

Postgraduate Certificate

Women's Health and Integrative Medicine for Nursing





Postgraduate Certificate Women's Health and Integrative Medicine for Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 8 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/nursing/postgraduate-certificate/womens-health-integrative-medicine-nursing

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01

Introduction

Candidiasis, cystitis, fibroids or polycystic ovaries are very common in women both during puberty and in adulthood. Address their painful symptoms from Integrative Medicine has managed to improve the quality of life of patients. In this sense, there are increasingly more health professionals who enter this specialty and apply it in their daily practice. Promote this knowledge update, TECH has designed this 100% online title, which will take you deeper into fertility support techniques, the most frequent illnesses in Gynecologist and their approach. All, in addition, with a theme prepared by authentic experts in this area and with a broad trayectory in the clinical and research field.





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A 100% online academic option, without face-to-face attendance or classes with fixed schedules. Suitable for professionals like you”

From the main pathologies linked to Gynecology, to the treatments to be able to conceive, to the obstacles to achieve an embarrassment, to Menopausia, Integrative Medicine has demonstrated its effectiveness focusing on the care of sexual and reproductive health, nutrition and habits healthy.

The latest clinical advances in this field have boosted this specialty, where there is also a growing interest on the part of nursing professionals. Therefore, to promote updating in Women's Health, TECH has created this university degree, delivered by an excellent team of specialists with a distinguished career in the clinical field.

An academic tour that will take the sanitary to carry out a visit every day in the different stages of the woman's physical development and the different gynecological illnesses, such as candidiasis, HPV infection, dysmenorrhea or endometriosis. Furthermore, the innovative teaching material will allow access in a much more attractive way to the most recent techniques used in the management of the main pathologies, such as: acupuncture, Balneotherapy or those used as a complement to IVF.

In this way, thanks to the *Relearning* method, based on the reiteration of content, the graduate will be able to reduce the long hours of study and focus on carrying out an effective day's work on key concepts

An excellent opportunity offered by this institution to be aware of the most recent developments in this health area, through a 100% online and flexible Postgraduate Certificate. You only need a computer, mobile phone or *tablet* with an internet connection to be able to view, at any time of the day, the agenda of this program. An ideal program for professionals who wish to combine their daily activities with a first-level qualification.

This **Postgraduate Certificate in Women's Health and Integrative Medicine for Nursing** contains the most complete and up-to-date scientific program on the market. Its most notable features are:

- ♦ Practical cases presented by experts in Integrative Health
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



You will be able to expand your skills in the clinical care provided to patients with fibroids or polycystic ovary syndromes"

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This university degree is designed for healthcare workers who want a quality update, compatible with their daily activities”

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

You will be able to stay up to date on the therapeutic procedures of the most frequent pathologies in Gynecology from Integrative Medicine.

Are you up to date on Wellness Therapy? This program brings you the most recent news about Supplementation, Body-Mind or Balneotherapy.



02

Objectives

Once this Postgraduate Certificate is completed, the healthcare professional will have updated the important advances that have been made by Integrative Medicine in improving Women's Health. Likewise, you will be able to increase your skills in advice and care from this specialty, thanks to the case studies provided by the teaching team that makes up this program.





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A 100% online Postgraduate Certificate that will give you a theoretical-practical perspective on Women's Health and Integrative Medicine for Nursing”



General Objectives

- ◆ Acquire the knowledge and skills required to assess the suitability of each discipline in the clinical setting, so as to provide quality care based on scientific evidence
- ◆ Update the knowledge of the Health Sciences professional in the various fields of Integrative Medicine
- ◆ Promote work strategies based on an integrative approach and multimodal rehabilitation as a reference model for achieving excellent care
- ◆ Promote the acquisition of technical skills and abilities through an effective multimedia system
- ◆ Encourage professional stimulation through continuous education and research





Specific Objectives

- ◆ Study the changes that women go through during puberty, their stage of fertility and pregnancy
- ◆ Understand the new challenges that women go through during maternity
- ◆ Review recurrent pathologies in gynecology such as candidiasis, polycystic ovarian syndrome and endometriosis



An academic journey that will allow you to be up to date on the techniques to support In Vitro Fertilization”

03

Course Management

This Postgraduate Certificate is taught by an excellent teaching team that has been selected by TECH based on their high level of competence in the field of Integrative Medicine and Gynecology. In this way, the Nursing professional will have access to up-to-date knowledge in this field and will be able to resolve any questions they may have about the content of this program, thanks to the human quality of the specialists who are part of this program.





