

Postgraduate Certificate

Humanization of Health Care for Nursing





Postgraduate Certificate Humanization of Health Care for Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitude.com/pk/nursing/postgraduate-certificate/humanization-health-care-nursing

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01

Introduction

In the current healthcare landscape, factors such as the increase in chronic diseases, cultural diversification and population aging demand an evolution in nursing care towards a more humanized approach. For this reason, TECH has created a broadly specialized program that provides the latest advances in the fundamental tools for nursing professionals to embrace holistic, patient-centered care. Through this syllabus, students explore topics such as empathy, effective communication and stress management in clinical settings. The 100% online modality of this program and the use of the Relearning pedagogical methodology promotes meaningful and effective learning.





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With this Postgraduate Certificate you will become a reference professional in the management of humanization strategies in your healthcare practice"

In recent decades, the healthcare sector has undergone major transformations, largely due to technological advances and changes in the needs of the population. These advances, although they have improved the efficiency and technical quality of healthcare, have also contributed to the depersonalization of care, which can negatively affect the relationship between patients and healthcare personnel.

Likewise, professionals are also affected by the lack of humanization in their work environment. Stress, work overload and lack of empathy can lead to professional burnout, which affects the quality of care provided and job satisfaction. Therefore, it is essential to address this issue by updating the most relevant concepts in this area in adopting a more humane and patient-centered approach.

TECH's Postgraduate Certificate in Humanization of Health Care for Nursing seeks to offer solutions to these problems by providing nursing professionals with the latest postulates related to the adoption of a humanized approach that takes into account the needs and expectations of patients and their families.

This program addresses a wide range of topics related to humanization in healthcare, including the international regulatory framework, strategic plans for humanization and the implementation of a person-centered care model. Delving into the management of patient and family wellbeing and comfort, as well as the development of communication and empathy skills.

The 100% online modality allows students to access academic content and resources from anywhere and at any time. In addition, the Relearning pedagogical methodology guarantees effective and meaningful learning, from the reiteration of essential concepts in this healthcare field.

This **Postgraduate Certificate in Humanization of Health Care for Nursing** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Healthcare
- ♦ Graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Delve into strategies and tools that promote empathy and effective communication with patients and families”

“

Get updated 100% online on the international regulatory framework in the humanization of healthcare”

The program’s teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professionals with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professionals must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the students will be assisted by an innovative interactive video system created by renowned experts.

A high quality program that will deepen your understanding of the impact of Covid-19 on the humanization of healthcare and its impact on current care models.

Make a difference in the healthcare environment by applying humanizing practices that transform the experience of patients and their families in moments of vulnerability.



02 Objectives

The purpose of this Postgraduate Certificate is to facilitate the updating of nursing professionals in the models and tools for humanized care in different healthcare centers. Through a 100% online, dynamic and innovative methodology, students will update their knowledge on strategic plans for humanization, care culture focused on patient experience and value-based management models, among other topics. All this, through a syllabus developed with the latest evidence in this field and a total of 150 hours.



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*Get up to date on the latest postulates
in humanization and become an agent
of change in the quality of health care”*



General Objectives

- ♦ Analyze the importance of humanization in health care, the need for respect for life, human dignity and a holistic understanding of the person made vulnerable by illness
- ♦ Analyze the management of adverse events and their improvement plans to avoid them
- ♦ Delve into the concepts, methods and strategies for the improvement of patient safety in healthcare institutions
- ♦ Analyze patient safety strategies approached from different healthcare areas





Specific Objectives

- ◆ Promote Humanization in Healthcare
- ◆ Analyze the fundamental axes for humanized care: the patient and their family, the healthcare personnel and the organizational structure
- ◆ Investigate the humanization of health care for particularly vulnerable patients
- ◆ Update knowledge in order to draw up a humanization plan
- ◆ Examine the value-based management model



Enjoy the flexibility to organize academic resources according to your work and personal needs and responsibilities”

03

Course Management

The teaching staff that makes up this important Postgraduate Certificate has been carefully selected by TECH with the aim of offering students a high quality education. In this way you will find a recognized professional experts in Health Care and who, from their professional experience, know firsthand the most avant-garde methods in terms of humanized treatment. In this way, students will have access to a program that will allow them to keep up with the latest advances in this sector.





