



## Acute Cardiac Nursing Care

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Technological University

» Dedication: 16h/week

» Schedule: at your own pace

» Exams: online

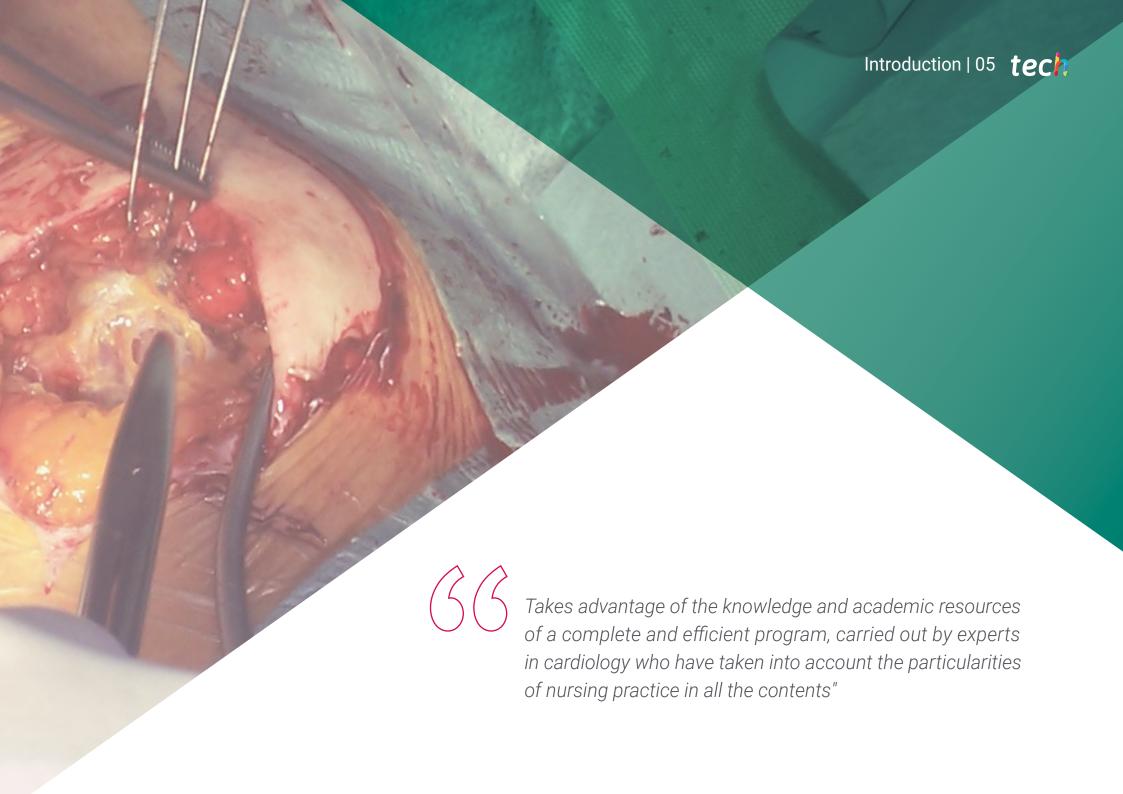
Website: www.techtitute.com/in/nursing/postgraduate-certificate/acute-cardiac-nursing-care

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### tech 06 | Introduction

Acute heart disease is extremely complicated and can have possible vascular or pulmonary effects. The professionals who are prepared to care for patients with these conditions must have a solid theoretical foundation and technical management that will allow them to act both preventively and in emergency situations, and in periods of stabilization and subsequent rehabilitation. All this theoretical knowledge and practical management must be supported by continuous updating in the field, since advances in the care and management of cardiac pathologies are constant.

This Postgraduate Certificate deals in detail with the different cardiac conditions related to the blood vessels of the heart, from cardiogenic shock to ventricular tachyarrhythmias. It also delves into care protocols suitable for the various stages of the patient, be it initial care in patients with suspected ACS, or postoperative care. Therefore, this program covers all the techniques of acute cardiac pathologies developed so far.

