

Postgraduate Certificate

Postpartum Risk Situations for Nursing



Postgraduate Certificate Postpartum Risk Situations for Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/nursing/postgraduate-certificate/postpartum-risk-situations-nursing

Index

01

Introduction

p. 4

02

Objectives

p. 8

03

Course Management

p. 12

04

Structure and Content

p. 18

05

Methodology

p. 22

06

Certificate

p. 30

01

Introduction

Women and baby care in the delivery environment involves the possibility of various problems of varying severity, which can occur even in low risk deliveries. The quick and accurate identification of these problems and their management by professionals is crucial to ensure the safety of mother and baby. This program offers the most up to date knowledge in this area, with a vision focused on practice that will qualify you to intervene with the essential quality care.



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A high quality teaching program created to boost your nursing care skills in a quick and easy way"

This module takes a tour through the main complications that may arise in the Postpartum period, with emphasis on the identification of the clinic, risk factors for these complications, treatment and nursing care for each one of them.

Although in some hospitals it is less common to work with high risk patients or with associated pathologies in the postpartum period, it is essential for nurses to be familiar with the pathological processes during this stage.

This module is of particular interest to nurses who work in healthcare centers, as they are the first professional to assess women after they leave the hospital and play a fundamental role in the early detection of puerperal complications, both physical and mental.

Taking into account the importance of perineal trauma in postpartum management, both for its high incidence and for the implications it has on the physical and psychological health of pregnant women, it will only be listed in this module, since it will be extensively developed in the next one.

Both the design of the program and the didactic material used will facilitate the understanding of concepts, and the realization of practical cases will help to adapt what has been learned to clinical practice. In this way, the completion of this Postgraduate Certificate will provide immersive learning to enable professionals to be qualified in real situations of their daily professional practice.

This **Postgraduate Certificate in Postpartum Risk Situations for Nursing** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ Practical cases presented by experts in Postpartum Nursing
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Latest advances in Postpartum Nursing
- ♦ Practical exercises where self assessment can be used to improve learning
- ♦ A special emphasis on innovative methodologies in the field of postpartum care
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Update your knowledge and give a boost to your skillset as an indispensable support in the postpartum period, with this exceptional specialization"

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A high impact step for your career path that will place you among the best qualified in the industry"

The teaching staff includes professionals from the field of Postpartum Nursing, that contribute their work experience to this program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive learning programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby professionals must try to solve the different professional practice situations that arise throughout the program. For this purpose, professionals will be assisted by an innovative Interactive video system, developed by renowned and experienced experts in Postpartum Nursing.

The best educational material at your disposal during the entire online and offline learning process.

The best online resources that will allow you to combine your studies with your professional work in a comfortable, efficient and safe way.



02 Objectives

This Postgraduate Certificate in Postpartum Risk Situations for Nursing is oriented to prepare nurses in their daily work during the care of women in the postpartum period.





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The objective of this specialization is to offer a complete up to date education in the detection and approach to the problems that may occur during the postpartum period for the mother and baby, in a specific Postgraduate Certificate for nurses”



General Objectives

- ♦ Update and expand midwives' knowledge in the field of postpartum care in the hospital, health center and at home
- ♦ Obtain an integrated vision of the care required by women and their children during the postpartum period
- ♦ Understand the postpartum phase from a global and biopsychosocial point of view
- ♦ Facilitate the performance of midwives dedicated to women's and newborn care in the postpartum phase
- ♦ Help provide quality postpartum care based on scientific evidence
- ♦ Contribute to midwives' decision-making process in difficult situations
- ♦ Have the tools to achieve a multidisciplinary management in postpartum
- ♦ Acquire the professional competencies necessary to offer a quality and up to date healthcare practice
- ♦ Apply the knowledge obtained when solving problems that may arise in practical situations in healthcare





Specific Objectives

- ♦ Increase awareness of the complications that may arise during the different stages of the postpartum period
- ♦ Manage the specific treatment of women's diseases during the postpartum period
- ♦ Improve nursing professionals' ability to act in the early management of the main complications that may appear during the postpartum period
- ♦ Improve nursing professionals' capacity in the application of care in each of the pathologies in the postpartum period from the hospital care setting and in the primary care consultation
- ♦ Understand and manage perineal trauma caused by vaginal delivery
- ♦ Demonstrate the ability to apply nursing professional care in perineal trauma



Update your knowledge through the program Postpartum Risk Situations for Nursing"

03

Course Management

This program includes leading experts in childbirth in its teaching staff, who pour their work experience into this course. Additionally, other recognized specialists participate in its design and preparation, which means that the program is developed in an interdisciplinary manner.





