of skilss is one of the basic aspects when choosing what and where to study. TECH professionals make sure that, in the creation of their programs, the main goal is to ensure that students not only consolidate the knowledge, but also know how to apply it in their daily practice. In this way, this Professional Master's Degree is unique in that it offers students an unprecedented acquisition of skills that will allow them not only to update their knowledge, but also to put it into practice immediately. A luxury that can only be found at TECH.

*The field of dermo-aesthetic nursing encompasses a myriad of techniques and procedures. With the skills you will acquire in this program, you will know which one to apply in each case, achieving optimal results for your patients"*

## General Skills

- Be able to apply the latest anti-aging techniques, as well as the most demanded esthetic treatments

- Prevent, delay, and control aging processes in patients

- Know how to apply knowledge with the ability to solve problem cases in daily practice situations

- Know how to apply the different dermo-aesthetic nursing treatments

- Define the basic legislation and regulations in dermo-aesthetic nursing

- Define the main protocols of action for the different dermatological pathologies

- Be able to implement the protocol for referral to other professionals if necessary

- Know how to apply those drugs and medical devices used in the prevention of dermatological pathology

- Review the different skin cares in the different stages of life adapting treatment and prevention to each specific case

- Review anatomical, physiological and biochemical concepts related to the skin and appendages

- Identify risk factors for dermatological pathology and offer the appropriate approach

- Be able to treat oncology patients based on the benefits of dermo-aesthetic nursing

- Know how to work with the different gynecological pathologies and know how to apply the effective dermo-aesthetic treatment in each case

## Specific Skills

- Understand the implications of the different ethical and legal issues that underlie the activity of dermo-aesthetic nursing
- Learn about new developments in the dermo-aesthetic nursing profession
- Master the different scientific theories on aging
- Apply personalized anti-aging treatments, taking into account the particularities of each patient
- Understand the anatomy of the skin in order to detect all types of pathologies and apply the corresponding aesthetic treatment
- Learn which treatments are most effective for skin attachments such as hair and nails
- Adapt the different treatments according to the patient's stage of life
- Know the dermo-aesthetic particularities of each stage of life, so that patients can apply preventive solutions
- Assimilate the growth processes of skin, hair and nails
- Apply skin moisturizing and cleansing techniques
- Identify the best skin care treatments, while instructing patients to prevent the major hazards they face
- Perform different aesthetic massages belonging to the field of dermo-aesthetic nursing
- Know how to apply different hair removal techniques, especially laser hair removal
- Understand pre and post hair removal risks in order to act appropriately in each case

- Master the techniques for different dermo-aesthetic procedures such as chemical peels, botulinum toxin, rhinomodeling or facial carboxytherapy
- Get to know, from the point of view of dermo-aesthetic nursing, various issues related to nutrition
- Observe the problems associated with nutritional disorders in order to apply appropriate nursing care
- Be adequately prepared to respond to the different challenges of gynecological aesthetics
- Approach gynecological dermo-aesthetics with the right tools for each patient
- Understand the role of nursing in oncology care

*Thanks to this Professional Master's Degree, you will be able to implement new and innovative services in your practice and you will become the No. 1 in your sector"*

## 04
# Structure and Content

This syllabus has been designed to provide a comprehensive and highly effective overview of each and every aspect that influences the practice of dermo-aesthetic nursing. From the skin, through the elements of management of a dermo-aesthetic practice, to the specific care of oncology patients, the program is configured as a unique tool in the hands of the student to position their clinic as a reference center in the sector.

tech

"

*Get to know the most complete syllabus in the university scene in the field of Aesthetic Nursing. Don't miss this great opportunity and enroll now"*

