

# Postgraduate Certificate Parenting for Midwives





## Postgraduate Certificate Parenting for Midwives

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/pk/nursing/postgraduate-certificate/parenting-midwives](http://www.techtute.com/pk/nursing/postgraduate-certificate/parenting-midwives)

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01

# Introduction

It is necessary to educate children without resorting to physical punishment, which will help them grow up healthy and become responsible citizens. This makes positive parenting a right of the child and parents, who must respect the rights of minors.







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*Ongoing training for midwives will enable them to provide more personalized care to families, counseling them on positive parenting”*

The Council of Europe Recommendation (Recommendation Rec, 2006) endorses the importance of growing up in a positive family environment and urges the state's responsibility to create good conditions for this by providing parents with sufficient and adequate support. Spain has adopted the preventive approach in family intervention, to strengthen parental capacities and empower communities, as well as adopting codes of good professional practice to safeguard children's rights and promote their development.

The midwife, as an essential witness in the Training of a family and thanks to the particular bond of trust that is created in their practice, has the ability to evaluate from the prenatal period the resources and adaptation to new family roles, as well as the effectiveness of their conflict resolution strategies.

In this course we will study the different family models that exist today, as well as the models of parental education. Concepts and strategies for conflict resolution will be worked on and models of sessions for the promotion of positive parenting will be provided as an aid to their implementation in the daily work of the practice, and in the design of health education sessions.

In addition, we will delve into situations that deviate from the healthy bond by working with questionnaires that will help us to evaluate and diagnose these deviations.

Child maltreatment is an extreme consequence of bond disruption and psychological maltreatment is the most frequent type and also the most complex to detect. For this reason, special attention has been given to it in this training.

This **Postgraduate Certificate in Parenting for Midwives** is the most comprehensive and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by Parenting experts
- ♦ The graphic, schematic, and eminently practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice.
- ♦ News on Parenting
- ♦ Practical exercises where self-assessment can be used to improve learning.
- ♦ A special emphasis on innovative methodologies in Parenting
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Don't miss this opportunity to study in the largest private online university"*

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*This Postgraduate Certificate is the best investment you can make in the selection of up-to-date program for two reasons: in addition to updating your knowledge in Parenting for Midwives, you will obtain a Postgraduate Certificate from TECH Technological University”*

The teaching staff includes professionals from the field Puerperium, who bring their experience to this training program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training programmed to train in real situations.

This program is designed around Problem-Based Learning, whereby the specialist must try to solve the different professional practice situations that arise during the academic year. For this, the professional will have the help of an innovative system of interactive videos made by recognized experts, with great experience in Parenting.

*We offer you the best teaching methodology and the latest educational technology so that you can expand your training without complications.*

*Combine your studies with your professional work while increasing your knowledge in the field of puerperium thanks to this 100% online Postgraduate Certificate.*

