

# Internship Program Home Hospitalization for Nursing



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university

Internship Program  
Home Hospitalization  
for Nursing

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# 01 Introduction

Home Hospitalization demands high skills and a global mastery of the latest techniques by the nursing staff. This is due to the fact that this discipline has undergone extensive evolution in recent years. Paradoxically, professionals in this sector find it difficult to keep up to date with these advances because there are not enough educational programs that address the direct application of these new protocols. For this reason, TECH has integrated all the innovations in this field and will allow students to access it directly, in an on-site and intensive internship. This practical updating process will last 3 weeks, from Monday to Friday, in collaboration with a renowned hospital center and with the support of the best experts.

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*Don't miss the opportunity and get up to date on the advances in preventive medicine in the field of home hospitalization, until you become a nurse with a broad qualification”*





The progress of science and medical technologies has made great advances possible in the area of Home Hospitalization. Nursing staff has benefited greatly from these advances since they have originated intervention guides and more complete procedures. In addition, the work tools have been perfected and are now adjusted to requirements such as palliative care at home and stabilization of oncology patients. However, not all professionals in this field manage to keep up with these innovations. They face the challenge of an educational field where programs with a high theoretical load are abundant and do not pay enough attention to the most recently implemented skills in this area.

That is why TECH has designed this Internship Program. The program, a pioneer of its kind, allocates 3 weeks to update nurses who wish to broaden their skills in Home Hospitalization. For this purpose, students will be admitted to a renowned hospital center where they will have access to the best technological resources and will analyze, in situ, the most advanced procedures of this discipline. This educational process, consisting of 120 teaching hours, will allow the student to assist real patients with specific requirements such as palliative care, infection control, pediatric supervision, among others.

During this intensive on-site internship, graduates will discuss intervention strategies, assessment and therapeutic practice with experts of great prestige. They will help them update on the latest scientific evidence, taking their own experiences as a starting point. In turn, an assistant tutor will insert dynamic tasks throughout the program and will be in charge of clarifying doubts and concepts that may arise throughout this professional practice.

# 02

## Why Study an Internship Program?

Although theoretical education is useful when it comes to updating knowledge, its excessive burden can discourage students. Often, students who want to broaden their knowledge in a field in which they already work are looking for educational programs with a more practical approach. For this reason, TECH has developed this program that integrates, in a on-site and intensive manner, the most modern protocols, tools and applications required by a Home Hospitalization nurse. For this update, the graduates will spend 3 weeks learning in connection with a hospital center of maximum health care recognition.



*This TECH Internship Program is a unique opportunity to update your nursing skills for Home Hospitalization by means of an innovative and intensive on-site study modality"*

### 1. Updating from the latest technology available

The nurse will have access to the most sophisticated technologies for monitoring, organization and clinical management. This is especially relevant since the clinical performance of the unit itself depends to a great extent on these equipment and means, and it is therefore essential to know the most advanced tools available.

### 2. Gaining in-depth knowledge from the experience of top specialists

A team of leading experts in Home Hospitalization will accompany the nurse through this practical internship of 3 weeks. In this way, they will supervise the nurse to make the most of the experiences and apply the most recent therapeutic techniques in their field for the care of patients with different pathologies and in home admission.

### 3. Entering first-class clinical environments

All the centers chosen by TECH for its practical programs meet the highest standards of clinical and care quality. In this way, students not only learn about the latest developments in Home Hospitalization, but also delve into the keys to the day-to-day work of a comprehensive and advanced team, leading in their own field.



#### 4. Putting the acquired knowledge into daily practice from the very first moment

The practical approach of this program allows the nurse to be fully involved in the care of patients at home. In this way, they will be able to perfect and incorporate into their own work methodology all the approaches and methods, both diagnostic and therapeutic, that they acquire on a daily basis.

#### 5. Expanding the boundaries of knowledge

TECH offers the possibility of doing this Internship Program, not only in national, but also in international centers. In this way, the specialist will be able to expand their boundaries and keep up to date with the best professionals, who perform in first class hospitals and in different continents. A unique opportunity that only TECH, the largest online university in the world, could offer.



*You will have full practical immersion at the center of your choice"*

# 03

## Objectives

This program aims to expand to the maximum the professional horizons of the Home Hospitalization nurse. To this end, students will analyze in an on-site and intensive manner the latest tools in this sector and will apply them directly, with the supervision of a great team of experts, in the context of a clinical institution of the highest prestige.



### General Objectives

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- Update the nursing professional, through the best scientific evidence, for the management of diseases and patients in the field of home hospitalization, as an effective and efficient alternative to conventional healthcare
- Develop skills for the implementation of care plans for the prevention of these pathologies
- Manage palliative needs as one of the fields which has progressed the most in home hospitalization







