

# Postgraduate Certificate

Equality and Gender

Perspective for Nursing



## Postgraduate Certificate Equality and Gender Perspective for Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/us/nursing/postgraduate-certificate/equality-gender-perspective-nursing](http://www.techtitute.com/us/nursing/postgraduate-certificate/equality-gender-perspective-nursing)

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# 01

# Introduction

Gender equality and gender perspective are fundamental issues in today's society and healthcare. Nursing professionals have a responsibility to understand and address these issues in order to provide fair and equal health care. The TECH program focuses on bio-psycho-social constructs related to gender and sexuality, including review of the most up-to-date scientific literature in the field of sexology and sexual health. Its main objective is to improve the competence and sensitivity of nursing professionals in addressing the needs of their patients in the field of sexual health, in order to provide comprehensive and respectful care to all people, regardless of their gender or sexual identity.



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*With this program you will expand your knowledge of the bio-psycho-social constructs related to gender and sexuality from an inclusive and equitable perspective”*

This Postgraduate Certificate is designed so that nursing professionals interested in delving deeper into the bio-psycho-social constructs related to gender and sexuality can access it in a 100% online format, which gives them greater flexibility and accessibility.

During the course, participants will have the opportunity to explore the existing view of gender in the healthcare system, as well as the different perspectives that exist on gender. The social, economic, sexual and other differences suffered by a part of the population will be addressed, and the forms of work necessary to achieve real equality will be analyzed.

In addition, the different types of violence will be discussed from a gender perspective and various strategies and resources will be presented to address and try to prevent them. All this will be complemented with a review of the most up-to-date scientific literature in the field of sexology and sexual health.

In summary, this course is a unique opportunity for nursing professionals to delve deeper into their knowledge of human sexuality and the influence of gender issues on it. With an integrative perspective and a commitment to equality, this program will enable them to address with greater competence and sensitivity the needs of their patients in the field of sexual health.

This **Postgraduate Certificate in Equality and Gender Perspective for Nursing** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by experts in psychology and Sexology
- ♦ The graphic, schematic, and practical contents with which they are created, provide practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Enroll now and expand your knowledge in sexology to provide more comprehensive and sensitive medical care”*

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*You will understand the importance of gender equality in nursing care, and how you can contribute to its promotion and application in your clinical practice”*

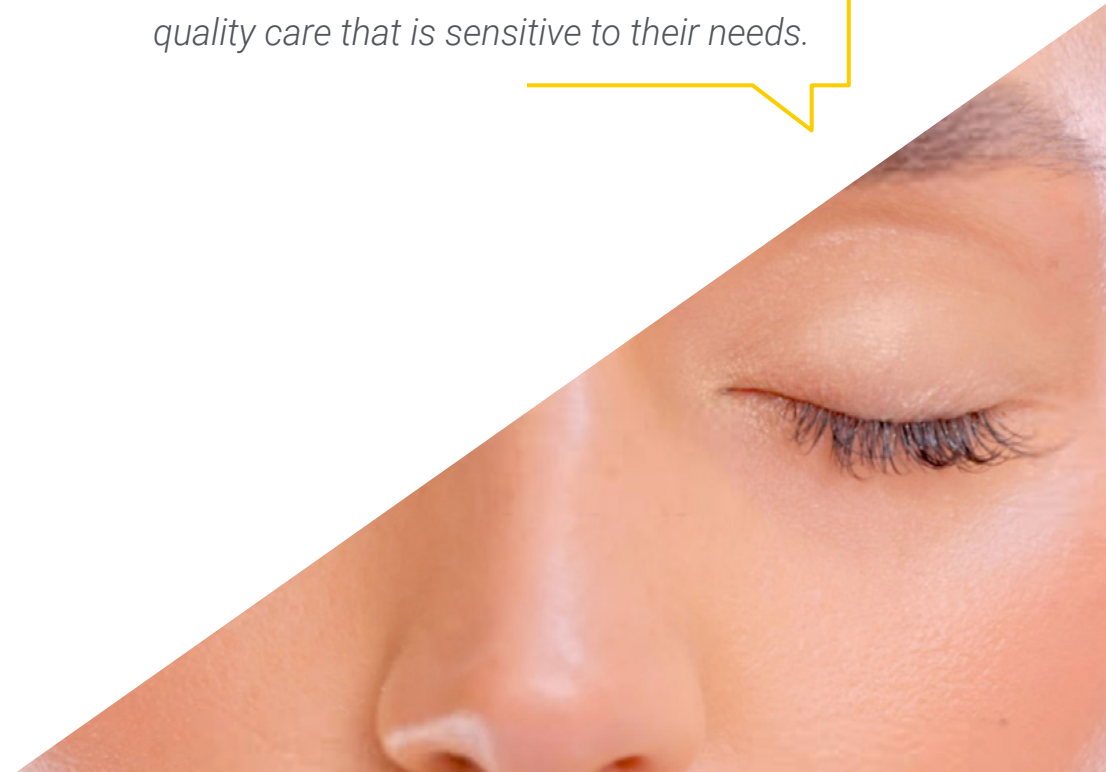
The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

