

# Postgraduate Diploma Psychiatric Care in Emergencies





## Postgraduate Diploma Psychiatric Care in Emergencies

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Global University
- » Credits: 18 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/medicine/postgraduate-diploma/postgraduate-diploma-psychiatric-care-emergencies](http://www.techtute.com/us/medicine/postgraduate-diploma/postgraduate-diploma-psychiatric-care-emergencies)

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# 01

# Introduction

Mental disorders and illnesses are a major public health problem often faced by the physician in the emergency department, which is why health professionals must be constantly updating their knowledge about the main techniques of patient assessment and recent pharmacological advances to apply the appropriate treatment for each case. This 100% online university education provides students with the most updated knowledge in this area with a modern and attractive multimedia content to achieve a more practical consolidation of this program.







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*A university program that provides you with renewed, quality content at the academic forefront in the health area”*

This Postgraduate Diploma in Psychiatric Care in Emergencies is aimed at medical professionals who wish to deepen and update their knowledge in the care of patients suffering from mental illness. During the 6 months of this program taught in 100% online mode, the professionals will have an expert teaching team in the area and with extensive knowledge in the techniques and treatments used more recently in this field.

Thus, this program will delve into the different models of helping relationship between doctor-patient applicable, deepen the techniques used to improve the skills in first level interviews, deepen the recent advances in the detection of patients with suicidal behavior to provide a treatment plan according to their situation. In addition, this teaching will dedicate an important space to the patient who presents agitation addressing in detail the underlying causes, as well as the latest drugs used in the treatment and their characteristics. All this according to the legal aspects to which the medical professionals must adhere to the use of restrictive measures in agitation, as well as its indication and proper use.

This university program is therefore an excellent opportunity for the medical professionals who wishes to keep abreast of the latest developments in this area or renew their knowledge in certain points that this teaching unravels. A flexible program that can be accessed 24 hours a day, as there are no sessions with fixed schedules, and to have from the first day of all the multimedia and cutting-edge content offered by this teaching. To do this, you will only need a device with an Internet connection with which you can view the agenda and even download it to consult it at any time.

This **Postgraduate Diploma in Psychiatric Care in Emergencies** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ Case studies presented by experts in Psychiatric Emergencies
- ♦ Graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*This online training provides you with a renewal of your knowledge in the causes of secondary depression and its management”*

“

*This Postgraduate Diploma will keep you updated on the main skills to be developed in the care of patients with mental illness”*

*The Relearning system of this program will allow you to reduce the hours of study and acquire a more solid knowledge.*

*It delves into the psychopathological examination and complementary tests performed in psychiatric emergencies.*

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professionals with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professionals must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the students will be assisted by an innovative interactive video system created by renowned experts.



# 02 Objectives

The main objective of this Postgraduate Diploma is that the medical professionals acquire through a high level teaching and with high level content, an updated knowledge in the area of psychiatric care, especially in the Emergency Department. To this end, this program will comprehensively address the approach to the patient who comes with mental illnesses, their diagnosis, the different interview techniques developed in the first consultation and the recently employed pharmacological treatments depending on the type of patient. The Relearning system, based on the reiteration of content, will facilitate the renewal of this knowledge.







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*A program with multimedia content that brings you all the keys used in psychiatric care”*





## General Objectives

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- Delve into emergency psychiatric care in an integrated manner within the health care setting
- Delve into the psychiatric interview in emergency medicine and the elaboration of medical histories in this area of care
- Correctly establish a diagnostic approach in the emergency department, organicity screening and approach to psychiatric pathology
- Understand and master the different pathologies that are treated in the emergency department, differential diagnosis and treatment
- Handle different emergency situations in psychiatry: suicidal patients, affective disorders, emergencies in anxious and psychotic patients and in special populations (the elderly and child and adolescent populations)





## Specific Objectives

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### Module 1. Psychiatry in Emergency Medicine

- ♦ Delve into in the different daily crises in the psychiatric emergency room
- ♦ Delve into the management of psychiatric interviews
- ♦ Learn about various pattern of relationship models for doctor-patient relations
- ♦ Delve into first-level interviewing skills
- ♦ Apply active listening criteria and facilitate narrative activity
- ♦ Learn how to apply interviewing skills to suicidal patients
- ♦ Delve into the interviewing guidelines appropriate for dealing with agitated patients
- ♦ Analyze the different scales that are useful in psychiatric interviews
- ♦ Study complementary tests: which and when are they necessary?

