

# Internship Program Occupational Nursing



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Internship Program  
Occupational Nursing

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# 01 Introduction

Occupational nursing plays a very important role in disease prevention and health promotion of workers. and in the promotion of workers' health. It not only uses its techniques in the diagnosis and treatment of diseases and ailments, but also works tirelessly in the field of effective of diseases and ailments, but works tirelessly in the effective orientation for the health and optimal consensus from the point of view of the welfare of the person in the workplace. And since this is a sector that has undergone countless changes in recent years, TECH has decided to launch an exclusively practical program that will help professionals to update their practice in situ, in a clinical center of reference in Occupational Nursing. Therefore you will be able to implement in your practice the most innovative strategies during your 3 weeks of stay.



*A unique opportunity to access an unparalleled Practical Training with which you will be updated in situ and in a guaranteed way in everything related to Occupational Nursing"*







The effective prevention and protection of workers against the risks that may be encountered in their work environment is the main function of the Nurse who performs his activity in the work area. It is, therefore, a highly demanded professional in the current context, in which entities must comply with very important regulations in favor and for the benefit of the health of their employees. For this reason, it is an area that is constantly changing, adapting its guidelines to the laws and the needs of patients as time goes by.

For this reason, and following the maxim that practice is the best way to catch up, TECH has developed an innovative and pioneering program in the academic market: Practical Training in Occupational Nursing. This degree consists of 120 hours in a reference clinic in this area, in which the graduate will work with a group versed in this area to perfect, little by little, their skills in the comprehensive management of the patient, their orientation and in the communication of care, both personally and with the team of which they are part. In this way, you will have access to the most sophisticated and innovative clinical equipment, which you will learn in depth during the 3 weeks in which this experience is distributed.

On the other hand, you will have the support of an expert tutor in Occupational Nursing, who will be at your complete disposal to solve any doubts that may arise during the course of the program. In addition, its main function will be to ensure that all the objectives for which this Practical Training was designed are met, Therefore, they will provide the graduate with all the resources they need to obtain the best experience they have had so far, which will help them to be up-to-date on the most sophisticated strategies for an innovative and top-level Occupational Nursing practice.

# 02

## Why Study an Internship Program?

Occupational Nursing is one of the most in-demand areas in the clinical setting, due to the countless patients it sees. For this reason, and with the aim of providing graduates with all the information and resources that will allow them to update their practice in this field in a comfortable, versatile and, above all, guaranteed way, TECH has launched this program so that they can achieve this through a theoretical and practical experience that will mark a before and after in their professional career.



*An ideal program to update you in the management of prevention services through a practical stay of 120 hours in an international reference clinic"*

### 1. Updating from the Latest Technology Available

The clinic where the graduate will carry out his or her internship will certainly have the most sophisticated and avant-garde clinical equipment in the nursing activity. In this way, the professional will have the opportunity to access its management during the 3 weeks in which the program is developed, improving their skills and allowing them to implement in their practice the best strategies for the comprehensive approach to a greater number of cases.

### 2. Gaining In-depth Knowledge from the Experience of Top Specialists

The graduate will have the support of a team of experts, as well as the guidance of a tutor who is a reference in the field of Occupational Nursing. In this way TECH guarantees a first class stay, in which all the objectives for which it was designed are fulfilled. In addition, the professional will be able to use the experience of this group to implement the most sophisticated and innovative clinical strategies for the promotion of health and the prevention of occupational hazards.

### 3. Entering First-Class Clinical Environments

The opportunity TECH offers its graduates to carry out on-site internships to improve their skills is something that any committed professional should not miss. This is the ideal option to get up to date with the strategies for the effective management of the different cases that you may receive from the end of this Practical Training.





#### 4. Putting the acquired knowledge into daily practice from the very first moment

Thanks to the high degree of novelty of these programs, TECH guarantees that during the internships the graduates will have access to the best resources and strategies, which they will be able to apply later in any work environment. This is because they base their activity on international standards of nursing practice.

#### 5. Expanding the Boundaries of Knowledge

TECH's agreements cross national borders. This center establishes agreements with clinics all over the world, giving the graduate the opportunity to take the practical stay in different places. In this way, you can update your practice while enhancing your culture, taking part in an unparalleled experience that will help you grow both personally and professionally.



*You will have full practical immersion at the center of your choice"*



# 03 Objectives

The general objective of this program is to ensure that the professional updates the diagnostic and therapeutic procedures of this area in exclusively practical and practical way, through a hospital internship designed with clinical and educational rigor, under the guidance of renowned professionals , in a hospital center of the highest scientific quality and technological innovation. During this Practical Training, the professionals will approach the main interventions of the specialist which will allow them to improve and enhance their skills in the medical care of their patients.



