

Postgraduate Certificate

Care of Women in the Postpartum Period for Midwives





Postgraduate Certificate Care of Women in the Postpartum Period for Midwives

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 7 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/nursing/postgraduate-certificate/care-women-postpartum-period-midwives

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01

Introduction

The birth of a healthy child is not, although it may seem so, a casual event. It is the result of a great deal of care and attention given with generosity and professionalism by different professional categories. It also considers that childbirth care should be based on the principles of humanization, fetal control and pain relief. For this reason, it is considered that the protocols for assistance during dilatation and expulsion must prioritize the safety and health of both the mother and the newborn. The final objective is to ensure the well-being of both the mother and the new-born child during the whole birth process.





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This Postgraduate Certificate in Care of Women in the Postpartum Period for Midwives contains the most complete and up-to-date scientific program on the market”

The midwife works in the care and attention of pregnant women ensuring their hygiene, comfort, psychological support and nutritional care, as well as her own safety, development and overall health: the basic principles to ensure effective care. Thanks to the evolution of low-intervention childbirth, the different health professionals who work with pregnant women must provide adequate and effective care, reduce unnecessary interventions to a minimum and ensure their privacy, as well as promote newborn care such as cleaning, placing identification bracelets, etc., in close contact with the mother, thereby favoring the mother-child bond.

The role of the midwife in the evolution of the pregnant woman, laboring woman and her newborn is essential, procured by professionals dedicated directly to the care of women, since the combined knowledge allows us to achieve care in favor of the recommendations on normal childbirth.

This line of thought and actions is consistent with a strong change that must take place in the relationship between health teams and women users, in order to move from a technical relationship to one in which the bioethical principle of autonomy and attention to the entirety of the person involved is prioritized.

This program was created in response to multiple needs in the hospital environment for all professionals, both for those recently incorporated and those who have been providing their professional services for some time and who require constant up-to-date education in this very specific area of practice. Likewise, for the comprehensive improvement and updating of midwives, the program counts with the participation of a distinguished International Guest Director who is in charge of a thorough Masterclass.

This **Postgraduate Certificate in Care of Women in the Postpartum Period for Midwives** contains the most complete and up-to-date scientific program on the market.

The most important features include:

- ♦ Development of more than 75 clinical cases presented by experts in Obstetrics and Gynecology
- ♦ The graphic, schematic, and practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ The latest information on care and intervention in Obstetrics and Gynecology
- ♦ Contains practical exercises where the self-evaluation process can be carried out to improve learning
- ♦ Algorithm-based interactive learning system for decision making in the situations that are presented to the student
- ♦ With special emphasis on evidence-based nursing and research methodologies in obstetrics
- ♦ All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



An unparalleled itinerary where you will find an exclusive Masterclass by a distinguished International Guest Director"

“

This Postgraduate Certificate is the best investment you can make when selecting a refresher program, for two reasons: in addition to updating your knowledge in Care of Women in the Postpartum Period for Midwives, you will obtain a certificate issued by TECH Technological University"

The program includes, in its teaching staff, professionals from the sector who bring to this program their work experience, in addition to recognized specialists from prestigious reference societies and universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. For this purpose, students will be assisted by an innovative interactive video system created by renowned and experienced experts.

Increase your confidence in decision-making by updating your knowledge through this program.

