



Postgraduate Diploma

Psychopathology and Mental Disorders

» Modality: online

» Duration: 6 months

» Certificate: TECH Technological University

» Dedication: 16h/week

» Schedule: at your own pace

» Exams: online

We b site: www.techtitute.com/in/nursing/postgraduate-diploma/postgraduate-diploma-psychopathology-mental-disorders

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> 06 Certificate





tech 06 | Introduction

Nurses play a fundamental role in the functional and social recovery of patients who have been diagnosed with some type of mental disorder. These professionals provide care and support, helping people to understand their illness and to live with it through effective implementation of a series of habits that allow them, for example, to identify if they are in a dangerous situation, if their behavior inappropriate or if they are harming themselves or others. Thus, they help to significantly improve quality of life by working in coordination with other professionals to try reduce the consequences of mental illness as much as possible.

However, this is a complex and diverse area in which a specific treatment has been developed for each disorder, based on guidelines tailored to the needs of each one. TECH created this program to enable nursing professionals to keep up to date with the latest developments. This is a 550-hour, multidisciplinary academic experience through which they will be able to explore the different models for clinical psychopathology, as well as new treatments, updating their practice and implementing the best strategies for the management of patients with difficulties such as, impairment to memory, thought or consciousness. Students will also work intensively on the diagnosis and early analysis of the different psychopathologies for both adult and child patients, as well as the most innovative models of care. In this way, they will be able to address issues related to sleep disorders, anxiety, obsession, thinking or memory impairment, among others, through an innovative praxis based on the latest clinical advances.

In addition to the syllabus, this program includes real case studies and multidisciplinary content presented in different ways: detailed videos, research articles, complementary readings, images, frequently asked questions, news, self-awareness exercises, etc. In addition, everything has been compacted in a convenient and flexible 100% online format, thanks to which students can access the content of the Postgraduate Diploma from wherever and whenever they want, without schedules or face-to-face classes, using any device with an Internet connection. In this way, they will be able to update their practice in a reliable way, contributing to the advancement of science through first-rate clinical practice based on the latest developments in psychopathology.

This **Postgraduate Diploma in Psychopathology and Mental Disorders** contains the most complete and up-to-date scientific program on the market. The most important features include:

- Practical cases presented by experts in Nursing and Psychology
- The graphic, schematic, and practical content with which they are created, provides scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



You will work intensively to get up to date on the latest models of care for Psychiatric and Mental Health disorders, exploring classificatory systems and the research methods that are currently being used"



You will be able to delve into the latest findings on different organic mental disorders and psychotic disorders, so that you can address them with an innovative and cutting-edge praxis"

The program's teaching staff includes professionals from the field who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