## Module 1. Aesthetic Nursing

1.1. Aesthetic Nursing: New Developments in the Profession
1.2. Nursing Care Plan (NCP) Applied to Aesthetics
1.3. Diagnosis and Nursing Record
1.4. Hygiene in an Aesthetic Practice
  1.4.1. Antiseptics
  1.4.2. Hand Hygiene
  1.4.3. Utensil Hygiene
  1.4.4. Sanitary Waste Management
1.5. Organization of the Aesthetic Practice
1.6. Aesthetic Practice Management
1.7. The Ethical-Legal Aspect of Aesthetic Nursing: Code of Ethics and Ethical Problems
  1.7.1. Criminal and Civil Liability of Nursing Staff
  1.7.2. Liability Insurance
  1.7.3. Informed Patient Consent Forms: Guidelines and Generic Models
1.8. Quality Management in Aesthetic Nursing Practice
1.9. Urgent Care in the Aesthetic Nurse's Practice
1.10. Complications in Aesthetic Nursing

## Module 2. Aging and Cosmetic Assessment in Aesthetic Nursing

2.1. History of Antiaging Medicine
2.2. Theories of Aging. Pathophysiology
2.3. Species and Longevity
2.4. Mechanisms of Cellular Aging
2.5. Mitochondrias
2.6. Chronobiology I. Suprachiasmatic Pineal Nucleus. Circadian Rhythm
2.7. Chronobiology II. Sleep and Sleeplessness
2.8. Immunity. Immunosenescence
2.9. Telomeres and Telomerase
2.10. Exposome and Aging

## Module 3. The Skin

3.1. Skin Anatomy and Structure of the Skin
3.2. Skin Appendages
  3.2.1. Hair
  3.2.2. Nails
  3.2.3. Sebaceous Glands
  3.2.4. Sweat Glands
3.3. Skin Functions and Elementary Lesions
  3.3.1. Protection
  3.3.2. Metabolism
  3.3.3. Temperature Regulation
  3.3.4. Sensory
  3.3.5. Excretory
  3.3.6. Energy Reserve
3.4. Skin Care in the Different Stages of Life: Neonatal, Pediatric, Adolescent, Adult, Geriatric, Pregnancy
  3.4.1. Neonatal
  3.4.2. Pediatric
  3.4.3. Adolescent
  3.4.4. Adult
  3.4.5. Geriatric
  3.4.6. Pregnancy
3.5. Embryology of the Skin and Skin Appendages
  3.5.1. Skin Development
  3.5.2. Hair Development
  3.5.3. Nail Development
  3.5.4. Skin Gland Development
3.6. Skin Types
  3.6.1. Density
  3.6.2. Skin Emulsion
  3.6.3. Skin Phototype
  3.6.4. Status

3.7. Skin Hygiene

3.8. Skin Hydration

    3.8.1. Manual Techniques

    3.8.2. Materials and Technical Methods

    3.8.3. Specific Cosmetics

    3.8.4. Equipment

## Module 4. Most frequent dermatological pathologies

4.1. Acne

4.2. Rosacea

4.3. Seborrheic Dermatitis

4.4. Atopic Dermatitis

4.5. Contact Dermatitis

4.6. Pigmentation Disorders. Hyperpigmentation

4.7. Pigmentation Disorders. Hypopigmentation

4.8. Psoriasis

4.9. Skin Infections and Infestations Caused by Pathogenic Agents: Bacteria

4.10. Skin Infections and Infestations Caused by Pathogenic Agents: Viruses

4.11. Ichthyosis

4.12. Urticaria and Angioedema

4.13. Scars

## Module 5. Nursing in Hair Removal

5.1. Laser in Hair Removal and Influencing Factors

    5.1.1. Factors That Influence Laser Hair Removal

5.2. Intense Pulsed Light Hair Removal and Influence Factors

    5.2.1. Factors That Influence Pulsed Light Hair Removal

5.3. Objectives of Laser Hair Removal and IPL (Intense Pulsed Light)

5.4. Procedure for Performing Laser and IPL Hair Removal

5.5. First Visit

    5.5.1. Client Information

    5.5.2. Technical and Follow-Up Data

    5.5.3. Informed Consent

5.6. Technique Procedure

    5.6.1. Cleansing, Shaving and Disinfection

    5.6.2. Delimitation of the Area

    5.6.3. Protection

    5.6.4. Application of Cooling Gel

    5.6.5. Using Equipment

    5.6.6. Removal of Gel and Application of Decongestant Product

5.7. Risks and Side Effects

5.8. Precautions, Post-Laser Hair Removal Care and After-Sessions

5.9. Protection Measures for Professionals and Clients

    5.9.1. Clothing

    5.9.2. Recommended Postural Hygiene at Work

## Module 6. Aesthetic Massage in Aesthetic Nursing

6.1. The Application of Aesthetic Massage and the Immediate, Delayed, Local and General Effects of Massage on the Various Organs and Systems

