

Postgraduate Diploma

Approaches and Strategies in Integrative Medicine



Postgraduate Diploma Approaches and Strategies in Integrative Medicine

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Global University
- » Credits: 16 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/medicine/postgraduate-diploma/postgraduate-diploma-approaches-strategies-integrative-medicine

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01

Introduction

The approach to chronic patients using integrative medicine is becoming more and more common. This practice bases its treatments on different approaches according to the disease, but it goes beyond purely palliative therapeutic guidelines. Massages, specialized diets, physical activity, acupuncture, aromatherapy, etc. This specialty includes innumerable non-conventional techniques, but which have demonstrated extremely favorable effects in the promotion of health. For this reason, the interest of professionals in this field towards its practice has increased considerably in recent years, which is why TECH has considered it necessary to develop this program. Thus, graduates will find, in a comfortable and flexible 100% online experience, all the information they need to update themselves in the approach to common chronic diseases through the most innovative Integrative Medicine.



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If you are looking for a 100% online course that allows you to balance your professional practice with your knowledge update in integrative medicine, then our program is perfect for you”

Integrative medicine and the use of clinical strategies based on the application of non-invasive natural treatments to manage chronic diseases is an increasingly frequent practice due to the results it has achieved with respect to health promotion. A significant technique known worldwide for its efficacy is Yamamoto craniopuncture (YNSA), designed by the Japanese physician to assess, diagnose and treat various pathologies related to pain and neurological disorders, mainly through the stimulation of various somatotopias. Like this, there are multiple alternative techniques based on natural approaches and strategies to conventional ones.

TECH has developed this comprehensive program for specialists to delve into each of these techniques to update their practice, which includes 400 hours of the best theoretical, practical and additional content designed by physicians versed in integrative medicine. Our students will have access to the most comprehensive and critical information based on advances in the field and therapies that promote health from an alternative point of view, beyond the purely palliative. The program also focuses on the approach to the most common chronic diseases, and on the diagnostic and therapeutic techniques recommended for each of them according to their symptoms. All content is enhanced by the presence of an outstanding international guest conductor. The Masterclasses taught by her will offer students a unique and in-depth perspective on the central themes of the program, thus broadening their understanding and knowledge of Approaches and Strategies in Integrative Medicine.

It is, therefore, a unique opportunity for the professionals to improve their practice through a 100% online academic experience at the forefront of clinical advances, in which you will find, in addition to the syllabus, research articles, complementary readings, news, videos in detail, self-knowledge exercises, dynamic summaries and much more additional material to contextualize each section and to be able to delve into each one of them in a personalized way. Everything will be available in a Virtual Campus, which you will be able to access from any device with internet connection. Our students will not have to worry about schedules or face-to-face classes, as this academic program adapts to their needs.

This **Postgraduate Diploma in Approaches and Strategies in Integrative Medicine** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ Case studies presented by experts in integrative medicine
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Apply to your daily practice the unique approach of an internationally recognized expert in the field of Integrative Medicine and Health"

“

Thanks to this program, you will be able to implement the most innovative and effective strategies in integrative medicine in your practice in just six months”

The program includes in its teaching staff professionals of the sector who pour in this training the experience of their work, the experience of their experience of their work, as well as recognized specialists from reference societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersion education programmed to learn in real situations.

The design of this program focuses on Problem Based Learning, through which the students will try to solve the different situations of professional practice that will be presented to them throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

Would you like to get up to date on current approaches in integrative medicine? This Postgraduate Diploma guarantees you that update.

A program in which you design the course schedule based on the fact that you can access your course whenever you want and through any device with an internet connection.



02 Objectives

Medicine is subject to constant changes according to the continuous research that is carried out every year in order to determine treatments and therapeutic and preventive guidelines that are more and more effective and efficient. For this reason professionals in this field must be continually upgrading their knowledge, in order to always guarantee a service of the highest possible level. Based on this, the objective of this Postgraduate Diploma is, precisely, to facilitate this task by providing them with the most advanced theoretical, practical and additional material that will allow them to get up to date on the latest developments in Integrative Medicine in only 6 months and 100% online.