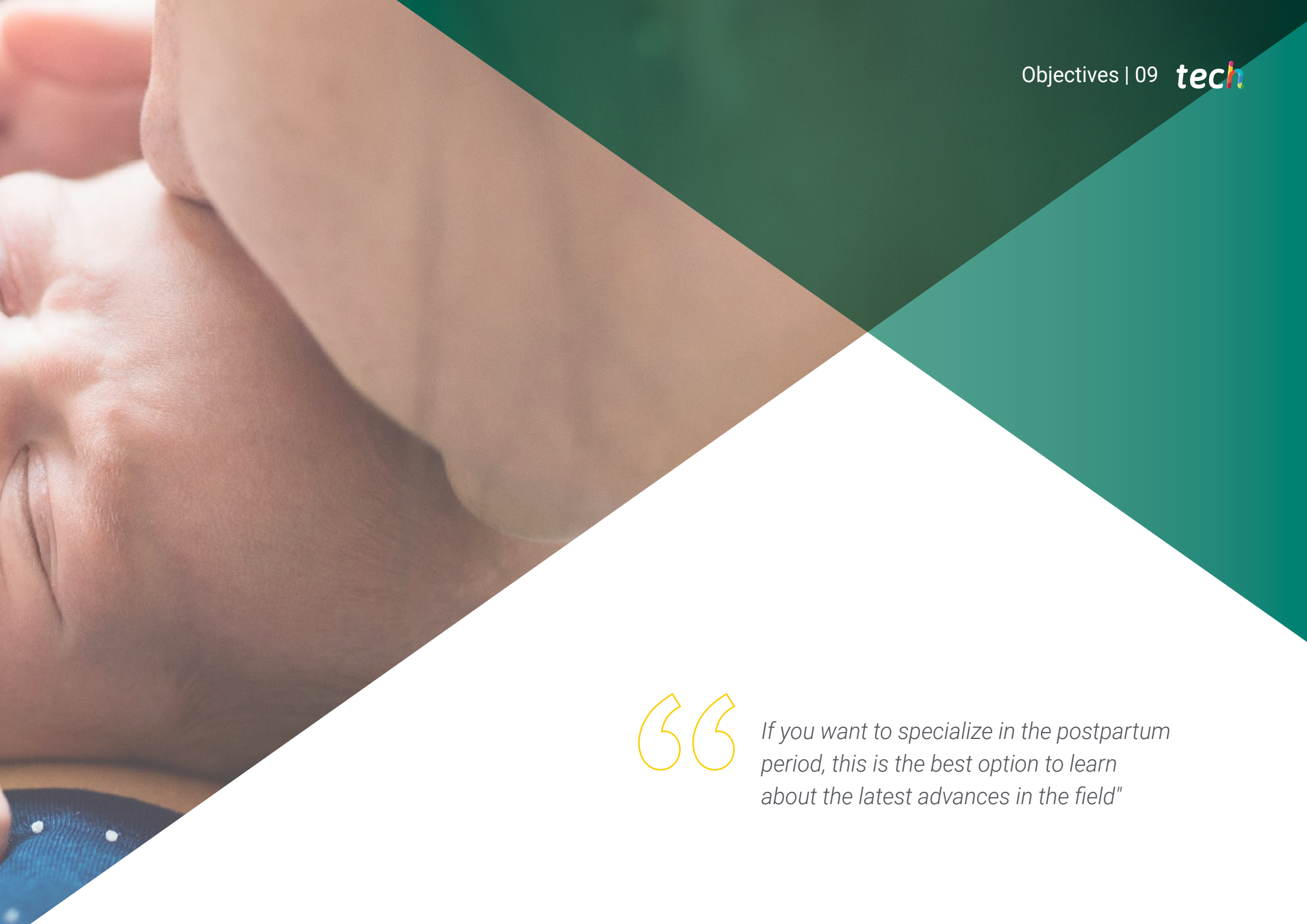


# 02 Objectives

Postgraduate Certificate in Parenting for Midwives is oriented to train midwives for their daily work in the postpartum period.







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*If you want to specialize in the postpartum period, this is the best option to learn about the latest advances in the field”*



## General Objectives

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- ♦ Update and expand the midwife's knowledge in the field of postpartum care in the hospital, in the health center and at home
- ♦ Obtain an integrated vision of the care required by women and their children during the Puerperium
- ♦ Understand the puerperium phase from a global and biopsychosocial point of view
- ♦ Facilitate the performance of the midwife dedicated to the care of the woman and the newborn in the postpartum phase
- ♦ Help provide quality postpartum care based on scientific evidence
- ♦ Contribute to the midwife's decision making in situations that deviate from normality
- ♦ Have the tools to achieve a multidisciplinary management in the puerperium
- ♦ Acquire the professional competencies necessary to offer a quality and updated healthcare practice
- ♦ Apply the knowledge obtained to solve problems that may arise in health care practice





## Specific Objectives

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- Know the concept of "Positive Parenting" and its legal and institutional framework
- Know the necessary criteria essential for positive parenting
- Identify the different types of family
- Learn how to use the tools for identifying family needs
- Identify the different parental educational styles
- Understand the strategies necessary for coeducation
- Deepen the design of workshops to promote coeducation
- Improve knowledge of the tools necessary for the correct resolution of intra-family conflicts
- Identify and promote the elements necessary for the correct establishment of attachment
- Identify the types of attachment
- Expand knowledge of assessment and diagnostic tools for bonding disorders
- Deepen in the different types of psychological mistreatment and its risk factors



*Update your knowledge through the Parenting for Midwives program"*

03

# Course Management

The program includes in its teaching staff leading experts in the postpartum period, who bring to this training the experience of their work. Additionally, other recognized specialists participate in its design and preparation, which means that the program is developed in an interdisciplinary manner.







