

# Postgraduate Diploma

## Dermatological and Other Applications of Phytotherapy





## Postgraduate Diploma Dermatological and Other Applications Of Phytotherapy

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Global University
- » Credits: 19 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/nursing/postgraduate-diploma/postgraduate-diploma-dermatological-other-applications-phytotherapy](http://www.techtute.com/us/nursing/postgraduate-diploma/postgraduate-diploma-dermatological-other-applications-phytotherapy)

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# 01

# Introduction

Phytotherapy has achieved developments of great importance and quality in the area of dermatology. Nurses working in this area need to master the advances in techniques and products and the possibilities of other Phytotherapy uses to safely and successfully intervene when necessary. Gain access to all the advances in this area in this high-intensity specialization supported by scientific evidence.



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*A program developed to offer nursing professionals the support of the most advanced knowledge in dermatology and other applications of interest”*

At present there is a scientific basis that supports the efficacy of many phytotherapeutic products for certain conditions. Phytotherapy should be used in therapeutics to deal with the situations it has proven to be useful and safe.

For phytotherapeutics to be effective, the proper preparations must be made, both in terms of indications and form of administration.

This program offers a current vision of Phytotherapy and its application in the health field, including the latest contributions and advances. The contents are guaranteed by the teaching staff on the Postgraduate Diploma, since they have all worked in the field of Phytotherapy, or in a related one, in some way, shape or form. Thus, students will learn based on our professors' experience and on evidence-based medicine, resulting in an effective and precise specialization for students. Given, on the one hand, that different university programs generally lack a deep and continuous updated training program on Phytotherapy; and, on other other, that current health trends lean toward safe and effective natural remedies, students must be offered the possibility of expanding their knowledge and therapeutic skills with greater training in the use of medical plants, both from a professional and academic perspective so as to prepare themselves for the future in the field.



*The latest advances applications in dermatology and other related areas, based on the latest scientific evidence for the most advanced nursing professional"*

The **Postgraduate Diploma in Dermatological and Other Applications of Phytotherapy** comprises the most comprehensive and up-to-date scientific program on the market.

The most important features include:

- ◆ The latest technology in online teaching software
- ◆ A highly visual teaching system, supported by graphic and schematic contents that are easy to assimilate and understand
- ◆ Practical cases presented by practicing experts
- ◆ State-of-the-art interactive video systems
- ◆ Teaching supported by telepractice
- ◆ Continuous updating and recycling systems
- ◆ Autonomous learning: full compatibility with other occupations
- ◆ Practical exercises for self-evaluation and learning verification
- ◆ Support groups and educational synergies: questions to the expert, debate and knowledge forums
- ◆ Communication with the teacher and individual reflection work
- ◆ Content that is accessible from any fixed or portable device with an Internet connection
- ◆ Supplementary documentation databases are permanently available, even after the course

“ *A specific specialization for nurses that will allow you to fully and successfully apply the latest work methods in Phytotherapy applied to dermatology*”

Our teaching staff is made up of working specialists. In this way, we ensure that we provide you with the training update we are aiming for. A multidisciplinary team of doctors trained and experienced in different environments, who will develop the theoretical knowledge in an efficient way, but, above all, will bring their practical knowledge derived from their own experience to this course: one of the differential qualities of this training.

This mastery of the subject is complemented by the effectiveness of the methodology used in the design of this Postgraduate Certificate. Developed by a multidisciplinary team of *e-learning* experts, it integrates the latest advances in educational technology. In this way, you will be able to study with a range of easy-to-use and versatile multimedia tools that will give you the necessary skills you need for your specialization.

The design of this program is based on Problem-Based Learning: an approach that conceives learning as a highly practical process. To achieve this remotely, we will use telepractice: With the help of an innovative interactive video system, and learning from an expert, you will be able to acquire the knowledge as if you were actually dealing with the scenario you are learning about. A concept that will allow you to integrate and fix learning in a more realistic and permanent way.

*With a methodological design based on proven teaching techniques, this Postgraduate Diploma will take you through different teaching approaches to allow you to learn in a dynamic and effective way.*

*It includes clinical cases to bring the program as close as possible to the reality of health care practice.*



# 02 Objectives

This Postgraduate Diploma will allow nurses to define the limits of Phytotherapy so as to manage it safely with patients by making the appropriate decisions to use it in a preventive and therapeutic way.





