

# Internship Program

## Geriatric Nursing



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Internship Program  
Geriatric Nursing

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# 01 Introduction

Geriatric Nursing is one of the healthcare disciplines that evolves the most due to ongoing scientific research for better treatments and assistance equipment. Therefore, professionals in this field must stay continuously updated on protocols for handling injuries and falls, neurological rehabilitation, or nutritional evaluation. However, this ongoing update is challenging because the educational program does not offer focused programs on the competencies and applications of these innovations. In response to this situation, TECH is committed to a 100% in-person and intensive mode of study. Throughout this training process, students will have the opportunity to expand their skills in an immersive manner by providing care to real patients for 3 weeks in a healthcare center equipped with the best clinical care resources.



*Incorporate the latest advancements in Geriatric Nursing into your practice through this intensive, in-person, and immersive program of excellence"*





The aging population encompasses more countries each day, and societies are facing the challenge of caring for a large number of dependent individuals in the near future. In this context, Geriatric Nursing professionals are indispensable as they are responsible for implementing care procedures that enable a higher quality of life for these individuals. Thanks to innovations in the field, they have access to new devices and technologies that facilitate the rehabilitation of the elderly in cases of injuries and falls, neurological stimulation in severe dementia cases, and other therapeutic actions recommended by specialist physicians. At the same time, not all nurses manage to master the most up-to-date techniques in this field due to the lack of educational programs that include their practical applications.

TECH aims to address this situation through this certificate. In it, the student will complete a clinical internship at an elite hospital center. The educational process will span 3 weeks, with classes held from Monday to Friday, each day for 8 consecutive hours. During this period, students will have the opportunity to operate modern equipment that enhances the mobility of the elderly and enables nurses to implement state-of-the-art care protocols. Through this direct interaction with real patients, every graduate will be able to significantly enhance their skills.

Furthermore, in this Geriatric Nursing Internship Program, students will be guided by highly reputable experts who will address questions and relevant concepts throughout the learning process. They will clarify doubts and interesting concepts throughout the learning process. In addition, an assigned mentor, appointed by TECH, will oversee progress and dynamically introduce tasks that enhance the complexity of care skills.

# 02

## Why Study an Internship Program?

This program by TECH is the best choice that a nurse will find to develop practical competencies related to the field of Geriatrics. The qualification offers a dynamic, demanding, and comprehensive update that engages the student with top-tier hospital scenarios. From highly prestigious health centers, each graduate will complete a 3-week, in-person, and intensive practice. This stay will be supervised by experts equipped with the most advanced skills in this discipline, and students will be supported at all times by an associate tutor with a multidisciplinary background.



*The world's largest online university offers you a comprehensive and demanding Internship Program to enhance all your skills for Geriatric Nursing practice"*

### 1. Updating from the Latest Technology Available

Students enrolled in this TECH qualification will learn how to operate the latest technologies for assisting the elderly. Among the equipment they will analyze in this in-person and intensive program, all those related to neurological care for patients with dementia and cognitive impairments stand out. They will also directly examine the applications of high-performance mobility devices.

### 2. Gaining In-depth Knowledge from the Experience of Top Specialists

Through this Practical Training, the student will have access to renowned experts in the field of Geriatric Nursing. Together with them, they will analyze procedures for intervening with elderly patients with specific requirements and needs. Likewise, an adjunct tutor will be responsible for incorporating dynamic tasks during the educational process.

### 3. Entering First-Class Clinical Environments

TECH carefully selects all available centers for Internship Programs. Thanks to this, the nurse will have access to a prestigious clinical environment in the field of Geriatric Nursing. In this way, you will be able to see the day-to-day work of a demanding, rigorous and exhaustive sector, always applying the latest theses and scientific postulates in its work methodology.



#### 4. Putting the acquired knowledge into daily practice from the very first moment

The educational market is full of educational programs that are poorly adapted to the daily geriatric nurse and that impose long hours of teaching. TECH offers a new learning model, 100% practical, which allows the student to engage in cutting-edge procedures during a 3-week intensive, immersive, in-person experience.

#### 5. Expanding the Boundaries of Knowledge

TECH offers the possibility of carrying out this Internship Program in centers of international importance. This way, the nurse will be able to expand their frontiers and catch up with the best professionals, who practice in first class centers and in different latitudes. A unique opportunity that only TECH, the largest online university in the world, could offer.



*You will have full practical immersion at the center of your choice"*

# 03

## Objectives

Geriatric nurses must stay up to date in order to provide the elderly with the best care, based on the latest scientific evidence. Therefore, this degree incorporates all the advancements in the field and their practical applications in a novel mode of study that includes an intensive, in-person experience.



### General Objectives

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- ♦ Update the professional in nursing procedures and interventions for proper care of geriatric patients in the internal medicine hospitalization unit
- ♦ Acquire a series of skills aimed at improving the skills of nursing professionals dedicated to the geriatric field
- ♦ Provide the best treatments, from the nursing professionals point of view, for geriatric patients, taking into account the particularities of each case







