

# Internship Program

## Obstetrics for Midwives



**tech** global  
university

Internship Program  
Obstetrics for Midwives

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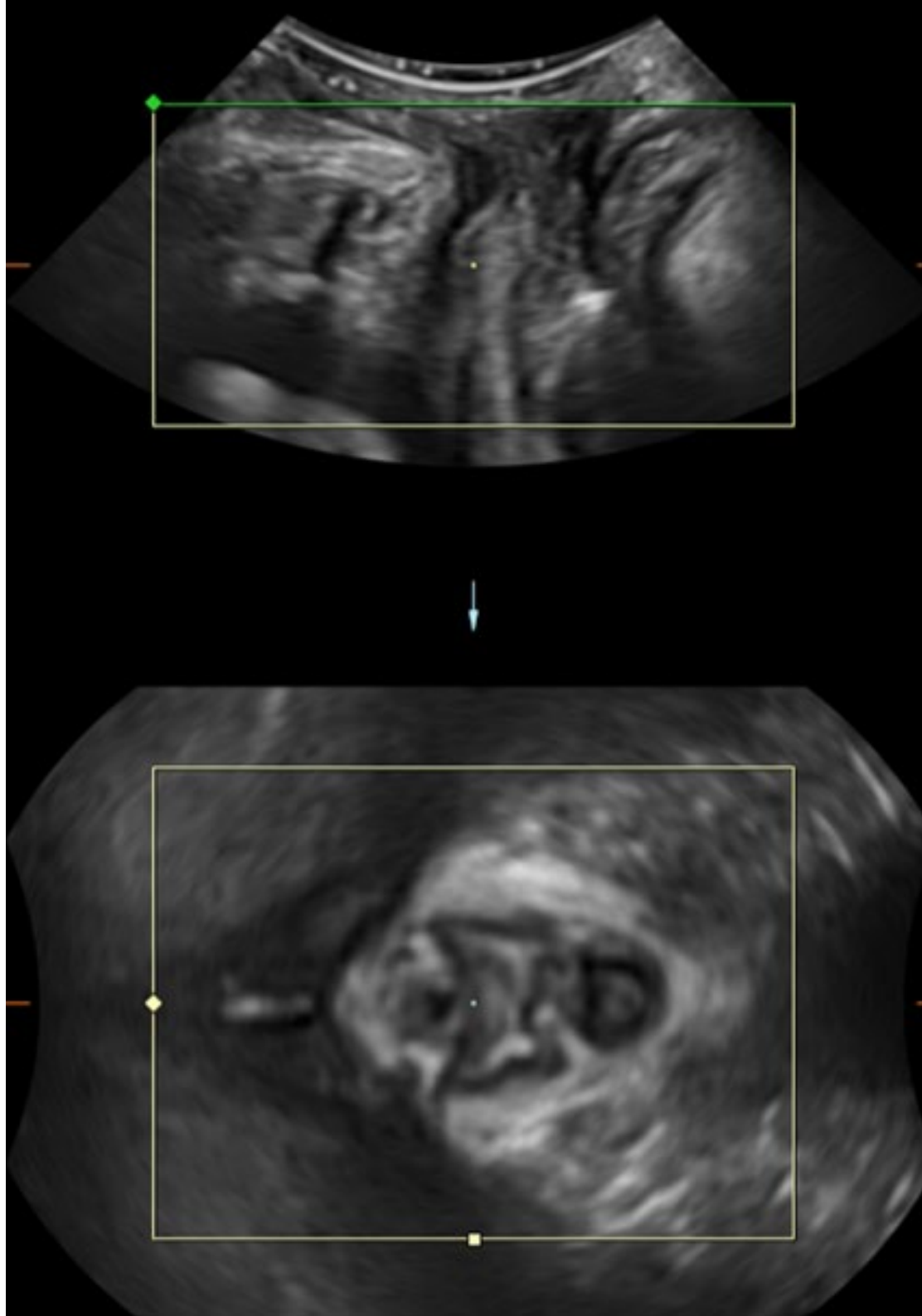
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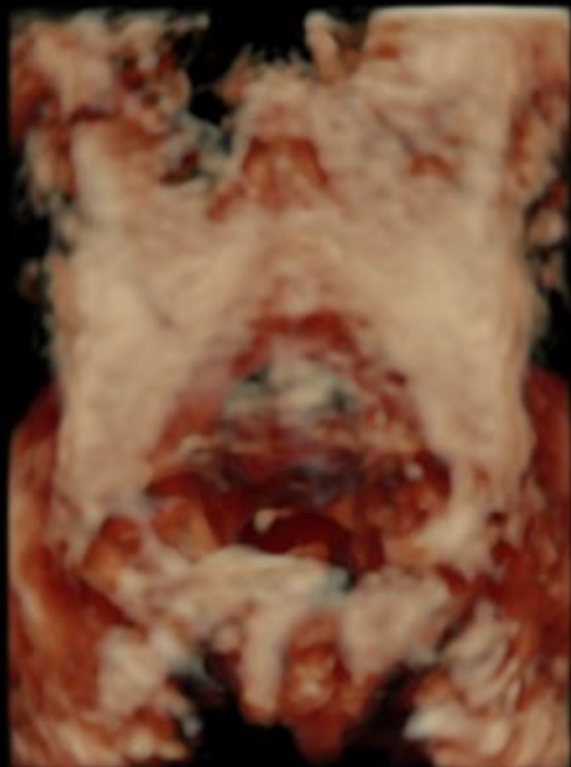
# 01 Introduction