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If among your goals is to improve your skills in the reduction of oxidative stress through the best biological models, in this program you will find the keys to achieve it in a guaranteed way"



General Objectives

- Gain updated and broad knowledge of the different approaches in integrative medicine
- Gain detailed knowledge of the latest developments in various chronic diseases that can be treated using integrative medicine



By enrolling in this Postgraduate Diploma, you will learn an innovative and effective way to improve your praxis without having to spend hours memorizing long and tedious purely theoretical syllabi"





Specific Objectives

Module 1. Introduction to Integrative Medicine

- ◆ Identify cultural, socioeconomic, and historical factors that shape population health disparities
- ◆ Examine the ways in which integrative practitioners can participate in community-based health programs, identify barriers to access, and develop health resources for underserved populations

Module 2. Approaches and Strategies

- ◆ Define the clinical practice model, contextualized to the individual's health situation and appropriate goal setting
- ◆ Know the different philosophical systems of Integrative Medicine from an anthropological perspective

Module 3. Approach to Frequent Chronic Diseases in Integrative Medicine I

- ◆ Review access to complementary medicine therapies in hospital settings
- ◆ Address the need to bring Integrative Medicine into the Public Health System
- ◆ Reflect the reduction in economic expenditure and improvement in quality of life related to the introduction of IM

03

Course Management

TECH considers it essential to include the best professionals in its teaching staff, so that graduates can keep up to date with the best specialists in the sector. Thus, not only will it be easier for them to upgrade their practice, but they will do so through the vision of experts in the area with a wide and extensive professional experience in the clinical management of chronic diseases through Integrative Medicine. In this way, they can obtain a critical and experiential vision with which, undoubtedly, will be able to implement into their practical strategies the most effective information and techniques in the current clinical sector.





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Not all degrees include the support of a teaching staff of the highest level. That's why (and many more things you'll discover if you enroll) TECH is different and better than the rest”

International Guest Director

Dr. Chiti Parikh is a leading medical figure with an impressive career in **Integrative Medicine**. She began her clinical career at New York Presbyterian Hospital, where she soon rose to the position of **executive director of the Integrative Health and Wellness program**. In this role, Dr. Parikh oversees a team of more than 30 clinical and non-clinical staff members, providing a comprehensive set of services including nutrition, acupuncture, massage, health coaching, psychotherapy, pilates, meditation and yoga. She developed and launched a clinical fellowship in integrative medicine for physicians specializing in family medicine and internal medicine, and incorporated integrative medicine education into the curriculum at Weill Cornell Medicine, in addition to establishing important collaborations with the department of oncology, pain management and palliative care to provide a holistic and compassionate treatment experience.

Dr. Parikh has also played a leading role in promoting awareness of integrative medicine, collaborating with professional societies and making regular contributions to media outlets such as the Dr. Oz Show, NBC News and VICE News. She has demonstrated a **strong commitment to teaching and mentoring**, providing learning and mentorship opportunities for medical students, residents, fellows and physicians interested in learning more about integrative medicine.

Also, it is important to highlight the **international contribution of the Dr.** in the field of human rights. As a volunteer medical evaluator for Physicians for Human Rights, she has conducted forensic medical evaluations for torture victims seeking asylum around the world. In addition, she has volunteered and consulted at the Weill Cornell Center for Human Rights, where she has guided students in conducting medical evaluations and educated them about human rights violations. These important contributions have elevated the relevance of her work in the international arena and reinforce her commitment to justice and human welfare.