## Specific Objectives

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- ♦ Differentiate which risk factors we can modify and how to modify them
- ♦ Update nursing procedures in comprehensive patient assessment
- ♦ Explain the most relevant diseases and care in the internal medicine service
- ♦ Understand the importance of nutrition in the elderly
- ♦ Adapt nutrition to different patients, depending on their pathology
- ♦ Update on the complications that can appear in diabetes, to be able to anticipate them and prevent them from occurring, or to know how to act if they have already appeared
- ♦ Incorporate action procedures for dealing with certain illnesses associated with metabolic syndrome into daily practice
- ♦ Developing proper skin care for the elderly
- ♦ Knowledge of the most common skin pathologies in this type of patient
- ♦ Update expert nursing care related to patient safety
- ♦ Understand the complexity of neurological disorders in elderly patients
- ♦ Identify the most common health problems in chronic illnesses
- ♦ Recognize the clinical changes in different situations
- ♦ Provide a response to neurological alterations affecting the senses
- ♦ Describe nursing care before and after diagnostic procedures and techniques in the internal medicine inpatient unit
- ♦ Assess the importance of the proper use of the nursing record in the internal medicine service, and describe the implementation procedures
- ♦ Understand the social needs of the elderly
- ♦ Actively participate in the creation of social habits in geriatric patients
- ♦ Know the main pathologies related to the excretory system in the field of Geriatrics
- ♦ Recognize the necessary resource material for performing the different diagnostic and therapeutic tests
- ♦ Respond to potential injuries resulting from falls and blows
- ♦ Identify emergency situations in patients with VTE and update procedures to deal with them
- ♦ Have the best tools to offer the best palliative treatments applied to Geriatrics



*You will acquire, over 120 instructional hours with the help of TECH, the most advanced skills for handling neurological pathologies required for a top-tier position in Geriatric Nursing"*

# 04

## Educational Plan

This program consists of 3 weeks of Internship Program, following a schedule of 8 consecutive hours per day from Monday to Friday. During this period, the student will handle state-of-the-art technological resources for the practice of Geriatric Nursing. Simultaneously, they will implement highly efficient protocols under the supervision of experienced professionals.

Likewise, an adjunct tutor will ensure that each graduate acquires skills through the implementation of dynamic tasks. Through this intensive, immersive, in-person experience, the nurse will develop the necessary competencies to excel in the geriatric field, all while assimilating knowledge directly in the care of real patients.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide healthcare in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

The practical education will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow trainees who facilitate teamwork and multidisciplinary integration as transversal competencies for the practice of Geriatric Nursing (learning to be and learning to relate).





The procedures described below will form the basis of the practical part of the internship, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:

Module	Practical Activity
<b>Support devices to enhance the autonomy of geriatric patients</b>	Use products to support accessibility and to remove architectural barriers of architectural barriers
	Manage different pressure-dissipating devices for pressure ulcer prevention
	Use different devices to facilitate transfers and mobilizations of patients with wandering control and personal assistance needs
	Use prostheses for physical support of patients and assisting with their adaptation
<b>State-of-the-art assessment and diagnosis in the Eelderly</b>	Assess the social and family networks in which the geriatric patient develops in order to intervene positively on them
	Identify neuropsychiatric symptoms associated with dementia through a detailed examination of pathologies such as depression and stress in patients
	Examine the geriatric patient's abilities to sustain motor coordination, autonomy of movement, and the ability to travel or move about
<b>Strategies of intervention in psychogeriatrics by nursing staff</b>	Change through Cognitive-Behavioral Therapy the negative thought and behavioral patterns that may contribute to anxiety, depression and stress in the elderly
	Provide a safe and confidential space, through Supportive Therapy, for the elderly to discuss their concerns, fears and doubts related to aging
	Teach the elderly various relaxation techniques, Mindfulness and Meditation to help them become more aware of their thoughts, emotions and sensations
<b>Therapeutic techniques for Rehabilitative Medicine in Geriatrics</b>	Apply Cryotherapy for Osteoarthritis and post-surgical Low Back Pain
	Use Hydrotherapy to regain muscle strength
	Employ Thermotherapy or thermal therapy for arthritis pain, lower back pain, cervical pain, and adhesive capsulitis of the shoulder
	Utilizing Functional Electrical Stimulation for spinal cord injuries and hemiplegia
	Implement pharmacotherapy according to their different effects on the Neuromusculoskeletal System

05

# Where Can I Do the Internship Program?

In its commitment to providing quality education accessible to the majority of people, TECH has extended its academic horizons to offer this training in high-profile hospital centers. A unique opportunity that allows the professional to continue to grow their career alongside the best EXPERT in the sector of Geriatric Nursing from various reference clinics.

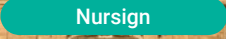
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*Do not miss the opportunity and enroll now in this Internship Program by TECH to keep up to date with all the innovations in Geriatric Nursing”*





The student will be able to do this program at the following centers:



**Hospital HM Regla**

Country	City
Spain	León

Address: Calle Cardenal Landázuri, 2,  
24003, León

Network of private clinics, hospitals and specialized centers distributed throughout the Spanish territory

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**Related internship programs:**

- Update on Psychiatric Treatment in Minor Patients



*Make the most of this opportunity to surround yourself with expert professionals and learn from their work methodology"*

# 06 General Conditions

## Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



## General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

**1. TUTOR:** During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, and five days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the students do not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence from the internship for more than two days without a valid medical reason or justification will result in the termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This **Internship Program in Geriatric Nursing** contains the most complete and up-to-date program in the professional and academic landscape.

After the student has passed the assessments, they will receive their corresponding Internship Program diploma issued by TECH Technological University via tracked delivery\*.

The certificate issued by TECH will reflect the grade obtained in the test.

Title: **Internship Program in Geriatric Nursing**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Total Hours: **120 h. of professional practice**





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## Geriatric Nursing

A photograph showing a healthcare professional in blue scrubs and a stethoscope attending to an elderly patient in a hospital bed. The professional is wearing blue gloves and is focused on the patient. The patient is wearing a grey hospital gown. The image is partially obscured by a teal diagonal graphic element on the left side.

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