

# Postgraduate Certificate

## Nutrition in Home Hospitalization for Nursing



## Postgraduate Certificate Nutrition in Home Hospitalization for Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/in/nursing/postgraduate-certificate/nutrition-home-hospitalization-nursing](http://www.techtitute.com/in/nursing/postgraduate-certificate/nutrition-home-hospitalization-nursing)

# Index

01

Introduction

---

*p. 4*

02

Objectives

---

*p. 8*

03

Course Management

---

*p. 12*

04

Structure and Content

---

*p. 16*

05

Methodology

---

*p. 20*

06

Certificate

---

*p. 28*

# 01

# Introduction

Hospitalized patients have very specific nutritional needs that become part of the necessary therapy for their ailment. At home, maintaining adequate nutrition requires a greater effort because the responsibility falls on the dependents. In this context, nursing staff must provide all the necessary advice and guidance to ensure proper nutrition.



“

*Learning how to create a good nutrition plan is one of the competencies that nursing professionals must master in order to support their patients at home.*

Home hospitalization has become an effective treatment resource in recent years for patients who need special care but who, thanks to advances in healthcare technology, do not need to go to the hospital but can be cared for in their own homes. Consequently, nursing professionals will be able to learn about the main advances in patient nutrition, taking into account the differences depending on the type of pathology.

Inadequate nutrition can lead to malnutrition in patients, especially when they are in advanced stages of their disease, so it is necessary for nursing professionals to monitor this and verify whether the treatment is progressing adequately. Therefore, home care nurses must be fully aware of the best procedures in each case.

With this Postgraduate Certificate, professionals will be able to delve deeper into all the aspects that make home hospitalization unique and different from other medical and nursing specialties, especially focusing on the field of patient nutrition, because the treatments will differ from a geriatric patient to an oncology one, or one suffering from infection, for example, which makes it essential to examine each type of patient in greater depth.

The syllabus is rigorously presented with the latest scientific evidence and clinical cases in which to advance our knowledge easily and intuitively, thanks to a 100% online methodology.

This **Postgraduate Certificate in Nutrition in Home Hospitalization for Nursing** contains the most complete and up-to-date scientific program on the market. The most important features of the program include:

- ◆ More than 100 practical cases presented by experts in Nutrition in Home Hospitalization Nursing.
- ◆ The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional.
- ◆ Latest information on the role of nurses in home hospitalization.
- ◆ Practical exercises where the self-assessment process can be carried out to improve learning.
- ◆ Algorithm-based interactive learning system for decision-making in the situations that are presented to the student.
- ◆ With special emphasis on evidence-based nursing and research methodologies in home hospitalization.
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments.
- ◆ The availability of content from any fixed or portable device with an Internet connection.



*It is essential for healthcare professionals to continue specialization throughout their working lives.*

“

*This Postgraduate Certificate contains the most complete and updated educational program on the market, with multimedia content reviewed by specialists in the field that will make learning easier.*

The teaching staff is made up of prestigious and renowned Spanish professionals, with long careers in health care, teaching and research, who have worked in different hospitals throughout the country, garnering professional and teaching experience that is delivered in an extraordinary way in this Postgraduate Certificate.

The methodological design of this Postgraduate Certificate has been developed by a multidisciplinary team of e-learning experts, integrating the latest advances in educational technology for the creation of numerous multimedia educational tools that allow the professional, based primarily on the problem-based learning method, to address real problems in their daily clinical practice. This will allow them to advance by acquiring knowledge and developing skills that will impact their future professional work.

It should be noted that each of the contents generated for this Postgraduate Certificate, as well as the videos, self-evaluations, clinical cases and exams, have been thoroughly reviewed, updated, and integrated by the professors and the team of experts that make up the working group. This will facilitate the learning process with a step-by-step approach in order to achieve the program teaching objectives.

*Train with us and update your knowledge to offer the most effective and personalized patient care.*

*This program will provide you with a sense of confidence in your medical practice, which will help you grow personally and professionally.*



# 02 Objectives

The support that patients need at the nutritional level should be provided, in the case of home care, by nursing professionals. This program will give you the necessary knowledge to be able to do it safely according to the most advanced nutritional criteria in the field.







“

*Elaborate the most appropriate nutritional plans for each case.*



## General Objective

---

- Bring the nurses' knowledge up to date by using the best scientific evidence for patient nutrition in the field of home hospitalization, as an efficient and effective alternative to conventional hospitalization.



*Make the most of the opportunity and take the step to get up-to-date on the latest developments in Nutrition in Home Hospitalization for Nursing.*





## Specific Objectives

---

- ♦ Master the specific aspects of home hospitalization nutrition.
- ♦ Learn how to perform nutritional assessments patients.
- ♦ Recognize the specific nutritional needs of dysphagia patients.
- ♦ Learn the specific nutritional needs of oncology patients.
- ♦ Learn the specific nutritional needs of geriatric patients.
- ♦ Learn how to create a nutritional plan for infectious disease patients.
- ♦ Provide parenteral nutrition at patients' homes.
- ♦ Provide enteral nutrition at patients' homes.