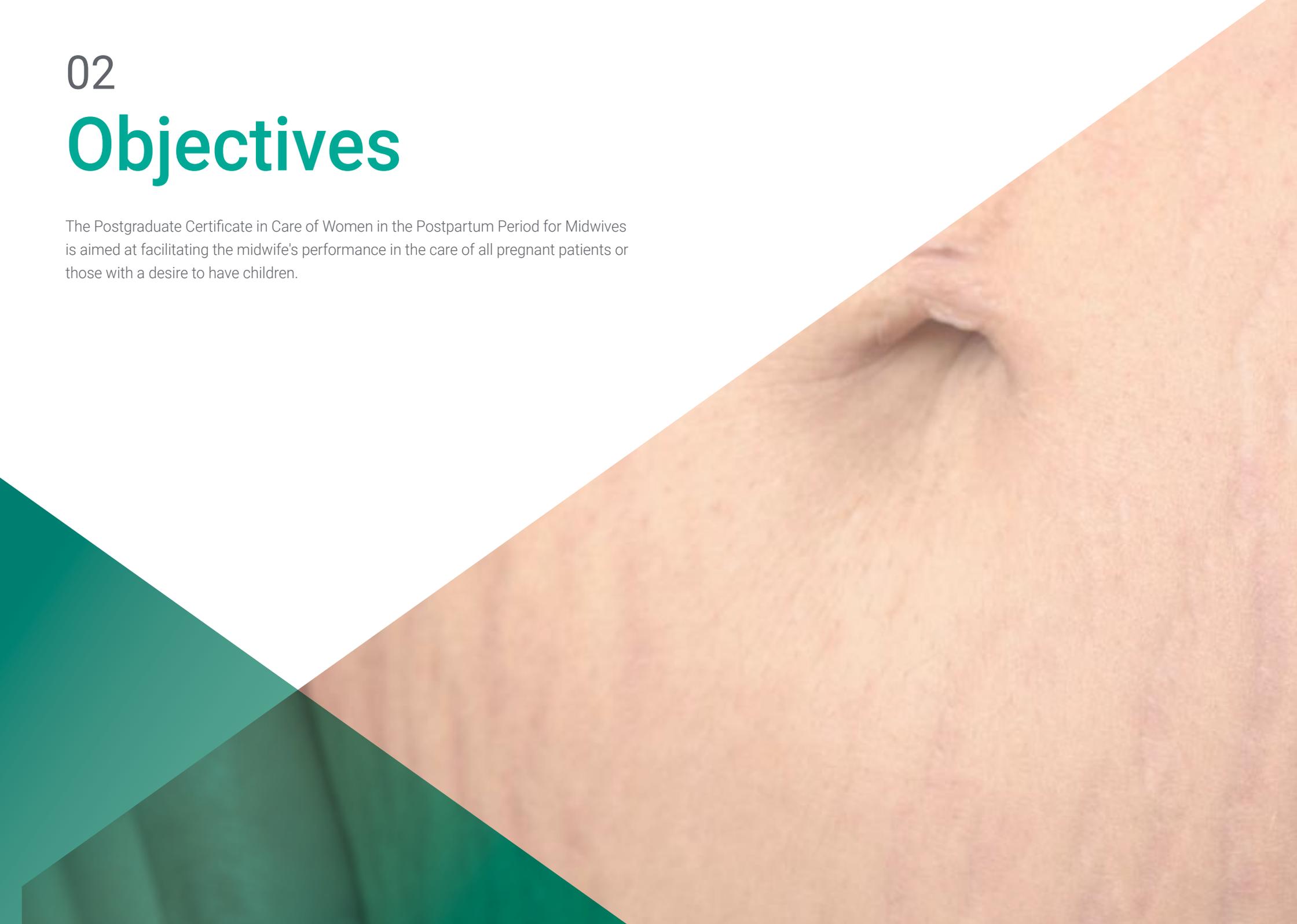
Make the most of this opportunity to learn about the latest advances in Care of Women in the Postpartum Period for Midwives and improve the care of your patients.



02

Objectives

The Postgraduate Certificate in Care of Women in the Postpartum Period for Midwives is aimed at facilitating the midwife's performance in the care of all pregnant patients or those with a desire to have children.



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This Postgraduate Certificate is designed to update your knowledge in Care of Women in the Postpartum Period for Midwives, with the use of the latest educational technology, to contribute with quality and confidence to decision-making, care, monitoring and support of the patient"



General Objectives

- ◆ Acquire knowledge in the specifics of Obstetric Care
- ◆ Promote work strategies based on a comprehensive approach to the patient as a standard model for achieving excellent care
- ◆ Favor the acquisition of technical skills and abilities, through a powerful audiovisual system, and the possibility of development through specific knowledge
- ◆ Encourage professional stimulation through continuous education and research





Specific Objectives

- ◆ Show the woman techniques and procedures in order to promote self-care during the pregnancy and the postpartum period
- ◆ Describe the importance of providing a place where the woman can breastfeed her baby in comfort



Take the opportunity to learn about the latest advances in this field in order to apply it to your daily practice"

03

Course Management

The program includes in its teaching staff renowned experts in Obstetrics and Gynecology who contribute their work experience to this training program. Additionally other recognized specialists participate in its design and preparation which means that the program is developed in an interdisciplinary manner.





