

Postgraduate Certificate

Advances in Integrative Medicine Techniques for Nursing



Postgraduate Certificate Advances in Integrative Medicine Techniques for Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/in/nursing/postgraduate-certificate/advances-integrative-medicine-techniques-nursing

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01

Introduction

The healthcare field is undergoing a major transformation due to the rise of less invasive therapies, with less toxicity and reduced costs. All of this is complemented by a greater interest on the part of the population in taking care of their health and wellbeing without using excessive pharmacology. In this scenario, Integrative Medicine has made great strides, supported by clinical evidence of its use. For this reason, TECH has not hesitated to offer healthcare professionals the most current and advanced knowledge in this field, applied to the field of nursing. All this, through a multimedia and innovative content 100% online that will take you deeper into phytotherapy, Integrative Nutrition or advances in Ozone Therapy.





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Immerse yourself in this university degree for the latest advances in Integrative Medicine and take it to your daily practice”

One of the strengths of Integrative Medicine is the work in the prevention and maintenance of people's health through nutrition care, exercise, stress management and emotional well-being. These factors, in turn, contribute to reducing drug consumption and healthcare costs.

In this regard, the work of the nursing professionals is key, given their role in counseling and patient care. It is therefore essential that health care professionals interested in this area update their knowledge and keep abreast of the latest developments in this field. Therefore, to facilitate this update, TECH has designed this 100% online program that provides the most advanced information under the highest scientific rigor.

A program that will take the student throughout 200 hours of classes to be able to be aware of the most recent advances in Ozone Therapy and the regulatory framework that regulates it, Integrative Nutrition, Phytotherapy or microimmunotherapy. An update that will be much easier to obtain thanks to the use of pedagogical resources (video summaries, detailed videos, specialized readings or case studies) that you can access 24 hours a day, 7 days a week.

In addition, this degree is designed so that the graduate does not have to invest a large number of hours of study and memorization. This will be possible thanks to the *Relearning* method, which focuses on reiterating key concepts throughout the academic course.

An unparalleled opportunity to comfortably update your knowledge through a flexible Postgraduate Certificate, developed by true experts in Integrative Medicine with an extensive clinical background. A quality program, perfectly compatible with daily professional responsibilities.

This **Postgraduate Certificate in Advances in Integrative Medicine Techniques for Nursing** contains the most complete and up to date scientific program on the market. Its most notable features are:

- ◆ Practical cases presented by experts in Integrative Health
- ◆ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ◆ Practical exercises where self-assessment can be used to improve learning
- ◆ Its special emphasis on innovative methodologies
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ◆ Content that is accessible from any fixed or portable device with an Internet connection



Get the updated knowledge you were looking for about Phytotherapy, under the maximum scientific rigor"

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Expand your skills in counseling patients who want to improve their health through Integrative Medicine”

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

Get a theoretical-practical and current vision of Integrative Nutrition through a 100% online Postgraduate Certificate.

It masterfully combines traditional medicine with the most recent techniques used in Integrative Medicine.



02 Objectives

The boom in Integrative Medicine is forcing healthcare professionals to keep up to date in order to offer patients the best clinical care. In this sense, this program provides the professional with advanced and practical material. This is possible thanks to the clinical cases provided by the teaching team of this Postgraduate Certificate, which will allow the graduate to apply the latest techniques and procedures used in this discipline.



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Are you looking to be up to date on Ozone Therapy and the regulations that govern it? You are looking at the right university qualification”



General Objectives

- ◆ Acquire the knowledge and skills required to assess the suitability of each discipline in the clinical setting, so as to provide quality care based on scientific evidence
- ◆ Acquire up-to-date knowledge of Health Sciences Professionals in the various fields of Integrative Medicine
- ◆ Promote work strategies based on an integrative approach and multimodal rehabilitation as a reference model for achieving excellent care
- ◆ Promote the acquisition of technical skills and abilities through an effective multimedia system
- ◆ Encourage professional stimulation through continuous education and research