Keep up to date in the field of obstetrics is already a requirement for professionals in the area. Therefore, one of the most effective ways to delve and acquire the most recent knowledge and developments is to carry out a practical on-site internship. For this reason, TECH has created this program, in which midwives will be able to examine the latest developments and advances in the field of obstetrics. During this internship, they will be able to observe and participate in real obstetric care situations, working alongside specialized and experienced professionals in clinical settings of excellence. In this way, they will be able to apply their theoretical knowledge in real situations, interact with leading professionals and acquire a practical and up-to-date perspective in the field of obstetrics.



*Acquire invaluable practical experience and immerse yourself in real-life obstetric care situations, guided by professional experts in clinical settings of excellence"*





A | B  
C | 3D

Midwives today face the challenge of keeping up to date in the field of obstetrics and acquiring practical education to complement their theoretical education. They often find it difficult to access educational programs that offer them an on-site experience, where they can witness and understand the latest developments and advances in this constantly evolving area.

Therefore, the Internship Program for Midwives is the ideal solution to solve this problem. This innovative program provides midwives with the unique opportunity to participate in a hands-on placement, where they can immerse themselves in the real world of midwifery and experience what's new in the field. During this program, midwives will be able to observe and actively participate in real-life and actively participate in real-life obstetric care situations, working alongside specialized and experienced professionals in clinical settings of excellence.

Therefore, the entire program has been designed with a practical and up-to-date approach to provide midwives with an unparalleled experience. During their internship, they will be able to apply their theoretical knowledge in real situations, interact with leading professionals and acquire a practical and up-to-date perspective in the field of obstetrics. This university program will enable them to strengthen their skills and knowledge, as well as to keep abreast of the latest advances and trends in the field.

# 02

## Why Study an Internship Program?

This Internship Program for Midwives is an excellent opportunity to gain unparalleled practical experience. Therefore, they will be able to witness and actively participate in real obstetric care situations, strengthening their clinical skills and acquiring updated knowledge on the latest developments in the area. Enrolling in this Internship Program will position midwives as highly skilled professionals, prepared to make a difference in the lives of women during their perinatal experience and contribute to the well-being of the community.



