

Postgraduate Certificate

Aesthetic Nursing: The Skin





Postgraduate Certificate Aesthetic Nursing: The Skin

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/nursing/postgraduate-certificate/aesthetic-nursing-the-skin

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01

Introduction

The skin is a very large and complex organ. It is also the fundamental element that determines people's appearance and is exposed to enormous daily wear and tear, so it needs special care. Aesthetic nursing is one of the disciplines that can contribute the most in this sense, and that is why its professionals have within their reach the ability to contribute to the health of their patients by applying innovative treatments. This program offers students all the necessary knowledge to become experts in skin care, so that they can master all the techniques of aesthetic care applied to this organ.





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*The skin determines people's appearance:
know it in depth and apply the best existing
treatments in aesthetic nursing"*

Of the organs that make up the human body, the skin is one of the most important. Aesthetically, it is the most visible part of people, so it influences both socially and emotionally, so it should be treated with the importance it deserves.

But, although it may seem simple, it is an extremely complex organ that should be known in depth to be able to apply the appropriate treatments according to the existing pathology. And in the case of aesthetics, mastering this knowledge can make the techniques used solve the problems found in patients, making them feel better about themselves thanks to the improvement experienced.

Therefore, this Postgraduate Certificate in Aesthetic Nursing: The Skin offers its students the possibility of specializing in this field, obtaining the necessary skills and competencies to be able to apply innovative skin treatments to their patients, who will know that they are in the best hands thanks to the quality of the treatment they will receive.

This **Postgraduate Certificate in Aesthetic Nursing: The Skin** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of practical cases presented by experts in Aesthetic Nursing
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice.
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Get to know the skin in depth
and offer your patients the
most appropriate solutions
to their problems"*

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The skin is one of the most important organs of the body and with this Postgraduate Certificate you will know everything about how it works"

The program includes, in its teaching staff, professionals from the sector who bring to this program their work experience, in addition to recognized specialists from prestigious reference societies and universities.

Its multimedia content, developed with the latest educational technology, will allow professionals to learn in a contextual and situated learning environment, i.e. a simulated environment that will provide immersive education programmed to prepare for real situations.

The design of this program focuses on Problem-Based Learning, by means of which professionals must try to solve the different professional practice situations that are presented to them throughout the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

Specialization is key in the nursing field.

This qualification is what you need to progress. Enroll now and check it out"



02 Objectives

The main objective of this Postgraduate Certificate in Aesthetic Nursing: The Skin is to provide its students with the necessary knowledge to become experts in this organ and thereby be able to apply the best treatments and techniques to their patients. In this way, nursing professionals pursuing this program will be able to offer new and innovative services that will make them stand out from the rest. There is, therefore, no better qualification than this one to get to know the skin in depth.





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*You will achieve all your goals thanks
to this Postgraduate Certificate”*



General Objectives

- Update and reinforce the knowledge in dermatology necessary for the correct care of esthetic nursing patients
- Know the general characteristics of the skin and its anatomy
- Know how to differentiate and deal with the most common topical pathologies today
- Know the basic characteristics of dermo-esthetic treatments for the face
- Know the basic characteristics of dermo-esthetic treatments for the Bodies
- In-depth study of the most effective hair care treatments currently available



By becoming a specialist you will be a nurse with numerous professional opportunities that will advance your career"





