

Postgraduate Diploma Palliative and Family Care for Nursing





Postgraduate Diploma Palliative and Family Care for Nursing

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Global University
- » Accreditation: 18 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/nursing/postgraduate-diploma/postgraduate-diploma-palliative-family-care-nursing

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01

Introduction

In the modern era, nursing professionals are key in providing comprehensive care, using effective communication skills to support both patients and their families during the most challenging stages of a terminal illness. This specialty, increasingly recognized for its value in improving quality of life, involves continuous and specialized education, as well as close collaboration with multidisciplinary teams to tailor care to the specific and changing needs of patients and their loved ones. In this context, a 100% online program has been developed by experts with in-depth experience in palliative care. In addition, it is supported by the innovative Relearning methodology, pioneered by TECH.



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With this 100% online Postgraduate Diploma, you will delve into advanced pain management techniques, strategies for symptom control and the provision of comprehensive support to terminally ill patients and their families”

Nursing professionals play a key role in the provision of palliative care by providing a holistic approach that encompasses pain control, symptom management, emotional and spiritual support, as well as interdisciplinary care coordination. Additionally, the importance of involving families and caregivers in the care process is recognized.

Therefore, this Postgraduate Diploma was developed, which will address the origin and historical development of palliative care, providing a comprehensive understanding of its evolution and its impact on today's society. In addition, the importance of research and publication in the field of palliative care will be emphasized, fostering the development of critical and scientific skills necessary to contribute to the medical literature.

Additionally, nurses will be immersed in techniques of outreach and communication with families, crucial to manage the delicate process of grief and to avoid the conspiracy of silence, a common practice that can isolate the patient and family members. Ethical issues and key differences between palliative sedation and euthanasia will also be covered, providing a solid framework for ethical decision-making in complex situations.

Finally, specific conditions such as cachexia and sarcopenia will be examined and how these can be managed through appropriate nutrition, tailored to the patient's pathology. Methods for the administration of nutrition by gavage will be explored and the interactions between medications and nutrition will be discussed, ensuring that nurses can provide comprehensive care.

Accordingly, TECH has implemented a comprehensive, online program, designed to flexibly adapt to the specific demands of the student body. Only an electronic device with an Internet connection will be needed to access the study materials. In addition, the program incorporates the innovative Relearning methodology, which prioritizes the repetition of key concepts to ensure a deep and accurate understanding of the content.

This **Postgraduate Diploma in Palliative and Family Care for Nursing** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ Practical cases presented by experts in Palliative and Family Care for Nursing
- ♦ The graphic, schematic and practical contents with which it is conceived gather scientific and practical information on those disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



You will be specialized to improve the quality of life of your patients, while strengthening their communication and empathy skills, crucial for the effective management of emotionally complex situations”

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This comprehensive program will ensure you, not only expand your technical knowledge, but also update your empathy and communication skills, essential elements in palliative care. Enroll now!”

The program's teaching staff includes professionals from the sector who contribute their work experience to this specializing program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. For this purpose, students will be assisted by an innovative interactive video system created by renowned and experienced experts.

You will analyze the organizational structure of palliative care services, gaining insight into the various forms of implementation and management of these services in different healthcare settings.

You will delve into techniques for approaching family members, as well as strategies for managing bereavement in a compassionate and respectful manner, all through an extensive library of multimedia resources.



02 Objectives

The main objective of this Postgraduate Diploma will be to specialize nursing professionals to provide quality and humanized care to terminally ill patients, as well as to support their families. Therefore, it will delve profoundly in the knowledge and management of specific techniques for the control of pain and other symptoms, with a focus on the patient's dignity and improving their quality of life. Additionally, they will focus on strengthening the communication and empathic skills of nurses, essential for managing bereavement and dealing with sensitive issues such as palliative sedation and euthanasia.



