

Internship Program

Advances in Applied Phytotherapy in Nursing





tech global
university

Internship Program
Advances in Applied
Phytotherapy in Nursing

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01 Introduction

Phytotherapy is consolidating as a complementary alternative in the management of various conditions, making it an area of growing interest for experts. With the rise of complementary medicine, it is essential for nurses to be informed about the latest advances in this field and its application in clinical practice. For this reason, TECH has created a revolutionary university program that offers graduates the opportunity to carry out a practical stay in a reference entity. In this way, professionals will incorporate the most recent innovations in the field of medicinal plants into their daily clinical practice.



Thanks to this revolutionary Internship Program, you will execute care plans that combine the use of Phytotherapy, combining conventional and natural treatments to improve the health of patients”





According to a recent study by the World Health Organization, 65% of countries have formally integrated traditional and complementary medicine practices into their health systems. This shows how Phytotherapy has established itself as a valuable complementary therapy in the field of health. Given this situation, it is essential for nurses to keep up-to-date of the latest Advances in Phytotherapy, with the goal of using medicinal plants to manage conditions such as Anxiety, Pain and even Chronic Diseases.

To help them with this task, TECH has designed an intensive Internship Program that consists of a practical stay of 120 hours in a clinical center of reference in the field of Phytotherapy. Therefore, graduates will be incorporated for 3 weeks in a multidisciplinary work team where they will work actively in the management of patients who come to the consultations during this period. In this way, experts will learn about the latest innovations in the use of medicinal plants to treat various pathologies.

In addition, during the course of the stay, graduates will have the support of an assistant tutor, who will ensure that the requirements for which this Internship Program was designed are met. Therefore, specialists will work with total guarantee and security in the handling of the most innovative clinical technology, as well as in the use of the therapeutic and diagnostic techniques with the best results to date.

02

Why Study an Internship Program?

More and more people are seeking natural treatments in order to minimize the risk of side effects. In this situation, experts need to keep abreast of the latest advances in Phytotherapy with the goal of integrating treatments based on medicinal plants along with conventional medicine to address various pathologies. In this context, TECH presents an intensive Internship Program, where graduates will enter a real clinical environment for three weeks to delve into the latest scientific findings in this area.



This 100% practical program will allow you to be updated in a real clinical environment and with the accompaniment of professionals of great experience and prestige in the area of Phytotherapy”

1. Updating from the latest technology available

In recent years, the field of Phytotherapy has experienced important advances thanks to the incorporation of new technologies. For example, molecular biology and genomic techniques allow characterizing the active compounds of medicinal plants, facilitating the understanding of their mechanisms of action and therapeutic effects. In order to bring nurses closer to these tools, TECH presents this Internship Program that will allow them to enter a real clinical environment, where they can learn about the latest advances in this field.

2. Gaining in-depth knowledge from the experience of top specialists

The large team of professionals that will accompany graduates throughout the practical period is a first-rate endorsement and a guarantee of unprecedented updating. With a specifically designated tutor, students will be able to see real patients in a state-of-the-art environment, which will allow them to incorporate the most effective procedures and approaches in Phytotherapy into their daily practice.

3. Entering first-class clinical environments

TECH carefully selects all available centers for Internship Programs. Thanks to this, the midwife will have guaranteed access to a prestigious clinical environment in the area of Phytotherapy. In this way, she will be able to experience the day-to-day of a demanding, rigorous and exhaustive area of work, always applying the latest theses and scientific postulates in her work methodology.

4. Putting the acquired knowledge into daily practice from the very first moment

The academic market is full of educational programs that are poorly adapted to the daily work of nurses and that require long hours of teaching, often incompatible with personal and professional life. In response to this, TECH offers a new learning model, 100% practical, which allows them to get to know the latest procedures in the field of Phytotherapy and, best of all, to put it into professional practice in just 3 weeks.

5. Expanding the boundaries of knowledge

TECH offers the possibility of carrying out this Internship Program not only in centers of national importance, but also internationally. In this way, midwives will be able to expand their frontiers and catch up with the best professionals, who practice in first class hospitals in different continents. A unique opportunity that only TECH, the largest online university in the world, could offer.



*You will have full practical immersion
at the center of your choice"*

03 Objectives

Through this university program, nurses will have a deep knowledge of the properties and use of the main medicinal plants. Likewise, graduates will develop advanced skills to use Phytotherapy as a tool for the promotion of health and prevention of common diseases, addressing its application in the management of minor ailments and the improvement of general well-being. In this sense, experts will be able to prepare and optimally dose phytotherapeutic products such as infusions or creams, ensuring their safety and effectiveness.