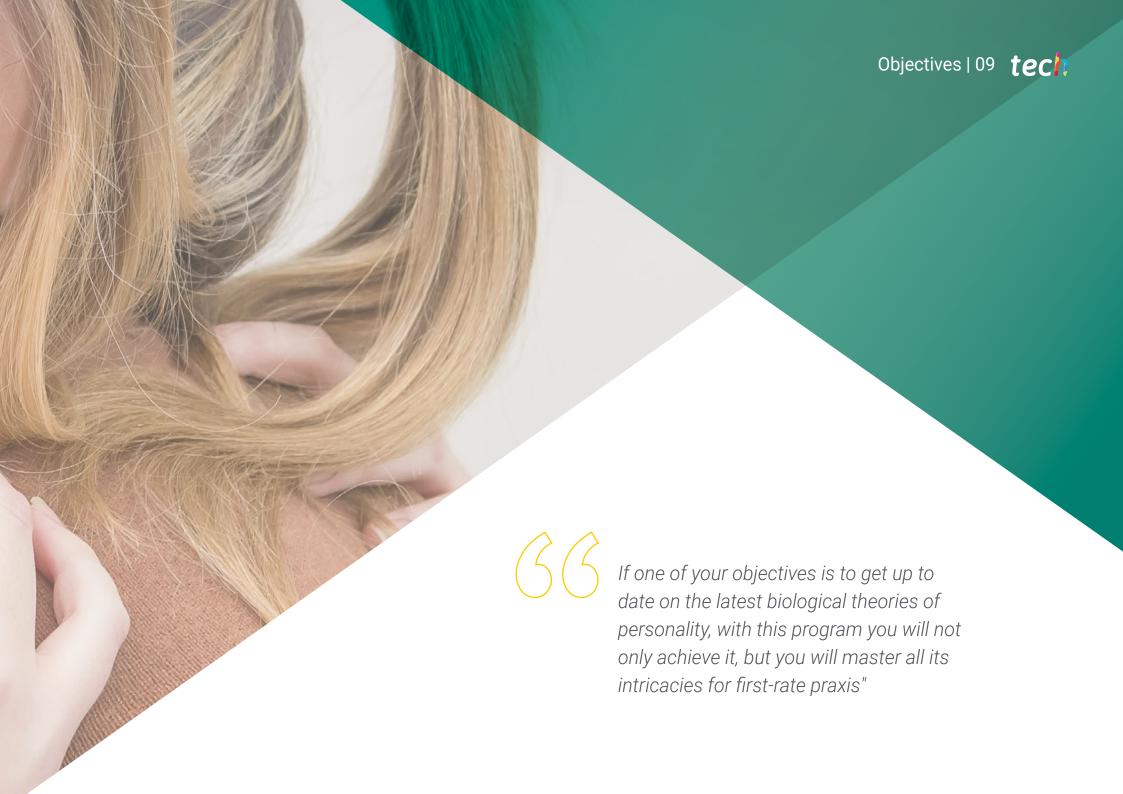
This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.

You will have the opportunity to gain detailed knowledge of the latest advances in the treatment of childhood dysphasia, examining the best strategies to overcome simple speech and language delays.

The best program on the academic market to update your practice in the management of obsessive-compulsive disorders, 100% online and in only 6 months.







tech 10 | Objectives



General Objectives

- Update the specialist's knowledge on effective and specific management of the most common Psychopathology and Mental Disorders that occur regularly in the mental health area
- Provide students with all the academic resources that will allow them not only to update their practice, but also to carry it out in a comfortable, efficient and, above all, effective way



TECH is aware of the difficulties that arise from nursing practice. For this reason, it will provide all graduates the most innovative and effective resources to guarantee them a secure update of their practice"





Module 1. Psychopathology

- Explain the different psychopathology models
- Establish the different psychopathology classification systems
- Explain psychopathology research methods
- Master the psychopathology of consciousness, attention and orientation, and sensory perception
- Classify perceptual disorders
- Explain the psychopathology of memory and thought
- Define formal thought disorders and thought content disorders
- Address childhood Dysphasia and Dyslalia
- Identify alterations in Affectivity
- Detect the different psychomotor disorders