Specific Objectives

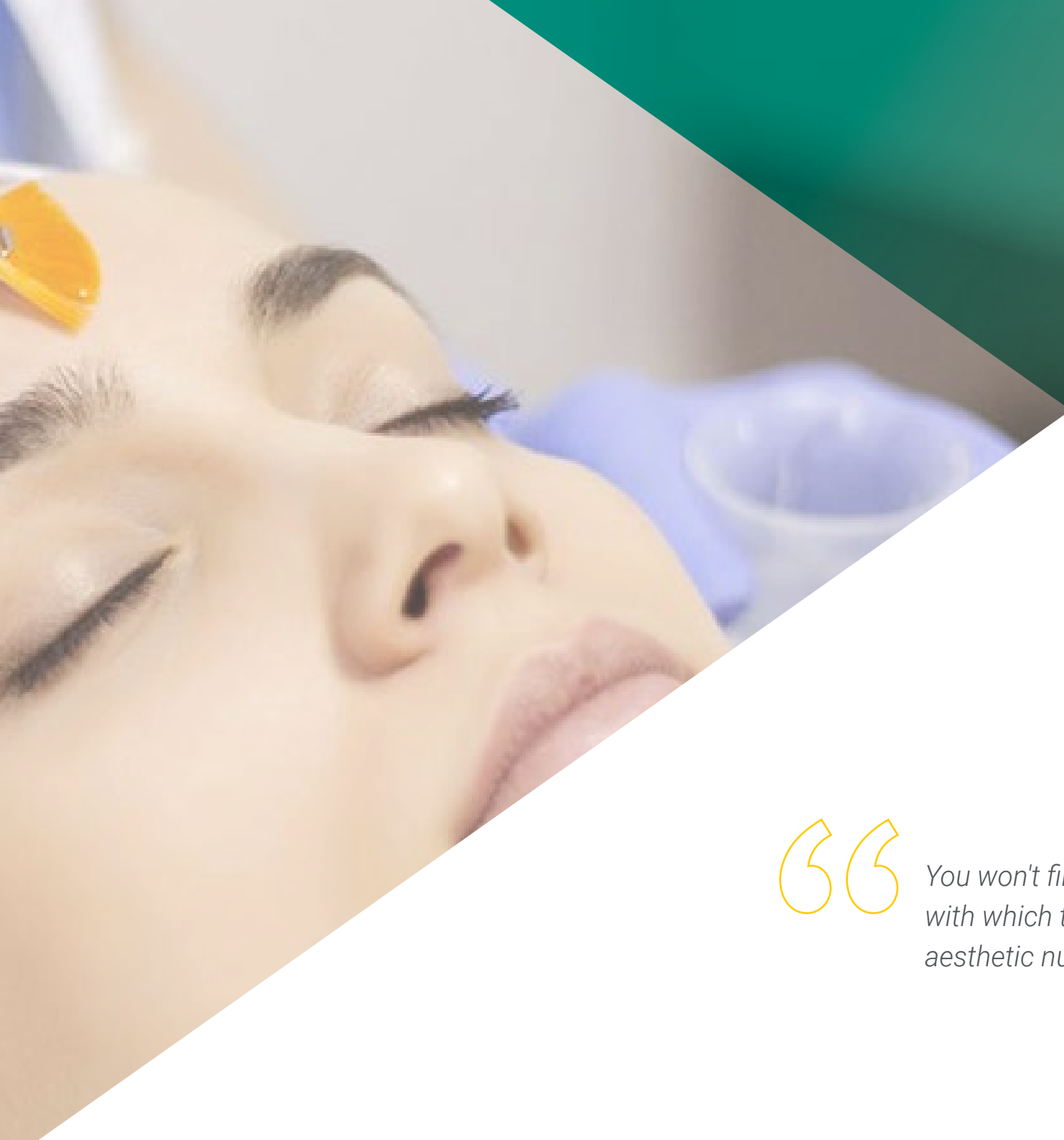
- ◆ Know the anatomical structures of the skin
- ◆ Explore other areas related to the skin: hair, nails, sebaceous and sweat glands, etc
- ◆ Analyze the different functions of the skin
- ◆ Know which are the different skin cares according to the patient's stage of life
- ◆ In-depth knowledge of the effects of solar radiation on the skin and the different means of photoprotection
- ◆ Learn the different types of Skin
- ◆ Understanding the basics of facial hygiene
- ◆ Know the different moisturizing techniques for the skin

03

Structure and Content

The contents of this Postgraduate Certificate in Aesthetic Nursing: The Skin have been designed by leading specialists in this organ and its aesthetic treatments. As such, throughout the module that makes up this program, students will learn all about hair, nails, sebaceous and sweat glands, metabolism, temperature regulation and different care of this organ in the different stages of life, among many other elements.





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*You won't find a better program
with which to specialize in
aesthetic nursing of the skin"*

Module 1. The Skin

- 1.1. Skin Anatomy and Structure of the Skin
- 1.2. Skin Appendages
 - 1.2.1. Hair
 - 1.2.2. Nails
 - 1.2.3. Sebaceous Glands
 - 1.2.4. Sweat Glands
- 1.3. Skin Functions and Elementary Lesions
 - 1.3.1. Protection
 - 1.3.2. Metabolism
 - 1.3.3. Temperature Regulation
 - 1.3.4. Sensory
 - 1.3.5. Excretory
 - 1.3.6. Energy Reserve
- 1.4. Skin Care in the Different Stages of Life: Neonatal, Pediatric, Adolescent, Adult, Geriatric, Pregnancy
 - 1.4.1. Neonatal
 - 1.4.2. Pediatric
 - 1.4.3. Adolescent
 - 1.4.4. Adult
 - 1.4.5. Geriatric
 - 1.4.6. Pregnancy
- 1.5. Embryology of the Skin and Skin Appendages
 - 1.5.1. Skin Development
 - 1.5.2. Hair Development
 - 1.5.3. Nail Development
 - 1.5.4. Skin Gland Development





- 1.6. Skin Types
 - 1.6.1. Density
 - 1.6.2. Skin Emulsion
 - 1.6.3. Skin Phototype
 - 1.6.4. Status
- 1.7. Skin Hygiene
- 1.8. Skin Hydration
 - 1.8.1. Manual Techniques
 - 1.8.2. Materials and Technical Methods
 - 1.8.3. Specific Cosmetics
 - 1.8.4. Equipment

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You will be a highly valued nursing professional in your field thanks to this Postgraduate Certificate”

04

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



05 Certificate

This Postgraduate Certificate in Aesthetic Nursing: The Skin guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This program will allow you to obtain your **Postgraduate Certificate in Aesthetic Nursing: The Skin** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Aesthetic Nursing: The Skin**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development language
classroom



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