General Objectives

- ♦ Define the therapeutic limits of Phytotherapy and identify the cases in which it can be used safely
- ♦ Describe the use of Phytotherapy oriented to the satisfaction of the needs derived from the patient's health problems and the prevention of complications, guaranteeing a safe and quality practice
- ♦ Solve cases related to the field of phytotherapy
- ♦ Explain the use and indication of medical devices, food supplements and/or drugs, assessing the expected benefits and associated risks





Specific Objectives

- ◆ Define what a drug is and distinguish it from an active ingredient
- ◆ Master the application of the magistral formulation in Phytotherapy
- ◆ Explain the toxicity of medicinal plants so that treatments are safe
- ◆ Identify the therapeutic limits of Phytotherapy in special groups of patients
- ◆ Observe the usefulness of Phytotherapy in the treatment of Anxiety and Sleep Disorders
- ◆ Manage the use of Phytotherapy in patients with Inflammatory Bowel Disease
- ◆ Delve into the usefulness of Phytotherapy in the treatment of Joint Pain
- ◆ Describe the phytotherapeutic treatments and therapeutic limits in urinary system disorders, especially BPH
- ◆ Describe phytotherapy treatments and therapeutic limits in skin conditions
- ◆ Define the therapeutic limits of aromatherapy, its application and associated risks
- ◆ Explain the activity of medicinal plants on the immune system and their possible application in certain pathologies related to the immune system

04 Educational Plan

The Internship Program of this program in Advances in Applied Phytotherapy in Nursing is made up of a practical stay in a prestigious center, 3 weeks of duration, from Monday to Friday, with 8 consecutive hours of practical specialization with an adjunct specialist. This internship will allow graduates to see real patients alongside a team of reference professionals in this field, applying the most innovative natural medicine therapies.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide healthcare in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

This is undoubtedly an ideal opportunity for nurses to remain at the forefront of the latest advances in the field that is highly demanded by institutions.

The practical education will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow students who facilitate teamwork and multidisciplinary integration as transversal competencies for the practice of clinical nursing practice (learning to be and learning to relate).





The procedures described below will form the basis of the practical part of the specialization, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, the proposed activities being the following:

Module	Practical Activity
Therapy with medicinal plants	Provide recommendations on the appropriate use of medicinal plants and phytotherapeutic preparations, considering aspects such as the clinical history or health conditions of patients
	Inform users about the benefits, risks and limitations of the use of Phytotherapy in order to promote an effective use of herbal products
	Prepare infusions, decoctions or extracts from medicinal plants
	Monitor the response of individuals to the use of Phytotherapy
Natural Medicine for Neurological Disorders	Reviewing the medical history of individuals and their pharmacological treatments to avoid adverse interactions between medications and phytotherapeutic preparations
	Recommend the use of herbal medicines such as valerian, passionflower or lemon balm, for nervous system disorders
	Develop care plans that combine conventional therapies with phytotherapy for the management of conditions such as anxiety, insomnia or stress
	Ensure that patients correctly administer the recommended phytotherapeutic preparations, respecting the dosage and frequency indicated to avoid unwanted effects
Musculoskeletal Phytotherapy	Provide advice on the use of medicinal plants such as turmeric, ginger or arnica for locomotor system disorders
	Teach patients how to safely prepare herbal infusions, ointments, tinctures or poultices with medicinal plants
	Supervise the use of creams or essential oils for topical application, containing plant extracts such as rosemary, arnica or calendula to relieve muscle aches and pains
	Offer people relaxation techniques and stretching exercises to reduce muscle tension, complementing the use of phytotherapy
Skin care with Phytotherapy	Provide recommendations on the use of medicinal plants such as aloe vera, chamomile or lavender for skin care
	Prepare the elaboration of creams, gels or lotions of medicinal plants for the treatment of skin conditions
	Continuous monitoring of the users' skin condition to evaluate the effectiveness of Phytotherapy
	Use medicinal plants with antimicrobial and anti-inflammatory properties to prevent infections in wounds, burns and ulcers