Specific Objectives

- ♦ Analyze the relationship between the peripheral and central nervous system with the digestive tract and the immune system
- ♦ Review access to complementary medicine therapies in hospital settings
- ♦ Analyze Neural therapy and Ozone Therapy
- ♦ Learn the clinical advances in integrative nutrition such as the Anti-Inflammatory and Ketogenic Diets

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Case studies will allow you to take a much more hands-on approach to complementary medicine therapies in hospital settings”

03

Course Management

TECH maintains its objective of offering all its students a first level university program. For this reason, it brings together the best professionals in each area, which allows the graduate to obtain the most exhaustive and current information from the best. In support of this philosophy, this institution has selected an outstanding faculty in the area of Integrative Medicine, which will provide the professional with the most advanced knowledge in only 6 weeks.





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Only through the best specialists will you achieve a complete update and of great practical utility, that is why TECH has brought them together in this program”

Management



Dr. Menassa, Alejandra

- Responsible for the Internal Medicine Area and the Mental Health Unit at the Integrative Medicine Clinic
- Head of the Nutritional and Dietary Fields, Clínica Medicina Health
- Attending Physician in the Internal Medicine service Emergencies in the Service at the 12 de Octubre University Hospital
- Member of the Psychoanalytical Medical Team of Grupo Cero Film Production Company
- Master's Degree in Evaluation of Bodily and Psychosocial Damage, European Institute Ministry of Health and Social Welfare
- Expert in Judicial Psychological Evaluation by the Instituto Superior de Psicología Alborán
- Expert in Ozone Therapy in Internal Medicine, University of Havana
- Vice of the Spanish Society of Integrative Health and Medicine (SESMI)
- Member of: Spanish Society of Internal Medicine (SEMI)



Dr. Rodríguez Picazo, Pedro

- ◆ Attachments Director, UME clinic
- ◆ Director Founder of Medintegra
- ◆ Health Coordinator at Colisée
- ◆ Doctorate in Health Sciences, University of Alicante
- ◆ Degree in in Nursing in Community Health from the University of Alicante
- ◆ University Specialist in Osteopathy, Kinesiology and Acupuncture by the University of Murcia.
- ◆ Master's Degree in Advanced Integrative Health and Medicine by TECH Universidad Tecnológica
- ◆ ARPN, Healthcare Services by the European University Miguel de Cervantes
- ◆ Member of: Editorial Board of the Revista Medicina Integrativa RS&MI, Board of Directors of the Spanish Society of Integrative Health and Medicine, Fellow of the European Society of Integrative Medicine and Fellow of the Society of Integrative Oncology

Professors

Dr. García Gutiérrez, Rosario

- ◆ Specialist in Family and Community Medicine; and in Esthetic Antiaging and Medicine.
- ◆ Director of the Dentalos Clinic
- ◆ Medical Responsible of the Ozone and Biological Serotherapy Unit at SHA Wellness Clinic
- ◆ Doctor in private practice
- ◆ Master's Degree in Biological and Anti Medicine from the CEU Cardenal Herrera University.
- ◆ Master's Degree in Advanced Techniques in Esthetics Medicine from the CEU Cardenal Herrera University

Dr. González Martín, María del Carmen

- ◆ Medical Director, Centers clinic
- ◆ Specialist in Orthomolecular Medicine and Director of the Centers Clinic
- ◆ PhD in Infectious Diseases and Microbiology from the University of Granada
- ◆ Master's Degree in Active Cell Nutrition by the French Association of Orthomolecular Medicine
- ◆ Vice-President of the Cosmetic Medicine. Association of Granada
- ◆ Member of: Spanish Society of Nutrition and Orthomolecular Medicine and International Committee of Experts in Ozone Therapy.

