

# Postgraduate Diploma

## Main Psychotic Disorders





## Postgraduate Diploma Main Psychotic Disorders

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/us/medicine/postgraduate-diploma/postgraduate-diploma-main-psychotic-disorders](http://www.techtitute.com/us/medicine/postgraduate-diploma/postgraduate-diploma-main-psychotic-disorders)

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# 01

# Introduction

Although the prevalence of Delusional Disorder is low, it constitutes a pathology of high incidence in Emergency Departments. Patients suffering from this disease are a real challenge for physicians given their great difficulty in early diagnosis. This is due to the fact that people suffering from these diseases usually have beliefs that, in their opinion, are reasonable and that is why they do not seek professional help. It is therefore important that specialists have the most up-to-date knowledge and apply the most disruptive methodologies for the treatment of these people. In this context, TECH has developed a comprehensive program for psychiatrists who want to enrich their practice with the latest scientific advances in the field. In addition, it is taught through the disruptive *Relearning* system.



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*You will delve into the Catatonia Syndrome and you will be able to apply the most appropriate therapies after completing this academic itinerary of TECH"*



Adolescents are a vulnerable risk group in terms of experiencing psychotic episodes. In this sense, minors often show signs of suffering from these mental illnesses through actions such as isolation, decreased interest in usual activities or personality changes. For this reason, it is crucial that physicians detect these cases early and apply the appropriate treatments to improve their long-term prognosis. However, this is a complicated task that requires a high degree of specialization among healthcare personnel.

With the aim of delving deeper into this subject, TECH has implemented a program dedicated to acute psychotic disorder in minors. Under the supervision of an experienced teaching staff, the syllabus covers both the prodromal and clinical aspects of the acute forms. In addition, the didactic materials address in detail the influence of substance abuse on their onset and development. The syllabus also covers other pathologies such as Catatonia, focusing on its manifestations and differential diagnosis. In this way, graduates will approach pharmacological and psychotherapeutic treatments in the main psychotic disorders.

To reinforce these contents, the methodology of this program reinforces its innovative character. TECH offers a 100% online learning environment, adapted to the needs of busy professionals seeking to advance their careers. In addition, it will employ the Relearning methodology, based on the repetition of key concepts to fix knowledge and facilitate learning. In this way, the combination of flexibility and a robust pedagogical approach makes it highly accessible. Students will also have access to a library full of multimedia resources in different audiovisual formats such as interactive summaries, explanatory videos, photographs, case studies and infographics.

This **Postgraduate Diploma in Main Psychotic Disorders** contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of practical cases presented by experts in Psychotic Disorders
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where the self-assessment process can be carried out to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



*Do you want to get the most out of the psychotherapeutic approach? Achieve it in 450 hours with this pioneering 100% online university program"*

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*This Postgraduate Diploma will address the main advances in Delusional Disorder and will allow you to deal effectively with these cases"*

*A unique academic experience, key and decisive to boost your professional development.*

*Thanks to the Relearning system used by TECH you will reduce the long hours of study and memorization.*

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.



# 02

# Objectives

This program will allow mental health experts to update their knowledge on the main psychotic disorders. Likewise, the program will provide students with the most advanced tools in the health market for the psychotherapeutic approach to acute and transient psychotic disorders. In turn, graduates will apply new intervention approaches in schizophrenia rehabilitation to their treatments.





