

Postgraduate Certificate

Problems During Breastfeeding for Nursing





Postgraduate Certificate Problems During Breastfeeding for Nursing

- » Modality: online
- » Duration: 12 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/nursing/postgraduate-certificate/problems-during-breastfeeding-nursing

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01

Introduction

During breastfeeding, the nursing professional has in their hands the ability to become an incomparable support. Particularly at times when different kinds of difficulties arise. To achieve this, it is necessary a complete and rigorous update, supported by scientific evidence: just what we offer you in this complete Postgraduate Certificate. This Postgraduate Certificate designed for the nursing professional is a complete and rigorous specialization that will propel you in your profession.





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Act with a specialist in breastfeeding support with the most up-to-date knowledge in this area, thanks to this highly qualified Postgraduate Certificate"

Breastfeeding provides significantly better protection than artificial feeding against diarrheal diseases and respiratory infections in children, the main causes of mortality in low-income populations. In 1993, WHO estimated that 1.5 million infant deaths could be prevented each year through effective breastfeeding. In addition, formula milk is not only expensive, but can be a risk factor for malnutrition, as some mothers may be tempted to dilute it or switch prematurely to other forms of feeding. On the other hand, in some high-income countries many mothers stop breastfeeding earlier than they wish; although about 80% of mothers decide to breastfeed when they give birth, only 36% continue six months after delivery. Many mothers stop breastfeeding because they have a mistaken perception that their milk does not nourish their newborn, they lose confidence in themselves and that they are producing enough milk for their child to be properly nourished.

In the last three decades, the low incidence and duration of breastfeeding have been recognized as a public health problem.

The European Action Plan for the protection, promotion and support of breastfeeding recognizes breastfeeding as a public health priority. Society suffers from the detriments of non-breastfeeding, since artificial breastfeeding means an increase in health care costs due to the greater disease associated with non-breastfeeding; the mother has a greater risk of postpartum hemorrhage, spinal and hip fracture after menopause, rheumatoid arthritis, uterine, breast and ovarian cancer, hypertension, anxiety and depression. The increased disease of non-breastfed infants and their mothers leads to an increase in absenteeism from work, and companies are also suffering from these effects. Breastfed children cause less expenses to their families, to society in medicines and use of health services and cause fewer losses due to absenteeism from work, and we must not forget that it saves natural resources, does not pollute the environment and does not need to spend on manufacturing, packaging or transportation.

This **Postgraduate Certificate in Problems During Breastfeeding for Nursing** contains the most complete and up-to-date scientific program on the market. The most important features of the University Course are:

- ◆ The development of case studies presented by experts in Diseases and Breastfeeding.
- ◆ The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice.
- ◆ New developments on Problems during Breastfeeding.
- ◆ Practical exercises where self-assessment can be used to improve learning.
- ◆ Emphasis on innovative methodologies in Diseases and Breastfeeding.
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ◆ Content that is accessible from any fixed or portable device with an Internet connection



A specialization that nursing professionals will find most useful because of its practical approach and rapid learning progress"

“

This Postgraduate Certificate may be the best investment you can make when choosing a refresher program for two reasons: in addition to updating your knowledge in Problems During Breastfeeding for Nursing, you will obtain a certificate from TECH - Technological University"

It includes in its teaching staff professionals belonging to the field of Problems During Breastfeeding for Nursing, who pour into this specialization the experience of their work, in addition to recognized specialists belonging to reference societies and prestigious universities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive training program to train in real situations.

The design of this program is based on Problem-Based Learning, by means of which the student must try to solve the different professional practice situations that arise throughout the Postgraduate Certificate. For this purpose, the student will be assisted by an innovative interactive video system developed by recognized experts in the field of Problems During Breastfeeding for Nursing, and with extensive teaching experience.

Specialize in one of the most interesting areas for nursing staff and take a leap in quality in your profession.

Learning based on multimedia support systems that will allow you to learn quickly and easily.



02

Objectives

A complete and efficient Postgraduate Certificate that will allow you to acquire new skills with the ease of the best educational technology of the moment. Our goal is to ensure that during your specialization, you become an expert in this field.





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Acts as an expert in cases of disease, caring for the mother and nursing infant and functioning as a breastfeeding support in those circumstances”



General Objectives

- ♦ Update knowledge in Breastfeeding.
- ♦ Promote work strategies based on a comprehensive approach to care for breastfeeding-conscious mothers as a reference model for achieving excellence in care.
- ♦ Favor the acquisition of technical skills and abilities, through a powerful audiovisual system, and the possibility of development through online workshops for simulation and/or specific specialization.