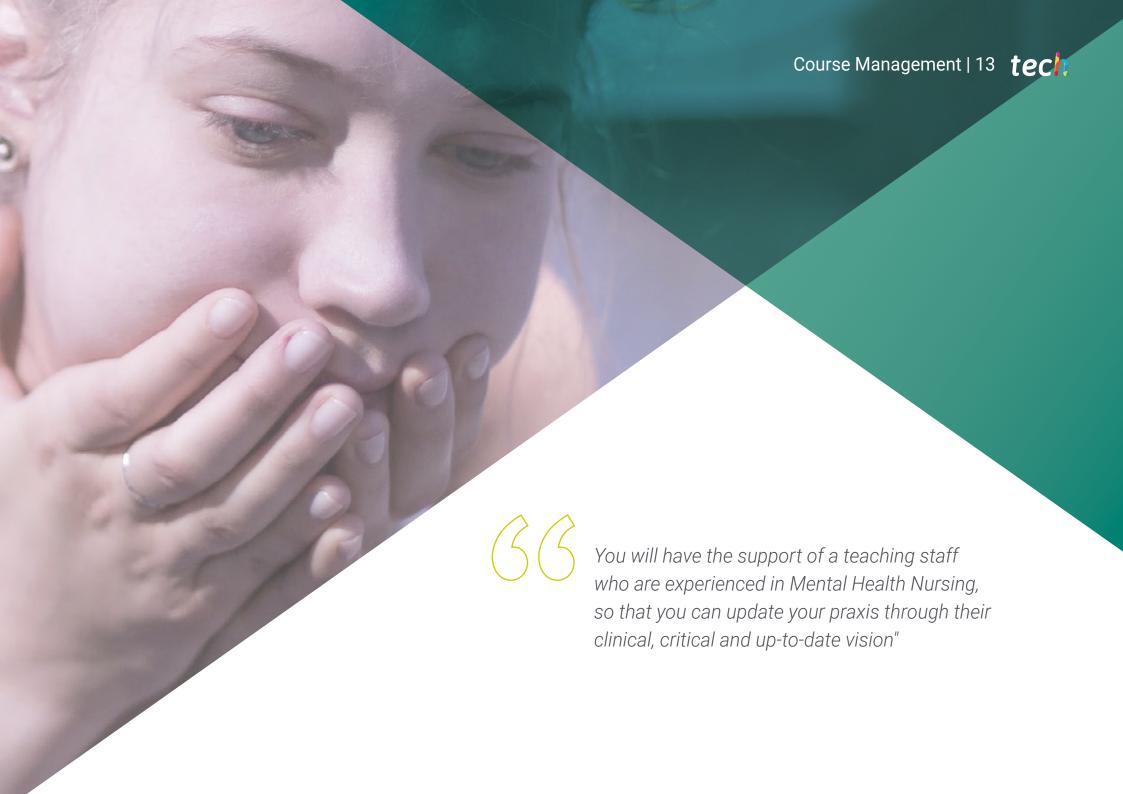
Module 2. Mental Disorders I

- Explain the different organic mental disorders and psychotic disorders
- Identify the different mood disorders
- Detect the different anxiety disorders
- Describe obsessive-compulsive disorders
- Define stress disorder and its health implications

Module 3. Mental Disorders II

- Explain the different sleep disorders
- Define the main characteristic features of impulse control disorders
- Explain the epidemiology and prevalence of adaptive disorders
- Establish the characteristics of personality disorders
- Define the general aspects of treatment for the management of different personality disorders
- Identify the different somatoform disorders
- Classify the different psychosomatic disorders
- Define the explanatory models of eating disorders
- Detect the different sexual and sexual identity disorders





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Management



Ms. Peña Granger, Mercedes

- Head of Adult Psychiatry Nursing Unit at General University Gregorio Marañon Hospital, Madrid
- EIR Mental Health Tutor in Multidisciplinary Teaching Unit at Gregorio Marañón General University Hospital, Madrid
- Associate Professor at the University of Comillas and the University of Rey Juan Carlos
- Graduate in Nursing from the Complutense University of Madrid
- Diploma in Nursing Psychosomatics from the Complutense University of Madrid
- Degree in Social and Cultural Anthropology from the Complutense University of Madrid
- Degree in Nursing from Rey Juan Carlos University
- · Mental Health Specialist. Ministry of Health
- Master's Degree in the Humanization of Health Institutions from the European University of Madrid