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*Succeed with an expert
teaching staff in the field of the
humanization of health care”*

Management



Dr. Paredes Esteban, Rosa María

- ♦ Head of the Department and Director of the Pediatric Surgery Clinical Management Unit of the Reina Sofia University Hospital of Cordoba
- ♦ Specialist in Pediatric Surgery at the Reina Sofia University Hospital in Cordoba, Spain
- ♦ Specialist in Pediatric Surgery at the Medical-Surgical Hospital of Jaén
- ♦ Head of Pediatric Surgery Training, Reina Sofia University Hospital, Cordoba
- ♦ Coordinator of the Bioethics Commission of the Spanish Society of Pediatric Surgery
- ♦ Vice-President of the Health Care Ethics Committee of the province of Cordoba
- ♦ Coordinator of the Vascular Anomalies Committee of the Reina Sofia University Hospital of Cordoba
- ♦ Coordinator of the Bioethics Committee for Living Donor Transplantation
- ♦ PhD in Medicine and Surgery from the University of Granada
- ♦ Degree in Medicine and Surgery from the University of Granada
- ♦ Postgraduate Diploma in Communication with the Pediatric Patient
- ♦ Postgraduate Diploma in Clinical Management
- ♦ University Diploma of Specialization in Quality and Patient Safety in Health Care Institutions
- ♦ University Diploma of Specialization in Bioethics
- ♦ Member of: European Society of Pediatric Endoscopic Surgery, Spanish Society of Pediatric Surgery, Editorial Committee of the journal of the Spanish Society of Pediatric Surgery and Scientific Evaluation Committee of the Spanish Society of Pediatric Surgery

Professors

Ms. Ruiz Palomino, Aurora

- ◆ Director of Nursing, Hospital San Juan de Dios de Córdoba
- ◆ Master's Degree in Integrated Health Services Management from the ESADE Business School
- ◆ Expert in Nursing Services Management by the UNED
- ◆ University Diploma in Nursing from the San Juan de Dios University School of Nursing of the Universidad Pontificia de Comillas
- ◆ Senior Technician in Occupational Risk Prevention specializing in Security
- ◆ Senior Technician in Occupational Risk Prevention specializing in Hygiene

D. López Guijo, Carlos Javier

- ◆ Coordinator of Operating Room, Sterilization and Major Outpatient Surgery at Hospital San Juan de Dios of Córdoba
- ◆ Postgraduate Diploma in Surgical Instrumentation in Orthopaedic Surgery and Traumatology Nursing by the Camilo José Cela University
- ◆ Postgraduate Diploma in the Management of the Polytraumatized for Nursing by the Antonio de Nebrija University
- ◆ Graduate in Nursing from the University of Córdoba
- ◆ Superior Degree in Diagnostic Imaging and Nuclear Medicine

Mr. Morán Fernández, Eduardo

- ◆ Critical Care and Emergency Care Specialist at the Infanta Margarita de Cabra Hospital
- ◆ Collaborating Professor of the subject "Professional Ethics" at the Faculty of Nursing of the University of Córdoba
- ◆ Basic, intermediate and advanced life support instructor according to the National CPR Plan
- ◆ Master's Degree in Bioethics from the Complutense University of Madrid
- ◆ Degree in Medicine and Surgery from the Complutense University of Madrid

