



Postgraduate Certificate Sexologist Consultation for Nursing

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Global University

» Credits: 6 ECTS

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/nursing/postgraduate-certificate/sexologist-consultation-nursing

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tech 06 | Introduction

Sexologist consultation is a fundamental tool when it comes to offering comprehensive and specialized care in the field of sexual health, since this is a vitally important issue that affects all people, regardless of gender, age or sexual preference. In this sense, the Postgraduate Certificate in Sexologist Consultation for Nursing has been specifically designed for nurses interested in keeping their knowledge of clinical sexology up to date.

The program syllabus includes a wide variety of important aspects related to how to approach sexuality in therapy, sexual anatomy and physiology, sexual dysfunctions, problems related to sexuality in different stages of life, sexual and gender diversity, and ethical and legal aspects of the sexological consultation. All this is approached from a practical and theoretical perspective that allows nurses to delve deeper into the topics of the program and apply the knowledge acquired in the sexologist consultation.

The study methodology is 100% online, which allows students to access a wide variety of resources and practical activities, including multimedia material and analysis of clinical cases. This will allow them to develop skills in sexological counseling and in the specific characteristics of couple and sex therapy. With the Postgraduate Certificate in Sexologist Consultation, nurses can bring their knowledge of clinical sexology up-to-date and provide quality care in this important field of health care.

This **Postgraduate Certificate in Sexologist Consultation for Nursing** contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of case studies presented by experts in Psychology and Sexology
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



You will delve into the latest advances and the skills that the therapist must have in order to offer the best care to the patient"



You will delve into aspects such as the therapist's self-care and the methods to offer an online sexologist consultation"

The program's teaching team includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

You will develop the necessary skills to address sexuality and couple issues.

The program's methodology is 100% online, which allows students to access a wide variety of resources and practical activities.





This program, designed specifically for nurses, seeks to expand the professional's knowledge in sexological counseling and couple and sexual therapy. The program's syllabus includes aspects such as sexual and gender diversity, and the ethical and legal aspects of the sexologist consultation. The 100% online methodology allows nurses to access a wide variety of resources and practical activities that will allow them to apply the knowledge acquired in the sexologist consultation and develop specific skills in the area.



tech 10 | Objectives



General Objectives

- Acquire knowledge about sexuality by expanding the vision of sexuality from a biopsychosocial perspective
- Obtain tools to be able to accompany cases related to difficulties related to sexuality
- Identify the variables involved in the origin and maintenance of different sexual dysfunctions (organic, psychological, relational and cultural components)
- · Acquire skills to be able to share information about sexuality in a clear way
- Understand the aspects involved in the initiation and development of relationships (life cycle of the couple: establishment and evolution)
- Describe the dynamics of couple relationships and factors that generate alterations in them
- Investigate complex issues such as gender violence and child sexual abuse
- Achieve skills to face the multiple incidences and decisions that may arise in the exercise of their profession
- Know in depth the deontology in matters of sexuality and couple, as well as learn to carry out an exercise of introspection on those personal and professional aspects that could collide with their profession and that would produce an impairment of the therapeutic work
- Carry out research programs in sexuality





Objectives | 11 tech



Specific Objectives

- Develop the therapist's skills necessary to address sexuality and couple issues
- Gain an in-depth knowledge of the legal and ethical aspects of the sexology professional



You will learn in depth the legal and ethical aspects of the Sexology nurse expert"



International Guest Director

Dr. Paola Zamperini has a long career as a researcher and educator in the area of Gender and Sexuality. Furthermore, in her PhD she specialized in Chinese Literature and Women's and Gender Studies at the University of California at Berkeley. With this interdisciplinary approach, she maintains a keen interest in creating learning environments marked by feminist and Queer theory, while delving into Chinese and East Asian cultural traditions.

After joining the Department of Asian Languages and Cultures at Northwestern University, she has served as Associate Director of the Gender and Sexuality Program at Northwestern. As a professor, she has taught introductory courses on sexuality studies, sexual subjects and traditions of feminist thought. In the field of Asian cultures, she has focused on premodern Chinese literature, fashion theory and history, Buddhist literary cultures in East Asia, contemporary Chinese fiction, film and popular culture.

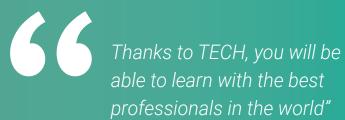
With her commitment to demonstrating the relevance of China studies to society and politics, Dr. Paola Zamperini has worked in Europe, developing intellectual and research connections with leading sinological centers. In this regard, she has collaborated as a mentor for undergraduate and graduate students at the Center for Asian and Transcultural Studies, which is considered the leading Asian studies center in Europe at the University of Heidelberg in Germany.

