

Postgraduate Certificate

Nutrition in Palliative Patient for Nursing





Postgraduate Certificate Nutrition in Palliative Patient for Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Accreditation: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/nursing/postgraduate-certificate/nutrition-palliative-patient-nursing

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01

Introduction

Today, the emphasis is on a holistic and individualized approach, focused on improving the quality of life through nutrition tailored to the needs and preferences of the patient. Therefore, nutritional assessment should be continuous and adjusted to the stages of the disease and changes in the palliative patient's condition. In this sense, it is essential to address symptoms that affect intake, such as nausea, pain or difficulty swallowing, through strategies that include texture modification and the use of nutritional supplements. In this situation, a fully online program has been implemented, which allows putting into practice knowledge based on the latest scientific research. In addition, it is based on the innovative Relearning methodology, pioneer in TECH.



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Thanks to this 100% online Postgraduate Certificate, acquire critical skills to adequately assess and address the specific nutritional needs of palliative patients"

Nursing professionals play a key role by working closely with the interdisciplinary team to assess the individual nutritional needs of each palliative patient, tailoring interventions according to their preferences, abilities and health status. This personalized approach ensures adequate nutrition, providing relief from symptoms such as dysphagia, loss of appetite or malnutrition.

This Postgraduate Certificate is designed to provide professionals with the necessary skills to identify and diagnose malnutrition in palliative patients, from its earliest stages. The course will cover everything from detailed nutritional assessment to the use of specific tools to detect early signs of malnutrition to detect early signs of malnutrition, implementing intervention and follow-up strategies.

Likewise, the management of complex conditions, such as cachexia and sarcopenia, which are frequently observed in patients with advanced diseases, will be discussed in depth. In this regard, nurses will examine the latest techniques and treatments available to address these syndromes of muscle wasting and weight loss, understanding the physiological mechanisms that lead to them and best practices to mitigate their effects.

Finally, comprehensive specialization will be provided on the different types of diets adapted to various pathologies, as well as mastery of advanced nutrition techniques, including tube feeding. In this way, graduates will be able to select the most appropriate diet based on the patient's medical condition and the specific needs of the patient, as well as to safely and effectively manage enteral and parenteral nutrition. Therefore, TECH has introduced a comprehensive and fully digital program, designed to meet the particular needs of the student body, which will only require an electronic device with an electronic device with the ability to read and write. Additionally, the innovative Relearning methodology has been incorporated, which is based on the repetition of fundamental concepts to optimize and speed up the absorption of the content.

This **Postgraduate Certificate in Nutrition in Palliative Patient for Nursing** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Nutrition in Palliative Patient for Nursing
- ♦ The graphic, schematic and eminently practical contents with which it is conceived gather scientific and practical information on those disciplines that are indispensable for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



You will strengthen your ability to work in an interdisciplinary way, improving communication and collaboration with other health professionals, through an extensive library of innovative multimedia resources"

“

You will focus not only on proper nutrition, but also on pharmacological and physical intervention in palliative patients, thanks to the best didactic materials, at the forefront of technology and education”

You will obtain the necessary skills to diagnose malnutrition in palliative patients from early stages, all with the support of the revolutionary learning methodology known as Relearning.

The program includes in its teaching staff, professionals from the sector who bring to this specialization the experience of their work, in addition to recognized specialists of reference societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning: by means of which the professional must try to solve the different professional practice situations that arise throughout the academic course. For this purpose, students will be assisted by an innovative interactive video system created by renowned and experienced experts.



02

Objectives

The main objective of this program will be to prepare professionals to provide effective and empathetic nutritional care to terminally ill patients. Therefore, advanced skills will be developed for the early diagnosis of malnutrition, allowing timely interventions that improve the patient's quality of life.

In addition, emphasis will be placed on the specialized management of specific conditions, such as cachexia and sarcopenia, and will deepen the knowledge of different diets adapted to the needs of each pathology.



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You will be equipped with techniques for the safe and effective administration of tube nutrition, ensuring that palliative patients receive the nutritional support appropriate to their condition"



General Objectives

- ♦ Have a solid understanding of the fundamentals and models of care in Palliative Care, as well as aspects such as epidemiology or pathophysiology of chronic diseases
- ♦ Enhance clinical skills for the comprehensive assessment of patients, including the management of complex symptoms and the approach to total suffering
- ♦ Adopt an individualized approach to care, focusing on both the preferences and values of users, respecting their autonomy at all stages of pathology
- ♦ Obtain empathetic and effective communication skills with both affected individuals and their families
- ♦ Apply knowledge of specific nutrition to improve prognosis and reduce complications in patients with advanced disease
- ♦ Keep abreast of innovations in matters such as diagnostic and therapeutic techniques most relevant to the follow-up of palliative patients





Specific Objectives

- ◆ Acquire competences to diagnose malnutrition in palliative patients from early stages
- ◆ Perform an optimal approach to Cachexia and Sarcopenia
- ◆ Have a deep understanding of the types of diets depending on the pathology
- ◆ Master the method of average nutrition



Don't miss this unique opportunity that only TECH can offer you! With this university program you will effectively tackle cachexia and sarcopenia, common in the context of palliative care"

03

Course Management

The faculty members have been selected for their extensive experience and expertise in the field of nutrition and palliative care. Indeed, these experts come from various health-related disciplines, including professionals specialized in palliative care, with practical experience in the nutritional management of terminally ill patients. Therefore, their pedagogical approach will integrate theory with practical applications, using case studies and simulations to provide in-depth and comprehensive teaching.



