



Non-Digestive Pathology and Nutritional Deficiencies in Children for Nurses

» Modality: online

» Duration: 6 months

» Certificate: TECH Global University

» Credits: 16 ECTS

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/nursing/postgraduate-diploma/postgraduate-diploma-non-digestive-pathology-nutritional-deficiencies-children-nurses

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# tech 06 | Introduction

Given the limited training that health care professionals acquire in their academic training on this subject, it is not surprising that they are interested in expanding their knowledge of child nutrition in order to meet the needs of their patients.

Specializing in nutrition is essential for professionals in order to address the care and preventive needs of the population in matters of food and health.

This program offers the student the possibility of expanding and updating knowledge, using the latest educational technology. Thus, it shows a global vision of nutrition in children with diseases that affect nutritional status, while also focusing on the most important and innovative aspects of nutrition in the pediatric age group in the case of diseases in which nutrition plays a highly relevant role.

This program allows for specialization in the field of clinical nutrition in areas of special interest such as nutrigenetics and nutrigenomics, nutrition and obesity, hospital dietetics and nutritional trends.

This Postgraduate Diploma in Non-Digestive Pathology and Nutritional Deficiencies in Children for Nurses contains the most complete and up-to-date scientific program on the market. The most important features include:

- Clinical cases presented by experts in non-digestive pathologies and nutritional deficiencies in children
- The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course
- Special emphasis on the research methodology used in Non-Digestive Pathology and Nutritional Pathologies in Children
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



This Postgraduate Diploma in Non-Digestive Pathology and Nutritional Deficiencies will help you keep up to date in order to provide comprehensive quality care to your patients"



This Postgraduate Diploma is the best investment you can make when choosing a refresher program for two reasons: in addition to updating your knowledge in Non-Digestive Pathology and Nutritional Deficiencies in Children for Nurses, you will obtain a qualification from TECH Global University"

Its teaching staff includes professionals from the field of pediatric nutrition, who contribute their work experience to this training, as well as renowned specialists from reference societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive training experience designed to train for real-life situations.

This program is designed around Problem Based Learning, where the nurse must try to solve the different professional practice situations that arise during the course. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced experts in Non-Digestive Pathology and Nutritional Deficiencies in Children

Increase your decision-making confidence by updating your knowledge through this Postgraduate Diploma.

Take the opportunity to learn about the latest advances in this field and apply it to your daily practice.

# 02 **Objectives**

The program's primary objective is focused on theoretical and practical learning, so that the doctor is able to master Non-Digestive Pathology and Nutritional Deficiencies in both a practical and rigorous manner.

# tech 10 | Objectives



# **General Objectives**

- Update the nurse's knowledge on new trends in human nutrition, in both healthly and pathological situations
- Promote work strategies based on the practical knowledge of the new trends in nutrition and its application to child pathologies, where nutrition plays a fundamental role in treatment
- Encourage the acquisition of technical skills and abilities, through a powerful audiovisual system, and the possibility of development through online simulation workshops and/or specific training
- Encourage professional stimulation through continuous education and research
- Train the professional for research into patients with nutritional problems



Take the step to get up-to-date on the latest developments in Non-Digestive Pathology and Nutritional Deficiencies in Children"





# Objectives | 11 tech



### **Specific Objectives**

- Analyze the different methods for assessing nutritional status
- Interpret and integrate anthropometric, clinical, biochemical, hematological, immunological, and pharmacological data in the patient's nutritional assessment and dietary-nutritional treatment
- Early detection and evaluation of quantitative and qualitative deviations from the nutritional balance due to excess or deficiency
- Describe the composition and utilities of new foods
- Explain the relationship of physiology and nutrition in the different stages of infant development
- Analyze the implications of nutrition in the growth process and in the prevention and treatment of different childhood pathologies
- Describe the nutritional requirements in the different periods of childhood
- Perform nutritional assessment in pediatrics
- Define the dietary management of children with nephropathy
- Explain the latest evidence on food allergies and intolerances
- Identify dietary factors related to bone metabolism
- Identify children suffering from malnutrition
- Describe the correct nutritional support for a malnourished child
- Classify the different types of malnutrition and their impact on the developing organism
- Reflect on the etiology, repercussions, and treatment of childhood obesity
- Explain the nutritional treatment of the most common deficiency diseases in our environment
- Define the role that fats play in children's diets
- Assess the psychological and physiological aspects involved in eating disorders in young children
- Identify eating behavior disorders