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The teaching staff who teach this degree have extensive experience in Integrative Medicine and Gynecology. Access the most current information from the best specialists”

Management



Dr. Menassa, Alejandra

- Responsible for the Internal Medicine Area and the Mental Health Unit at the Integrative Medicine Clinic
- Head of the Nutritional and Dietary Fields, Clínica Medicina Health
- Attending Physician in the Internal Medicine service Emergencies in the Service at the 12 de Octubre University Hospital
- Member of the Psychoanalytical Medical Team of Grupo Cero Film Production Company
- Master's Degree in Evaluation of Bodily and Psychosocial Damage, European Institute Ministry of Health and Social Welfare
- Expert in Judicial Psychological Evaluation by the Instituto Superior de Psicología Alborán
- Expert in Ozone Therapy in Internal Medicine, University of Havana
- Vice of the Spanish Society of Integrative Health and Medicine (SESMI)
- Members Spanish Society of Internal Medicine (SEMI)



Dr. Rodríguez Picazo, Pedro

- Attachments Director, UME clinic
- Director Founder of Medintegra
- Health Coordinator at Colisée
- Doctorate in Health Sciences, University of Alicante
- Degree in in Nursing in Community Health from the University of Alicante
- University Specialist in Osteopathy, Kinesiology and Acupuncture by the University of Murcia.
- Master's Degree in Advanced Integrative Health and Medicine by TECH Universidad Tecnológica
- ARPN, Healthcare Services by the European University Miguel de Cervantes
- Members Editorial Board of the RS&MI Integrative Medicine Magazine, Board of Directors of the Spanish Health Society and Integrative Medicine, Member of the European Society of Integrative Medicine and Member of the Society of Integrative Oncology

Professors

Dr. Salgado, Carmen

- ♦ Naturopath, Director and Founder of the Herbarum Natura therapeutic center
- ♦ Member of the Department of Naturopathy of the Philippus Thuban Center for Higher Studies
- ♦ Graduate in Pharmacy from the Complutense University of Madrid
- ♦ Degree in Biochemistry and Molecular Biology
- ♦ Postgraduate Diploma in Naturopathy by the Escorial- María Cristina Royal University Center
- ♦ EXPERT's Degree in and Orthomolecular Medicine Nutrition by the French Association of Orthomolecular Medicine

Dña. Faulin, Ayla

- ♦ Head of the Department of Clinical Nursing Integrative Medicine
- ♦ Master in Evidence-Based Integrative Nutritional Supplementation from the School of Integrative Health
- ♦ Bachelor's Degree in Natural Therapies Cone specializing in in Naturopathy at Royal University Center Escorial - María Cristina
- ♦ Expert in Nutrition Applied to the Clinic by the School of Integrative Health

Dr. Cuevas, Manuela

- ♦ Homeopathic Gynecologist at the Manuela Cuevas Independent Clinic
- ♦ Degree in Medicine and Surgery, Autonomous University of Barcelona
- ♦ Master's Degree in Biopathology and Preventive Gynecology by the Autonomous University of Barcelona
- ♦ Postgraduate in Homeopathy from the School of Homeopathy of Mexico
- ♦ Postgraduate in Homeopathic Medicine from the Bosch i Gimpera Foundation
- ♦ Postgraduate in Jungian Therapy from the Spanish Society of Analytical Psychology
- ♦ Basic Kinesiology by IGEM
- ♦ Homeopathic Doctor at the Barcelona College of Physicians
- ♦ Specialist in Anthroposophical Medicine from the Goetheanum

