## Postgraduate Diploma Palliative Care in Non-Oncology Patients for Nursing



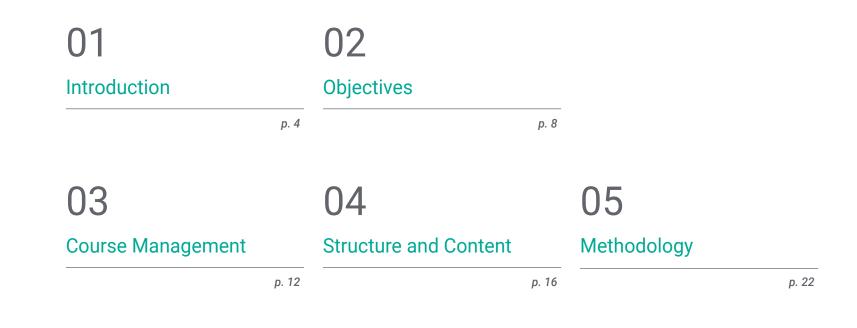


**Postgraduate Diploma** Palliative Care in Non-Oncology Patients for Nursing

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Global University
- » Credits: 18 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/us/nursing/postgraduate-diploma/postgraduate-diploma-palliative-care-non-oncology-patients-nursing

## Index



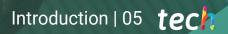
06

Certificate

р. 30

## 01 Introduction

Unlike the approach traditionally associated with Oncology, palliative care in nononcology settings addresses advanced chronic diseases, such as heart failure, COPD and chronic kidney disease, among others. Here, nursing professionals play a crucial role in symptom management, the provision of emotional support and the coordination of integrated care. However, there are significant challenges, such as the early identification of patients who could benefit from this care and the effective integration of palliative strategies into routine treatment plans. For this reason, TECH has developed this fully online program, which has been designed by highly specialized experts with extensive experience in palliative care, based on the innovative Relearning methodology.



GG

With this 100% online Postgraduate Diploma, you will delve into the specific needs of nononcology patients who require palliative care, providing more holistic and personalized care"

## tech 06 | Introduction

Palliative care has extended its reach beyond oncology patients, encompassing a diversity of patients with chronic and progressive diseases. For nursing professionals, this change implies an adaptation in clinical practice, focusing on alleviating suffering and improving the quality of life of non-oncology patients.

Consequently, this Postgraduate Diploma was born, essential for professionals seeking to perfect their skills in the recognition and management of the various symptoms that affect patients in palliative care. In this sense, a meticulous and systematic exploration of patients will be carried out, identifying the particularities of each symptom in order to apply the most appropriate treatment.

Likewise, palliative criteria applicable to common non-oncological diseases, such as neurodegenerative diseases, heart failure or COPD, among others, will be studied in depth. In this way, nurses will be able to identify when a non-oncology patient requires palliative care and how to adapt treatments to the specific needs of each pathology. This is crucial to ensure that patients receive care that not only relieves their symptoms, but also respects their individual needs and preferences.

Finally, graduates will specialize in the management and care of palliative patients, learning to use and apply the standardized languages of nursing interventions (NIC) and nursing outcomes (NOC). Also,

they will also be qualified to use various assessment scales, which will enable them to adequately assess patients' needs and progress.

For this reason, TECH has launched a comprehensive, online program, designed to be

flexible and adaptable to the particular needs of the students. To access the materials, they will simply need a device with an Internet connection. In addition, the innovative Relearning methodology will be used, which focuses on the repetition of key concepts to facilitate a deep and fluid understanding of the contents.

This **Postgraduate Diploma in Palliative Care in Non-Oncology Patients for Nursing** contains the most complete and up-to-date scientific program on the market. The most important features include:

- Practical cases presented by experts in Palliative Care in Non-Oncology Patients for Nursing.
- The graphic, schematic and practical contents with which it is conceived gather scientific and practical information on those disciplines that are essential for professional practice.
- Practical exercises where the self-assessment process can be carried out to improve learning.
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection.



You will develop specific skills to effectively manage the complex symptoms and intense emotional situations faced by patients with advanced chronic disease"

### Introduction | 07 tech

You'll delve into the application of assessment scales, advanced wound care techniques for complex ulcers, and endovenous and subcutaneous pump management. What are you waiting for to enroll?"

