

# Postgraduate Certificate Inhibition of Breastfeeding for Midwives





## Postgraduate Certificate Inhibition of Breastfeeding for Midwives

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 5 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/nursing/postgraduate-certificate/inhibition-breastfeeding-midwives](http://www.techtute.com/us/nursing/postgraduate-certificate/inhibition-breastfeeding-midwives)

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# 01

# Introduction

Both initiating the breastfeeding process and ending it is a complex stage. Its suppression is for the mother, whether it is an initial impossibility or a natural way to close the natural cycle, a task that can be very difficult if she does not have the necessary physical and psychological support. In this case, the midwife is, in this context, a figure of great importance, to successfully carry out the most contributory intervention. This is how specific knowledge about Breastfeeding Inhibition becomes necessary, and this TECH academic program aimed at Midwives responds to that need. A 100% online study space, where the most relevant aspects of this topic will be verified by professional experts.





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*Everything the Midwife needs to know about breastfeeding inhibition in a course that compiles the most important advances and updates of the international scientific scene”*

When a woman decides that she does not want to breastfeed or should avoid breastfeeding due to a specific prescription, there are a series of steps to achieve this in the most appropriate way possible and without health complications, alterations or ailments.

In this process, the intervention of qualified professionals such as the midwife, who will be able to address the different cases in a specialized way, is essential. In this regard, TECH has prepared this Postgraduate Certificate in Inhibition of Breastfeeding for Midwives, responding to a need in this field.

It will be 6 weeks of 100% online study where the students will be able to choose the best time and place for their learning. It will have a high academic level material developed by experts in Gynecological Nursing, who will demonstrate from their own experience the mechanisms for progressive weaning, the best indications to inhibit breastfeeding, the benefits and harms of prolonged breastfeeding and the stressful situation of the mother's incorporation to the working day.

These and other factors that converge in the process of Breastfeeding Inhibition and in the physical and emotional stability of the mother and the newborn, where the intervention of the Midwife is fundamental, will be known by the health specialists through this TECH Postgraduate Certificate.

This **Postgraduate Certificate in Inhibition of Breastfeeding for Midwives** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Breastfeeding for Midwives
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*An essential Postgraduate Certificate that will allow you to face all situations that may arise during lactation inhibition, with the security of the most updated knowledge"*



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*An indispensable study that will allow you to face all the situations that during Lactation Inhibition may arise, with the security of the most updated knowledge"*

The program's teaching staff includes professionals from the industry who contribute their work experience to this program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.

*You will be able to provide advice and assistance to the nursing mother in the stress of returning to work.*

*TECH offers you the most exclusive contents developed by experts in the area of Gynecological Nursing for your learning.*



# 02 Objectives

After completing this academic program, the graduates will be able to offer a specialized service according to the needs of the breastfeeding women who wish to terminate the breastfeeding process or are obliged not to do so due to a specific situation. This academic program is a unique opportunity to advance in the role of midwife, because the graduate will incorporate new knowledge and skills in their work performance.







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*You will learn about the medications associated with Breastfeeding Inhibition”*



## General Objectives

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- ◆ Gain up-to-date knowledge of Breastfeeding
- ◆ Promote work strategies based on a comprehensive approach to care for breastfeeding-conscious mothers as a reference model for achieving excellence in care
- ◆ Encourage the acquisition of technical skills and abilities, through a powerful audiovisual system and the possibility of development through online simulation workshops and/or specific qualification.
- ◆ Encourage professional stimulation through continuous education and research





## Specific Objectives

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- ♦ Define strategies to counsel and accompany women who do not wish to breastfeed
- ♦ Explain erroneous beliefs about breastfeeding.

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*A comprehensive program on Inhibition of Breastfeeding for Midwives that condenses the most relevant information available today”*

03

# Course Management

With the decades of experience and extensive professional trajectory presented by the teachers of this program, the graduates will have an ideal background to assist the nursing mother in the process of inhibition or end of breastfeeding. Specific videos, master classes, among other formats, will show the examples and knowledge of the experts who have designed a study material with all the keys to carry out this procedure in a respectful and adequate way for both parties.