03

# Course Management

The teaching program includes the participation of prestigious and renowned specialists and nurses, with numerous publications, teaching and professional experience in multiple hospitals, where many of the diseases studied have a high morbimortality. The team of professors is made up of a multidisciplinary faculty from various medical specialties, such as Internal Medicine, Family Medicine, Palliative Medicine, Preventive Medicine and Nursing, among others.



“

*Learn from leading professionals the latest procedure advances in the field of Nutrition in Home Hospitalization Nursing.*

## Management



### Dr. Lafuente Sanchis, Manuel Pablo

- ◆ Degree in Medicine and Surgery from the University of Valencia Spain
- ◆ Head of the Home Hospitalization and Palliative Care Service Ribera University Hospital
- ◆ Specialist in Family and Community Medicine Virgen de los Lirios Hospital in Alcoy Spain
- ◆ Specialist Degree in Palliative Care International University of La Rioja
- ◆ Specialist Degree in University teaching Catholic University of Valencia
- ◆ Clinical Simulation Instructor Murcia Catholic University
- ◆ Member of the Spanish Society of Home Hospitalization
- ◆ Member of the Spanish Society of Clinical Simulation
- ◆ Professor of the Nursing Degree Urgent and Emergency Care Catholic University of Valencia
- ◆ Professor on the Master's Degree in Palliative Care Tech University
- ◆ Professor on the Master's Degree in Urgent and Emergency Care Nursing European University of Valencia

## Professors

### Ms. Amoros Cantero, Aurora

- ◆ University Diploma in Nursing University of Valencia
- ◆ Nurse, Preventive Medicine Service Ribera University Hospital

### Dr. Ciancotti Oliver, Lucía

- ◆ Degree in Medicine and Surgery from the University of Valencia Spain
- ◆ Specialist in Family and Community Medicine Lluís Alcanyis Hospital Xàtiva
- ◆ Specialist in Preventive Medicine, Public Health and Hygiene Dr Peset Hospital Valencia
- ◆ Attending Physician in the Preventative Medicine Unit at Ribera University Hospital Valencia
- ◆ Member of the Spanish Society of Preventive Medicine, Public Health and Hygiene
- ◆ Master's Degree in Public Health and Healthcare Management University of Valencia

### Ms. Alcover Pons, Marta

- ◆ University Diploma in Nursing University of Valencia
- ◆ Nurse, Preventive Medicine Service Ribera University Hospital Alzira

### Dr. Bou Monterde, Ricardo

- ◆ Degree in Medicine and Surgery from the University of Valencia Spain
- ◆ Specialist in Preventive Medicine and Public Health
- ◆ PhD in Medicine and Surgery Department of Public Health University of Barcelona
- ◆ Head of Preventative Medicine and Public Health Service Ribera University Hospital Valencia

**Dr. Duart Clemente, Cristina**

- ♦ Degree in Medicine and Surgery from the University of Valencia Spain
- ♦ Specialist in Family and Community Medicine Ribera University Hospital Alcoy
- ♦ Master's Degree in Palliative Care Valladolid
- ♦ Attending Physician of the Home Hospitalization and Palliative Care Unit

**Dr. Flor Bustos, Loida**

- ♦ Degree in Medicine and Surgery from the University of Valencia Spain
- ♦ Specialist in Family and Community Medicine Clinical University Hospital of Valencia. Attending Physician in the Home Hospitalization and Palliative Care Units in Ribera University Hospital Valencia

**Mr. García-Noblejas Julià, Pablo**

- ♦ University Diploma in Nursing University of Valencia Spain
- ♦ Nurse in the Home Hospitalization and Palliative Care Unit Ribera University Hospital
- ♦ Master's Degree in Hospital Management Catholic University of Valencia Spain

**Dr. Jara Calabuig, Irina**

- ♦ Degree in Medicine and Surgery from the University of Reus Spain
- ♦ Specialist in Family and Community Medicine Virgen de los Lirios Hospital Alcoy
- ♦ Master's Degree in Palliative Care Valladolid
- ♦ Attending Physician of the Home Hospitalization and Palliative Care Unit

**Dr. Martín Marco, Antonio**

- ♦ Degree in Medicine and Surgery from the University of Zaragoza, Spain
- ♦ Specialist in Internal Medicine Arnau de Vilanova Hospital, Lleida Spain
- ♦ Attending Physician of the Home Hospitalization and Palliative Care Unit
- ♦ Head of Teaching and Research at the Palliative Care Unit
- ♦ Master's Degree in Urgent Medical Attention
- ♦ Member of the Spanish Society of Medical Oncology

**Ms. Sanchis Aguilar, Paula**

- ♦ University Diploma in Nursing
- ♦ Nurse in the Home Hospitalization and Palliative Care Unit Ribera University Hospital
- ♦ Case manager for complex chronic patients EVES

