

Postgraduate Certificate

Problems during Breastfeeding for Midwives





Postgraduate Certificate Problems during Breastfeeding for Midwives

- » Modality: online
- » Duration: 12 weeks
- » Certificate: TECH Global University
- » Credits: 10 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/nursing/postgraduate-certificate/problems-breastfeeding-midwives

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01

Introduction

Different situations may arise for mothers in the breastfeeding stage, so having a qualified staff to support them is always important. This TECH program brings together all the content so that the midwives can understand the different situations and complications for breastfeeding and even contraindications of the process. Therefore, through the study of this content developed by versed experts in the sector, they will be able to offer correct advice and support to the breastfeeding woman. A syllabus designed to be completed in just weeks and at the student's own pace, who will choose from where, how and when to study, being a 100% online educational program.



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Thanks to the study of this program you will offer adequate support to the nursing mother with breastfeeding difficulties, intervening with the safety and quality that she deserves"

If during pregnancy the role of the Midwife is important, at the time when Breastfeeding begins it is much more so. Verifying whether the conditions are right for the mother to breastfeed her newborn is part of the work that this staff performs. Therefore, they should be aware of the general health situation of the patients and make sure that the process goes smoothly and as it is, a natural process.

Although breastfeeding is highly recommended, not always the situations are given for breastfeeding to be beneficial for both. The mother may have a problem with the nipples or neonatal pathologies may arise that contraindicate breastfeeding.

In this sense, it is essential to provide adequate guidance to the patient, and only through knowledge is this possible. Therefore, TECH with this Postgraduate Certificate provides all the information that the midwife must know to perform successfully in this important stage of the woman.

It can be reviewed in a comprehensive manner and at your own pace, because it is developed 100% online through a more modern and intuitive virtual platform. You will enjoy the freedom to choose the schedule that suits you best and you will not have to move to a classroom. In addition, the quality of all the study material has been developed by experienced professionals with extensive experience in the health sector.

This **Postgraduate Certificate in Problems during Breastfeeding for Midwives** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of practical case studies presented by experts in Breastfeeding for Midwives
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



You will provide all the information the nursing mother needs about the benefits of the LAM method"

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This educational program has been created by the best nursing professionals specialized in Gynecology and Obstetrics, providing exclusive content for TECH students"

The program's teaching staff includes professionals from the industry who contribute their work experience to this program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.

With the study of this Postgraduate Certificate you will be able to care for nursing mothers with premature infants, adolescent mothers, newborns with pathologies, among other important conditions.

You will be able to provide advanced guidance to mothers in the care of the newborn and in the resolution of common health problems.



02 Objectives

Although breastfeeding is a natural process indicated for most mothers, there are some cases that midwives should be aware of in terms of pathologies and contraindications that affect the progress of this stage. In this sense, knowing everything about the subject is essential for the staff working in this area; therefore, this Postgraduate Certificate will provide the most relevant and up-to-date contributions for midwives to achieve an excellent performance.





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This 100% online educational program brings together the problems and uncommon situations that may arise during the breastfeeding process and how to deal with them"



General Objectives

- ♦ Gain up-to-date knowledge on Breastfeeding
- ♦ Promote work strategies based on a comprehensive approach to care for breastfeeding-conscious mothers as a reference model for achieving excellence in care
- ♦ Encourage the acquisition of technical skills and abilities, through a powerful audiovisual system, and the possibility of development through online simulation workshops and/or specific qualification
- ♦ Encourage professional stimulation through continuous education and research





Specific Objectives

- ♦ Train mothers in newborn care and in the resolution of common infant health problems
- ♦ Detect bad latching positions of the baby that may alter the development of feeding
- ♦ Explain the benefits of physical activity during breastfeeding
- ♦ Describe the main contraindications of breastfeeding

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With the study of this program you will be up to date with the main difficulties and special situations that arise in breastfeeding women and how to solve them, thanks to the content developed by expert teachers”

03

Course Management

This Postgraduate Certificate has the endorsement and intervention of a team of professional experts in Breastfeeding and care of pregnant women, who have attended TECH's call to develop a content of the highest quality. Nurses specialized in the area of Gynecology and Obstetrics and with specific studies that have provided the keys for midwives to address the problems during breastfeeding in an advanced way.





