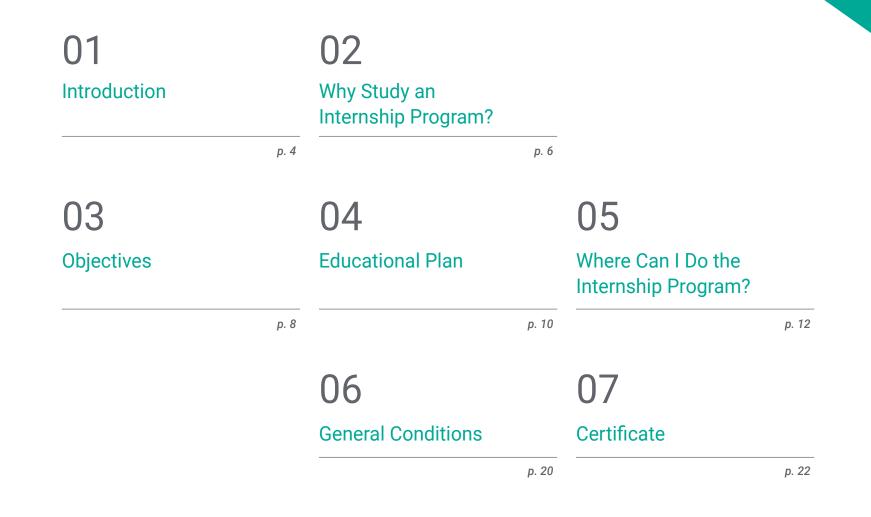
**Internship Program** Aesthetic Nursing