Mr. Lozano Alonso, Raúl

- Head of Nursing of the Drug Addiction Disorders Unit at Hestia Esquerdo Hospital
- President of the Madrid Association of Mental Health Nurses
- Professor at the University School of Nursing of the Red Cross from the Autonomous University of Madrid
- Personalized Trainer in MIR exams at CEMIR-Team POE
- Faculty member of Nus Agency
- Nursing Services in Quirónsalud
- · Community Care Nurse in the Madrid Health Service (SERMAS)
- University Professor at Rey Juan Carlos University
- Assistant University Professor at the Autonomous University of Madrid
- Diploma in Nursing
- Specialist Nurse in Mental Health via EIR entrance exams
- Master's Degree in Nursing Sciences
- Master's Degree in Health Services Management and Telemedicine

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Professors

Ms. Cunillera Llorente, Alicia Hatshepsut

- Specialist Nurse in Mental Health
- Nurse of the Short Psychiatric Hospitalization Unit at the Gregorio Marañón General University Hospital, Madrid
- Nurse of the Food Disorders Unit at the Gregorio Marañón General University Hospital, Madrid
- Nurse from the Personality Disorders Unit at the PhD Rodríguez Lafora Hospital
- Speaker at congresses and conferences specialized in Mental Health
- Degree in Nursing from the Pontificia de Comillas University

Ms. Borrego Espárrago, María Victoria

- Nursing Supervisor of in Hospitalization at the Ruber Juan Bravo Hospital Complex
- Nurse Mental Health Specialist at Sisters Hospitals of the Sacred Heart of Jesus
- Nursing Supervisor of the Psychosocial Rehabilitation Area at the San Miguel Clinic
- Author of numerous Specialized publications
- Diploma in Nursing from the Autonomous University of Madrid
- Diploma in Nursing by EUE Red Cross
- Postgraduate Diploma Degree in Health Services Management through the University CEU Cardenal Herrera
- Member of: Board of Directors of the Spanish Association of Nursing of Mental Health and Advisory Commission of Care of the Regional Office of the Community of Madrid