### Module 2. Assessment and Action in Case of Suicidal Behavior

- ♦ Provide professionals involved in the emergency care of patients with suicidal behavior with recommendations on management, global assessment, including assessment of suicidal risk and action planning
- ♦ Indicate questionnaires or scales that can be used as support, such as the assessment of suicidal behavior
- ♦ Provide guidance in the choice to discharge or admit a patient with suicidal behavior
- ♦ Provide recommendations in the development of treatment plans for patients with suicidal behavior

### Module 3. Psychomotor Agitation

- ♦ Understand the various underlying causes of agitation (somatic, psychiatric, pharmacological or psychoactive substances)
- ♦ Identify risk factors for aggressive behaviors in agitation
- ♦ Delve into different indications for the use of verbal, pharmacological and/or mechanical restraint
- ♦ Delve into the main characteristics of the drugs used in the treatment of psychomotor agitation
- ♦ Know the legal aspects before the use of a restrictive measure in cases of agitation, as well as indication and adequate use



*With the most updated knowledge of this Postgraduate Diploma, it addresses the most appropriate pharmacological treatment for psychomotor agitation”*

# 03

# Course Management

TECH, in its philosophy of offering students an elite education within everyone's reach, selects the teaching staff according to their high professional qualifications and experience in the area where the program will be taught. In this way, the medical staff that attends this program will have during the 450 teaching hours of this course, a teaching staff with experience in the Emergency Department and Psychiatry in relevant hospitals. The practical cases provided by the teaching staff throughout this program will be of great help in achieving the objectives of updating the medical staff.





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*A program that provides you with the latest techniques used from the psychological, psychodynamic and neuropsychological perspective in patients with mental illness”*



Notes
Contact

## International Guest Director

Member of the French National Commission of Psychiatry, Dr. Raphaël Gourevitch has become a leading authority in the field of **Mental Health**. He has developed most of his work at the Sainte-Anne Hospital in Paris, where he has contributed significantly to optimize the recovery of patients with emotional pathologies such as **Acute Depression, Post Traumatic Stress Disorder** or **Severe Anxiety**. All this through the creation of highly personalized treatments and disruptive pharmacological therapeutic interventions.

On the other hand, he balances this clinical work with his facet as a **researcher**. In fact, he has a wide scientific production on subjects such as Emergency Services versus **Psychiatric Emergencies** at home, the emotional impact of the pandemic caused by **COVID-19** or **common mental disorders** in society such as **Insomnia**. In this same line, he has made great contributions to the **National Suicide Observatory** of the French Government. In this regard, she has been in charge of leading a group of health professionals who offer **urgent home care** to people who are at risk of ending their lives and who have even carried out **self-harming attempts**. Thanks to this, he has been able to help multiple patients acquire coping skills to manage intrusive thoughts effectively.

It should be noted that, in his commitment to excellence, he actively participates in international **congresses and symposiums**. As such, he shares his solid knowledge in areas such as the most cutting-edge drugs to treat **Schizophrenia**, innovative procedures such as **Therapeutic Isolation** and even techniques to assess the likelihood of users to suffer violence in their respective homes. Consequently, he has succeeded in raising awareness in the healthcare community of the importance of taking measures to help individuals achieve optimal psychological well-being.





## Dr. Gourevitch, Raphaël

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- Head of the Psychiatry and Neurosciences Unit at the Sainte-Anne Hospital in Paris
- Head of the National Suicide Observatory of the French Government
- Doctorate in Medicine
- Member: Official College of Physicians in France, National Commission of Psychiatry in France

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*Thanks to TECH, you will be able to learn with the best professionals in the world”*

## Management



### Dr. Sánchez-Cabezudo Muñoz, Ángeles

- Psychiatrist, Mental Health Outpatient Clinic, Toledo Hospital Complex
- Specialist in the Short Stay Unit of the Virgen del Prado Hospital
- Psychiatrist at the 12 of October University Hospital
- Psychiatrist at the Mental Health Center Usera
- Researcher and teaching medical specialist, Brief Hospitalization Unit, Virgen del Prado Hospital
- Degree in Medicine and Surgery from the Complutense University of Madrid
- Specialist in Psychiatry, La Paz University Hospital
- Diploma in Clinical Management in Psychiatry, Pompeu Fabra University
- He is a member of the working group on the prevention of suicidal behavior in Castilla la Mancha