Dr. Vinyes, David

- ♦ Medical Specialist in Neurology
- ♦ Medical director of the Institute of Neural Therapy and Regulatory Medicine. Barcelona
- ♦ Training teacher of Neural Therapy courses in Europe and America
- ♦ Master's Degree in Neurosciences from the Autonomous University of Barcelona
- ♦ Master's Degree in Anthropology of Medicine at the University of Tarragona
- ♦ Degree in Medicine and Surgery from the Autonomous University of Barcelona
- ♦ Training in Neural Therapy at CIMA in Colombia
- ♦ Speaker at several national and international congresses on Neural Therapy, Craniofacial and Oral Pain, and Gynecology
- ♦ Member of the Ethical and Scientific Commission of the International Federation of Neural Therapy Medical Associations
- ♦ Honorary Member of the Medical Societies of Neural Therapy of Austria, Italy, Portugal, Colombia and Ecuador

D. Serrano Gandía, Juan

- ♦ Executive Technical Project Manager in the company Dietéticos Intersa
- ♦ Biologist Analyst at the Valencian Institute of Oncology Foundation
- ♦ Degree in Biological Sciences, specialized in Biochemistry and Molecular Biology from the University of Valencia
- ♦ Member of: Vice-President of the Spanish Society of Integrative Health and Medicine and Spanish Society

Dr. Pellicer, Cristina

- ♦ Specialist in Health Medicine
- ♦ Teacher in different Integrative Medicine trainings
- ♦ Medical trainer in thoracic surgery
- ♦ Degree in Medicine and Surgery, Autonomous University of Barcelona
- ♦ Master's Degree in Clinical Oncology from the University of the Basque Country/ Euskal Herriko Unibertsitatea (UPV/EHU)
- ♦ Master's Degree in Clinical Psychoneuroimmunology from the University of Salamanca
- ♦ Trained in multiple health and complementary disciplines

Dr. Salgado, Carmen

- ♦ Naturopath, Director and Founder of the Herbarum Natura therapeutic center
- ♦ Member of the Department of Naturopathy of the Philippus Thuban Center for Higher Studies
- ♦ Graduate in Pharmacy from the Complutense University of Madrid.
- ♦ Degree in Biochemistry and Molecular Biology
- ♦ Postgraduate Diploma in Naturopathy by the Escorial- María Cristina Royal University Center
- ♦ Expert Degree in and Orthomolecular Medicine Nutrition by the French Association of Orthomolecular Medicine



Dr. Rigau, Josepa

- ◆ Immunologist and Specialist in Virtual Clinic MASalud
- ◆ Microimmunotherapist at Virtual Clinic MASalud
- ◆ Medical Specialist in Biological and Genetic Medicine in different institutions
- ◆ Doctor of Medicine and Surgery, Rovira i Virgili University
- ◆ Master's Degree in Biological Medicine and Aging from the University of Alcalá, Spain.
- ◆ Master's Degree in Pharmacogenetics, Pharmacogenomics and Personalized Medicine from the University of Barcelona
- ◆ Master's degree in Environmental Medicine from the American Academy of Environmental Medicine
- ◆ President and Founder at the Spanish Association of Microimmunotherapy(AEMI)
- ◆ Member of: European Laser Association, Spanish Society of Surgical Medical Laser (SELMQ), Spanish Society of Anti-Aging and Longevity Medicine (SEMAL) and Spanish Society of Integrative Health and Medicine (SESMI)

“ *Make the most of this opportunity to learn about the latest advances in this area in order to apply it to your daily practice* ”

04

Structure and Content

This university program allows the healthcare professional to take an intensive academic tour through the main advances in Integrative Medicine techniques. All this, through a content elaborated by authentic specialists in this area, who will approach in a dynamic way the advances in neural therapy, Ozone Therapy or Phytotherapy. The library of didactic material will be the perfect complement to expand this information in a much more attractive way.



