

Postgraduate Certificate

Personality Psychology for Nursing



Postgraduate Certificate Personality Psychology for Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 8 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/nursing/postgraduate-certificate/personality-psychology-nursing

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01

Introduction

Personality Psychology is an excellent tool to understand the behavior and negative attitude of people in hospital consultations. Through its use, strategies can be designed to correct these inappropriate behaviors and facilitate the work of health professionals to ensure the recovery of the patient. Due to the benefits of its application, nurses must master this discipline to enhance their health practice, so TECH has created this qualification. In a 100% online and without moving from home, the student will increase their knowledge in the Theory of Cattell personality or master the different interactionist models to grow professionally in their sector.



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The Diploma in Personality Psychology for Nursing will allow you to increase your knowledge in Cattell personality theory or Rogers phenomenological theory"

Personality psychology is the most effective branch of this science to identify patterns of thinking, stimulus processing or behavior of different types of individuals. Its use has been significantly extended to the field of Nursing, since it provides the necessary tools to offer a detailed attention to each person with different Mental Health problems and, therefore, help them in their recovery process. Therefore, given the benefits offered by this psychological discipline, possessing broad skills in it is crucial for nursing professionals to ensure the welfare of their patients.

That is why TECH has developed this program, through which students will increase their knowledge and skills in the application of Personality Psychology oriented to the hospital environment to improve their healthcare performance. During 240 intensive hours of learning, students will master the characteristics of Rogers' phenomenological theory and Allport's ideographic personality theory, analyzing in detail their similarities and differences. They will also handle the specific constructs of Personality Psychology or detect the strategies that allow recovering the control of behavior by means of Emotional Intelligence.

All this, following a 100% online teaching modality, which will enable the student to achieve an excellent learning without the need to make uncomfortable displacements to a study center. In addition, you will have at your disposal extensive and very complete didactic resources in formats such as complementary readings or explanatory video. As a result, you will obtain a teaching accessible 24 hours a day and perfectly adapted to your academic and personal requirements.

This **Postgraduate Certificate in Personality Psychology for Nursing** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ Practical cases presented by experts in Mental Nursing for Health
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Adopt the best strategies to promote the recovery of control of the behavior of a patient through the use of Emotional Intelligence thanks to this qualification"

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Review the theories of personality with greater validity today and incorporate in your work methodology those that best suit your way of understanding psychology”

The program’s teaching staff includes professionals from the field who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.

Reach, in just 240 hours, knowledge that will position you as a leading professional in the area of Mental Health for Nursing.

This degree is characterized by having a 100% online methodology that will allow you to learn without neglecting your daily obligations.



02

Objectives

This Postgraduate Certificate has been designed with the premise of providing the student with the most advanced and cutting-edge skills and knowledge in Personality Psychology applied to the work of the nursing professional. This way, they will master the different theories that are currently valid in this field to improve their healthcare for their patients. Such learning will be preserved by achieving the following general and specific objectives.



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Adopt the most up-to-date knowledge in Personality Psychology for Nursing and improve your daily health performance”



General Objectives

- ♦ Explain the diagnosis, etiology, pathophysiology, and prevention of mental illness
- ♦ Identify risk factors for mental illness
- ♦ Identify signs and symptoms that indicate mental illness
- ♦ Develop techniques to explain and apply patient self-care to prevent mental health disorders



Analyze, through this degree, the particularities of the different theories based on social learning that are valid today"





Specific Objectives

- ◆ Define the implications of psychoanalytic theory for psychopathology
- ◆ Master Rogers phenomenological theory
- ◆ Comprehend Kelly's theory of personal constructs
- ◆ Explain Allport's Personality Theory
- ◆ Delve into the Cattell's Theory
- ◆ Understand Eysenck's Personality Theory
- ◆ Describe social learning theories
- ◆ Define the concept of emotional intelligence
- ◆ Detect identity from a cognitive and social perspective



03

Course Management

To preserve the high educational standard of TECH qualifications, this program is directed and taught by nurses specialized in Mental Health who have exercised their functions in a wide number of hospitals. Since these teachers are responsible for preparing all the didactic contents that the student will study during this Postgraduate Certificate, the knowledge they will provide will have been applied previously in their work experiences.