## Professors

### Dr. García, Elías

- ◆ Psychiatrist, Transition/First Consumption Program, Toledo Hospital Complex
- ◆ Psychiatrist, Tetuan and Ciudad Lineal Mental Health Unit, Madrid
- ◆ Psychiatrist at Clínica San Miguel, Madrid
- ◆ Psychiatrist at the General Hospital of Ciudad Real Degree in Medicine and Surgery from the University of Navarra
- ◆ Specialist in Psychiatry, La Paz University Hospital
- ◆ Master's Degree in Psychotherapy, Integrated Perspectives, University of Alcalá
- ◆ Postgraduate Studies in Child and Adolescent Psychiatry, University of Barcelona
- ◆ Postgraduate Studies in Treatment of Child and Adolescent Psychiatric Pathology, Cardenal Herrera Oria University

### Dr. Santolaya López, Laura

- ◆ Degree in Medicine from the European University of Madrid
- ◆ Specialization in Clinical Interviewing Skills and Doctor-Patient Relationship by the Toledo Hospital Complex
- ◆ Specialty in Updating and Training of Basic Therapeutic Skills by the Ministry of Health
- ◆ Book chapter "Clinical cases on the use of duxoletin. Duxoletin in anxiety and depression"

# 04

## Structure and Content

This Postgraduate Diploma has been developed in response to the main needs of medical personnel and recent advances in the treatment of patients with mental illnesses. Thus, the syllabus of this program consists of 3 modules in which the most effective techniques for conducting a first assessment of the patient in psychiatry, the most currently used treatments with scientific basis and the latest developments in the approach to patients who come to the emergency department with agitation state will be taught. Specialized readings and video summaries of each topic complete this qualification.







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*This Postgraduate Diploma will allow you to be up to date in Psychiatric Care in Emergencies through the best didactic material of the academic panorama”*



## Module 1. Psychiatry in Emergency Medicine

- 1.1. Demand Analysis
  - 1.1.1. Crisis Intervention
  - 1.1.2. Types of Crisis
- 1.2. Particularities of Psychiatric Medical Histories in Emergency Medicine
- 1.3. Medical Anamnesis and Organicity
  - 1.3.1. Medical Histories in Emergency Medicine
  - 1.3.2. Specific Equipment in Psychiatric Emergency Departments
- 1.4. Psychiatric Anamnesis
  - 1.4.1. General Principles of Psychiatric Interviewing
  - 1.4.2. Psychiatric Examinations
- 1.5. Interviewing Skills
  - 1.5.1. Styles in Aid Relationships
  - 1.5.2. Interviewing Skills
  - 1.5.3. Common Mistakes in Interviews
- 1.6. Phases of the Interview
  - 1.6.1. Initial Phase of the Interview
  - 1.6.2. Intermediate Phase of the Interview
  - 1.6.3. Termination Phase of the Interview
- 1.7. Interviews in Special Situations
- 1.8. Documenting Medical Histories in Psychiatric Emergencies
- 1.9. Psychopathological Examinations in the Emergency Department
- 1.10. Diagnostic Scales and Complementary Tests in Psychiatry

## Module 2. Assessment and Action in Case of Suicidal Behavior

- 2.1. Suicidal Behavior
- 2.2. Epidemiology
- 2.3. Risk Factors and Protection
- 2.4. Pathophysiology:
  - 2.4.1. Neurobiology
  - 2.4.2. Psychological, Psychodynamic and Neuropsychological Perspective



- 2.5. Clinical Characteristics and Diagnosis
  - 2.5.1. Nomenclature Used in Suicidal Behavior
  - 2.5.1. Aspects to Be Assessed in Patients Displaying Suicidal Behavior
- 2.6. Suicide Risk Assessment:
  - 2.6.1. Patient Profile
  - 2.6.2. Directed Anamnesis of Suicidal Risk
  - 2.6.3. Risk / Rescue Scales
- 2.7. Suicide Risk Treatment
- 2.8. Difficulties in Assessing Suicidal Risk
- 2.9. Therapeutic Attitude toward Suicidal Risk
  - 2.9.1. The Need for Admission
  - 2.9.2. Outpatient Treatment
  - 2.9.3. Therapeutic Plan
- 2.10. Some Spatial Considerations on Suicide
- 3.7. Addressing Agitation by Verbal De-Escalation
- 3.8. Pharmacological Approach to Psychomotor Agitation
- 3.9. Restrictive Measures
  - 3.9.1. Description
  - 3.9.2. Controls to Be Performed during Therapeutic Restraint
  - 3.9.3. Restraint Removal
  - 3.9.4. Legal Aspects
- 3.10. Psychomotor Agitation in Special Populations

