



Internship Program Breastfeeding for Midwives



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Internship Program
Breastfeeding
for Midwives

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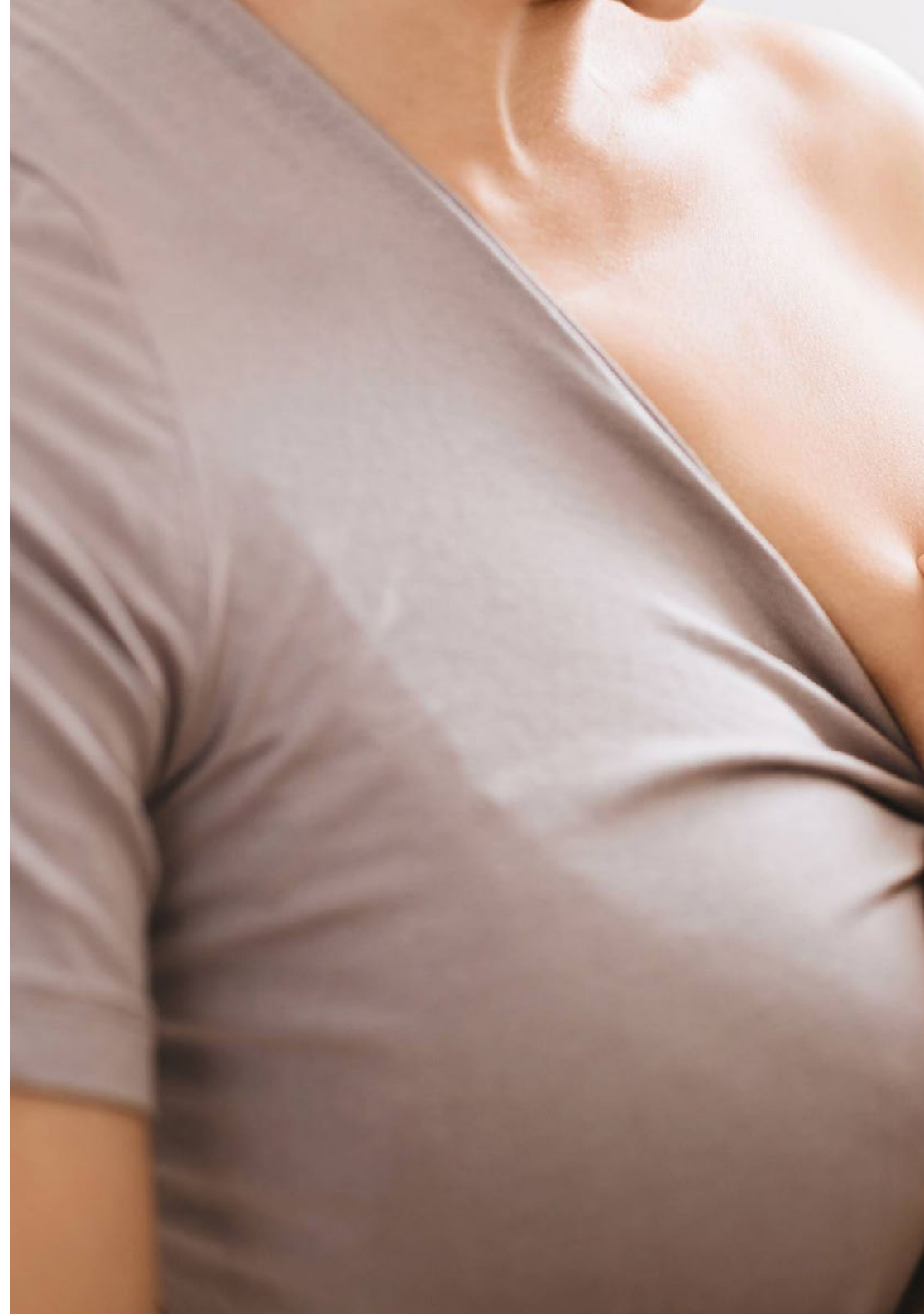
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01 Introduction

This Internship Program has been designed to offer a specialized and updated preparation to midwives in the field of Breastfeeding. With a 100% practical approach, this degree provides professionals with the necessary tools and skills to provide comprehensive support to mothers during this stage. Thus, this training will bring the graduate up to date on the latest research and protocols in this field. All this, in a stay in a prestigious hospital center, where midwives will be able to deal with various clinical cases in an environment where, in addition, communication skills are a priority.