Course Management | 17 tech

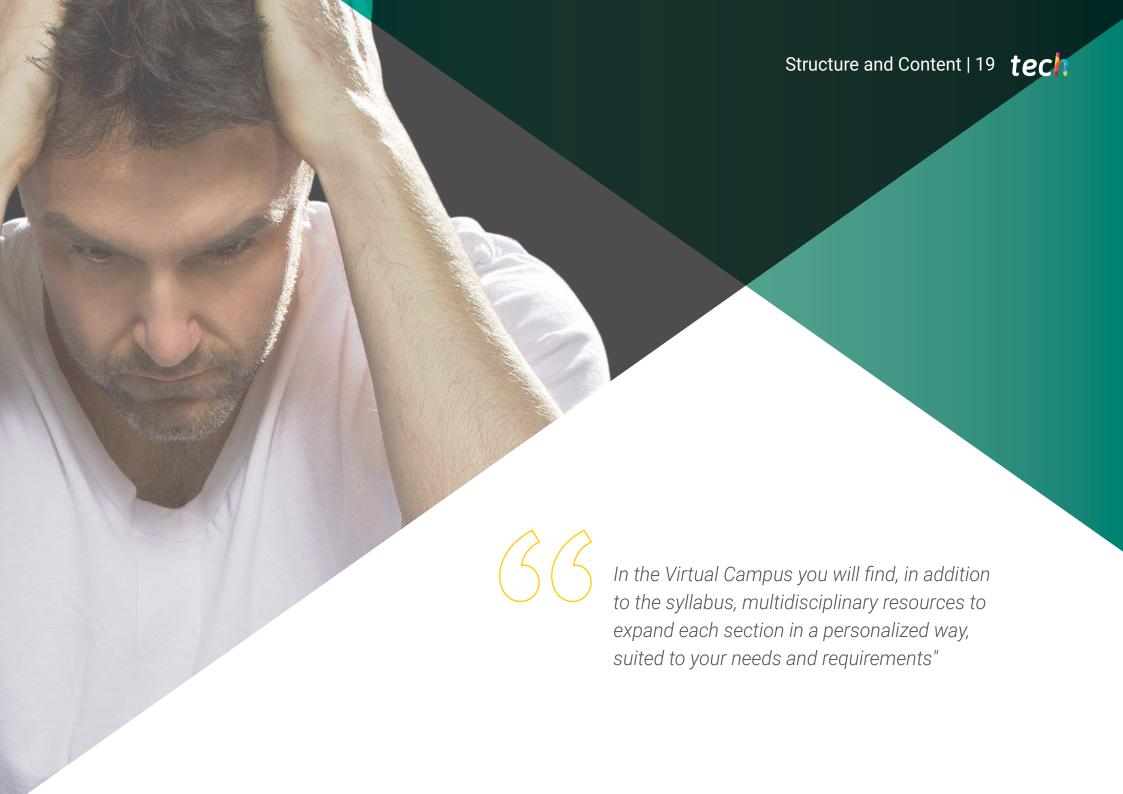
Ms. González Palomar, María Esther

- Specialist Nurse in Mental Health
- Head of the Nursing Unit of Adolescent Psychiatry at the Gregorio Marañón University General Hospital
- Postgraduate Certificate in Nursing from the Complutense University
- Postgraduate Certificate in Social Work at Complutense University
- Specialist in Mental Health Nursing
- University Diploma in Surgical Nursing
- University Diploma in Coronary Unit Nursing
- University Diploma in Psychiatric Nursing



Take the step to get up to date on the latest developments in Psychopathology and Mental Disorders"

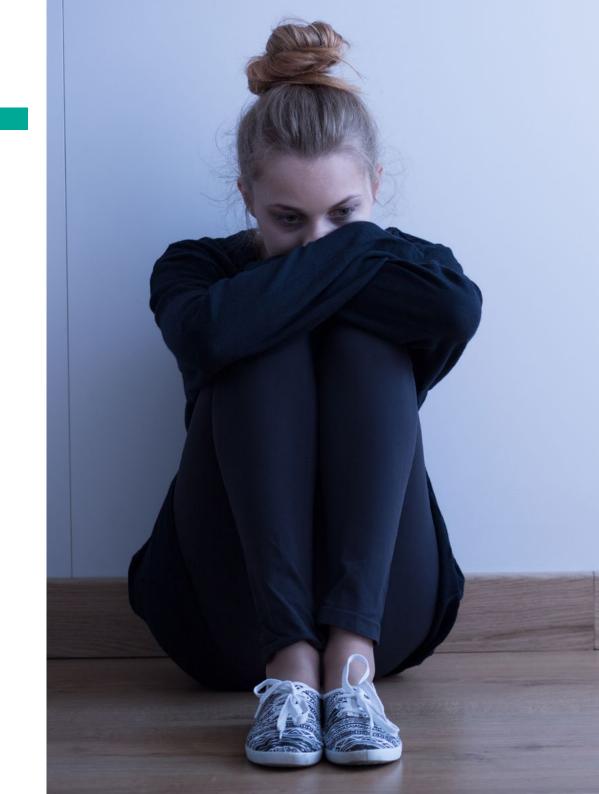




tech 20 | Structure and Content

Module 1. Psychopathology

- 1.1. History of Psychopathology
 - 1.1.1. Introduction
 - 1.1.2. Greek and Roman Culture
 - 1.1.3. The Middle Ages
 - 1.1.4. The Renaissance
 - 1.1.5. The Enlightenment
- 1.2. Models in Psychopathology
 - 1.2.1. Introduction
 - 1.2.2. Notion of Psychic Normality
 - 1.2.3. Main Models in Psychopathology
- 1.3. Psychopathology Classificatory Systems
 - 1.3.1. Introduction
 - 1.3.2. Types of Classification
 - 1.3.3. Classification Models in Psychopathology
 - 1.3.4. Current Psychopathological Classifications
 - 1.3.5. Criticism of Classification Systems in Psychiatry
 - 1.3.6. Psychometric Guarantees
- 1.4. Psychopathology Research Methods
 - 1.4.1. Introduction
 - 1.4.2. Research Levels
 - 1.4.3. Epidemiological Analysis Levels
 - 1.4.4. Epidemiology of Mental Disorders
- 1.5. Psychopathology of Conscience
 - 1.5.1. Introduction
 - 1.5.2. Historical Points of Interest
 - 1.5.3. Deficit Disorders of Consciousness
 - 1.5.4. Productive Disorders of Consciousness
 - 1.5.5. Narrowing the Field of Consciousness Disorders
 - 1.5.6. Positive Changes