*Expand your knowledge with an Internship Program that will allow you to apply your skills in a high-level clinical environment"*

### 1. Updating from the Latest Technology Available

This program provides midwives with the opportunity to update and familiarize themselves with the latest technology available in the field of obstetrics, enabling them to apply advanced tools and techniques for up-to-date maternal and child care.

### 2. Gaining In-depth Knowledge from the Experience of Top Specialists

Participants will be able to immerse themselves in an enriching environment, where they can learn from the best specialists in obstetrics. This experience will allow them to delve into their knowledge and understanding of the field, through the guidance and direct experience of recognized experts in the field.

### 3. Entering First-Class Clinical Environments

The Internship Program offers the opportunity to enter world-class clinical settings, where midwives will be able to work in collaboration with leading professionals. This will provide them with valuable practical experience in clinical settings of excellence, strengthening their confidence and professional competencies.



#### **4. Putting the acquired knowledge into daily practice from the very first moment**

From the beginning of the Internship Program, midwives will be able to apply what they have learned in their daily practice. The combination of theory and practice allows them to immediately implement the new skills and knowledge in their work, improving the care they provide to women and their families.

#### **5. Expanding the Boundaries of Knowledge**

The program encourages the expansion of the frontiers of knowledge in the field of Obstetrics. Through comprehensive and up-to-date education, midwives will have the opportunity to explore new perspectives, innovative research and the latest advances in the field, enabling them to contribute to the development and advancement of maternal and child care.



*You will have full practical immersion at the center of your choice"*

# 03

## Objectives

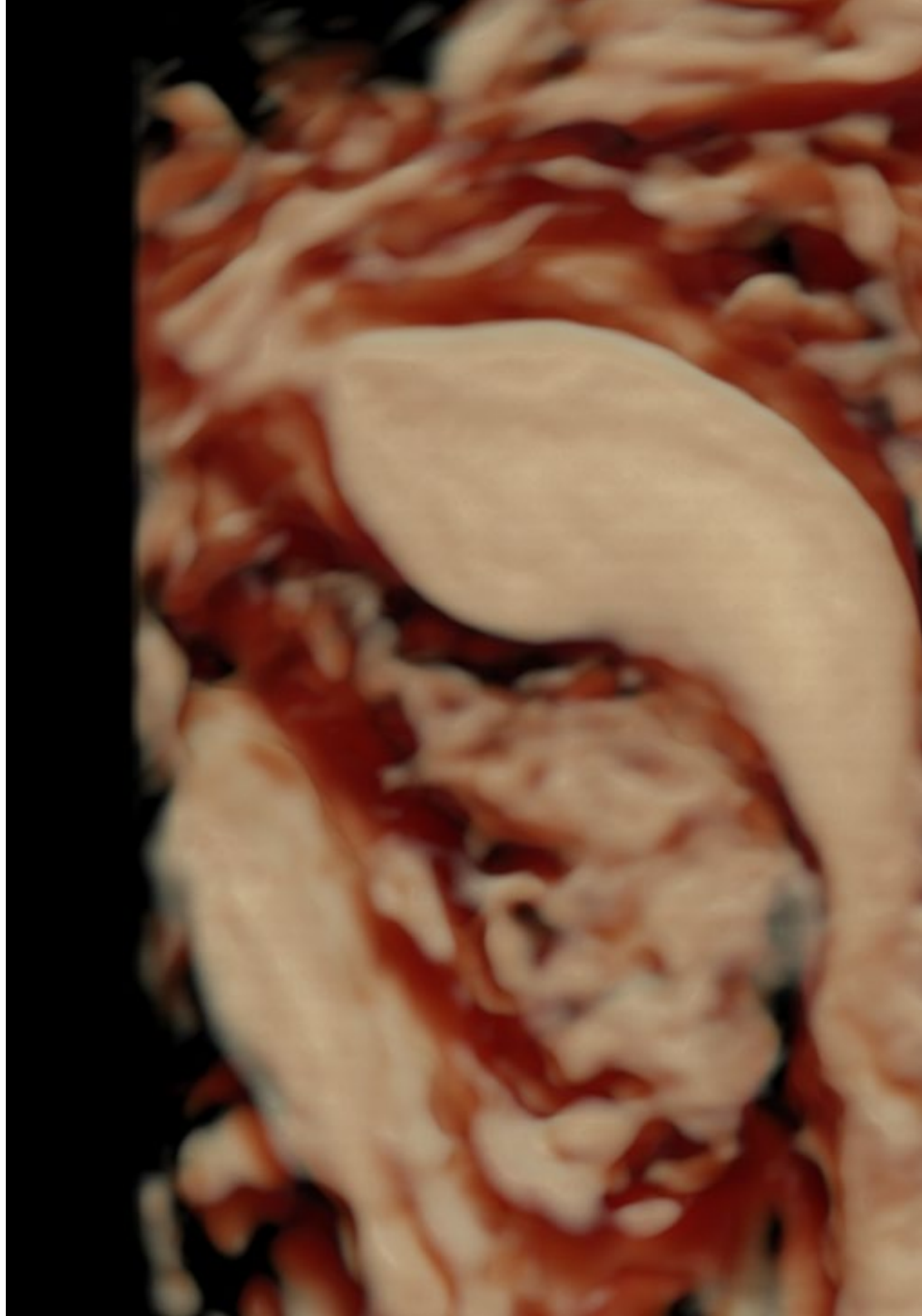
The main objective of the Internship Program for Midwives is to provide midwives with an enriching practical experience to complement their own theoretical instruction. This program aims to strengthen the clinical skills and update the knowledge of midwives in the field of obstetrics. In addition, objectives include developing strong practical skills, acquiring a thorough understanding of obstetric procedures, improving clinical decision making, and promoting woman- and family-centered care.



