



# Postgraduate Diploma Gynecological Surgery

and Urinary Incontinence for Midwives

» Modality: online

» Duration: 6 months

» Certificate: TECH Technological University

» Dedication: 16h/week

» Schedule: at your own pace

» Exams: online

We bsite: www.techtitute.com/in/nursing/postgraduate-diploma/postgraduate-diploma-gynecological-surgery-urinary-incontinence-midwives

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# tech 06 | Introduction

The general purpose of this program is to serve as an update for midwives to meet the health needs of women with scientific rigor and the highest professional level.

This program arises in response to multiple needs in the hospital environment of all professionals dedicated to women's health, both those recently incorporated as well as those who have been providing their professional services for some time and who require constant updating in this very specific area of practice.

The aim is to respond to the growing need posed by the new challenges imposed by a changing and increasingly demanding society, in order to raise awareness of the importance of incorporating new values, new work systems and new areas of action in our profession. A social need where women demand specialized and specific care the field of gynecology.

The **Postgraduate Diploma in Gynecological Surgery and Urinary Incontinence for Midwives** contains the most complete and up-to-date scientific program on the market. The most important features include:

- Development of clinical cases presented by experts in the different areas of multidisciplinary knowledge. The graphic, schematic, and practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice
- New developments in Gynecological Surgery and Urinary Incontinence
- An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course
- With special emphasis on evidence-based medicine and research methodologies in Gynecological Surgery and Urinary Incontinence
- All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an internet connection



Update your knowledge through the Postgraduate Diploma in Gynecological Surgery and Urinary Incontinence for Midwives, in a practical way and adapted to your needs"

# Introduction | 07 tech



This Postgraduate Diploma may be the best investment you can make when selecting a refresher program, for two reasons: in addition to updating your knowledge in Gynecological Surgery and Urinary Incontinence for Midwives, you will obtain a qualification endorsed by TECH Technological University"

Its teaching staff includes health professionals belonging to the field of gynecological health, who bring to this training the experience of their work, in addition to recognized specialists belonging to scientific societies of reference.

Thanks to its multimedia content developed with the latest educational technology, they will allow the professionals a situated and contextual learning, that is to say, a simulated environment that will provide an immersive learning programmed to train in real situations.

This program is designed around Problem-Based Learning, whereby the professionals must try to solve the different professional practice situations that arise during the course. This will be done with the help of an innovative interactive video system developed by recognized experts in the field of gynecological health and with extensive teaching experience.

Increase your decision-making confidence by updating your knowledge with this Postgraduate Diploma in Gynecological Surgery and Urinary Incontinence for Midwives.

Don't miss out on the opportunity to update your knowledge in Gynecological Surgery and Urinary Incontinence for Midwives in order to improve your patient care.



# 02 Objectives

The main objective of the program is the development of theoretical and practical learning, so that the midwife can master in a practical and rigorous way the study of Gynecological Surgery and Urinary Incontinence for Midwives.



# tech 10 | Objectives



# **General Objectives**

- Acquire knowledge in specific gynecological care
- Promote work strategies based on a comprehensive approach to the patient as a standard model for achieving excellent care
- Favour the acquisition of technical skills and abilities, through a powerful audiovisual system, and the possibility of development through specific training
- Encourage professional stimulation through continuing education and research



Make the most of this opportunity and take the step to get up to date on the latest developments in Gynecological Surgery and Urinary Incontinence for Midwives"