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Expert teachers in the postpartum period will be your teachers in this Postgraduate Certificate, providing you with the real, current and complete experience you need to grow in your profession"

Management



Ms. Grolimund Sánchez, Verónica

- Midwife in H.G.U. Gregorio Marañón General University Hospital, Madrid. Specialized in high-risk pregnancy and childbirth
- Diploma in Nursing from the Autonomous University of Madrid.
- Red Cross Nursing School
- Nursing Specialist in Obstetrics and Gynecology
- Professor in the Nursing Teaching Unit specializing in Obstetrics and Gynecology at H. G. U. Gregorio Marañón
- Teaching collaborator at H. G. U. Gregorio Marañón, tutoring and supervising EIR rotations in Family and Community Care
- Lecturer in the practical course on obstetric emergencies Obstetric Hemorrhage
- Nurse in special services such as emergency, URPA, ICU and neonatal ICU



Ms. Pallarés Jiménez, Noelia

- Midwife. Gregorio Marañón University Hospital
- University Diploma in Nursing at the University of Zaragoza
- Specialty in Obstetric-Gynecological Nursing (Midwife) at the Midwifery Teaching Unit of Catalonia, University of Barcelona
- Postgraduate degree in sexual health Educational and community intervention University of Lérida Foundation
- Collaborating professor of the Midwifery Resident Teaching Unit of the University Hospital Gregorio Marañón as an expert in the area of maternal and newborn nursing
- Midwife in Primary Care in Barcelona. Catalan Institute of Health
- Midwife at the Hospital Universitario Clínic de Barcelona
- Obstetrical-Gynecological Specialty at the Germans Trias i Pujol Hospital in Badalona as a Midwife Resident
- Nurse in the postpartum ward at the Miguel Servet University Hospital in Zaragoza

Professors

Mr. Burgueño Antón, Adrián

- ◆ Specialist in Gynecology and Obstetrics
- ◆ Supervisor in Maternal-Child Surgical Block at the University Hospital La Paz
- ◆ University Diploma in Nursing
- ◆ Master's Degree in Health Management
- ◆ Surgical Nurse: Obstetrics and gynecology. La Paz University Hospital
- ◆ Nurse Specialist: Midwife La Paz University Hospital
- ◆ UAM Collaborating Professor
- ◆ Midwifery Resident Internship Tutor

Ms. García Rodríguez, Laura

- ◆ Midwife in Fundación Jiménez Díaz Hospital
- ◆ Midwife at the Goya Health Center
- ◆ University Diploma in Nursing from E.U.E La Paz. Autonomous University of Madrid
- ◆ Expert in Emergency Nursing at FUDEN. Madrid
- ◆ Nurse specialist in Obstetrics and Gynecology at Hospital la Paz in Madrid. UD. Teacher in Madrid

Ms. Gutiérrez Munuera, Marta

- ◆ Midwife. Infanta Leonor Hospital
- ◆ Diploma in Nursing from the Autonomous University of Madrid. Puerta De Hierro EUE Hospital
- ◆ Specialist in obstetrics and gynecology, University Hospital Complex of Albacete
- ◆ Midwife. Gregorio Marañón University Hospital
- ◆ Nurse at the Argüelles Specialty Center
- ◆ Nurse in hospitalization of traumatology and pneumology. Puerta De Hierro Hospital

Ms. Hernando Orejudo, Isabel

- ◆ Midwife at the University Hospital San Carlos in Obstetric Emergency Units, Delivery Room, High Obstetric Risk, fetal physiopathology and breastfeeding
- ◆ IRN in Obstetric-Gynecological Nursing Midwifery Teaching Unit of Madrid, Hospital of San Carlos
- ◆ Outpatient Nurse at the University Hospital La Paz
- ◆ University Diploma in Nursing (DUE) University School of Nursing Puerta de Hierro. Autonomous University of Madrid
- ◆ Breastfeeding Consultant at the San Carlos Clinical Hospital
- ◆ Contributor in the implementation of the Obstetric Pain Guide at Hospital San Carlos
- ◆ Author of 'Protocolo de Atención al parto normal' at Hospital San Carlos

Ms. López Collado, Irene

- ◆ Obstetric Gynecological Nurse

Ms. Matesanz Jete, Consuelo

- ◆ Midwife. General Hospital of Segovia
- ◆ Midwife at Gregorio Marañón General University Hospital
- ◆ University Diploma in Nursing from the University of Alcalá, Spain
- ◆ Nurse specialized in Obstetrics and Gynecology
- ◆ Professional Master's Degree in Gender and Health, Rey Juan Carlos University
- ◆ Certified Naces Method Professional
- ◆ Teaching collaborator in the Ceuta Midwifery Teaching Unit. Gregorio Marañón