### General Objectives

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- Apply acquired knowledge and problem-solving skills in new or unfamiliar environments within broader (or multidisciplinary) contexts related to the field of study
- Promote a positive experience and a responsible attitude towards childbirth in the population and give advice on postpartum and breastfeeding
- Apply the principles of clinical reasoning, problem detection, decision-making, care and attention planning and appropriate assessment to the different clinical situations in the field of nursing care







## Specific Objectives

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- ♦ Apply up-to-date scientific-technical and unified care criteria that ensure continuity of care
- ♦ Establish coordination strategies between the professionals involved in the process.
- ♦ Diagnose with clear recommendations prior to labor
- ♦ Implement prevention strategies and promotion of obstetric health and, therefore, the health of the future child
- ♦ Develop communicative strategies to establish an appropriate therapeutic link with the woman and their family
- ♦ Design strategies that favor an environment of trust, security, and intimacy, respecting the privacy, dignity and confidentiality of the women involved
- ♦ Make a guide with the main care for newborns
- ♦ Develop strategies and action plans in case of neonatal complications.
- ♦ Identify the pregnant woman's condition and prioritize her well-being in order to continue the delivery process
- ♦ Show the pregnant woman techniques and procedures in order to promote self-care during pregnancy and the post-partum period
- ♦ Create protocols and strategies to encourage the promotion of breastfeeding
- ♦ Perform a rapid diagnosis to identify the health status of the newborn
- ♦ Identify emergencies that may occur during the delivery procedure and implement the appropriate measures to solve them
- ♦ Define the different treatments that the obstetrical patient may require and any complications associated with them

# 04 Education Plan

The Internship Program in Obstetrics for Midwives of this program is composed of an internship in a prestigious center, with a duration of 3 weeks. During this internship, students will have the opportunity to accompany a renowned adjunct specialist in the field. The sessions will be held from Monday to Friday, with a length of 8 consecutive hours. During this period, midwives will be able to observe and participate in the care of real patients, working closely with a team of leading professionals in the field of Obstetrics.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide healthcare in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

