

Postgraduate Certificate

Skin in the Elderly





Postgraduate Certificate Skin in the Elderly

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/pk/nursing/postgraduate-certificate/skin-elderly

Index

01

Introduction

p. 4

02

Objectives

p. 8

03

Course Management

p. 12

04

Structure and Content

p. 16

05

Methodology

p. 20

06

Certificate

p. 28

01

Introduction

The skin is the main defense against all kinds of harmful organisms such as bacteria or viruses, so proper skin care is essential to prevent possible infections. As a person gets older, their skin becomes weaker and more prone to different types of lesions. Nursing professionals caring for the elderly must know how to prevent and treat these conditions, in order to improve the patient's quality of life, which is why TECH has developed this complete program that leads them to improve their work methodology and, therefore, their own professional value.



“

By being an expert in all skin conditions in the elderly you will be able to become a nurse of higher prestige, with specialized care for each type of injury and circumstance”

Being one of the most important organs, skin care may not be given enough attention many times, especially in the case of elderly people. That is why the responsibility for monitoring, preventing and properly treating disorders of this organ falls most of the time on the nursing professional in charge of the care of the elderly.

Therefore, the nurse must be knowledgeable about the different ulcers and skin lesions that can affect the elderly, as well as being an expert in treating them to ensure proper healing.

The teaching staff assembled for this program has put all their efforts into focusing the students on the most cutting-edge skin care methodologies to ensure that elderly patients, who are especially vulnerable, get the best possible treatment from the professionals graduating from this program.

In addition, the 100% online nature of this training makes it the ideal option for the students to combine the professional improvement of this program with their own personal and work responsibilities.

This **Postgraduate Certificate in Skin in the Elderly** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ Case studies presented by experts in geriatric nursing
- ♦ Graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



This is the opportunity you've been waiting for to specialize in a highly demanded field of elder care and get the professional enhancement you crave"

“

Formalize your enrollment today in this TECH Postgraduate Certificate and don't wait any longer to give a quality boost to your nursing career with a unique knowledge in elder skin care”

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professionals with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professionals must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the students will be assisted by an innovative interactive video system created by renowned experts.

This Postgraduate Certificate will make a difference in your professional career by demonstrating your concern to continue growing personally and professionally.

Get a quality improvement in your work while contributing to the welfare of the elderly in your care.



02 Objectives

The objective of this Postgraduate Certificate is to train professionals in the field of nursing in all the circumstances surrounding skin care in the elderly, using a group of experts in this field that has developed a comprehensive educational program with which the student will achieve their most ambitious professional goals in a short space of time.



“

The entire professional team at TECH will be committed to helping you achieve your goals, offering you a specialization that will distinguish you as a great nurse reputed in the care of the elderly”



General Objectives

- Update the professional in nursing procedures and interventions for proper care of geriatric patients in the internal medicine hospitalization unit
- Acquire a series of skills aimed at improving the skills of nursing professionals dedicated to the geriatric field
- Provide the best treatments, from the nursing professional's point of view, for geriatric patients, taking into account the particularities of each case





Specific Objectives

- ◆ Developing proper skin care for the elderly
- ◆ Knowledge of the most common skin pathologies in this type of patient

“

Greatly improve your chances of professional growth by enrolling in this comprehensive TECH program that will provide you with unique expertise in the treatment of skin lesions in the elderly”

03

Course Management

The team of experts in charge of the development of this program in Skin in the Elderly has proven experience in the care of elderly people, an aspect that denotes the high quality of both theoretical and practical content that the students will find in this program. Thanks to contextual learning based on the latest educational trends, TECH makes sure that its students get the most out of teachings such as this program.