## General Objectives

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- Know the concepts of health and the legislative framework that is applied to Occupational Nursing
- Delve understanding of the management system which plans the activity of nursing care
- distinguish between the different occupational risk prevention techniques that are linked to prevention and health promotion in the workplace
- Distinguish between the pathologies of occupational origin and their management, as well as the different stages of occupational disability







## Specific Objectives

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- ♦ Define occupational health
- ♦ Explain the repercussions of health on the National System of Social Security
- ♦ Define the most significant data on a worldwide scale on the subject of health and safety in the workplace
- ♦ Explain the legislative framework that is applied to Occupational Nursing
- ♦ Define the most special jobs in terms of health
- ♦ Explain the evolution of occupational nursing
- ♦ Identify the profile of occupational Nurse both within and outside of our country
- ♦ Identify the European directive on occupational health and safety
- ♦ Describe the Spanish legislation on occupational health
- ♦ Define the rights and responsibilities of patients
- ♦ Distinguish ethical and deontological aspects in nursing practice
- ♦ Explain the different layers that make up companies and types of organization
- ♦ Explain the characteristics of a working team and the materials
- ♦ Formulate the organization of a work team
- ♦ Strategically plan according to the necessities the patient
- ♦ Describe the different protocols and performance assessment for occupational nursing practice
- ♦ Define security and the safety techniques of the working environment
- ♦ Investigate, analyze and evaluate occupational accidents
- ♦ Apply occupational safety regulations
- ♦ Distinguish and guide collective and individual regulations
- ♦ Describe the emergency and self-protection plans
- ♦ Analyze and identify the specific risks
- ♦ Distinguish between the different chemical agents and assess occupational toxicology
- ♦ Explain physical agents and control and evaluation
- ♦ Explain the effects, evaluation and control of biological agents
- ♦ Explain the legal regulations that encompass ergonomics
- ♦ Define the main environmental conditions in ergonomics
- ♦ Implement strategies to evaluate the mental and physical load of a job position
- ♦ Apply psychology in the field of prevention and its objectives
- ♦ Perform psychosocial interventions
- ♦ Define the concept of prevention and its objectives in the workplace
- ♦ Explain the specific health surveillance protocol in the workplace
- ♦ Define what the clinical-occupational history is
- ♦ Identify particularly sensitive working populations
- ♦ Carry out occupational health promotion within their environments
- ♦ Implement intervention strategies in health promotion
- ♦ Distinguish between the different health intervention models
- ♦ Provide health education within the framework of health promotion
- ♦ Carry out primary prevention campaigns
- ♦ Define the care strategy for occupational pathologies caused by organization factors
- ♦ Establish guidelines for the assessment of a worker's capacity to work
- ♦ Define the concepts of sick leave and return to work, accident report and illnesses
- ♦ Know how to quantify the patient's impairments and disabilities
- ♦ Explain the principles of business responsibility on a social level with the employees
- ♦ Explain the importance of in-company training in prevention and occupational safety

# 04 Educational Plan

This Internship Program consists of a 3-week period from Monday to Friday, with 8 consecutive hours of practical up-to-date with an attending specialist. This Rooms will allow you to observe real Patients alongside a from professional team of reference in the field of Sports Sciences, applying the Diagnoses most innovative procedures in this field.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide Healthcare in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and Cone with highly professional performance.

The practical education will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow trainees that facilitate teamwork and multidisciplinary integration as transversal competencies for Current The nursing practice (learning to be and learning to relate).

The procedures described below will form the basis of the practical part of the internship, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:



*Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential”*



Module	Practical Activity
Up-to-date Basic Concepts	Participate in work and health discussions within the team.
	Apply nursing strategies that are determinant to the health of the working population.
	Analyze Health of Workers in Special Situations
Health Law and Deontology in Occupational Nursing	to discuss the rights and responsibilities of healthcare professionals.
	Working according Ethical and Deontological Aspects in the Professional Practice of Occupational Nurses
	thoroughly the Regulations and La Legislation on the Management of the Health Professions
	Discuss professional responsibility with peers in a weekly sharing session.
Management in Occupational Nursing	Participate in the Human and Material Resources Management
	work on the basis of the Studies, Protocols, Program Evaluation and Action Guides for Occupational Nursing Practice
	Implement the Quality Systems in Organizations
	Enforcing labor rights in different environments
Occupational Hazard Prevention	Implement safety measures in the workplace and the safety standard and signage and safety signage
	Determine toxic and hazardous wastes in a work environment.
	Determine the biological agents harmful to health available to the company.
	Follow industrial hygiene regulations
	Apply psychosociology related to prevention.
Health Promotion in the Workplace	Establish a culture of ergonomics in the different work environments in which the nurse has to carry out their professional activity.
	Perform the Workplace Health Prevention
	Fulfilling the Specific Health Surveillance Protocols
	Perform health examinations
	Define intervention strategies in occupational health promotion depending on the characteristics of the entity.
Explain and advise on vaccination plans for companies.	



