



Geriatric Patient Comprehensive Rheumatological Care

» Modality: online

» Duration: 6 months

» Certificate: TECH Global University

» Credits: 18 ECTS

» Schedule: at your own pace

» Exams: online

We bsite: www.techtitute.com/us/medicine/postgraduate-diploma/postgraduate-diploma-geriatric-patient-comprehensive-rheumatological-care

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tech 06 | Introduction

Beyond the pathologies present in the specialty of Rheumatology, patient care today must be comprehensive and based on the most outstanding scientific evidence. And it is that the professional assumes the daily challenge of being in consultation with people with previous illnesses or other conditions such as malnutrition that affect their physical condition.

Undoubtedly, clinical cases that are complex and that require the specialist to constantly update their knowledge of the most innovative diagnostic methods and therapeutic treatments. All this is evident in this Postgraduate Diploma in Geriatric Patients Comprehensive Rheumatology Care taught 100% online and with an excellent team of specialists in this medical branch.

It is, therefore, a program aimed at the most complete update in the field of rheumatic pain, the management of polypharmacy, the appropriate vaccines for this population group or advances in nutritional treatments in favor of improving the patient's diseases.

Likewise, the multimedia didactic elements, the complementary readings or the case study simulations will lead the graduate to delve into the musculoskeletal manifestations of systemic pathologies in the elderly.

In addition, students will have before them the most innovative methodology, which will allow them to reduce the long hours of study and memorization through the Relearningsystem In this way, the graduate is faced with a unique academic option, which provides flexibility and comfort in their access. And it is that it only requires a digital device with an internet connection (mobile, tablet or laptop) to view, at any time of the day, the agenda hosted on the virtual platform.

This **Postgraduate Diploma in Geriatric Patients Comprehensive Rheumatology Care** contains the most complete and up-to-date scientific program on the market. The most important features include:

- Practical case studies are presented by experts in Rheumatology
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where the self-assessment process can be carried out to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions for experts, discussion forums on controversial issues and individual reflection work
- Content that is accessible from any fixed or portable device with an Internet connection



Increases patient safety with the application of the latest rheumatological treatments with less effect on the immune system"



The practical perspective of this program will allow you to be aware of the advances obtained in the management of the painful experience"

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

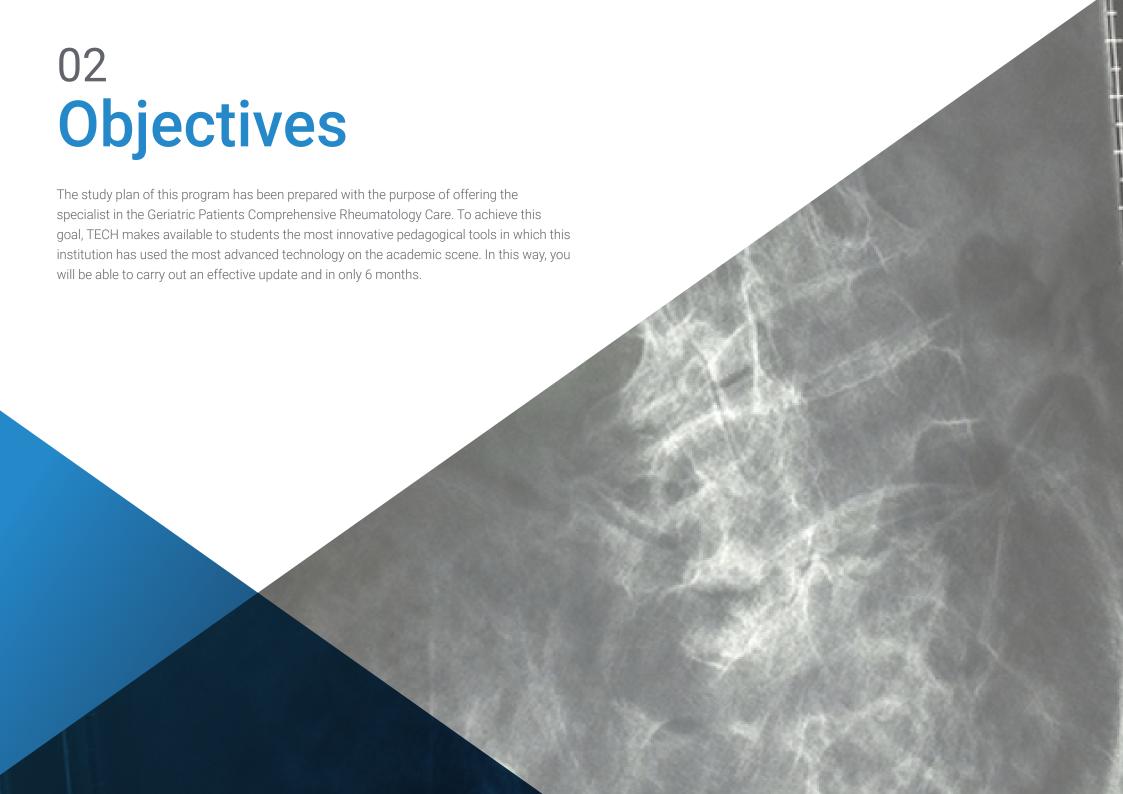
Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education designed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