“

By becoming part of the TECH professional family you will not only be participating in a high quality educational program, but you will also weave professional contacts that will help you better position yourself in the elder care field”

Guest Director



Ms. Hernanz Borrego, Giovanna

- ◆ Head of Nursing Area of medical specialties (Geriatrics, Internal Medicine, Infectious Diseases Unit, Pneumology, Nephrology, Digestive, Neurology, Stroke and Hemodialysis Unit, Multipurpose Medical Day Hospital, Palliative Care Unit, Endoscopy, Home Hospitalization) of the General University Hospital Gregorio Marañón
- ◆ Collaboration as a teacher in the Master's Degree in Health Services Management for Nursing and Nursing Management at CEU Cardenal Herrera University
- ◆ University Diploma in Nursing from the Complutense University of Madrid
- ◆ Master's Degree in Nursing Direction and Management at CEU Cardenal Herrera University
- ◆ Active member of the Environmental Management Committee of the General University Hospital Gregorio Marañón
- ◆ Active member of the Functional Commission of Health Risks of the General University Hospital Gregorio Marañón

Management



Ms. Verano de la Torre, Marina

- ◆ Health Research Nurse - Jiménez Díaz Foundation University Hospital
- ◆ Teaching collaborator in seminars on Comprehensive Geriatric Assessment as part of the Nursing of the Elderly course at the Autonomous University of Madrid
- ◆ Lecturer in the course Update in Nursing Care for the Elderly at the Doctor Rodríguez Lafora Hospital
- ◆ Teacher in the psychogeriatrics course at Doctor Rodríguez Lafora Hospital: role of Nursing in active aging
- ◆ Degree in Nursing. Autonomous University of Madrid
- ◆ Specialist in Geriatric Nursing Ramón y Cajal Hospital Multidisciplinary Teaching Unit
- ◆ Nurse in the Traumatology, Urology and Thoracic Surgery Unit at Getafe University Hospital (Madrid)
- ◆ Nurse in Digestive Unit at Puerta de Hierro University Hospital (Madrid)

Professors

Ms. Veras Basora, Mally

- ◆ Fundación Alcorcón University Hospital. Nurse continuity of care - geriatrics
- ◆ Ramón y Cajal Hospital. Geriatric Service
- ◆ Foundation San José Institute: hospitalization
- ◆ Hospital Quirón San José: outpatients. S. emergency department (pediatrics/gynecology)
- ◆ Degree in Nursing (Complutense University of Madrid)
- ◆ Master's Degree in Integration of Care and Clinical Problem Solving in Nursing
- ◆ Geriatric Nurse Specialist. H. Ramón y Cajal

04

Structure and Content

This program is structured in such a way that the students acquire all the theoretical knowledge of the training in the most efficient way possible, supported by a large amount of audiovisual material that in addition to alleviating the teaching load helps to improve the understanding of all the theory taught. The precision of the teaching staff in the elaboration of each topic makes it much easier for the students to consult any kind of doubt during the course of the Postgraduate Certificate.





“

Enroll now in this Postgraduate Certificate in Skin in the Elderly and gain access to first class educational material, developed with your professional needs and the requirements of your most vulnerable patients in mind”

Module 1. Skin in the Elderly

- 1.1. Skin Organ Changes in Aging
- 1.2. Dependency-Related Injuries: Pressure Ulcers
- 1.3. Dependency-Related Injuries: Moisture-Associated Skin Damage (MASD)
- 1.4. Vascular Ulcers
- 1.5. Diabetic Foot
- 1.6. Kennedy's Ulcers
- 1.7. Scales for Assessing the Risk of Developing Dependency-Related Injuries
- 1.8. Treatment of Skin Injuries: Cures
- 1.9. Treatment of Skin Lesions: Pressure Relieving Surfaces
- 1.10. Care of the Elderly with Loss of Skin Integrity





“

By knowing in depth the changes in the skin once old age arrives, as well as the different types of lesions and corresponding treatments, you will be able to offer first class care to all your elderly patients”

05 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





“

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

“

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06 Certificate

The Postgraduate Certificate in Skin in the Elderly guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



“

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This **Postgraduate Certificate in Skin in the Elderly** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Skin in the Elderly**

Official N° of hours: **150 h.**



*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present quality
development lang
virtual classroom



Postgraduate Certificate Skin in the Elderly

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Postgraduate Certificate

Skin in the Elderly

