

Postgraduate Certificate

Practical Methodologies for Health Education





Postgraduate Certificate Practical Methodologies for Health Education

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 4 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/nursing/postgraduate-certificate/practical-methodologies-health-education

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01

Introduction

Countries around the world have expanded the role of the nursing professional to schools, with the aim of providing support to school-age children with chronic health problems or specific needs, as well as increasing the health literacy of the general population. Updating programs for this professional sector are crucial to train them in a practical and useful methodology for the child. That is why this program delves into the Practical Methodologies in Health Education by experts in the field, in an advanced way, 100% online and with the best quality.



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With this Postgraduate Certificate you will be able to acquire new competences to carry out Health Education at School in a practical and up to date way”

Nowadays, it is an unquestionable fact that there is a need for Nursing professionals in the educational field. Hence, it is imperative to define their role in the sector and to specify different work methodologies for the achievement of the objectives in relation to the health of the school group.

Developing different health promotion interventions in schools is possible with the right skills and knowledge. Therefore, this Postgraduate Certificate is a valuable tool for learning new methodologies and techniques so that graduates can improve their professional profile in the area.

In a changing world, it is essential to adapt working methods to the new profile of the population, which evolves according to different factors and therefore health needs also evolve.

In this Postgraduate Certificate in Practical Methodology in Health Education, the basic principles of School Nursing and its functions in the European Union are defined. Also, the role of the nurse in the current educational system is described and different conceptions of Education, Health Education (HPE) and Health Promotion (HP) are analyzed. Among other aspects that will be expanded within the theoretical-practical study material that makes up this program.

It will be completed in only 6 weeks, in a 100% online mode thanks to the most advanced technology and methodology of the current pedagogical market, which will facilitate learning in the right time for the future graduate.

This **Postgraduate Certificate in Practical Methodologies for Health Education** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ Case studies presented by experts in School Nursing
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning.
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



The Nursing professional plays a relevant role within the School” Develop the role in an advanced way with this Postgraduate Certificate”

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You will master new practical methodologies that will help you to enhance the action in Health Education, increasing your ability to perform adequately”

The program's teaching staff includes professionals from the field who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.

This educational program will help you recognize various personal and sociocultural factors related to health behaviors at school”

Get your qualification without setbacks and receive the quality you desire, in the most updated content about Practical Methodology in Health Education”



02 Objectives

Defining the basic principles of School Nursing nowadays is part of what this Postgraduate certificate proposes. Therefore, a series of general and specific objectives have been defined that will help future graduates to complete their professional profile in a specialized and practical way. Learning everything necessary to enhance skills in the area.





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You will master the didactic resources in EpS, as well as the digital applications for the development of Health Education programs with the greatest impact on school health”



General Objectives

- ♦ Update the knowledge of the Nursing professional in the new trends in School Nursing, as well as learn to design, build and implement educational programs, specific training actions and apply and resolve care processes oriented to the school population as a whole

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TECH offers you the support of a specialized team to clarify any doubts you may have and that you are always accompanied in the learning process”





Specific Objectives

- ♦ Define the basic principles of School Nursing and its functions in the European Union
- ♦ Describe the role of the Nursing Professional in the current educational system
- ♦ Understand and analyze different concepts of Education, Health Education (EpS) and Health Promotion (HP)
- ♦ Recognize various personal and sociocultural factors related to health behaviors
- ♦ Define social learning theories related to the School Nursing setting

03

Course Management

Nurses with extensive experience and knowledge in Practical Methodologies for Health Education have designed the content of this 100% online Postgraduate certificate. Due to their comprehensive professional profile and their innumerable experiences in the area in recent years, they offer the student the most relevant news and aspects to develop a specialized role as a School Nurse.





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You will always be accompanied by professional teachers with extensive experience in the health sector, specifically in School Nursing”

Address



Ms. Ortiz Vela, María del Mar

- ♦ School Nurse at Special Education Schools Virgen de La Luz College. Elche, Spain
- ♦ President of the scientific Spanish Society of School Nursing
- ♦ Member of the Official College of Nursing of Alicante
- ♦ Emergency Nurse at the General University Hospital of Elche.
- ♦ Master' in Nursing Sciences, University of Alicante
- ♦ University Specialist in Health Education
- ♦ University Specialist in and Addiction Prevention and Drug Addictions
- ♦ Technician - Promotion of Health
- ♦ Member of the scientific Spanish Society of School Nursing

Professors

D. Mora Rivero, Jorge

- ♦ Emergency Nurse Practitioner
- ♦ Emergency Nurse at the General University Hospital of Elche
- ♦ University tutor for clinical internships
- ♦ Professional teaching experience in University Masters and Postgraduate Courses
- ♦ Degree in Nursing from the University of Alicante
- ♦ Master's Degree in Nursing Sciences
- ♦ Postgraduate Diploma in Primary Care Emergencies
- ♦ Degree in Emergency Medical Transportation (SAMU)

