

Postgraduate Diploma

Drugs, Disease and Breastfeeding
for Nursing





Postgraduate Diploma

Drugs, Disease and Breastfeeding for Nursing

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Global University
- » Credits: 19 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/nursing/postgraduate-diploma/postgraduate-diploma-drugs-disease-breastfeeding-nursing

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01

Introduction

Breastfeeding is an essential process in raising a child. The work of nursing professionals includes encouraging and accompanying women in this process. Specific and complete knowledge regarding the use of pharmaceuticals is a fundamental competence for them. This course is the largest compendium of advances and updated knowledge in Drugs, Disease and Breastfeeding that will train you as an expert in this subject.





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All about the use of drugs and the approach to disease during breastfeeding with the security of the world's largest online university"

Breastfeeding provides significantly better protection than artificial feeding against diarrheal diseases and respiratory infections in children, the main causes of mortality in low-income populations. In 1993, WHO estimated that 1.5 million infant deaths could be prevented each year through effective breastfeeding. In addition, formula milk is not only expensive, but can be a risk factor for malnutrition, as some mothers may be tempted to dilute it or switch prematurely to other forms of feeding. On the other hand, in some high-income countries many mothers stop breastfeeding earlier than they wish; although about 80% of mothers decide to breastfeed when they give birth, only 36% continue six months after delivery. Many mothers stop breastfeeding because they have a mistaken perception that their milk does not nourish their newborn, they lose confidence in themselves and that they are producing enough milk for their child to be properly nourished.

In the last three decades, the low incidence and duration of breastfeeding have been recognized as a public health problem.

The European Action Plan for the protection, promotion and support of breastfeeding recognizes breastfeeding as a public health priority. Society suffers from the detriments of non-breastfeeding, since artificial breastfeeding means an increase in health care costs due to the greater disease associated with non-breastfeeding; the mother has a greater risk of postpartum hemorrhage, spinal and hip fracture after menopause, rheumatoid arthritis, uterine, breast and ovarian cancer, hypertension, anxiety and depression. The increased disease of non-breastfed infants and their mothers leads to an increase in absenteeism from work, and companies are also suffering from these effects. Breastfed children cause less expenses to their families, to society in medicines and use of health services and cause fewer losses due to absenteeism from work, and we must not forget that it saves natural resources, does not pollute the environment and does not need to spend on manufacturing, packaging or transportation.

This **Postgraduate Diploma in Drugs, Disease and Breastfeeding for Nursing** contains the most complete and up-to-date scientific program on the market. The most important features of the program include:

- ◆ The development of case studies presented by experts in Diseases and Breastfeeding.
- ◆ The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice.
- ◆ New developments on Diseases and Breastfeeding.
- ◆ Practical exercises where the self-assessment process can be carried out to improve learning.
- ◆ Emphasis on innovative methodologies in Disease and Breastfeeding.
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments.
- ◆ Content that is accessible from any fixed or portable device with an Internet connection.



A highly qualified course specifically designed to train you in this specific field of breastfeeding"

“

This Postgraduate Diploma may be the best investment you can make in the selection of a refresher program for two reasons: in addition to updating your knowledge in Drugs, Disease and Breastfeeding for Nursing, you will obtain a certificate from TECH Global University"

It includes in its teaching staff professionals belonging to the field of Drugs, Disease and Breastfeeding for Nursing, who pour into this specialization the experience of their work, in addition to recognized specialists belonging to reference societies and prestigious universities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive training program to train in real situations.

The program design is based on Problem-Based Learning, through which teachers must try to solve the different professional practice situations that arise throughout the course. For this, the student will be assisted by an innovative interactive video system developed by recognized experts in the field of Drugs, Disease and Breastfeeding for Nursing, and with extensive teaching experience.

A stimulating way of learning in which technological and audiovisual support will make the process stimulating and attractive.

Learn how to manage the use of drugs and in case of diseases during breastfeeding, with the most complete update of the online teaching market.



02 Objectives

The nursing professional will be able to learn in this very complete course everything related to breastfeeding in cases of disease and use of medications. A complete and efficient course that will allow you to acquire new skills with the ease of the best training technology of the moment.



“

This course is designed for you to achieve the best combination of effort and results in the shortest possible time with the sole objective: to propel you to excellence"



General Objectives

- ♦ Update knowledge in Breastfeeding.
- ♦ Promote work strategies based on a comprehensive approach to care for breastfeeding-conscious mothers as a reference model for achieving excellence in care.
- ♦ Encourage the learning of technical skills and abilities, through a powerful audiovisual system, and the possibility of development through online workshops for simulation and/or specific specialization.