Update yourself in a completely practical way in Breastfeeding and make an intensive practical stay in a clinical center of great prestige thanks to TECH"





Given the great complexity that both mothers with their newborns and health professionals have to face in the field of breastfeeding, it is necessary to deepen the latest advances in this field. Thus, issues such as artificial breastfeeding or the physiological signs of the baby in relation to its feeding in the puerperium are areas of great clinical importance, so that midwives need to keep up to date praxis.

In this sense, TECH has designed this Internship Program that allows professionals to learn and master the latest techniques and procedures for action around the advice to the mother in the first days of the newborn, the resolution of problems of sucking difficulties or in the woman's own body. Thus, this Internship Program offers the opportunity to work in a prestigious clinical center to acquire the most advanced techniques in this area.

All this, over 3 weeks of intensive and face-to-face participation, in 8-hour days and with real contact with patients. In addition, the professional will be accompanied by the hospital's own experts and a personalized tutor who will guide them throughout the internship period. In this way, they will be able to update their skills quickly and efficiently in a demanding health care environment.

“

Enjoy an intensive 3-week stay in a reputable center and get up to date on the latest clinical procedures to achieve professional growth”

02

Why Study an Internship Program?

In the healthcare field, having the opportunity to get an update in a practical, real-world setting is key. However, most traditional academic options only provide for theoretical study. In response to this, TECH has designed this Internship Program, which will allow the midwife to get up to date with the latest protocols and techniques in Breastfeeding through an intensive stay in a clinical center with an excellent reputation. In this way, an effective and participative learning experience is ensured, without long syllabi presented in a less dynamic way.



TECH offers you the opportunity to get up to date in Breastfeeding through a face-to-face and intensive internship in a prestigious clinical center. Enroll now and be at the forefront of health care”

1. Updating from the latest technology available

The Breastfeeding area has evolved in recent years, incorporating advances related to maternity, artificial nutrition and clinical care in the first days of life of the newborn. For this reason, and with the aim of bringing the midwife closer to the latest technical and technological advances, TECH presents this Internship Program with which the professional will enter a cutting-edge clinical environment.

2. Deepening from the experience of the best experts

The wide team of professionals who will accompany the midwife throughout the entire practical period is a first-rate endorsement and a guarantee of unprecedented updating. With a specifically designated tutor, the student will be able to see real patients in a state-of-the-art environment, which will allow them to incorporate into their daily practice the most effective breastfeeding procedures into her daily practice.

3. Entering First-Class Clinical Environments

TECH carefully selects all available centers for Internship Programs. Thanks to this, the midwife will have guaranteed access to a prestigious clinical environment in the field of Breastfeeding. In this way, you will be able to see the day-to-day work of a demanding, rigorous and exhaustive sector, always applying the latest theses and scientific postulates in its work methodology.



4. Putting the acquired knowledge into daily practice from the very first moment

The academic market is plagued by teaching programs that are poorly adapted to the daily work of the specialist and that require long teaching hours, often not very compatible with personal and professional life. TECH offers a new learning model, 100% practical, that allows you to be in charge of state-of-the-art and the postpartum phase procedures in the field of breastfeeding, best of all, to put it into professional practice in only 3 weeks.

5. Expanding the Boundaries of Knowledge

TECH offers the possibility of doing this Internship Program, not only in national, but also in international centers. This way, the midwife will be able to expand their frontiers and catch up with the best professionals, who practice in first class centers and in different continents. A unique opportunity that only TECH, the world's largest Digital University, could offer.



You will have full practical immersion at the center of your choice”

03

Objectives

The main objective of this Internship Program in Breastfeeding for Midwives is to facilitate the process of updating health care professionals in this field. For this purpose, this institution has selected first class clinical spaces, which present the most advanced technology for mother and newborn care, as well as actively involved in the introduction of the most accurate techniques, based on the latest scientific evidence. In this practical way, the nursing staff will be able to increase their competencies in midwifery care for their patients.