Dr. Chiti, Parikh

- ♦ Executive Director, Integrative Health and Wellness at New York Presbyterian Hospital
- ♦ Director of Hospital Medicine at New York Presbyterian Lower Manhattan
- ♦ Executive Director at Weill Cornell Medicine
- ♦ M.D. from Rutgers Robert Wood Johnson Medical School

“

Thanks to TECH you will be able to learn with the best professionals in the world"

Management



Dr. Menassa, Alejandra

- ♦ Head of the Internal Medicine Area and Mental Health Unit at the Integrative Medicine Clinic
- ♦ Head of the Ozone Therapy Area at the Integrative Medicine Clinic
- ♦ Assistant Physician of Internal Medicine at the Emergency Department of the 12 de Octubre University Hospital
- ♦ Member of the Psychoanalytic Medical Team of the Cero Film Group
- ♦ Master's Degree in Evaluation of Bodily and Psychosocial Damage by the European Institute of Health and Social Welfare
- ♦ Expert in Judicial Psychological Assessment by the Alborán Higher Institute of Psychology
- ♦ Expert in Ozone Therapy in Internal Medicine, University of Havana
- ♦ Vice President of the Spanish Society of Integrative Health and Medicine (SESMI)
- ♦ Member of: Spanish Society of Internal Medicine (SEMI)



Dr. Rodríguez Picazo, Pedro

- ♦ Associate Director of the UME Clinic
- ♦ Founding Director of Medintegra
- ♦ Health Coordinator at Colisée
- ♦ Doctorate in Health Sciences from the University of Alicante
- ♦ Diploma in Nursing, Community Health from the University of Alicante
- ♦ University Specialist in Osteopathy, Kinesiology and Acupuncture from the University of Murcia
- ♦ Master's Degree in Advanced Integrative Health and Medicine from TECH Technological University
- ♦ ARPN, Health Services by the European University Miguel de Cervantes
- ♦ Member of: Editorial Board in the Journal Integrative Medicine RS&MI, Board of Directors of the Spanish Society of Integrative Health and Medicine, Member of the European Society of Integrative Medicine and Member of the Society of Integrative Oncology

Professors

Dr. Vargas Sánchez, María José

- ♦ Anesthesiology and Resuscitation Specialist at Synergia MedicalCare
- ♦ Medical Specialist in Anesthesiology at Blue Healthcare
- ♦ Health Coach Specializing in Emotional Management and Wellness at the Willow Foundation
- ♦ Heart Coherence Coach at Heartmath Institute
- ♦ Master in Research and Specialized Treatment of Pain at the University of Valencia
- ♦ Master's Degree in Emergency Medicine at the San Carlos Clinical Hospital
- ♦ Vice President of the Spanish Federation of Reiki
- ♦ Member of: Spanish Society for Integrative Health and Medicine (SESMI)

Ms. Trujillo, Helena

- ♦ Psychologist Specialized in Psychoanalysis Techniques
- ♦ Psychoanalyst in private practice
- ♦ Television director and presenter of scientific and cultural programs for Grupo Cero TV
- ♦ Member of the Clinical Care Department of Grupo Cero
- ♦ Degree in Psychology from the University of Malaga
- ♦ Expert in Criminology by the Andalusian Interuniversity Institute of Criminology. Malaga

Mr. Maudos Martín, Carlos

- ♦ Expert Therapist in Chinese Medicine
- ♦ Therapist in Acupuncture Carlos Maudos Martín
- ♦ Diploma in MORA Bioresonance
- ♦ Kinesiology Course

Ms. Alonso Almela, Marta

- ♦ Nutritionist in an Integrative Medicine Clinic
- ♦ Nutritionist in private professional practice Un Cuerpo Feliz
- ♦ Master's Degree in Food Safety Complutense University of Madrid
- ♦ Degree in Food Science and Technology Autonomous University of Madrid
- ♦ Diploma in Human Nutrition and Dietetics at the University of Almeria and the Active Cell Nutrition Institute
- ♦ Member of the Spanish Association of Dietitians and Nutritionists

