



Major Pathologies and Deviations from Normality in Childbirth and Postpartum for Nursing

» Modality: online

» Duration: 6 months

» Certificate: TECH Global University

» Credits: 18 ECTS

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/nursing/postgraduate-diploma/postgraduate-diploma-major-pathologies-deviations-normality-childbirth-postpartum-nursing

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### tech 06 | Introduction

More than 25% of neonates are born by instrumental delivery or cesarean section. Therefore, knowledge of all the facets involved in this subject is fundamental in this Postgraduate Diploma. The best references will be incorporated so that the student can make an exhaustive study and integrate new knowledge.

Topics such as labor inductions and premature rupture of membranes, chapters in constant revision and change of protocols thanks to new studies and reviews, are also incorporated.

It will also be studied in this Postgraduate Diploma Streptococo B positive in screening gestation and its treatment, another point in which nurses must be fully trained, since it is they who administer the medication, take samples and receive the pregnant woman in the emergency units.

In addition, two of the pathologies par excellence in terms of pregnancy are treated: diabetes and hypertensive states of pregnancy.

The different hypertensive pathologies in pregnancy will be dealt with in an extensive but concise way, making clear the concepts so that the student knows how to differentiate the stages of each one of them.

Neonatal knowledge will also be integrated within each pathology, as all of them directly interfere in fetal development and consequently in their neonatal needs.

This module also deals with fetal death, one of the most important medical and psychological management issues, due to the maternal repercussions it can have.

Finally, gynecological cancer during pregnancy will also be discussed, since these cancers are becoming more and more prevalent in young people and therefore of childbearing age, and because it is a subject that involves important ethical and legal aspects.

It also incorporates the problems with breastfeeding, so in vogue its study at the present time and, in particular, the psychological and psychiatric problems of pregnancy, as important or more than physical and in which the nursing professional has a fundamental work. In the psychological aspect often lack information and training, so this course will provide sufficient knowledge for a suitable approach by the Nursing professional.

This Postgraduate Diploma in Major Pathologies and Deviations from Normality in Childbirth and Postpartum for Nursing contains the most complete and up-to-date scientific program on the market. The most important features include:

- Latest technology in online teaching software
- Highly visual teaching system, supported by graphic and schematic contents that are easy to assimilate and understand
- Practical cases presented by practicing experts
- State-of-the-art interactive video systems
- Teaching supported by telepractice
- Continuous updating and recycling systems
- Self-regulating learning: full compatibility with other occupations
- Practical exercises for self-evaluation and learning verification
- Support groups and educational synergies: questions to the expert, debate and knowledge forums
- · Communication with the teacher and individual reflection work
- Content that is accessible from any fixed or portable device with an Internet connection
- Supplementary documentation databases are permanently available, even after the course



Become a highly qualified professional with this unique Postgraduate Diploma in Major Pathologies and Deviations from Normality in Childbirth and Postpartum for Nursing"



Get a complete and adequate qualification in Postgraduate Diploma in Major Pathologies and Deviations from Normality in Childbirth and Postpartum for Nursing, with this program of high formative efficiency and open new paths to your professional progress"

Our teaching staff is made up of professionals from different fields related to this specialty. In this way, we ensure that we provide you with the educational update we are aiming for. A multidisciplinary team of professionals trained and experienced in different environments, who will cover the theoretical knowledge in an efficient way, but, above all, will put the practical knowledge derived from their own experience at the service of the course: one of the differential qualities of this course.

This mastery of the subject is complemented by the effectiveness of the methodological design of this Postgraduate Diploma in Major Pathologies and Deviations from Normality in Childbirth and Postpartum for Nursing, developed by a multidisciplinary team of experts in e-learning, integrating the latest advances in educational technology. This way, you will be able to study with a range of comfortable and versatile multimedia tools that will give you the operability you need in your training.

The design of this program is based on Problem-Based Learning: an approach that conceives learning as a highly practical process. To achieve this remotely, we will use telepractice: with the help of an innovative interactive video system, and learning from an expert, you will be able to acquire the knowledge as if you were actually dealing with the scenario you are learning about. A concept that will allow you to integrate and fix learning in a more realistic and permanent way.

A Postgraduate Diploma that will enable you to face the most complex situations with the solvency of a high-level professional.

With the experience of experienced practitioners who will contribute their expertise in this area to the program, making this training a unique opportunity for professional growth.