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- 1.6. Psychopathology of Attention and Orientation
 - 1.6.1. Introduction
 - 1.6.2. Psychopathology of Attention
 - 1.6.3. Cognitive Psychopathology of Attention
 - 1.6.4. Psychopathology of Orientation
 - 1.6.5. Attention Impairment in Some Mental Disorders
- 1.7. The Psychopathology of Sensory Perception
 - 1.7.1. Introduction
 - 1.7.2. Classification of Perceptual Disorders
 - 1.7.3. Perceptual or Sensory Distortions
 - 1.7.4. Perceptual Deceptions
 - 1.7.5. Theories of Hallucination
 - 1.7.6. Hallucinations and Disorders
 - 1.7.7. Psychological Treatment of Hallucinations and Delusions
- 1.8. Psychopathology of Memory
 - 1.8.1. Introduction
 - 1.8.2. Retrograde Amnesia
 - 1.8.3. Amnesia Syndrome
 - 1.8.4. Amnesia and Dementia
 - 1.8.5. Functional Amnesia
 - 1.8.6. Hypermnesia
 - 1.8.7. Paramnesia and Parapraxia
 - 1.8.8. Mnesic Changes in Other Disorders
- 1.9. Psychopathology of Thought
 - 1.9.1. Introduction
 - 1.9.2. Formal Thought Disorders
 - 1.9.3. Disorders of Thought Content
- 1.10. Language Psychopathology
 - 1.10.1. Introduction
 - 1.10.2. Aphasia
 - 1.10.3. Childhood Dysphasia
 - 1.10.4. Childhood Dyslalia. Simple Speech and Language Delay
 - 1.10.5. Dysphemia or Stuttering
 - 1.10.6. Psychopathology of Language in Other Clinical Conditions

- 1.11. Psychopathology of Affectivity
 - 1.11.1. Introduction
 - 1.11.2. Components and Exploration of Affectivity
 - 1.11.3. Affective Alterations
- 1.12. Psychomotor Disorders
 - 1.12.1. Introduction
 - 1.12.2. Psychomotor Disorders
 - 1.12.3. Mimicry Disorders

Module 2. Mental Disorders I

- 2.1. Organic Mental Disorders and Psychotic Disorders
 - 2.1.1. Delirium and Dementia
 - 2.1.2. Amnesia Disorders and Other Mental Disorders with an Identified Organic Etiology
 - 2.1.3. Substance-Related Disorders
 - 2.1.4. Schizophrenia
 - 2.1.5. Other Psychotic Disorders
- 2.2. Mood Disorders
 - 2.2.1. Historical Introduction
 - 2.2.2. Classification of Mood Disorders
 - 2.2.3. Syndromes
 - 2.2.4. Episodes
 - 2.2.5. Disorders
 - 2.2.6. Specifications
 - 2.2.7. Epidemiology
 - 2.2.8. Course
 - 2.2.9. Differential Diagnosis
 - 2.2.10. Etiology
 - 2.2.11. Assessment
 - 2.2.12. Treatment
- 2.3. Anxiety Disorders
 - 2.3.1. Introduction and Basic Concepts
 - 2.3.2. Anxiety Syndromes
 - 2.3.3. Distress Disorder

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2.4.

2.5.

