

# Postgraduate Certificate Palliative Care in the Elderly





## Postgraduate Certificate Palliative Care in the Elderly

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/pk/nursing/postgraduate-certificate/palliative-care-elderly](http://www.techtitute.com/pk/nursing/postgraduate-certificate/palliative-care-elderly)

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# 01

# Introduction

Palliative care is one of the most delicate fields in the treatment of elderly patients, as it not only covers the strict assessment and care of serious illnesses, but also includes psychological care for family members and people close to the patient. That is why the nursing professional's knowledge in this field must be excellent, in order to provide the best possible care in the most complicated moments. TECH has brought together the best possible teaching staff and the most advanced educational techniques in this qualification, so that students are guaranteed a complete education that will help them to further their careers by specializing in palliative care.



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*You will know how to best care for elderly patients who most need the support of nurses with high palliative skills”*

Serious illnesses are difficult to deal with, especially in the case of elderly patients, who are more fragile and have much more specific needs than the rest. Palliative treatments for the elderly must be administered by qualified personnel, thereby guaranteeing an improvement in the patient's well-being.

Since palliative care is generally a step prior to the care of terminally ill patients, students who take this qualification will also obtain competencies in the area of psychology oriented to the family of the elderly and the subsequent bereavement that they will have to cope with.

The sensitivity of the topic means that issues such as euthanasia or assisted suicide are also covered, as well as palliative sedation and the ethical conflicts that nursing professionals may face when dealing with elderly patients in their last stages of life.

TECH offers this complete program in palliative care in the elderly completely online, without classes or fixed schedules, allowing the student to decide when and how to take all the theoretical content. In addition to this convenience, it is not necessary to complete a final project to finish the qualification, which greatly alleviates the teaching load.

This **Postgraduate Certificate in Palliative Care in the Elderly** contains the most complete and up-to-date scientific program on the market. The most important features of the program include:

- ♦ Case studies presented by experts in geriatric nursing
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning.
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*This qualification will mean an improvement of interest in your professional ability to deal with delicate situations in elderly patients with serious illnesses”*

“

*You will have the full support of TECH staff, 100% involved in your professional improvement in the nursing field"*

The program's teaching staff includes professionals from the sector who contribute their work experience to this training program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise throughout the program. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

*You will assist families in the most difficult moments of loss with a first-class psychological methodology.*

*You are taking the right step towards a better working future by enrolling today in this Postgraduate Certificate in Palliative Care in the Elderly.*



02

# Objectives

The ultimate goal of the Postgraduate Certificate in Palliative Care in the Elderly is to focus the nursing careers of its students on a geriatric setting of maximum care. With a specialization in this field of the treatment of serious diseases, the students will distinguish themselves in their department and will be able to assume greater responsibilities, which will undoubtedly lead to professional improvement.





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*You will be the reference for your nursing colleagues when applying palliative care to elderly patients"*



## General Objectives

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- Update the professional in nursing procedures and interventions for proper care of geriatric patients in the internal medicine hospitalization unit
- Acquire a series of skills aimed at improving the skills of nursing professionals dedicated to the geriatric field
- Provide the best treatments, from the nursing professional's point of view, for geriatric patients, taking into account the particularities of each case





## Specific Objectives

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- ◆ Have the best tools to offer the best palliative treatments applied to geriatrics



*Don't wait any longer to fulfill your career goals and enroll today in Palliative Care in the Elderly"*

03

# Course Management

The teaching staff, in charge of the writing and elaboration of all the teaching material to which the student has access, is of the highest possible professionalism in the field of nursing. The theory contains its own real experience caring for elderly patients with serious illnesses, which ensures the student access to a useful and high level of teaching.