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From the hand of nurses specialists in Mental Health reference, you will assimilate a series of competencies in Personality Psychology that will make you grow as a professional"

Management



Ms. Peña Granger, Mercedes

- Head of Adult Psychiatry Nursing Unit at General University Gregorio Marañón Hospital, Madrid
- EIR Mental Health Tutor in Multidisciplinary Teaching Unit at Gregorio Marañón General University Hospital, Madrid
- Associate Professor at the University of Comillas and the University of Rey Juan Carlos
- Graduate in Nursing from the Complutense University of Madrid
- Diploma in Nursing Psychosomatics from the Complutense University of Madrid
- Degree in Social and Cultural Anthropology from the Complutense University of Madrid
- Degree in Nursing from Rey Juan Carlos University
- Mental Health Specialist. Ministry of Health
- Master's Degree in the Humanization of Health Institutions from the European University of Madrid



Lozano Alonso, Raúl

- ♦ Head of Nursing of the Drug Addiction Disorders Unit at Hestia Esquerdo Hospital
- ♦ President of the Madrid Association of Mental Health Nurses
- ♦ Professor at the University School of Nursing of the Red Cross from the Autonomous University of Madrid
- ♦ Personalized Trainer in MIR exams at CEMIR-Team POE
- ♦ Faculty member of Nus Agency
- ♦ Nursing Services in Quirónsalud
- ♦ Community Care Nurse in the Madrid Health Service (SERMAS)
- ♦ University Professor at Rey Juan Carlos University
- ♦ Assistant University Professor at the Autonomous University of Madrid
- ♦ Diploma in Nursing
- ♦ Specialist Nurse in Mental Health via EIR entrance exams
- ♦ Master's Degree in Nursing Sciences
- ♦ Master's Degree in Health Services Management and Telemedicine

Professors

Ms. Cunillera Llorente, Alicia H

- ◆ Specialist Nurse in Mental Health
- ◆ Nurse of the Short Psychiatric Hospitalization Unit at the Gregorio Marañón General University Hospital, Madrid
- ◆ Nurse of the Food Disorders Unit at the Gregorio Marañón General University Hospital, Madrid
- ◆ Nurse from the Personality Disorders Unit at the PhD Rodríguez Lafora Hospital
- ◆ Speaker at congresses and conferences specialized in Mental Health
- ◆ Degree in Nursing from the Pontificia de Comillas University

Ms. Borrego Espárrago, María Victoria

- ◆ Nursing Supervisor of in Hospitalization at the Riber Juan Bravo Hospital Complex
- ◆ Nurse Mental Health Specialist at Sisters Hospitals of the Sacred Heart of Jesus
- ◆ Nursing Supervisor of the Psychosocial Rehabilitation Area at the San Miguel Clinic
- ◆ Author of numerous Specialized publications
- ◆ Diploma in Nursing from the Autonomous University of Madrid
- ◆ Diploma in Nursing by EUE Red Cross
- ◆ Postgraduate Diploma Degree in Health Services Management through the University CEU Cardenal Herrera
- ◆ Member of: Board of Directors of the Spanish Association of Nursing of Mental Health, Advisory Commission of Care of the Regional Office of the Community of Madrid





Ms. González Palomar, María Esther

- ◆ Specialist Nurse in Mental Health
- ◆ Head of the Nursing Unit of Adolescent Psychiatry at the Gregorio Marañón University General Hospital
- ◆ Postgraduate Certificate in Nursing from the Complutense University.
- ◆ Postgraduate Certificate in Social Work at Complutense University
- ◆ Specialist in Mental Health Nursing
- ◆ University Diploma in Surgical Nursing
- ◆ University Diploma in Coronary Unit Nursing
- ◆ University Diploma in Psychiatric Nursing