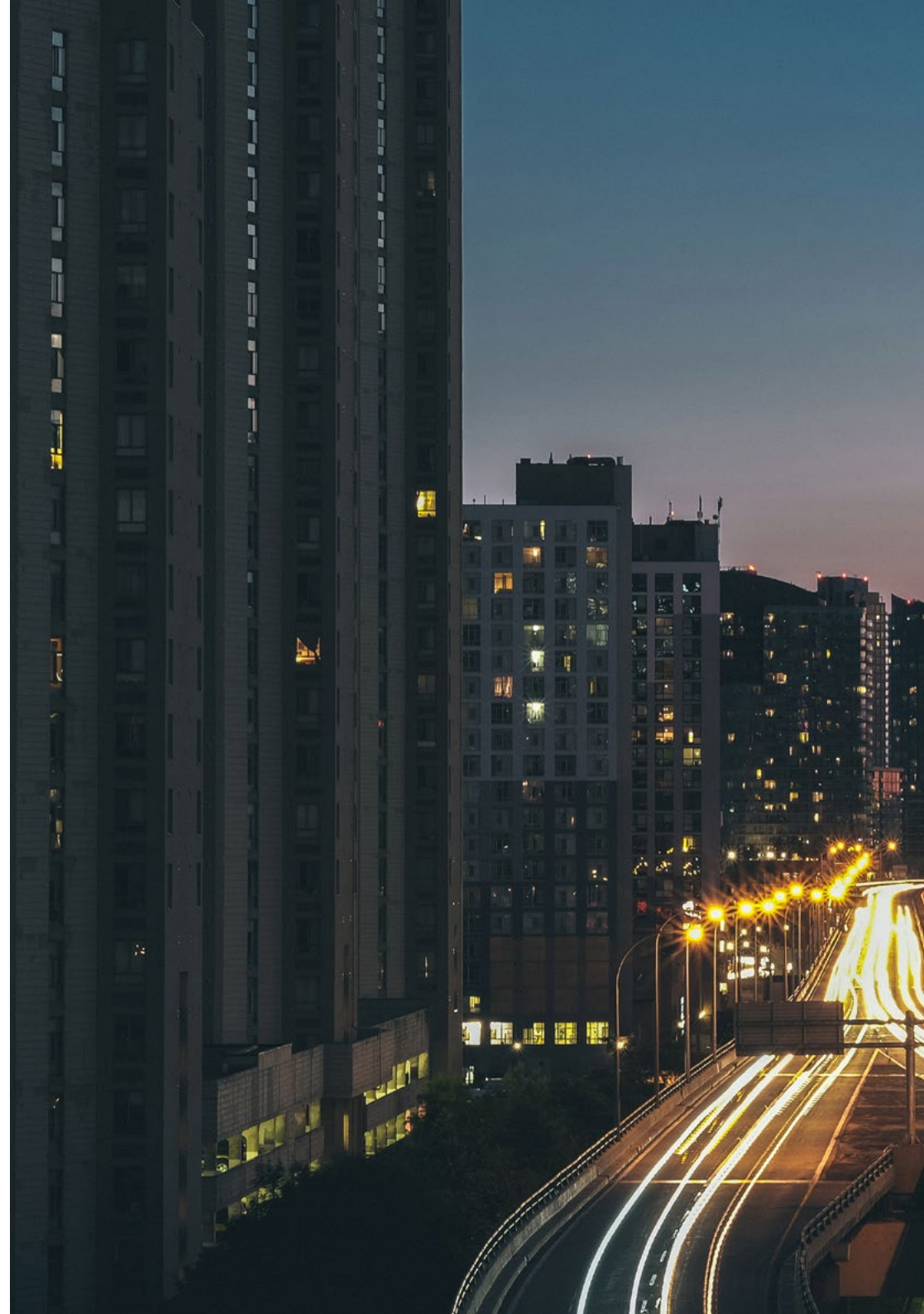
05

Where Can I Do the Internship Program?

In its maxim of providing quality education within the reach of most people, TECH has decided to broaden the academic horizons so that this Internship Program can be taught in various institutions around the country. Undoubtedly, a unique opportunity that will allow nurses to boost their professional careers with the help of the best specialists in Advances in Phytotherapy.

“


You will carry out your practical stay in a reference institution in the field of Phytotherapy”





Advances in Applied | 13 **tech** Phytotherapy in Nursing

The student will be able to do this program at the following centers:



Nursing

Klinik PM

Country	City
Spain	Alicante

Address: Calle Montesinos 7, Alicante 03016

The largest referral clinic in pain treatment and conservative traumatology

Related internship programs:

- Diagnosis in Physiotherapy
- Sports Physiotherapy



Make the most of this opportunity to surround yourself with expert professionals and learn from their work methodology"