### tech 10 | Objectives



### **General Objectives**

- The student will learn to manage and perform instrumental deliveries and cesarean sections
- You will learn the factors to take into account during abnormal deliveries, such as breech deliveries or deliveries with a previous cesarean section
- Know the different ways of initiating labor, such as premature rupture of membranes and induction
- The student will learn in depth about the hypertensive pathology of pregnancy, as well as the most serious complications derived from it
- Training will also be provided in endocrine pathology, with emphasis on those that most affect pregnancy: diabetes and thyroid pathology
- The main gynecological cancers in pregnancy will be studied
- The student will study problems related to the postpartum period, including infections and hemorrhages
- $\bullet\,$  The student will study the complications associated with breastfeeding
- Students will also learn about legal abortion in our country and its implications



A way of training and professional growth that will also provide you with greater competitiveness in the labor market"







### **Specific Objectives**

## Module 1. Variations in Normal Delivery and the Onset of Labor. Mother Carrying Group B Streptococcus B

- An exhaustive knowledge of the different ways of initiating labor, whether spontaneous, induced or by premature rupture of membranes, is essential in the nurses' work, since all pregnant women will go through this process
- Learning about non-eutocic deliveries is of utmost importance for nurses in order to have the skills and knowledge to refer patients and advise obstetricians in an optimal manner
- Training on the main protocols in relation to pregnant women carrying group B streptococcus during the third trimester of pregnancy, since nurses are responsible for collecting samples, administering medication and performing the subsequent relevant neonatal care

## Module 2. Endocrine Problems during Pregnancy. Gynecologic Cancer and Pregnancy. Hypertensive States of Pregnancy

- To know everything related to preeclampsia, the new protocols for prediction, prevention, treatment and diagnosis
- Learn about the management of the severe complications of preeclampsia, which are
  per se obstetric emergencies, so professionals must be equipped with the best and most
  updated knowledge
- Update the management of diabetes, since nursing professionals are the competent professionals to carry out an adequate follow-up during pregnancy, delivery and postpartum of patients and neonates of diabetic mothers
- Have an in-depth knowledge of gynecological-oncological issues in pregnant women, as
  more and more patients are suffering from these pathologies, and for whom it is essential
  to follow protocols based on the best evidence





#### **International Guest Director**

Dr. Christelle Vauloup Fellous is an internationally recognized virologist who has served as Vice-President of the Research Group on Infections during Pregnancy (GRIG) in France. She has been a member of prestigious scientific societies, such as the European Society of Clinical Virology, the French Society of Microbiology (SFL) and the French Society of Infectious Pathology (SPILF).

She has also been Coordinator of the National Reference Center (CNR) for Maternal-Fetal Rubeolar Infections, where she has played a crucial role in the centralization and improvement of diagnostics related to this disease. She has also been Head of the World Health Organization (WHO) National Reference Laboratory for Rubella, consolidating her position as an authority in the investigation and management of viral infections affecting pregnant women and their children.

In addition to her responsibilities in the field of Rubella, she has become a key figure in serological and prenatal diagnosis in hospital centers in France. In fact, her work in this field has allowed her to significantly improve the detection and treatment of infections during pregnancy. She is also an active member of several working groups for the French Ministry of Health, where she has contributed to the implementation of protocols for the systematic detection of Cytomegalovirus (CMV) in gamete and embryo donors, as well as in pregnant women.

Throughout her career, Dr. Christelle Vauloup Fellous has been a prolific author and researcher, with outstanding publications exploring topics such as transplacental transfer of neutralizing anti-SARS-CoV-2 antibodies and the prevalence of maternal and congenital toxoplasmosis. In this regard, her work has had a direct impact on improving maternal-fetal health globally.