The program's teaching staff includes professionals from the sector who contribute their work experience to this specializing program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. For this purpose, students will be assisted by an innovative interactive video system created by renowned and experienced experts.

You will recognize and correctly analyze a wide range of symptoms, as well as apply specific treatments for each of them to improve the patient's quality of life.

You will be able to identify palliative criteria in non-cancer diseases, applying appropriate treatments according to the specific pathology.

# 02 **Objectives**

The main objective of the Postgraduate Diploma will be to qualify nursing professionals to provide specialized and compassionate care to patients with chronic and terminal diseases not related to Cancer. Therefore, they will be provided with advanced skills in the assessment and management of symptoms, applying specific techniques adapted to the individual needs of each patient. In addition, they will deepen their knowledge of the most common pathologies in non-cancer palliative care, improving the nurses' ability to implement personalized and effective care plans.

You will update your competencies in specific nursing procedures and in the use of relevant technology in the palliative setting, ensuring the well-being of the patient in all stages of their illness"

## tech 10 | Objectives



### **General Objectives**

- Have a solid understanding of the fundamentals and models of care in Palliative Care, as well as aspects such as epidemiology or pathophysiology of chronic diseases
- Enhance clinical skills for the comprehensive assessment of patients, including the management of complex symptoms and the approach to total suffering
- Adopt an individualized approach to care, focusing on both the preferences and values of users, respecting their autonomy at all stages of pathology
- Obtain empathetic and effective communication skills with both affected individuals
  and their families
- Apply knowledge of specific nutrition to improve prognosis and reduce complications in patients with advanced disease
- Keep abreast of innovations in matters such as diagnostic and therapeutic techniques most relevant to the follow-up of palliative patients



You will acquire advanced skills in nursing procedures related to palliative care, thereby strengthening your ability to provide compassionate, high quality care"







-5

### **Specific Objectives**

#### Module 1. Symptom Management

- Understand the physiological and pathological basis of common symptomatology
- Accurately identify the different types of symptoms
- Perform comprehensive examinations in the health of terminally ill patients.
- Acquire skills to treat each symptom optimally

#### Module 2. Palliative Care in Non-Oncological Processes

- Delve into the palliative criteria of the most frequent non-oncologic pathologies
- Obtain competences to identify patients with non-oncological palliative needs
- Apply the most appropriate treatments according to the pathology
- Provide personalized care that respects the preferences, values and beliefs of individuals

#### Module 3. Palliative Care Nursing Procedures

- Know the importance of nursing in the management and care of palliative patients
- Know the ICN and NOTC.
- Know how to apply assessment scales to palliative atients
- Discover the new techniques in complex ulcer care
- Know nursing techniques with therapeutic potential
- Delve into the management of endovenous and subcutaneous pumps

## 03 Course Management

The faculty are highly qualified professionals, with vast experience in both clinical practice and academic teaching. Therefore, this team is composed of palliative nursing specialists, palliative physicians and other health experts, all with in-depth knowledge in the management of chronic non-oncological diseases. In addition, their practical experience and commitment to teaching will ensure quality specialization based on the most up-to-date theory and practical application of techniques and procedures.

The faculty will bring to your updating process a comprehensive and multidisciplinary vision, essential for your specialization as a palliative care nurse expert"

## tech 14 | Course Management

#### Management



#### Dr. Lafuente Sanchis, Manuel Pablo

- Head of the Home Hospitalization and Palliative Care Service at La Ribera University Hospital, Valencia
- Specialist in Family and Community Medicine at the Virgen de los Lirios Hospital, Alcoy
- Clinical Simulation Instructor, Catholic University of Murcia
- University Professor in Nursing Studies
- Expert in Palliative Care, International University of La Rioja
- University Expert in University Teaching from the Catholic University of Valencia
- Degree in Medicine and Surgery from the University of Valencia
- Member of: Spanish Society of Home Hospitalization and Spanish Society of Clinical Simulation

#### Professors

#### Dr. Torrijos Pastor, Antonio

- Physician in Home Hospitalization La Ribera University Hospital
- Outpatient Emergency Physician at Carlet Integrated Health Center
- Specialist in Family and Community Medicine at the Marina Baixa Hospital, Alicante
- Degree in Medicine and Surgery from the University of Cadiz
- University Master's Degree in Palliative Care from the University of Valladolid
- Master's Degree in Clinical Medicine Research from the Miguel Hernández
  University
- Member of: SVMFYC Home Care Working Group, SEMERGEN Palliative Care Working Group and SEMFYC National Mental Health Working Group