*You will contribute to a more equitable and fair society by providing nursing care without discrimination based on gender or sexual orientation.*

*You will learn to identify the specific needs of each patient in terms of sexual and reproductive health care, and to provide quality care that is sensitive to their needs.*



# 02

# Objectives

This Postgraduate Certificate seeks to prepare nursing professionals in the bio-psycho-social constructs related to gender and sexuality from a comprehensive and integrative perspective. The main objective is that specialists understand the importance of equality and gender perspective in nursing care, and acquire the necessary skills to address the specific needs of each patient in this area.





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*You will learn about the different types of gender violence and the strategies to prevent and address it from the nursing point of view”*



## General Objectives

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- ♦ Acquire knowledge about sexuality by expanding the vision of sexuality from a biopsychosocial perspective
- ♦ Obtain tools to be able to accompany cases related to difficulties related to sexuality
- ♦ Identify the variables involved in the origin and maintenance of different sexual dysfunctions (organic, psychological, relational and cultural components)
- ♦ Acquire skills to be able to share information about sexuality in a clear way
- ♦ Understand the aspects involved in the initiation and development of relationships (life cycle of the couple: establishment and evolution)
- ♦ Describe the dynamics of couple relationships and factors that generate alterations in them
- ♦ Investigate complex issues such as gender violence and child sexual abuse
- ♦ Achieve skills to face the multiple incidences and decisions that may arise in the exercise of their profession
- ♦ Know in depth the deontology in matters of sexuality and couple, as well as learn to carry out an exercise of introspection on those personal and professional aspects that could collide with their profession and that would produce an impairment of the therapeutic work
- ♦ Carry out research programs in sexuality





## Specific Objectives

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- ◆ Differentiate concepts and know the relationship between them
- ◆ Learn about resources to disseminate and educate from a gender perspective
- ◆ Delve into the different types of gender violence and how to intervene



*You will acquire tools to address the challenges faced by LGBTIQ+ people in accessing health care, and work to ensure their inclusion and equitable access to health services”*

03

# Course Management

The course professors are highly qualified experts in sexology and sexual health, with an academic background and outstanding trajectory in research and clinical practice in this field. They are committed to a broad and integrative perspective that addresses bio-psycho-social constructs related to gender and sexuality without discrimination and with equality.





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*You will learn from highly qualified and experienced teachers in the field of sexology and sexual health, who share a broad and integrative perspective and a commitment to equality and non-discrimination”*

## International Guest Director

Dr. Paola Zamperini has a long career as a researcher and educator in the area of Gender and Sexuality. Furthermore, in her PhD she specialized in Chinese Literature and Women's and Gender Studies at the University of California at Berkeley. With this interdisciplinary approach, she maintains a keen interest in creating learning environments marked by feminist and Queer theory, while delving into Chinese and East Asian cultural traditions.

After joining the Department of Asian Languages and Cultures at Northwestern University, she has served as Associate Director of the Gender and Sexuality Program at Northwestern. As a professor, she has taught introductory courses on sexuality studies, sexual subjects and traditions of feminist thought. In the field of Asian cultures, she has focused on pre-modern Chinese literature, fashion theory and history, Buddhist literary cultures in East Asia, contemporary Chinese fiction, film and popular culture.

With her commitment to demonstrating the relevance of China studies to society and politics, Dr. Paola Zamperini has worked in Europe, developing intellectual and research connections with leading sinological centers. In this regard, she has collaborated as a mentor for undergraduate and graduate students at the Center for Asian and Transcultural Studies, which is considered the leading Asian studies center in Europe at the University of Heidelberg in Germany.

