

# Postgraduate Certificate Diseases and Breastfeeding for Midwives





## Postgraduate Certificate Diseases and Breastfeeding for Midwives

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/pk/nursing/postgraduate-certificate/diseases-breastfeeding-midwives](http://www.techtute.com/pk/nursing/postgraduate-certificate/diseases-breastfeeding-midwives)

# Index

01

Introduction

---

*p. 4*

02

Objectives

---

*p. 8*

03

Course Management

---

*p. 12*

04

Structure and Content

---

*p. 18*

05

Methodology

---

*p. 22*

06

Certificate

---

*p. 30*

# 01

# Introduction

There are certain diseases that contraindicate the natural process of breastfeeding the newborn. Due to the high risk of infection, it is advisable to be clear about the health conditions of both mother and child to make the most appropriate decisions. In these cases, the midwife is a direct support to which the mother usually consults, so being prepared in terms of diseases and breastfeeding is an essential task of any professional in the area. This exclusive TECH program offers the most up-to-date information on special situations in the newborn that make breastfeeding difficult, how to promote breastfeeding in maternal-fetal conditions, among other aspects to take into account when it comes to breastfeeding. It is an academic space available 100% online with the intervention of the most expert teachers.



“

*This Postgraduate Certificate will help you to be up to date with the procedures to follow in breastfeeding in case of diseases such as HIV, Hepatitis, among others"*

Diseases such as HIV, Hepatitis, Leukemia, among others, affect the normal development of breastfeeding. There are several considerations that must be taken into account when deciding to carry out this process naturally. As well as differentiating the false beliefs that have also arisen regarding this subject.

Therefore, it is important for the midwife to be aware of all the latest developments on the subject, and to know how to differentiate all the conditions foreseen in each case. In this way, you will be able to give appropriate and individualized indications.

This Postgraduate Certificate contains all the content that the midwife needs to know to support and guide the woman who wishes to breastfeed, regardless of her health condition. The midwife must be previously aware of the special situations in the newborn and the mother that make breastfeeding difficult, in addition to knowing how to promote breastfeeding in maternal-fetal conditions.

A completely online learning process, thanks to the modern study platform that TECH has at its disposal. It will be a 100% online journey through the most up-to-date and relevant topics. With a complete and detailed study material, with the comfort and quality desired by today's professionals.

This **Postgraduate Certificate in Diseases and Breastfeeding for Midwives** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Breastfeeding for Midwives
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*You will interact with the best professionals in this field during the high-level academic journey that TECH has prepared for you"*

“

*Thanks to the study of this program, midwives will have the ability to manage diseases during the breastfeeding process”*

The program's teaching staff includes professionals from the sector who contribute their work experience to this program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.

*You will learn from the hands of experts about the relationship and how to cope with oncological processes and breastfeeding.*

*You will find the most exclusive contents at TECH. This program has been developed by experts in Gynecological Nursing for the purpose of your learning. Therefore, it is the best opportunity to advance your career.*



# 02 Objectives

This educational program is a unique opportunity to advance in the role of midwife, because graduates will incorporate new knowledge and skills in their work performance. In this way, they will be able to offer a specialized service according to the needs of breastfeeding women with specific pathologies such as HIV, Hepatitis, among others. In this way, you will be aware of the protocols to follow and the most appropriate recommendations for the proper development of breastfeeding.





“

*You will know the absolute and false contraindications in relation to Breastfeeding, in order to be able to offer real support to the breastfeeding woman"*



## General Objectives

---

- ◆ Gain up-to-date knowledge of Breastfeeding
- ◆ Promote work strategies based on a comprehensive approach to care for breastfeeding-conscious mothers as a reference model for achieving excellence in care
- ◆ Encourage the acquisition of technical skills and abilities, through a powerful audiovisual system, and the possibility of development through online simulation workshops and/or specific education
- ◆ Encourage professional stimulation through continuous education and research