#### Dr. Clep, Camelia Alina

- Specialist in Internal Medicine at the La Ribera University Hospital
- Degree in Medicine and Surgery from Iuliu-Hatieganu University, Cluj-Napoca Romania
- Attending Physician in the Home Hospitalization and Palliative Care Unit
- Specialist Degree in Palliative Care. International University of La Rioja
- Master's Degree in Cronic Diseases. University of Barcelona
- Member of: Spanish Society of Internal Medicine, Spanish Society of Home Hospitalization and Spanish Society of Palliative Care

### Course Management | 15 tech

#### Dr. Borda, Miguel Germán

- Geriatrician at Riviera Hospital
- Research Physician at Stavanger University Hospital
- Specialist in Geriatric Medicine
- Expert in Clinical Trials
- Advisor at the Foundation for Families with Alzheimer's Disease
- Post-doctorate in Dementias at Stavanger University Hospital
- Promoter of the SABE Bogota Study, funded by the Ministry of Science of Colombia
- Award for Best Original Research by the International Congress on Aging in Cartagena
- Member of the Colombian Association of Gerontology and Geriatrics

#### Ms. Sanchís Aguilar, Paula

- Nurse in Home Hospitalization and Palliative Care Unit of La Ribera University Hospital
- Nurse at Solimar Tavernes Nursing Home
- Case Manager of Complex Chronic Patients at the Valencian School of Health Studies (EVES)
- University Diploma in Nursing from the University of Valencia

#### Ms. Vila Herranz, Mireia

- Nurse Case Manager in University Hospital of La Ribera
- Home Hospitalization Nurse at University Hospital of La Ribera
- Emergency Nurse at La Ribera University Hospital
- Diploma in Nursing from the Catholic University of Valencia

#### Ms. Esparza Chust, Miryam Pau

- Nurse in the Home Hospitalization Unit at La Ribera University Hospital
- Specialist in Internal Medicine Hospitalization
- Master's Degree in School Health Education from the University of Valencia.
- Diploma in Nursing from the University of Valencia
- Regular speaker at Health Congresses such as the "XI Jornada de la Sociedad Valenciana de Hospitalización a Domicilio" (XI Conference of the Valencian Society of Home Hospitalization)

#### Dr. Duart Clemente, Cristina

- Specialist in Family and Community Medicine in the Valencia Health System
- Specialist of the Valencian Provincial Directorate of Disability Assessment Team
- Specialist in Family and Community Medicine at La Ribera University Hospital
- Master's Degree in Palliative Care from the University of Valladolid
- Degree in Medicine and Surgery from the University of Navarra

A unique, key, and decisive educational experience to boost your professional development"

## 04 Structure and Content

The content of the program will cover essential aspects such as symptom control, so that professionals can identify, evaluate and manage various symptoms to alleviate the patient's suffering. It will also include a module dedicated exclusively to palliative care in non-oncological processes, which will provide knowledge about the most frequent pathologies and palliative criteria, emphasizing the personalization of treatment according to the underlying disease.

You will be immersed in the specific Nursing procedures for palliative care, using technologies such as infusion pumps, as well as advanced ulcer management"

### tech 18 | Structure and Content

#### Module 1. Symptom Management

- 1.1. Symptom Control
  - 1.1.1. Consultation Approach
  - 1.1.2. How to Reflect the Severity of Symptoms
  - 1.1.3. Scales
- 1.2. Anorexia-Cachexia
  - 1.2.1. Approach
  - 1.2.2. Monitoring
  - 1.2.3. Treatment
- 1.3. Anxiety- Depression
  - 1.3.1. Approach
  - 1.3.2. Monitoring
  - 1.3.3. Treatment
- 1.4. Digestive Symptoms
  - 1.4.1. Nausea
  - 1.4.2. Constipation
  - 1.4.3. Dysphagia
- 1.5. Respiratory Symptoms
  - 1.5.1. Cough
  - 1.5.2. Hemoptysis
  - 1.5.3. Stators
- 1.6. Hiccup
  - 1.6.1. Approach
  - 1.6.2. Monitoring
  - 1.6.3. Treatment
- 1.7. Delirium
  - 1.7.1. Approach
  - 1.7.2. Monitoring
  - 1.7.3. Treatment