Mr. Sendra Más, Juan Amaro

- ♦ Assistant Physician of the Emergency Department of the Vega Baja Hospital. Alicante, Spain
- ♦ Emergency Physician in the Specialized Medical Unit (UME 1)
- ♦ Doctor in the Emergency Medical Attention Service (SAMU)
- ♦ Medical Helicopter Doctor
- ♦ Degree in Medicine and Surgery from the University of Alicante.
- ♦ Specialist in Family and Community Medicine
- ♦ Accredited Professor for the Spanish Society of Emergencies
- ♦ Member of the Spanish Society of Emergency Medicine

Ms. Martínez González, María del Carmen

- ♦ Psychologist in Fisioclinic Sonia del Río
- ♦ Psychologist and Researcher
- ♦ Training Consultant for the Valencian Health Agency
- ♦ Training Consultant at Systems Maintenance Services Europe
- ♦ Human Resources Consultant
- ♦ Degree in Psychology from the Miguel Hernández University. Elche, Spain
- ♦ Master's Degree in Human Resources Management by FUNDESEM Business School

Ms. Mascarell Torres, Natalia

- ♦ School Nurse Expert in Functional Diversity
- ♦ School Nurse in Primary Education Centers
- ♦ Nurse at the Les Talaies Occupational Center and Residence.
- ♦ Postgraduate Certificate in Nursing

Dr. Barberán Valero, Sebastián

- ♦ Pediatrician specialized in Respiratory Obstruction and Infant Cardiovascular Arrest
- ♦ Health Center Pediatrician
- ♦ Pediatrician at Alzira Health Center
- ♦ Regional Representative of the Spanish Group of Pediatric and Neonatal CPR.
- ♦ Coordinator of the Journal of the Spanish Society of Pediatric Emergency Medicine
- ♦ Secretary of the Valencian Pediatrics Society
- ♦ Member of the Spanish Society of Pediatric Emergencies

Dr. Martín Peñalver, Ricardo

- ♦ School Nurse Specialist
- ♦ Professional Master's Degree in School Nursing from the University of Barcelona
- ♦ Master's Degree in chronic patient in Primary Care from the University of Barcelona
- ♦ Postgraduate Specialist in Gerontology and Nursing Geriatric from the University of Alicante
- ♦ Postgraduate Specialist in Research in Nursing from the University of Alicante
- ♦ Specialist's Degree in Nursing Services, University of Alicante Spain.
- ♦ Diploma in Nursing
- ♦ Secretary of the Valencian Association of Diabetes Educators
- ♦ Member of the College of Nursing of Alicante

Ms. Marcos, Ángela

- ♦ School Nurse at Virgen de La Luz College
- ♦ Postgraduate Certificate in Nursing
- ♦ Master's Degree in School Nursing
- ♦ Higher Technician in Dietetics and Nutrition
- ♦ Volunteer at the Association Asociación Pro Discapacitados Psíquicos de Alicante(APSA)

Ms. Carmona Moreno, Alicia

- ♦ School Nurse at Mas Camarena Educational Complex. Betera, Spain
- ♦ Provincial coordinator of the ENSE group. Valencia, Spain
- ♦ Master's in university School Nurses at the Catholic University of Valencia.
- ♦ Member of the Spanish Society of School Nursing

Ms. Cascales Pérez, María Luisa

- ◆ Nurse dedicated to Family and Community Care
- ◆ Nurse in several health centers in the Region of Murcia
- ◆ Supervisor of Residents in the Family and Community Nursing specialty
- ◆ Degree in Nursing from the Catholic University San Antonio Murcia
- ◆ Members of the Official College of Nursing of the region of Murcia

Ms. Ferrer Calvo, María Aranzazu

- ◆ School nurse at Highlands El Encinar school in Madrid. Madrid
- ◆ University Diploma from Nursing from Pontificia de Comillas University. Madrid, Spain
- ◆ Postgraduate Diploma in School Nursing from San Pablo CEU University
- ◆ Basic Life Support provider course for health professionals within the SEMES-AHA Cardiovascular Care program.
- ◆ International Trauma Life Support Advanced Provider course illustration given at the Madrid Medical
- ◆ Postgraduate Course in Nursing in Primary and Specialized Care by the Foundation for Nursing Development (FUDEN)
- ◆ Postgraduate Course in Medical-Surgical Nursing by the Foundation for the Development of Nursing (FUDEN)
- ◆ Postgraduate Course in Maternal and Child Nursing by the Foundation for the Development of Nursing (FUDEN).
- ◆ Primary School Teacher Degree with a major in English at the International University of La Rioja
- ◆ Training Course for Teachers of Spanish as a Foreign Language by the Foundation for Research and Development of Spanish Culture (FIDESCU)