General Objectives

- Incorporate the latest breastfeeding protocols into daily practice
- Delve into the scientific evidence in Breastfeeding to develop professionally according to the most advanced techniques
- Participate in a real clinical environment to develop updated competencies in this area





Specific Objectives

- ◆ Provide information about feeding the breastfeeding mother
- ◆ Know the benefits of breastfeeding for a woman's recovery after childbirth and in the long term
- ◆ Master the different breastfeeding positions and their indications
- ◆ Detect bad latching positions of the baby that may alter the baby's feeding development
- ◆ Know the benefits of physical activity during breastfeeding
- ◆ Delve into the main contraindications of breastfeeding
- ◆ Define strategies to counsel and accompany women who do not wish to breastfeed
- ◆ Explain erroneous beliefs about breastfeeding
- ◆ Describe the couple involvement in the breastfeeding process
- ◆ Promote active participation in the care of the newborn and in the monitoring of its growth and development
- ◆ Use the different help and devices that can be used to facilitate breastfeeding
- ◆ Explain other types of infant feeding and their substitution or combination with breastfeeding
- ◆ Use the different bottle preparation techniques and their advantages and disadvantages
- ◆ Counsel the mother who works outside the home and wishes to continue breastfeeding

04

Educational Plan

The Internship Program consists of a practical stay in a first level hospital center. Thus, for 3 weeks, from Monday to Friday, with 8 consecutive hours of practical training with a specialist in the field of Breastfeeding, who will guide you in the most effective care methodology, the most advanced and most effective techniques to promote breastfeeding. All this, with real patients and next to the best team of health professionals in this area.

In this training proposal, completely practical in nature, the activities are aimed at developing and perfecting the necessary skills for the provision of health care in areas and conditions that require a high level of qualification and are oriented to the specific training for the exercise of the activity, in a safe environment for the patient and with a high professional performance.

It is undoubtedly an opportunity to be able to access an improvement of competences in a field that, in recent years, has gained greater interest in the field of health and of the patients themselves. In this way, this academic institution is committed to turn a first-rate clinical environment into the best possible scenario for the realization of an updating process.

The practical teaching will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of the professors and other fellow trainees that facilitate teamwork and multidisciplinary integration as a key element of the training process.





The procedures described below will be the basis of the practical part of the training, and their implementation and their realization is subjected both to the suitability of the patients and the availability of the center and its workload, with the proposed activities being the following:

Module	Practical Activity
Management techniques for breastfeeding difficulties in breastfeeding	Simulate and practice techniques for resolving common problems during breastfeeding, such as engorgement or mastitis
	Practical demonstrations on the use of breastfeeding aids such as nipple shields or breast pumps
	Develop educational materials, such as brochures or videos, that address breastfeeding difficulties and offer solutions
Breastfeeding in Special Situations	Collaborate in discussions on breastfeeding in situations of hypogalactia or sick newborns
	Assisting in the care of premature breastfeeding cases, highlighting the strategies used and the benefits obtained
	Conduct awareness and support activities for adolescent mothers who wish to breastfeed, addressing their specific challenges
Communication and counseling in breastfeeding	Practice effective communication skills and empathy in the breastfeeding counseling consultation through role plays or simulations breastfeeding, through role-playing or simulations
	Conduct literature research on drugs and breastfeeding, and develop a reference guide for health professionals
	Design and carry out breastfeeding counseling workshops for mothers and fathers, providing information and resolving doubts



Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential"

05 Where Can I Do the Internship Program?

In its commitment to quality, TECH has carried out a meticulous process of selection of hospitals, available for the realization of this Internship Program. For this reason, the students have the opportunity to get involved in first level health environments, which are strongly committed to the updating of their professionals in the field of breastfeeding and all that it implies for the wellbeing of the mother and the newborn.



*Get a unique clinical experience with
the best experts in Breastfeeding”*





The student will be able to do this program at the following centers:



Nurses

Hospital Maternidad HM Belén

Country: Spain City: La Coruña

Address: R. Filantropía, 3, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Update in Assisted Reproduction
- Hospitals and Health Services Management



Nurses

Hospital HM Rosaleda

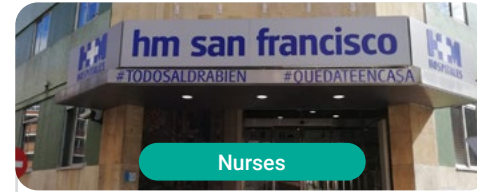
Country: Spain City: La Coruña

Address: Rúa de Santiago León de Caracas, 1, 15701, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Hair Transplantation
- Orthodontics and Dentofacial Orthopedics



Nurses

Hospital HM San Francisco

Country: Spain City: León

Address: C. Marqueses de San Isidro, 11, 24004, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Update in Anesthesiology and Resuscitation
- Trauma Nursing



Nurses

Hospital HM Regla

Country: Spain City: León

Address: Calle Cardenal Landázuri, 2, 24003, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Update on Psychiatric Treatment in Minor Patients