Specific Objectives

- ♦ Define those maternal pathologies that may contraindicate breastfeeding.
- ♦ Define infant pathologies that contraindicate breastfeeding.
- ♦ Know how to treat nipple problems during breastfeeding.
- ♦ Learning about breast engorgement.
- ♦ Learning about mastitis.
- ♦ Know how to act in cases of hypogalactia.
- ♦ Know the characteristics of breastfeeding in special cases.

03

Course Management

The program includes in its teaching staff reference specialists in Problems During Breastfeeding, who pour into this specialization the experience of their work. In addition, other specialists of recognized prestige participate in its design and elaboration, completing the program in an interdisciplinary manner.





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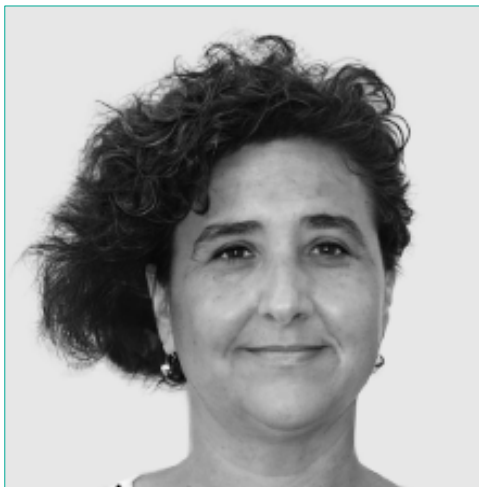
Learn from nursing professionals and other leading experts, the latest advances in procedures in case of Problems During Breastfeeding for Nursing"

Management



Dr. Rodríguez Díaz, Luciano

- ♦ PhD from the University of Granada
- ♦ Obstetric-Gynecological Nursing Specialist (Midwife)
- ♦ University Hospital of Ceuta from 2006 to present day
- ♦ Lecturer in the Ceuta Midwifery Teaching Unit
- ♦ SEEUE obstetric-gynecologic emergencies group member.
- ♦ Responsible for Perinatal Health: Reproductive Sexual Health and Normal Childbirth of Ingesa.
- ♦ Reviewer of the journal Enfermería Clínica. Elsevier.
- ♦ Full member of the Institute of Ceuta Studies.



Dr. Vázquez Lara, Juana María

- ♦ PhD from the University of Granada
- ♦ Obstetric-Gynecological Nursing Specialist (Midwife)
- ♦ Health Area of Ceuta from 2000 to present day
- ♦ Head of Studies and Professor of the Ceuta Midwifery Teaching Unit
- ♦ Coordinator of SEEUE Obstetric-Gynecologic emergencies group
- ♦ Reviewer of the journal Enfermería Clínica. Elsevier.



Professors

Armijo Navarro, Elena

- ♦ Midwife San Sebastián Hospital

Carrasco Guerrero, Manuel

- ♦ Midwife Ceuta University Hospital

De Dios Pérez, María Isabel

- ♦ Midwife Ceuta University Hospital

De la Cabeza Molina Castillo, María

- ♦ Midwife Ceuta University Hospital

Del Pozo Álvarez, Lidia

- ♦ Midwife Ceuta University Hospital

Díaz Lozano, Paula

- ♦ Midwife Ceuta University Hospital

Gómez González, Irene

- ♦ Midwife Ceuta University Hospital

Hachero Rodríguez, Carmen María

- ♦ Midwife Zaragoza Hospital

Martín Ansede, Esperanza

- ♦ Pediatric Nurse University Hospital of Ceuta



Martínez Picón, Claudia

- ◆ Midwife Ceuta University Hospital

Miquelajáuregui Espinosa, Araceli

- ◆ Midwife Ceuta University Hospital

Mohamed Mohamed, Dina

- ◆ Midwife Ceuta University Hospital

Ortega del Valle, Silvia

- ◆ Midwife Ceuta University Hospital

Revidiego Pérez, María Dolores

- ◆ Midwife Quirón Campo de Gibraltar Hospital

Rojas Carmona, Belén

- ◆ Midwife Ceuta University Hospital



04

Structure and Content

The structure of the contents has been designed by a team of professionals from the best educational centers, universities and companies in the national territory, aware of the relevance of current specialization in order to intervene in the specialization and accompaniment of students, and committed to quality teaching through new educational technologies.