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*Learn the latest advances in procedures in the field of
Care of Women in the Postpartum Period for Midwives”*

International Guest Director

Dr. Kellie Thiessen is a distinguished midwife and nurse practitioner, specialized in the clinical field of maternal and child health care. Her skills have been recognized on multiple occasions, including receiving awards such as the **Professional Development Award from the Canadian Child Health Clinician Scientist Program (CCHCSP)**.

Thanks to her broad experience, this expert has been selected as **Director of the Midwifery Program** at the University of British Columbia. Prior to that, she has directed the academic itinerary at the University of Manitoba for more than a decade. At that institution, she was key to the **creation of a Bachelor's Degree in Obstetrics** focused on the specific education of future midwives.

Dr. Thiessen's work has also been highlighted through her designation as a **Senior Specialist in Maternal and Obstetric Health** by the **Institute for Global Public Health** at the University of Manitoba. In turn, her scientific career has been linked to the **Children's Hospital Research Institute of Manitoba (CHRIM)**.

On the other hand, her health care career has spanned the health systems of countries such as **the United States, Brazil and Canada**. Through these collaborations, she has been part of **innovative models** that allow provide patients with **better care and health guarantees**. In this way, she has developed a professional approach focused on **expanding the obstetric options** available to mothers and their families when they are in a vulnerable situation. An example of this is its direct collaboration with the **Rankin Inlet Birth Center**, the second largest city in the Nunavut Territory, and with the **Ongomiizwi Indigenous Health and Healing Institute**.

Dr. Thiessen has also led multidisciplinary research teams, covering areas such as health policy, human resource planning and economics in the medical environment. In doing so, she has demonstrated a strong commitment to maternal and child welfare in different settings and communities.



Dr. Thiessen, Kellie

- Director, Obstetrics Program for Midwives at the University of British Columbia, Canada
- Director of the Midwifery Education Program at the University of Manitoba
- Senior Specialist in Maternal Health and Obstetrics, Institute of Global Public Health, University of Manitoba
- Research Associate, Children's Hospital of Manitoba Research Institute
- Collaborator with the Rankin Inlet Birth Centre, Nunavut Territory
- Collaborator of the Indigenous Institute of Health and Healing Ongomiizwi
- PhD in Applied Health Sciences at the University of Manitoba, Canada
- Master of Science in Nursing and Obstetrics for Midwives, Georgetown University, Canada
- Bachelor of Science in Nursing, Eastern Mennonite University, United States
- Member of: Canadian Health Human Resources Network, American College of Nurse Midwives, Manitoba Registered Nurses Association, Manitoba Association of Midwives



Thanks to TECH you will be able to learn with the best professionals in the world"

Management



Dr. Rodríguez Díaz, Luciano

- ♦ Nursing Specialist in Obstetrics and Gynecology
- ♦ Head of Studies of the Obstetric-Gynecological Nursing Teaching Unit (Midwife) of the University Hospital of Ceuta
- ♦ Midwife at the University Hospital of Ceuta
- ♦ Teacher at the University Centre of Nursing Virgen of La Paz. Ronda, Spain
- ♦ Professor of the Ceuta Midwifery Teaching Unit
- ♦ Vocal of the Emergencies Group of the Spanish Society of Emergency Nursing (SEEUE)
- ♦ Responsible for Perinatal Health: Reproductive Sexual Health and Normal Childbirth of Ingesa
- ♦ Member of the Clinical Commission for Research and Continuing Education of the University Hospital of Ceuta
- ♦ Member of: Ceuti Studies Institute, Editorial Board of the European Journal of Health Research Spanish Society of Emergency Medicine
- ♦ PhD from the University of Granada
- ♦ Master's Degree in Physical Education and Health from the University of Granada
- ♦ Master's Degree in Gynecological Nursing from the CEU Cardenal Herrera University
- ♦ Master's Degree in Obstetric Nursing from the CEU Cardenal Herrera University
- ♦ Speciality in Obstetric and Gynecological Nursing from the University of Málaga
- ♦ University Diploma in Nursing, University of Cadiz
- ♦ Currently studying a Postgraduate Diploma in Community Health Promotion in National University of Remote Education