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You will have the guidance of the most knowledgeable professionals, who have contributed all their knowledge in the development of this program"

Management



Ms. Aguilar Ortega, Juana María

- ♦ Breastfeeding Coordinator at 12 de Octubre Hospital
- ♦ Neonatal Nurse at the 12 de Octubre Hospital
- ♦ Co-author of studies on Breastfeeding during Puerperium.
- ♦ Teacher in university studies of Nursing
- ♦ Certified Lactation Consultant

Professors

Ms. Armijo Navarro, Elena

- ♦ Midwife at the San Sebastián Hospital

Ms. Molina Castillo, María De la Cabeza

- ♦ Midwife at the University Hospital of Ceuta

Ms. Gómez González, Irene

- ♦ Midwife at the University Hospital of Ceuta

Ms. Mohamed Mohamed, Dina

- ♦ Midwife at the University Hospital of Ceuta

Ms. Rojas Carmona, Belén

- ♦ Midwife at the University Hospital of Ceuta

Ms. Miquelajáuregui Espinosa, Araceli

- ♦ Midwife Ceuta University Hospital

Ms. Martín Ansedé, Esperanza

- ♦ Pediatric Nurse. University Hospital of Ceuta

Mr. Carrasco Guerrero, Manuel

- ♦ Midwife at the University Hospital of Ceuta
- ♦ Obstetric-Gynecological Nursing Specialization
- ♦ Prize for the best oral communication at the International Congress of Nursing and Physiotherapy of Ceuta and Melilla



Dr. Vázquez Lara, Juana María

- ◆ Primary Care Nurse
- ◆ Emergency Service of 061 Nurse of the Ceuta Health Management Area
- ◆ PhD from the University of Granada
- ◆ Acting midwife of the Delivery Service at the University Hospital of Ceuta
- ◆ Head of Studies of the Ceuta Midwifery Teaching Unit
- ◆ Professor in the Ceuta Midwifery Teaching Unit
- ◆ National Coordinator of the Obstetrical-Gynecological Emergencies Working Group of the Spanish Society of Emergency Nursing (SEEUE)
- ◆ Master's Degree of the Official Doctoral Program in Physical Education and Health
- ◆ University Expert on "Health Promotion in the Community" UNED
- ◆ Specialty in Obstetric and Gynecological Nursing (Midwife) at the Costa del Sol Hospital in Marbella of the University School of Nursing and Midwifery of Málaga by the University of Málaga
- ◆ University Diploma in Nursing, Salus Infirmorum University School of Nursing, University of Cádiz

Ms. De Dios Pérez, María Isabel

- ◆ Midwife at the University Hospital of Zaragoza
- ◆ Diploma in Nursing
- ◆ Nursing Specialist in Obstetrics and Gynecology

Ms. Del Pozo Álvarez, Lidia

- ◆ Expert nurse midwife in Gynecology and Obstetrics
- ◆ Midwife at University Hospital of Ceuta
- ◆ Midwife in health centers in Cordoba
- ◆ Midwife in health centers in Lanzarote

Dr. Rodríguez Díaz, Luciano

- ◆ Nursing Specialist in Obstetrics and Gynecology
- ◆ Head of Studies of the Obstetric-Gynecological Nursing Teaching Unit (Midwife) of the University Hospital of Ceuta
- ◆ Midwife at the University Hospital of Ceuta
- ◆ Teacher at the University Centre of Nursing Virgen of La Paz. Ronda, Spain
- ◆ Professor of the Ceuta Midwifery Teaching Unit
- ◆ Vocal of the Emergencies Group of the Spanish Society of Emergency Nursing (SEEUE)
- ◆ Responsible for Perinatal Health: Reproductive Sexual Health and Normal Childbirth of Ingesa
- ◆ Member of the Clinical Commission for Research and Continuing Education of the University Hospital of Ceuta
- ◆ PhD from the University of Granada
- ◆ Master's Degree in Physical Education and Health from the University of Granada
- ◆ Master's Degree in Gynecological Nursing from the CEU Cardenal Herrera University
- ◆ Master's Degree in Obstetric Nursing from the CEU Cardenal Herrera University
- ◆ Speciality in Obstetric and Gynecological Nursing from the University of Málaga
- ◆ University Diploma in Nursing, University of Cadiz
- ◆ Postgraduate Diploma in Community Health Promotion from the National University of Distance Education (UNED)
- ◆ Member of: Ceuta Studies Institute, Editorial Board of the European Journal of Health Research and the Spanish Society of Emergency Medicine



Ms. Díaz Lozano,

- ◆ Midwife, University Hospital Virgen de Valme
- ◆ Midwife in the Ceuta Health Area
- ◆ Specialist in Obstetrics and Gynecology at the University Hospital of Ceuta
- ◆ Teacher specialized in Obstetrics
- ◆ Diploma in Nursing by Faculty of Nursing and Physiotherapy of Cádiz