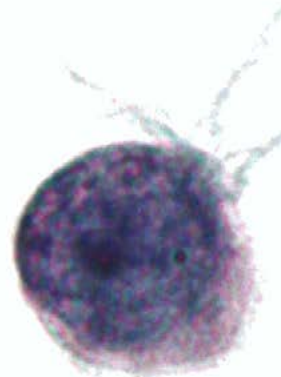


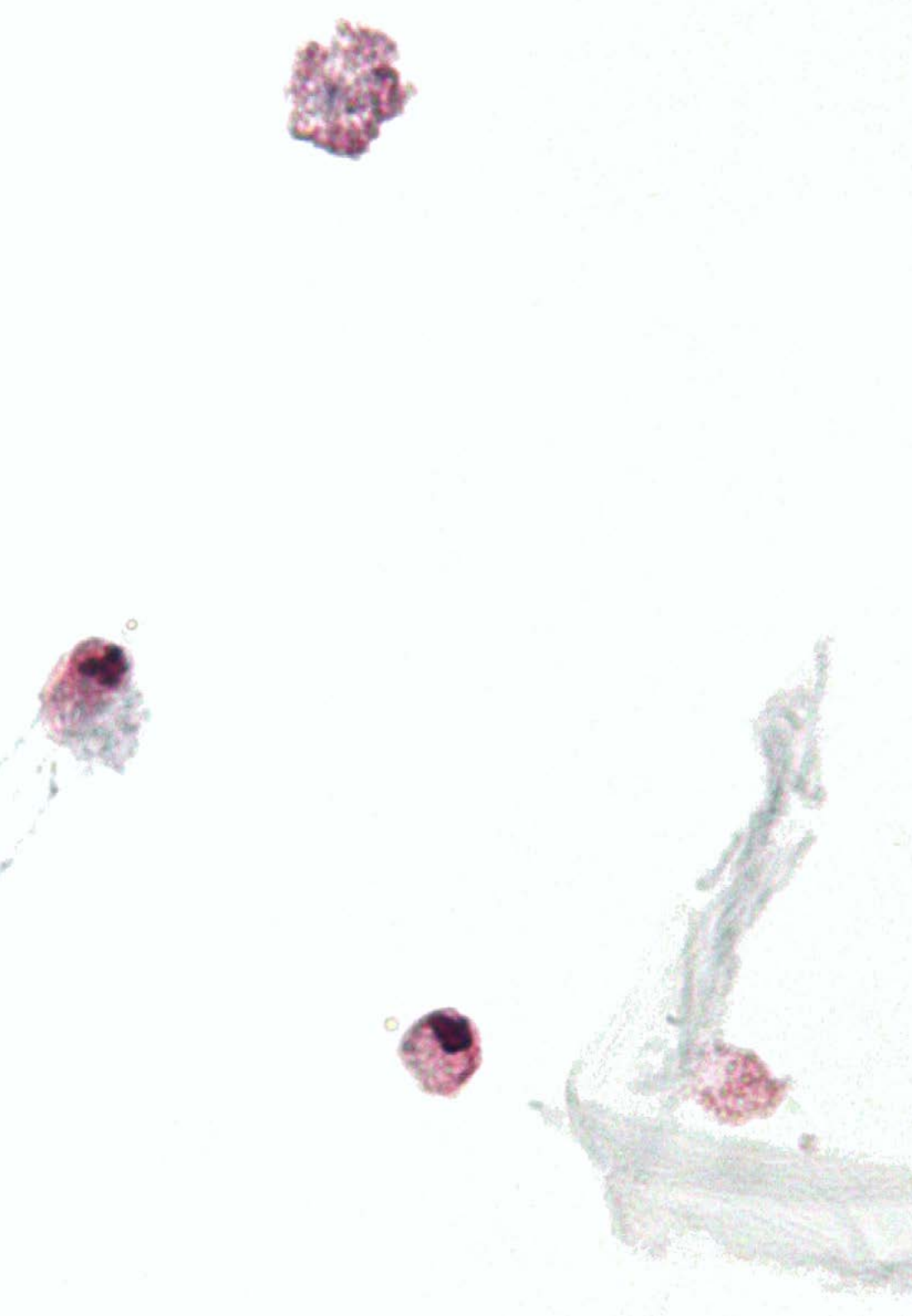
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Numerous additional teaching resources are available for you to access conveniently from your computer with an Internet connection”