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*We have an excellent team of professionals that will help you acquire the necessary skills to improve the care of your patients with Parenting in Puerperium"*

## Management



Ms. Grolimund Sánchez, Verónica

- ♦ Midwife at HGU Doctor Gregorio Marañón, Madrid Specialized in high-risk pregnancy and childbirth
- ♦ Diploma in Nursing from the Autonomous University of Madrid Red Cross School of Nursing
- ♦ Nurse Specialist in Obstetrics and Gynecology
- ♦ Professor in the Obstetrics and Gynecology Nursing Teaching Unit at HGU Gregorio Marañón since 2013
- ♦ Teaching collaborator at HGU Gregorio Marañón, tutoring and supervising EIR rotations in Family and Community Care
- ♦ Lecturer in the Practical Course on Obstetric Emergencies Obstetric Hemorrhage
- ♦ Nurse in special services such as emergency, URPA, ICU and neonatal ICU



Ms. Pallarés Jiménez, Noelia

- ♦ Midwife Gregorio Marañón University Hospital
- ♦ University Diploma in Nursing from the University of Zaragoza.
- ♦ Specialty in Obstetric-Gynecological Nursing (Midwife) at the Midwifery Teaching Unit of Catalonia, University of Barcelona
- ♦ Postgraduate in Sexual Health Educational and Community Intervention University of Lérida Foundation
- ♦ Collaborating professor at the Midwifery Resident Teaching Unit of the General University Hospital Gregorio Marañón as an expert in the area of maternal and newborn nursing
- ♦ Primary Care Midwife In Barcelona, Catalan Institute of Health
- ♦ Midwife at the University Hospital Clinic of Barcelona
- ♦ Obstetric-Gynecological Specialty at the Germans Trias i Pujol Hospital in Badalona as resident midwife
- ♦ Nurse in the puerperium ward at the Miguel Servet University Hospital in Zaragoza



## Professors

### Mr. Burgueño Antón, Adrián

- ◆ Specialist in Gynecology and Obstetrics. Supervisor in Maternal and Child Surgical Block at Hospital Universitario La Paz

### Ms. García Rodríguez, Laura

- ◆ Matron Goya Health Center

### Ms. Gutiérrez Munuera, Marta

- ◆ Midwife Infanta Leonor Hospital

### Ms. Hernando Orejudo, Isabel

- ◆ Matron University Hospital Clínico San Carlos in Obstetric Emergency Units, Delivery Room, High Obstetric Risk, Fetal Physiopathology and Breastfeeding

### Ms. López Collado, Irene

- ◆ Obstetric Gynecological Nurse

### Ms. Matesanz Jete, Consuelo

- ◆ Midwife General Hospital of Segovia
- ◆ Nurse specialized in Obstetrics and Gynecology

### Ms. Martín Jiménez, Beatriz

- ◆ Midwife in the delivery room and obstetric emergency services Getafe University Hospital

### Ms. Ramírez Sánchez-Carnerero, Rosa María

- ◆ Matron Virgen de Altagracia de Manzanares Hospital

### Ms. Sánchez Boza, Pilar

- ◆ Nurse specialized in Obstetrics and Gynecology

### Ms. Triviño de la Cal, Cristina

- ◆ Specialist in Gynecology and Obstetrics. Yébenes Health Center, Madrid

04

# Structure and Content

The structure of the contents has been designed by the best professionals in the Puerperium area, with a wide trajectory and recognized prestige in the profession, backed by the volume of cases reviewed, studied and diagnosed, and with a wide command of the new technologies applied to healthcare.