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You will increase your competence in specific nutritional assessment and management for palliative patients, preparing you to address all aspects of end-of-life care”



General Objectives

- Have a solid understanding of the fundamentals and models of care in Palliative Care, as well as aspects such as epidemiology or pathophysiology of chronic diseases
- Enhance clinical skills for the comprehensive assessment of patients, including the management of complex symptoms and the approach to total suffering
- Adopt an individualized approach to care, focusing on both the preferences and values of users, respecting their autonomy at all stages of pathology
- Obtain empathetic and effective communication skills with both affected individuals and their families
- Apply knowledge of specific nutrition to improve prognosis and reduce complications in patients with advanced disease
- Keep abreast of innovations in matters such as diagnostic and therapeutic techniques most relevant to the follow-up of palliative patients



You will gain a thorough understanding of the fundamental principles of palliative care, including pain management, symptom control and psychosocial care”





Specific Objectives

Module 1. Palliative

- ◆ Know the origin and development of Palliative Care
- ◆ Delve into the different types of organization in Palliative Care
- ◆ Develop practical skills in symptom management (such as pain control, Dyspnea management or Fatigue management)
- ◆ Acquire skills to provide emotional support to patients and family members facing serious pathologies

Module 2. Family and Bereavement Support in Palliative Care

- ◆ Recognize the importance of psychology in palliative care
- ◆ Manage innovative techniques of approaching family members
- ◆ Establish the differences between palliative sedation and euthanasia
- ◆ Develop advanced strategies to help families manage bereavement
- ◆ Design procedures to avoid the conspiracy of silence
- ◆ Enhance communication skills to interact with patients' loved ones and inform patients honestly about issues such as prognosis of illness

Module 3. Nutrition in Palliative Care Patients

- ◆ Acquire competences to diagnose malnutrition in palliative patients from early stages
- ◆ Perform an optimal approach to Cachexia and Sarcopenia
- ◆ Have a deep understanding of the types of diets depending on the pathology
- ◆ Master the method of average nutrition

03

Course Management

The teachers are highly qualified and experienced professionals in the field of Palliative Medicine and Nursing. They are a teaching team composed of palliative care specialists, physicians and nurses, who will bring a wide range of specialized perspectives and competencies. Therefore, each of them will bring with them in-depth theoretical and practical knowledge from years of experience in direct patient care and management of interdisciplinary teams in palliative care settings.



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The faculty combines in-depth theoretical knowledge with sound clinical practice, enabling them to provide you with evidence-based specialization and best practices”

Management



Dr. Lafuente Sanchis, Manuel Pablo

- ♦ Head of the Home Hospitalization and Palliative Care Service at La Ribera University Hospital, Valencia
- ♦ Specialist in Family and Community Medicine at the Virgen de los Lirios Hospital, Alcoy
- ♦ Clinical Simulation Instructor, Catholic University of Murcia
- ♦ University Professor in Nursing Studies
- ♦ Expert in Palliative Care, International University of La Rioja
- ♦ University Expert in University Teaching from the Catholic University of Valencia
- ♦ Degree in Medicine and Surgery from the University of Valencia
- ♦ Member of: Spanish Society of Home Hospitalization and Spanish Society of Clinical Simulation

Professors

Dr. Torrijos Pastor, Antonio

- ♦ Physician in Home Hospitalization La Ribera University Hospital
- ♦ Outpatient Emergency Physician at Carlet Integrated Health Center
- ♦ Specialist in Family and Community Medicine at the Marina Baixa Hospital, Alicante
- ♦ Degree in Medicine and Surgery from the University of Cadiz
- ♦ University Master's Degree in Palliative Care from the University of Valladolid
- ♦ Master's Degree in Clinical Medicine Research from the Miguel Hernández University
- ♦ Member of: SVMFYC Home Care Working Group, SEMERGEN Palliative Care Working Group and SEMFYC National Mental Health Working Group.

Dr. Martín Marco, Antonio

- ♦ Internal Medicine Specialist at Arnau de Vilanova Hospital, Valencia
- ♦ Attending Physician in the Home Hospitalization and Palliative Care Unit
- ♦ Head of Teaching and Research in the Palliative Care in Unit
- ♦ Master's Degree in Emergency Medical Care
- ♦ Master's Degree in Emergency Medical Care
- ♦ Degree in Medicine and Surgery from the University of Zaragoza
- ♦ Member of: Spanish Society of Medical Oncology and Spanish Society of Internal Medicine



Dr. Duart Clemente, Cristina

- ◆ Specialist in Family and Community Medicine in the Valencia Health System
- ◆ Specialist of the Valencian Provincial Directorate of Disability Assessment Team
- ◆ Specialist in Family and Community Medicine at La Ribera University Hospital
- ◆ Master's Degree in Palliative Care from the University of Valladolid
- ◆ Degree in Medicine and Surgery from the University of Navarra