Investigate whenever you want in the most recent studies on polypathology and prognostic indices.

You will be aware of the detection of endocrinological diseases through musculoskeletal manifestations.







tech 10 | Objectives



General Objectives

- Deepen the aging processes, their clinical and diagnostic implications and forecasts
- Inquire into the specific biological and physiological determinants of geriatric patients
- Delve into the reasons why pathologies manifest themselves differently in geriatric patients, as well as the pharmacological characteristics that condition their treatments
- Update knowledge about the biopsychosocial determinants that are related to the aging process
- Promote comprehensive and holistic care in geriatric patients with rheumatic pathologies, whether measured by the immune system, bone metabolism, paraneoplastic or degenerative manifestations





Specific Objectives

Module 1. Musculoskeletal manifestations of systemic pathologies of the elderly (IR, hepatic I, anemia, parathyroid pathology) and other metabolic abnormalities

- Delve into the specific characteristics of each of the pathologies included with their impact on the geriatric age
- Analyze the approach to systemic diseases mediated by the immune system (vasculitis, myopathies and others) in the geriatric population
- To identify the problems and limitations of the different current classification criteria for systemic diseases mediated by the immune system (vasculitis, myopathies and others) in geriatric patients
- Address the current pharmacological and non-pharmacological therapeutic measures in each of the situations that may arise in systemic diseases mediated by the immune system

Module 2. Rheumatic pain in the geriatric patient

- Consolidate anatomical and physiological knowledge that ensures an update on the mechanisms and pathways by which pain is produced
- Integrate the different types of pain for each of the practice situations usual clinic
- Update the knowledge on the bases of pain that allow the participant to carry out the most appropriate treatment for each case
- Delve into the indication of the different specific therapies for pain management

Module 3. Most Common Psychological Problems in Geriatric Patients

- Consolidate knowledge about the comorbidities of patients and how they can influence polypharmacy and vice versa
- Recognize the need for derived prophylactic and supportive treatments of the first prescription
- Evaluate the stages of the care process in geriatric patients
- Delve into the knowledge of the work of nursing in the care work in geriatric patients
- Identify the spatial characteristics of the geriatric population from the point from a statistical point of view



Thanks to the teaching staff of this program you will be able to raise your skills for the design of studies in Rheumatology"





International Guest Director

El Doctor Vikas Majithia es una figura de renombre internacional en el campo de la Reumatología, reconocido por su liderazgo y contribuciones en la investigación clínica y la práctica médica. Así, ha dedicado su carrera al tratamiento de enfermedades inflamatorias como la Artritis Reumatoide, la Artritis Psoriásica, el Lupus y la Vasculitis, y es un experto en procedimientos como la Artrocentesis y las Inyecciones Articulares.

De este modo, cuenta con una carrera distinguida en el ámbito académico y médico, destacando su rol como Jefe de la División de Reumatología en la Clínica Mayo de Florida, Estados Unidos. Además, ha ejercido como Director de la División de Reumatología en el Centro Médico de la Universidad de Mississippi, donde ha supervisado. También ha trabajado como reumatólogo en el Centro Médico VA GV (Sonny) Montgomery, brindando atención a veteranos por más de una década.