# **Specific Objectives**

#### Module 1. Anatomy and Physiology of the Human Reproductive System

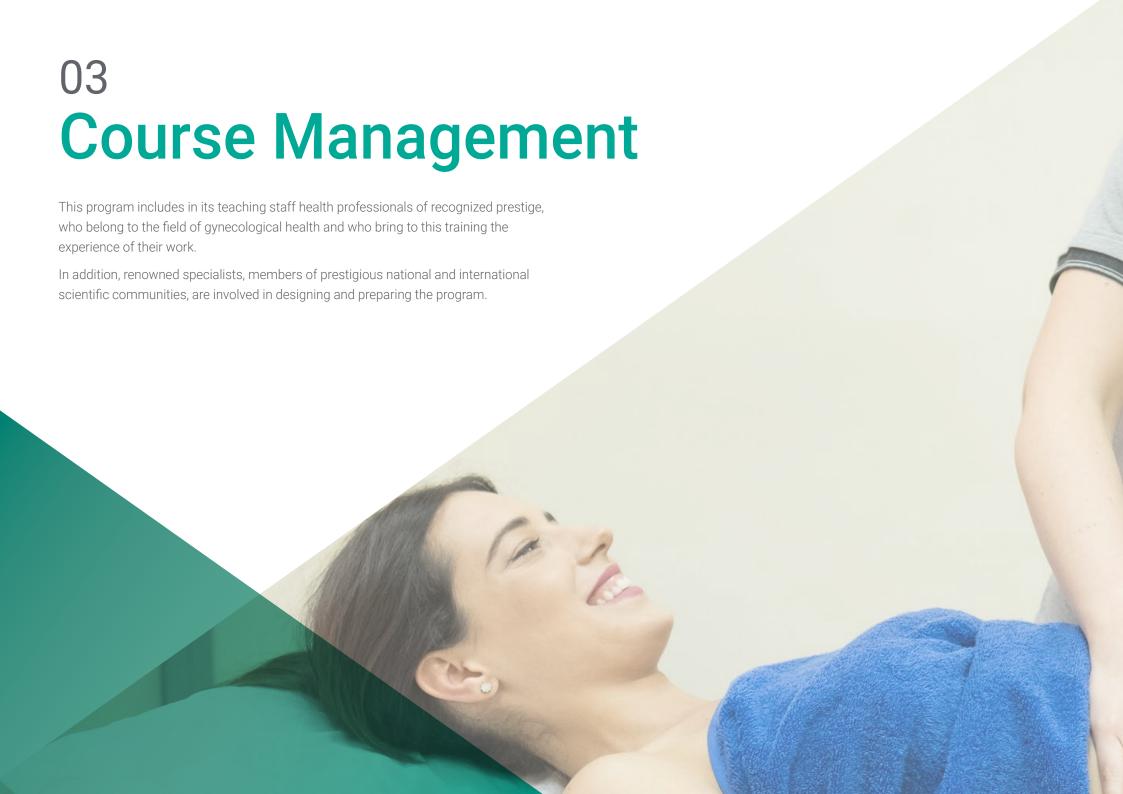
- Describe the anatomy and physiology of the male and female sexual apparatus
- Explain reproductive endocrinology
- Explain the development of sex differentiation
- Describe the ovarian and uterine cycle
- Explain male physiology

#### Module 2. Gynecological Surgery

- Update knowledge on gynecologic surgery
- Get to know the different types of gynecological anesthesia
- Get to know about preoperative and postoperative care
- Identify the various postoperative complications
- Gain knowledge about abdominal hysterectomy
- Get to know the laparoscopic and hysteroscopic surgery
- Gain knowledge about robotic surgery applied to gynecology

#### Module 3. Urinary Incontinence (UI)

- Acquire knowledge about urinary incontinence and its epidemiology
- Explain the diagnosis and treatment of urinary incontinence





# tech 14 | Course Management

#### Management



#### Dr. Rodríguez Díaz, Luciano

- Midwife Bellvitge University Hospita
- Lecturer at the University Centre of Nursing of Ronda
- Lecturer in the Ceuta Midwifery Teaching Unit
- SEEUE obstetric-gynecologic emergencies group member
- Responsible for Perinatal Health: Reproductive Sexual Health and Normal Childbirth of Ingesa
- Member of the Clinical Commission for Research and Continuing Education of the University Hospital of Ceuta
- Full member of the Institute of Ceuta Studies
- Member of the Editorial Board of the European Journal of Health Research
- PhD from the University of Granada



### Dr. Vázquez Lara, Juana María

- Nurse of the 061 of Ceuta
- Midwife in the Ceuta Health Area
- Head of Studies of the Ceuta Midwifery Teaching Unit.
- Professor of the Ceuta Midwifery Teaching Unit
- Coordinator of SEEUE obstetric-gynecologic emergencies group
- PhD from the University of Granada

#### **Professors**

#### Andrés Núñez, Carmen Patricia

• Specialist in Obstetrics and Gynecology at the University Hospital of Ceuta

#### Carrasco Racero, María Mercedes

• Nurse and Internship Coordinator at the University Center of Ronda

#### De Dios Pérez, María Isabel

• Midwife at the Zaragoza University Hospital

#### Díaz Lozano, Paula

• Midwife at the Ceuta University Hospital

#### Gilart Cantizano, Patricia

• Specialized Care Midwife Campo de Gibraltar and Quirón Campo de Gibraltar

#### Llinás Prieto, Lucía

• Nurse in Specialized Care, Cádiz

#### Márquez Díaz, Antonio

• Midwife at the Costa del Sol Hospital in Marbella and Quirón Campo de Gibraltar Hospital

