Postgraduate Certificate
Palliative Care for Nursing

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Postgraduate Certificate
Palliative Care for Nursing

- » Modality: **online**
- » Duration: **6 weeks**
- » Certificate: **TECH Global University**
- » Accreditation: **6 ECTS**
- » Schedule: **at your own pace**
- » Exams: **online**

Website: **www.techtitute.com/us/nursing/postgraduate-certificate/palliative-care-nursing**

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01
Introduction

Palliative care is a fundamental and expanding area of nursing, aimed at improving the quality of life of patients with advanced or terminal illnesses. This approach to care, which focuses on alleviating suffering and managing the symptoms of illness, requires professionals who are highly specialized in technical, emotional and ethical skills. Therefore, specialization in this area has evolved significantly, incorporating advanced knowledge of pain management, holistic care and emotional support for both patients and their families. In this scenario, a fully online program has been created, developed by palliative care experts with extensive experience in the field. In addition, it uses the innovative Relearning methodology, a pioneer in TECH.

" *Thanks to this 100% online Postgraduate Certificate, you will expand your knowledge in pain management, complex symptoms, and emotional and psychological support, critical elements to improve the quality of patient care"*

Palliative care in nursing occupies a fundamental place in the comprehensive approach to patients with chronic or terminal illnesses. In fact, nurses with expertise in this field play a crucial role in symptom management, emotional support, effective communication and interdisciplinary care coordination.

This Postgraduate Certificate will analyze the philosophies and theoretical models that have shaped the practice of palliative care, as well as the impact of social movements and health policies that have contributed to its development. In this sense, the theoretical basis will enable professionals to better understand current practices and their adaptation to the changing needs of society.

It will also address research methodologies specific to this area, which will enable them to generate and evaluate evidence, improving the quality of palliative care. In addition, emphasis will be placed on the ability to design studies, analyze results and publish findings in order to contribute to palliative knowledge and clinical practice. In this way, the analytical and critical capacity of graduates will be reinforced, preparing them to be leaders in the generation of new ideas and approaches applied in their professional environment.

Finally, a variety of organizational structures will be examined, from Palliative Care Units in hospitals, to community services and home care teams. This knowledge will be crucial in understanding how services can be integrated and effectively and coordinate services effectively to provide a continuum of care tailored to the needs of terminally ill patients and their families.

At this juncture, TECH has launched a comprehensive, fully online and flexible program, designed to adapt to the specific needs of students, who will only need a device with an Internet connection to access the learning materials. It also incorporates the innovative Relearning methodology, which emphazises the repetition of key concepts for a more effective and natural assimilation of the content.

This **Postgraduate Certificate in Palliative Care for Nursing** contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of case studies presented by experts in Palliative Care for Nursing.
- The graphic, schematic and eminently practical contents with which it is conceived gather scientific and practical information on those disciplines that are indispensable for professional practice
- Practical exercises where self-assessment can be used to improve learning.
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection

You'll develop competencies in clinical leadership, ethics and patient-centered care, which will ultimately improve the quality of care you provide, as well as your job satisfaction"

You will analyze the historical and conceptual milestones that have shaped palliative care, from its beginnings to its contemporary evolution, through the best teaching materials.

"*You will delve deeper into specialized units and community programs, examining how these organizations address the unique needs of patients at the end of life*"

You will gain research, data analysis and academic writing skills, enabling you to contribute to the advancement of knowledge in this area, thanks to an extensive library of innovative multimedia resources.

The program's teaching staff includes professionals from the field who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. For this purpose, students will be assisted by an innovative interactive video system created by renowned and experienced experts.

02
Objectives

The main objective of this Postgraduate Certificate will be to prepare professionals to provide compassionate and specialized care to patients with advanced and terminal illnesses. It will equip nurses with an in-depth knowledge of the principles and practices of palliative care, including the effective management of pain and other complex symptoms, empathetic and effective communication with patients and families, and the implementation of ethical decision-making strategies. In addition, you will focus on developing leadership and interdisciplinary teamwork skills.