**Dr. Santander López, Jorge**

- ♦ Degree in Medicine and Surgery from the University of Mendoza Argentina
- ♦ Specialist in Family and Community Medicine La Fe University Hospital Valencia Spain
- ♦ Attending Physician of the Home Hospitalization and Palliative Care Unit

**Dr. Tarraso Gómez, M<sup>a</sup> Luisa**

- ♦ Degree in Medicine and Surgery from the University of Valencia Spain
- ♦ Specialist in Family and Community Medicine
- ♦ Master's Degree in Palliative Care Valladolid
- ♦ Attending Physician of the Home Hospitalization and Palliative Care Unit Ribera University Hospital
- ♦ Attending Physician in Pain Unit Ribera University Hospital
- ♦ Professor on the Professional Master's Degree in Urgent and Emergency Care European University of Valencia

**Dr. Torrijos Pastor, Antonio**

- ♦ Degree in Medicine and Surgery from the University of Cadiz Spain
- ♦ Specialist in Family and Community Medicine Marina Baixa Hospital Villajoyosa
- ♦ Master's Degree in Palliative Care Valladolid
- ♦ Attending Physician of the Home Hospitalization and Palliative Care Unit

**Ms. Vila Herranz, Mireia**

- ♦ University Diploma in Nursing Catholic University of Valencia Spain
- ♦ Postgraduate Certificate in Terminal Illness and Palliative Care for Nurses
- ♦ Nurse in the Home Hospitalization and Palliative Care Unit
- ♦ Lecturer in Palliative Care training courses EVES

# 04

## Structure and Content

The teaching program has been created by a group of professors and professionals with medical and nursing backgrounds. They have extensive clinical, research and teaching experience, and are interested in integrating the latest and most current scientific knowledge of home hospitalization to guarantee professional training and improvement. This will allow them to improve the daily clinical practice of the professionals who care for patients or populations in the community.







“

*Acquire complete specialization in the field of Nutrition in Home Hospitalization for Nursing thanks to a teaching program with innovative methodologies and the latest developments on the market.*

## Module 1. Nutrition in Home Hospitalization

- 1.1. Nutritional Assessment Scales
  - 1.1.1. MUST
  - 1.1.2. MNA
  - 1.1.3. Laboratory Parameters
  - 1.1.4. Clinical Parameters
- 1.2. Dysphagia
  - 1.2.1. Diagnosis
  - 1.2.2. Etiology
  - 1.2.3. Home-Based Management
- 1.3. Oncology Patients
  - 1.3.1. Nutritional Needs in Oncology Patients
  - 1.3.2. Peculiarities
- 1.4. Geriatric Patient
  - 1.4.1. Nutritional Needs in Geriatric Patients
  - 1.4.2. Peculiarities
- 1.5. Patient with Infectious Diseases
  - 1.5.1. Nutritional Needs in Infectious Patients
  - 1.5.2. Peculiarities
- 1.6. Enteral Nutrition at Home
  - 1.6.1. Types of Nutrition
  - 1.6.2. Normocaloric- Normoprotein
  - 1.6.3. Hypercaloric- Hyperprotein
  - 1.6.4. Hyperprotein- Normocaloric
  - 1.6.5. Special Supplementation
- 1.7. Parenteral Home Nutrition
  - 1.7.1. Types of Nutrition
  - 1.7.2. Probes





“

*A unique, key, and decisive training experience to boost your professional development.*

05

# Methodology

This training program provides you with a different way of learning. Our methodology uses a cyclical learning approach: ***Re-learning***.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the ***New England Journal of Medicine*** have considered it to be one of the most effective.





“

*Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization.*

## At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

*With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

“

*Did you know that this method was developed in 1912 for Harvard law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method.*

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Re-learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

This University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



*The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success, in all specialities regardless of practical workload. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Re-learning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



### Testing & Retesting

The student's knowledge is periodically assessed and re-assessed throughout the program, through evaluative and self-evaluative activities and exercises: in this way, students can check how they are doing in terms of achieving their goals.



### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

# Certificate

The Postgraduate Certificate in Nutrition in Home Hospitalization for Nursing guarantees, in addition to the most rigorous and updated training, access to a qualification issued by TECH - Technological University.





*Successfully complete this training program and receive your diploma without travel or laborious paperwork.*

This **Postgraduate Certificate in Nutrition in Home Hospitalization for Nursing** contains the most complete and up-to-date scientific program on the market.

After the student has passed the evaluations, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Nutrition in Home Hospitalization for Nursing**

Official Number of Hours: **100**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present quality  
development languages  
virtual classroom



**Postgraduate Certificate**  
Nutrition in Home  
Hospitalization for Nursing

- » Modality: **online**
- » Duration: **6 weeks**
- » Certificate: **TECH Technological University**
- » Dedication: **16h/week**
- » Schedule: **at your own pace**
- » Exams: **online**

# Postgraduate Certificate

## Nutrition in Home Hospitalization for Nursing