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A unique, crucial and decisive learning experience to boost your professional development”

04

Structure and Content

The contents of the program will cover, from the origin and development of palliative care, research and publication techniques in the area, to the organization and management of these services. In addition, special attention will be given to the psychology of palliative care, bereavement management, and communication strategies with family members to avoid the conspiracy of silence. Also included will be detailed studies on the nutrition of the palliative patient, the diagnosis and management of malnutrition, cachexia and sarcopenia, as well as the management of specific diets, and the interaction between medication and nutrition.





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You will dive into topics such as bereavement, effective communication with patients and families, nutritional management in advanced disease situations and the organization of palliative care services”

Module 1. Palliative Care

- 1.1. Current Situation in Palliative Care
 - 1.1.1. Death in Modern Society
 - 1.1.2. Evolution of the Specialty
 - 1.1.3. Units at the European Level
 - 1.1.4. Units at International Level
- 1.2. Palliative Care from the Perspective of International Law
 - 1.2.1. Human Rights
 - 1.2.2. European Law
 - 1.2.3. International Legality
- 1.3. Syllabuses
 - 1.3.1. Accreditation
 - 1.3.2. Pre-university Teaching
 - 1.3.3. Post-university Teaching
- 1.4. Scientific Societies
 - 1.4.1. National
 - 1.4.2. Regional
 - 1.4.3. Relations
- 1.5. Economic Perspective of Palliative Care in the Health Care System
 - 1.5.1. Economic Impact on Palliative Illness Health Systems
 - 1.5.2. Efficiency of Palliative Care Units
 - 1.5.3. Impact on the Family Economy
- 1.6. Organization of Palliative Care
 - 1.6.1. Hospital
 - 1.6.2. Home Hospitalization Units
 - 1.6.3. Palliative Care Based in Primary Care
- 1.7. Development of International Standards
 - 1.7.1. Historical Evolution of Palliative Care
 - 1.7.2. Birth of Modern Palliative Care
 - 1.7.3. Development of Palliative Care Units



- 1.8. Research in Palliative Care
 - 1.8.1. Evolution of Scientific Publications in Palliative Care
 - 1.8.2. Impact Journals in Palliative Care
 - 1.8.3. Latest Publications
- 1.9. Clinical History in Palliative Medicine
 - 1.9.1. Clinical Evaluation of Symptoms
 - 1.9.2. Scales in Palliative Medicine
 - 1.9.3. Evaluation of the Family and Main Caregiver

Module 2. Family and Bereavement Support in Palliative Care

- 2.1. Psycho-Oncology
 - 2.1.1. Psychological Assessment of the Patient in Palliative Care
 - 2.1.2. Adaptation Process of the Patient at the End of Life
 - 2.1.3. Support for the Terminally Ill Patient
- 2.2. The Family of the Palliative and Terminally Ill Patient
 - 2.2.1. Family Assessment and Functioning
 - 2.2.2. The Process of Adaptation of the Family to the End-of-Life Situation
 - 2.2.3. Support for the Family in the Terminal Phase
 - 2.2.4. Caregiver Burden in Palliative Care
- 2.3. Bereavement in Palliative Care
 - 2.3.1. Assessment
 - 2.3.2. Symptoms of Bereavement
 - 2.3.3. Complicated or Pathological Grief
 - 2.3.4. Psychological Assessment and Counseling in Bereavement
- 2.4. Spirituality and Palliative Care
 - 2.4.1. Approach to Spirituality in the Consultation Room
 - 2.4.2. Facilitating Spiritual Services
 - 2.4.3. Empathy
- 2.5. Anticipated Wishes
 - 2.5.1. What Does It Involve
 - 2.5.2. Current Legality
 - 2.5.3. Process
 - 2.5.4. Benefits of Having an Advance Directive
- 2.6. Last Days of Life (LDS) Situation
 - 2.6.1. Characteristics and Diagnosis of LDS
 - 2.6.2. General Care in LDS
 - 2.6.3. Symptomatic Control in LDS
- 2.7. Non-pharmacological Measures in the Last Days of Life
 - 2.7.1. Psychological Support
 - 2.7.2. Hydration
 - 2.7.3. Advice to Family Members
 - 2.7.4. Instrumental Support at Home
- 2.8. Refractory Symptoms
 - 2.8.1. What do They Consist of?
 - 2.8.2. Most Common Symptoms at the End of Life
 - 2.8.3. Management of Refractory Symptoms
- 2.9. Palliative Sedation
 - 2.9.1. Type I:
 - 2.9.2. Indications for Palliative Sedation
 - 2.9.3. Pharmacology of Sedation
 - 2.9.4. Differences Between Sedation and Euthanasia
- 2.10. Euthanasia in Palliative Care
 - 2.10.1. Differences Between Palliative Sedation and Euthanasia
 - 2.10.2. Current Legality
 - 2.10.3. Process
 - 2.10.4. Euthanasia Process