Asimismo, su dedicación a la investigación clínica lo ha llevado a ser el investigador principal en numerosos ensayos y estudios, contribuyendo con más de 40 publicaciones revisadas por pares y varios capítulos de libros. De hecho, su compromiso con la investigación continua lo mantiene al frente de proyectos clave, siendo responsable de la implementación de estudios clínicos avanzados en la Clínica Mayo, entre ellos el estudio CLASSIC en Espondiloartritis Axial, el estudio de Defensores de Pacientes en Lupus (PALS), financiado por PICORI, y el estudio RAPROPR para evaluar los resultados en pacientes con Artritis Reumatoide entre varios medicamentos biológicos no-TNF.

Entre sus logros más destacados, ha recibido múltiples reconocimientos, incluyendo el prestigioso Premio Pionero en Medicina y Ciencia, así como el Premio de Literatura de la Fundación de Investigación y Educación por Investigación Estudiantil, otorgado por la Sociedad Americana de Farmacéuticos del Sistema de Salud, siendo considerado uno de los Mejores Doctores de América.



Dr. Majithia, Vikas

- Jefe de la División de Reumatología, Departamento de Medicina, Clínica Mayo, Florida, Estados Unidos
- Director de la División de Reumatología en el Centro Médico de la Universidad de Mississippi
- Reumatólogo en el Centro Médico VA GV (Sonny) Montgomery
- Beca en Reumatología por el Centro Médico de la Universidad de Mississippi
- Máster en Salud Publica por la Escuela de Salud Pública Bloomberg de Johns Hopkins (BSPH)
- Doctorado en Medicina por el Instituto de Ciencias Médicas de Posgrado Pandit Bhagwat Dayal Sharma
- Licenciado en Medicina y Ciencias Biológicas por el Instituto de Ciencias Médicas de Posgrado Pandit Bhagwat Dayal Sharma



Thanks to TECH, you will be able to learn with the best professionals in the world"

Management



Dr. García Martos, Álvaro

- Specialist in Rheumatology at the Hospital Universitario del Tajo
- Medical Specialist in Rheumatology, 12 de Octubre University Hospita
- Associate Professor of Rheumatology at the Alfonso X University, El Sabio
- Research Sufficiency from the Complutense University of Madrid
- Bachelor of Medicine at the University of Cantabria
- Master in Rheumatic Diseases mediated by the Immune System, Rey Juan Carlos University and the Society
- Spanish Rheumatology
- EFSUMB Certification Musculoskeletal Ultrasound level 1

Professors

Dr. Lavilla Villar, Patricia

- * Assistant Rheumatology Physician at La Zarzuela University Hospital
- Assistant Rheumatology Physician at the University Hospital 12 de Octubre in Madrid
- * Researcher at the 12 de Octubre Biomedical Research Foundation in Madrid
- Collaborating professor Alfonso X El Sabio University
- Degree in Medicine from the University of Oviedo

Dr. Andrés Esteban, Eva María

- Professor at the Rey Juan Carlos University
- Doctor of Medicine, Psychiatry and Dermatology from the University of Zaragoza
- * Degree in Statistical Sciences and Techniques from the Miguel Hernández University from Elche
- Diploma in Statistics from the University of Zaragoza

Ms. Fernández Guardia, Cristina

- Nurse at the Tagus University Hospital
- Internal Medicine Service Nurse at the Tagus University Hospital
- Nurse at the Primary Care Health Center
- * Nurse at the Obstetrics and Cardiology Service of the Gregorio Marañón University Hospital
- Geriatric Nurse Specialist
- * Associate Professor from the Faculty of Nurses of the of Alcalá University
- Degree in Nursing EUE Red Cross-UAM
- Diploma in Social Work from the Complutense University of Madrid
- Diploma in Nursing from EUE Puerta de Hierro
- Master's Degree in Research in Sociosanitary Sciences from the University of Alcalá
- Member of the Secretary-Treasurer of the Madrid Association of Gerontological Nursing, President of the Pressure Ulcers and Falls Group of the Hospital del Tajo

Dr. Sánchez Martín, Julio

- * Rheumatology Associate Physician at the Marqués de Valdecilla University Hospital
- * Rheumatology specialists at the University Hospital 12 de Octubre
- Family and Community physician at the Virgen de la Concha Hospital
- * Degree in Medicine and Surgery from the University of Salamanca.
- Official certificate of expert in infiltrative pain therapy by the Swiss Pain Society
- Official certificate of expert in musculoskeletal ultrasound by the Swiss Society ultrasound of the locomotor system and SER
- Member of the Spanish Rheumatology Society, Spanish Pain Medicine Society (SEMDOR), Spanish Pain Society (SED), ECOSER Working Group of the Spanish Rheumatology Society