## **Dra.Christell Vauloup Fellous**

- Vice-President of the Research Group on Infections during Pregnancy (GRIG), France
- Coordinator of the National Reference Center (CNR) for Maternal-Fetal Rubeolar Infections
- Head of the WHO National Reference Laboratory for Rubella
- Head of Serological and Prenatal Diagnosis in Hospital Centers
- Member of the Working Group on Cytomegalovirus Detection in Gamete and Embryo Donors (French Ministry of Health)
- Member of the Working Group on Systematic Detection of CMV Infection during Pregnancy (French Ministry of Health)
- Member of the Working Group on Implementation of Compulsory Rubella Declaration (French Ministry of Health)
- Member of the Working Group on Prevention of Cytomegalovirus Infection in Pregnant Women (French Ministry of Health)
- Doctor in Virology, University Pierre and Marie Curie

- Master's Degree in Medical Virology, Denis Diderot University, France
- Degree in Pharmacy from the University Paris-Sud
- Degree in Biology from the University Paris-Sud
- Member of: French Society of Microbiology (SFL), Francophone Society of Infectious Pathology (SPILF), European Society of Clinical Virology



Thanks to TECH you will be able to learn with the best professionals in the world"

#### **International Guest Director**

Dr. Leah McCoy is a specialist in **Nursing** and **Obstetrics** and holds the position of **Director** of the **Obstetric Nursing Education Program** at the Mayo Clinic in Minnesota, United States. Here she seeks to provide an innovative pathway for nurses to pursue a career as a **midwife**. With a special interest in ensuring quality care, she has dedicated herself to overseeing patient safety.

After a long career as an **Obstetric** Nurse, she has specialized in outpatient cervical dilation, postpartum hemorrhage management and obstetric emergencies. One of her main responsibilities has been **delivery care**, but she has also dedicated herself to **prenatal care** and the general health of the pregnant woman. In addition, she has experience as a trainer for professionals who wish to specialize in this branch of nursing.

In addition, Dr. Leah McCoy has been a member of the United States Navy Nurse Corps. After working for several years as a midwife, she decided to broaden her knowledge and enlisted with the motivation to travel while providing a service for her country. With her recognized expertise, she is also a member of the American Board of Midwifery Certification and a Fellow of the American College of Obstetric Nurses.

In the field of research, she has worked on various projects in the area of **Obstetrics**. Some of the studies in which she has participated have focused on analyzing weight gain during gestation or applying intermittent auscultation in low-risk women. She has also collaborated in a project to reduce the duration of labor induction in order to reduce by 10% the length of stay prior to delivery of the baby.



## Dr. McCoy, Leah

- Director of the Obstetric Nursing Education Program at Mayo Clinic, Minnesota, United States
- Nurse in the Department of Obstetrics and Gynecology at Mayo Clinic
- Instructor of the Obstetrics and Gynecology Area of the Mayo Clinic
- Doctorate in Obstetrical Nursing from Baylor University
- Graduate Degree in Nursing from Marquette University
   Member of: American College of Obstetric Nurses, U.S. Navy Nurse Corps



### tech 18 | Course Management

### Management



### Ms. Hernando Orejudo, Isabel

Nurse from the Autonomous University of Madrid. Midwife in Hospital in San Carlos Clinical Hospital

#### **Professors**



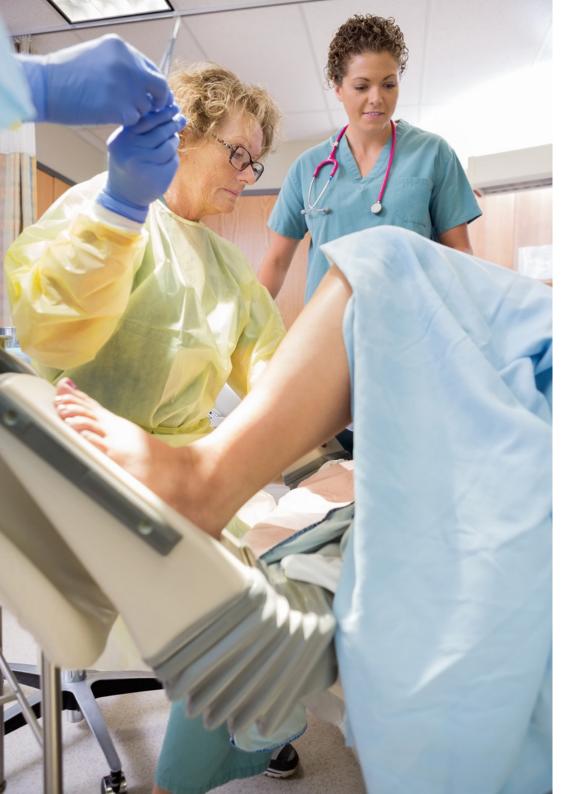
#### Ms. De Miguel González, María José

• Midwife. Currently a midwife at Hospital San Carlos



#### Ms. De la Torre Arandilla, Ana

• Midwife. Currently a midwife at the University Hospital Puerta de Hierro and Hospital la Milagrosa