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*You will be mentored by a group of professionals looking to bring out the best version of yourself, being able to prove that you are the best geriatric nurse possible”*

## Guest Director



### Ms. Hernanz Borrego, Giovanna

- ♦ Head of Nursing Area of medical specialties (Geriatrics, Internal Medicine, Infectious Diseases Unit, Pneumology, Nephrology, Digestive, Neurology, Stroke and Hemodialysis Unit, Multipurpose Medical Day Hospital, Palliative Care Unit, Endoscopy, Home Hospitalization) of the General University Hospital Gregorio Marañón
- ♦ Collaboration as a teacher in the Master's Degree in Health Services Management for Nursing and Nursing Management at CEU Cardenal Herrera University
- ♦ University Diploma in Nursing from the Complutense University of Madrid
- ♦ Master's Degree in Nursing Direction and Management at CEU Cardenal Herrera University
- ♦ Active member of the Environmental Management Committee of the General University Hospital Gregorio Marañón
- ♦ Active member of the Functional Commission of Health Risks of the General University Hospital Gregorio Marañón

## Management



### Ms. Verano de la Torre, Marina

- ♦ Health Research Nurse - Jiménez Díaz Foundation University Hospital
- ♦ Teaching collaborator in seminars on Comprehensive Geriatric Assessment as part of the Nursing of the Elderly course at the Autonomous University of Madrid
- ♦ Lecturer in the course Update in Nursing Care for the Elderly at the Doctor Rodríguez Lafora Hospital
- ♦ Teacher in the psychogeriatrics course at Doctor Rodríguez Lafora Hospital: role of Nursing in active aging
- ♦ Degree in Nursing. Autonomous University of Madrid
- ♦ Specialist in Geriatric Nursing Ramón y Cajal Hospital Multidisciplinary Teaching Unit
- ♦ Nurse in the Traumatology, Urology and Thoracic Surgery Unit at Getafe University Hospital (Madrid).
- ♦ Nurse in Digestive Unit at Puerta de Hierro University Hospital (Madrid)

## Professors

### Ms. Mendoza Moreno, Virginia

- ♦ Advanced Practice Nursing (APN) in the Hip Fracture Unit. Department of Geriatrics Gregorio Marañón General University Hospital
- ♦ Clinical internship training for Geriatrics Nursing Resident Students
- ♦ Researcher-Collaborator in the multicenter study: National Hip Fracture Registry
- ♦ Collaborator as randomizer and treatment administrator in "Phase III, multinational, blinded observer, randomized, placebo-controlled study to demonstrate the efficacy of a single dose of the investigational vaccine against Respiratory Syncytial Virus in people over 60 years of age" GSK
- ♦ University Diploma in Nursing. San Juan de Dios University School. Comillas Pontifical University
- ♦ Geriatric Nurse Specialist

### Ms. Rodríguez de la Madrid, Eva María

- ♦ Head of Geriatric Nursing Unit and Emergency Department. Gregorio Marañón General University Hospital
- ♦ Nurse in medical, surgical, geriatric and psychiatric hospitalization units
- ♦ Associate Professor, Faculty of Health Sciences, Rey Juan Carlos University, Madrid
- ♦ Diploma in Nursing. University of Leon
- ♦ Master's Degree in Research in Care. Complutense University of Madrid
- ♦ Occupational Risk Prevention Technician. Training Institute of the Ministry of Labor of the Community of Madrid
- ♦ Participation in posters, papers and articles related to Nursing

### Ms. Valadés Malagón, María Isabel

- ♦ Nurse. Acute Geriatrics Unit. Gregorio Marañón General University Hospital
- ♦ University Diploma in Nursing. Pontific University of Salamanca, Madrid
- ♦ Adaptation to the Nursing Degree. Pontific University of Salamanca, Madrid.
- ♦ Specialist Nurse in Geriatric Nursing
- ♦ University Diploma in Social Work. Complutense University, Madrid

### Ms. Paredes Fernández, Andrea

- ♦ General and Digestive System Surgery Department. Gregorio Marañón General University Hospital
- ♦ Emergency Department. Gregorio Marañón General University Hospital
- ♦ Researcher on Physical training and health education in the prevention of functional deterioration associated with hospitalization in the elderly (AGECAR Plus)
- ♦ Degree in Nursing. Complutense University of Madrid
- ♦ Master's Degree in Care Integration and Clinical Problem Solving in Nursing
- ♦ Nursing Resident, Geriatric Nurse Specialist. Gregorio Marañón General University Hospital