Ms. Hachero Rodríguez, Carmen María

- ◆ Midwife at the Hospital of Zaragoza
- ◆ Member of: Board of Directors of the Andalusian Association of Midwives
- ◆ Training spokesperson

Ms. Ortega del Valle, Silvia

- ◆ Midwives Service, Marqués de Valdecilla University Hospital
- ◆ Midwife at the University Hospital of Salamanca
- ◆ Nurse at the Marqués de Valdecilla University Hospital
- ◆ Master's Degree in Perinatal and Child Care from the Autonomous University of Madrid and FUDEN
- ◆ Master's Degree in Breastfeeding for Midwives by the Cardenal Herrera University
- ◆ Nurse specialized in Obstetric-Gynecological Nursing by the UDM of Ceuta
- ◆ Diploma in Nursing from the Pontifical University of Salamanca

Ms. Martínez Picón, Claudia

- ◆ Midwife at Costa del Sol Hospital
- ◆ Midwife at the University Hospital of Ceuta
- ◆ Diploma in Nursing

04

Structure and Content

With TECH you have the advantage of choosing the best time and place to study, since its 100% online method, based on Relearning, offers the desired comfort and effectiveness. In addition, thanks to the intervention of experienced professionals, the content is of the highest level for midwives who wish to advance in their career, demonstrating a profile suitable to address the health problems of lactating women. The student will have access to detailed videos, complementary readings, self-assessment test and follow-up of the contents, exemplary case studies and much more.



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This program has a theoretical and practical material developed in different formats under the Relearning methodology, which will make the learning process much more agile"

Module 1. Problems During Breastfeeding

- 1.1. Contraindications for Breastfeeding
 - 1.1.1. Situations that Contraindicate Breastfeeding
 - 1.1.2. Nutritional
- 1.2. Maternal Pathologies that Contraindicate Breastfeeding
 - 1.2.1. Listing Maternal Pathologies that Contraindicate Breastfeeding
 - 1.2.2. Counseling on Contraindications to Breastfeeding
- 1.3. Newborn Pathologies that Contraindicate Breastfeeding
 - 1.3.1. Listing Neonatal Pathologies that Contraindicate Breastfeeding
 - 1.3.2. Counseling on Contraindications to Breastfeeding
- 1.4. Nipple Problems
 - 1.4.1. Different Types of Nipple
 - 1.4.2. Support to the Mother
- 1.5. Mammary Ingurgitation
 - 1.5.1. Concept
 - 1.5.2. Adequate Treatment
- 1.6. Mastitis
 - 1.6.1. Concept
 - 1.6.2. Adequate Treatment
- 1.7. Aids and Devices to Assist in Breastfeeding
 - 1.7.1. Different Breastfeeding Devices
 - 1.7.2. How to help Breastfeeding?



You will be a professional expert in attending and providing effective solutions to breastfeeding problems in just weeks with this 100% online Postgraduate Certificate"



Module 2. Breastfeeding in Special Situations

- 2.1. Hypogalactia
 - 2.1.1. Concept
 - 2.1.2. Measures to Treat
- 2.2. Sick Newborns
 - 2.2.1. Different Pathologies
 - 2.2.2. Breastfeeding in Children with Pathologies
- 2.3. Prematurity
 - 2.3.1. Definition of Prematurity
 - 2.3.2. Breastfeeding in Premature Infants
- 2.4. Teenage Mothers
 - 2.4.1. Breastfeeding in Teenage Mothers
 - 2.4.2. Problems in Teenage Mothers
- 2.5. Breastfeeding and Lactation Amenorrhea Method (LAM)
 - 2.5.1. Concept
 - 2.5.2. Benefits of LAM
- 2.6. Cleft Lip and Lip Malformations
 - 2.6.1. Concept
 - 2.6.2. Support for Newborns and Breastfeeding Mothers
- 2.7. Breastfeeding and New Pregnancy
 - 2.7.1. Tandem Breastfeeding
 - 2.7.2. Nutritional
- 2.8. Breastfeeding and Stress
 - 2.8.1. Stress as a Detriment to Breastfeeding
 - 2.8.2. Measures to Cope with Stress

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Problems During Breastfeeding for Midwives guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This program will allow you to obtain your **Postgraduate Certificate in Problems During Breastfeeding for Midwives** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Problems During Breastfeeding for Midwives**

Modality: **online**

Duration: **12 weeks**

Accreditation: **10 ECTS**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.



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