# 05 Where Can I Do the Internship Program?

The professional will be able to carry out his or her internship in a health center of recognized prestige where he or she will apply a large number of activities related to occupational nursing. Therefore, the nurse will be prepared to face the present and future challenges of this discipline with the most advanced and up-to-dated knowledge and skills, transmitted by experts from the clinical center where the 3-week stay will take place.



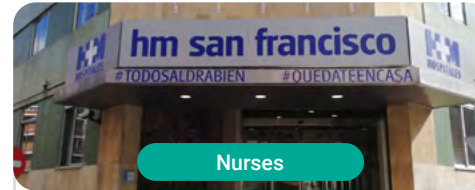
*Take your practical training in a prestigious center and put into action everything you have learned from the best professionals in the sector"*







The student will be able to do this program at the following centers:



Nurses

### Hospital HM San Francisco

Country	City
Spain	León

Management: C. Marqueses de San Isidro, 11, 24004, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Update in Anesthesiology and Resuscitation
- Nursing in the Traumatology Department



Nurses

### Hospital HM Regla

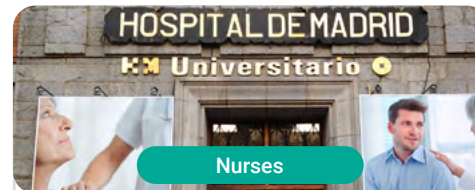
Country	City
Spain	León

Management: Calle Cardenal Landázuri, 2, 24003, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Update on Psychiatric Treatment in Minor Patients



Nurses

### Hospital HM Madrid

Country	City
Spain	Madrid

Management: Pl. del Conde del Valle de Súchil, 16, 28015, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Palliative Care
- Anaesthesiology and Resuscitation



Nurses

### Hospital HM Montepíncipe

Country	City
Spain	Madrid

Management: Av. de Montepíncipe, 25, 28660, Boadilla del Monte, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Palliative Care
- Aesthetic Medicine





Nurses

### Hospital HM Torrelodones

Country	City
Spain	Madrid

Management: Av. Castillo Olivares, s/n, 28250, Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Nurses

### Hospital HM Sanchinarro

Country	City
Spain	Madrid

Management: Calle de Oña, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Nurses

### Hospital HM Puerta del Sur

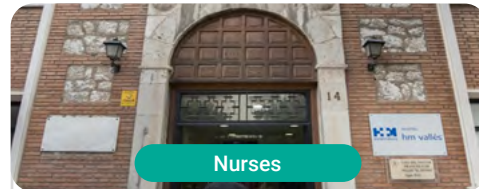
Country	City
Spain	Madrid

Management: Av. Carlos V, 70, 28938, Móstoles, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Palliative Care
- Clinical Ophthalmology



Nurses

### Hospital HM Vallés

Country	City
Spain	Madrid

Management: Calle Santiago, 14, 28801, Alcalá de Henares, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Gynecologic Oncology
- Clinical Ophthalmology







**Nurses**

### Clínica Virgen del Camino

Country	City
Spain	Madrid

Management: Paseo de las Delicias, 150, 28045 Madrid

Clínica Virgen del Camino, 45 years of health care

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**Related internship programs:**

- Occupational Nursing
- Diagnosis in Physiotherapy



*Make the most of this opportunity to surround yourself with expert professionals and learn from their work methodology"*

# 06 General Conditions

## Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.





## General Conditions of the Internship Program

The general terms and conditions of the internship program agreement shall be as follows:

**1. TUTOR:** During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both *clinical* and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.



# 07 Certificate

This **Internship Program in Occupational Nursing** contains the most complete and up-to-date program in the professional and academic landscape.

After the student has passed the assessments, they will receive their corresponding Internship Program diploma issued by TECH Technological University via tracked delivery\*.

The certificate issued by TECH will reflect the grade obtained in the test.

Title: **Internship Program in Occupational Nursing**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Total Hours: **120 h. of professional practice**



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