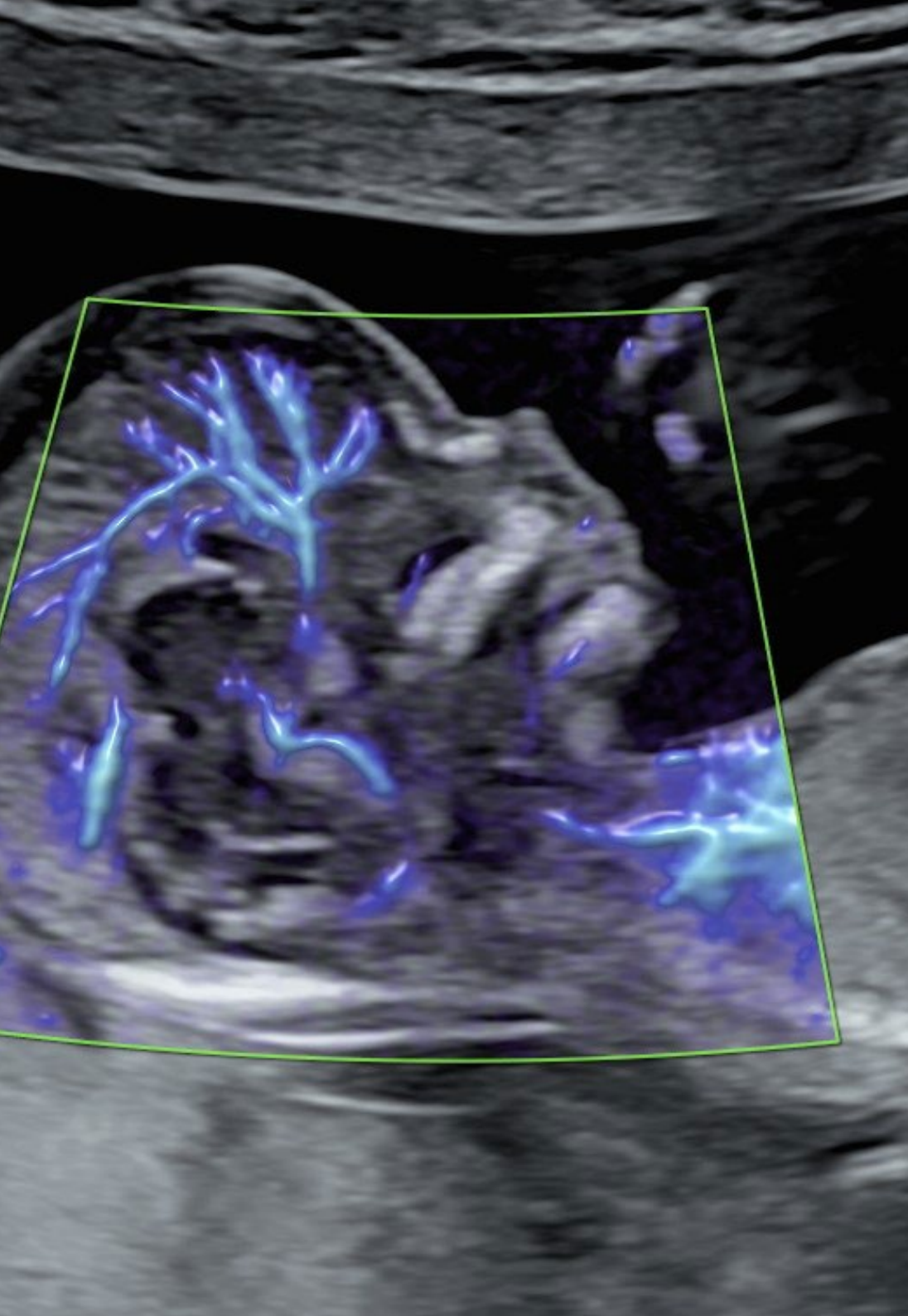
It is undoubtedly an opportunity to learn by working in the innovative hospital of the future where real-time health monitoring of patients is at the center of the digital culture of its professionals. This is a new way of understanding and integrating healthcare processes, and turns a reference center into the ideal teaching scenario for this innovative experience in the improvement of professional skills.