Dr. Vázquez Lara, Juana María

- ♦ Primary Care Nurse
- ♦ Emergency Service of 061 Nurse of the Ceuta Health Management Area
- ♦ PhD from the University of Granada
- ♦ Acting midwife of the Delivery Service at the University Hospital of Ceuta
- ♦ Head of Studies of the Ceuta Midwifery Teaching Unit
- ♦ Professor in the Ceuta Midwifery Teaching Unit
- ♦ National Coordinator of the Obstetrical-Gynecological Emergencies Working Group of the Spanish Society of Emergency Nursing (SEEUE)
- ♦ Master's Degree of the Official Doctoral Program in Physical Education and Health
- ♦ University Expert on "Health Promotion in the Community" UNED
- ♦ Specialty in Obstetric and Gynecological Nursing (Midwife) at the Costa del Sol Hospital in Marbella of the University School of Nursing and Midwifery of Málaga by the University of Málaga
- ♦ University Diploma in Nursing, Salus Infirmorum University School of Nursing, University of Cádiz

Professors

Dr. Andrés Núñez, Carmen Patricia

- ♦ Specialist in Obstetrics and Gynecology at the University Hospital of Ceuta.
- ♦ Specialist in Gynecology and Obstetrics at Quirónsalud Campo de Gibraltar Hospital
- ♦ INGESA Specialist Physician
- ♦ Gynecology Clinical Management Unit at the Hospital Universitario San Cecilio. Granada
- ♦ Degree in Medicine and Surgery

Dr. Carrasco Racero, María Mercedes

- ♦ Nurse Practitioner in Gynecological Care
- ♦ Internship Coordinator at the University Center of Nurses. Ronda, Spain
- ♦ Degree in Nursing
- ♦ Teacher

Ms. De Dios Pérez, María Isabel

- ♦ Midwife at the Zaragoza University Hospital
- ♦ Diploma in Nursing
- ♦ Nursing Specialist in Obstetrics and Gynecology

Ms. Díaz Lozano, Paula

- ♦ Midwife, University Hospital Virgen de Valme
- ♦ Midwife in the Ceuta Health Area.
- ♦ Specialist in Obstetrics and Gynecology at the University Hospital of Ceuta.
- ♦ Teacher specialized in Obstetrics
- ♦ Diploma in Nursing by Faculty of Nursing and Physiotherapy of Cádiz

Ms. Gilart Cantizano, Patricia

- ♦ Nurse specialized in Obstetrics and Gynecology
- ♦ Midwife of Specialized Care in Campo de Gibraltar
- ♦ Midwife Quirónsalud Campo de Gibraltar Hospital
- ♦ EIR midwife in the Andalusian Health Service
- ♦ Primary Care Physician and Critical Care and Emergency Department in the Andalusian Health Service.
- ♦ Teacher
- ♦ Diploma in Nursing
- ♦ Expert university in Pharmacy Nutrition at the IFBBB
- ♦ Expert university in cardiovascular risks III at the IFBBB
- ♦ Postgraduate Diploma in Emergencies and Emergencies by the Complutense University of Madrid

Ms. Llinás Prieto, Lucía

- ♦ Nurse Practitioner in Gynecological Care
- ♦ Teacher
- ♦ Diploma in Nursing

Ms. Revidiego Pérez, María Dolores

- ♦ Nurse specialized in Gynecology and Obstetrics
- ♦ Midwife of Specialized Care in Campo de Gibraltar
- ♦ Midwife Quirónsalud Campo de Gibraltar Hospital
- ♦ Teacher
- ♦ Diploma in Nursing

Mr. Márquez Díaz, Antonio

- ♦ Midwife in Primary Care in Andalusian Government
- ♦ Midwife, El Angel Hospital HLA Group
- ♦ Midwife of in Vithas Hospital
- ♦ Intern Resident Nursing Plan Tutor
- ♦ OPOSALUD Tutor
- ♦ University Diploma in Emergency Nursing, El Ángel Hospital
- ♦ Nursing University Diploma in ICU Pediatrics and Neonatal Unit of El Ángel Hospital
- ♦ Resident Midwife, Andalusian Regional Government
- ♦ Midwife, Costa del Sol Hospital
- ♦ Midwife Quirón Campo de Gibraltar Hospital
- ♦ Official Master's Degree in Economy, Health Management and Rational Use of Medication from the University of Málaga
- ♦ Official Master's Degree in New Trends in Health Sciences Research by the University of Málaga
- ♦ Master's Degree in Public Health from the University de Almería.
- ♦ Master's Degree in Nurse Prescriptions and Pharmacotherapeutic Monitoring, University of Valencia
- ♦ Master's Degree in Pharmacotherapy, University of Valencia
- ♦ Diploma in Nursing from the University of Malaga