Dr. González Ferrer, Ruth

- * Faculty of Physical Medicine and Rehabilitation, University Hospital at Tajo
- Associate Specialist Physician at CROSECON
- Associate Specialist Physician in Pediatrics
- * Specialist in Physical Medicine and Rehabilitation, University Hospital Fundación Alcorcón
- * Academic Internship Tutor in the Degree in Medicine at the Alfonso X El Sabio University
- Honorary collaborator at Rey Juan Carlos University
- Degree in Medicine from the Autonomous University Madrid
- Professional Master's Official in Epidemiology and Public Health, Rey Juan Carlos University
- Expert in Musculoskeletal Ultrasound Francisco de Vitoria University
- Member of the Knowledge Management and Continuing Education Commission of the Tagus University Hospital, Spanish Society of Physical Medicine and Rehabilitation

Dr. Cortijo Garrido, Laura

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Module 1. Musculoskeletal manifestations of systemic pathologies of the elderly (IR, hepatic I, anemia, parathyroid pathology) and other metabolic abnormalities

- 1.1. Microcrystalline Arthropathies: Characteristics
 - 1.1.1. Epidemiology
 - 1.1.2. Pathogenesis
 - 1.1.3. Types
- 1.2. Microcrystalline Arthropathies: Diagnoses
 - 1.2.1. Pathophysiology
 - 1.2.2. Differential Diagnosis
- 1.3. Microcrystalline Arthropathies: Psychotherapeutic treatment
 - 1.3.1. Treatment
 - 1.3.2. Prevention of new episodes
- 1.4. Renal diseases and their musculoskeletal manifestations
 - 1.4.1. Epidemiology
 - 1.4.2. Physiopathogenesis
 - 1.4.3. Treatment
- 1.5. Hepatic diseases and their musculoskeletal manifestations
 - 1.5.1. Musculoskeletal manifestations of HCV
 - 1.5.2. Cryoglobulinemia
- 1.6. Non-Neoplasmic Hematological Diseases and their Musculoskeletal Manifestations
 - 1.6.1. Multiple Myeloma Monoclonal Gammopathy of Uncertain Significance (MGUS)
 - 1.6.2. Hemophilia
- 1.7. Endocrinology diseases and musculoskeletal manifestations
 - 1.7.1. Diabetes Mellitus
 - 1.7.2. Thyroid Disease

- 1.8. Wilson's Disease, Hemochromatosis, Mucopolysaccharidoses
 - 1.8.1. Wilson's Disease: Etiopathogenesis, Clinical Characteristics, Diagnosis and Treatment
 - 1.8.2. Wilson's Disease: Etiopathogenesis, Clinical Characteristics, Diagnosis and Treatment
 - 1.8.3. Wilson's Disease: Etiopathogenesis, Clinical Characteristics, Diagnosis and Treatment
- 1.9. Rheumatic Diseases with Skin Affection: Panniculitis
 - 1.9.1. Epidemiology
 - 1.9.2. Pathophysiology
 - 1.9.3. Treatment
- 1.10. Enteropathic Arthritis
 - 1.10.1. Coeliac Disease
 - 1.10.2. Collagenous Colitis
 - 1.10.3. Whipple's Disease

Module 2. Rheumatic pain in the geriatric patient

- 2.1. Pathophysiology of Pain
 - 2.1.1. The transmission of Pain. The Nociceptors. Inflammatory Mediators
 - 2.1.2. Peripheral Sensitization, Nociceptive Modulation
 - 2.1.3. Pathophysiology of Neuropathic Pain
- 2.2. Anatomy of Pain
 - 2.2.1. Anatomical Substrate of Nociceptive Transmission
- 2.3. Epidemiology of Pain in Geriatric Patients
 - 2.3.1. Factors Involved in Pain
- 2.4. Treatment: "Prevention and Modification of Harmful Habits
 - 2.4.1. Quality of Life Rating Measurements
 - 2.4.2. Evaluation of Function, Cognitive and Psychological Aspects
 - 2.4.3. Prevention of Sedentary Lifestyle and Inactivity. Health education
- 2.5. Non-Pharmacological Treatment: Urban Interventions
 - 2.5.1. Clinical Initial Therapy Evaluation
 - 2.5.2. Health Education and General Recommendations
 - 2.5.3. Symptomatic Treatment Kinesitherapy and Electrotherapy