### Course Management | 19 tech



Ms. Hernández Lachehab, Sonia

• Midwife. Currently a nurse at SAR Meco



Mr. Márquez Espinar, Gumersindo

• Midwife and podiatrist. Currently a midwife at Hospital San Carlos



An impressive teaching staff, made up of practicing professionals, will be in charge of accompanying you throughout your training: a unique occasion not to be missed"





### tech 22 | Structure and Content

# **Module 1.** Variations in normal deliveryandonset of labor. Mother Carrying Group B Streptococcus B

- 1.1. Instrumental Delivery
  - 1.1.1. Concept
  - 1.1.2. Indications
  - 1.1.3. Contraindications
  - 1.1.4. Criteria for using the Different Instruments
    - 1.1.4.1. Forceps
    - 1.1.4.2. Thierry Spatulas
    - 1.1.4.3. Cupping
- 1.2. Breech Delivery
  - 1.2.1. Concept
  - 1.2.2. Classification
  - 1.2.3. Etiology
  - 1.2.4. Diagnosis
  - 1.2.5. Vaginal Delivery Criteria and Management
- 1.3. Vaginal Delivery after Cesarean Section
  - 1.3.1. Choice of Delivery Route
  - 1.3.2. Contraindications for Vaginal Delivery with Previous Cesarean Section
  - 1.3.3. Planned Cesarean
  - 1.3.4. Labor Induction
- 1.4. Obstetric Anal Sphincter Injuries
  - 1.4.1. Prevention
  - 1.4.2. Classification
    - 1.4.2.1. Third Degree Tear
    - 1.4.2.2. Fourth Degree Tear
  - 1.4.3. Reparation of Perineal Tears
  - 1.4.4. Follow-up and Delivery after Anal Sphincter Injury



### Structure and Content | 23 tech

1	5.	Cesarean	Section

- 151 Indications
- 1.5.2. Classification
- 1.5.3. Cesarean Section Considerations
- 1.5.4. Surgical Technique
- 1.5.5. Post-Operative Care

#### 1.6. External Cephalic Version

- 1.6.1. Concept
- 1.6.2. Indications
- 1.6.3. Contraindications
- 1.6.4. Complete Technique and Procedure
- 1.6.5. Complications

#### 1.7. Cervical Ripening and Induction of Labor

- 1.7.1. Concept
- 1.7.2. Indications
- 1.7.3. Contraindications
- 1.7.4. Risks from Induction
- 1.7.5. Methods to Labor
  - 1.7.5.1. Pharmacological Methods
  - 1.7.5.2. Non-Pharmacological Methods

#### 1.8. Fetal Hydrops

- 1.8.1. Concept
  - 1.8.1.1. Immune Hydrops
  - 1.8.1.2. Non-Immune Hydrops
- 1.8.2. Pathophysiology
- 1.8.3. Diagnosis
- 1.8.4. Clinical Management

#### 1.9. Mother Carrying Group B Streptococcus B(SGB)

- 1.9.1. Concept
- 1.9.2. Sample Collecting and Screening
- 1.9.3. Treatment
- 1.9.4. Management of Newborns of Mothers who are Carriers of GBS

#### 1.10. Premature Rupture of Membranes

- 1.10.1. Etiology
- 1.10.2. Diagnosis
- 1.10.3. Preterm Premature Rupture of Membranes
- 1.10.4. Full-term Premature Rupture of Membranes

## **Module 2.** Endocrine Problems during Pregnancy. Gynecologic Cancer and Pregnancy. Hypertensive States of Pregnancy

#### 2.1. Thyroid Pathology and Gestation

- 2.1.1. Hypothyroidism
  - 2.1.1.1. Diagnosis
  - 2.1.1.2. Clinical Symptoms
  - 2.1.1.3. Etiology
  - 2.1.1.4. Clinical Management
- 2.1.2. Hyperthyroidism and Thyrotoxicosis
  - 2.1.2.1. Diagnosis
  - 2.1.2.2. Clinical Symptoms
  - 2.1.2.3. Etiology
  - 2.1.2.4. Clinical Management
- 2.1.3. Treatment during Gestation
- 2.1.4. Effects on the Fetus