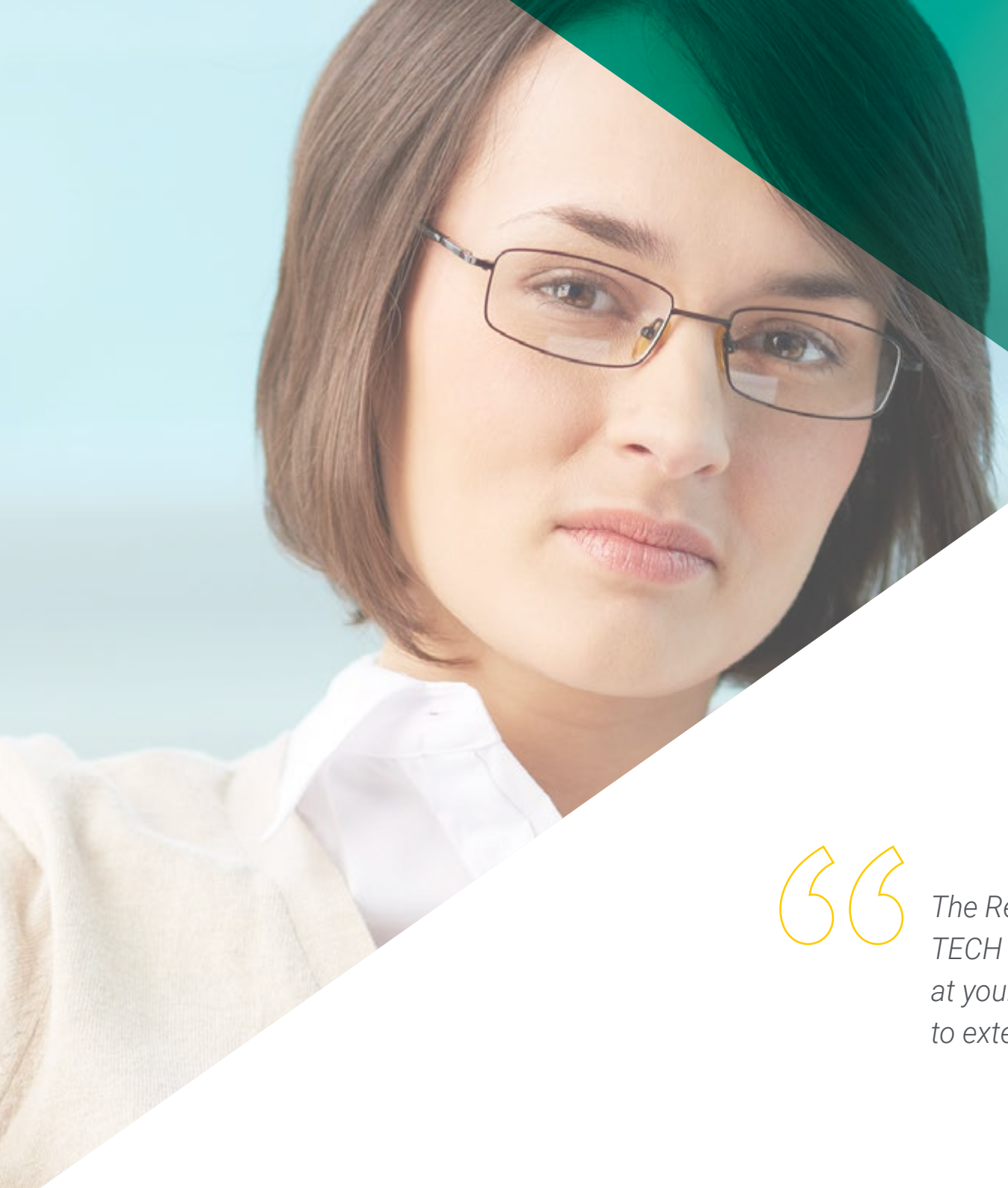
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Take the opportunity to learn about the latest advances in this field in order to apply it to your daily practice”

04

Structure and Content

The agenda of this Postgraduate Certificate has been designed with the primary objective of providing the nursing professional with the most relevant and updated knowledge in the area of personality psychology. The didactic contents to which students will gain access during the duration of this program will be available in formats as varied as the readings, the explanatory video or the interactive summary. Thanks to this, you will achieve a completely enjoyable and individualized learning.