"

You will be immersed in the fundamental principles of palliative care, including the relief of physical, emotional, social and spiritual suffering in chronically or terminally ill patients"

General Objectives

- Have a solid understanding of the fundamentals and models of care in palliative care, as well as aspects such as epidemiology or pathophysiology of chronic diseases
- Enhance clinical skills for the comprehensive assessment of patients, including the management of complex symptoms and the approach to total suffering
- Adopt an individualized approach to care, focusing on both the preferences and values of users, respecting their autonomy at all stages of pathology
- Obtain empathetic and effective communication skills with both affected individuals and their families
- Apply knowledge of specific nutrition to improve prognosis and reduce complications in patients with advanced disease
- Keep abreast of innovations in matters such as diagnostic and therapeutic techniques most relevant to the follow-up of palliative patients

Specific Objectives

- Know the origin and development of Palliative Care
- Delve into the different types of organizations in Palliative Care
- Develop practical skills in symptom management (such as pain control, Dyspnea management or Fatigue management)
- Acquire skills to provide emotional support to patients and family members facing serious pathologies

" *This Postgraduate Certificate will encourage research and publication in the field, promoting continuous advancement and substantive improvement in the quality of life of patients"*

03

Course Management

The lecturers are highly qualified professionals specialized in palliative care, with in-depth knowledge of clinical practice and research.
In fact, these mentors are experts with specific experience in end-of-life care, having worked directly with patients in palliative settings. In addition, they are passionate about sharing their experience and knowledge with graduates, fostering a collaborative and stimulating learning environment to meet the challenges of palliative care with confidence and compassion.

The diversity of the lecturers' experiences will provide you with a comprehensive understanding of the multiple aspects of palliative care, based on real-life scenarios and up-to-date evidence"

Management

Dr. Lafuente Sanchis, Manuel Pablo

- Head of the Home Hospitalization and Palliative Care Service at La Ribera University Hospital, Valencia
- Specialist in Family and Community Medicine at the Virgen de los Lirios Hospital, Alcoy
- Clinical Simulation Instructor, Catholic University of Murcia
- University Professor in Nursing Studies
- Expert in Palliative Care, International University of La Rioja
- University Expert in University Teaching from the Catholic University of Valencia
- Degree in Medicine and Surgery from the University of Valencia
- Member of: Spanish Society of Home Hospitalization and Spanish Society of Clinical Simulation

04
Structure and Content

The program will cover a wide range of content, designed to provide graduates with a comprehensive knowledge of the discipline. Therefore, the philosophy and principles of palliative care will be analyzed, including the history and evolution of the field. In addition, technical aspects such as the advanced management of pain and other complex symptoms faced by patients at the end of life will be examined in depth. You will also examine the organizational structure of palliative care services, from hospital settings to home and community care, to work effectively in a variety of clinical settings and improve the quality of care.

You will cover crucial topics such as empathic communication, emotional management and family support, as well as strategies for ethical decision-making in the context of end-of-life care"

Module 1. Palliative Care

1.1. Current Situation in Palliative Care
- 1.1.1. Death in Modern Society
- 1.1.2. Evolution of the Specialty
- 1.1.3. Units at the European Level
- 1.1.4. Units at International Level

1.2. Palliative Care from the Perspective of International Law
- 1.2.1. Human Rights
- 1.2.2. European Law
- 1.2.3. International Legality

1.3. Syllabuses
- 1.3.1. Accreditation
- 1.3.2. Pre-university Teaching
- 1.3.3. Post-university Teaching

1.4. Scientific Societies
- 1.4.1. National
- 1.4.2. Regional
- 1.4.3. Relations

1.5. Economic Perspective of Palliative Care in the Health Care System
- 1.5.1. Economic Impact on Palliative Illness Health Systems
- 1.5.2. Efficiency of Palliative Care Units.
- 1.5.3. Impact on the Family Economy

1.6. Organization of Palliative Care
- 1.6.1. Hospital
- 1.6.2. Home Hospitalization Units
- 1.6.3. Palliative Care Based in Primary Care

“

You will be equipped with the knowledge and skills necessary to provide quality patient-centered care in the context of palliative care. What are you waiting for to enroll?"