Module 3. Nutrition in Palliative Care Patients

- 3.1. Disease-related Malnutrition
 - 3.1.1. Diagnosis
 - 3.1.2. Monitoring
 - 3.1.3. Treatment
- 3.2. Tumor Cachexia
 - 3.2.1. Diagnosis
 - 3.2.2. Monitoring
 - 3.2.3. Treatment
- 3.3. Specific Diets
 - 3.3.1. Hyperproteic
 - 3.3.2. Hypercaloric
 - 3.3.3. Restrictive.
- 3.4. Diets for the Treatment of Anemias
 - 3.4.1. What do They Consist of?
 - 3.4.2. Iron Deficiency
 - 3.4.3. Megaloblastic Anemia
- 3.5. Objectives of Diabetes Mellitus Control
 - 3.5.1. Management in Special Situations (Fasting, Vomiting)
 - 3.5.2. Blood Sugar Levels
 - 3.5.3. Treatment
- 3.6. Diets for Specific Pathologies
 - 3.6.1. Chronic Heart Failure (CHF)
 - 3.6.2. COPD
 - 3.6.3. Liver Failure
 - 3.6.4. Renal Insufficiency
- 3.7. Dysphagia
 - 3.7.1. Diagnosis
 - 3.7.2. Diets with Adapted Textures
 - 3.7.3. Monitoring



- 3.8. Nutrition by SNG/PEG
 - 3.8.1. Types of Tubes
 - 3.8.2. Artificial Nutrition
 - 3.8.3. Treatment
 - 3.8.4. Monitoring
- 3.9. Interactions Between Nutrition and Drugs
 - 3.9.1. Incompatibilities
 - 3.9.2. Treatment Adjustments
 - 3.9.3. Monitoring
- 3.10. Hydration at the End of Life
 - 3.10.1. Medical Aspects
 - 3.10.2. Ethical Aspects
 - 3.10.3. Legal Aspects

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With this comprehensive approach you will gain an in-depth and practical understanding of how to provide compassionate and ethically responsible care to patients in the final stages of life, as well as their families”