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The professors will provide you with current perspectives on best practices and trends in palliative nutrition, ensuring you to acquire the most relevant and effective skills to apply in your daily professional practice”

Management



Dr. Lafuente Sanchis, Manuel Pablo

- ♦ Head of the Home Hospitalization and Palliative Care Service at La Ribera University Hospital, Valencia
- ♦ Specialist in Family and Community Medicine at the Virgen de los Lirios Hospital, Alcoy
- ♦ Clinical Simulation Instructor, Catholic University of Murcia
- ♦ University Professor in Nursing Studies
- ♦ Expert in Palliative Care, International University of La Rioja
- ♦ University Expert in University Teaching from the Catholic University of Valencia
- ♦ Degree in Medicine and Surgery from the University of Valencia
- ♦ Member of: Spanish Society of Home Hospitalization and Spanish Society of Clinical Simulation

Professors

Dr. Martín Marco, Antonio

- ♦ Internal Medicine Specialist at Arnau de Vilanova Hospital, Valencia
- ♦ Attending Physician in the Home Hospitalization and Palliative Care Unit
- ♦ Head of Teaching and Research in the Palliative Care Unit
- ♦ Master's Degree in Emergency Medical Care
- ♦ Master's Degree in Emergency Medical Care
- ♦ Degree in Medicine and Surgery from the University of Zaragoza.
- ♦ Member of: Spanish Society of Medical Oncology and Spanish Society of Internal Medicine



04

Structure and Content

The contents of this academic program will begin with an introduction to the fundamental principles of palliative care and the importance of nutrition in this context. It will then focus on strategies for the management of cachexia and sarcopenia, offering updated therapeutic approaches, which will discuss dietary and pharmacological interventions. In addition, the different dietary adaptations according to the patient's pathology will be addressed, personalizing nutritional interventions. Finally, a practical component on tube nutrition administration will be included, ensuring that nurses can apply these techniques safely and effectively.



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Program content will include the management of malnutrition, exploring techniques for early and ongoing nutritional assessment. With all the TECH quality guarantees!"

Module 1. Nutrition in Palliative Care Patients

- 1.1. Disease-related Malnutrition
 - 1.1.1. Diagnosis
 - 1.1.2. Monitoring
 - 1.1.3. Treatment
- 1.2. Tumor Cachexia
 - 1.2.1. Diagnosis
 - 1.2.2. Monitoring
 - 1.2.3. Treatment
- 1.3. Specific Diets
 - 1.3.1. Hyperproteic
 - 1.3.2. Hypercaloric
 - 1.3.3. Restrictive.
- 1.4. Diets for the Treatment of Anemias
 - 1.4.1. What do They Consist of?
 - 1.4.2. Iron Deficiency
 - 1.4.3. Megaloblastic Anemia
- 1.5. Objectives of Diabetes Mellitus Control
 - 1.5.1. Management in Special Situations (Fasting, Vomiting)
 - 1.5.2. Blood Sugar Levels.
 - 1.5.3. Treatment
- 1.6. Diets for Specific Pathologies
 - 1.6.1. Chronic Heart Failure (CHF)
 - 1.6.2. COPD
 - 1.6.3. Liver Failure
 - 1.6.4. Renal Insufficiency
- 1.7. Dysphagia
 - 1.7.1. Diagnosis
 - 1.7.2. Diets with Adapted Textures
 - 1.7.3. Monitoring





- 1.8. Nutrition by SNG/PEG
 - 1.8.1. Types of Tubes
 - 1.8.2. Artificial Nutrition
 - 1.8.3. Treatment
 - 1.8.4. Monitoring
- 1.9. Interactions Between Nutrition and Drugs
 - 1.9.1. Incompatibilities
 - 1.9.2. Treatment Adjustments
 - 1.9.3. Monitoring
- 1.10. Hydration at the End of Life
 - 1.10.1. Medical Aspects
 - 1.10.2. Ethical Aspects
 - 1.10.3. Legal Aspects

“ *A comprehensive program designed to equip you with the skills necessary to significantly improve patients' quality of life through proper and compassionate nutrition* ”