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*This Postgraduate Certificate in Parenting in the Puerperium contains the most complete and up-to-date scientific program on the market”*

## Module 1. Parentality

- 1.1. Childhood and Positive Parenting in the European Framework
  - 1.1.1. The Council of Europe and the Rights of the Child
  - 1.1.2. Positive Parenting: Definition and Basic Principles
  - 1.1.3. Public Policies to Support Positive Parenting
- 1.2. The Family as an Agent of Health
  - 1.2.1. Family Definition
  - 1.2.2. The Family as an Agent of Health
  - 1.2.3. Protective Factors and Stressors
  - 1.2.4. Development of Parental Competencies and Responsibility
- 1.3. Family: Structure and Vital Cycle
  - 1.3.1. Family Models
    - 1.3.1.1. Inclusion
    - 1.3.1.2. Fusion
    - 1.3.1.3. Interdependence
  - 1.3.2. Types of Family
    - 1.3.2.1. Stable
    - 1.3.2.2. Unstable
    - 1.3.2.3. Single Parent
    - 1.3.2.4. Reconstituted
  - 1.3.3. Single-Parent Families
  - 1.3.4. Assessment of the Family's Needs
    - 1.3.4.1. Family Evolutionary Cycle
    - 1.3.4.2. Family Apgar Test
    - 1.3.4.3. Mos Questionnaire
- 1.4. Parental Educational Styles
  - 1.4.1. Essential Concepts
  - 1.4.2. Classification of Styles
    - 1.4.2.1. Authoritarian Parents
    - 1.4.2.2. Permissive (Indulgent and Neglectful) Parents
    - 1.4.2.3. Democratic Parents
  - 1.4.3. Family Styles
    - 1.4.3.1. Contractualist
    - 1.4.3.2. Statutory
    - 1.4.3.3. Maternalist
    - 1.4.3.4. Overprotective
- 1.5. Coeducation
  - 1.5.1. Introduction and Principles
  - 1.5.2. Coeducation Strategies
  - 1.5.3. Workshops to Work on Coeducation in Families (Sessions)
- 1.6. Positive Conflict Resolution Intrafamily Communication
  - 1.6.1. Introduction
  - 1.6.2. Intelligent Traffic Light Technology
  - 1.6.3. Effective Communication, Active Listening and Assertiveness
  - 1.6.4. Self-esteem and Self-knowledge Self-esteem in the Different Stages of the Child
  - 1.6.5. Promoting Autonomy
  - 1.6.6. Self-Control and Frustration Tolerance
- 1.7. Attachment
  - 1.7.1. Introduction Function. Window of Opportunity
  - 1.7.2. Attachment Development by Age
  - 1.7.3. Attachment Types: Secure, Anxious and Ambivalent, Avoidant, Disorganized, Disorganized
  - 1.7.4. Paternal Bond
- 1.8. Midwifery Care Oriented to Establishing and Fostering Attachment
  - 1.8.1. Kangaroo Method
  - 1.8.2. Promotion of Breastfeeding
  - 1.8.3. Porting
  - 1.8.4. Infant Massage
  - 1.8.5. Model Sessions for Attachment Enhancement



- 1.9. Alteration of the Maternal-Infant Bond
  - 1.9.1. Introduction
  - 1.9.2. Diagnostic Criteria
  - 1.9.3. Psychomedical Questionnaires
  - 1.9.4. Other Valuation Scales
  - 1.9.5. Semi-structured Interview
- 1.10. Emotional or Psychological Abuse
  - 1.10.1. Introduction to Child Abuse
  - 1.10.2. Definition of Psychological Abuse
  - 1.10.3. Classification: Passive and Active
  - 1.10.4. Risk Factors
  - 1.10.5. Symptoms and Disorders
  - 1.10.6. Forms that Psychological Abuse Takes on

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*This training will allow you to advance in your career comfortably”*

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: A way of learning that has proven to be extremely effective, especially in subjects that require memorization".*

## At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

*With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method.*

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



*The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a high socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: A direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: A clear and direct way to achieve the highest degree of understanding.



### Testing & Re-testing

The student's knowledge is periodically assessed and re-assessed throughout the program, through evaluative and self-evaluative activities and exercises: in this way, students can check how they are doing in terms of achieving their goals.



### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.





# 06 Certificate

The Postgraduate Certificate in Parenting for Midwives, in addition to the most rigorous and up-to-date training, access to a Postgraduate Certificate issued by TECH Technological University.







*Include in your training a Postgraduate Postgraduate Certificate in Parenting. A highly qualified added value for any professional in this area"*

This **Postgraduate Certificate in Parenting for Midwives** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained through the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Parenting for Midwives**

Official N° of Hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present quality  
development language  
classroom



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- » Dedication: 16h/week
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