Dr. Manrique Martínez, Ignacio

- ◆ Director of the Valencian Paediatrics Institute (IVP)
- ◆ President of the Spanish Group of Pediatric and Neonatal CPR (GERCPPN).
- ◆ Head of the Pediatric Emergencies Service at the 9 Octubre Vithas Valencia Hospital
- ◆ Head of the Pediatric Hospitalization Diseases Unit at the 9 de Octubre Hospital
- ◆ Head of the Oncology Radiotherapy Department, IMED Hospital Valencia, Spain
- ◆ Director of the Advanced Pediatric Life Support (APLS) Course, at the American Academy of Pediatrics
- ◆ Director of the Advanced Pediatric Life Support (APLS) Course, at the American Academy of Pediatrics and the American College of Emergency Physicians
- ◆ Pediatric and neonatal CPR instructor by the Spanish Group of Pediatric and Neonatal CPR
- ◆ Degree in Medicine and Surgery
- ◆ Specialist in Pediatrics and specific areas
- ◆ Director of Advanced Pediatric and Neonatal Cardiopulmonary Resuscitation Courses for the Spanish Group of Pediatric and Neonatal CPR

Dr. Neipp López, María del Carmen

- ◆ Assistant Vice-Rector of Studies for the Accreditation of Psychology Degrees
- ◆ Professor of Psychology
- ◆ Vice-Dean of Psychology in the Faculty of Socio Health Sciences
- ◆ European PhD in Psychology from the Miguel Hernández University
- ◆ Degree in Psychology and from the University Pontificia of Salamanca

Ms. Pérez Losa, Rosa

- ♦ SEM Emergency Coordinator. Catalonia, Spain
- ♦ Responsible for Outreach Secretary at the Spanish Society of Emergency Medicine (SEMES)
- ♦ Specialized Nurse in Health Education 2.0
- ♦ Editor and creator of audiovisual content on Health Education in El Blog de Rosa
- ♦ Co-organizer of the Conference on Audiovisual Communication and Health
- ♦ PhD in Audiovisual Language in Health Education
- ♦ Degree in Anthropology
- ♦ Postgraduate Certificate in Nursing
- ♦ Master's Degree in Health Education
- ♦ University Teacher undergraduate studies in Emergency Medicine
- ♦ University professor in the field of Innovation, Technology and Health 2.0
- ♦ Member of the Innovation and Technology Group at the College of Nursing of Barcelona.

Dr. Sáez Cárdenas, Salvador

- ♦ Nurse specialized in Health Pedagogy.
- ♦ Co-author of Educación para la salud. Techniques for working with small groups
- ♦ Professor in the Nursing Department in the University of Lleida
- ♦ Coordinator of the Master's Degree in Health Education at the University of Lleida.
- ♦ Postgraduate certificate in Nursing from the University of Lleida.
- ♦ Degree in Pedagogy

Ms. Trescastro López, Silvia

- ♦ Emergency Nurse at the General University Hospital of Alicante.
- ♦ School Nurse dedicated to School Nutrition and Dietetics.
- ♦ Collaborator in School Nursing Projects in Primary and Secondary Education Centers
- ♦ Master's in university School Nurses at the Catholic University of Valencia

Ms. Vicente Ortiz, Anna

- ♦ School nurse at the Miguel de Cervantes Special Education School. Elda, Spain
- ♦ Master's in university School Nurses at the Catholic University of Valencia.
- ♦ Master's Degree in School Nursing from the University of Barcelona
- ♦ Diploma in Nursing from the University of Alicante

Dr. Antona Rodríguez, Alfonso

- ♦ Head of International Projects and Development Cooperation in the Madrid City Council
- ♦ Technical advisor to the General Directorate of Public Health of the Madrid City Council
- ♦ Nursing Degree in Social and Cultural Anthropology
- ♦ Master's Degree in Human Sexuality

04

Structure and Content

TECH uses the *Relearning* methodology, an effective system to advance naturally and progressively towards the study goal. Because of this, this Postgraduate Certificate will be developed in just a few weeks, 100% online and with content adapted to different formats, to make the process much more dynamic and evolutionary. It can be done from any device with internet connection and choosing the right time, according to your agenda, for it.





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Improve your competencies and skills as a School Nurse with this 100% online program that contains the most complete study material”

Module 1. Practical Methodologies for Health Education

- 1.1. Theoretical Bases of Health Education (EpS)
- 1.2. The Agents of Health Education
- 1.3. The Role of the Educator Functions, Attitudes and Skills
- 1.4. Conducting Individual Educational Sessions Individual Educational Techniques
- 1.5. Conducting Group Educational Sessions Group Educational Techniques
- 1.6. Programming in EpS Bases and Stages
- 1.7. Teaching Resources in Health Education Digital Applications in Health Education
- 1.8. Health Education Programs with the Greatest Impact on School Health





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Access easily and smoothly to the best way to learn 100% online and from the best professionals. This is only possible with TECH”

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization”

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Practical Methodologies for Health Education guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This program will allow you to obtain your **Postgraduate Certificate in Practical Methodologies for Health Education** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Practical Methodologies for Health Education**

Modality: **online**

Duration: **6 weeks**

Accreditation: **4 ECTS**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development language
virtual classroom



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Postgraduate Certificate

Practical Methodologies for Health Education