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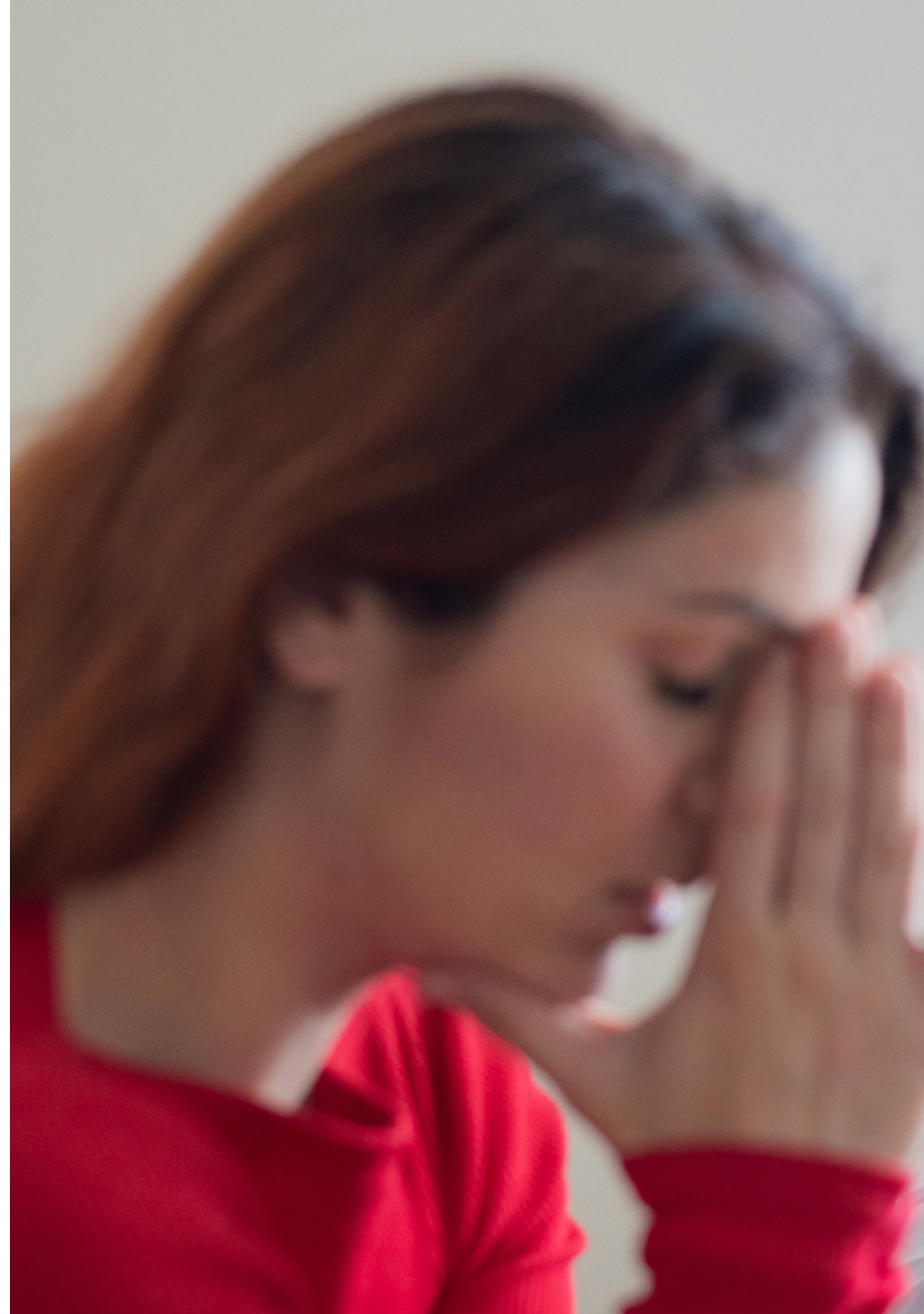
*As it is an online Postgraduate Certificate, you will be able to combine your studies with the rest of your daily activities”*



## General Objectives

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- ♦ Delve into the current classification of Psychotic Disorders in the different manuals: DSM-5 and ICD-11
- ♦ Consolidate the fundamental clinical aspects of Psychotic Disorders
- ♦ Gain knowledge about the evolution of Psychotic Disorders over time
- ♦ Identify the different types of Psychotic Disorders, their clinical characteristics and diagnosis
- ♦ Delve into the different diagnostic techniques and their new developments in Psychotic Disorders
- ♦ Perform a correct diagnostic approach to Psychotic Disorders
- ♦ Master the different pharmacological and psychotherapeutic approaches to Psychotic Disorders
- ♦ Detail and know the bio-psycho-social influence of Psychotic Disorders in children and adolescent, adult and elderly stages
- ♦ Learn about new approaches to intervention in the rehabilitation of schizophrenia and psychotic disorders
- ♦ Delve into new lines of scientific research in psychotic disorders







## Specific Objectives

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### Module 1. Delusional Disorder

- ◆ Update the different subtypes of psychotic disorders
- ◆ Know the most relevant aspects from the psychopathology of Psychotic Spectrum Disorders
- ◆ Approach the differential diagnosis of psychotic disorders

### Module 2. Acute and Transitory Psychotic Disorder

- ◆ Master the pharmacological field and its new developments in Psychotic Disorders
- ◆ Delve into the complementary tests for a correct diagnosis of Psychotic Disorders
- ◆ Gain knowledge about the psychotherapeutic approach in Psychotic Disorders