05

Methodology

This program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



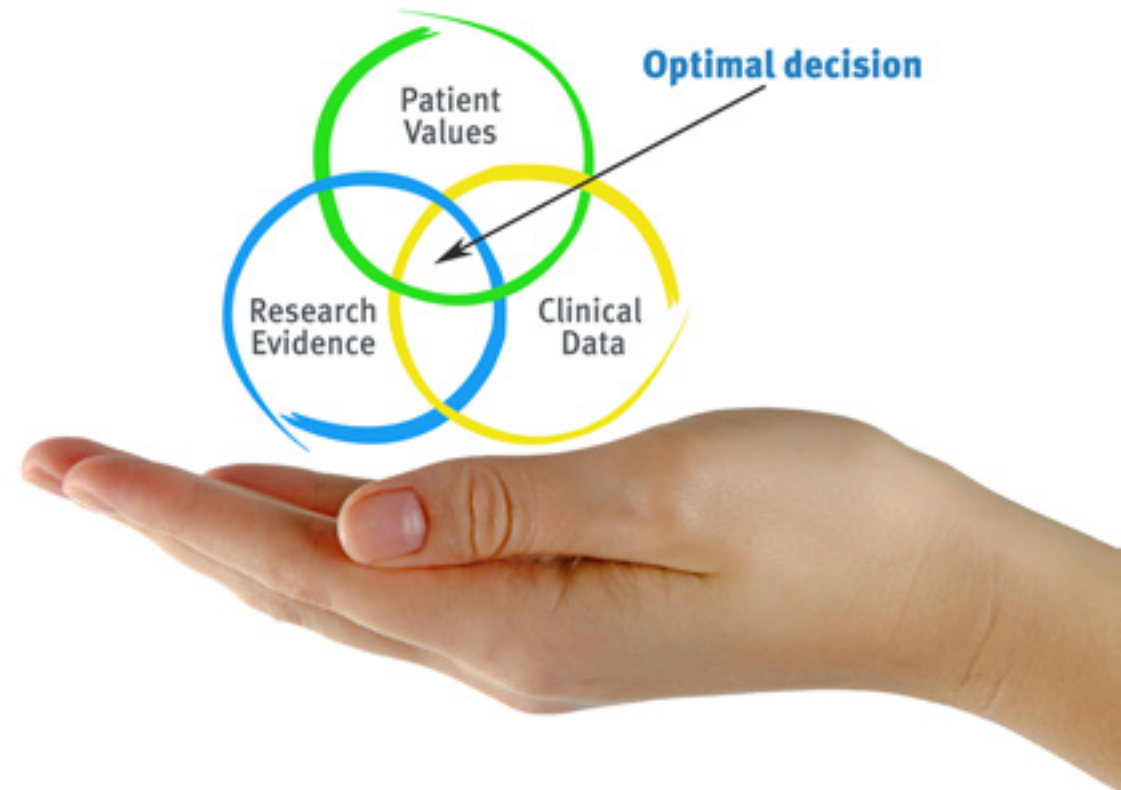
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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization”

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06 Certificate

The Postgraduate Diploma in Palliative and Family Care for Nursing guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Global University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This private qualification will allow you to obtain a **Postgraduate Diploma in Palliative and Family Care for Nursing** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University, is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

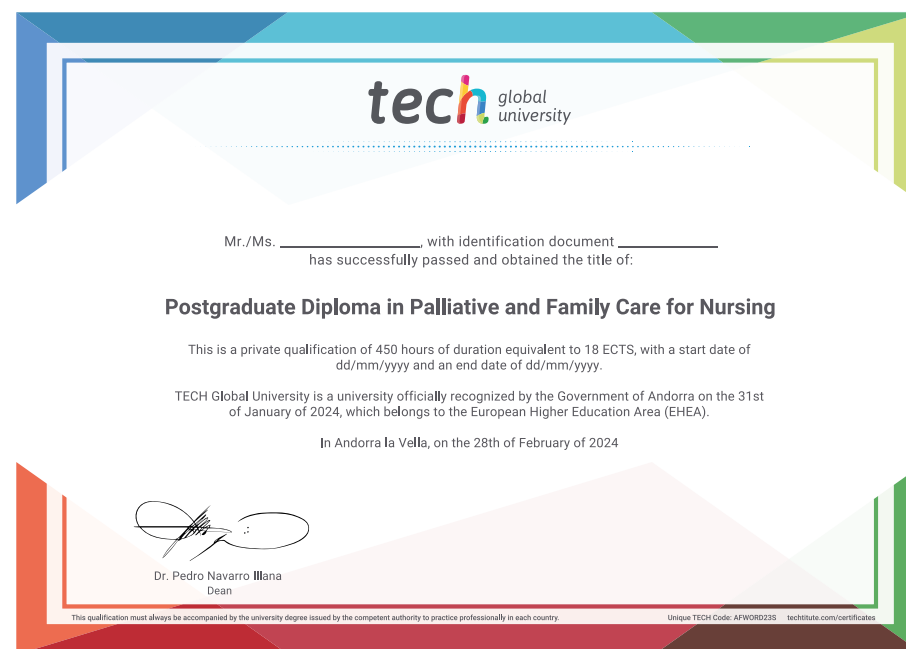
This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Diploma in Palliative and Family Care for Nursing**

Modality: **online**

Duration: **6 months**

Accreditation: **18 ECTS**



future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present quality
online training
development language
classroom



Postgraduate Diploma Palliative and Family Care for Nursing

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Global University
- » Accreditation: 18 ECTS
- » Schedule: at your own pace
- » Exams: online

Postgraduate Diploma Palliative and Family Care for Nursing