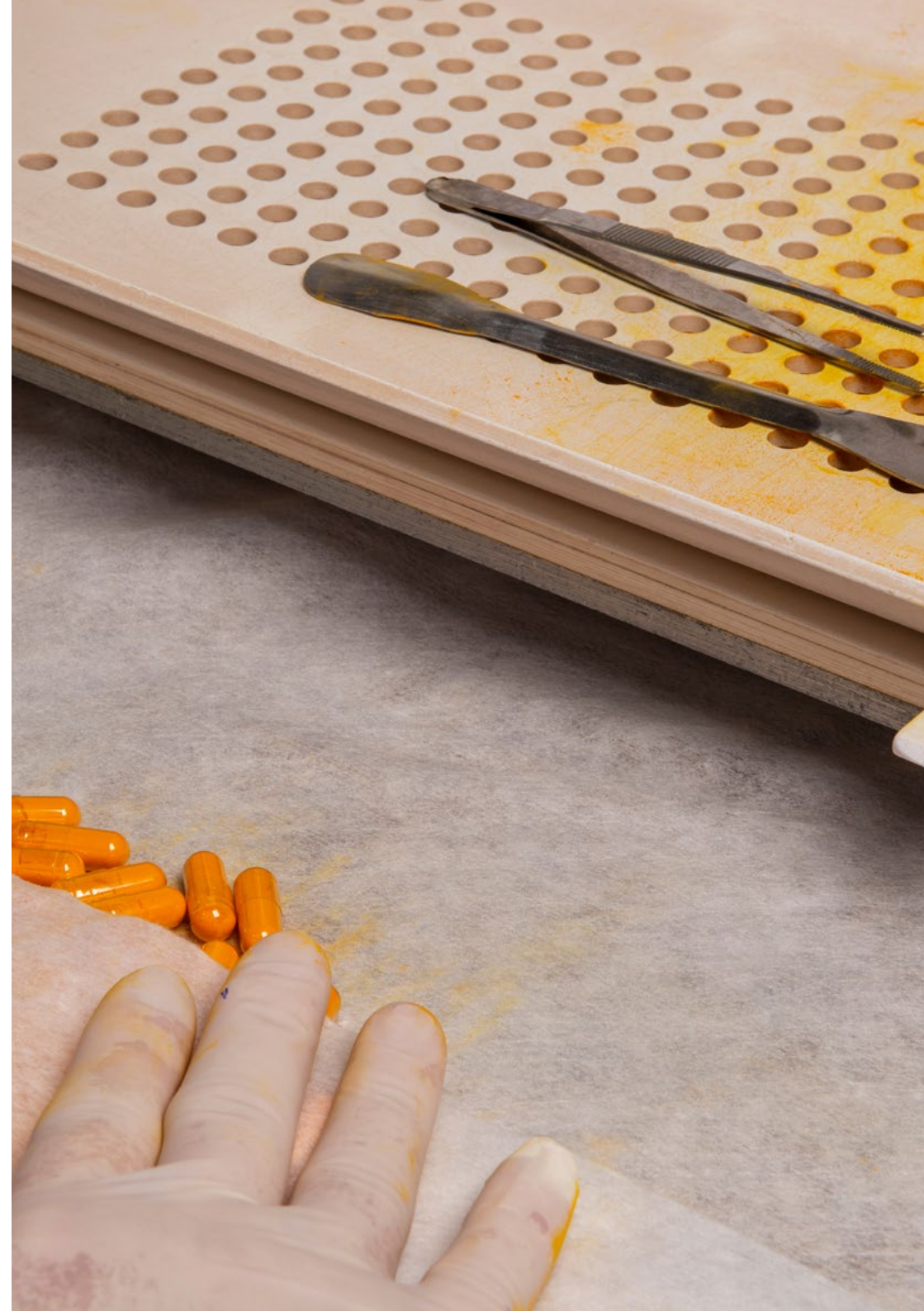
06 General Conditions

Civil Liability Insurance

This institution's main concern is to guarantee the safety of the students and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the Internship Program period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

1. TUTOR: During the Internship Program, students will be assigned two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

2. DURATION: The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

3. ABSENCE: If the student does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

4. CERTIFICATION: Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

5. EMPLOYMENT RELATIONSHIP: The Internship Program shall not constitute an employment relationship of any kind.

6. PRIOR EDUCATION: Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

7. DOES NOT INCLUDE: The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

07 Certificate

This private qualification will allow you to obtain an **Internship Program's diploma in Advances in Applied Phytotherapy in Nursing** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University, is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Internship Program in Advances in Applied Phytotherapy in Nursing**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour shifts, consecutive shifts**

Accreditation: **4 ECTS**



future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present quality
online training
development languages
classroom

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