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*The objective of this specialization is to offer nurses a compendium of knowledge focused on the practice that will allow them to support the well-being of patients through Phytotherapy”*



## General Objectives

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- Define the therapeutic limits of Phytotherapy and identify the cases in which it can be used safely
- Describe the use of Phytotherapy oriented to the satisfaction of the needs derived from the patient's health problems and the prevention of complications, guaranteeing a safe and quality practice
- Solve cases related to the field of phytotherapy
- Explain the use and indication of medical devices, food supplements and/or drugs, assessing the expected benefits and associated risks
- Apply theoretical knowledge in daily practice



*Include among your skills the care of dermatological conditions from phytotherapy, which only the most up-to-date nurses can offer to their patients. Don't miss out"*





## Specific Objectives

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- ◆ Define what a drug is and distinguish it from an active ingredient
- ◆ Explain the protocols for drug recognition
- ◆ Define the main chemical groups of active ingredients, which are responsible for the activity of drugs and by extension of plants
- ◆ Explain techniques for the cultivation, collection, processing and conservation of medicinal plants
- ◆ Identify botanical nomenclature and species citation
- ◆ Classify plant groups according to current regulations
- ◆ Define the medicinal utility of mushrooms
- ◆ Explain the legislation and regulation in relation to Phytotherapy
- ◆ Explain the application of the magistral formulation in Phytotherapy
- ◆ Explain the industrial processing of herbal medicines
- ◆ Define the main groups and properties in relation to the active ingredients
- ◆ Define the therapeutic application of phenols, flavonoids, tannins, isoprenoids, resins, alkaloids and other products
- ◆ Describe Phytotherapeutic treatments and therapeutic limits in skin conditions
- ◆ Describe the Phytotherapeutic treatments and therapeutic limits in scalp disorders
- ◆ Explain the relationship between cosmetics and Phytotherapy and their application
- ◆ Define the therapeutic limits of aromatherapy, its application and associated risks
- ◆ Explain the activity of medicinal plants on the immune system and their possible application in certain pathologies related to the immune system
- ◆ Define the application of Phytotherapy in pathologies of the sense organs

03

# Course Management

For our course to be of the highest quality, we are proud to work with a teaching staff of the highest level, chosen for their proven track record. Professionals from different areas and fields of expertise that make up a complete, multidisciplinary team. A unique opportunity to learn from the best.



A close-up photograph of human skin, showing a red, irritated area with small bumps, likely a rash or allergic reaction. The skin is light-toned, and the redness is concentrated in the lower right quadrant of the image. The background is a dark teal color with a diagonal split.

“

*With the expertise of industry professionals who will teach you based on the reality of the sector in a contextual and realistic learning experience”*

## Professors

### Dr. Acero de Mesa, Nuria

- ♦ Doctor of Pharmacy
- ♦ Titular Professor Department of Pharmaceutical and Health Sciences
- ♦ Faculty of Pharmacy CEU San Pablo University

### Dr. Allué Creus, Josep

- ♦ Doctor of Pharmacy
- ♦ Titular Professor Department of Animal Biology, Plant Biology and Ecology
- ♦ Autonomous University of Barcelona

### Ms. Alonso Osorio, María José

- ♦ Specialist in Galenic and Industrial Pharmacy
- ♦ Postgraduate Diploma Degree in Advances in Phytotherapy Applied from the University of Montpellier
- ♦ Member of Medicinal Plants and Homeopathy, College of Pharmacists of Barcelona

### Mr. Bachiller Rodríguez, Luis Ignacio

- ♦ Degree in Medicine and Surgery
- ♦ University Postgraduate Diploma Degree in Advances in Phytotherapy Applied and Medicinal Plants from the University of Montpellier
- ♦ President of the Asturian Society of Advances in Phytotherapy Applied

### Dr. Balaguer Fernández, Cristina

- ♦ Doctor of Pharmacy
- ♦ Assistant Professor, Department of Pharmacy
- ♦ Faculty of Health Sciences CEU Cardenal Herrera University