Module 1. Advances in Integrative Medicine Techniques

- 1.1. Platelet Factors
- 1.2. Neural Therapy
- 1.3. Microimmunotherapy
- 1.4. Mycology and Immunomodulation
- 1.5. Ozone Therapy. Clinical Evidence
 - 1.5.1 Biochemical Principles and Ozone Mechanism of Action
- 1.6. Orthomolecular Supplementation, Phytotherapy, and Interactions
 - 1.6.1 Phytotherapy
- 1.7. Advances in Integrative Nutrition
 - 1.7.1 Anti-Inflammatory Diet
 - 1.7.2 Ketogenic Diet
 - 1.7.3 Fasting
 - 1.7.4 Diet Therapy to Rebalance Microbiota





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Apply the latest advances in Integrative Nutrition to your patients' healthy diet recommendations”

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



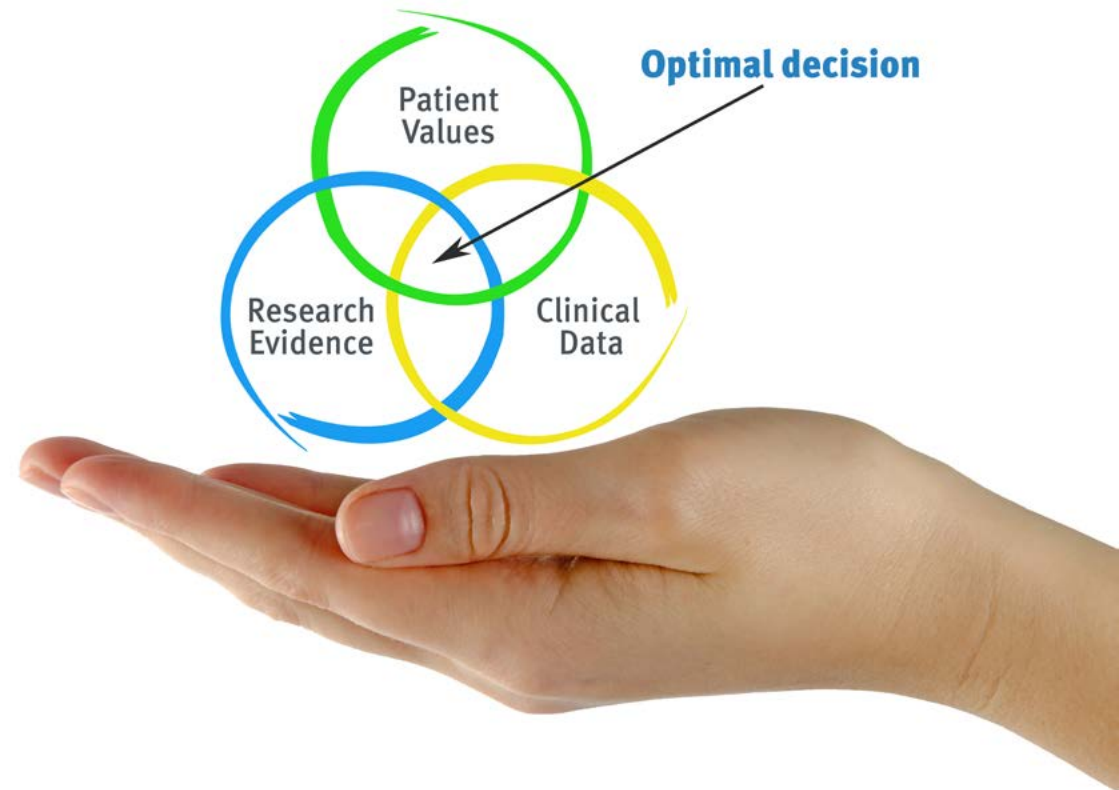
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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Advances in Integrative Medicine Techniques for Nursing guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This **Postgraduate Certificate** in **Advances in Integrative Medicine Techniques for Nursing** contains the most complete and up-to-date scientific on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Advances in Integrative Medicine Techniques for Nursing**
Official N° of Hours: **200 h.**



*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.



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