### Module 3. Other Psychotic Entities

- ◆ Perform an adequate psychopathological examination of Psychotic Disorders
- ◆ Delve into the evolution of the different Psychotic Disorders
- ◆ Gain knowledge about the prognosis of the different Psychotic Disorders
- ◆ Get to know the multidisciplinary approach in Psychotic Disorders



*TECH's main objective is to help its students achieve academic and professional excellence. Don't miss this opportunity!"*



# 03

## Course Management

The faculty of this program is made up of distinguished professionals carefully selected by TECH. This team stands out for its extensive knowledge in Psychotic Disorders. They also have extensive professional experience after working in renowned hospitals. Thanks to this, the didactic resources of this program offer the most modern tools available on the healthcare technology market. In this way, the program ensures that graduates have up-to-date and relevant knowledge to apply in their procedures with immediate effect.





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*An elite teaching staff of the best specialists will be at your fingertips in this academic itinerary"*



## International Guest Director

Dr. David Kimhy conducts his extensive clinical and academic work at the Icahn School of Medicine at Mount Sinai. Specifically, he directs the Experimental Psychopathology Laboratory and heads the New Interventions in Schizophrenia Program. At the same time, he collaborates with the New York Mental Illness Research, Education and Clinical Center (NY MIRECC).

The research work of this prestigious psychiatrist is characterized by integrating innovative approaches that facilitate the understanding and treatment of psychotic disorders. In this way, his work has focused on addressing the cognitive, affective and behavioral processes that underlie severe mental illness.

He also leads 2 major studies funded by the American Institute of Mental Health. The first is a randomized, multi-site, blinded clinical trial that delves into the efficacy of aerobic exercise in improving neurocognition and daily functioning. In addition, it analyzes the impact of sleep on individual faculties as well. In turn, with these studies, he addresses the role of biomarkers such as BDNF and other neurotrophins in the change of abilities in each individual.

Dr. Kimhy's more than 2 decades of experience have made him a true international authority on cognitive and behavioral interventions aimed at improving the affective and social functioning of patients. To acquire his most advanced skills, this expert has completed postdoctoral stays and fellowships at leading centers such as the Schizophrenia Research Laboratory at Columbia University and the Beck Institute. Moreover, he has published several articles in some of the most important scientific journals. Likewise, his results have been reported by media such as NBC News, Scientific American and New York Magazine.





## Dr. Kimhy, David

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- Director of the Experimental Psychopathology Laboratory at Icahn School of Medicine at Mount Sinai, NY, USA
- Director of the New Interventions in Schizophrenia Program at the Icahn School of Medicine at Mount Sinai
- Investigator of the New York Mental Illness Research, Education and Clinical Center (NY MIRECC)
- Consultant on NeuroCog Trials
- Postdoctoral Research Fellow at Columbia University Medical Center
- Research Fellow at the Beck Institute for Cognitive-Behavioral Therapy
- Clinical Psychology Fellow in Psychology at Long Island Jewish Medical Center

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*Thanks to TECH, you will be able to learn with the best professionals in the world”*

## Management



### Dr. Soto Laguna, Marta

- Psychiatrist Expert in Anxiety Disorders
- Psychiatrist at Enova Medical Center
- Author and co-author of book chapters related to Psychiatry
- Co-author of articles for scientific journals
- Speaker at congresses and conferences in her specialty
- Master's Degree in Legal Psychiatry from the Complutense University of Madrid

## Professors

### Dr. Bullón Sáez, Alberto

- ◆ Medical specialist in Psychiatry at the López Ibor Clinic
- ◆ Psychiatrist in the Hospitalization Unit, Severe Mental Disorder and Psychotic Disorders at the López Ibor Clinic
- ◆ President of the Spanish Society of Psychiatry Residents
- ◆ International Delegate in the European Federation of Psychiatric Trainees (EFPT)
- ◆ Interuniversity Master's Degree in Initiation to Research in Mental Health at the Complutense University of Madrid
- ◆ Master's Degree in Psychopharmacology, University of Valencia
- ◆ University Expert in Biostatistics at the European University Miguel de Cervantes
- ◆ University Expert in Bipolar Disorder from the University of Barcelona
- ◆ Degree in Medicine from the European University



*Take the opportunity to learn about the latest advances in this field in order to apply it to your daily practice"*



# 04

# Structure and Content

This syllabus is designed by a first class teaching team, which has structured the syllabus in 3 modules. Therefore, the syllabus will delve into the delusional disorder, taking into account its epidemiology and current situation. The program will also deal with other psychotic entities, with emphasis on schizoaffective disorder. In this sense, issues related to prognosis and the impact of treatment on evolution will be addressed.