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The Relearning system, typical of this TECH program, will allow you to learn at your own pace without submitting to external limitations"

Module 1. Personality Psychology

- 1.1. Introduction to the Psychology of Personality
 - 1.1.1 The Definition of Personality
 - 1.1.2 Objectives of Personality Psychology
 - 1.1.3 Theoretical Models of Personality Psychology
 - 1.1.4 Research Traditions in Personality Psychology
- 1.2. Biological Theories of Personality
 - 1.2.1 Introduction
 - 1.2.2 Constitutionalist Typological Orientations
 - 1.2.3 Hormonal Typologies
 - 1.2.4 Pavlov's Typology
 - 1.2.5 Phrenology Theories
- 1.3. Psychoanalytic Theories of Personality
 - 1.3.1 Introduction
 - 1.3.2 Basic Propositions of Psychoanalytic Theory
 - 1.3.3 Primary and Secondary Processes
 - 1.3.4 The Structure of Personality
 - 1.3.5 The Dynamics of Personality
 - 1.3.6 Personality Development
 - 1.3.7 Implications of Psychoanalytic Theory for Psychopathology
 - 1.3.8 Harry Sullivan's Interpersonal Theory
- 1.4. Rogers' Phenomenological Theory
 - 1.4.1 Introduction
 - 1.4.2 Basic Assumptions
 - 1.4.3 The Structure of Personality
 - 1.4.4 The Dynamics of Personality
 - 1.4.5 Implications in Psychopathology
- 1.5. Kelly's Theory of Personal Constructs
 - 1.5.1 Introduction
 - 1.5.2 The Definition of Constructivism
 - 1.5.3 Fundamental Postulate and Corollaries
 - 1.5.4 The Structure of Personality
 - 1.5.5 The Dynamics of Personality
 - 1.5.6 Evolutionary Development
 - 1.5.7 Implications of the Theory for Psychopathology
- 1.6. Allport's Personality Theory
 - 1.6.1 Assumptions and Methodology
 - 1.6.2 The Structure of Personality
 - 1.6.3 Behavioral Determinants
- 1.7. Cattell's Personality Theory
 - 1.7.1 Introduction
 - 1.7.2 Cattell's Personality Structure
 - 1.7.3 Status and Role
 - 1.7.4 Evolutionary Change in Personality
- 1.8. Eysenck's Personality Theory
 - 1.8.1 Introduction
 - 1.8.2 Psychoticism
 - 1.8.3 Neuroticism and Extraversion
 - 1.8.4 Behavior and Personality Dimensions
 - 1.8.5 Personality Dimensions and Well-Being
- 1.9. The Big Five and Other Factorial Models
 - 1.9.1 Five-Factor Models
 - 1.9.2 Historical Development
 - 1.9.3 Other Factor-Type Models
- 1.10. Social Learning Theories
 - 1.10.1 Introduction
 - 1.10.2 Rotter's Social Learning Theory
 - 1.10.3 Bandura's Model of Reciprocal Determinism



- 1.11. Interactionist Models
 - 1.11.1 Introduction
 - 1.11.2 The Person- Situation Controversy
 - 1.11.3 The Interactionist Perspective
- 1.12. Personality Psychology Constructs
 - 1.12.1 Introduction
 - 1.12.2 The Concept of Self-Control
 - 1.12.3 The Concept of Perceived Self-Efficacy Expectancy
 - 1.12.4 Attribution Processes
 - 1.12.5 Consequences of Loss of Behavioral Control
 - 1.12.6 Resilient Personality, Sense of Coherence and Resilience
 - 1.12.7 Emotional Intelligence
- 1.13. Contributions to Identity from a Cognitive and Social Perspective
 - 1.13.1 Contributions to Identity from a Cognitive and Social Perspective
 - 1.13.2 The Problem of the Self
 - 1.13.3 Personal Identity as Narrative Identity
 - 1.13.4 Stability and Change
 - 1.13.5 The Multiplicity of the Self
 - 1.13.6 Social Self. Self-Observation Theory
- 1.14. Royce and Powell's Theory of Individuality
 - 1.14.1 Introduction
 - 1.14.2 The Structure of Personality
 - 1.14.3 The Dynamics of Personality
 - 1.14.4 Personality Throughout the Life Cycle

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Personality Psychology for Nursing guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This program will allow you to obtain your **Postgraduate Certificate in Personality Psychology for Nursing** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (**official bulletin**). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Personality Psychology for Nursing**

Modality: **online**

Duration: **6 weeks**

Accreditation: **8 ECTS**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development language
virtual classroom



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Personality Psychology for Nursing