Also throughout her career she has written and published numerous books and articles on representations of prostitution, female suicide, fashion theory and history, and spiritual resonance. She has also related many of these topics to Chinese literature and culture.



Dr. Zamperini, Paola

- Associate Director of the Gender and Sexuality Program at Northwestern University, United States
- Director of the Department of Asian Languages and Culture, Northwestern University
- Associate Professor of Asian Languages and Civilizations at Amherst College
- Researcher and Mentor at the Center for Asian and Transcultural Studies at the University of Heidelberg, Germany
- Ph.D. in Chinese Literature and Women's and Gender Studies from the University of California at Berkeley
- Graduate in Chinese Language and Literature from Ca' Foscari University, Venice



tech 16 | Course Management

Management

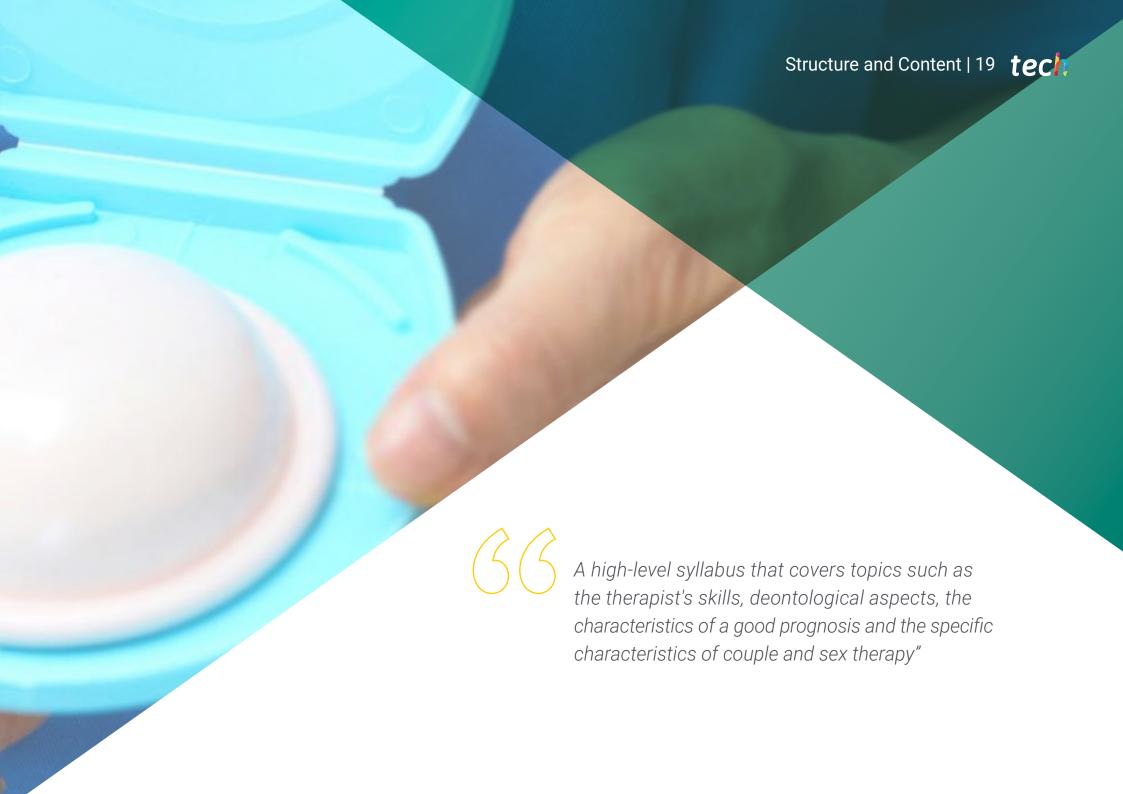


Ms. Ramos Escamilla, María

- Sexologist and Couple Therapist
- Director of Destino Kink
- Degree in Psychology from the Complutense University of Madrid
- Master's Degree in Sexology, Sex Education and Sexological Counseling from Camilo José Cela University







tech 20 | Structure and Content

Module 1. Sexologist Consultation

- 1.1. Basic Assumptions
 - 1.1.1. Objectives of Sex Therapy
 - 1.1.2. Therapeutic Setting
 - 1.1.3. General Phases of the Intervention
- 1.2. Deontological Aspects
 - 1.2.1. Basic Principles
 - 1.2.2. Deontology in Sexology
 - 1.2.3. Deontology Specific to Each Profession
- 1.3. Sexological Counseling
 - 1.3.1. Special Characteristics
 - 1.3.2. Frequently Asked Questions
- 1.4. Therapist Skills
 - 1.4.1. Skills
 - 1.4.2. Active Listening
 - 1.4.3. Self-Knowledge
 - 1.4.4. Good Practices
- 1.5. Therapist Self-Care
 - 1.5.1. Burn Out Risk
 - 1.5.2. Importance of the Therapist's Psychological Adjustment
 - 1.5.3. Taking Care of Energy
- 1.6. Therapeutic Alliance
 - 1.6.1. Importance
 - 1.6.2. Characteristics of the Therapeutic Relationship
 - 1.6.3. Different Approaches to the Therapeutic Alliance