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*It includes clinical cases to bring the program as close as possible to the reality of medical care”*



## Module 1. Delusional Disorder

- 1.1. Current DSM-V Classification and Changes from Other Editions
- 1.2. The Different Connotations of Delusional Disorder up to the 21st Century
  - 1.2.1. Epidemiology and Current Figures
- 1.3. Clinical Features of Delusional Disorder
  - 1.3.1. Classification of the Different Subtypes of Delusional Disorders
- 1.4. Diagnostic Modalities in Delusional Disorder
- 1.5. Evolution of this Disorder
  - 1.5.1. Prognosis According to Age Ranges
- 1.6. Vital Repercussion and Quality of Life of Patients with Delusional Disorder
- 1.7. Pharmacological Treatment Proposals
  - 1.7.1. The Patient's Awareness of Illness
- 1.8. The Psychotherapeutic Approach and Rehabilitation Strategies
- 1.9. Delusional Disorder up to at Different Stages of Life
- 1.10. Scientific Advances in Delusional Disorder
  - 1.10.1. Studies and Current Situation

## Module 2. Acute and Transitory Psychotic Disorder

- 2.1. Conceptualization and Nosological Changes up to the Present Day
- 2.2. Epidemiology and Current Situation
- 2.3. Epidemiology and Current Situation
- 2.4. Diagnosis and Differential Diagnosis
- 2.5. Course and Prognosis
  - 2.5.1. Risk Factors and Protection in its Evolution
- 2.6. Gender and its Different Presentations in this Psychotic Entity
- 2.7. Influence of Substance use in its Onset and Development
  - 2.7.1. Studies and Expert Voices on the Subject
- 2.8. Acute Psychotic Disorder in Adolescents
  - 2.8.1. Connotations and Future Repercussions
- 2.9. Pharmacological Approach
  - 2.9.1. Impact of Treatment in the Short, Medium and Long-Term
- 2.10. Psychotherapeutic Approach
  - 2.10.1. Relevant Aspects in New Approaches





### Module 3. Other Psychotic Entities

- 3.1. Schizoaffective Disorder (SAD) and its Evolution in the Classification up to DSM
  - 3.1.1. Etiopathogenesis of SAD
  - 3.1.2. Epidemiology
- 3.2. SAD: Clinical Features and Evolution
- 3.3. Diagnosis and Differential Diagnosis of SAD
- 3.4. Approach to SAD
  - 3.4.1. Pharmacological
  - 3.4.2. Psychotherapeutic
  - 3.4.3. Prognosis
- 3.5. Schizophreniform Disorder
  - 3.5.1. Epidemiology
  - 3.5.2. Clinical Aspects and Diagnosis
- 3.6. Evolution of Schizophreniform Disorder
  - 3.6.1. Prognosis
- 3.7. Treatment of Schizophreniform Disorder
  - 3.7.1. Pharmacological
  - 3.7.2. Psychotherapeutic Aspects
- 3.8. Catatonia
  - 3.8.1. Etiological Factors
  - 3.8.2. Clinical Manifestations
- 3.9. Diagnosis of Catatonia
  - 3.9.1. Differential Diagnosis of Catatonia
- 3.10. Evolution of Catatonia
  - 3.10.1. Prognosis of Catatonia



*TECH presents a unique Postgraduate Diploma that will help you, in just 6 months, to make a leap in your profession. Enroll now!"*

# 05 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.



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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

*Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*





At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.





This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



**Classes**

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



**Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 06 Certificate

The Postgraduate Diploma in Main Psychotic Disorders guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Technological University.





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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This Postgraduate Diploma in Main Psychotic Disorders contains the most complete and up-to-date scientific on the market.

After the student has passed the assessments, they will receive their corresponding Postgraduate Diploma issued by TECH Technological University via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Diploma, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Diploma in Main Psychotic Disorders**

Official N° of Hours: **450 h.**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present quality  
development language  
virtual classroom



**Postgraduate Diploma**  
Main Psychotic Disorders

- » Modality: online
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