6.2. Classification of Massages According to Their Action and the Different Applicable Techniques

6.3. Effects, Indications, Precautions and Contraindications of Aesthetic Massage Procedures

6.4. Application Parameters of Massage Procedures and Selection Criteria for Aesthetic Massage Procedures

6.5. Techniques for Performing Body Aesthetic Massage Procedures

6.6. Zone Massage: Specific Procedures and Time of Execution

6.7. Aesthetic Massage With Mechanical Effect Equipment

6.8. Aesthetic Massage With Mechanical Effect

6.9. Application Techniques of the Different Equipment

6.10. Indications for Mechanical Aesthetic Massage

6.11. Immediate and Subsequent Results of Mechanical Massage on Different Organs, Devices and Systems

## Module 7. Peeling in Dermocosmetics

7.1. General Aspects
7.2. Previous Preparation
7.3. Superficial *Peeling*
7.4. Medium *Peeling*
7.5. Deep Peeling
7.6. *Post-Peeling* Care. Adverse Effects and their Treatment
7.7. Introduction to Dermocosmetics
7.8. General Cosmetic Skin Care
7.9. Specific Cosmetic Care

## Module 8. Nutrition Applied to Aesthetic Nursing. Psychological Aspects of the Patient

8.1. Nursing Care in *Anti*-Aging Nutricosmetics
8.2. Orthomolecular Dermocosmetics
8.3. Microbiota
8.4. Prebiotics and Probiotics
8.5. Nutrigenetics. Nutrigenomics
8.6. Supplementation
8.7. Food additives
8.8. Most Frequent Nutritional Alterations Related to Aesthetics
8.9. Psychological Aspects of Aging

## Module 9. Physical Activity. Sedentary Lifestyles and Obesity

9.1. Physiology of Physical Activity
9.2. Physiological Evaluation and Interpretation I
9.3. Physiological Evaluation and Interpretation II
9.4. Personalized Prescription of Physical Activity in Young Adults
9.5. Personalized Prescription of Physical Activity for the Elderly
9.6. Physical Activity, Longevity and Quality of Life
9.7. Strategies for Rehabilitation and Recovery from Exertion
9.8. Sedentary Lifestyles and Obesity
9.9. Pharmacological Treatment of Obesity. GLP1 - Liraglutide
9.10. Dietary Supplementation

**Module 10.** Nursing  Care in Other Procedures and Treatments

10.1.   Facial Fillers
10.2.   Bioplasty
10.3.   Botulinum Toxin
10.4.   Sustaining Wires
10.5.   Chemical Peeling
10.6.   Radiofrequency, Technology and Biological Effects
10.7.   Facial Rejuvenation
10.8.   Rhinomodeling and Mentoplasty
10.9.   Facial and Body Carboxitherapy
10.10. PRP (Platelet Rich Plasma)
10.11. Microdermabrasion

"

*With this syllabus you will learn everything you need to offer your patients a differential approach to skin pathologies, imperfections and other skin-related problems"*

# 05
# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**
This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

tech

"

*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

*With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

*"Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"*

**The effectiveness of the method is justified by four fundamental achievements:**

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.

2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

**This program offers the best educational material, prepared with professionals in mind:**

### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.

### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.

### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".

### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

**20%**

**15%**

**15%**

**3%**

**20%**

**17%**

**7%**

**3%**

### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

# Certificate

The Professional Master's Degree in Aesthetic Nursing guarantees students, in addition to the most rigorous and up-to-date education, access to a Professional Master's Degree diploma issued by TECH Technological University.

