

# Postgraduate Certificate Sexology. Human Sexual Fact for Nursing





## Postgraduate Certificate Sexology. Human Sexual Fact for Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/in/nursing/postgraduate-certificate/sexology-human-sexual-fact-nursing](http://www.techtitute.com/in/nursing/postgraduate-certificate/sexology-human-sexual-fact-nursing)

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# 01

# Introduction

It is essential for nurses to be up-to-date in the field of sexology in order to provide informed and effective treatment to patients with sexual health problems. The TECH university program aims to provide nurses with a comprehensive understanding of human sexuality in all its dimensions. The course begins with a historical exploration of sexuality and delves into the biological, psychological and social foundations of sexuality, removing prejudices and previous beliefs. Thanks to this, nurses will be able to be up-to-date on topics such as sexual diversity, sexual orientation, gender identity, sexual and reproductive health, prevention and treatment of sexually transmitted diseases.



A close-up photograph of a person's eye, showing the eyelid and eyelashes. The image is partially obscured by a diagonal split: the top-left portion is a light skin tone, and the top-right portion is a dark teal color. The bottom-right portion of the image is white, where the quote is located.

“

*Increase your knowledge and understanding of human sexuality in all its dimensions with this Postgraduate Certificate specifically designed for Nurses”*

This Postgraduate Certificate is specifically designed for nurses interested in delving deeper into the knowledge of human sexuality. The program is delivered entirely online and aims to provide students with a thorough and rigorous education in the field of sexology, emphasizing the importance of sexuality in our experience as human beings.

The course begins by exploring the explanations and studies that have been developed throughout history about human sexuality. Students will then delve into the biological, psychological and social foundations of sexuality to understand how it develops in each individual.

The course has as one of its main objectives to banish previous beliefs that students may have about sexuality, and help them understand it as a complex biopsychosocial component. This module will enable students to expand their vision and understanding of human sexuality, which will be essential for their clinical practice.

The focus of the program is on understanding human sexuality in all its dimensions and how it can affect the physical, mental and emotional health of individuals. Students will also learn about topics such as sexual diversity, sexual orientation, gender identity, sexual and reproductive health, and prevention and treatment of sexually transmitted diseases.

In summary, this Postgraduate Certificate provides nurses with comprehensive and rigorous education in the field of sexology, which will enable them to expand their knowledge and understanding of human sexuality and apply that knowledge in their clinical practice.

This **Postgraduate Certificate in Sexology. Human Sexual Fact for Nursing** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Psychology and Sexology
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection work
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Understanding human sexuality is a key element in the prevention and treatment of sexually transmitted diseases and other sexual health problems. That's why this Postgraduate Certificate is essential to your professional development"*



*Learn about the biological, psychological and social foundations of sexuality and how they can affect the physical, mental and emotional health of your patients thanks to this rigorous TECH program”*

The program’s teaching staff includes professionals in the sector who contribute their work experience to this training program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby students must try to solve the different professional practice situations that arise throughout the program. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

*Develop practical skills and knowledge to address problems related to sexuality and sexual health of your patients in an effective and adapted way.*

*A program taught in a 100% online format that allows you to study wherever and whenever you want. No need for pre-established schedules or face-to-face classes.*



# 02

# Objectives

The main objective of this program is to provide nurses with a comprehensive understanding of human sexuality in all its dimensions. The course combines theoretical and practical modules to teach the biological, psychological and social foundations of sexuality, as well as sexual diversity, sexual orientation, gender identity, sexual and reproductive health, and the prevention and treatment of sexually transmitted diseases. At the end of the program, the nursing professionals will have the skills and knowledge necessary to deal effectively and sensitively with problems related to sexuality and sexual health of their patients.







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*You will delve into diversity, sexual orientation, gender identity, sexual and reproductive health, and the prevention and treatment of sexually transmitted diseases. In this way you will become a nurse of prestige”*



## General Objectives

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- ♦ Acquire knowledge about sexuality by expanding the vision of sexuality from a biopsychosocial perspective
- ♦ Obtain tools to be able to accompany cases related to difficulties related to sexuality
- ♦ Identify the variables involved in the origin and maintenance of different sexual dysfunctions (organic, psychological, relational and cultural components)
- ♦ Acquire skills to be able to share information about sexuality in a clear way
- ♦ Understand the aspects involved in the initiation and development of relationships (life cycle of the couple)
- ♦ Describe the dynamics of couple relationships and factors that generate alterations in them
- ♦ Investigate complex issues such as gender violence and child sexual abuse
- ♦ Achieve skills to face the multiple incidences and decisions that may arise in the exercise of their profession
- ♦ Know in depth the deontology in matters of sexuality and couple, as well as learn to carry out an exercise of introspection on those personal and professional aspects that could collide with their profession and that would produce an impairment of the therapeutic work
- ♦ Carry out research programs in sexuality





## Specific Objectives

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- Lay the foundations of Sexology as a science
- Gain an in-depth knowledge of the components that are part of the human sexual act
- Demystifying beliefs or prejudices about sexuality



*If you are looking for a place to grow and consolidate yourself professionally as a nurse, this Postgraduate Certificate will give you the tools you need to achieve it"*

03

# Course Management

This program has a team of highly qualified and experienced teachers in the field of sexology. Nurses, doctors and psychologists who have been carefully selected for their experience, knowledge and pedagogical skills and for their commitment to providing a rigorous and up-to-date education. Thanks to this, the nurse will gain a practical and realistic perspective of the subject, which will allow them to better apply the acquired knowledge in their clinical practice.