The technical and theoretical teaching of specialist professors and the virtual learning tools offered by TECH Technological University make this program highly practical for the nurse. With scientific articles, real case reports, audiovisual material and extensive interactive content, the nursing professional facing the course will have access to a wealth of information that will undoubtedly contribute to their work of continuous updating.

This **Postgraduate Certificate in Acute Cardiac Nursing Care** contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of practical cases presented by experts in Nursing in cardiology
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice.
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



Learn about new techniques for the care and attention of cardiac patients in a complete program that combines the most rigorous scientific evidence with the highest level of clinical practice"

### Introduction | 07 tech



Learn all the details about Acute Coronary Syndrome (ACS), its prevention and advances in the care of affected patients in this Postgraduate Certificate"

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.

Delve into the most efficient work methodology, up-to-date based on the latest scientific postulates, to treat a pulmonary embolism caused by an acute heart disease.

Study in a practical, dynamic and efficient way, without the constraints of a predefined academic calendar or face-to-face classes.







### tech 10 | Objectives



### **General Objectives**

- Update knowledge in the treatment and care of patients diagnosed with the main cardiovascular pathologies, including myocardial and pericardial diseases, coronary artery disease and arrhythmias
- Ensure that nurses' knowledge of cardiology is updated and improve their qualification in order to encourage them in their daily work and increase their professional motivation
- Enhance the professionals' ability to make a balanced assessment of the use of health resources in relation to the individual, social and collective benefit that can be derived from such use
- Enable the establishment of communication tools among health professionals within a multidisciplinary team
- Improve the perception of the social role of nursing professionals, as individual agents in a general health care system and of the ethical requirements that this entails



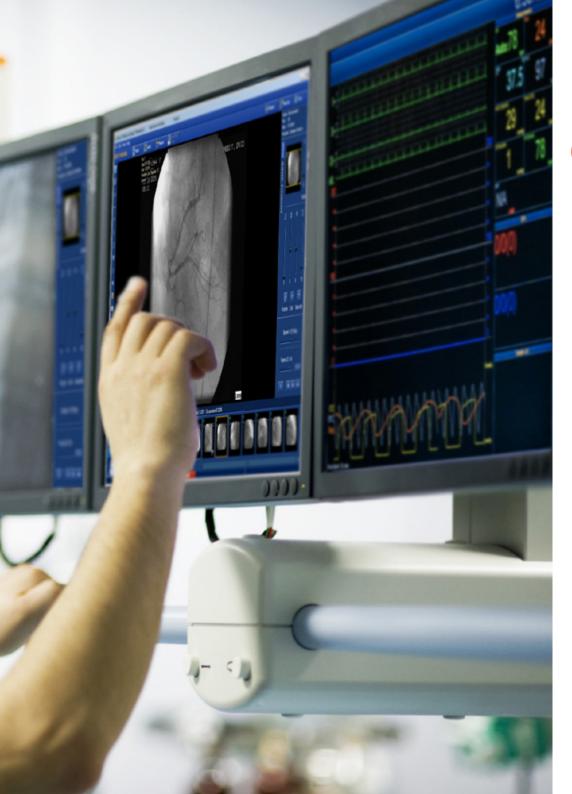


### **Specific Objectives**

- Know the hospital management of the main acute cardiovascular syndromes such as
  acute coronary syndromes, left and right heart failure, arrhythmias, cardiac arrest, acute
  aortic syndromes and acute complications of valvular, myocardial and pericardial diseases
- Obtain the essential knowledge to understand, prevent and manage the most frequent complications and comorbidities in patients with critical cardiac disease (hydroelectrolytic, metabolic, respiratory, renal and infectious)
- Acquire basic knowledge of the techniques and procedures most commonly used in these
  patients, such as vascular punctures, hemodynamic monitoring and circulatory support
  systems, induced hypothermia systems, orotracheal intubation and invasive and noninvasive mechanical ventilation, pericardiocentesis, insertion of pacemakers and other
  electrical devices, and extrarenal depuration systems, as well as nutritional support and
  concomitant medication



Develop your skills and update your knowledge in acute cardiac care"







