

# Postgraduate Certificate Social and Organizational Psychological Approach for Nurses





## Postgraduate Certificate Social and Organizational Psychological Approach for Nurses

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/pk/nursing/postgraduate-certificate/social-organizational-psychological-approach-nurses](http://www.techtute.com/pk/nursing/postgraduate-certificate/social-organizational-psychological-approach-nurses)

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# 01

# Introduction

In healthcare practice, it is common to encounter patients with negative behavior that hinders the work of healthcare professionals. In order to successfully deal with them, nurses must have the most updated intervention methods in Social Psychology, in order to understand their emotions and manage them properly to ensure their welfare during their hospital stay. For this reason, TECH has created this program, with which the student will master the avant-garde strategies to favor the modification of an inappropriate attitude or aggressive behavior. All this, with a 100% online methodology that will allow you to combine your learning with your personal life.



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*Through this course, you will master the most innovative strategies that favor the psychological approach in the social and organizational environment"*

Patients who are hospitalized in health facilities often have psychological situations that are complex for nurses to manage. The uncertainty of not knowing the extent of their pathology, not knowing when they will be able to return home and the fear of feeling vulnerable often lead them, to develop aggressive or defensive behaviors that make it impossible for doctors and nurses to perform their duties properly. Because of this, the latter are obliged to have skillful strategies in the approach of dealing with these patients to generate confidence in them and enable them to facilitate the performance of the tasks of health professionals.

Given this situation, TECH has promoted the design of this academic program, through which the student will acquire the most cutting-edge techniques of Social Psychology to modify the attitude and inappropriate behavior of these patients. This way, in just 6 weeks of learning, you will identify the different theoretical models in force in this discipline or adopt the most effective methods to encourage a change of attitude in a person, based on their own characteristics. In addition, you will handle the structural particularities of behaviors and analyze their impact on behavior.

Thanks to the 100% online methodology in which this Postgraduate Certificate is developed, the student will get the chance to achieve effective learning by managing at will of their own time. Likewise, you will have access to very complete didactic contents available in formats as varied as the explanatory video or readings, with the primary objective of TECH to adapt the teaching fully to your study preferences.

This **Postgraduate Certificate in Social and Organizational Psychological Approach for Nurses** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of practical case studies presented by experts in Mental Health for Nursing
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Detect, with this program, how the structural particularities of attitudes influence the behavior that a person develops"*

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*Access a study plan designed by the best specialists in Mental Health for Nursing, who will provide you with the best skills in the approach to the patient from a Social Psychology point of view"*

*The 100% online methodology of this program offers you the convenience of learning without having to leave your home.*

*This program will enable you to handle with ease the aggressive circumstances of a hospitalized patient.*

The program's teaching staff includes professionals from the field who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.



# 02 Objectives

This Postgraduate Certificate has been designed with the intention of providing the nurse with the most updated knowledge and skills in the approach to patients from the perspective of Social Psychology in order to optimize their treatment with them. Throughout this academic experience, you will master the main theoretical models of this discipline and will delve into the management of negative attitudes of patients, acquiring a valuable professional performance supported by the following general and specific objectives.







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*Develop your skills in dealing with patients from the perspective of Social Psychology to ensure their welfare during their hospital stay”*



## General Objectives

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- Explain the diagnosis, etiology, pathophysiology, and prevention of mental illness
- Identify risk factors for mental illness
- Identify signs and symptoms that indicate mental illness
- Develop techniques to explain and apply patient self-care to prevent mental health disorders



*Once this course is completed, you will have skills that will position you as a reference professional in the field of Mental Health for Nursing"*





## Specific Objectives

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- ◆ Define intervention techniques based on activation control
- ◆ Identify the perspectives of social psychology
- ◆ Explain social cognition and attribution processes
- ◆ Establish the structural characteristics and functions of attitudes
- ◆ analyze factors influencing the perception of people

03

# Course Management

Thanks to TECH's tireless commitment to raising the academic level of all its programs, this program is directed and taught by excellent professionals specialized in Mental Health for Nursing. These teachers are responsible for preparing all the teaching materials of this Postgraduate Certificate. Therefore, the contents to which the student will access will be fully applicable in their work experiences.



A close-up photograph of a woman's face, showing her eyes looking upwards and to the left, with her hand resting near her chin in a thoughtful pose. The image is partially obscured by a dark green diagonal overlay.

