

# Postgraduate Certificate

## Psychological Care of Learning Ability for Nurses





## Postgraduate Certificate Psychological Care of Learning Ability for Nurses

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 3 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/nursing/postgraduate-certificate/psychological-care-learning-ability-nurses](http://www.techtute.com/us/nursing/postgraduate-certificate/psychological-care-learning-ability-nurses)

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# 01

# Introduction

Nurses sometimes face patients with various cognitive problems that limit the development of their learning. In this regard, intervention with them requires a series of specialized knowledge in this field, which allows them to address from a psychological perspective a health care that guarantees their mental well-being. In this context, this academic program has been developed, with which the student will master the different theories of observational learning or techniques to control stimuli, in order to improve their professional performance. In a 100% online way, you will get excellent teaching without the need to make uncomfortable trips to study centers.





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*The Postgraduate Certificate in Psychological Care of Learning Ability for Nurses will allow you to master and apply in your day to day the different theories of observational teaching"*

During nurse practice, these professionals deal with a large number of people with disparate cognitive abilities. Therefore, it is common to encounter patients with various learning difficulties, and that require the application of cutting-edge psychological strategies to understand their emotions and offer them care and support fully adapted to their particular needs. Since the mental well-being of the individual depends on this work, nurses are indispensable to master the most efficient psychological methods with such patients.

That is why TECH has developed this academic program, through which the nursing professional will adopt the best strategies and techniques of psychological care to provide a first level service to those with learning difficulties. During 6 weeks of intensive teaching, you will manage the different instrumental conditioning procedures or detect the benefits of observational learning in reinforcing certain patient behaviors. It will also be able to identify which stimulus control techniques are best adapted to the particularities of each person, delving fully into generalization and discrimination.

All this, through a 100% online methodology that will allow the student to develop their own study schedules to achieve a completely effective learning, enjoying a relearning system that will adapt the pace of teaching to their needs. In the same way, this course is taught by leading experts in the field of Mental Health for Nursing, who will be responsible for providing knowledge with greater applicability in their day-to-day professional.

This **Postgraduate Certificate in Psychological Care of Learning Ability for Nurses** contains the most complete and up-to-date scientific program on the market.

- ♦ The development of practical case studies presented by experts in Mental Health for Nursing
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Master the best techniques of generalization and discrimination for the control of stimuli with this program"*





*Make your work and your personal obligations compatible with your excellent learning through the study facilities provided by TECH"*

*Study through various textual and multimedia formats to achieve a resolute learning.*

*Provide cutting-edge psychological care to all your patients with various cognitive difficulties during the development of your nursing work.*

The program's teaching staff includes professionals from the field who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.



# 02 Objectives

TECH has designed this Postgraduate Certificate with the main premise of providing the student with the knowledge that will enrich their daily praxis in the field of psychological care oriented to learning ability. This way, it will delve into theories about observational learning and its effects to apply them properly with the patient, ensuring their exquisite teaching through the achievement of the general and specific objectives established by this institution.





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*Incorporate the best psychological capabilities for the care of patients with cognitive problems in your nurse practice through this qualification”*



## General Objectives

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- Explain the diagnosis, etiology, pathophysiology, and prevention of mental illness
- Identify risk factors for mental illness
- Identify signs and symptoms that indicate mental illness
- Develop techniques to explain and apply patient self-care to prevent mental health disorders



*Follow the goals set by TECH for this Postgraduate Certificate and become a leading professional in the field of Mental Health for Nursing"*





## Specific Objectives

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- ♦ Explain instrumental conditioning and its relation to learning
- ♦ Identify what is reinforcement in instrumental conditioning
- ♦ Delve into aversive instrumental conditioning
- ♦ Define observational learning and the different theories that explain it
- ♦ Explain what the model consists of and classify it according to the different types
- ♦ Establish the effects of observational learning
- ♦ Define stimulus control in relation to learning

03

# Course Management

To preserve intact the high educational level of the programs offered by TECH, this Postgraduate Certificate has a teaching team made up of nurses specialized in Mental Health, who have developed their functions in referral hospitals. These active professionals are responsible for the realization of all the didactic contents of this program, so the knowledge that the student will obtain will be completely updated.







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*This teaching staff is made up of nurses specialized in Mental Health who have worked in prestigious hospitals, so they will give you knowledge applied previously in their professional experience”*



## Management



### Ms. Peña Granger, Mercedes

- Head of Adult Psychiatry Nursing Unit at General University Gregorio Marañón Hospital, Madrid
- EIR Mental Health Tutor in Multidisciplinary Teaching Unit at Gregorio Marañón General University Hospital, Madrid
- Associate Professor at the University of Comillas and the University of Rey Juan Carlos
- Graduate in Nursing from the Complutense University of Madrid
- Diploma in Nursing Psychosomatics from the Complutense University of Madrid
- Degree in Social and Cultural Anthropology from the Complutense University of Madrid
- Degree in Nursing from Rey Juan Carlos University
- Mental Health Specialist. Ministry of Health
- Master's Degree in the Humanization of Health Institutions from the European University of Madrid



