Postgraduate Diploma

Psychological Intervention In Emergencies

tech global university

Postgraduate Diploma
Psychological Intervention in Emergencies

- » Modality: **online**
- » Duration: **6 months**
- » Certificate: **TECH Global University**
- » Credits: **18 ECTS**
- » Schedule: **at your own pace**
- » Exams: **online**

Website: **www.techtitute.com/us/nursing/postgraduate-diploma/postgraduate-diploma-psychological-intervention-emergencies**

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01
Introduction

Mastering psychological care in the clinical scenario is one of the main issues that can prevent the occurrence of short- and long-term neurological sequelae. The physical condition of patients is vital, but, in addition, their mental health must be attended to in order for proper health care to take place. Hence the importance of clinicians having extensive knowledge of psychological intervention in specific situations, applying emotional support and actively working towards the prevention of mental illness. This knowledge is gathered in the present program, through a theoretical-practical syllabus and in a 100% online format. These characteristics make a unique opportunity to develop psychological intervention skills in emergency situations.

> "Would you like to master Psychological Intervention in Emergencies? Enroll now and analyze the most effective first aid protocols with TECH"

Mastering physical and emotional stabilization in a critical situation is one of the objectives of human beings and behavioral studies. In this line, the emergency area of a clinical center is one of the scenarios in which professionals must deal with the state of stress of patients. The first psychological help can also be performed in the external care of a service, prior to the fire or security forces teams. Therefore, one of the deontological principles of the work of health care specialists is to provide emotional support to the victims of an accident or extreme situation.

TECH offers a comprehensive program developed by researchers in the field of psychology in crisis contexts to instruct graduates in nursing who wish to investigate new techniques of care for specific situations in emergencies. This program emphasizes the importance of the application and emotional management of professionals in the prevention of short and long term sequelae. In this way, health care workers will develop their technical skills to act on the basis of the most effective on the basis of the most effective psychological action strategies.

This is a multidisciplinary program that gathers the latest information on primary care protocols according to the different types of situations and the characteristics of the victims. Thus, the clinical specialists will be able to apply in their practice the therapeutic strategies that are best adapted to the hospital context, favoring immediate service in emergencies.

This Postgraduate Diploma in Psychological Intervention in Emergencies is developed through 450 hours of audiovisual content and a 100% online mode that makes it possible to consult the contents remotely from the beginning of the program. In addition, the syllabus can be downloaded to any electronic device with internet connection and can be enjoyed even after completing the program.

This **Postgraduate Diploma in Psychological Intervention in Emergencies** contains the most complete and up-to-date scientific program on the market. Its most notable features are:

- Development of practical cases presented by experts in Psychology and Emergency Services
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where the self-assessment process can be carried out to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection

You will work on the latest techniques for acute stress or panic situations, putting into practice various therapeutic strategies"

" *Thanks to this Postgraduate Diploma you will understand the importance of care and psychological support to your own colleagues in a situation of burnout or coping"*

TECH has optimized its digital service so that, through the Virtual Campus, you can consult the contents from any electronic device with internet connection.

A program designed to improve your skills in the management of patients with aggressive behavior in the emergency department.

includes in its teaching staff a team of professionals from the field who bring to this program the experience of their work, in addition to recognized specialists from prestigious reference societies and universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.

02
Objectives

This program in Psychological Intervention in Emergencies has been developed by TECH and its teaching team with the aim of projecting the health performance of graduates in Nursing towards the intervention with psychological techniques on patients in extreme situations. To achieve this, students will delve into the principles of intervention with patients who are victims of gender violence, the role of the psychologist in crisis intervention with a psychiatric patient, as well as the accompaniment in the identification of corpses or mourning. For this, they will have the best theoretical, practical and additional content, as well as video summaries, theoretical-practical activities and simulations of real cases to energize an innovative educational experience.