Dr. García Pérez-Juana, Daniel

- ♦ Physiotherapist and Nurse
- ♦ Physiotherapist in private practice Daniel Garcia Perez-Juana
- ♦ Assistance Director at IMEDE Clinic
- ♦ Head of the Department of Physiotherapy and Osteopathy at the Integrative Medicine Clinic
- ♦ Doctor in Health Sciences, Pain and Proprioception by the Rey Juan Carlos University
- ♦ Master in Motor Neurocontrol and Physiotherapy by the Rey Juan Carlos University
- ♦ President and Founder of the Spanish Tao Yin Association

Ms. Faulin, Ayla

- ♦ Head of the Department of Clinical Nursing Integrative Medicine
- ♦ Master in Evidence-Based Integrative Nutritional Supplementation by the School of Integrative Health
- ♦ Superior Degree in Natural Therapies with Specialty in Naturopathy at the Royal University Center Escorial-María Cristina
- ♦ Expert in Nutrition Applied to the Clinic by the School of Integrative Health

Dr. Hortal, Luis

- ♦ Family Physician
- ♦ Professor of Health Information Systems and Ultrasound in SERMAS
- ♦ Advanced Diploma in Homeopathy
- ♦ Internship teacher for 5th and 6th year students at the University of Alcalá
- ♦ Family and Community Medicine Resident Tutor DAEste SERMAS

Dr. Lajo Morales, Teresa

- ♦ Endocrinologist at Synergia MedicalCare
- ♦ Endocrinologist at Nuosalud Clinic
- ♦ Head of the Endocrinology Service at the HLA Moncloa University Hospital
- ♦ Medical Specialist in Endocrinology and Nutrition at the La Paz University Hospital
- ♦ Postgraduate Diploma in Bioregulatory Medicine from the University of Alcalá, Spain

Dr. Salgado, Carmen

- ♦ Naturopath, Director and Founder of the Herbarum Natura therapeutic center
- ♦ Member of the Department of Naturopathy of the Philippus Thuban Center for Higher Studies
- ♦ Degree in Pharmacy from the Complutense University of Madrid
- ♦ Degree in Biochemistry and Molecular Biology
- ♦ Postgraduate Diploma in Naturopathy by the University Royal Center of the Escorial-María Cristina
- ♦ Expert in Nutrition and Orthomolecular Medicine by the French Association of Orthomolecular Medicine

Dr. Naranjo, Tomás Álvaro

- ♦ Director of the Center for Integrative Medicine Arjuna Tortosa
- ♦ Collaborating Researcher at the Tortosa Verge de la Cinta Hospital
- ♦ Independent researcher in Bioenergetic, Vibrational and Syntergetic Medicine
- ♦ Medical Specialist in the Pathological Anatomy Service of the HTC Assistance Center
- ♦ Doctor in Pathological Anatomy
- ♦ Degree in Clinical Psychology
- ♦ Member of: International Association of Syntergetics

Dr. González Martín, María del Carmen

- ♦ Medical Director of the Clinica Center
- ♦ Specialist in Orthomolecular and Anti-Aging Medicine at Clinica Center
- ♦ Ph.D. in Infectious Diseases and Microbiology from the University of Granada
- ♦ Master in Active Cellular Nutrition by the French Association of Orthomolecular Medicine
- ♦ Vice President of the Granada Association of Aesthetic Medicine
- ♦ Member of: Spanish Society of Nutrition and Orthomolecular Medicine and International Committee of Experts in Ozone Therapy

Ms. González Íñiguez, Mónica

- ♦ Nurse Expert in Natural Therapies
- ♦ Nurse at the General University Hospital of Elche
- ♦ Acupuncturist in the Vita Nova Clinic
- ♦ President of the Association of Natural and Energetic Therapies
- ♦ University Diploma in Nursing from the University of Alicante