### Dr. Bejarano, María

- ♦ Doctor of Pharmacy
- ♦ Pharmacist in pharmacy office

### Dr. Beltrán Montalbán, Estanislao

- ♦ Doctor of Medicine
- ♦ Specialist in obstetrics and gynecology

### Dr. Beltrán Sanz, Vicente

- ♦ Doctor of Pharmacy
- ♦ Pharmacy office holder

### Dr. Blanquer Hernández, Antonio

- ♦ PhD in Biology
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- ♦ Faculty of Health Sciences CEU Cardenal Herrera University

### Ms. Buendía Sánchez, Esmeralda

- ♦ Technical Pharmaceutical Director
- ♦ Arkopharma Laboratories

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- ♦ Faculty of Health Sciences CEU Cardenal Herrera University
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- ♦ Professor, Department of Pharmacology
- ♦ Faculty of Pharmacy Complutense University of Madrid

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- ♦ PhD in Pharmacy, cosmetologist
- ♦ Founder of Twelve Beauty

**Dr. D'ivernois Rodríguez, Araceli**

- ♦ Degree in Pharmacy
- ♦ Technical Director, Drug Information Center
- ♦ Illustrious Official College of Pharmacists of Castellón

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- ♦ Doctor of Pharmacy
- ♦ Full Professor, Department of Biomedical Sciences
- ♦ Faculty of Health Sciences, CEU Cardenal Herrera University

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- ♦ Degree in Pharmacy
- ♦ Member of the Very Illustrious Official College of Pharmacists of Valencia

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- ♦ Doctor of Pharmacy
- ♦ Pharmacist in pharmacy office

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- ♦ Doctor of Pharmacy
- ♦ Professor of Pharmacy Department of Pharmacology
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**Dr. González Rosende, Eugenia**

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- ♦ PhD in Biology
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- ♦ Member of the research group Plant Bioactive Principles

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- ♦ Specialist Pharmacist in Hospital Pharmacy Specialist in Industrial and Galenic Pharmacy
- ♦ Head of Pharmacy Section at Consellería de Sanidad
- ♦ Valencian Community

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- ♦ Faculty of Health Sciences San Jorge University of Zaragoza

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- ♦ Faculty of Pharmacy University of Valencia

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- ♦ University Professor, Department of Pharmacy
- ♦ Faculty of Health Sciences CEU Cardenal Herrera University

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- ♦ Degree in Medicine and Surgery
- ♦ Secretary of the Working Group on Advances in Phytotherapy Applied SEMERGEN

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- ◆ Doctor of Pharmacy
- ◆ Pharmacist in pharmacy office

**Ms. Reigada Ocaña, Inés**

- ◆ Degree in Pharmacy
- ◆ Researcher at the University of Helsinki

**Dr. Merino Llorens, Jose Luis**

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- ◆ Professor of Pharmacology, Department of Pharmacology
- ◆ Faculty of Pharmacy University of Valencia

**Dr. Rodilla Alama, Vicente**

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- ◆ Faculty of Health Sciences CEU Cardenal Herrera University

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- ◆ PhD in Biochemistry
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**Dr. Soriano Guarinos, Pilar**

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**Ms. Tejerina, Eva**

- ◆ Senior Consultant
- ◆ Apdena Consult S.L

**Dr. Villagrasa, Victoria**

- ◆ Doctor of Pharmacy
- ◆ Full Professor, Department of Pharmacy. Faculty of Health Sciences CEU Cardenal Herrera University



*An impressive teaching staff, made up of professionals from different areas of expertise, will be your teachers during your training: a unique opportunity not to be missed"*

# 04

# Structure and Content

The contents have been developed by the different experts on this course, with a clear purpose: to ensure that our students acquire each and every one of the necessary skills to become true experts in this field.

A complete and well-structured program that will take you to the highest standards of quality and success. Expert patients participate in the preparation of the program, which adds a very original and close perspective, with real cases and situations that are not only clinical but also social. It has a holistic perspective, not just a medical one, making it of interest to healthcare professionals of any kind.