“

*Together with the best Mental Health professionals for Nursing, you will adopt the most useful and effective knowledge in Social Psychology"*

## Management



### Ms. Peña Granger, Mercedes

- Head of Adult Psychiatry Nursing Unit at General University Gregorio Marañón Hospital, Madrid
- EIR Mental Health Tutor in Multidisciplinary Teaching Unit at Gregorio Marañón General University Hospital, Madrid
- Associate Professor at the University of Comillas and the University of Rey Juan Carlos
- Graduate in Nursing from the Complutense University of Madrid
- Diploma in Nursing Psychosomatics from the Complutense University of Madrid
- Degree in Social and Cultural Anthropology from the Complutense University of Madrid
- Degree in Nursing from Rey Juan Carlos University
- Mental Health Specialist. Ministry of Health
- Master's Degree in the Humanization of Health Institutions from the European University of Madrid



### **Lozano Alonso, Raúl**

- ♦ Head of Nursing of the Drug Addiction Disorders Unit at Hestia Esquerdo Hospital
- ♦ President of the Madrid Association of Mental Health Nurses
- ♦ Professor at the University School of Nursing of the Red Cross from the Autonomous University of Madrid
- ♦ Personalized Trainer in MIR exams at CEMIR-Team POE
- ♦ Faculty member of Nus Agency
- ♦ Nursing Services in Quirónsalud
- ♦ Community Care Nurse in the Madrid Health Service (SERMAS)
- ♦ University Professor at Rey Juan Carlos University
- ♦ Assistant University Professor at the Autonomous University of Madrid
- ♦ Diploma in Nursing
- ♦ Specialist Nurse in Mental Health via EIR entrance exams
- ♦ Master's Degree in Nursing Sciences
- ♦ Master's Degree in Health Services Management and Telemedicine