The practical education will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow trainees who facilitate teamwork and multidisciplinary integration as transversal competencies for the practice of home nursing (learning to be and learning to relate).

The procedures described below will form the basis of the practical part of the internship, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:



*Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential"*



Module	Practical Activity
Preconception care	Conduct health and background assessments at the preconception visit
	Develop health education and promotion plans for couples wishing to conceive
	Apply pharmacological supplementation strategies according to the needs of each patient
Prenatal Care	Diagnosis of pregnancy and monitoring of fetal development
	Participate in ultrasound education for prenatal evaluation
	Implement pregnancy monitoring programs and perform prenatal diagnostics
	Provide health education to pregnant women on care during pregnancy, including nutrition and management of common discomforts
	Advise on the safe use of medications during pregnancy
Preparation for Maternity	Advise pregnant women on physical exercises, pelvic floor exercises and body statics techniques
	Teaching breathing and relaxation techniques for pain management during labor and delivery
	Use the birth ball or spherodynamics as a tool in preparation for delivery
	Perform aquatic maternal education and apply the Pilates method adapted to pregnant women
Labor	Conduct assessments of fetal wellbeing during labor
	Follow the onset of labor and different periods of labor
	Acquire knowledge of the pharmacology used in labor and delivery
Assistance and care during labor and puerperium	Assess and care for the woman during labor and delivery
	Practice pain relief techniques for labor and delivery and understand physiology and perception of pain
	Provide care for normal labor and respect women's birth plans
	Master the administration of obstetric analgesia and anesthesia
	Apply different alternatives in obstetric assistance, such as the use of positions and non-pharmacological techniques

# 05 Where Can I Do the Internship Program?

The centers in which the practices of this Internship Program in Obstetrics for Midwives are carried out are distinguished by their quality and prestige. These nationally and internationally recognized centers are leaders in the field of maternal and child care and have an outstanding reputation in the medical community. By offering world-class clinical environments, equipped with the latest technology and specialized resources, they ensure an enriching and high-level learning experience.



*Update your practical skills in obstetrics and keep up with the latest advances in the field through up-to-date practical training"*





The student will be able to do this program at the following centers:



Nursing

### Hospital Maternidad HM Belén

Country	City
Spain	La Coruña

Address: R. Filantropía, 3, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Update in Assisted Reproduction
- Hospitals and Health Services Management



Nursing

### Hospital HM Rosaleda

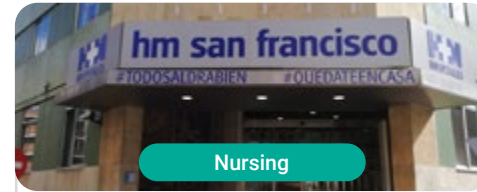
Country	City
Spain	La Coruña

Address: Rúa de Santiago León de Caracas, 1, 15701, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Hair Transplantation
- Orthodontics and Dentofacial Orthopedics



Nursing

### Hospital HM San Francisco

Country	City
Spain	León

Address: C. Marqueses de San Isidro, 11, 24004, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Update in Anesthesiology and Resuscitation
- Nursing in the Traumatology Department



Nursing

### Hospital HM Regla

Country	City
Spain	León

Address: Calle Cardenal Landázuri, 2, 24003, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Update on Psychiatric Treatment in Minor Patients



Nursing

### Hospital HM Nou Delfos

Country	City
Spain	Barcelona

Address: Avinguda de Vallcarca, 151, 08023 Barcelona

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Aesthetic Medicine
- Clinical Nutrition in Medicine