“

*All the applications of Phytotherapy in dermatological conditions, among others, in a complete and up-to-date compendium”*

## Module 1. Phytotherapy and Herbal Medicines

- 1.1. Phytotherapy: Definition and Scope of Use
- 1.2. Botanical Nomenclature and the Citation of Species in Phytotherapy
- 1.3. Current Classification of Plant Groups
- 1.4. Legislation and Registration of Herbal Medicines in Spain
- 1.5. Regulation of the European Market for Medicinal Herbal Preparations: Legal Regulations and Scope of Application
- 1.6. Cultivation, Collection, Processing and Preservation of Medicinal Plants
- 1.7. Plant-Based Drugs: Impact of Drug Recognition on the Quality of Phytotherapeutic Products
- 1.8. Mushrooms with Medicinal Utility

## Module 2. Active Plant Ingredients, Pharmaceutical Forms and Galenic Preparations

- 2.1. Active Ingredients: Main Groups and Properties, as a Basis that Justifies the use of Phytotherapy
- 2.2. Carbohydrates, Lipids, Proteins, and Sulfocyanogenetic Heterosides and their Therapeutic Application
- 2.3. Simple Phenols, Coumarins and Lignans and their therapeutic application
- 2.4. Flavonoids and their Therapeutic Application
- 2.5. Tannins and Quinones and their Application
- 2.6. Isoprenoids, Saponins and Cardiotonic Heterosides and their Application
- 2.7. Resins and their Application
- 2.8. Alkaloids and their Application
- 2.9. Magistral Formulation in Phytotherapy
- 2.10. Other Pharmaceutical Forms in Phytotherapy
- 2.11. Industrial Processing of Herbal Medicines



### Module 3. Dermatological Phytotherapy

- 3.1. Phytotherapy for Infectious Skin Diseases
- 3.2. Phytotherapy for Allergic Skin Diseases
- 3.3. Cosmetics and Phytotherapy
- 3.4. Phytotherapy in Autoimmune Skin Diseases: Vitiligo and Psoriasis
- 3.5. Phytotherapy for Scalp Disorders

### Module 4. Other Phytotherapy Applications: Immunomodulatory Phytotherapy, Phytotherapy for Sensory Organ Pathologies, Phytotherapy for Parasitic Diseases and Aromatherapy

- 4.1. Aromatherapy
- 4.2. Uses and Limitations of Aromatherapy
- 4.3. Immunostimulant Plants
- 4.4. Immunosuppressive Plants
- 4.5. Phytotherapy for the Most Frequent Conditions of the Anterior Part of the Eye
- 4.6. Phytotherapy in Otological Affections
- 4.7. Vermifuge Medicinal Plants
- 4.8. Phytotherapy for the Treatment of other Parasitic Infections

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*The knowledge necessary for nursing professionals to acquire the practical skills of a specialist in Phytotherapy as applied to this field”*