Dr. Maroto, María Jose

- ♦ Head of the Department of degree in Aesthetic Medicine Integrative from Medicine Clinic(CMI)
- ♦ Degree in Medicine and Surgery from the University of Oviedo
- ♦ Specialist's Degree in Dietetics and Diet Therapy from the University of Navarra.
- ♦ Associate Member of of SEME
- ♦ Member of the Professional Union of Aesthetic Doctors and Surgeons
- ♦ Diploma in Homeopathy from the Spanish Center of Homeopathy Boiron
- ♦ Diploma in Dermocosmetics from the Complutense University of Madrid
- ♦ Advanced Specialization Course in Aesthetic Medicine by the Spanish School of Aesthetic Medicine

Dr. Lafaja Mazuecos, Juana

- ♦ Gynecologist at the private entity NG Clínicas Elche Alicante
- ♦ Gynecologist at the Perpetuo Socorro Clinic. Alicante, Spain
- ♦ Gynecologist at Vistahermosa Hospital. Alicante, Spain
- ♦ Gynecological in the Hospital Elche General University Hospital
- ♦ Degree in Medicine and Surgery from the University of Zaragoza
- ♦ Specialist in Gynecology and Obstetrics at Miguel Servet University Hospital Zaragoza, Spain
- ♦ Master's Degree in Clinical Medicine from the Camilo José Cela University Madrid, Spain

Ms. González Iñiguez, Mónica

- ♦ Nurse Expert in Natural Therapies
- ♦ Emergency Nurse at the General University Hospital of Elche.
- ♦ Acupuncturist at Vita Nova Clinic
- ♦ President of the Association of Natural and Energetic Therapies.
- ♦ Diploma university in Nursing from the University of Alicante