Internship Program Aesthetic Nursing

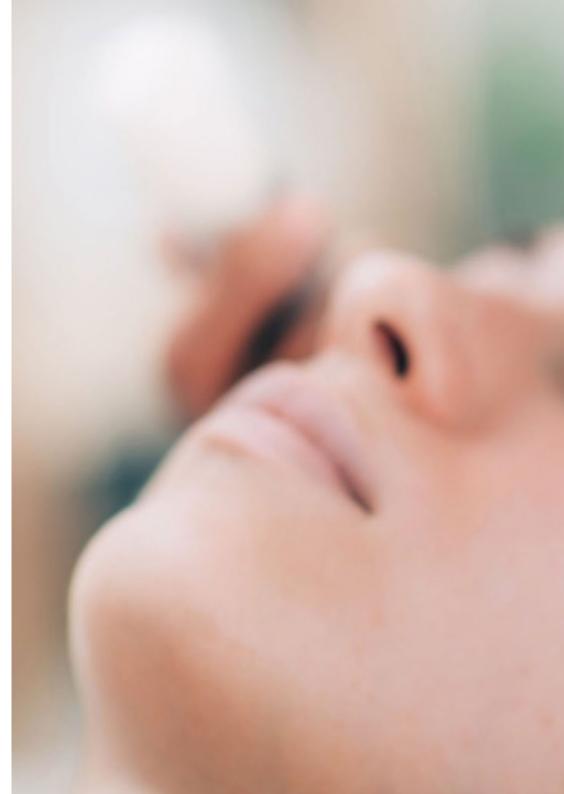
# Index



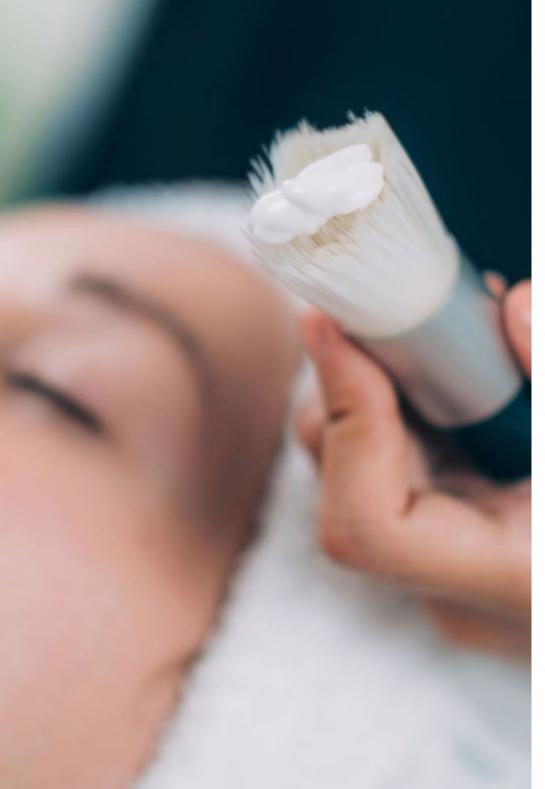
# 01 Introduction

The growing social concern about personal image and beauty has added a special pressure on clinics and units dedicated to aesthetics. This has prompted all professionals in the area to a process of comprehensive updating, covering the multitude of new treatments and aesthetic approaches both for the skin and for physical activity or nutrition. TECH, in response to this demand, has developed this program. In it, the nursing have the opportunity to get involved in a first class clinical center, where they can acquire the most advanced and avant-garde daily practice by the hand of the best professionals in just 3 weeks.

TECH gives you the opportunity to update your knowledge and skills through the use, in situ, of the most sophisticated dermocosmetic treatments of Aesthetic Nursing"



## Aesthetic Nursing | 05 tech



The concern for skin care in the population increases every year, making Aesthetic Nursing treatments an increasingly demanded claim by the market. The advances that have been made in recent years in terms of painless intervention techniques and their increasingly promising results, make this specialty one of the most demanded within the profession.

For this reason, the professionals who want to dedicate their careers to this area of nursing must know in detail the latest scientific advances in order to be able to offer a professional practice adapted to the present day. The best way to achieve this is, undoubtedly, through a practical stay in a reference clinic such as the one this center offers you.

It is an experience distributed over 120 hours and framed in 3 weeks in which the specialist will be able to share his time with experts in Aesthetic Nursing and actively participate in the management of patients with different dermal pathologies. It is, therefore, a unique opportunity to get updated on the recommended treatments for each case and to put into practice their skills in the use of the same, acquiring the skills and abilities of a professional versed in the field.

# 02 Why Study an Internship Program?

With a growing demand for aesthetic treatments of all kinds, it is logical that not only specialists are looking for an effective update in the area, but also nursing dedicated to the aesthetic sector. Their role in many of these procedures is key, so it is important that they are also familiar with the latest working methods. This Internship Program offers, precisely, the possibility to be introduced in a highly qualified practical environment where, with the help of a team of aesthetic experts, the nurse will be able to get up to date in the most avant-garde Aesthetic Nursing.

GG

Update yourself in a unique practical experience in the academic market, being able to get involved in the day to day of a high level aesthetic clinic"

### 1. Updating from the latest technology available

Technology is one of the most relevant points when talking about Aesthetics. The variety of treatments available today and the multitude of different approaches to attack the same problem are due, in part, to the technological advances produced in recent years. That is why during the Internship Program the nursing will have access to the most advanced equipment and machinery in this field.

### 2. Gaining In-Depth Knowledge from the Experience of Top Specialists

Thanks to the integration in a multidisciplinary team in the aesthetic field, the students will be able to benefit from the experience and effective management of an advanced working group. Sharing the day-to-day work of disciplined professionals with extensive experience in all types of aesthetic approaches, the Internship Program will have a high impact on the nurse's update.

## 3. Entering First-Class Clinical Environments

TECH carefully selects the clinical centers where the internships will be carried out, so that the students are guaranteed access to a practical environment of the highest possible quality. In this way, they will be able to see not only the most advanced work methodology but also how it is applied based on the latest technology available.

## Aesthetic Nursing | 07 tech



## 4. Putting the acquired knowledge into daily practice from the very first moment

The main objective of this Internship Program is to enable the nursing to get the most out of it. Therefore, the whole pedagogy of work is focused on being able to take all the knowledge and skills acquired to the professional practice itself immediately, ensuring an effective update.