### Module 3. Psychomotor Agitation

- 3.1. Psychomotor Agitation
- 3.2. Psychomotor Agitation and Violent Behavior
- 3.3. Etiology of Psychomotor Agitation:
  - 3.3.1. Organic Disorders
  - 3.3.2. Psychiatric Behaviours
  - 3.3.3. Use of Medications or Psychoactive Substances
  - 3.3.4. Mixed Etiology
- 3.4. Approach and Safety Measures in Interviewing Agitated Patients
- 3.5. Risk Factors for Aggression
  - 3.5.1. Demographics
  - 3.5.2. Life History
  - 3.5.3. Medical History
  - 3.5.4. Vital Organ Risk Predictors
  - 3.5.5. Imminent Risk Factors
- 3.6. Clinical Assessment of Aggressiveness
  - 3.6.1. Conducting Anamnesis
  - 3.6.2. Neuropsychiatric Examination
  - 3.6.3. Complementary Tests



*Learn first-hand about the latest advances in the pharmacological approach to patients with psychomotor agitation”*

03

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: ***Relearning.***

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the ***New England Journal of Medicine*** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.



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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

*Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.





This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.







**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



**Classes**

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



**Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 06 Certificate

The Postgraduate Diploma in Psychiatric Care in Emergencies guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Global University.



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*Successfully complete this program  
and receive your university qualification  
without having to travel or fill out  
laborious paperwork”*

This program will allow you to obtain your **Postgraduate Diploma in Psychiatric Care in Emergencies** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

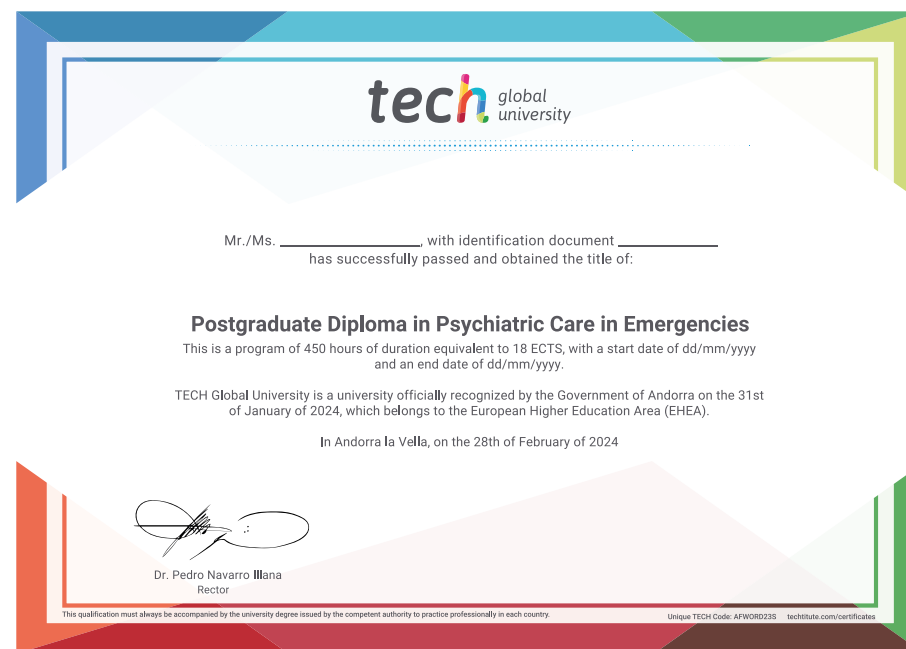
This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Diploma in Psychiatric Care in Emergencies**

Modality: **online**

Duration: **6 months**

Accreditation: **18 ECTS**







## Postgraduate Diploma Psychiatric Care in Emergencies

- » Modality: online
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