#### **International Guest Director**

Lara Al-Dandachi is one of the few registered dietitians in California, and the rest of the United States, to hold a triple certification in Diabetes Care specialty CDES, Advanced Diabetes Management BC-ADM and in Obesity with Subspecialty Weight Management (CSOWM). Her work as a clinical nutritionist has led her to lead projects such as UCLA Health's Gonda Diabetes Prevention Program, which has received special recognition from the Center for Disease Control and Prevention (CDC) and has allowed her to work with multiple cohorts.

In addition, she coordinates the Obesity Reduction Program (PRO) as Director of Nutrition. From that group, she is in charge of developing and updating the professional curriculum for overweight education in adults and adolescents, as well as training new dietitians. In all of these settings, she counsels her patients on how to improve their lifestyle by incorporating healthy eating habits, increased physical activity and the fundamentals of Integrative Medicine.

At the same time, Al-Dandachi continually seeks to stay at the forefront of clinical research in Nutrition. She has attended the Harvard Blackburn Course in Obesity Medicine twice. In those participations, she has received the Certificate of Training in Pediatric and Adult Obesity through the Commission on Dietetic Registration (CDR), the accrediting agency of the American Academy of Nutrition and Dietetics.

Also, her mastery of this healthcare field allows her to provide **personalized care** to patients with rare conditions such as latent **Autoimmune Diabetes** in adulthood. She has also worked in her **Public Health** internship as a volunteer, collaborating with **underprivileged populations** in initiatives for HIV education and prevention, the Head Start program, among others.



# Ms. Al-Dandachi, Lara

- Nutrition Director of the Obesity Reduction Program at UCLA Health, California, United States
- Clinical Dietitian with CareMore Health Plan
- Director of Nutrition at Hollywood Presbyterian Medical Center
- Clinical Dietitian at Sodexho Health Care Services
- Clinical Dietitian at Beverly Hospital
- Master's Degree in Public Health at Loma Linda University
- Bachelor of Science in Nutrition Science and Dietetics at the American University of Beirut



Thanks to TECH, you will be able to learn with the best professionals in the world"