Specific Objectives

- ◆ Know the existing Breastfeeding support resources.
- ◆ Know about medications and their relationship to Breastfeeding.
- ◆ Know which are the cases of contraindications for Breastfeeding.
- ◆ Learn the resources for Breastfeeding Support in cases of disease.
- ◆ Know when and how to inhibit Breastfeeding.

03

Course Management

The program includes in its teaching staff reference specialists in Drugs, Disease and Breastfeeding for Nursing, who pour into this specialization the experience of their work. In addition, other specialists of recognized prestige participate in its design and elaboration, completing the program in an interdisciplinary manner.





Learn from leading professionals, the latest advances in the field of the use of Drugs, Disease and Breastfeeding for Nursing"

Management



Dr. Rodríguez Díaz, Luciano

- ♦ Diploma in Nursing
- ♦ PhD from the University of Granada
- ♦ Midwife at the University Hospital of Ceuta
- ♦ Lecturer at the University Centre of Nursing of Ronda
- ♦ Lecturer in the Ceuta Midwifery Teaching Unit
- ♦ SEEUE obstetric-gynecologic emergencies group member.
- ♦ Responsible for Perinatal Health: Reproductive Sexual Health and Normal Childbirth of Ingesa.
- ♦ Member of the Clinical Commission for Research and Continuing Education of the University Hospital of Ceuta.
- ♦ Full member of the Institute of Ceuta Studies.
- ♦ Member of the Editorial Board of the European Journal of Health Research.
- ♦ Website: www.doctorluciano.es.



Dr. Vázquez Lara, Juana María

- ♦ Diploma in Nursing
- ♦ PhD from the University of Granada
- ♦ Nurse of the 061 of Ceuta
- ♦ Midwife in the Ceuta Health Area.
- ♦ Head of Studies of the Ceuta Midwifery Teaching Unit.
- ♦ Professor of the Ceuta Midwifery Teaching Unit
- ♦ Coordinator of SEEUE obstetric-gynecologic emergencies group.

Guest Director



Aguilar Ortega, Juana María

- ♦ Specialist Nursing Qualification in Pediatric Nursing from the Ministry of Culture, Education and Sports - 2016
- ♦ Master's Degree in Gender and Public Health, Rey Juan Carlos University - 2015
- ♦ Graduate in Nursing from Complutense University of Madrid - Spain
- ♦ Breastfeeding Nurse Coordinator at Hospital 12 de Octubre 2008 - currently
- ♦ Clinical practice tutor of Family and Community EIR Madrid. Since 2011 - currently
- ♦ Breastfeeding Nurse Coordinator at Hospital 12 de Octubre 2008

Coordination

Alcolea Flores, Silvia

- ♦ Midwife Ceuta University Hospital

Fernández, Francisco Javier

- ♦ Midwife Hospiten Hospital Estepona

Gilart Cantizano, Patricia

- ♦ Midwife Quirón Campo de Gibraltar Hospital

Gómez Losada, Patricia

- ♦ Midwife Quirón Campo de Gibraltar Hospital

Mérida Tellez, Beatriz

- ♦ Midwife Granada Hospital

Mohamed Mohamed, Dina

- ♦ Midwife Ceuta University Hospital

Palomo Gómez, Rocío

- ♦ Midwife Ceuta University Hospital

Rodríguez Díaz, David

- ♦ Nurse at La Candelaria Hospital in Tenerife

Vázquez Lara, Francisco

- ♦ Degree in Biology

Vázquez Lara, M^a Dolores

- ♦ Campo de Gibraltar Health Area Nurse

Professors

Armijo Navarro, Elena

- ♦ Midwife San Sebastián Hospital

Carrasco Guerrero, Manuel

- ♦ Midwife Ceuta University Hospital

De Dios Pérez, María Isabel

- ♦ Midwife. Ceuta University Hospital

De la Cabeza Molina Castillo, María

- ♦ Midwife Ceuta University Hospital

Del Pozo Álvarez, Lidia

- ♦ Midwife Ceuta University Hospital

Díaz Lozano, Paula

- ♦ Midwife Ceuta University Hospital

Gómez González, Irene

- ♦ Midwife Ceuta University Hospital

Gerbeau, Bettina

- ♦ Pediatric Assistant
- ♦ Trainings in child psychomotor skills and infant massage
- ♦ "Breastfeeding, preparation for the consulting profession" course of 200 hours + 50 hours of practice in maternity and pediatric practice in Paris, 2006-2007.
- ♦ Active member of the Breastfeeding Committee of the Hospital 12 de Octubre in Madrid.
- ♦ Founder of the CALMA breastfeeding association in 1988 in Barcelona.