#### Mérida Téllez, Juanma

• Midwife Costa del Sol de Marbella Hospital

#### Mérida Yáñez, Beatriz

- Dr. Primary Care Midwife Extremadura
- Campo de Gibraltar Primary Care Nurse

#### Muñoz Vela, Francisco Javier

• Midwife in Specialized Care at the Maternal-Children's Hospital of Malaga

#### Palomo Gómez, Rocío

• Ceuta Specialized Care Midwife

#### Rodríguez Díaz, David

• Nurse at Nuestra Señora de Candelaria University Hospital

#### Revidiego Pérez, María Dolores

• Specialized Care Midwife Campo de Gibraltar and Quirón Campo de Gibraltar

#### Rivero Gutiérrez, Carmen

• Ceuta Specialized Care Midwife

#### Vázquez Lara, Francisco José

• Degree in Biological Sciences

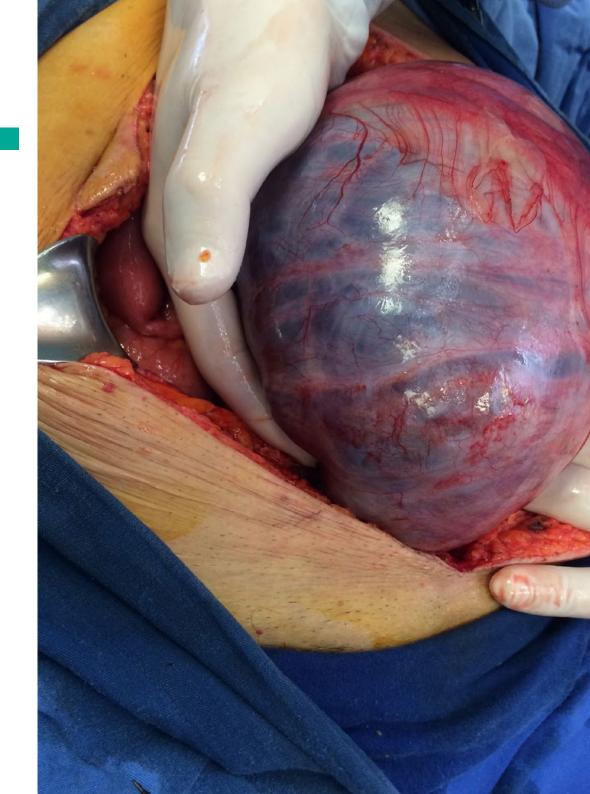




# tech 18 | Structure and Content

#### Module 1. Anatomy and Physiology of the Human Reproductive System

- 1.1. Anatomy of Male and Female Genital Apparatus
  - 1.1.1. Female Description
  - 1.1.2. Male Description
- 1.2. Histology of the Genital and Breast Organs
  - 1.2.1. Histological Description
- 1.3. Introduction to the Cellular and Genetic Basis of Female Gametogenesis
  - 1.3.1. Cellular and Genetic Description
- 1.4. Basis of Reproductive Endocrinology
  - 1.4.1. Reproductive Hormonal Process
- 1.5. The Acquisition of Sex
  - 1.5.1. Sexual Differentiation
- 1.6. Female Physiology
  - 1.6.1. Ovarian Cycle
  - 1.6.2. Uterine Cycle
  - 1.6.3. Cycle and Physiology of the Vagina and Vulva
- 1.7. Male Physiology
  - 1.7.1. Testicles and Gametogenesis
  - 1.7.2. Testicular Functional Regulation
  - 1.7.3. Male Sex Accessory Glands
  - 1.7.4. Ejaculation. The Ejaculate and its Composition
- 1.8. Neurohormonal Regulation of Reproductive Function. The Hypothalamic-Pituitary-Gonadal Axis
  - 1.8.1. Hormonal Regulation Process
  - 1.8.2. Feedback
- 1.9. Puberty
  - 1.9.1. Concept
  - 1.9.2. Differentiation
- 1.10. Climacteric Physiology
  - 1.10.1. Chronology
  - 1.10.2. Phenomenology
  - 1.10.3. Mechanisms



- 1.11. Human Sexuality
  - 1.11.1. Sexual Physiology: Neuroendocrine and Psychological Aspects
- 1.12. Symptoms of Gynecopathies, Menstrual Symptoms:
  - 1.12.1. Terminology and General Considerations
  - 1.12.2. General Flow and its Treatments
- 1.13. Complementary Gynecological Examinations
  - 1.13.1. Cervical Cytology
  - 1.13.2. Speculoscopy
  - 1.13.3. Manual Vaginal Exploration
  - 1.13.4. Vaginal Exudate
  - 1.13.5. Colposcopy
  - 1.13.6. Hysteroscopy