Dr. Pérez Adrián, María del Carmen

- ◆ Advanced Palliative Care Resource Physician at the Reina Sofia University Hospital in Córdoba
- ◆ Specialist in Family and Community Medicine
- ◆ Clinical tutor of the Department of Medicine of the University of Córdoba in the Medical Rotation
- ◆ Lecturer of the Master's Degree in Emergency and Urgent Care of the Sick of the University of Córdoba
- ◆ Teaching Collaborator of the Postgraduate Training Program at the Family and Community Medicine Teaching Unit of Córdoba
- ◆ Master's Degree in Palliative Care from the University of Valladolid
- ◆ Master's Degree in Bioethics, University of Valencia
- ◆ Degree in Medicine and Surgery from the University of Córdoba

Ms. López Luque, Sonia

- ◆ Nurse at the San Juan de Dios Hospital in Córdoba
- ◆ Labor tutor for nursing students at the University of Extremadura and European University of Madrid
- ◆ Diploma of Nursing from the University of Córdoba
- ◆ Specialist Diplom in Nursing Services Management
- ◆ Specialist Technician in Radiodiagnosis by the Ramón y Cajal Institute of Córdoba
- ◆ Operator of X-Ray Installations for Radiodiagnostic purposes

Mr. Raya Serrano, Antonio Luis

- ◆ Director of Nursing, Hospital San Juan de Dios de Córdoba
- ◆ Master's Degree in Integrated Health Services Management from the ESADE Business School
- ◆ Expert in Nursing Services Management by the UNED
- ◆ University Diploma in Nursing from the San Juan de Dios University School of Nursing of the Universidad Pontificia de Comillas
- ◆ Senior Technician in Occupational Risk Prevention specializing in Security
- ◆ Senior Technician in Occupational Risk Prevention specializing in Hygiene

Ms. Casares Landauro, Laura

- ◆ Coordinator of the Early Childhood Care Center of the Hospital San Juan de Dios of Córdoba
- ◆ Teacher of Hearing and Language by the School of Magistry Sagrado Corazón, center attached to the University of Cordoba
- ◆ Degree in Pedagogy from the University of Granada
- ◆ Professional Master's Degree in Business Administration, specializing in Healthcare Management from IMF Business School of the University of Nebrija
- ◆ Professional Master's Degree from Early Onset Care by the University of Granada
- ◆ Professional Master's Degree in Research Designs and Applications in Psychology and Health, University of Granada

Dr. González Morales, Laura

- ◆ Doctor specializing in Preventive Medicine at Reina Sofia University Hospital
- ◆ Specialist in Preventive Medicine at Nuestra Señora del Prado University Hospital
- ◆ Medical specialist in the Poniente de Almería Health District
- ◆ Professional Master's Degree in Public Health and Health Management from the National School of Public Carlos III Institute





Ms. Yuste Bustos, Francisca

- ◆ Nursing Supervisor of the Digestive, Resuscitation and ICU Service at the San Juan de Dios Hospital in Cordoba
- ◆ Graduate in Nursing from the University of Jaén
- ◆ Postgraduate Diploma in Prevention of Occupational Risks
- ◆ Postgraduate Diploma in intravenous therapy and vascular accesses
- ◆ Advanced life support certification
- ◆ Certification fundamental Critical Care Support Certificate of Successful Completion, presented by the Society of Critical Care Medicine
- ◆ Member of the expert panel and author of the guide "Clinical Practice Guide on the use of central venous catheters insertion peripheral insertion (PICC) in the critical patient
- ◆ Positive Manager Award by the Optimistic Hospital Foundation in 2019 and 2020
- ◆ Member of: The Spanish Society of Intensive Care Nursing and Coronary Units.(SEEIUC)

04

Structure and Content

In order to provide nursing professionals with a highly specialized update on the Humanization of Health Care, expert teachers have designed this complete syllabus. During 6 weeks, the students will delve into the main elements of the humanized treatment of patients, wellness management, person-centered care models, as well as the most advanced techniques in the care of special and terminal patients. In addition, use will be made of Relearning, an innovative pedagogical methodology based on the idea that the student will relearn concepts and skills in a more effective and lasting way.