## Specific Objectives

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- ♦ Provide students with advanced, in-depth, up-to-date and multidisciplinary information that allows them to comprehensively approach the process of health and illness in the home
- ♦ Manage hospital discharges, transfers and readmissions, according to medical history and legality
- ♦ Address psychiatric patients by managing the particularities of mental health monitoring at home
- ♦ Manage the main symptoms and complications in post-surgical patients
- ♦ Highlight the importance of morbidity and mortality due to multiresistant infections in complex patients with special needs
- ♦ Explain the most common pathogenic mechanisms and neoplasms associated with advanced palliative needs
- ♦ Study the current pathophysiological elements between non-transmissible chronic diseases and infections
- ♦ Review basic concepts in nutrition for the hospitalized patient at home
- ♦ Highlight the need to consider vaccination in patients with special needs in order to reduce the burden of disease
- ♦ Provide the necessary coping skills for the managing hospitalization stress in early stages of life
- ♦ Add knowledge about germs and measures against them at home
- ♦ Implement different treatments according to therapeutic suitability
- ♦ Provide training and practical theoretical improvement that will enable a reliable clinical diagnosis supported by the efficient use of diagnostic methods to indicate an effective integral treatment
- ♦ Provide theoretical content on the latest techniques in hospital home treatment
- ♦ Develop the concept of dignified death, nursing care and accompaniment in the last moments of life
- ♦ Integrate knowledge of the latest therapeutic techniques in the field of home nursing



*Through this Internship Program you will complete the updating of your skills in the fastest, most dynamic and practical way possible"*

# 04

## Educational Plan

This Internship Program in Home Hospitalization for Nursing consists of a practical stay in a prestigious center, lasting 3 weeks, from Monday to Friday with 8 consecutive hours of work with an assistant tutor. You will also discuss and analyze cutting-edge criteria with great professionals of the sector, who will be willing to transmit their experiences in a close way during the intervention of real patients. This will allow the student to apply the latest precepts in the area, monitoring and carrying out an exhaustive follow-up of their patients that will depend on the latest technological advances.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide healthcare in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

It is undoubtedly an opportunity to learn by working in the innovative hospital of the future where real-time health monitoring of patients is at the center of the digital culture of its professionals. This is a new way of understanding and integrating healthcare processes, and turns a reference center into the ideal teaching scenario for this innovative experience in the improvement of professional skills.

The practical teaching will be done with the accompaniment and guidance of professors and other fellow trainees that facilitate teamwork and multidisciplinary integration as transversal competencies for medical praxis (learning to be and learning to relate).



The procedures described below will be the basis of the specialization, and their realization will be subject to the center's own availability, its usual activity and workload, the proposed activities being the following:

Module	Practical Activity
<b>Organization and Management of Home Hospitalization for Nursing</b>	Organize the clinical history of the Home Hospitalization Unit
	Develop coordination and management tasks of a Home Hospitalization team
	Manage the most advanced telemedicine technology
<b>Syndromes Requiring Home Admission and Infection Management from Home Hospitalization Nursing</b>	Assess the limitations of home hospitalization according to the pathology presented
	Determine the available equipment (palliative, cardiovascular, respiratory...) and the criteria to be taken into account for each case
	Analyze complementary examinations in cases of Home Hospitalization
	Monitor the evolution of psychiatric or rehabilitation patients as a Home Hospitalization nurse
<b>Infections, Pain and Palliative Care in Home Hospitalization for Nursing</b>	Manage home kinesic, respiratory and neuromuscular care with the appropriate tools
	Prepare the epicrisis of the patient in the Home Hospitalization unit based on admission criteria, exclusion or possible infections
	Coordinate with the psychopathology and family support services in the care of oncology patients
	Recognize possible complications, adverse effects or interactions of drugs administered in sedation analgesia
<b>Preventive Medicine and Special Treatments in Home Hospitalization for Nursing</b>	Manage all the apparatus and approach methods related to peripheral and central lines, ostomies and tracheostomy cannula changes
	Manage the use of drains, use of bitubulated flasks and hemosuptores according to medical orientation
	Dose the available material in the Home Hospitalization unit based on the circumstances and possibilities of each clinical case



# 05

## Where Can I Do the Internship Program?

The nurse is guaranteed the highest quality of care in all the facilities available in this Internship Program. All facilities have been chosen based on the highest clinical and care standards. All the medical teams involved are made up of highly qualified and prestigious specialists, with extensive experience over the years that enriches the practical internship itself.



*Choose the referral center that best suits your geographical location without major concerns as TECH will ensure your access to the best resources from there"*





The student will be able to do this program at the following centers:



Nursing

### Hospital HM Modelo

Country	City
Spain	La Coruña

Address: Rúa Virrey Osorio, 30, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Spine Surgery



Nursing

### Hospital HM Nou Delfos

Country	City
Spain	Barcelona

Address: Avinguda de Vallcarca, 151, 08023, Barcelona

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Aesthetic Medicine
- Clinical Nutrition in Medicine



Nursing

### Hospital HM Torrelodones

Country	City
Spain	Madrid

Address: Av. Castillo Olivares, s/n, 28250, Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Hospital Pediatrics

# 06

## General Conditions

### Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the Internship Program period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



## General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

**1. TUTOR:** During the Internship Program, students will be assigned two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the student does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. NICHT INBEGRIFFEN:** Die Praktische Ausbildung beinhaltet keine Elemente, die nicht in diesen Bedingungen beschrieben sind. Daher sind Unterkunft, Transport in die Stadt, in der das Praktikum stattfindet, Visa oder andere nicht beschriebene Leistungen nicht inbegriffen.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This private qualification will allow you to obtain an **Internship Program diploma in Home Hospitalization for Nursing** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University**, is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University private qualification**, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Internship Program in Home Hospitalization for Nursing**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Credits: **4 ECTS**







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