05
Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**
This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.
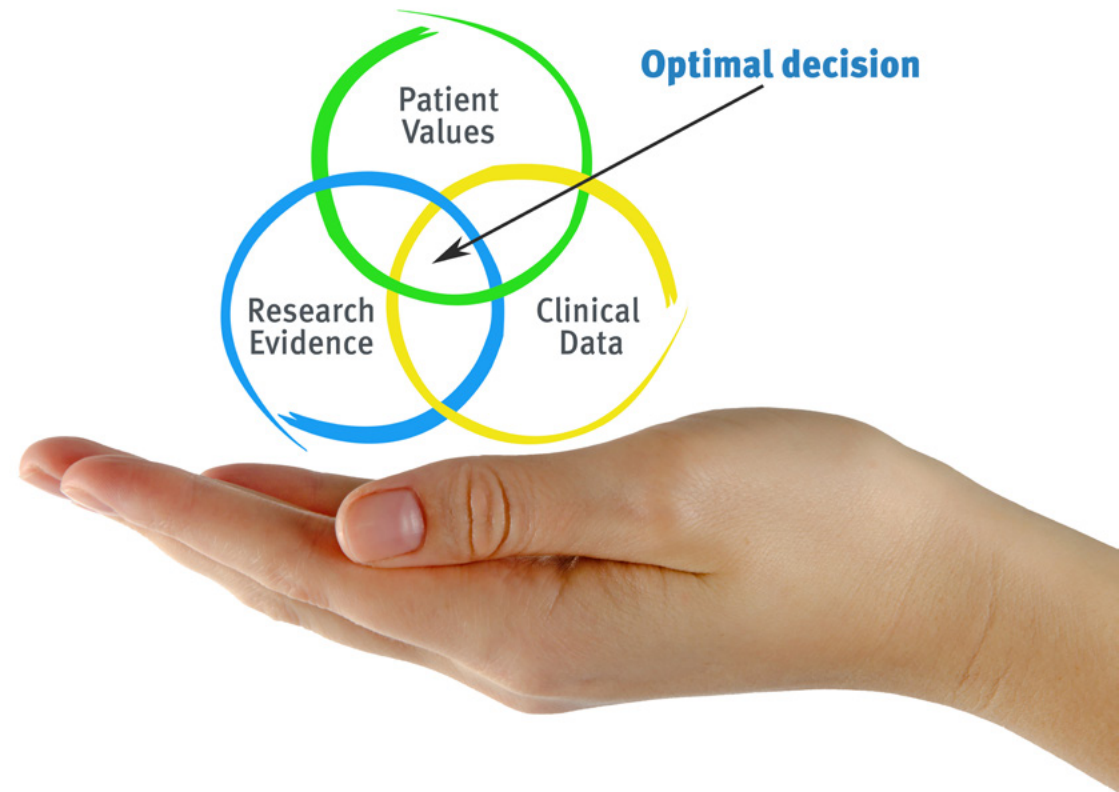
Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.

According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.

2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:

Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.

Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.

Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".

Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

20%

15%

15%

3%

20%

17%

7%

3%

Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

06
Certificate

The Postgraduate Certificate in Palliative Care for Nursing guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This private qualification will allow you to obtain a **Postgraduate Certificate in Palliative Care for Nursing** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University, is an official European University publicly recognized by the Government of Andorra *(official bulletin)*. Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Palliative Care for Nursing**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**

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Mr./Ms. _____, with identification document _____
has successfully passed and obtained the title of:

Postgraduate Certificate in Palliative Care for Nursing

This is a private qualification of 180 hours of duration equivalent to 6 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024

Dr. Pedro Navarro Illana
Dean

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country.   Unique TECH Code: AFWORD23S   techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

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