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Enroll now and master the most advanced techniques to implement a health care model centered on the person and their individual needs”

Module 1. Humanization of Healthcare

- 1.1. Humanization in Healthcare
 - 1.1.1. Humanization in Healthcare
 - 1.1.1.1. International Regulatory Framework
 - 1.1.2. Starting elements. Steps to Action
 - 1.1.3. Humanization strategic plans
- 1.2. Patient and Family Well-being and Comfort Management
 - 1.2.1. Patient experience-centered care culture
 - 1.2.2. Infrastructure, resources and technology
 - 1.2.3. Humanizing care tools
 - 1.2.3.1. Personalization of care
 - 1.2.3.2. Privacy
 - 1.2.3.3. Autonomy
 - 1.2.3.4. Shared decision making
- 1.3. Person-Centered Care Model
 - 1.3.1. Systems of Care. Evolution
 - 1.3.2. PCA model
 - 1.3.3. Professionals New roles and care teams
 - 1.3.4. Support and consensus groups
- 1.4. Tools to Humanize. Communication Empathy
 - 1.4.1. Values to humanize the healthcare environment
 - 1.4.2. Interpersonal relationships. Holistic and integral care
 - 1.4.3. Communication and Empathy
 - 1.4.4. Measuring the degree of humanization. Control systems
- 1.5. Humanization of the Intensive Care Unit
 - 1.5.1. How to Humanize an Intensive Care Unit
 - 1.5.2. Staff Care
 - 1.5.3. Patient, Family, Citizenship
 - 1.5.4. Humanization of the Architecture of the Intensive Care Unit
- 1.6. Humanized Care of the Terminally Ill
 - 1.6.1. Humanization of Health Care at the End of Life
 - 1.6.2. Care at the end of life, at home
 - 1.6.3. Palliative care in the hospital. How to humanize this care





- 1.7. Management of Professional Well-being
 - 1.7.1. Welfare of professionals
 - 1.7.1.1. Factors that alter the well-being of professionals
 - 1.7.1.2. Disorders present in the alteration of professional well-being
 - 1.7.1.3. Leader and group relationship in the work environment
 - 1.7.1.4. Techniques to improve professional well-being
 - 1.7.1.5. Tools for measuring professional well-being
- 1.8. Values-based Management Model
 - 1.8.1. Values-based Management
 - 1.8.2. Phases of the Values-based Management Implementation Process
 - 1.8.2.1. Phase I Definition of Values
 - 1.8.2.2. Phase II. Communication
 - 1.8.2.3. Phase III. Alignment
 - 1.8.3. Benefits of Management by Values
 - 1.8.4. The Pillars of Value-Based Management in Healthcare Institutions
- 1.9. Humanization in the Care of Special Patients
 - 1.9.1. International Normative Framework
 - 1.9.2. Recognition of the Personal Autonomy Principle
 - 1.9.3. Strategic lines and humanizing actions
 - 1.9.3.1. Humanized spaces
 - 1.9.3.2. Humanizing actions in consultation and emergency rooms
 - 1.9.3.3. Humanizing actions in hospital admissions
 - 1.9.3.4. Humanizing actions for accompanying and family members
 - 1.9.4. Humanization plan for professionals: Care for the Professional
 - 1.9.5. Models of Humanization Plans and Guidelines
- 1.10. Impact of Covid-19 on the Humanization of Health Care
 - 1.10.1. Impact and transformation in the organizational and care structure of the health care system
 - 1.10.2. Impact of Covid-19 on communication
 - 1.10.3. More humanized infrastructure. Main strategic lines of action

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Humanization of Health Care for Nursing guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program
and receive your university qualification
without having to travel or fill out
laborious paperwork”*

This **Postgraduate Certificate in Humanization of Health Care for Nursing** contains the most complete and up-to-date scientific on the market.

After the students has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Humanization of Health Care for Nursing**

Official N° of Hours: **150 h.**



*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development languages
virtual classroom



Postgraduate Certificate
Humanization of Health
Care for Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Postgraduate Certificate

Humanization of Health Care for Nursing