Hachero Rodríguez, Carmen María

- ♦ Midwife Zaragoza Hospital

Martín Ansede, Esperanza

- ♦ Pediatric nurse. Ceuta University Hospital

Martínez Picón, Claudia

- ♦ Midwife Ceuta University Hospital

Martínez Hidalgo, Maria Victoria

- ♦ Specialist in Pediatric Nursing
- ♦ Master's Degree in Research Methodology in Health Care. Complutense University, Madrid. 2013.
- ♦ Master's Degree in Quality Management ISO 9001:2008 and Internal Auditor. European Quality Formation. 2012.
- ♦ Supervisor of Hemato-Oncology Units and Pediatric Day Hospital. Jiménez Díaz foundation 12 de Octubre. Since July 2012
- ♦ Neonatology Unit Nurse Assistant at the 12 de Octubre Hospital.
- ♦ Neonatology Unit Nurse Responsible for Formation of the at the 12 de Octubre Hospital.

Miquelajáuregui Espinosa, Araceli

- ♦ Midwife Ceuta University Hospital

Mohamed Mohamed, Dina

- ♦ Midwife. Ceuta University Hospital

Ortega del Valle, Silvia

- ♦ Midwife Ceuta University Hospital

Revidiego Pérez, María Dolores

- ♦ Midwife Quirón Campo de Gibraltar Hospital

Rojas Carmona, Belén

- ♦ Midwife Ceuta University Hospital

Santos Bermúdez de Castro, Mónica

- ♦ Pediatric nurse specialist via EIR (2018-2020).
- ♦ University Expert in Nursing in Out-of-Hospital Emergencies CEU Cardenal Herrera University (2015-2016)
- ♦ Nursing Degree San Pablo CEU University (2010-2014)
- ♦ Breastfeeding Nurse Coordinator at 12 de Octubre Hospital 2021
- ♦ Breastfeeding Nurse Coordinator at 12 de Octubre Hospital 2018 - 2020
- ♦ Neonatal and Pediatric ICU Nurse HM Puerta del Sur Hospital, Móstoles 2015 - 2017

04

Structure and Content

The structure of the contents has been designed by a team of professionals from the best educational centers, universities and companies in the national territory, aware of the relevance of current specialization in order to intervene in the specialization and accompaniment of students, and committed to quality teaching through new educational technologies.





“

A high level teaching syllabus that will enable you to master the use of drugs during breastfeeding”

Module 1. Associations of Breastfeeding Initiatives and Legislation

- 1.1. Support Groups
 - 1.1.1. Concept
 - 1.1.2. Different Support Groups
- 1.2. Breastfeeding Consultants
 - 1.2.1. Consultants Concept
 - 1.2.2. Consultant Functions
- 1.3. Innocenti Declaration
 - 1.3.1. Protecting Breastfeeding Worldwide
 - 1.3.2. Protection Treaty
- 1.4. WHO Baby-Friendly Hospital Initiative (BFHI)
 - 1.4.1. Characteristics of the Initiative
 - 1.4.2. Objectives to Achieve
- 1.5. Legislation for the Protection of Breastfeeding
 - 1.5.1. Current Legislation
 - 1.5.2. Rights and Responsibilities
- 1.6. Recommended Websites
 - 1.6.1. Online Consultations
 - 1.6.2. Web Credibility

Module 2. Diseases and Breastfeeding

- 2.1. Concept
 - 2.1.1. Definition of Diseases and Breastfeeding
 - 2.1.2. Performance
- 2.2. Absolute and False Contraindications
 - 2.2.1. Contraindications
 - 2.2.2. False Myths
- 2.3. HIV and Breastfeeding
 - 2.3.1. Concept.
 - 2.3.2. Indications for Breastfeeding
- 2.4. Hepatitis and Breastfeeding
 - 2.4.1. Concept.
 - 2.4.2. Indications for Breastfeeding
- 2.5. Oncological Processes and Breastfeeding
 - 2.5.1. Cancer and Breastfeeding
 - 2.5.2. Indications for Oncologic Process and Breastfeeding Mother
- 2.6. Special Situations in the Newborn that make Breastfeeding Difficult
 - 2.6.1. Newborn in Special Situations
 - 2.6.2. Mechanisms for Adapting to Special Situations and Breastfeeding
- 2.7. How to Promote Breastfeeding in Maternal-Fetal Conditions
 - 2.7.1. Concept.
 - 2.7.2. Encourage Breastfeeding In Situ