#### Module 2. Gynecological Surgery

- 2.1. Gynecological Surgical Intervention
  - 2.1.1. Gynecological Surgery
  - 2.1.2. Breast Surgery
- 2.2. Hospitalized Gynecological Patient
  - 2.2.1. Preoperative Care
  - 2.2.2. Post-Operative Care
  - 2.2.3. Complications
- 2.3. Anesthesia in Gynecology
  - 2.3.1. Description of the Different Techniques
  - 2.3.2. Nursing Care
- 2.4. Endoscopic Surgery (Laparoscopy)
  - 2.4.1. Description
  - 2.4.2. Action Protocol
- 2.5. Endoscopic Surgery (Hysteroscopy)
  - 2.5.1. Description
  - 2.5.2. Action Protocol
- 2.6. Tubal Surgery
  - 2.6.1. Description
  - 2.6.2. Action Protocol

- 2.7. Robotic Surgery Applied to Gynecology
  - 2.7.1. Description
  - 2.7.2. Nursing Care

#### Module 3. Urinary Incontinence (UI)

- 3.1. Epidemiology of Urinary Incontinence
  - 3.1.1. Prevalence
  - 3.1.2. Incidence
- 3.2. Types of Urinary Incontinence
  - 3.2.1. Concept
  - 3.2.2. Classification
- 3.3. Assessment of Nursing in Urinary Incontinence
  - 3.3.1. Nursing Care Process
  - 3.3.2. Nursing Care
- 3.4. Treatment of Urinary Incontinence
  - 3.5.1. Non-Surgical Treatment
  - 3.5.2. Surgical Treatment
- 3.5. Prevention and Management of Urinary Incontinence in Women
  - 3.5.1. Education of Health



A unique, key, and decisive training experience to boost your professional development"



This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

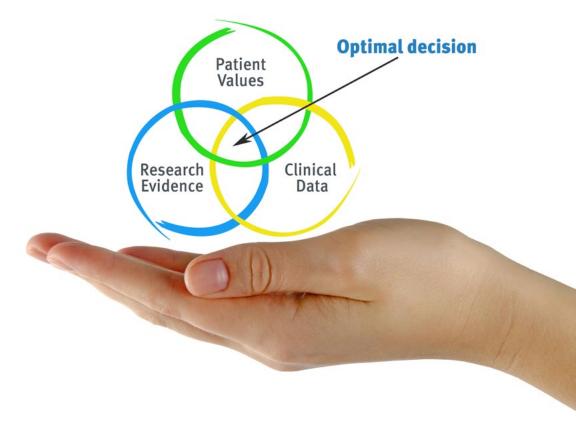


# tech 22 | Methodology

#### At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
- 2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





#### **Relearning Methodology**

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The nurse will learn through real cases and by solving complex situations in simulated learning environments.

These simulations are developed using state-of-the-art software to facilitate immersive learning.



## Methodology | 25 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### **Nursing Techniques and Procedures on Video**

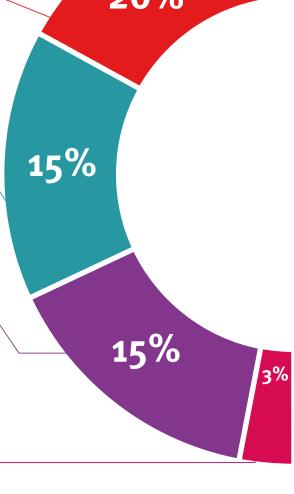
We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.



Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

#### **Testing & Retesting**



We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

#### Classes



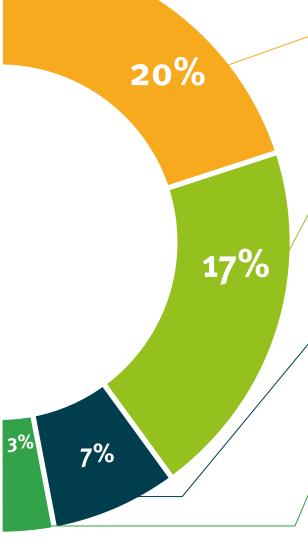
There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

#### **Quick Action Guides**



TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.







# tech 30 | Certificate

The Postgraduate Diploma in Gynecological Surgery and Urinary Incontinence for **Midwives** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding Postgraduate Diploma issued by TECH Technological University via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Diploma, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: Postgraduate Diploma in Gynecological Surgery and Urinary Incontinence for Midwives

Official No of hours: 475 h.



This is a qualification awarded by this University, equivalent to 475 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

June 17, 2020

<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

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