- 1.8. Asthenia
  - 1.8.1. Approach
  - 1.8.2. Monitoring
  - 1.8.3. Treatment
- 1.9. Pruritus
  - 1.9.1. Approach
  - 1.9.2. Monitoring
  - 1.9.3. Treatment
- 1.10. Seizures
  - 1.10.1. Approach
  - 1.10.2. Monitoring
  - 1.10.3. Treatment

#### Module 2. Palliative Care in Non-Oncological Processes

- 2.1. Heart Failure
  - 2.1.1. Diagnosis
  - 2.1.2. Palliation Criteria
  - 2.1.3. Treatment
- 2.2. COPD
  - 2.2.1. Diagnosis
  - 2.2.2. Palliation Criteria
  - 2.2.3. Treatment
- 2.3. Pulmonary Fibrosis
  - 2.3.1. Diagnosis
  - 2.3.2. Palliation Criteria
  - 2.3.3. Treatment
- 2.4. Chronic Renal Insufficiency
  - 2.4.1. Diagnosis
  - 2.4.2. Palliation Criteria
  - 2.4.3. Treatment



## Structure and Content | 19 tech

- 2.5. Hepatopathy or Liver Disease
  - 2.5.1. Diagnosis
  - 2.5.2. Palliation Criteria
  - 2.5.3. Treatment
- 2.6. Cognitive Impairment
  - 2.6.1. Diagnosis
  - 2.6.2. Palliation Criteria
  - 2.6.3. Treatment

2.7. ALS

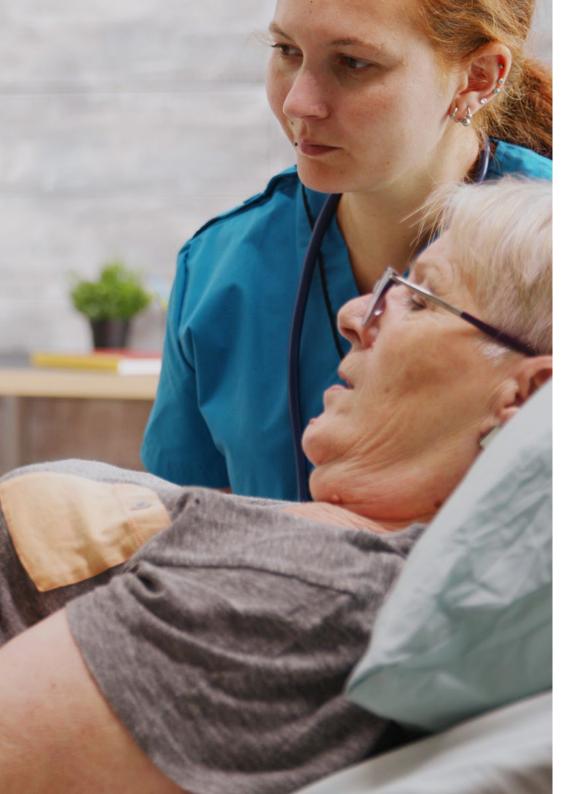
- 2.7.1. Diagnosis
- 2.7.2. Palliation Criteria
- 2.7.3. Treatment
- 2.8. Multiple Sclerosis
  - 2.8.1. Diagnosis
  - 2.8.2. Palliation Criteria
  - 2.8.3. Treatment
- 2.9. Parkinson's Disease
  - 2.9.1. Diagnosis
  - 2.9.2. Palliation Criteria
  - 2.9.3. Treatment
- 2.10. Peripheral Arterial Failure
  - 2.10.1. Diagnosis
  - 2.10.2. Palliation Criteria
  - 2.10.3. Treatment

## tech 20 | Structure and Content

#### Module 3. Palliative Care Nursing Procedures

- 3.1. Nursing Assessment
  - 3.1.1. Nursing Consultation
  - 3.1.2. Anamnesis in Nursing
  - 3.1.3. Examination in Nursing
  - 3.1.4. NIC-NOC
- 3.2. Nursing Scales
  - 3.2.1. Norton
  - 3.2.2. Barthel
  - 3.2.3. EVA Pain
  - 3.2.4. CONUT Index
  - 3.2.5. MUST
  - 3.2.6. MNA
  - 3.2.7. Pfeiffer
  - 3.2.8. APGAR Family Scale
  - 3.2.9. Risk of Caregiver Overload
- 3.3. Health education
  - 3.3.1. Skin Care
  - 3.3.2. Hygiene
  - 3.3.3. Nutrition and Physical Activity
- 3.4. Advanced Cures
  - 3.4.1. VAC
  - 3.4.2. Larval Therapy
  - 3.4.3. Mechanical and Chemical Debriding
- 3.5. Stomata
  - 3.5.1. Stomata Management
  - 3.5.2. Change of Stomata
  - 3.5.3. Cures
- 3.6. Management of Intravenous Pumps
  - 3.6.1. Types of Pumps
  - 3.6.2. Pump Handling
  - 3.6.3. Compatible Drugs