Dr. Rigau, Josepa

- ♦ Immunologist and Specialist at Virtual Clinic MASalud
- ♦ Microimmunotherapist in Virtual Clinic MASalud
- ♦ Medical Specialist in Biological and Genetic Medicine in different institutions
- ♦ Doctor in Medicine and Surgery by Rovira i Virgili University
- ♦ Master in Biological Medicine and Antiaging at the University of Alcalá
- ♦ Master's Degree in Pharmacogenetics, Pharmacogenomics and Personalized Medicine by the University of Barcelona
- ♦ Master in Environmental Medicine by the American Academy of Environmental Medicine President and Founder of the Spanish Association of Microimmunotherapy (AEMI)
- ♦ Member of: European Laser Association; Spanish Society of Surgical Medical Laser (SELMQ), Spanish Society of Anti-Aging and Longevity Medicine (SEMAL) and Spanish Society of Integrative Health and Medicine (SESMI)

Dr. De la Puerta, Lola

- ♦ Director and Physician of a private practice of Integrative Medicine and Antiaging
- ♦ Medical Consultant of Cobas Laboratory
- ♦ Medical Committee Specialist at the Institute of Microecology
- ♦ Master in Biological Medicine and Antiaging at the University of Alcalá
- ♦ Scientific member of the Spanish Society of Probiotics and Prebiotics
- ♦ Member of: Spanish Society of Anti-Aging and Longevity Medicine, Spanish Society of Integrative Medicine, Spanish Society of Biological and Anti-Aging Medicine, Spanish Society of Cosmetic Medicine and Surgery and Association of Microbiological Therapy



D. Moltó, Juan Pablo

- ♦ Managing Director of the International Institute of Scientific Acupuncture and Psychoneuroacupuncture
- ♦ Principal Investigator of the International Institute of Scientific Acupuncture and Health Sciences
- ♦ Founding Member of the General Council of the College of Naturopathic Physicians of Spain
- ♦ Diploma in Traditional Chinese Medicine
- ♦ Diploma in Naturopathy
- ♦ Diploma in Homeopathy by the Royal University Center Escorial-Maria Cristina

Dr. Esmel, Neus

- ♦ Director of Esmel Terapias Center
- ♦ Nurse at the Vall d'Hebron Barcelona Hospital Campus
- ♦ Nurse at the University Hospital of Bellvitge
- ♦ Oncology Nurse at the Duran i Reynals Hospital
- ♦ Nurse at the Germans Trias i Pujol University Hospital
- ♦ Nurse at the Hospital Lluís Alcanyís
- ♦ Doctor in Nursing Sciences, Rovira i Virgili University
- ♦ Member of: Spanish Society of Internal Medicine

Dr. Yanguas Pol, José

- ♦ Homeopath and Businessman of Orthopedic Materials
- ♦ Superior Technician in Orthoprosthesis in the private center of primary and secondary education CEBAT. Muchamiel, Alicante
- ♦ Diploma of Homeopathy CEDH at the Illustrious Official College of Physicians
- ♦ Degree in Pharmacy from the University of Granada

Dr. Díaz Díez, Camino

- ♦ Director of Private Practice Dr. Camino Diaz
- ♦ Blue Healthcare Medical Coordinator
- ♦ Reebok Sports Club Health Department Physician
- ♦ Head of the Homeopathy Department of the Integrative Medicine Clinic
- ♦ Collaborator of the Oncology Unit at the La Moraleja University Hospital
- ♦ Specialist Physician at the Homeopathic Institute and San José University Hospital
- ♦ Member of: Spanish Society of General Medicine and Spanish Society of Integrative Health and Medicine
- ♦ Master in Supplementation and Nutrition by CEU Cardenal Herrera University

D. Serrano Gandía, Juan

- ♦ Executive Technical Project Manager at the company Dietéticos Intersa
- ♦ Analyst Biologist at the Valencian Institute of Oncology Foundation
- ♦ Degree in Biological Sciences, Specialized in Biochemistry and Molecular Biology from the University of Valencia
- ♦ Member of: Vice President of the Spanish Society of Integrative Health and Medicine and Spanish Society of Phytotherapy