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*This Postgraduate Certificate has the endorsement of experts with reputable experience in the care of breastfeeding cases. Learn from the best teachers with TECH"*



## Management



### Ms. Aguilar Ortega, Juana María

- ♦ Breastfeeding Coordinator at Hospital 12 de Octubre
- ♦ Neonatal Nurse at the 12 de Octubre Hospital
- ♦ Co-author of studies on Breastfeeding during Puerperium.
- ♦ Teacher in university studies of Nurses
- ♦ Certified Lactation Consultant

## Professors

### Ms. Armijo Navarro, Elena

- ♦ Midwife San Sebastián Hospital

### Mr. Carrasco Guerrero, Manuel

- ♦ Midwife at the University Hospital of Ceuta
- ♦ Obstetric-Gynecological Nursing Specialization
- ♦ Prize for the best oral communication at the International Congress of Nursing and Physiotherapy of Ceuta and Melilla

### Ms. De la Cabeza Molina Castillo, María

- ♦ Midwife Ceuta University Hospital

### Ms. De Dios Pérez, María Isabel

- ♦ Midwife at the University Hospital of Zaragoza
- ♦ Postgraduate Certificate in Nursing
- ♦ Nursing Specialist in Obstetrics and Gynecology

### Ms. Del Pozo Álvarez, Lidia

- ♦ Midwife at University Hospital of Ceuta
- ♦ Midwife in health centers in Cordoba
- ♦ Midwife in health centers in Lanzarote

### Ms. Gómez González, Irene

- ♦ Midwife Ceuta University Hospital

**Ms. Díaz Lozano, Paula**

- ♦ Midwife, University Hospital Virgen de Valme
- ♦ Midwife in the Ceuta Health Area
- ♦ Specialist in Obstetrics and Gynecology at the University Hospital of Ceuta
- ♦ Teacher specialized in Obstetrics
- ♦ Postgraduate Certificate in Nursing by Faculty of Nursing and Physiotherapy of Cádiz

**Ms. Hachero Rodríguez, Carmen María**

- ♦ Midwife at the Hospital of Zaragoza
- ♦ Member of: Board of Directors of the Andalusian Association of Midwives
- ♦ Training spokesperson

**Ms. Mohamed Mohamed, Dina**

- ♦ Midwife Ceuta University Hospital

**Ms. Belén Rojas Carmona**

- ♦ Midwife Ceuta University Hospital

**Ms. Ortega del Valle, Silvia**

- ♦ Midwife at the University Hospital of Salamanca
- ♦ Marqués de Valdecilla University Hospital Nurse
- ♦ Professional Master's Degree in Perinatal and of Early Childhood-Sanitary Care from the Autonomous University of Madrid FUDEN
- ♦ Professional Master's Degree in Breastfeeding for Midwives by the Cardenal Herrera University
- ♦ Nurse specialized in Obstetric-Gynecological Nursing by the UDM of Ceuta
- ♦ Postgraduate Certificate in Nursing from the Pontificia University of Salamanca

**Dr. Rodríguez Díaz, Luciano**

- ♦ Nursing Specialist in Obstetrics and Gynecology
- ♦ Head of Studies of the Obstetric-Gynecological Nursing Teaching Unit (Midwife) of the University Hospital of Ceuta
- ♦ Midwife at the University Hospital of Ceuta
- ♦ Teacher at the University Centre of Nursing Virgen of La Paz. Ronda, Spain
- ♦ Professor of the Ceuta Midwifery Teaching Unit
- ♦ Vocal of the Emergencies Group of the Spanish Society of Emergency Nurses (SEEUE)
- ♦ Responsible for Perinatal Health: Reproductive Sexual Health and Normal Childbirth of Ingesa
- ♦ Member of the Clinical Commission for Research and Continuing Education of the University Hospital of Ceuta
- ♦ Member of: Institute of Ceuta Studies, Editorial Board of the European Journal of Health Research, Spanish Society of Emergency Medicine and Emergencies
- ♦ Ph.D. from the University of Granada
- ♦ Professional Master's Degree in Physical Education and Health from the University of Granada
- ♦ Professional Master's Degree in gynecological nursing from the CEU Cardenal Herrera University
- ♦ Professional Master's Degree in Obstetric Nursing from the CEU Cardenal Herrera University
- ♦ Speciality in Nursing Obstetric and Gynecological from the University of Malaga
- ♦ University Diploma in Nursing, University of Cadiz
- ♦ Postgraduate Diploma in Community Health Promotion from the National University of Distance Education (UNED)

**Ms. Miquelajáuregui Espinosa, Araceli**

- ◆ Midwife Ceuta University Hospital

**Ms. Martínez Picón, Claudia**

- ◆ Midwife at Costa del Sol Hospital
- ◆ Midwife at the University Hospital of Ceuta
- ◆ Postgraduate Certificate in Nursing

**Ms. Martín Ansede, Esperanza**

- ◆ Pediatric nurse. Bellvitge University Hospital

**Dr. Vázquez Lara, Juana María**

- ◆ Primary Care Nurse
- ◆ Emergency Service of 061 Nurse of the Ceuta Health Management Area
- ◆ Ph.D. from the University of Granada
- ◆ Acting midwife of the Delivery Service at the University Hospital of Ceuta
- ◆ Head of Studies of the Ceuta Midwifery Teaching Unit
- ◆ Professor in the Ceuta Midwifery Teaching Unit
- ◆ National Coordinator of the Obstetrical-Gynecological Emergencies Working Group of the Spanish Society of Emergency Nursing (SEEUE)
- ◆ Professional Master's Degree of the Official Doctoral Program in Physical Education and Health
- ◆ Postgraduate Diploma in "Health Promotion in the Community" UNED
- ◆ Specialty in Obstetric and Gynecological Nursing (Midwife) at the Hospital Costa del Sol in Marbella of the University School of Nursing and Midwifery
- ◆ University Diploma in Nursing "Salus Infirmorum" University School of Nursing, University of Cádiz