2.3.4.	Phobia Disorders		
2.3.5.	Agoraphobia without History of Panic Disorder		
2.3.6.	Specific Phobia		
2.3.7.	Social Phobia		
2.3.8.	Generalized Anxiety Disorder		
2.3.9.	Anxiety Disorder due to Medical Illness		
2.3.10.	Substance-Induced Anxiety Disorder		
2.3.11.	Non-Specific Anxiety Disorder		
2.3.12.	Explanatory Models		
2.3.13.	Assessment		
2.3.14.	Treatment		
Obsessive Compulsive Disorder			
2.4.1.	Historical Introduction		
2.4.2.	Basic Concepts		
2.4.3.	Evolution in Classification (ICD and DSM)		
2.4.4.	Author Classification		
2.4.5.	Course		
2.4.6.	Epidemiology		
2.4.7.	Differential Diagnosis		
2.4.8.	Explanatory Models		
2.4.9.	Assessment		
2.4.10.	Treatment		
Stress Disorder			
2.5.1.	Historical Introduction		
2.5.2.	Post-Traumatic Stress Disorder		
2.5.3.	Course		
2.5.4.	Epidemiology		
2.5.5.	Differential Diagnosis		
2.5.6.	Acute Stress Disorder		
2.5.7.	Explanatory Models		
2.5.8.	Assessment		
2.5.9.	Treatment		

Module 3. Mental Disorders II

- 3.1.1. Introduction
- 3.1.2. Historical Background
- 3.1.3. Diagnostic Classifications
- 3.1.4. Somatic Disorder
- 3.1.5. Conversion Disorder
- 3.1.6. Pain Disorder
- 3.1.7. Hypochondria
- 3.1.8. Body Dysmorphic Disorder
- 3.1.9. Non-Specific Anxiety Disorder
- 3.1.10. Undifferentiated Somatoform Disorder
- 3.1.11. Somatoform Vegetative Dysfunction

3.2. Factitious Disorder

- 3.2.1. Classification and Description
- 3.2.2. Münchhausen Syndrome by Proxy
- 3.2.3. Course and Epidemiology
- 3.2.4. Differential Diagnosis with Simulation
- 3.2.5. Psychological Processing of Somatic Symptoms

3.3. Dissociative Disorders

- 3.3.1. Introduction
- 3.3.2. Diagnosis Classification
- 3.3.3. Other Classifications
- 3.3.4. Explanatory Models
- 3.3.5. Differential Diagnosis
- 3.3.6. Clinical Manifestations of Dissociative Disorders

3.4. Psychosomatic Disorders

- 3.4.1. Introduction
- 3.4.2. Classification and Description
- 3.4.3. Psychosomatic Theories
- 3.4.4. Current Outlook
- 3.4.5. Stress and Psychophysiological Disorders
- 3.4.6. Disorders Associated with the Immune System

Structure and Content | 23 tech

3.5.	Eating Disorders				
	3.5.1.	Introduction			
	3.5.2.	Diagnosis Classification			
	3.5.3.	Explanatory Models of Eating Disorders			
	3.5.4.	Anorexia Nervosa			
	3.5.5.	Bulimia Nervosa			
	3.5.6.	Binge Eating Disorder			
	3.5.7.	Obesity			
3.6.	Sexual Disorders and Sexual Identity Disorders				
	3.6.1.	Introduction			
	3.6.2.	Classification of Sexual Disorders			
	3.6.3.	Sexual Response Cycle			
	3.6.4.	Sexual Dysfunctions			
	3.6.5.	Paraphilias			
	3.6.6.	Sexual Identity Disorder			
3.7.	Sleep Disorders				
	3.7.1.	Introduction			
	3.7.2.	Sleep Disorders Classification			
	3.7.3.	Dyssomnia			
	3.7.4.	Parasomnia			
	3.7.5.	Other Sleep Disorders			
3.8.	Impuls	e Control Disorder			
	3.8.1.	Historical Introduction			
	3.8.2.	Definition and Description			
	3.8.3.	Theoretical Perspectives			
	3.8.4.	Intermittent Explosive Disorder			
	3.8.5.	Kleptomania			
	3.8.6.	Pyromania			
	3.8.7.	Pathological Gambling			
	3.8.8.	Trichotillomania			
3.9.	Adaptation Disorders				
	3.9.1.	Classification			