Nurses

Hospital HM Nou Delfos

Country: Spain City: Barcelona

Address: Avinguda de Vallcarca, 151, 08023 Barcelona

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Aesthetic Medicine
- Clinical Nutrition in Medicine



Nurses

Hospital HM Madrid

Country: Spain City: Madrid

Address: Pl. del Conde del Valle de Súchil, 16, 28015, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Palliative Care
- Anaesthesiology and Resuscitation



Nurses

Hospital HM Montepíncipe

Country: Spain City: Madrid

Address: Av. de Montepíncipe, 25, 28660, Boadilla del Monte, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Palliative Care
- Aesthetic Medicine



Nurses

Hospital HM Torrelodones

Country: Spain City: Madrid

Address: Av. Castillo Olivares, s/n, 28250, Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Anaesthesiology and Resuscitation
- Palliative Care



Nurses

Hospital HM Sanchinarro

Country	City
Spain	Madrid

Address: Calle de Oña, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Anaesthesiology and Resuscitation
- Palliative Care



Nurses

Hospital HM Nuevo Belén

Country	City
Spain	Madrid

Address: Calle José Silva, 7, 28043, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- General and Digestive System Surgery
- Clinical Nutrition in Medicine



Nurses

Hospital HM Puerta del Sur

Country	City
Spain	Madrid

Address: Av. Carlos V, 70, 28938, Móstoles, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Palliative Care
- Clinical Ophthalmology



Nurses

Policlínico HM Cruz Verde

Country	City
Spain	Madrid

Address: Plaza de la Cruz Verde, 1-3, 28807, Alcalá de Henares, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Advanced Clinical Podiatry
- Optical Technologies and Clinical Optometry



Nurses

Policlínico HM Distrito Telefónica

Country	City
Spain	Madrid

Address: Ronda de la Comunicación, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Optical Technologies and Clinical Optometry
- General and Digestive System Surgery



Nurses

Policlínico HM Gabinete Velázquez

Country	City
Spain	Madrid

Address: C. de Jorge Juan, 19, 1° 28001, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Clinical Nutrition in Medicine
- Aesthetic Plastic Surgery



Nurses

Policlínico HM La Paloma

Country	City
Spain	Madrid

Address: Calle Hilados, 9, 28850, Torrejón de Ardoz, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Advanced Operating Room Nursing
- Orthodontics and Dentofacial Orthopedics



Nurses

Policlínico HM Las Tablas

Country	City
Spain	Madrid

Address: C. de la Sierra de Atapuerca, 5, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Trauma Nursing
- Diagnosis in Physiotherapy



Policlínico HM Moraleja

Country	City
Spain	Madrid

Address: P.º de Alcobendas, 10, 28109, Alcobendas, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Rehabilitation Medicine in Acquired Brain Injury Management



Policlínico HM Sanchinarro

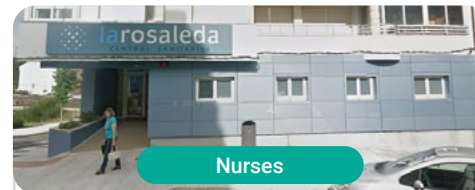
Country	City
Spain	Madrid

Address: Av. de Manoteras, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Gynecological Care for Midwives
- Nursing in the Digestive Tract Department



Policlínico HM Rosaleda Lalín

Country	City
Spain	Pontevedra

Address: Av. Buenos Aires, 102, 36500, Lalín, Pontevedra

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Advances in Hematology and Hemotherapy
- Neurological Physiotherapy



Policlínico HM Imi Toledo

Country	City
Spain	Toledo

Address: Av. de Irlanda, 21, 45005, Toledo

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Electrotherapy in Rehabilitation Medicine
- Hair Transplantation

06

General Conditions

Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchase a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

1. TUTOR: During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

2. DURATION: The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

3. ABSENCE: If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

4. CERTIFICATION: Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

5. EMPLOYMENT RELATIONSHIP: The Internship Program shall not constitute an employment relationship of any kind.

6. PRIOR EDUCATION: Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

7. DOES NOT INCLUDE: The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

07 Certificate

This **Internship Program's Degree in Breastfeeding for Midwives** contains the most complete and up-to-date program in the professional and academic landscape.

After the student has passed the evaluations, they will receive their corresponding TECH Internship Program issued by TECH Technological University via tracked delivery.

The certificate issued by TECH will reflect the grade obtained in the test.

Program: **Internship Program in Breastfeeding for Midwives**

Duration: **3 weeks**

Course Modality: **Monday to Friday, 8-hour consecutive shifts**

Total Hours: **120 h. of professional practice**



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