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



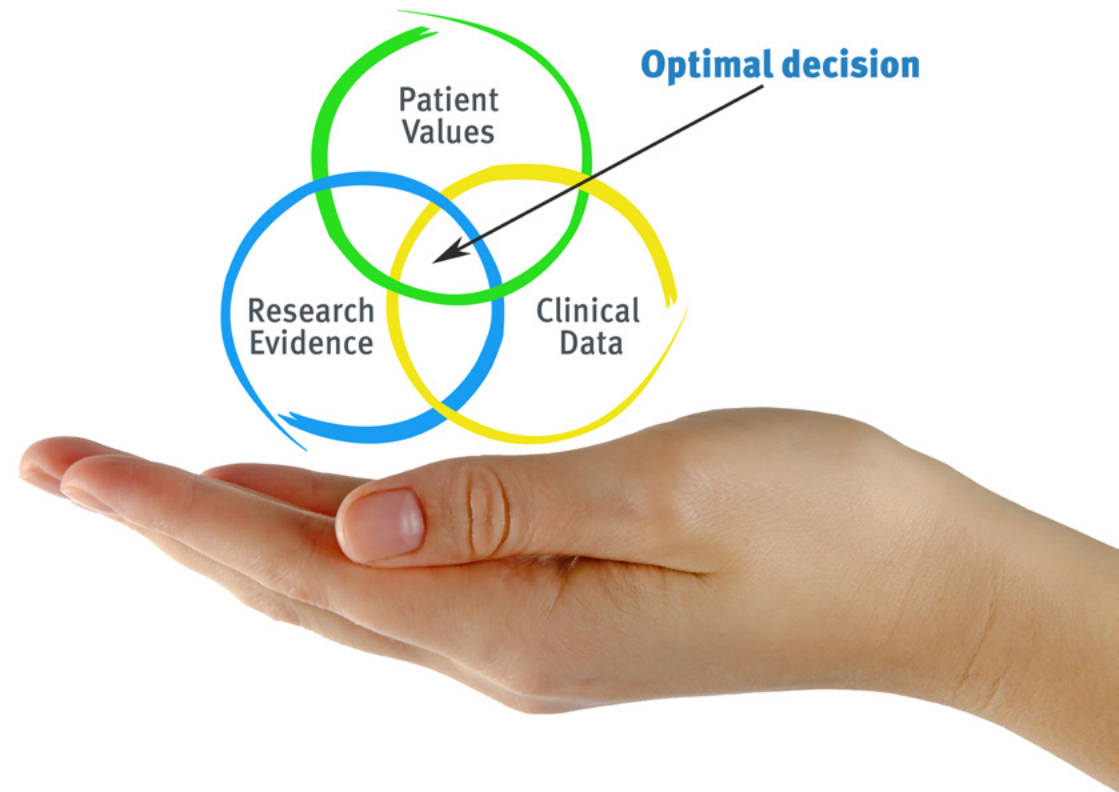
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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Nutrition in Palliative Patient for Nursing guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This private qualification will allow you to obtain a **Postgraduate Certificate in Nutrition in Palliative Patient for Nursing** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University, is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

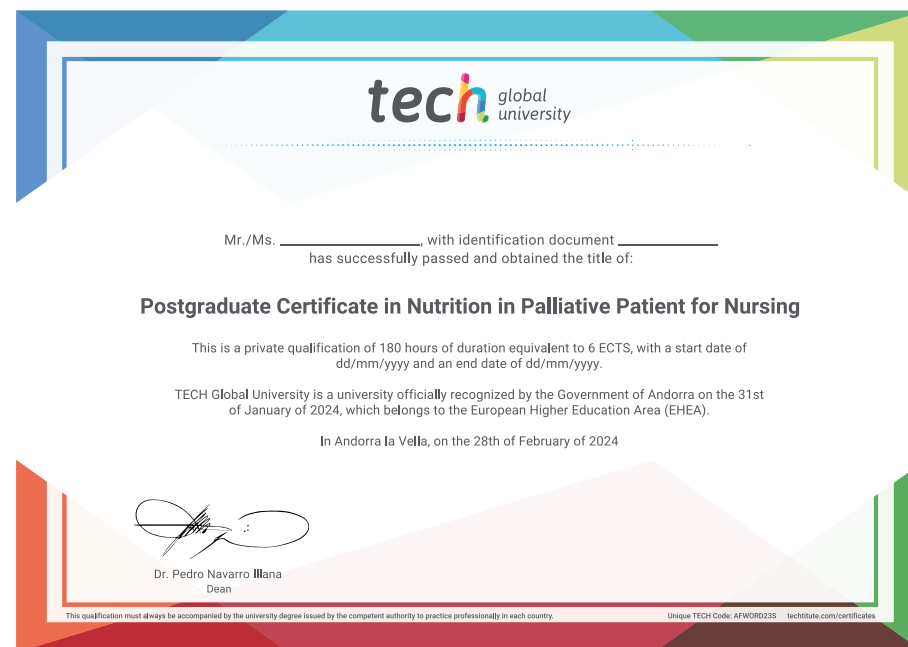
This **TECH Global University private qualification**, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Nutrition in Palliative Patient for Nursing**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future

health confidence people

education information tutors

guarantee accreditation teaching

institutions technology learning

community commitment

tech global
university

personalized service innovation

knowledge present Patient for Nursing

online training

development languages

virtual classroom

Postgraduate Certificate

Nutrition in Palliative Patient for Nursing

- » Modality: Online
- » Duration: 6 weeks
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- » Accreditation: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Postgraduate Certificate

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