## Specific Objectives

---

- ◆ Debunk false myths and false contraindications regarding Breastfeeding
- ◆ Coverage of HIV and Hepatitis condition regarding Breastfeeding
- ◆ Study the possible difficulties of the newborn in special Breastfeeding situations
- ◆ Understand the impact of Breastfeeding on maternal conditions



*A complete program on Diseases and Breastfeeding created for Midwives by renowned professionals, which will allow you to act in special cases with the precision of an expert"*

03

# Course Management

TECH has selected a series of expert midwives to design the syllabus and study material for this Postgraduate Certificate in Diseases and Breastfeeding for Midwives. Thanks to their decades of experience and extensive professional trajectory, combined with their human qualities, we obtain a high-level academic program, unique on today's educational market. Multiple videos, masterclasses and various formats have been developed by these teachers, who have contributed with the most up-to-date knowledge based on their own experiences.



“

*Enjoy an educational program designed by experts in Gynecological Nursing with all the necessary content to perform successfully as a Midwife”*

## Management



### Ms. Aguilar Ortega, Juana María

- Breastfeeding Coordinator at 12 de Octubre Hospital
- Neonatal Nurse at the 12 de Octubre Hospital
- Co-author of studies on Breastfeeding during Puerperium
- Teacher in university studies of Nursing
- Certified Lactation Consultant

## Professors

### Ms. Ortega del Valle, Silvia

- ♦ Midwives Service, Marqués de Valdecilla University Hospital
- ♦ Midwife at the University Hospital of Salamanca
- ♦ Nurse at the Marqués de Valdecilla University Hospital
- ♦ Master's Degree in Perinatal and Child Care from the Autonomous University of Madrid and FUDEN
- ♦ Master's Degree in Breastfeeding for Midwives by the Cardenal Herrera University
- ♦ Nurse specialized in Obstetric-Gynecological Nursing by the UDM of Ceuta
- ♦ Diploma in Nursing from the Pontifical University of Salamanca

### Ms. Díaz Lozano, Paula

- ♦ Midwife, University Hospital Virgen de Valme
- ♦ Midwife in the Ceuta Health Area
- ♦ Specialist in Obstetrics and Gynecology at the University Hospital of Ceuta
- ♦ Teacher specialized in Obstetrics
- ♦ Diploma in Nursing by Faculty of Nursing and Physiotherapy of Cádiz

### Ms. Mohamed Mohamed, Dina

- ♦ Midwife Ceuta University Hospital

### Ms. Belén Rojas Carmona

- ♦ Midwife Ceuta University Hospital

### Ms. Hachero Rodríguez, Carmen María

- ♦ Midwife at the Hospital of Zaragoza
- ♦ Member of: Board of Directors of the Andalusian Association of Midwives and Spokesperson for training

### Ms. Gómez González, Irene

- ♦ Midwife at the University Hospital of Ceuta

### Ms. Martín Ansedé, Esperanza

- ♦ Pediatric Nurse. University Hospital of Ceuta

### Ms. Martínez Picón, Claudia

- ♦ Midwife at Costa del Sol Hospital
- ♦ Midwife at the University Hospital of Ceuta
- ♦ Diploma in Nursing

### Ms. Miquelajáuregui Espinosa, Araceli

- ♦ Midwife Ceuta University Hospital

### Ms. Del Pozo Álvarez, Lidia

- ♦ Expert nurse midwife in Gynecology and Obstetrics
- ♦ Midwife at University Hospital of Ceuta
- ♦ Midwife in health centers in Cordoba
- ♦ Midwife in health centers in Lanzarote

### Ms. De la Cabeza Molina Castillo, María

- ♦ Midwife at the University Hospital of Ceuta

### Ms. De Dios Pérez, María Isabel

- ♦ Midwife at the University Hospital of Zaragoza
- ♦ Diploma in Nursing
- ♦ Nursing Specialist in Obstetrics and Gynecology