# tech 16 | Course Management

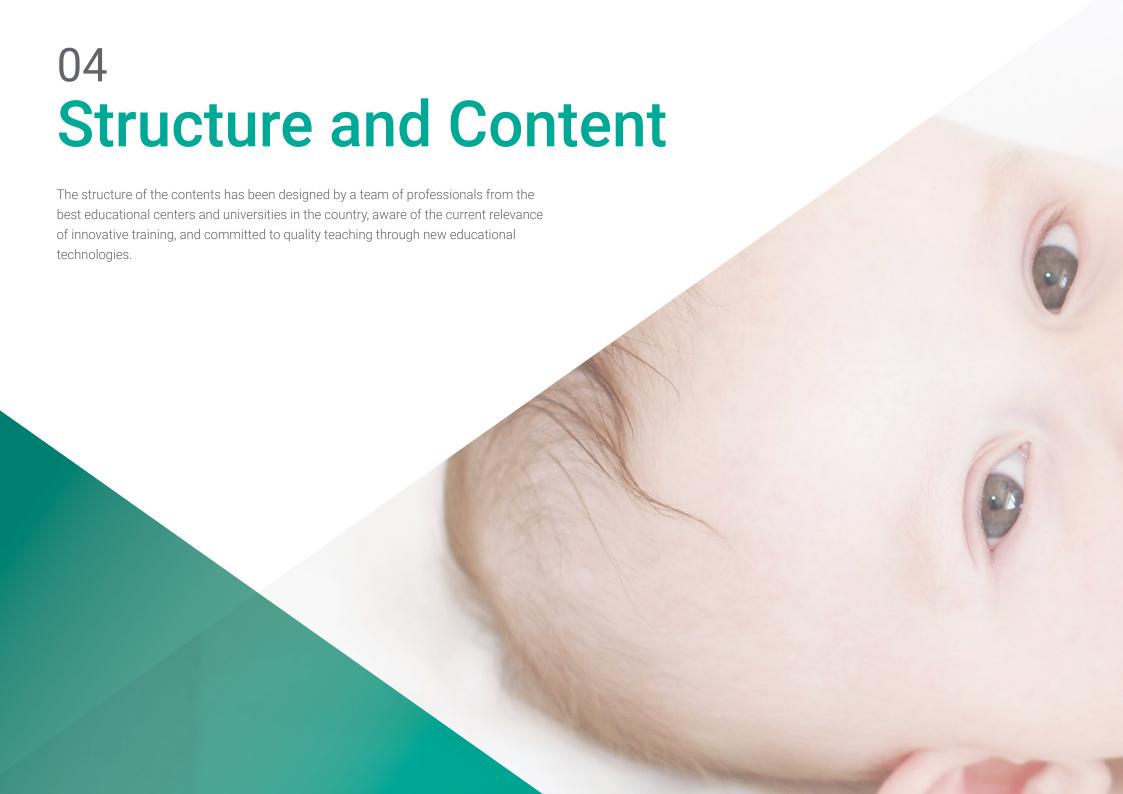
#### Management



#### Ms. Aunión Lavarías, María Eugenia

- Pharmacist and Clinical Nutrition Expert
- "Author of the reference book in the field of Clinical Nutrition" *Dietetic Management of Overweight in the Pharmacy Office*". (Panamerican Medical Publishing House)
- Pharmacist with extensive experience in the public and private sector
- Pharmacist in Valencia Pharmacy
- Pharmacy Assistant in the British pharmacy and health and beauty retail chain Boots, Uk
- Degree in Pharmacy and Food Science and Technology. University of Valencia
- Director of the University Course "Dermocosmetics in the Pharmacy Office"







# tech 20 | Structure and Content

#### Module 1. Infant Malnutrition.

- 1.1. Childhood Malnutrition and Undernutrition
  - 1.1.1. Psychosocial Aspects
  - 1.1.2. Pediatric Assessment
  - 1.1.3. Treatment and Monitoring
- 1.2. Nutritional Anemias
  - 1.2.1. Other Nutritional Anemias in Childhood
- 1.3. Vitamin and Trace Element Deficiencies
  - 1.3.1. Vitamins
  - 1.3.2. Trace Elements
  - 1.3.3. Detection and Treatment
- 1.4. Fats in Infant Diets
  - 1.4.1. Essential Fatty Acids
- 1.5. Childhood Obesity
  - 1.5.1. Prevention
  - 1.5.2. Impact of Childhood Obesity
  - 1.5.3. Nutritional Treatment

#### Module 2. Childhood Nutrition and Pathologies

- 2.1. Feeding Difficulties and Disorders in Children Small
  - 2.1.1. Physiological Aspects
  - 2.1.2. Psychological Aspects
- 2.2. Eating Disorders
  - 2.2.1. Anorexia
  - 2.2.2. Bulimia
  - 2.2.3. Others
- 2.3. Inborn Errors of Metabolism
  - 2.3.1. Principles for Dietary Treatment
- 2.4. Nutrition in Dyslipidemias
  - 2.4.1. Nutritional Mechanisms to Prevent Dyslipidemias
  - 2.4.2. Nutritional Approaches for Treating Dyslipidemias