## 5. Expanding the Boundaries of Knowledge

Given that in many cases the best way to continue expanding one's knowledge is to do it in a practical way. TECH guarantees that, upon graduation, the nursing will have taken a decisive step forward in the field of Aesthetic Nursing, bringing their competencies to the most current scientific rigor.

You will have full practical immersion at the center of your choice"

# 03 **Objectives**

The objective of this program is to enable the graduates to acquire the most updated and avant-garde knowledge related to all anti-aging modalities and dermocosmetic treatments, being able to incorporate to their professional practice the most innovative strategies related to the tools to practice Aesthetic Nursing nowadays. In addition, it also aims to provide you with all the information that allows you to perform a comprehensive management of the aesthetic patient, being able to make an accurate diagnosis and apply the appropriate treatment based on the most current scientific evidence in the sector.



# **General Objectives**

- Be updated in the most advanced procedures and techniques in Aesthetic Nursing
- Know first hand the practice of a first level aesthetic clinic
- Address the most common cases and pathologies presented by patients in an aesthetic clinic









## **Specific Objectives**

- Know how to structure the organization of the dermo-esthetic medicine practice
- Proper selection of the patient, prior preparation of the skin, as well as a correct follow-up and prescription of the PostPeeling treatment, adapted to the usual evolution after the use of each chemical agent or combination of them selected
- Update knowledge on the different pathologies that can be consulted in the Community Pharmacy, analyzing the different existing therapeutic approaches, both for their treatment and prevention
- Develop a proposal of action protocols for each pathology described
- Deepen in the aspects, classification and influence of laser hair removal
- Know how to apply esthetic massages for immediate effects
- Acquire in-depth knowledge of different procedures and treatments such as fillers or support threads
- Establish the contribution of micronutrients to normal nutritional status
- Examine the metabolic response during physical exercise
- Determine the different techniques for the physiological assessment of the patient
- Address sexual dysfunctions

# 04 Planning of teaching

This Internship Program in Aesthetic Nursing has been proposed by TECH with the aim of giving the specialist access to a stay in a prestigious clinical center. It is an experience distributed over 120 hours framed in 3 weeks, in which the graduate will be able to accompany, from Monday to Friday, an expert in the sector in their daily consultation. It is therefore presented as a unique opportunity to have access to real clinical cases and to manage patients, side by side, with a reference team in this area of nursing, using the most innovative tools and strategies in the sector.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide healthcare care in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

It is undoubtedly a unique opportunity to expand and update their knowledge by working in the innovative clinic of the future, where real-time health monitoring of patients is the center of the digital culture of its professionals, a new way of understanding and integrating health processes in their professional practice. The practical teaching will be done with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other training partners to facilitate teamwork and multidisciplinary integration as transversal competencies for the practice of Aesthetic Nursing (learning to be and learning to relate).

The procedures described below will form the basis of the practical part of the training, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:



Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential"



Module	Practical Activity
Aesthetic Nursing and cosmetic assessment	Apply rigorous hygienic measures in a cosmetic practice
	Assist in the practice of anti-aging medicine
	Assist in the application of cellular aging mechanisms
	Analyze the exposome and aging of the patient
	Develop the organization and management of a first level aesthetic practice
	Evaluate patients with rosacea, acne and seborrheic dermatitis, atopic or contact dermatitis
Dermatological	Analyze pigmentation disorders such as hyperpigmentations and hypopigmentations
pathologies and assessment of the skin	Analyze skin infections and infestations caused by pathogenic agents
assessment of the skin	Practice facial and body hygiene treatments
	Assess the most effective methodology for deep skin cleansing
	Practice techniques for performing aesthetic body massage
Peeling, hair removal	Assess the procedures of photoepilation with pulsed light
and aesthetic massage	Prepare the patient before a procedure of peeling or laser hair removal
	Practice superficial, medium or deep peeling
	Plan the care examination of Post-Peeling
	Practicing nursing care in the field of nutricosmetics and Antiaging
	Apply orthomolecular dermocosmetics
Nutrition, psychology	Analyze the most frequent nutritional alterations related to aesthetics
and physical activity in Aesthetic Nursing	Perform a psychological approach to the patient in aesthetic consultation
-	Apply strategies for rehabilitation and recovery from physical exertion
	Analyze levels of sedentary lifestyle and obesity in the patient
	Practice assisting in bioplasty or application of facial fillers
Procedures and	Perform the relevant nursing care after the application of butolinic toxin
treatments in	Apply facial and body carboxytherapy
Aesthetic Nursing	Apply microdermabrasion
	Analyze rhinomodeling and mentoplasty processes