### **Mr. Lozano Alonso, Raúl**

- ♦ Head of Nursing of the Drug Addiction Disorders Unit at Hestia Esquerdo Hospital
- ♦ President of the Madrid Association of Mental Health Nurses
- ♦ Professor at the University School of Nursing of the Red Cross from the Autonomous University of Madrid
- ♦ Personalized Trainer in MIR exams at CEMIR-Team POE
- ♦ Faculty member of Nus Agency
- ♦ Nursing Services in Quirónsalud
- ♦ Community Care Nurse in the Madrid Health Service (SERMAS)
- ♦ University Professor at Rey Juan Carlos University
- ♦ Assistant University Professor at the Autonomous University of Madrid
- ♦ Diploma in Nursing
- ♦ Specialist Nurse in Mental Health via EIR entrance exams
- ♦ Master's Degree in Nursing Sciences
- ♦ Master's Degree in Health Services Management and Telemedicine

## Professors

### Ms. Cunillera Llorente, Alicia Hatshepsut

- ◆ Specialist Nurse in Mental Health
- ◆ Nurse of the Short Psychiatric Hospitalization Unit at the Gregorio Marañón General University Hospital, Madrid
- ◆ Nurse of the Food Disorders Unit at the Gregorio Marañón General University Hospital, Madrid
- ◆ Nurse from the Personality Disorders Unit at the PhD Rodríguez Lafora Hospital
- ◆ Speaker at congresses and conferences specialized in Mental Health
- ◆ Degree in Nursing from the Pontificia de Comillas University

### Ms. Borrego Espárrago, María Victoria

- ◆ Nursing Supervisor of in Hospitalization at the Ruber Juan Bravo Hospital Complex
- ◆ Nurse Mental Health Specialist at Sisters Hospitals of the Sacred Heart of Jesus
- ◆ Nursing Supervisor of the Psychosocial Rehabilitation Area at the San Miguel Clinic
- ◆ Author of numerous Specialized publications
- ◆ Diploma in Nursing from the Autonomous University of Madrid
- ◆ Diploma in Nursing by EUE Red Cross
- ◆ Postgraduate Diploma Degree in Health Services Management through the University CEU Cardenal Herrera
- ◆ Member of: Board of Directors of the Spanish Association of Nursing of Mental Health and Advisory Commission of Care of the Regional Office of the Community of Madrid





**Ms. González Palomar, María Esther**

- ◆ Specialist Nurse in Mental Health
- ◆ Head of the Nursing Unit of Adolescent Psychiatry at the Gregorio Marañón University General Hospital
- ◆ Postgraduate Certificate in Nursing from the Complutense University
- ◆ Postgraduate Certificate in Social Work at Complutense University
- ◆ Specialist in Mental Health Nursing
- ◆ University Diploma in Surgical Nursing
- ◆ University Diploma in Coronary Unit Nursing
- ◆ University Diploma in Psychiatric Nursing

“ *A unique, key, and decisive educational experience to boost your professional development* ”

# 04

## Structure and Content

The curriculum of this Postgraduate Certificate has been designed with the intention of providing the most effective skills for the nursing professional psychological attention to the capacity of learning. Also, the didactic contents available to the student throughout this academic period are present in a wide number of textual and multimedia formats, with the aim of providing a pleasant, individualized and accessible online teaching.





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*This curriculum is designed by the best experts in Mental Health for Nursing, who will provide you with the most up-to-date knowledge in this field"*

## Module 1. Psychological Treatment for Learning Ability

- 1.1. Instrumental Conditioning
  - 1.1.1 Procedures
  - 1.1.2 Reinforcement.
  - 1.1.3 Behavioral Choice
  - 1.1.4 Aversive Instrumental Conditioning
- 1.2. Observational learningEl aprendizaje observacional
  - 1.2.1 Introduction
  - 1.2.2 Observational Learning Theories
  - 1.2.3 Types of Modeling
  - 1.2.4 The Effects of Observational Learning
  - 1.2.5 Reinforcement
- 1.3. Stimulus Control
  - 1.3.1 Introduction
  - 1.3.2 Generalization
  - 1.3.3 Discrimination





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*In this program, you will have access to excellent didactic contents on Psychological Care of the Capacity of Learning for Nursing, available in video format or interactive summary”*

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.







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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*



## At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

*With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



*The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.







#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

# Certificate

The Postgraduate Certificate in Psychological Care of Learning Ability for Nurses guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.





*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*

This program will allow you to obtain your **Postgraduate Certificate in Psychological Care of Learning Ability for Nurses** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Psychological Care of Learning Ability for Nurses**

Modality: **online**

Duration: **6 weeks**

Accreditation: **3 ECTS**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
classroom



## Postgraduate Certificate Psychological Care of Learning Ability for Nurses

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 3 ECTS
- » Schedule: at your own pace
- » Exams: online



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