Ms. Martín Jiménez, Beatriz

- ♦ Midwife in the delivery room and emergency obstetrics services at H.U. de Getafe
- ♦ University Diploma in Nursing Universidad de Alcalá de Henares
- ♦ Specialist in Obstetric-Gynecological Nursing, Midwifery Teaching Unit UAM (HGU Gregorio Marañón)
- ♦ Nurse in the Neonatology and Flying Satellite Units in H.U. Infanta Leonor
- ♦ Midwife in the services of Delivery Room, Emergency OG and Obstetric High-Risk Hospitalization in H.G.U. Gregorio Marañón
- ♦ Teacher in postgraduate training Obstetrics and Gynecology Nurse Practitioners and Pediatrics Nurse Practitioners

Ms. Ramírez Sánchez-Carnerero, Rosa María

- ♦ Midwife at the Hospital Virgen de Altagracia de Manzanares
- ♦ University Diploma in Nursing (D.U.E. University School of Nursing of Ciudad Real. University of Castilla-La Mancha (UCLM)
- ♦ Obstetric - Gynecological Nurses: Midwife. Catalonia Midwifery Teaching Unit
- ♦ Graduate in Social and Cultural Anthropology
- ♦ Master's Degree in Social and Health Research
- ♦ Resident midwife at the Midwifery Teaching Unit of Catalonia, Hospital Virgen de la Cinta, Tortosa
- ♦ Collaborating teacher at the midwifery teaching unit in Alcázar de San Juan (Ciudad Real)



**Ms. Sánchez Boza, Pilar**

- ♦ Midwife at Gregorio Marañón University Hospital
- ♦ Diploma in Nursing from the Pontificia de Comillas University of Madrid
- ♦ Professional Master's Degree in Humanitarian Health Aid from the University of Alcalá de Alcalá de Henares
- ♦ Postgraduate Diploma in Emergencies and Emergencies accredited by the School of Health Sciences University Center attached to the Complutense University of Madrid
- ♦ Attending professor at the European University as a professor of the subject "Women's Care" and assistant professor in adult care II, child and adolescent care in the Nursing Degree
- ♦ Midwife in Mauritania with Rotary Club in humanitarian aid project
- ♦ Sex Coach at Fundación Sexpol (sex education talks), university centers (Universidad de Alcalá de Henares and Universidad Europea de Madrid) and health centers (Espronceda, Villablanca)
- ♦ Speaker at annual conferences against gender violence for SUMMA

Ms. Triviño de la Cal, Cristina

- ♦ Specialist in Obstetrics and Gynecology at Gregorio Marañón Hospital
- ♦ University Diploma in Nursing at the Autonomous University of Madrid
- ♦ Lecturer at the I Conference for Midwives: approach and care in bereavement and loss in the life cycle of women, organized by FUDEN
- ♦ Teacher in the physiological childbirth workshop given to the Obstetrics team of the Hospital Universitario de Getafe
- ♦ Teacher in workshop accredited for professionals by the Laín Entralgo Agency in "Perinatal Bereavement Support" in hospitals in Madrid, Ávila, Salamanca, Segovia, Valladolid and Palma de Mallorca
- ♦ Teacher at the Gregorio Marañón and Salamanca Units

04

Structure and Content

The structure of this content has been designed by the best professionals in the sector of nursing with extensive experience and recognized prestige in the profession, backed by the volume of cases reviewed, studied, and diagnosed, and with extensive knowledge of new technologies applied to teaching.



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This Postgraduate Certificate in Postpartum Risk Situations contains the most complete and up to date scientific program on the market”