# Structure and Content | 21 tech

- Nutrition in Diabetic Children
  - 2.5.1. Repercussions of Diabetes on the Child's Nutrition
  - 2.5.2. Mechanisms to Avoid Related Malnutrition
- Nutrition in Autistic Children
  - 2.6.1. Repercussions of These Alterations on the Child's Nutrition
  - 2.6.2. Mechanisms to Avoid Related Malnutrition
- Nutrition in Children with Cancer
  - 2.7.1. Repercussions of Disease and Treatments in the Child's Nutrition
  - 2.7.2. Mechanisms to Avoid Related Malnutrition
- Nutrition in Children with Chronic Pulmonary Pathology
  - 2.8.1. Repercussions of These Alterations on the Child's Nutrition
  - 2.8.2. Mechanisms to Avoid Related Malnutrition
- 2.9. Nutrition in Children with Nephropathy
  - Repercussions of These Alterations on the Child's Nutrition
  - Mechanisms to Avoid Related Malnutrition
  - 2.9.3. Special Diets
- 2.10. Nutrition in Children with Food Allergies and/or Intolerances
  - 2.10.1. Special Diets
- 2.11. Childhood and Bone Pathology Nutrition
  - 2.11.1. Mechanisms for Good Bone Health in Childhood



A unique, key, and decisive training experience to boost your professional development"



This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.** 

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

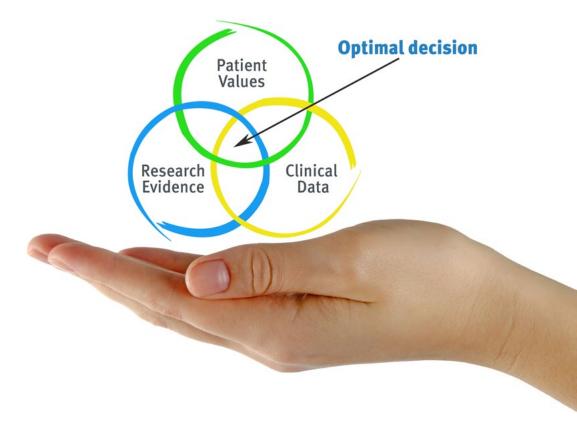


# tech 24 | Methodology

#### At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- 1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
- **2.** The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
- **3.** Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- **4.** Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





#### **Relearning Methodology**

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



# Methodology | 27 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175.000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a high socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### **Nursing Techniques and Procedures on Video**

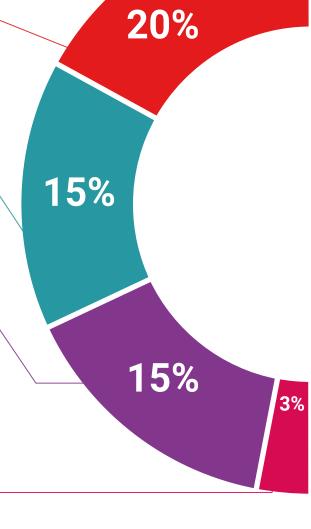
We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

## **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

#### **Testing & Retesting**



The student's knowledge is periodically assessed and re-assessed throughout the program, through evaluative and self-evaluative activities and exercises: in this way, students can check how they are doing in terms of achieving their goals.

#### **Classes**



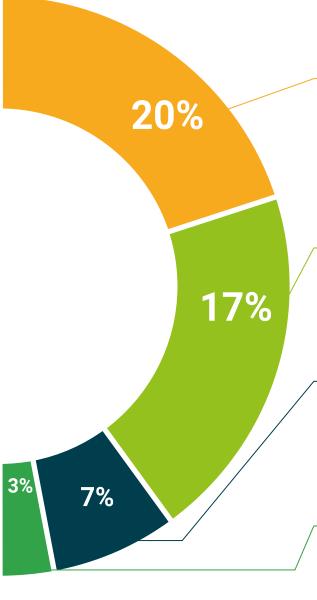
There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

#### **Quick Action Guides**



TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.







# tech 31 | Certificate

This private qualification will allow you to obtain a **Postgraduate Diploma in Non-Digestive Pathology and Nutritional Deficiencies in Children for Nurses** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Diploma in Non-Digestive Pathology and Nutritional Deficiencies in Children for Nurses

Modality: online

Duration: 6 months

Accreditation: 16 ECTS



Mr./Ms. \_\_\_\_\_, with identification document \_\_\_\_\_ has successfully passed and obtained the title of:

#### Postgraduate Diploma in Non-Digestive Pathology and Nutritional

#### **Deficiencies in Children for Nurses**

This is a private qualification of 480 hours of duration equivalent to 16 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024



<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

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