### Ms. Armijo Navarro, Elena

- ♦ Midwife at the San Sebastián Hospital

**Dr. Rodríguez Díaz, Luciano**

- ◆ Nursing Specialist in Obstetrics and Gynecology
- ◆ Head of Studies of the Obstetric-Gynecological Nursing Teaching Unit (Midwife) of the University Hospital of Ceuta
- ◆ Midwife at the University Hospital of Ceuta
- ◆ Teacher at the University Centre of Nursing Virgen of La Paz. Ronda, Spain
- ◆ Professor of the Ceuta Midwifery Teaching Unit
- ◆ Obstetrical-Gynecological Emergencies Working Group of the Spanish Society of Emergency Nursing (SEEUE) Vocal
- ◆ Responsible for Perinatal Health: Reproductive Sexual Health and Normal Childbirth of Ingesa
- ◆ Member of the Clinical Commission for Research and Continuing Education of the University Hospital of Ceuta
- ◆ Member of: Institute of Studies of Ceuta, Editorial Board of the European Journal of Health Research and Spanish Society of Emergency Medicine. Doctor by the University of Granada
- ◆ Master's Degree in Physical Education and Health from the University of Granada
- ◆ Master's Degree in Gynecological Nursing from the CEU Cardenal Herrera University
- ◆ Master's Degree in Obstetric Nursing from the CEU Cardenal Herrera University
- ◆ Speciality in Obstetric and Gynecological Nursing from the University of Malaga
- ◆ University Diploma in Nursing, University of Cadiz
- ◆ Postgraduate Diploma in Community Health Promotion from the National University of Distance Education (UNED)







**Ms. Vázquez Lara, Juana María**

- ◆ Primary Care Nurse
- ◆ Emergency Service of 061 Nurse of the Ceuta Health Management Area
- ◆ PhD from the University of Granada
- ◆ Acting midwife of the Delivery Service at the University Hospital of Ceuta
- ◆ Head of Studies of the Ceuta Midwifery Teaching Unit
- ◆ Professor in the Ceuta Midwifery Teaching Unit
- ◆ National Coordinator of the Obstetrical-Gynecological Emergencies Working Group of the Spanish Society of Emergency Nursing (SEEUE)
- ◆ Master's Degree of the Official Doctoral Program in Physical Education and Health
- ◆ University Expert on "Health Promotion in the Community" UNED
- ◆ Specialty in Obstetric and Gynecological Nursing (Midwife) at the Costa del Sol Hospital in Marbella of the University School of Nursing and Midwifery of Málaga by the University of Málaga
- ◆ University Diploma in Nursing, Salus Infirmorum University School of Nursing, University of Cádiz

**Dr. Carrasco Guerrero, Manuel**

- ◆ Midwife at the University Hospital of Ceuta
- ◆ Obstetric-Gynecological Nursing Specialization
- ◆ Best oral communication Prize at the International Congress of Nursing and Physiotherapy of Ceuta and Melilla

# 04

## Structure and Content

ECH implements in each of its programs the Relearning methodology, thanks to which the assimilation and understanding of the contents is considerably faster. Likewise, the variety of multimedia resources available on the virtual platform and the diversity of formats in which the 100% online study material is presented make the whole process much more comfortable. In addition, with the quality that is required in topics such as Diseases and Breastfeeding for Midwives.





“

*This syllabus summarizes the content necessary to excel in your role as a midwife"*

## Module 1. Diseases and Breastfeeding

- 1.1. Concept
  - 1.1.1. Definition of Diseases and Breastfeeding
  - 1.1.2. Performance
- 1.2. Absolute and False Contraindications
  - 1.2.1. Contraindications
  - 1.2.2. False Myths
- 1.3. HIV and Breastfeeding
  - 1.3.1. Concept
  - 1.3.2. Indications for Breastfeeding
- 1.4. Hepatitis and Breastfeeding
  - 1.4.1. Concept
  - 1.4.2. Indications for Breastfeeding
- 1.5. Oncological Processes and Breastfeeding
  - 1.5.1. Cancer and Breastfeeding
  - 1.5.2. Indications for Oncological Process and Breastfeeding Mother
- 1.6. Special Situations in the Newborn that make Breastfeeding Difficult
  - 1.6.1. Newborn Special Situations
  - 1.6.2. Mechanisms for Adapting to Special Situations and Breastfeeding
- 1.7. How to Promote Breastfeeding in Maternal-Fetal Conditions?
  - 1.7.1. Concept
  - 1.7.2. Encourage Breastfeeding In Situ