# 05 Where Can I Do the Internship Program?

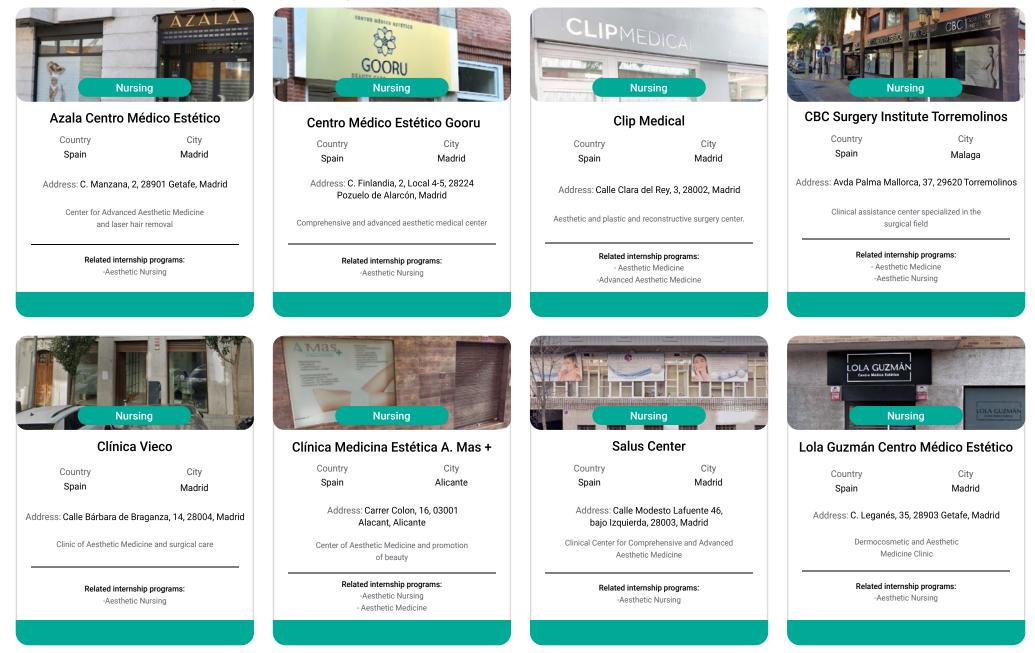
For this Internship Program TECH has selected a group of renowned clinics on the national scene that have years of experience in the use of the best techniques and procedures related to Aesthetic Nursing. This is a reference center where the graduates will be able to work side by side with professionals who have a long and extensive professional career, an aspect that will allow them to update their knowledge in the management of patients in a more effective and efficient way.

> An experience that will give you access to the most sophisticated and innovative clinical tools in the Aesthetic Nursing sector"

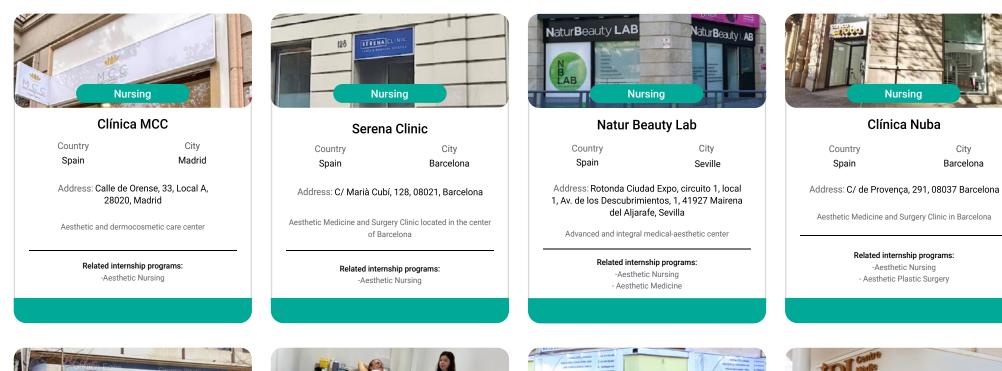


## Aesthetic Nursing | 13 tech

The student will be able to do this program at the following centers:



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#### Clínica Egos

City

Barcelona

Country	
Spain	

Address: C. de Balmes, 268, 08006 Barcelona

Aesthetic and dermocosmetic care center

Related internship programs: -Aesthetic Nursing



#### AC Medicina Estética

Country	City
Spain	Murcia

Address: Av. General Primo de Rivera, 9, Entresuelo B, 30008 Murcia

Aesthetic Medicine Clinic specialized in surgery and dermocosmetic treatments

Related internship programs: -Aesthetic Nursing - Aesthetic Medicine



### ESGAF Clinic

Country	City
Spain	Madrid

Address: Calle del Dr. Martín Arévalo, 25, 28021 Madrid

Center of Integrative Aesthetic Medicine

Related internship programs: -Aesthetic Nursing - Aesthetic Medicine



#### **IDI Centre Mèdic Estètic**

Country	City
Spain	Tarragona

Address: Av. de Ramon d'Olzina, 44, 43480 Vila-seca, Tarragona

Center for Advanced Aesthetic Medicine

Related internship programs: -Aesthetic Nursing - Aesthetic Medicine





## DermoMedic

Spain

City Country Madrid

Address: C. de Jorge Juan, 36, 28001 Madrid, España

Medical center specialized in medical, surgical and aesthetic dermatology.

> Related internship programs: -Aesthetic Nursing



#### **Absolute Beauty**

City Country Cordoba Spain

Address: Paseo de la Victoria, 29, 14004 Córdoba

Avant-garde Aesthetic Medicine Center

Related internship programs: -Aesthetic Nursing

# Aesthetic Nursing | 15 tech



### Clínica Geno

City Country Spain Alicante

Address: Calle Padre Recaredo de Los Ríos, 54. local 17

Geno Clinic specialists with more than 20 years of experience in Aesthetic Medicine

> Related internship programs: -Aesthetic Nursing



Dermaes

Country City Spain Madrid

Address: C. del Marqués de la Valdavia, 107, 28100 Alcobendas, Madrid

Aesthetic medicine center specializing in facial rejuvenation

Related internship programs: -Aesthetic Nursing

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# Eritea Medicina Estética

Country City Spain Cadiz

Address: Av. Cayetano del Toro, 23, 1 A, 11010 Cádiz

Professionals dedicated to health, beauty and wellness

Related internship programs: -Aesthetic Nursing - Aesthetic Medicine



#### Instituto Médico Zahrawi

Country City Spain Valence

Address: Pl. del Ayuntamiento, 8, 46002 València, Valencia

Aesthetic Medicine Clinic specializing in Facial, Body and Dental

Related internship programs: -Aesthetic Nursing -Advanced Aesthetic Medicine



#### Dra Elvira Ródenas

Country City Spain Madrid

Address: Calle del Príncipe de Vergara, 75, 1ºA (28006) Madrid

Dr. Rosangela Obregón Reina Elvira Ródenas, specialized in Aesthetic Medicine

> Related internship programs: -Aesthetic Nursing



#### Novaclínik

Country

Spain

City Seville

Address: Avda. De la Buhaira, 6 Local 10A, 41018, Sevilla

Leading clinic in the aesthetic medicine and health sector.