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This Postgraduate Certificate in Problems During Breastfeeding contains the most complete and up-to-date scientific program on the market”

Module 1. Problems During Breastfeeding

- 1.1. Contraindications for Breastfeeding
 - 1.1.1. Situations that Contraindicate Breastfeeding
 - 1.1.2. Nutritional
- 1.2. Maternal Pathologies that Contraindicate Breastfeeding
 - 1.2.1. List Maternal Pathologies that Contraindicate Breastfeeding
 - 1.2.2. Counseling on Contraindications to Breastfeeding
- 1.3. Newborn Pathologies that Contraindicate Breastfeeding
 - 1.3.1. List Neonatal Pathologies that Contraindicate Breastfeeding
 - 1.3.2. Counseling on Contraindications to Breastfeeding
- 1.4. Nipple Problems
 - 1.4.1. Different Types of Nipple
 - 1.4.2. Support to the Mother
- 1.5. Mammary Ingurgitation
 - 1.5.1. Concept
 - 1.5.2. Adequate Treatment
- 1.6. Mastitis
 - 1.6.1. Concept
 - 1.6.2. Adequate Treatment
- 1.7. Aids and Devices to Assist in Breastfeeding
 - 1.7.1. Different Breastfeeding Devices
 - 1.7.2. How to Support Breastfeeding



Module 2. Breastfeeding in Special Situations

- 2.1. Hypogalactia
 - 2.1.1. Concept
 - 2.1.2. Measures to Treat
- 2.2. Sick Newborns
 - 2.2.1. Different Pathologies
 - 2.2.2. Breastfeeding in Children with Pathologies
- 2.3. Prematurity
 - 2.3.1. Definition of Prematurity
 - 2.3.2. Breastfeeding in Premature Infants
- 2.4. Teenage Mothers
 - 2.4.1. Breastfeeding in Teenage Mothers
 - 2.4.2. Problems in Teenage Mothers
- 2.5. Breastfeeding and LAM Method
 - 2.5.1. Concept
 - 2.5.2. LAM Method Benefits
- 2.6. Cleft Lip and Lip Malformations
 - 2.6.1. Concept
 - 2.6.2. Support for Newborns and Breastfeeding Mothers
- 2.7. Breastfeeding and New Pregnancy
 - 2.7.1. Breastfeeding at TANDEM
 - 2.7.2. Nutritional
- 2.8. Breastfeeding and Stress
 - 2.8.1. Stress as a Detriment to Breastfeeding
 - 2.8.2. Measures to Cope with Stress



A unique, key and decisive training experience to boost your professional development”

05

Methodology

This training provides you with a different way of learning. Our methodology uses a cyclical learning approach: ***Re-learning***.

This teaching system is used in the most prestigious medical schools in the world, and major publications such as the ***New England Journal of Medicine*** have considered it to be one of the most effective.



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Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given clinical situation, what would you do? Throughout the program, you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the university program.



Re-learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success, in all specialties regardless of from the workload. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

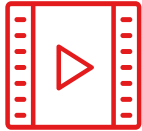
Re-learning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



In this program you will have access to the best educational material, prepared with you in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current nursing procedures and techniques. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