### tech 14 | Course Management

### Management



### Ms. Capote Toledo, María Luz

- Coordinator of the Hemodynamics and Arrhythmia Room at the Hospital university Príncipe de Asturias and Hospital university Severo Ochoa
- Supervisor of Heart Failure, Cardiac Rehabilitation, Cardiopulmonary Explorations (Imaging, Ergometry and Holter, and High-Resolution Cardiology Consultations at Clinical Hospital San Carlos in. Madrid
- Supervisor of Hemodynamics and Electrophysiology at San Carlos Clinical Hospital
- Degree in Nursing from the Complutense University of Madrid
- Master's Degree in Health Care Quality, Rey Juan Carlos University in Madrid in collaboration with the Laín Entralgo Agency







### tech 18 | Structure and Content

#### Module 1. Acute Cardiac Care

- 1.1. Initial Management of Patients with Suspected ACS
  - 1.1.1. Patients with Non ST-Elevation Acute Coronary Syndrome
  - 1.1.2. Diagnosis, Risk Stratification and Treatment
  - 1.1.3. Prevention and Management of Complications
  - 1.1.4. Lipid-Lowering Drugs and Other Secondary Prevention Measures
  - 1.1.5. Initial Management of Patients with STEACS
  - 1.1.6. Diagnosis, Risk Stratification and Treatment
  - 1.1.7. Prevention and Management of Complications
  - 1.1.8. Antithrombotic Drugs for ACS
- 1.2. Heart Failure and Pulmonary Edema
  - 1.2.1. Decompensation of Congenital Heart Disease
  - 1.2.2. Pharmacological Treatment of Acute Heart Failure
  - 1.2.3. Non-Invasive and Invasive Ventilation
- 1.3. Cardiogenic Shock
  - 1.3.1. Hemodynamic Monitoring
  - 1.3.2. Mechanical Circulatory Support
- 1.4. Cardiac Arrest
  - 1.4.1. Initial Management of Cardiac Arrest
  - 1.4.2. Neurological Protection and Prognostic Assessment
- 1.5. Arrhythmias
  - 1.5.1. Atrial Fibrillation and Supraventricular Tachyarrhythmias
  - 1.5.2. Ventricular Tachyarrhythmias and ICD Dysfunction
  - 1.5.3. Bradyarrhythmias Pacemaker Implantation. Pacemaker Malfunction
- 1.6. Acute Vascular, Myocardial, Pericardial, and Valvular Syndromes
  - 1.6.1. Acute Aortic Syndromes
  - 1.6.2. Pulmonary Embolism
  - 1.6.3. Acute Pericarditis, Myocarditis, Stress-Induced Cardiomyopathy (Takotsubo Syndrome)
  - 1.6.4. Severe Pericardial Effusion: Cardiac Tamponade Pericardiocentesis
  - 1.6.5. Acute Infectious and Non-Infectious Valvular Disease





### Structure and Content | 19 tech

- 1.7. General Principles of Cardiovascular Critical Care
  - 1.7.1. Prophylaxis, Nutrition, End-of-Life Support
  - 1.7.2. Postoperative Care after Cardiac Surgery
  - 1.7.3. Acute Respiratory Distress Syndrome
  - 1.7.4. Acute Renal Failure and Renal Support Therapy
- 1.8. Diabetes Management
  - 1.8.1. Blood Glucose Disorders
  - 1.8.2. Electrolyte and Acid-Base Balance Disorders
  - 1.8.3. Bleeding, Anemia and Blood Transfusion
  - 1.8.4. Infectious Complications in Cardiac Intensive Care
- 1.9. Nursing Care in the Different Techniques and Procedures Performed in the Coronary Unit
  - 1.9.1. Nursing Care for Vascular Cannulation
  - 1.9.2. Orotracheal Intubation and Tracheotomy
- 1.10. Accompanying the Terminally III Patient in the Coronary Unit