Module 1. Postpartum Complications

- 1.1. Postpartum Hemorrhage
 - 1.1.1. Structure, Classification and Risk Factors
 - 1.1.2. Etiology
 - 1.1.2.1. Uterine Tone Disorders
 - 1.1.2.2. Tissue Retention
 - 1.1.2.3. Birth Canal Trauma
 - 1.1.2.4. Coagulation Disorders
 - 1.1.3. Clinical Management of Postpartum Hemorrhage
 - 1.1.3.1. Hemorrhage Assessment and Quantification
 - 1.1.3.2. Medical and Surgical Treatment
 - 1.1.3.3. Midwifery Care
- 1.2. Postpartum Infections
 - 1.2.1. Postpartum Endometritis
 - 1.2.2. Perineal Infections
 - 1.2.3. Abdominal Wall Infection
 - 1.2.4. Mastitis
 - 1.2.5. Sepsis: Lethal Septic Shock Syndrome. Staphylococcal or Streptococcal Toxic Shock
- 1.3. Thromboembolic Disease, Heart Disease and Severe Anemia in the Postpartum Period
 - 1.3.1. Thromboembolic Disease in the Postpartum Period
 - 1.3.1.1. Venous Thrombosis: Superficial, Deep and Pelvic
 - 1.3.1.2. Pulmonary Embolism
 - 1.3.2. Postpartum Cardiomyopathy
 - 1.3.3. Postpartum Anemia



- 1.4. Postpartum Arterial Hypertension, Preeclampsia and HELLP Syndrome
 - 1.4.1. Management of Women with Postpartum Arterial Hypertension
 - 1.4.2. Management of Women after Postpartum Preeclampsia
 - 1.4.3. Management of Women after Postpartum HELLP Syndrome
- 1.5. Postpartum Endocrine Diseases
 - 1.5.1. Management of Women with Postpartum Gestational Diabetes
 - 1.5.2. Postpartum Thyroid Diseases
 - 1.5.3. Seehan Syndrome
- 1.6. Digestive and Urinary Diseases
 - 1.6.1. Main Postpartum Digestive System Diseases
 - 1.6.1.1. Crohn's Disease and Ulcerative Colitis
 - 1.6.1.2. Fatty Liver
 - 1.6.1.3. Cholestasis
 - 1.6.2. Postpartum Urinary Diseases
 - 1.6.2.1. Urinary Infections
 - 1.6.2.2. Postpartum Urinary Retention
 - 1.6.2.3. Urinary Incontinence
- 1.7. Postpartum Autoimmune, Neurological and Neuromuscular Diseases
 - 1.7.1. Postpartum Autoimmune Diseases: Lupus
 - 1.7.2. Postpartum Neurological and Neuromuscular Diseases
 - 1.7.2.1. Post-Puncture Headaches
 - 1.7.2.2. Epilepsy
 - 1.7.2.3. Cerebrovascular Diseases (Subarachnoid Hemorrhage, Aneurysms, Brain Neoplasms)
 - 1.7.2.4. Amyotrophic Lateral Sclerosis
 - 1.7.2.5. Myasthenia Gravis
- 1.8. Postpartum Infectious Diseases
 - 1.8.1. Hepatitis B Virus Infection
 - 1.8.1.1. Care of Pregnant Women with Hepatitis B Viral Infection
 - 1.8.1.2. Care and Monitoring of Newborns of Mothers with Hepatitis B
 - 1.8.2. Hepatitis C Viral Infection
 - 1.8.2.1. Care of Pregnant Women with Hepatitis C Viral Infection
 - 1.8.2.2. Care and Monitoring of Newborns of Mothers with Hepatitis C
 - 1.8.3. HIV Infection
 - 1.8.3.1. Care of Pregnant Women with HIV
 - 1.8.3.2. Care and Monitoring of Newborns of HIV-Positive Mothers
- 1.9. Perineal Trauma and Abdominal Scar Dehiscence after C-Section
 - 1.9.1. Perineal Tears: Degree of Tearing and Treatment
 - 1.9.2. Episiotomy: Types and Midwifery Care
 - 1.9.3. Abdominal Scar Dehiscence after C-Section: Midwifery Care
 - 1.9.4. Perineal Bruising
- 1.10. Psychiatric Illness
 - 1.10.1. Postpartum Depression (PPD)
 - 1.10.1.1. Definition, Etiology and Detection of PPD
 - 1.10.1.2. Medical Care and Midwife Treatment
 - 1.10.2. Postpartum Psychosis
 - 1.10.2.1. Definition, Etiology, Detection of Postpartum Psychosis
 - 1.10.2.2. Medical Care and Midwife Treatment



This specialization will allow you to comfortably advance in your career"

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

This Postgraduate Certificate in Postpartum Risk Situations for Nursing guarantees students, in addition to the most rigorous and up to date education, access to a Postgraduate Certificate issued by TECH Global University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This program will allow you to obtain your **Postgraduate Certificate in Postpartum Risk Situations for Nursing** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Postpartum Risk Situations for Nursing**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**





Postgraduate Certificate
Postpartum Risk Situations
for Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Postgraduate Certificate

Postpartum Risk Situations for Nursing