Module 3. Maternal Inhibition or Weaning

- 3.1. Concept and Types
 - 3.1.1. Types of Inhibition
 - 3.1.2. Mechanism for Progressive Weaning
- 3.2. Physiology of Breastfeeding Inhibition
 - 3.2.1. Physiology of Inhibition
 - 3.2.2. Indications to Inhibit Breastfeeding
- 3.3. Ways to Speed Up Weaning
 - 3.3.1. How and When to Wean
 - 3.3.2. How to Start Progressive Weaning
- 3.4. Prolonged Breastfeeding
 - 3.4.1. Concept
 - 3.4.2. Benefits and Detriments
- 3.5. Medications Associated with Breastfeeding Inhibition
 - 3.5.1. Medication for Inhibition
 - 3.5.2. Indications.
- 3.6. Entering the Labor Market
 - 3.6.1. Stressful Situation on Incorporation
 - 3.6.2. Advice and Assistance

“A unique, key and decisive training experience to boost your professional development”

05

Methodology

This training provides you with a different way of learning. Our methodology uses a cyclical learning approach: ***Re-learning***.

This teaching system is used in the most prestigious medical schools in the world, and major publications such as the ***New England Journal of Medicine*** have considered it to be one of the most effective.



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Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given clinical situation, what would you do? Throughout the program, you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the university program.



Re-learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success, in all specialties regardless of from the workload. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Re-learning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



In this program you will have access to the best educational material, prepared with you in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current nursing procedures and techniques. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Re-Testing

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence in our difficult future decisions.



Quick Action Guides

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.



06 Certificate

The Postgraduate Diploma in Drugs, Disease and Breastfeeding for Nursing guarantees, in addition to the most rigorous and up-to-date specialization, access to a certificate issued by TECH Global University.



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Successfully complete this specialisation and receive your certificate without travel or laborious paperwork”

This private qualification will allow you to obtain a **Postgraduate Diploma in Drugs, Disease and Breastfeeding for Nursing** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

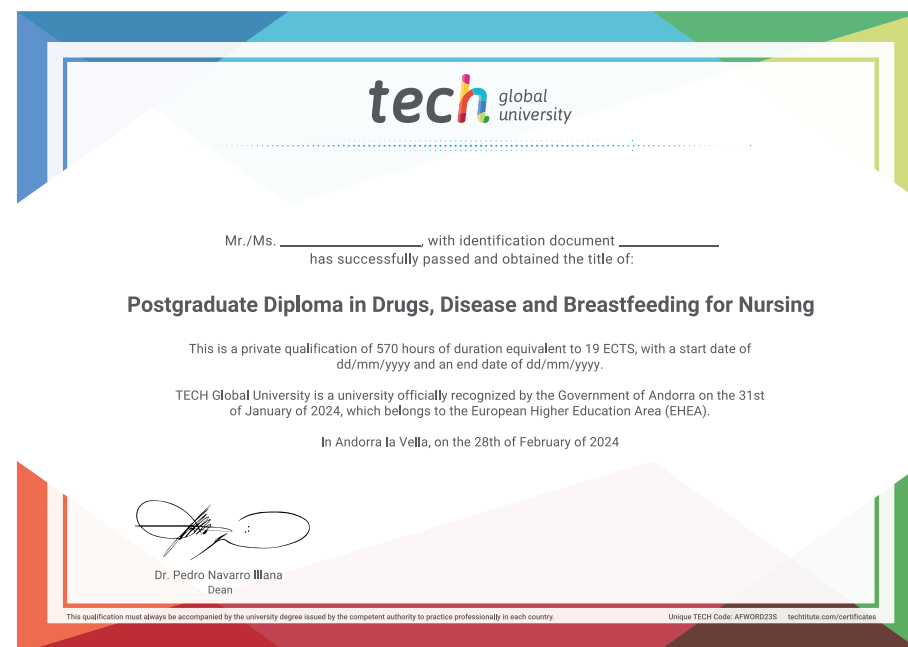
This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Diploma in Drugs, Disease and Breastfeeding for Nursing**

Modality: **online**

Duration: **6 months**

Accreditation: **19 ECTS**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
online training
development language
classroom



Postgraduate Diploma

Drugs, Disease
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