" *Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*
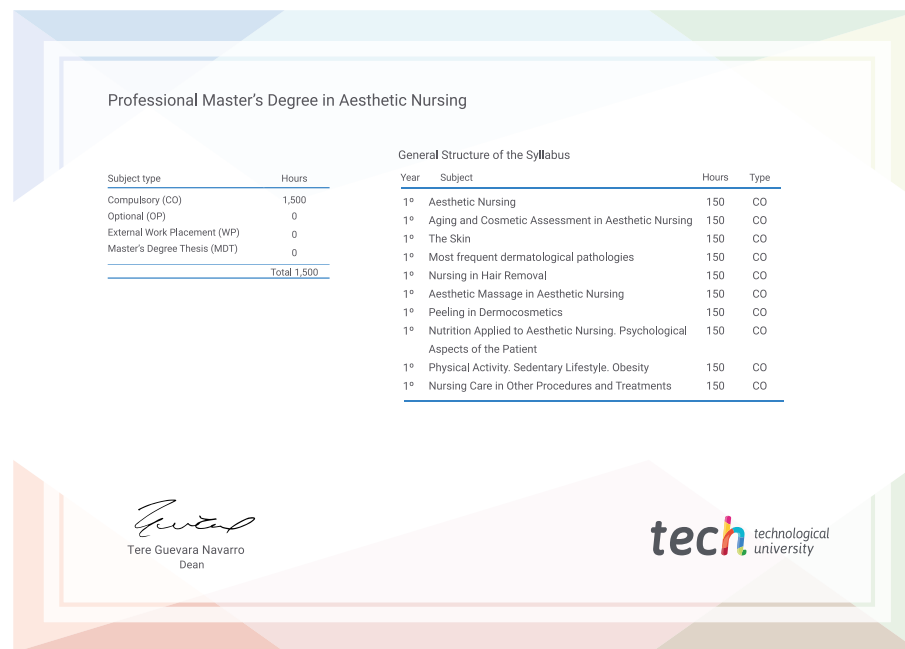
This **Professional Master's Degree in Aesthetics Nursing** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Professional Master's Degree diploma** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Professional Master's Degree, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: **Professional Master's Degree in Aesthetic Nursing**

Official Nº of Hours: **1,500 h.**

tech technological university

Awards the following
**CERTIFICATE**
to
Mr./Ms. _____, with identification number _____.
For having successfully passed and accredited the following program

**PROFESSIONAL MASTER'S DEGREE**

in

Aesthetic Nursing

This is a qualification awarded by this University, equivalent to 1,500 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

June 17, 2020

Tere Guevara Navarro
Dean

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country.          Unique TECH Code: AFWORD23S    techtitute.com/certificates

Professional Master's Degree in Aesthetic Nursing

| Subject type | Hours |
|---|---|
| Compulsory (CO) | 1,500 |
| Optional (OP) | 0 |
| External Work Placement (WP) | 0 |
| Master's Degree Thesis (MDT) | 0 |
| Total | 1,500 |

General Structure of the Syllabus

| Year | Subject | Hours | Type |
|---|---|---|---|
| 1º | Aesthetic Nursing | 150 | CO |
| 1º | Aging and Cosmetic Assessment in Aesthetic Nursing | 150 | CO |
| 1º | The Skin | 150 | CO |
| 1º | Most frequent dermatological pathologies | 150 | CO |
| 1º | Nursing in Hair Removal | 150 | CO |
| 1º | Aesthetic Massage in Aesthetic Nursing | 150 | CO |
| 1º | Peeling in Dermocosmetics | 150 | CO |
| 1º | Nutrition Applied to Aesthetic Nursing. Psychological Aspects of the Patient | 150 | CO |
| 1º | Physical Activity. Sedentary Lifestyle. Obesity | 150 | CO |
| 1º | Nursing Care in Other Procedures and Treatments | 150 | CO |

Tere Guevara Navarro
Dean

tech technological university

*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

# tech technological university

## Professional Master's Degree
### Aesthetic Nursing

- » Modality: **online**
- » Duration: **12 months**
- » Certificate: **TECH Technological University**
- » Dedication: **16h/week**
- » Schedule: **at your own pace**
- » Exams: **online**

# Professional Master's Degree
## Aesthetic Nursing

**tech** technological university