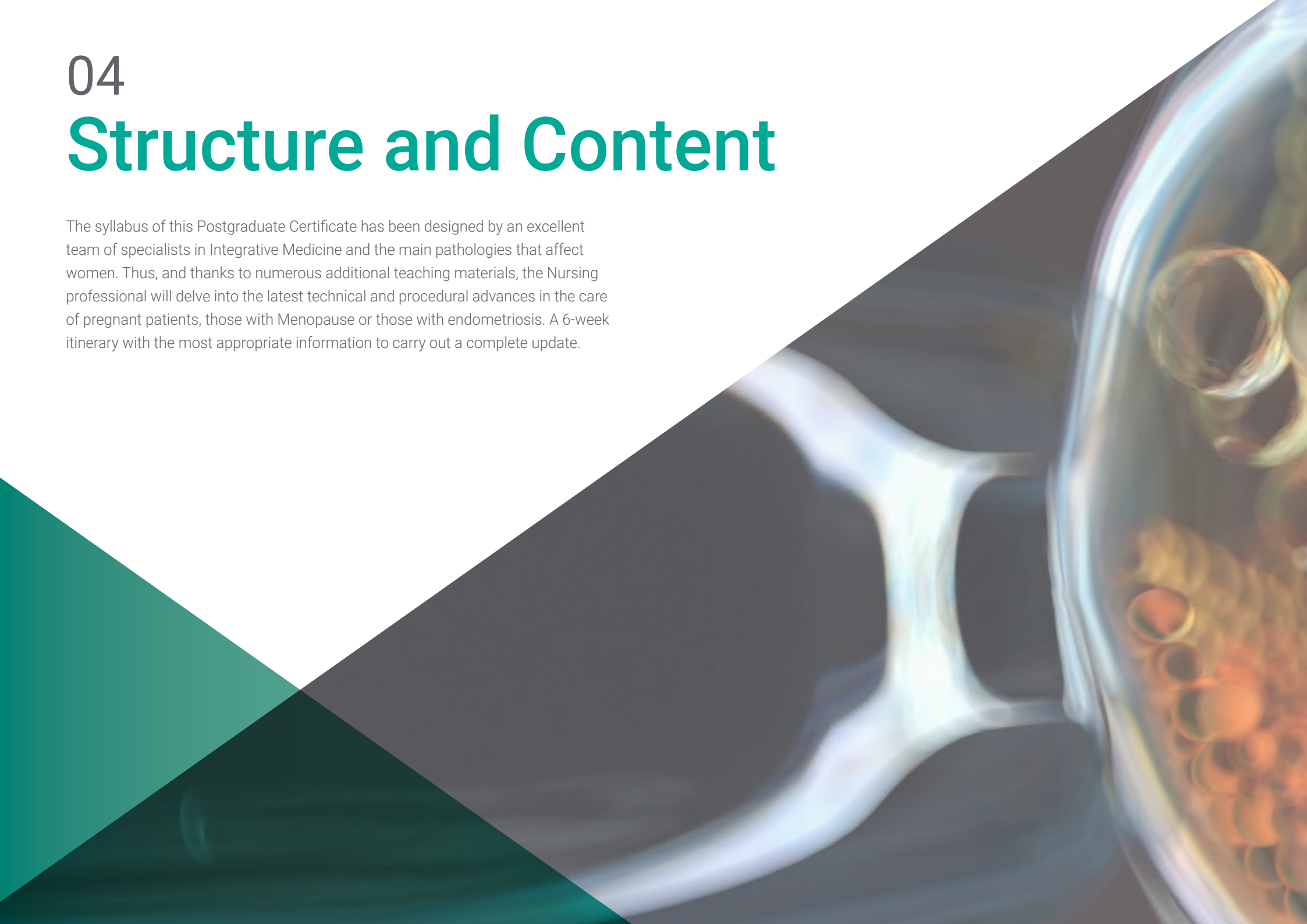
Dr. Enríquez, Alexandra

- ♦ Attending Physician at the Gynecology and Obstetrics Department of the Quirónsalud Hospital in Madrid
- ♦ Reference gynecologist at the Alborada Foundation. Madrid
- ♦ Operating Services Commissions in the Abdominal Organ Transplant Unit at the 12 de Octubre University Hospital
- ♦ Licenciada en Medicina por la Universidad del País Vasco/Euskal Herriko Unibertsitatea (UPV/EHU)
- ♦ Specialist in Obstetrics and Gynecology at of Salamanca University Hospital
- ♦ Diploma of higher studies in the Department of Human Anatomy and Histology from the University of Salamanca
- ♦ University Diploma in Breast Pathology-Senology from the University of Barcelona
- ♦ European Diploma in Operative Endoscopy in Gynecology from the University of Alcalá

04

Structure and Content

The syllabus of this Postgraduate Certificate has been designed by an excellent team of specialists in Integrative Medicine and the main pathologies that affect women. Thus, and thanks to numerous additional teaching materials, the Nursing professional will delve into the latest technical and procedural advances in the care of pregnant patients, those with Menopause or those with endometriosis. A 6-week itinerary with the most appropriate information to carry out a complete update.



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*The pedagogical resource library
will be available 24 hours a day for
you to access at your convenience”*

Module 1. Women's Health in Integrative Medicine

- 1.1. Puberty
- 1.2. Fertility and Pregnancy
 - 1.2.1. Motherhood and its Challenges. Feeding
 - 1.2.2. Complementary Techniques to Support IVF
 - 1.2.2.1. Acupuncture
 - 1.2.2.2. *Wellness Therapy* (Supplementation, Body-Mind, Balneotherapy, etc)
- 1.3. Recurring Diseases in Gynecology
 - 1.3.1. Candidiasis.
 - 1.3.2. Recurrent Cystitis
 - 1.3.3. Myomas
 - 1.3.4. Polycystic Ovary Syndrome
 - 1.3.5. Endometriosis
 - 1.3.6. HPV infection
 - 1.3.7. Dysmenorrhea, Premenstrual Syndrome and Premenstrual Dysphoric Disorder
 - 1.3.8. Fibrocystic Mastopathy
- 1.4. Menopause





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In just 6 weeks you will be up to date on the latest advances in the approach to Menopause through Integrative Medicine”

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: Relearning.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the New England Journal of Medicine have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06 Certificate

The Postgraduate Certificate in Women's Health and Integrative Medicine for Nursing guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This program will allow you to obtain your **Postgraduate Certificate in Women's Health and Integrative Medicine for Nursing** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Women's Health and Integrative Medicine for Nursing**

Modality: **online**

Duration: **6 weeks**

Accreditation: **8 ECTS**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
online
development languages
classroom



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