Structure and Content | 21 tech

- 1.7. Specific Characteristics of Couples Therapy and Sex Therapy
 - 1.7.1. Vivential Environment
 - 1.7.2. Habitual Resistance to Therapy
- 1.8. Characteristics for a Good Prognosis
 - 1.8.1. Safety Within the Therapeutic System
 - 1.8.2. Engagement in the Therapeutic Process
 - 1.8.3. Emotional Connection with the Therapist
- 1.9. Issues to be Addressed
 - 1.9.1. Perception of the Own Body
 - 1.9.2. Self-concept
 - 1.9.3. Self-esteem
- 1.10. Online Consultation
 - 1.10.1. Advantages and Disadvantages
 - 1.10.2. Demonstrated Efficacy
 - 1.10.3. Optimal Conditions for Online Consultation



Trust your academic progress to TECH and boost your nursing career to the top"



This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

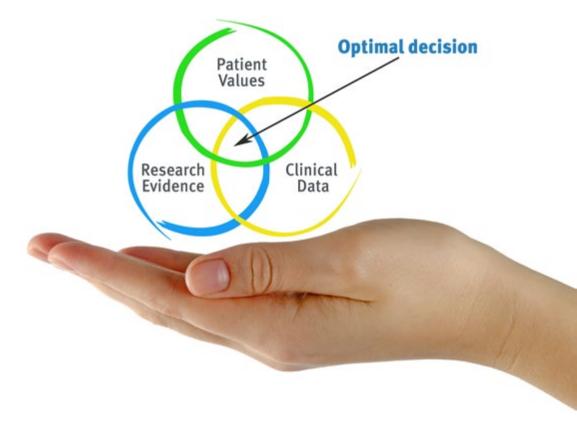


tech 24 | Methodology

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

- Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
- 2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- **4.** Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The nurse will learn through real cases and by solving complex situations in simulated learning environments.

These simulations are developed using state-of-the-art software to facilitate immersive learning.



Methodology | 27 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Nursing Techniques and Procedures on Video

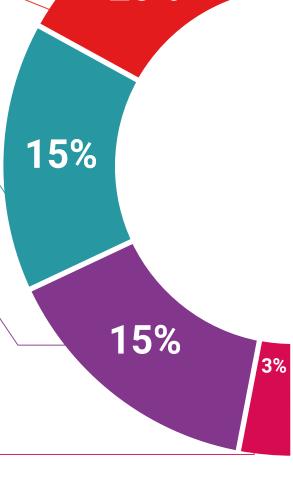
We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.



Testing & Retesting We periodically evaluate and re-evaluate students' knowledge throughout the



program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

Classes



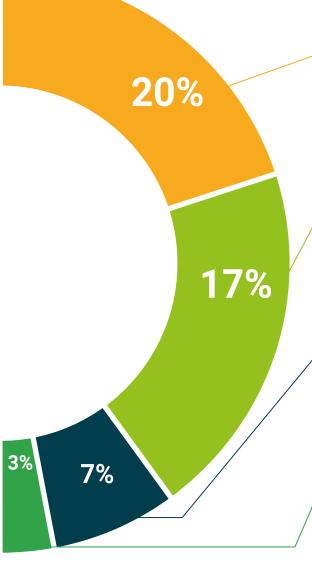
There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides



TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.







tech 32 | Certificate

This program will allow you to obtain your **Postgraduate Certificate in Sexologist Consultation for Nursing** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Certificate in Sexologist Consultation for Nursing

Modality: online

Duration: 6 weeks

Accreditation: 6 ECTS



Mr./Ms. _____, with identification document _____ has successfully passed and obtained the title of:

Postgraduate Certificate in Sexologist Consultation for Nursing

This is a program of 180 hours of duration equivalent to 6 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024



health confidence people education information tutors guarantee accreditation teaching institutions technology learning



Postgraduate Certificate Sexologist Consultation for Nursing

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- Schedule: at your own pace
- Exams: online