Structure and Content | 21 tech

- 2.6. Physical Therapy for Degenerative Pathology
 - 2.6.1. Electrotherapy, Kinesiotherapy and Hydrotherapy
 - 2.6.2. Occupational Therapy, Orthotics and Technical Aids
 - 2.6.3. Evidence-Based Medicine
- 2.7. Physical Therapy for Inflammatory Pathology
 - 2.7.1. Physical Therapies and Kinesitherapy
 - 2.7.2. Occupational Therapy, Orthotics and Technical Aids
 - 2.7.3. Evidence-Based Medicine
- 2.8. Medical treatment
 - 2.8.1. Therapeutic Arsenal and its Indications
 - 2.8.2. News in the Clinic
- 2.9. Intervention Techniques in the Geriatric Patient
 - 2.9.1. Axial Interventionism
 - 2.9.2. Periphereal Interventionism
- 2.10. Regenerative Medicine in the Tatment of Pin in the Griatric Ppulation
 - 2.10.1. Platelet Rich Plasma
 - 2.10.2. mesenchymal Stem Cells

Module 3. Most Common Psychological Problems in Geriatric Patients

- 3.1 Comorbidities How do the Affect Treatment?
 - 3.1.1. Polypathology and Pognostic Indexes
 - 3.1.2. Recommendations for the Cinical Mnagement of Ptients with Mltiple Pthologies
- Management of Plypharmacy (Intractions)
 - 3.2.1. Polypharmacy Concept Associated Factors
 - 3.2.2. Pharmacotherapeutic Otimization: Aequacy, Cnciliation, Interactions, Desprescription Treatment
- 3.3. Elderly People Patient Nutrition
 - 3.3.1. Malnutrition in the Elderly. Screening of Nutritional Status
 - 3.3.2. Nutritional Treatment
- 3.4. Rehabilitation in the Elderly Patient
 - 3.4.1. Chronic Diseases and Exercise
 - 3.4.2. Entrenamiento Multicomponente
- 3.5. Vaccination of the Geriatric Patient
 - 3.5.1 General Vaccination Recommendations
 - 3.5.2. Other Vaccines According to Medical Conditions

- 3.6. Treatment Prophylactic of Geriatris Patients
 - 3.6.1. Latent Tuberculosis
 - 3.6.2. Osteoporosis
 - 3.6.3. Repetition Infections
- 3.7. Facilitating Tools for Health Care
 - 3.7.1. Continuity of Care. Integrated Healthcare Processes
 - 3.7.2. Communication Tools: Telephone Consultation, E-consultation, Video Call
- 3.8. Geriatric Nursing in Rheumatology
 - 3.8.1. Pain Assessment in Older Adults with Rheumatological Problems
 - 3.8.2. Frailty in Older Adults
- 3.9. In Rheumatology Study Design
 - 3.9.1. Special Characteristics of a geriatric population
 - 3.9.2. Advantages and Disadvantages of the Different Designs in the Geriatric Population
- 3.10. Data Analysis in Rheumatology
 - 3.10.1. Description of in geriatrics Data
 - 3.10.2. Models of Data Analysis



It delves into electrotherapy, kinesiotherapy and hydrotherapy as therapeutic options in geriatric patients"





tech 24 | Methodology

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

- Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



Methodology | 27 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

tech 28 | Methodology

This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence on the usefulness of learning by observing experts.

The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.









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This program will allow you to obtain your **Postgraduate Diploma in Geriatric Patients Comprehensive Rheumatology Care** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Diploma in Geriatric Patients Comprehensive Rheumatology Care

Modality: online

Duration: 6 months

Accreditation: 18 ECTS



Mr./Ms. _____, with identification document _____ has successfully passed and obtained the title of:

Postgraduate Diploma in Geriatric Patients Comprehensive Rheumatology Care

This is a program of 450 hours of duration equivalent to 18 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024



^{*}Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

health confidence people education information tutors guarantee accreditation teaching institutions technology learning



Postgraduate Diploma Geriatric Patient Comprehensive Rheumatological Care

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- » Duration: 6 months
- » Certificate: TECH Global University
- » Credits: 18 ECTS
- » Schedule: at your own pace
- » Exams: online