Related internship programs: -Aesthetic Nursing



#### Varicentro-Jerez de la Frontera

Country	City
Spain	Cadiz

Address: Plaza Madre de Dios, Edificio Sherry 11401 Jerez de la Frontera

> Varicentro is a specialized medical group with 23 clinics in the Spanish territory

> > Related internship programs: -Obesity - Aesthetic Medicine



#### Varicentro-Huelva

Country City Spain Barcelona

Address: Calle Puerto, 8-10 21001 Huelva

Varicentro is a specialized medical group with 23 clinics in the Spanish territory

> Related internship programs: -Aesthetic Nursing -Obesity



#### Varicentro-Sevilla-Nervión

Country City Spain Seville

Address: Avda. Kansas City, 32 41007 Sevilla

Varicentro is a specialized medical group with 23 clinics in the Spanish territory

> Related internship programs: -Clinical Nutrition for Nursing -Aesthetic Nursing



#### Varicentro-Madrid centro

Country	City
Spain	Madrid

Address: Calle Don Ramón de la Cruz, 79, local 4 (esq. Calle Conde Peñalver) 28001 Madrid

Varicentro is a specialized medical group with 23 clinics in the Spanish territory

> Related internship programs: -Clinical Nutrition for Nursing - Aesthetic Medicine

# Aesthetic Nursing | 17 tech

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Adara	Clínicas	Dorsia Pal	lma Aragó	Leben & Körper		Gómez-Gómez Dermoestética		
Country Spain	City Valladolid	Country Spain	City Baleares	Country Spain	City Barcelona	Country Spain	City Las Palmas	
Aesthetic Medical Clinic specialized in Plastic Surgery and			Address: C/ d'Aragó, 39, 07005 Palma, Illes Balears		Address: C/ de Roger de Llúria, 5, 2º-1ª, 08010 Barcelona		Address: Centro Comercial Cita, Local 146. Avenida Alemania SN, San Bartolomé de Tirajana, Las Palmas	
	nization Unit.	Clinics Dorsia Palma de I	Mallorca Avenida Aragon		Leben & Körper is a clinic for aesthetic treatments and aesthetic medicine in Barcelona		Gómez-Gómez Dermoestética, advanced aesthetic medicine clinic located in Las Palmas	
-Aestheti	ship programs: c Nursing thetic Medicine	Related interns - Aesthetic -Advanced Aes		Related internship programs: -Aesthetic Nursing - Aesthetic Medicine		Related internship programs: -Aesthetic Nursing		
	e San Pío	Longevity Hub by		Holaglov		ho Nur Holaglow		
Country Spain	City Almería	Country Spain	City Madrid	Country	City	Country	City	
	mería, 81, Planta 1 1001 Almería	Address: Call 6 Duplex A, 2		Spain Address: C. de Andrés M	Madrid Iellado, 3, 28015 Madrid	Spain Address: Av. Diagonal,	Barcelona , 299, 08013 Barcelona	
and Body, Bi	thetic Medicine Clinic reast Surgery lar Surgery	Longevity Hub by Clinique La Prairie, specializing in longevity, nutrition and wellness treatments		At Holaglow the expert medical team is based on tailor-made aesthetic medicine		At Holaglow the expert medical team is based on tailor-made aesthetic medicine		
Related internship programs:     Related internship programs:       -Aesthetic Nursing     -Aesthetic Nursing       - Aesthetic Medicine     -Aesthetic Nursing		-Aesthetic			<b>ship programs:</b> c Nursing			

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## Clínica Londres Rosselló

City

Barcelona

Country Spain

Address: C/ del Rosselló, 231, 08008 Barcelona

Specialists in Aesthetic Medicine and Plastic-Reparative Surgery

Related internship programs: -Aesthetic Nursing -Antiaging



Clínica Londres d'Entença		
Country Spain	City Barcelona	
Address: C/ d'Entença, 3	321, 08029 Barcelona	