#### 2.2. Diabetes Mellitus and Pregnancy

- 2.2.1. Pregestational Management
- 2.2.2. Gestational Screening
- 2.2.3. Criteria for the Termination of Pregnancy
- 2.2.4. Considerations during Labor
- 2.2.5. Newborn from a Mother with Diabetes Mellitus

### tech 24 | Structure and Content

- 2.3. Gestational Diabetes
  - 2.3.1 Definition
  - 2.3.2. Risk Factors
  - 2.3.3. Diagnosis and Screening Protocol
  - 2.3.4. Gestational Screening
  - 2.3.5. Criteria for the Termination of Pregnancy
  - 2.3.6. Clinical Management during Labor and Post-partum
  - 2.3.7. Newborn from a Mother with Gestational Diabetes
- 2.4. Obesity and Pregnancy
  - 2.4.1. Definition and Classification of Obesity
  - 2.4.2. Impact of Obesity on Gestation
  - 2.4.3. Impact of Gestation on Obesity
  - 2.4.4. Obese Women and the Postpartum Period
- 2.5. Breast Cancer and Pregnancy
  - 2.5.1. Concept and Epidemiology
  - 2.5.2. Diagnosis
  - 2.5.3. Treatment
  - 2.5.4. Prognosis
- 2.6. Cervical Cancer and Pregnancy
  - 2.6.1. Concept and Epidemiology
  - 2.6.2. Cytology in Gestation
  - 2.6.3. Colposcopy in Gestation
  - 2.6.4. Diagnosis and Treatment
- 2.7. Ovarian Cancer and Pregnancy
  - 2.7.1. Concept and Epidemiology
  - 2.7.2. Clinical Symptoms
  - 2.7.3. Diagnosis
  - 2.7.4. Treatment

- 2.8. Hypertensive States of Pregnancy (I)
  - 2.8.1. Concept
  - 2.8.2. Classification of Hypertension in Pregnancy
  - 2.8.3. Determination of the Degree of Severity
  - 2.8.4. Prediction and Prevention
  - 2.8.5. Treatment and Clinical Management
  - 2.8.6. Criteria for the Termination of Pregnancy
- 2.9. Hypertensive states of Pregnancy (II)
  - 2.9.1. Eclampsia
    - 2.9.1.1. Diagnosis
    - 2.9.1.2. Clinical Management and Treatment
  - 2.9.2. Hellp's Syndrome
    - 2.9.2.1. Diagnosis
    - 2.9.2.2. Clinical Management and Treatment
  - 2.9.3. Subsequent Follow-up of Pregnant Women with Hypertension Problems
- 2.10. Antepartum Fetal Death
  - 2.10.1. Concept
  - 2.10.2. Classification
  - 2.10.3. Etiological Factors
  - 2.10.4. Diagnosis
  - 2.10.5. Clinical and Psychological Management (covered in module 10)
  - 2.10.6. Follow-up Genetic Counseling