3.9.2. Epidemiology and prevalence

3.9.3. Differential Diagnosis

	3.10.1.	Introduction
	3.10.2.	Classification
	3.10.3.	Characteristics of Personality Disorders
	3.10.4.	Classification
	3.10.5.	Criteria for Different Personality Disorders
	3.10.6.	Millon's Theory of Personality Disorders
	3.10.7.	Big Five Traits and Personality Disorders
	3.10.8.	Psychopathy
	3.10.9.	Evaluation of Personality Disorders
	3.10.10.	Treatment of Personality Disorders
	3.10.11.	General Aspects of Treatment in The Management of the Different Personality Disorders
3.11.	Culture Specific Disorders	

3.10. Personality Disorders

3.12. Nursing Care in Mental Disorders





This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

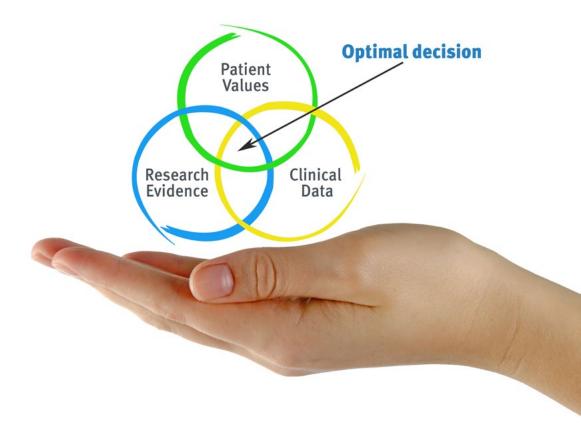


tech 26 | Methodology

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

- Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
- 2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- **4.** Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The nurse will learn through real cases and by solving complex situations in simulated learning environments.

These simulations are developed using state-of-the-art software to facilitate immersive learning.



Methodology | 29 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

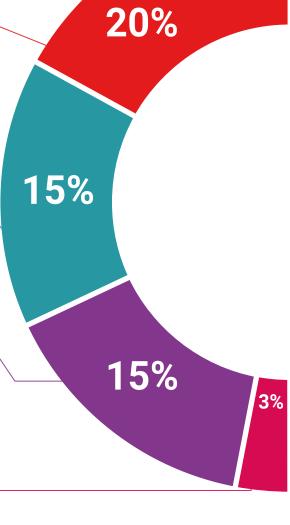
We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.



Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

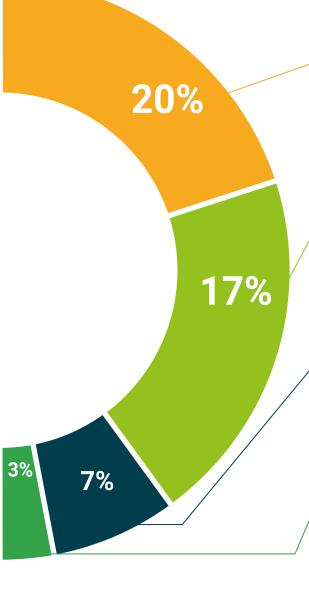
There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.







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This **Postgraduate Diploma in Psychopathology and Mental Disorders** contains the most complete and up-to-date scientific on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Diploma** issued by **TECH Technological University** via tracked delivery.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Diploma, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Diploma in Psychopathology and Mental Disorders** Official No of Hours: **550 h.**



^{*}Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning



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