### Structure and Content | 21 tech

- 3.7. Nutrition
  - 3.7.1. Pumps
  - 3.7.2. Bolus Nutrition
  - 3.7.3. PEG
- 3.8. Subcutaneous Medication Management
  - 3.8.1. Elastomeric Infusers
  - 3.8.2. Subcutaneous Treatments
  - 3.8.3. Compatible Mixtures in Infusers
- 3.9. Non-invasive Techniques in Pain Control
  - 3.9.1. Capsaicin
  - 3.9.2. Radiofrequency
  - 3.9.3. Physical exercise
- 3.10. Midline-PICC
  - 3.10.1. Use of Ultrasound in Nursing
  - 3.10.2. Midline Cannulation in the Office or at Home
  - 3.10.3. Pathway Dressing

**666** You will ma and docum optimize pa

You will master assessment techniques and documentation of outcomes to optimize patient care and quality of life through an extensive library of innovative multimedia resources"

# 05 **Methodology**

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.** 

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

## tech 24 | Methodology

#### At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

- 1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
- 2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
- **3.** Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## tech 26 | Methodology

#### **Relearning Methodology**

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

> The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



### Methodology | 27 tech

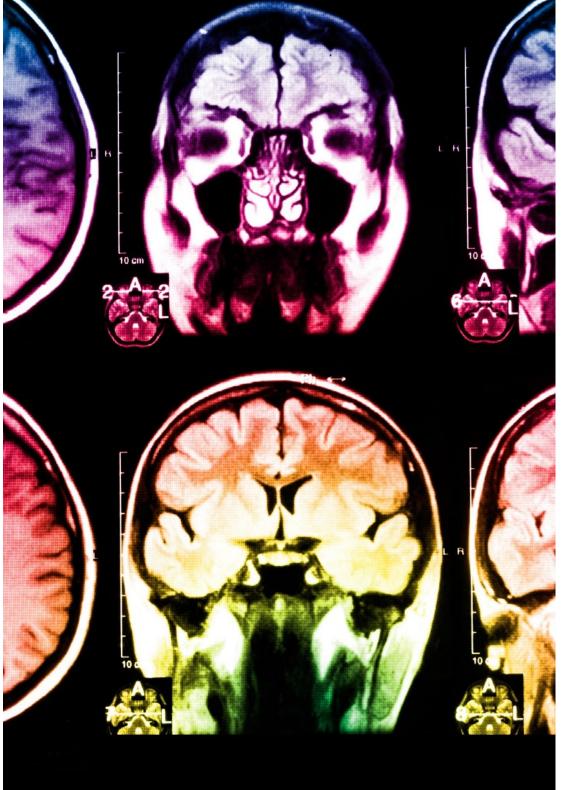
At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



## tech 28 | Methodology

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

20%

15%

3%

15%

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### **Nursing Techniques and Procedures on Video**

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.



#### **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

20%

3%

7%

17%



#### **Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

## 06 **Certificate**

The Postgraduate Diploma in Palliative Care in Non-Oncology Patients for Nursing guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Global University.





Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

## tech 32 | Certificate

This program will allow you to obtain a **Postgraduate Diploma in Palliative Care in Non-Oncology Patients for Nursing Management** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University**, is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University title**, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Diploma in Palliative Care in Non-Oncology Patients for Nursing** Modality: **online** Duration: **6 months.** Accreditation: **18 ECTS** 



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

tecn global university Postgraduate Diploma Palliative Care in Non-**Oncology Patients for Nursing** » Modality: online » Duration: 6 months » Certificate: TECH Global University » Credits: 18 ECTS » Schedule: at your own pace » Exams: online

## Postgraduate Diploma Palliative Care in Non-Oncology Patients for Nursing