Mr. Mérida Téllez, Juanma

- ♦ Nurse specialized in Obstetrics and Gynecology
- ♦ Midwife, Costa del Sol. Hospital Marbella, Spain
- ♦ Teacher
- ♦ Diploma in Nursing

D. Muñoz Vela, Francisco Javier

- ♦ Nurse specialized in Obstetrics and Gynecology
- ♦ Nursing from internship coordinator at the Maternity and Infant Care Center of Málaga
- ♦ Midwife in the Carlos Haya Regional University Hospital
- ♦ Midwife in the San Antonio Park Hospital
- ♦ Midwife in Specialized in Care at the MaternalChild Care Hospital of Málaga
- ♦ Associate Professor, Department of Medicine, Malaga University
- ♦ Diploma in Nursing from the University of Malaga

Ms. Palomo Gómez, Rocío

- ♦ Nurse specialized in Gynecology and Obstetrics
- ♦ Ceuta Specialized Care Midwife
- ♦ Midwife in the Carlos Haya Regional University Hospital. Málaga, Spain
- ♦ Teacher in the Malaga Midwifery Unit
- ♦ Diploma in Nursing

Dr. Rivero Gutiérrez, Carmen

- ♦ Midwife in Primary Care in the Ceuta Health Area.
- ♦ Midwife in Ingesa Ceuta
- ♦ Midwife at the Puerta del Mar University Hospital Complex.
- ♦ Professor and Tutor of the Ceuta Midwifery Teaching Unit
- ♦ Diploma in Nursing

Mr. Rodríguez Díaz, David

- ♦ Nurse at Nuestra Señora de Candelaria University Hospital
- ♦ Teacher
- ♦ Diploma in Nursing

Mr. Vázquez Lara, Francisco José

- ♦ Specialist in Biological Sciences
- ♦ Teacher
- ♦ PhD from the Polytechnic University of Valencia
- ♦ Degree in Biological Sciences

Ms. Vázquez Lara, María Dolores

- ♦ Nurse specialized in primary care of pregnant women.
- ♦ Campo de Gibraltar Primary Care Nurse
- ♦ Teacher
- ♦ Diploma in Nursing

Ms. Mérida Yáñez, Beatriz

- ♦ Nurse specialized in Obstetrics and Gynecology
- ♦ Midwife at the Andalusian Health Service
- ♦ Midwife at the Vithas Hospital
- ♦ Midwife at the Murcia Health Service
- ♦ Doctor in Health Sciences
- ♦ Diploma in Nursing
- ♦ Member of: Scientific Committee of the First International Congress of Research and Innovation in Nursing and Physiotherapy of Ceuta and Melilla, Scientific Committee of the National Health Journal



Take the opportunity to learn about the latest advances in this field in order to apply it to your daily practice"



04

Structure and Content

The structure of the contents has been designed by a team of professionals from the leading hospitals and universities , aware of the relevance of current education in order to intervene in the prevention, care and monitoring of the obstetric health of our patients, and committed to quality teaching through new educational technologies.





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This program is designed to help you update your knowledge on Obstetrics for Midwives”