Nursing

### Hospital HM Madrid

Country	City
Spain	Madrid

Address: Pl. del Conde del Valle de Súchil, 16, 28015, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Palliative Care
- Anaesthesiology and Resuscitation



Nursing

### Hospital HM Montepíncipe

Country	City
Spain	Madrid

Address: Av. de Montepíncipe, 25, 28660, Boadilla del Monte, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Palliative Care
- Aesthetic Medicine



Nursing

### Hospital HM Torrelodones

Country	City
Spain	Madrid

Address: Av. Castillo Olivares, s/n, 28250, Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Nursing

### Hospital HM Sanchinarro

Country	City
Spain	Madrid

Address: Calle de Oña, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Nursing

### Hospital HM Nuevo Belén

Country	City
Spain	Madrid

Address: Calle José Silva, 7, 28043, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- General and Digestive System Surgery
- Clinical Nutrition in Medicine



Nursing

### Hospital HM Puerta del Sur

Country	City
Spain	Madrid

Address: Av. Carlos V, 70, 28938, Móstoles, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Palliative Care
- Clinical Ophthalmology



Nursing

### Policlínico HM Cruz Verde

Country	City
Spain	Madrid

Address: Plaza de la Cruz Verde, 1-3, 28807, Alcalá de Henares, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Advanced Clinical Podiatry
- Optical Technologies and Clinical Optometry



Nursing

### Policlínico HM Distrito Telefónica

Country	City
Spain	Madrid

Address: Ronda de la Comunicación, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Optical Technologies and Clinical Optometry
- General and Digestive System Surgery



Nursing

### Policlínico HM Gabinete Velázquez

Country	City
Spain	Madrid

Address: C. de Jorge Juan, 19, 1° 28001, 28001, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Clinical Nutrition in Medicine
- Aesthetic Plastic Surgery



Nursing

### Policlínico HM La Paloma

Country	City
Spain	Madrid

Address: Calle Hilados, 9, 28850, Torrejón de Ardoz, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Advanced Operating Room Nursing
- Orthodontics and Dentofacial Orthopedics



Nursing

### Policlínico HM Las Tablas

Country	City
Spain	Madrid

Address: C. de la Sierra de Atapuerca, 5, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Nursing in the Traumatology Department
- Diagnosis in Physiotherapy



Nursing

### Policlínico HM Moraleja

Country	City
Spain	Madrid

Address: P.º de Alcobendas, 10, 28109, Alcobendas, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Rehabilitation Medicine in Acquired Brain Injury Management



Nursing

### Policlínico HM Sanchinarro

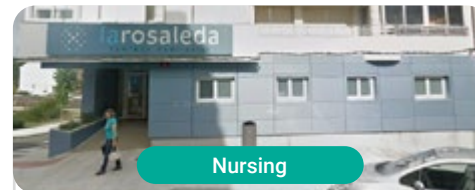
Country	City
Spain	Madrid

Address: Av. de Manoteras, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Obstetrics for Midwives



Nursing

### Policlínico HM Rosaleda Lalín

Country	City
Spain	Pontevedra

Address: Av. Buenos Aires, 102, 36500, Lalín, Pontevedra

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Advances in Hematology and Hemotherapy
- Neurological Physiotherapy



Nursing

### Policlínico HM Imi Toledo

Country	City
Spain	Toledo

Address: Av. de Irlanda, 21, 45005, Toledo

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Electrotherapy in Rehabilitation Medicine
- Hair Transplantation