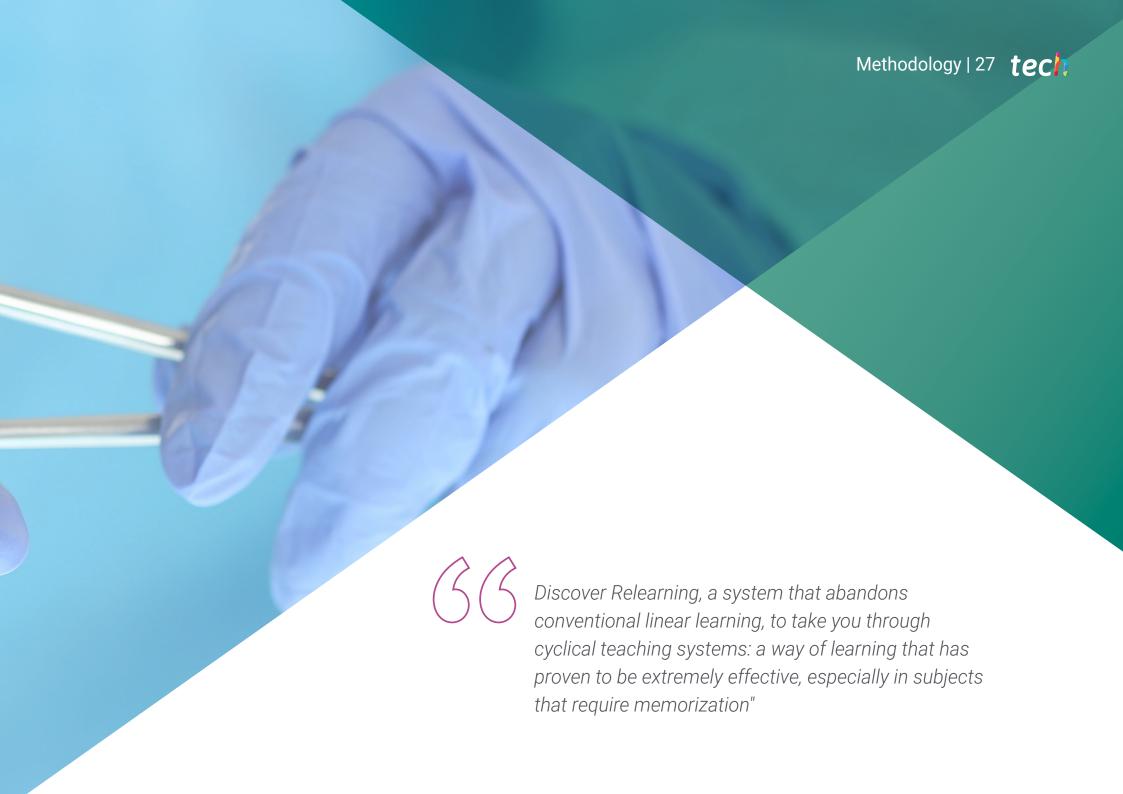
A unique, key, and decisive educational experience to boost your professional development"





This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.** 

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

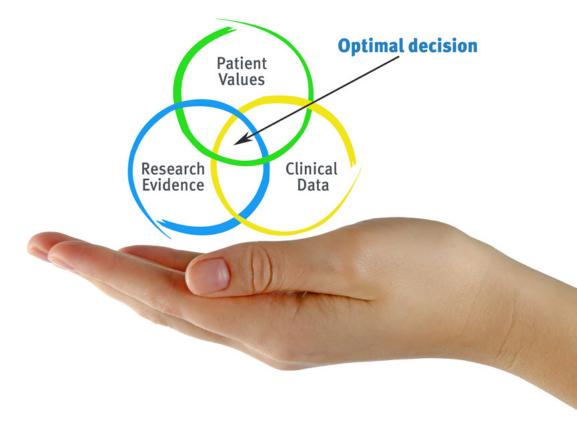


### tech 28 | Methodology

#### At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
- 2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- **4.** Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



### Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The nurse will learn through real cases and by solving complex situations in simulated learning environments.

These simulations are developed using state-of-the-art software to facilitate immersive learning.



### Methodology | 31 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### **Nursing Techniques and Procedures on Video**

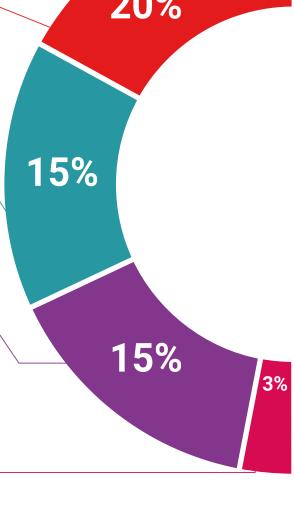
We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.



### **Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

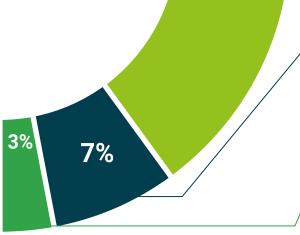
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### **Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.





20%

17%





### tech 36 | Certificate

This private qualification will allow you to obtain a **Postgraduate Diploma in Major Pathologies** and **Deviations from Normality in Childbirth and Postpartum for Nursing** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Diploma in Major Pathologies and Deviations from Normality in Childbirth and Postpartum for Nursing

Modality: online

Duration: 6 months

Accreditation: 18 ECTS



Mr./Ms. \_\_\_\_\_, with identification document \_\_\_\_\_ has successfully passed and obtained the title of:

### Postgraduate Diploma in Major Pathologies and Deviations from Normality in Childbirth and Postpartum for Nursing

This is a private qualification of 540 hours of duration equivalent to 18 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024



<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

health
guarantee

| Tech global university



Postgraduate Diploma
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for Nursing

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