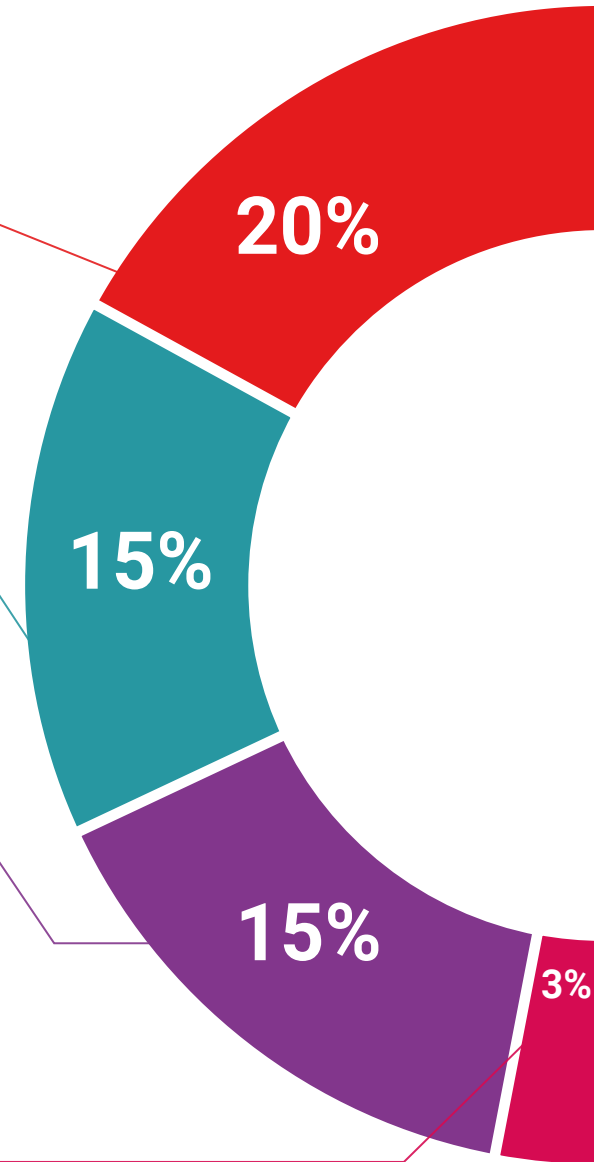
We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

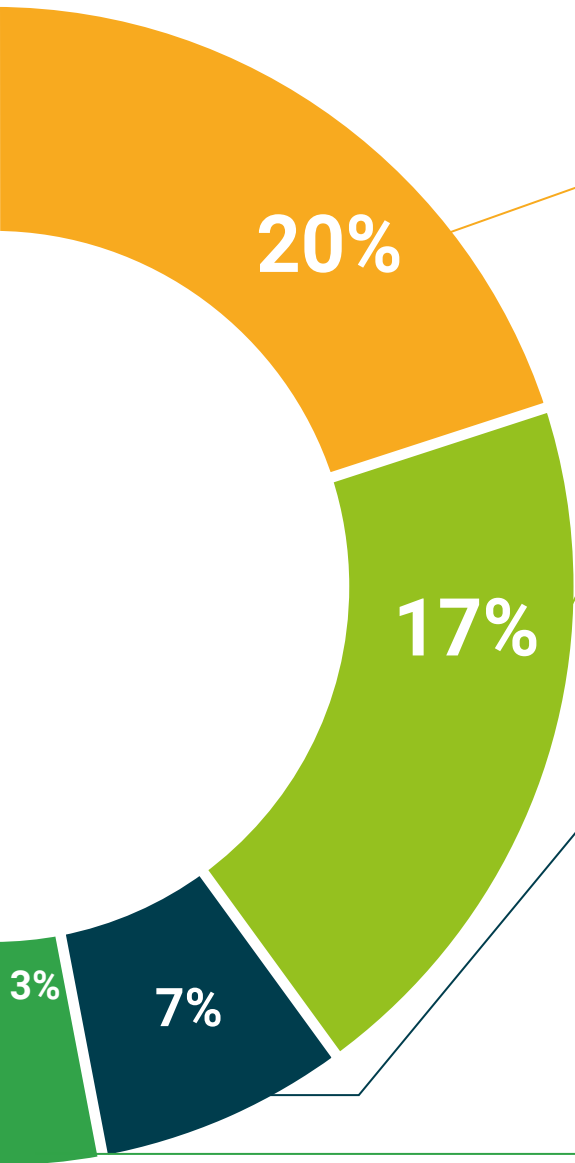
This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents, international guides. In our virtual library you will have access to everything you need to complete your training.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Re-Testing

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence in our difficult future decisions.



Quick Action Guides

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.



06 Certificate

The Postgraduate Certificate in Problems During Breastfeeding for Nursing guarantees you, in addition to the most rigorous and up-to-date specialization, access to a certificate issued by TECH - Technological University.



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Successfully complete this specialization and receive your diploma without the hassle of travel or paperwork”

This **Postgraduate Certificate in Problems During Breastfeeding for Nursing** contains the most complete and up-to-date scientific program on the market.

After the students have passed the evaluations, they will receive their **certificate** issued by **TECH - Technological University** via tracked delivery.

The diploma issued by **TECH - Technological University** will specify the qualification obtained through the University Course, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Problems During Breastfeeding for Nursing**

ECTS: 10

Official Number of Hours: **250**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development language
classroom



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