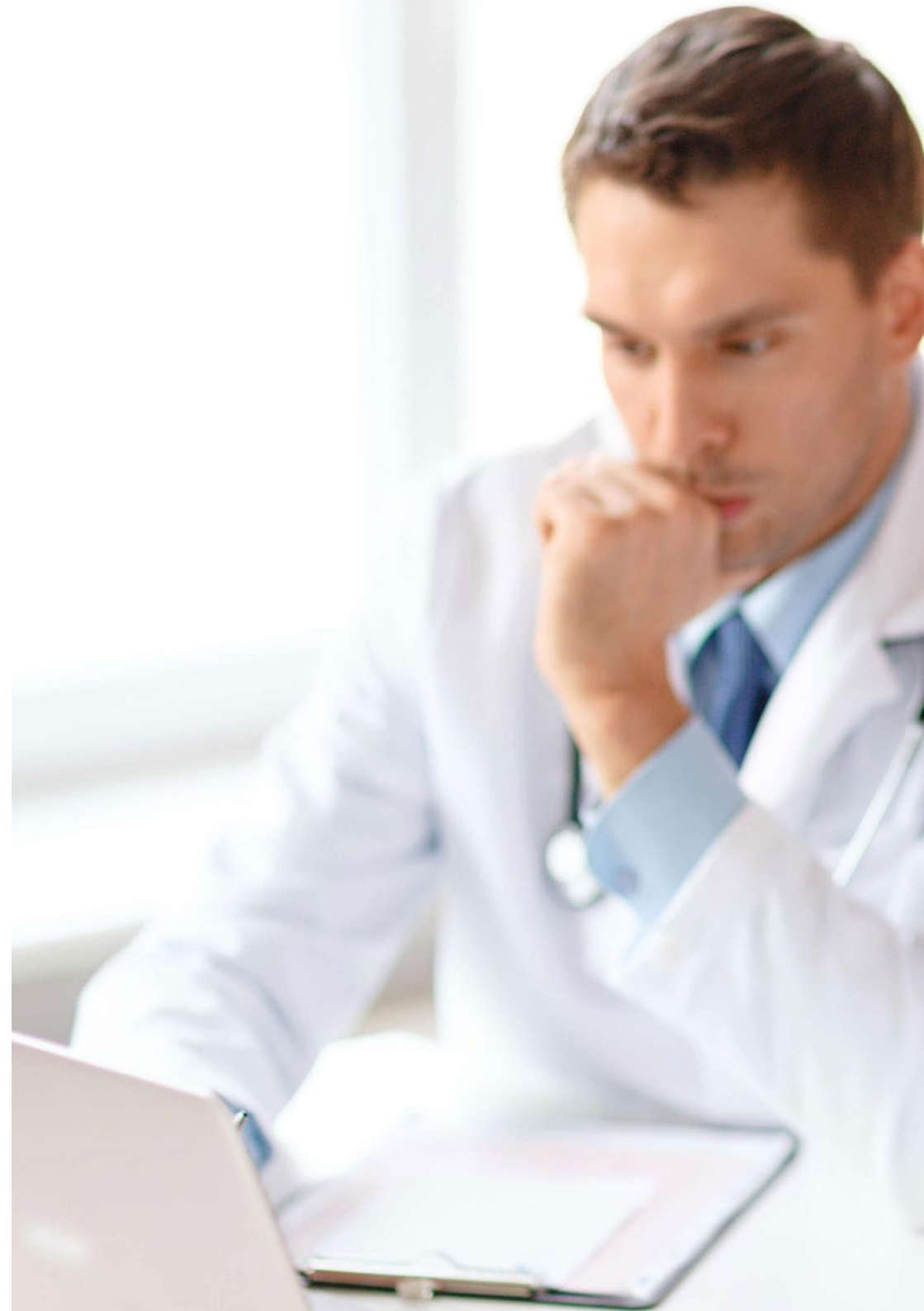
## Professors

### Ms. Cunillera Llorente, Alicia Hatshepsut

- ◆ Specialist Nurse in Mental Health
- ◆ Nurse of the Short Psychiatric Hospitalization Unit at the Gregorio Marañón General University Hospital, Madrid
- ◆ Nurse of the Food Disorders Unit at the Gregorio Marañón General University Hospital, Madrid
- ◆ Nurse from the Personality Disorders Unit at the PhD Rodríguez Lafora Hospital
- ◆ Speaker at congresses and conferences specialized in Mental Health
- ◆ Degree in Nursing from the Pontificia de Comillas University

### Ms. Borrego Espárrago, María Victoria

- ◆ Nursing Supervisor of in Hospitalization at the Ruber Juan Bravo Hospital Complex
- ◆ Nurse Mental Health Specialist at Sisters Hospitals of the Sacred Heart of Jesus
- ◆ Nursing Supervisor of the Psychosocial Rehabilitation Area at the San Miguel Clinic
- ◆ Author of numerous Specialized publications
- ◆ Diploma in Nursing from the Autonomous University of Madrid
- ◆ Diploma in Nursing by EUE Red Cross
- ◆ Postgraduate Diploma Degree in Health Services Management through the University CEU Cardenal Herrera
- ◆ Member of: Board of Directors of the Spanish Association of Nursing of Mental Health and Advisory Commission of Care of the Regional Office of the Community of Madrid







**Ms. González Palomar, María Esther**

- ◆ Head of the Nursing Unit of Adolescent Psychiatry at the Gregorio Marañón University General Hospital
- ◆ Postgraduate Certificate in Nursing from the Complutense University
- ◆ Postgraduate Certificate in Social Work at Complutense University
- ◆ Specialist in Mental Health Nursing
- ◆ University Diploma in Surgical Nursing
- ◆ University Diploma in Coronary Unit Nursing
- ◆ University Diploma in Psychiatric Nursing



*A unique, key, and decisive educational experience to boost your professional development"*

# 04

## Structure and Content

The curriculum of this academic program is composed of 1 module with which the student will master the most efficient techniques for the psychological social approach, taking into account the particularities of each person. All the teaching resources that you will get access to throughout this degree are available in different formats, such as the explanatory video, the complementary readings or the self-evaluation tests. This fact, combined with the 100% online methodology of this Postgraduate Certificate, will provide a completely enjoyable and individualized teaching.





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*The Relearning system that has this degree will allow you to achieve a tailor-made learning without strict time limitations"*

## Module 1. Social and Organizational Psychology Approach

- 1.1. Theoretical Models
  - 1.1.1 Historical Background
  - 1.1.2 Social Psychology Perspectives
  - 1.1.3 Psychoanalytical Orientation
  - 1.1.4 Gestalt School
  - 1.1.5 Cognitive Orientation
  - 1.1.6 Behaviorism
  - 1.1.7 Symbolic Interactionism
- 1.2. Social Cognition and Attribution Processes
  - 1.2.1 Social Cognition
  - 1.2.2 Attribution Processes
- 1.3. Attitudes
  - 1.3.1 Introduction
  - 1.3.2 Definition and Conceptual Distinctions
  - 1.3.3 Structural Characteristics of Attitudes
  - 1.3.4 Functions of Attitudes
  - 1.3.5 Effects of Attitudes on Behavior
  - 1.3.6 Attitude Change Strategies
  - 1.3.7 Social Media Influence
- 1.4. Social Interaction Processes
  - 1.4.1 Influencing Factors in People Perception
  - 1.4.2 Interpersonal Attraction
  - 1.4.3 Social Power
  - 1.4.4 Aggressive Behavior
  - 1.4.5 Behavioral Help
  - 1.4.6 Nonverbal Communication
  - 1.4.7 The Conflict





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*It has the most complete didactic contents on Social Psychological Approach and Organizations for Nursing, available in a wide range of textual and multimedia formats”*

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

*With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.



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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



*The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

# Certificate

The Postgraduate Certificate in Social and Organizational Psychological Approach for Nurses guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Social and Organizational Psychological Approach for Nurses** contains the most complete and up-to-date scientific program on the market. The most important features include:

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Social and Organizational Psychological Approach for Nurses**

Official N° of Hours: **100 hours**.



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.





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Psychological Approach  
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