Specialists in Aesthetic Medicine and Plastic-Reparative Surgery

Related internship programs: - Aesthetic Plastic Surgery - Aesthetic Medicine



## Clínica Londres Diego de León

Country	City
Spain	Madrid

Address: Calle de Diego de León, 21, 28006 Madrid

Specialists in Aesthetic Medicine and Plastic-Reparative Surgery

Related internship programs: - Aesthetic Plastic Surgery -Gynecoesthetics



### **Clínica Londres Murcia**

Country	City
Spain	Murcia

Address: Av. Juan Carlos I, 21, 30008 Murcia

Specialists in Aesthetic Medicine and Plastic-Reparative Surgery

Related internship programs: - Aesthetic Plastic Surgery -Aesthetic Nursing







### Dorsia Las Palmas Venegas

Country City Spain Las Palmas

Address: C. Venegas, 41, 35003 Las Palmas de Gran Canaria, Las Palmas

The Dorsia Las Palmas Venegas clinic, center of Integral Aesthetic Medicine

> Related internship programs: -Aesthetic Nursing



Aesthetic Nursing | 19 tech

## Dorsia Chueca

Country City Spain Madrid

Address: C. de Serrano Anguita, 12, 28004, Madrid

The Dorsia Chueca clinic has the best team of specialists in the industry.

Related internship programs: - Aesthetic Plastic Surgery - Aesthetic Medicine



### Luxe Clínica Estética

Country	City
Spain	Valencia

Address: C/ Marqués de campo, 20 bajo, 46007, Valencia

Luxe Clínica offers the latest technologies in Aesthetic Medicine and Surgery.

Related internship programs: -Aesthetic Nursing -Aesthetic Medicine



### Dorsia Torrejón

Country	City
Spain	Madrid

Address: Avenida de la Constitución, 52, 28850, Torrejón de Ardoz, Madrid

Dorsia has a large team of medical professionals specialized in the areas of surgery and aesthetic medicine.

Related internship programs: -Aesthetic Nursing -Aesthetic Medicine

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Clínica Opción Médica

City Country Spain Barcelona

Address: C/ de Calvet, 24, 08021 Barcelona

Aesthetic-surgical center specialized in Obesity.

Related internship programs: -Aesthetic Nursing - Aesthetic Plastic Surgery



Castellar Clinic Estetica & Microcirugía	
Country	City
Spain	Barcelona

Address: C/ de Dolors Monserdà, 54, 08017 Barcelona

Avant-garde center in aesthetic and skin care.

Related internship programs: -Aesthetic Nursing



## A&R Body Health

Country	City
Spain	Las Palmas

Address: Calle Venezuela, 43. 35260, Aguimes (Las Palmas)

A&R Body Health offers personalized and exclusive aesthetic services.

> Related internship programs: -Aesthetic Nursing



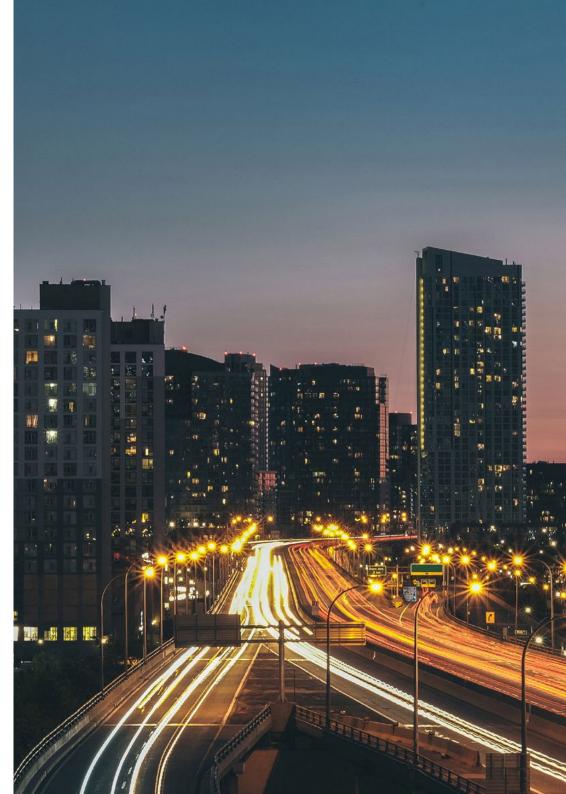
## CorporalCore

Country	City
Spain	Valencia

Address: C/ de Conca, 46, 46008 València, Valencia

Clinic specialized in Aesthetic and Reconstructive Surgery.