Module 1. Postpartum Care for Midwives

- 1.1. Assistance of the Midwife and Care of the Woman During Postpartum Period
 - 1.1.1. Puerperium, Adaptations and Modifications
 - 1.1.2. Postpartum Care and Assistance
 - 1.1.3. General Examination
 - 1.1.4. Identification of Problems and Their Prevention
 - 1.1.5. Discharge Counselling
- 1.2. Psychosocial Aspects in the Puerperium
 - 1.2.1. Psychosocial Adaptation of the New Mother
 - 1.2.2. Psychological Changes
 - 1.2.3. Assessment of the Emotional State: Detection of Postpartum Depression
 - 1.2.4. Mother/Partner/Newborn Relationship Bonds
 - 1.2.5. Family Adaptation
- 1.3. Pharmaceuticals in Puerperium
 - 1.3.1. Pharmaceuticals in Puerperium
 - 1.3.2. Use and Management of Pharmaceuticals in Postpartum. Indications, Pharmaceutical Interaction, and Dosage
- 1.4. Home Care by the Midwife During the Puerperium
 - 1.4.1. Characteristics of Home Care of the Mother and the Newborn During the Puerperium
 - 1.4.2. Home Care of the Mother and the Newborn during the Postpartum Period
- 1.5. Midwife Care in Postpartum Period
 - 1.5.1. Postpartum Program
 - 1.5.2. Counseling and Health Education for the Mother-Child Pair.
 - 1.5.3. Maternal Recovery. Postpartum Groups
 - 1.5.4. Physical Exercises During Postpartum
 - 1.5.5. Pelvic Floor Recovery





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A unique, key, and decisive educational experience to boost your professional development”

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Nursing School we use the Case Method

In a given situation, what should a professional do? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Nurses learn better, faster, and more sustainably over time.

With TECH, nurses can experience a learning methodology that is shaking the foundations of traditional universities around the world.



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, in an attempt to recreate the real conditions in professional nursing practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Nurses who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge
2. The learning process has a clear focus on practical skills that allow the nursing professional to better integrate knowledge acquisition into the hospital setting or primary care
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine case studies with a 100% online learning system based on repetition combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The nurse will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 175,000 nurses with unprecedented success in all specialities regardless of practical workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

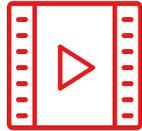
Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student



Nursing Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want



Interactive Summaries

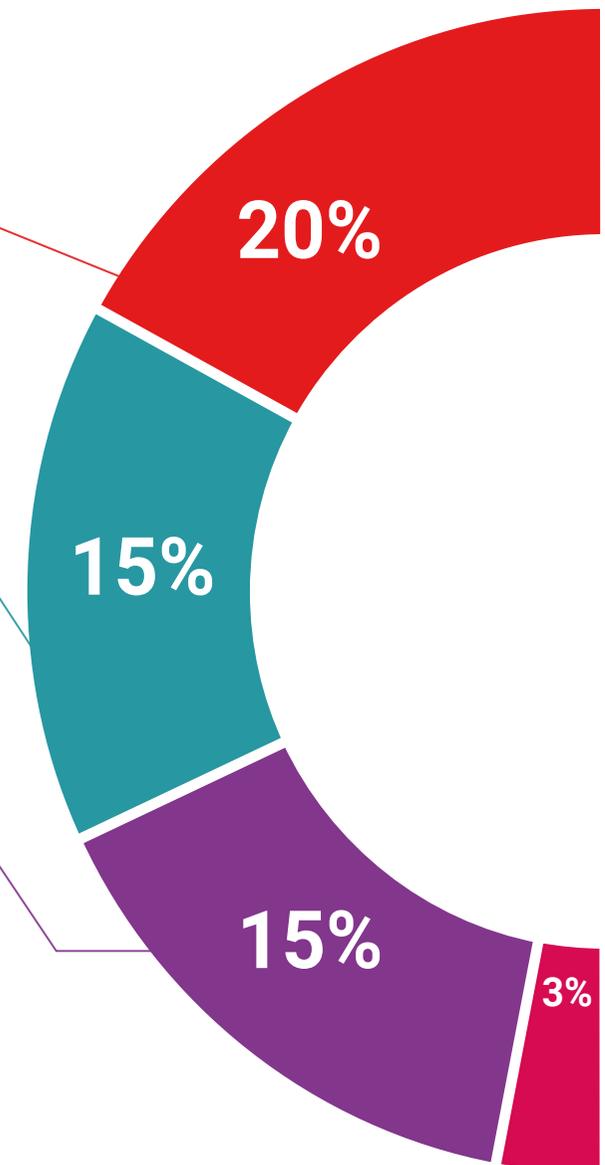
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