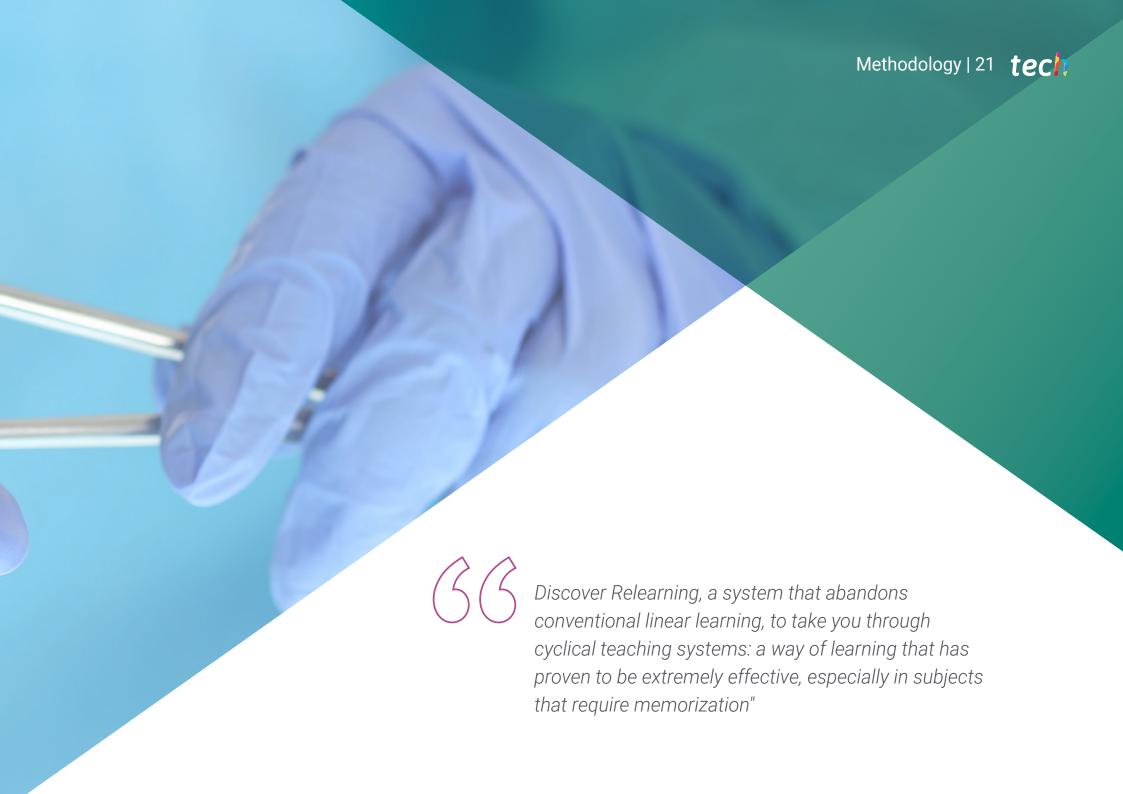


Download all the didactic material and gain access to a fundamental reference guide for nursing practice in the care of patients with acute cardiac pathologies"



This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.** 

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

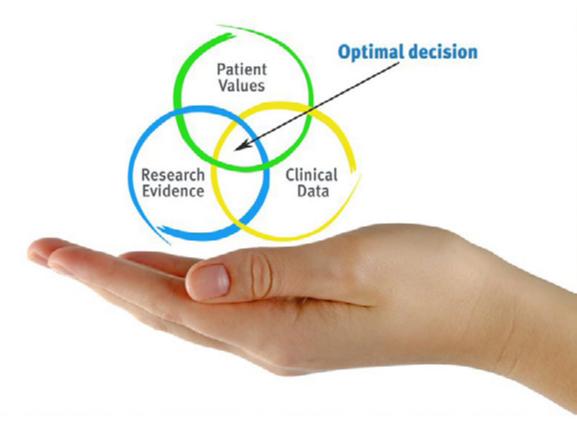


### tech 22 | Methodology

#### At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
- 2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





### Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The nurse will learn through real cases and by solving complex situations in simulated learning environments.

These simulations are developed using state-of-the-art software to facilitate immersive learning.



### Methodology | 25 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### **Nursing Techniques and Procedures on Video**

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.



### **Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### **Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.





20%

17%





### tech 30 | Certificate

This **Postgraduate Certificate in Acute Cardiac Nursing Care** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: Acute Cardiac Nursing Care
Official N° of Hours: 150 h.



Acute Cardiac Nursing Care

This is a qualification awarded by this University, equivalent to 150 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

June 17, 2020

Tere Guevara Navarro

his qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country

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