> Related internship programs: -Aesthetic Nursing -Aesthetic Medicine



## Aesthetic Nursing | 21 tech



#### Luxury Clinic

Country City Spain Madrid

Address: Esquina de San Antonio de Padua, C. de Marcelo Usera, 34, 28026 Madrid

Center specialized in beauty and wellness.

Related internship programs: -Aesthetic Nursing -Aesthetic Medicine



# FS Clinic Country City Spain Santa Cruz de Tenerife

Address: C. de Callao de Lima, 70, Local Izquierdo, 38002 Santa Cruz de Tenerife

Center specialized in aesthetic care.

Related internship programs: -Aesthetic Nursing



#### Senstetic

Country City Spain Valencia

Address: Pl. de l'Ajuntament, 19, 1D, 46002 Valencia

Senstetic stands out for its approach focused on wellness, prevention and health.

Related internship programs: -Aesthetic Nursing



#### Cemestetic

Country Spain	City Madrid
Address: C. de Lombía, 7, 28009, Madrid	
Aesthetic clinic with extensive experience in Phototherapy and BeOxy treatment.	
Related internship programs:	

-Aesthetic Nursing



## Clínica On Life

Country	City
Spain	Santa Cruz de Tenerife

Address: Ctra. Gral. de Valle de Guerra, 126, 38270 San Cristóbal de La Laguna

State-of-the-art clinic specialized in Aesthetic, Regenerative and Antiaging Medicine.

> Related internship programs: -Aesthetic Nursing



#### Clínica Lorena Albert

Country	City
Spain	Almería

Address: Av. de Santa Isabel, 14, Izq. Local, Bajo, 04005 Almería

Leading center in Aesthetic and Cosmetic Medicine.

Related internship programs: -Aesthetic Nursing

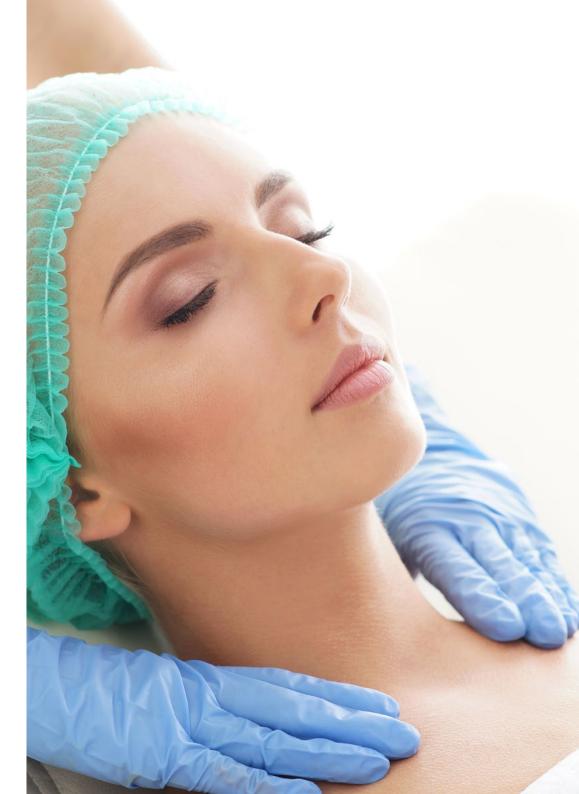
# 06 General Conditions

# **Civil Liability Insurance**

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



## **General Conditions of the Internship Program**

The general terms and conditions of the internship agreement for the program are as follows:

1. TUTOR: During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor. **4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE**: The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 **Certificate**

This program will allow you to obtain your **Internship Program diploma in Aesthetic Nursing** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Internship Program in Aesthetic Nursing

#### Duration: 3 weeks

Course Modality:**Monday to Friday, 8-hour consecutive shifts** Total Hours: **120 h. of professional practice** ECTS: **5** 





Internship Program Aesthetic Nursing **Internship Program** Aesthetic Nursing