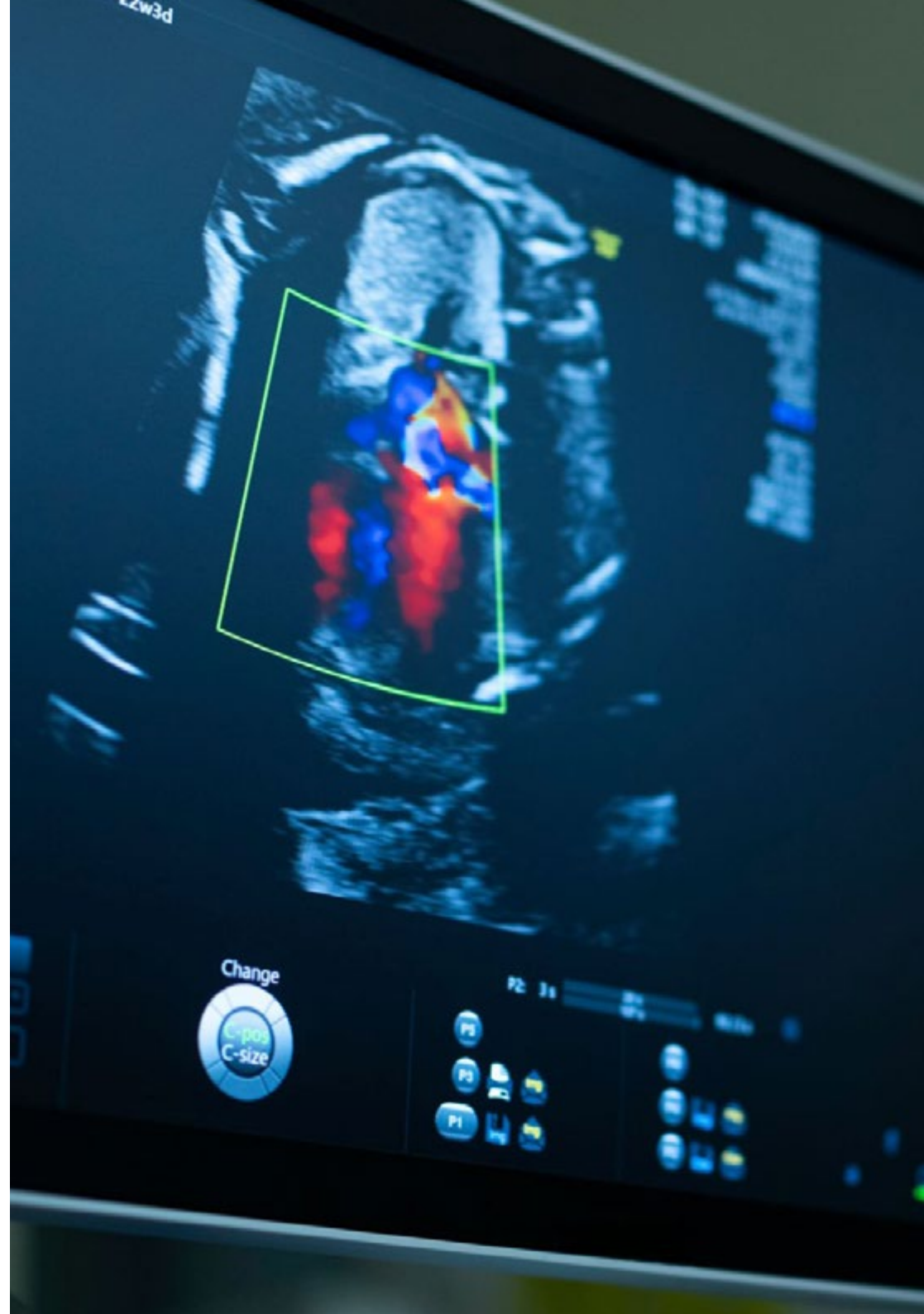
# 06 General Conditions

## Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.





## General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

**1. TUTOR:** During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This program will allow you to obtain your **Internship Program diploma in Obstetrics for Midwives** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Internship Program in Obstetrics for Midwives**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Accreditation: **5 ECTS**





Internship Program  
Obstetrics for Midwives

# Internship Program Obstetrics for Midwives