A program aimed at specialists who seek perfection in their immediate health service and the application of emotional shock therapies, someone like you"

General Objectives

- Develop a broad and specialized knowledge of the importance of preventive psychological intervention in crisis situations

- Know in detail the latest strategies and therapeutic techniques for the management of the patient victim of an emergency context

- Serve as a guide for graduates to update their knowledge in a comprehensive and guaranteed manner

Are you looking to improve your communication skills to communicate serious diagnoses? Achieve it with a program that focuses on psychological care as well as biological"

Specific Objectives

Module 1. First Aid Protocol: Psychological First Aid

- Know when a psychological crisis occurs and the consequences for the individual
- Study and distinguish first aid protocol stages in Emergency Psychology
- Know the main action protocols in emergency situations

Module 2. Action Protocols for Specific Situations I

- Know the action protocols for specific crisis situations
- Study the grief process in depth, types of grief and how to intervene for cases of normal and pathological grief
- Know the intervention processes for specific crisis and emergency situations

Module 3. Action Protocols for Specific Situations II

- Know the key considerations to intervene with patients in high-risk situations
- Study the intervention process for patients in specific crisis situations
- Study the importance of therapeutic support for patients with problematic life situations

03
Structure and Content

This program has the support of a teaching team with years of experience in the emergency area of different clinical hospitals. Their experience is reflected both in the reliable knowledge of the syllabus, as well as in the approach of the practical simulations. In addition, TECH applies the *Relearning* prestigious and innovative methodology to exempt from long hours of memorization and allow them assimilating the contents in a gradual and constant form. Thanks to these pedagogical strategies, the students will obtain a teaching based on the protocol of psychological first aid in emergencies and specific situations, without sacrificing the quality and completeness of the qualification.

"

In the Virtual Campus you will learn about emotional support in the face of the loss of a loved one with the support of a teaching team, which will give you the keys to act correctly in the professional scenario"

Module 1. First Aid Protocol: Psychological First Aid

1.1. Concept of Psychological Crisis
- 1.1.1. Introduction to the Concept of Crisis Psychological
- 1.1.2. Severity of Psychological Crisis
- 1.1.3. Factors Affecting the Emergence of Psychological Crises

1.2. Triggering Factors
- 1.2.1. Introduction to the Triggering Factor Concept
- 1.2.2. Types of Triggering Factors

1.3. Psychological First Aid
- 1.3.1. Concept of Psychological First Aid
- 1.3.2. Components
- 1.3.3. First aid with People under the Influence of Alcohol and other Drugs
- 1.3.4. Monitoring

1.4. Psychological Triage
- 1.4.1. What is Triage?
- 1.4.2. Psychological Triage
- 1.4.3. Triage Classification

1.5. Impact or Shock Phase
- 1.5.1. Introduction to the Concept of Impact or Shock
- 1.5.2. Principles and Assessment of the Impact Phase
- 1.5.3. Performance in the Impact Phase

1.6. Reaction Phase
- 1.6.1. Introduction to the Concept of Reaction
- 1.6.2. Principles of the Reaction Phase
- 1.6.3. Types of Reaction
- 1.6.4. Performance in the Reaction Phase

1.7. Resolution and/or Adaptation Phase
- 1.7.1. Psychological Adaptation
- 1.7.2. Principles of Resolution and/or Adaptation Phase
- 1.7.3. Factors Affecting Adaptation

Module 2. Action Protocols for Specific Situations I

Don't miss out on being part of a brand new educational experience and choose TECH to enhance your healthcare skills in first aid in the emergency area"

04
Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**
This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.

According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.

2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:

Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.

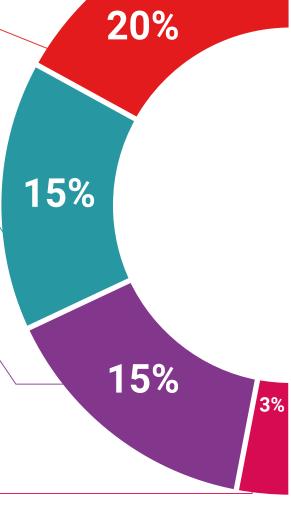### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.

Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".

Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

20%

15%

15%

3%

20%

17%

7%

3%

Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

05

Certificate

The Postgraduate Diploma in Psychological Intervention in Emergencies guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Global University.

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This program will allow you to obtain your **Postgraduate Diploma in Psychological Intervention in Emergencies** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (**official bulletin**). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Diploma in Psychological Intervention in Emergencies**

Modality: **online**

Duration: **6 months**

Accreditation: **18 ECTS**

tech global university

Mr./Ms. _____, with identification document _____
has successfully passed and obtained the title of:

Postgraduate Diploma in Psychological Intervention in Emergencies

This is a program of 450 hours of duration equivalent to 18 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024

Dr. Pedro Navarro Illana
Rector

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country.   Unique TECH Code: AFWORD23S   techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

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