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*Active professionals from the world's most cutting-edge clinical centers will guide your learning”*

## Management



### Ms. Ramos Escamilla, María

- ♦ Psychologist, Sexologist, Couple Therapist and director of Destination Kink
- ♦ Degree in Psychology from the Complutense University of Madrid
- ♦ Master's Degree in Sexology, Sex Education and Sexological Counseling from Camilo José Cela University

## Professors

### Ms. Gutiérrez, Pamela

- ♦ Midwife and Sexologist
- ♦ Sexologist volunteer in NGO
- ♦ Sexologist in the youth center of sexuality attention
- ♦ Postgraduate Certificate in conscious and integral accompaniment of the maternal and perinatal period with a gender perspective and a biopsychosocial approach



04

# Structure and Content

The syllabus of the Postgraduate Certificate in Sexology is designed to provide the nurse a complete and deep understanding of human sexuality from a medical and psychological perspective. The syllabus includes theoretical and practical modules covering a wide range of topics, such as a wide range of topics, such as sexual diversity, sexual orientation, gender identity, sexual and reproductive health, prevention and treatment of sexually transmitted diseases, among others. Students will also have the opportunity to learn about the latest research and treatments available in the field of sexology and apply them in their medical practice as nurses.







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*You will learn about the evolution of sexology as a science over the years and you will learn about the present and future of the profession”*

## Module 1. Sexology. Human Sexual Fact

- 1.1. Evolution of Sexology as a Science
  - 1.1.1. First References to Sexuality
  - 1.1.2. Development of Sexology as a Science
  - 1.1.3. Human Sexual Fact
- 1.2. Biological Fundamentals
  - 1.2.1. Neuroendocrine System
  - 1.2.2. Genetics
  - 1.2.3. Genital Anatomy
- 1.3. Social Foundations
  - 1.3.1. Influence of Culture
  - 1.3.2. Influence of the Environment
- 1.4. Psychological Foundations
  - 1.4.1. Somatosexual Constitution
  - 1.4.2. Sexual and Gender Identity
  - 1.4.3. Gender Expression and Roles
  - 1.4.4. Social Foundations
  - 1.4.5. Influence of Culture
  - 1.4.6. Influence of the Environment
- 1.5. Evolutionary Sexology
  - 1.5.1. Definition
  - 1.5.2. Normal Events that Occur in a Person's Life
- 1.6. Development of Sexuality
  - 1.6.1. Nervous System
  - 1.6.2. Primary Sexual Characteristics
  - 1.6.3. Secondary Sexual Characteristics
  - 1.6.4. Tertiary Sexual Characteristics



- 1.7. Child Development
  - 1.7.1. Conceptualization
  - 1.7.2. The Importance of Emotional Development from Childhood
  - 1.7.3. Bowlby's Attachment Theory
- 1.8. Human Biological Processes
  - 1.8.1. Physical, Psychological and Sexual Changes during Adolescence
    - 1.8.1.1. Menstrual Cycle
  - 1.8.2. Pregnancy, Childbirth and Postpartum
  - 1.8.3. Climacteric and Menopause
  - 1.8.4. Andropause
- 1.9. Anthropological Review of Human Sexuality
  - 1.9.1. The Change from Quadrupedality to Bipedality
  - 1.9.2. Most Important Historical Findings
  - 1.9.3. The Palaeolithic Period and the Revolution of the Affects
  - 1.9.4. Origin of Monogamy
- 1.10. Areas of Sexology Development
  - 1.10.1. Clinical Symptoms
  - 1.10.2. Physical
  - 1.10.3. Educational
  - 1.10.4. Disclosure

“*Expand your professional development opportunities in nursing, including new career opportunities in the field of sexology with TECH*”

# 05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

*With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



*The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.  
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 06 Certificate

The Postgraduate Certificate in Sexology. Human Sexual Fact for Nursing guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Sexology. Human Sexual Fact for Nursing** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Sexology. Human Sexual Fact for Nursing**

Official N° of hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development languages  
virtual classroom



## Postgraduate Certificate

Sexology. Human Sexual  
Fact for Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

# Postgraduate Certificate

Sexology. Human Sexual  
Fact for Nursing