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





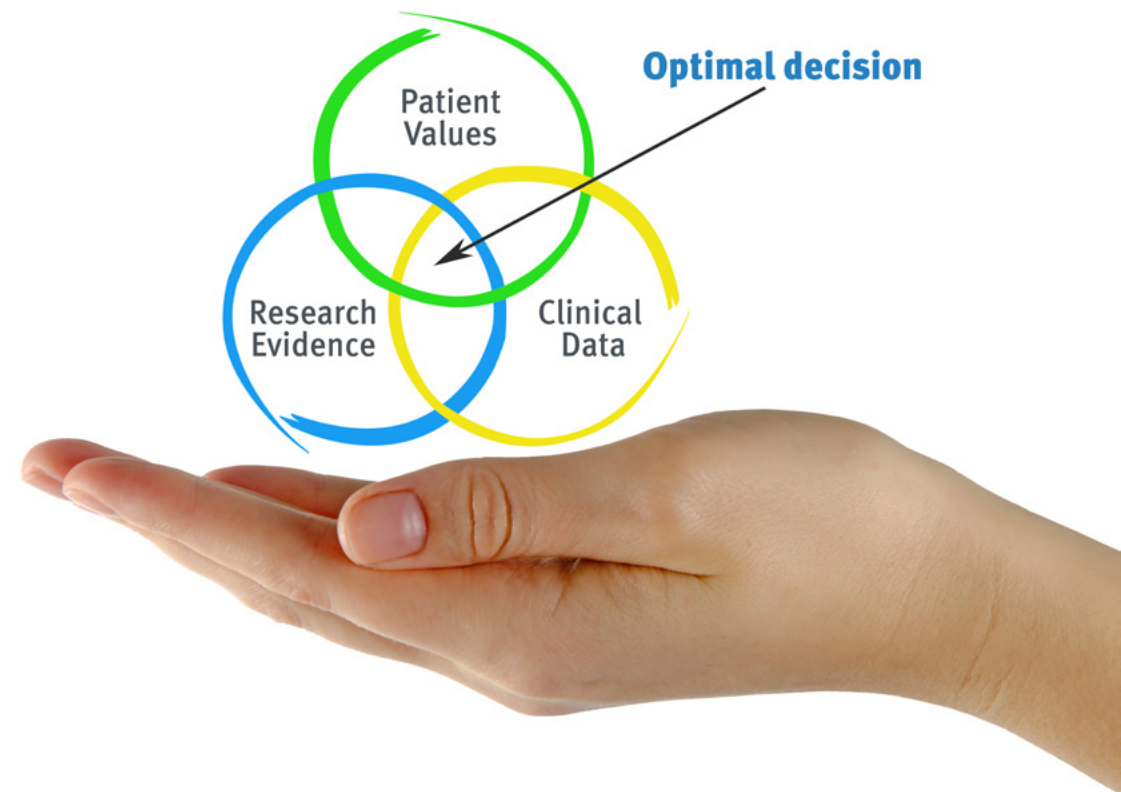
“

*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

*With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.



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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



*The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 06 Certificate

The Postgraduate Diploma in Dermatological and Other Applications of Phytotherapy guarantees students, in addition to the most rigorous and up-to-date training, access to a Postgraduate Diploma issued by TECH Global University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This private qualification will allow you to obtain a **Postgraduate Diploma in Dermatological and Other Applications of Phytotherapy** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

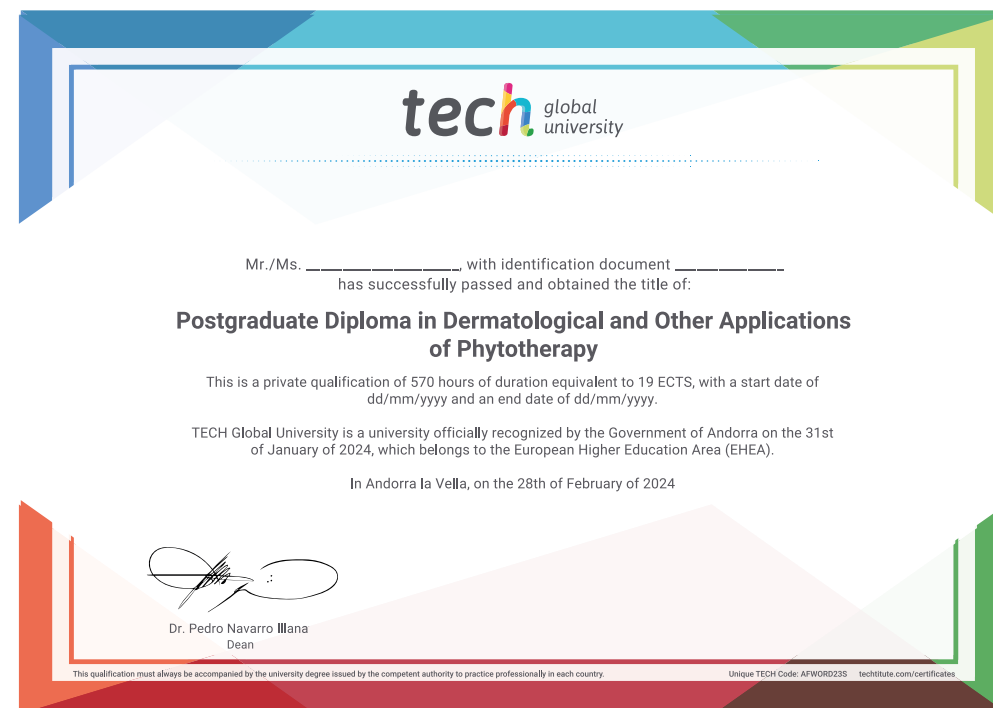
This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Diploma in Dermatological and Other Applications of Phytotherapy**

Modality: **online**

Duration: **6 months**

Accreditation: **19 ECTS**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.



health future  
confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
virtual classroom



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