“

*Study in the most comfortable way possible thanks to the most avant-garde technology and methodology that only TECH can offer you.*

# 05 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





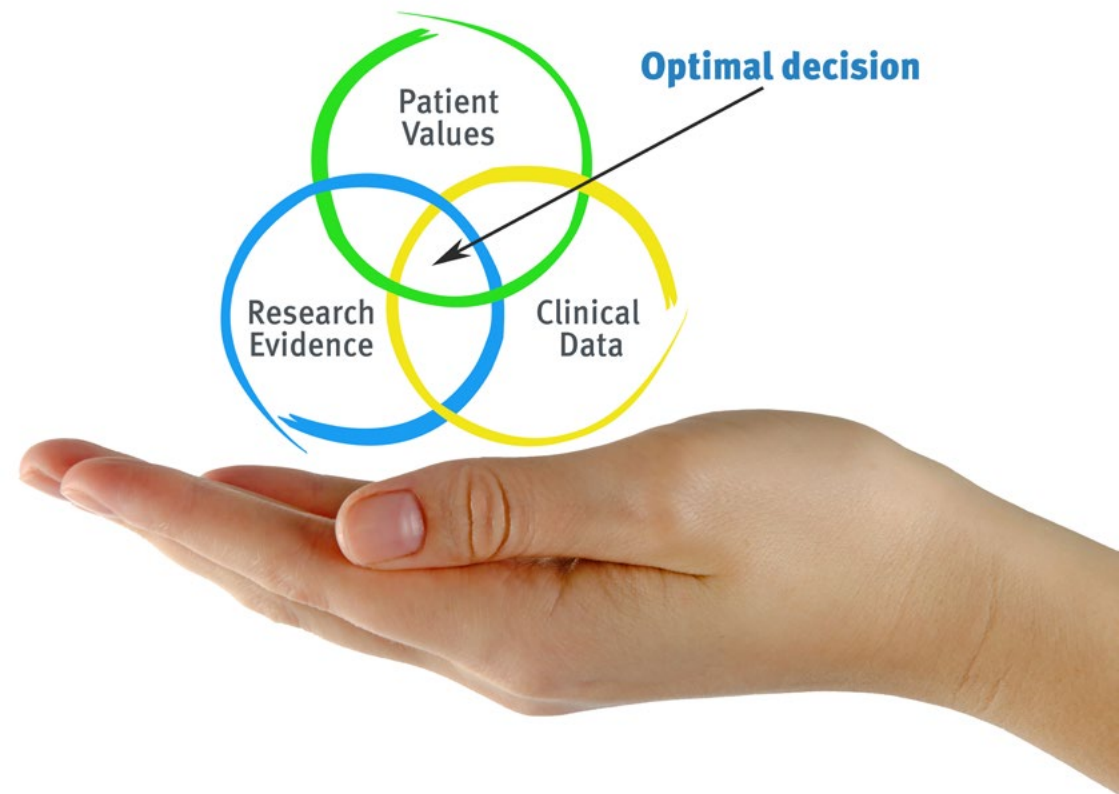
“

*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

*With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.



“

*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



*The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

# Certificate

The Postgraduate Certificate in Diseases and Breastfeeding for Midwives guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



“

*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*

This **Postgraduate Certificate in Diseases and Breastfeeding for Midwives** contains the most complete and up-to-date scientific on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Diseases and Breastfeeding for Midwives**

Official N° of Hours: **125 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.





**Postgraduate Certificate**  
Diseases and Breastfeeding  
for Midwives

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

# Postgraduate Certificate Diseases and Breastfeeding for Midwives