Also throughout her career she has written and published numerous books and articles on representations of prostitution, female suicide, fashion theory and history, and spiritual resonance. She has also related many of these topics to Chinese literature and culture.



## Dr. Zamperini, Paola

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- ♦ Associate Director of the Gender and Sexuality Program at Northwestern University, United States
- ♦ Director of the Department of Asian Languages and Culture, Northwestern University
- ♦ Associate Professor of Asian Languages and Civilizations at Amherst College
- ♦ Researcher and Mentor at the Center for Asian and Transcultural Studies at the University of Heidelberg, Germany
- ♦ Ph.D. in Chinese Literature and Women's and Gender Studies from the University of California at Berkeley
- ♦ Graduate in Chinese Language and Literature from Ca' Foscari University, Venice

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*Thanks to TECH, you will be able to learn with the best professionals in the world”*

## Management



### Ms. Ramos Escamilla, María

- ◆ Sexologist and Couple Therapist
- ◆ Director of Destino Kink
- ◆ Degree in Psychology from the Complutense University of Madrid
- ◆ Master's Degree in Sexology, Sex Education and Sexological Counseling from Camilo José Cela University

## Professors

### Ms. López Trenado, Esther

- ◆ Health Psychologist at Dana Psychology Center
- ◆ Specialist in Mental Health in the Third Sector
- ◆ Equality Promoter
- ◆ Master's Degree in General Health Psychology from the Autonomous University of Madrid
- ◆ Degree in Psychology from the Autonomous University of Madrid





04

# Structure and Content

The Relearning method, which consists in repeating key concepts, it is an effective strategy to help the nurses to assimilate the content of the program in a more natural and effective way, avoiding long hours of memorization. With this approach, nursing professionals will be able to delve deeper into bio-psycho-social constructs related to gender and sexuality, including gender equality and violence from a gender perspective. This will allow them to expand and improve their knowledge, and provide fairer and more equitable medical care to their patients.



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*You will be able to access the program in a 100% online format, which will allow you to study at your own pace and from anywhere, without having to interrupt your daily work”*

## Module 1. Equality and Gender Perspective

- 1.1. Gender Perspective
  - 1.1.1. Brief Review Differences Sex vs. Gender
  - 1.1.2. Patriarchy
- 1.2. Why it is Necessary
  - 1.2.1. Social Differences Boys/Girls
  - 1.2.2. The Social Context
  - 1.2.3. Wage Gap
  - 1.2.4. Orgasmic Gap
- 1.3. When it Arises
  - 1.3.1. Historical Context
  - 1.3.2. Background
  - 1.3.3. UN Declaration
- 1.4. Differences in Concepts and Relationship Between Them
  - 1.4.1. Equality
  - 1.4.2. Gender Perspective
  - 1.4.3. Feminism
- 1.5. The Sex-Gender System as a Socio-Cultural Construction
  - 1.5.1. Traditional Male/Female Roles
  - 1.5.2. Different Views from Feminism
  - 1.5.3. Analysis of the Sex-Gender System in Different Social Models
- 1.6. Current Educational Models: Coeducation
  - 1.6.1. Conceptualization
  - 1.6.2. Mental Workload and its Consequences
  - 1.6.3. Resources to Promote Coeducation



- 1.7. Dissemination and Gender Perspective
  - 1.7.1. Resources for Use in the Media
  - 1.7.2. Resources for Use in the Classroom
- 1.8. How to Work with the Gender Perspective
  - 1.8.1. Childhood
  - 1.8.2. Adolescence
  - 1.8.3. Adulthood
  - 1.8.4. Old Age
- 1.9. Gender-Based Violence
  - 1.9.1. Types of Violence
  - 1.9.2. Intervention and Approach to the Different Types of Violence
  - 1.9.3. Background Cultural Context
- 1.10. Gender Perspective in the Healthcare Field
  - 1.10.1. Overmedicalization of Women
  - 1.10.2. More Efficient Health Resources
  - 1.10.3. Guidelines for Healthcare Personnel

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*At the end of the course, you will have improved your competencies in addressing gender issues in nursing care and in different contexts”*



# 05 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

*With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.



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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



*The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

# Certificate

The Postgraduate Certificate in Equality and Gender Perspective for Nursing guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Equality and Gender Perspective for Nursing** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Equality and Gender Perspective for Nursing**  
Official N° of Hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.





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