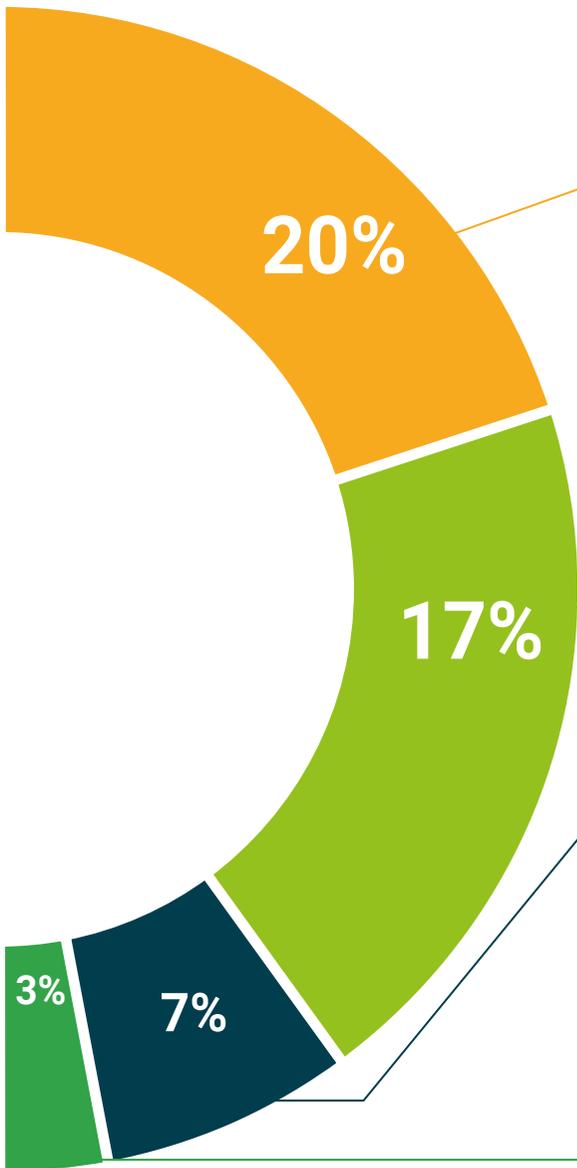
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story"



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Care of Women in the Postpartum Period for Midwives guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This private qualification will allow you to obtain a **Postgraduate Certificate in Care of Women in the Postpartum Period for Midwives** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

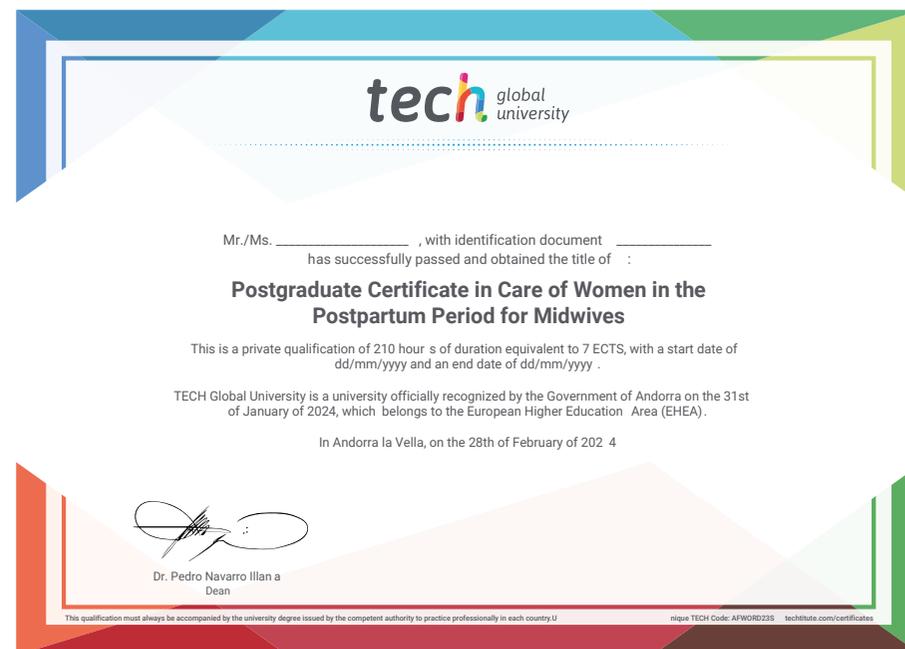
This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Care of Women in the Postpartum Period for Midwives**

Modality: **online**

Duration: **12 months**

Accreditation: **7 ECTS**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.



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