### Ms. Vázquez Prudencio, Carolina

- ♦ Geriatrics Nurse in Henares University Hospital
- ♦ Hospitalization and Home Hospitalization Nurse at Torrejón University Hospital
- ♦ Nurse Resident Intern of Geriatric Nursing in UDM Geriatrics of the U.H. Ramón y Cajal
- ♦ Edalia Residence for the Elderly Torrejón de Ardoz
- ♦ Degree in Nursing (Alcalá de Henares University Hospital)
- ♦ Geriatric Nurse Specialist
- ♦ Official Master's Degree in Health Care Research. Complutense University of Madrid

04

# Structure and Content

The Postgraduate Certificate in Palliative Care in the Elderly contains the latest methodologies in the field of treatment of serious diseases, with special sensitivity to take into account when dealing with such treatments in elderly patients. The student will find theoretical material written in a clear and concise manner, in order to maximize skills and aptitudes in this field of nursing.







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*The audiovisual support provided by this Postgraduate Certificate will help you to better understand all the concepts taught”*

## Module 1. Palliative Care in the Elderly

- 1.1. Introduction to palliative care
- 1.2. Complexity Palliative Care Criteria
- 1.3. Main Symptoms in Palliative Care I
- 1.4. Main Symptoms in Palliative Care II
- 1.5. Routes of Administration of Pharmacological Treatment
- 1.6. Psychological Care in Palliative Care. Family and Bereavement
- 1.7. Advance Care Planning
- 1.8. End-of-life Care, Limiting Therapeutic Effort, and Palliative Sedation
- 1.9. Euthanasia and Assisted Suicide
- 1.10. Ethical Conflicts in Palliative Care





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*You decide when, how and where to study. You just need to take the step and formalize your enrollment today to achieve the job improvement you desire”*

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

*With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



*The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

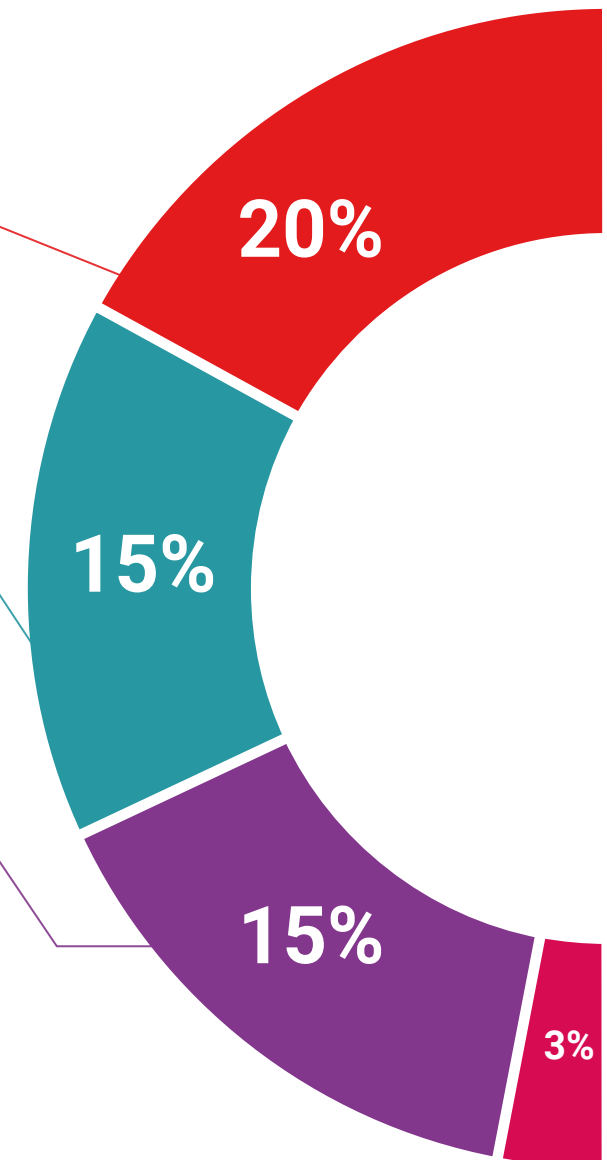
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 06 Certificate

The Postgraduate Certificate in Palliative Care in the Elderly guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.





*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*

This **Postgraduate Certificate in Palliative Care in the Elderly** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: **Postgraduate Certificate in Palliative Care in the Elderly**

Official N° of Hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present quality  
online training  
development language  
classroom



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