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*Take the opportunity to learn about the latest advances in this field in order to apply it to your daily practice"*

# 04

## Structure and Content

This academic program has a variety of multimedia resources that make the study process dynamic. They are accessible from any device with an Internet connection, since the implemented teaching method is based on Relearning and is 100% online. So you will complete the program in just 6 weeks without sacrifices or unnecessary transfers. A new educational model that only TECH can make possible.







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*An advanced teaching method  
that allows the graduate to  
reach the goal in just weeks”*

## Module 1. Maternal Inhibition or Weaning

- 1.1. Concept and Types
  - 1.1.1. Types of Inhibition
  - 1.1.2. Mechanism for Progressive Weaning
- 1.2. Physiology of Breastfeeding Inhibition
  - 1.2.1. Physiology of Inhibition
  - 1.2.2. Indications to Inhibit Breastfeeding
- 1.3. Ways to Speed Weaning
  - 1.3.1. How and When to Wean?
  - 1.3.2. How to Start Progressive Weaning?
- 1.4. Prolonged Breastfeeding
  - 1.4.1. Concept
  - 1.4.2. Benefits and Detriments
- 1.5. Medications Associated with Breastfeeding Inhibition
  - 1.5.1. Medication for Inhibition
  - 1.5.2. Indications
- 1.6. Entering Labor Market
  - 1.6.1. Stressful Situation on Incorporation
  - 1.6.2. Advice and Assistance





“*Enroll now in this Postgraduate Certificate and get up to date with all the news about Inhibition of Breastfeeding for Midwives*”

# 05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.







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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*



## At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

*With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



*The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".

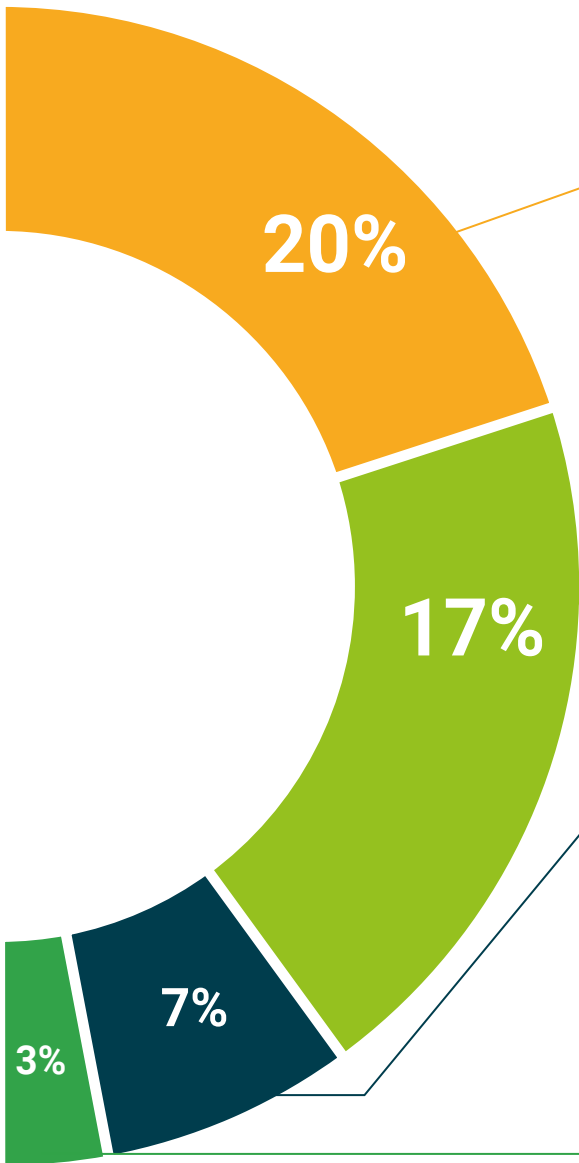


### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.







### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 06 Certificate

The Postgraduate Certificate in Inhibition of Breastfeeding for Midwives guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.





*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*

This program will allow you to obtain your **Postgraduate Certificate in Inhibition of Breastfeeding for Midwives** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Inhibition of Breastfeeding for Midwives**

Modality: **online**

Duration: **6 weeks**

Accreditation: **5 ECTS**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development languages  
virtual classroom



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