Dr. Verdaguer, Xevi

- ♦ Director of the Institute of Psychoneuroimmunology Xevi Verdaguer
- ♦ Specialist in Psychoneuroimmunology, Acupuncture and Hypnosis by various educational centers
- ♦ Graduate in Physiotherapy from the Catholic University San Antonio of Murcia (UCAM)
- ♦ Degree in Human Nutrition and Dietetics at the University Isabel I
- ♦ Diploma in Physiotherapy from Gimbernat University School

Dr. Gelfo, Judith

- ♦ Dentist and Kinesiologist
- ♦ Director of the Holistic Dentistry Center
- ♦ Homeopathic Dentist at Virtual Clinic MASalud
- ♦ Degree in Dentistry from the National University of Cordoba. Argentina
- ♦ Graduated in Occlusion and Posture in Kinesiological Key by the University of Palermo. Italy
- ♦ Vice-president and founder of the Spanish Society of Medical Dental Kinesiology
- ♦ Member of: Dentoshopia-GEODA Foundation

Ms. Barrena Uriarte, María José

- ♦ Biochemist Specializing in the Health Care Field
- ♦ Founder and director of Intermedical Solutions
- ♦ Quality Director at Policlínica Guipúzcoa
- ♦ Hospital Quality Management Consultant at GF Consulting
- ♦ Clinical Immunologist in Policlínica Guipúzcoa
- ♦ Responsible and collaborator in research projects
- ♦ Degree in Biology from the Complutense University of Madrid

Dr. Ibáñez Ruiz, Esther

- ♦ Specialist in General and Digestive Surgery Expert in Integrative Oncology
- ♦ Physician at the Integrative Medicine Clinic Dra. Esther Ibáñez
- ♦ Family Physician and Pediatrician in several hospitals
- ♦ President of the Spanish Society of Integrative Medicine
- ♦ Lecturer in postgraduate studies of Integrative Oncology
- ♦ Master's Degree in Chinese Medicine and Acupuncture

Ms. García Alonso, Marisa

- ♦ Pharmacist Expert in Clinical Analyses and Natural Treatments
- ♦ Director of the Clinical Analysis Laboratory at the Santa Elena Clinic
- ♦ General Manager of Estudios Analíticos Aplicados a la Clínica, S.L
- ♦ Manager of Laboratorios Reunidos SL
- ♦ Head Pharmacist at Estación de Atocha Pharmacy
- ♦ Graduate in Pharmacy from the Complutense University of Madrid
- ♦ Master's Degree in Drug Addiction
- ♦ Specialist in Clinical Analysis by the Complutense University of Madrid

Dr. Muñoz Calero, Pilar

- ♦ President and Director of the Alborada Foundation of Environmental Medicine
- ♦ Collaborator of the Breakspear Medical Group. United Kingdom
- ♦ Co-director of the Extraordinary Chair of Pathology and Environment of the Complutense University of Madrid
- ♦ Numerary member of the Illustrious Ramón y Cajal Academy of Health Sciences
- ♦ Member of: American Academy of Environmental Medicine, Spanish Society for Precision Health, International Society against Lyme Disease and other associated pathologies

Dr. Benito de la Torre, Susana

- ♦ Doctor specialized in Rehabilitation and Physical Medicine
- ♦ Rehabilitation Physician at the Locomotor System Clinic of the Infanta Leonor Hospital
- ♦ Rehabilitation physician at the Carlos III Hospital
- ♦ Instructor of online coaching courses

Mr. Guirado Aguirre, Fernando

- ♦ Biometrist and Hematographic Researcher
- ♦ Hematographic Researcher
- ♦ Therapist in private consultations
- ♦ President of the Holistic Hematographic Institute
- ♦ ATS in Nursing
- ♦ Master in Quantum Scio
- ♦ Diploma in Naturopathy

Dr. Navarro, Carmen

- ♦ Medical Director, GAIA clinic
- ♦ Consultation specialized in Environmental Medicine: SQM, SFC, Fibromyalgia and chronic bacterial and viral infectious diseases
- ♦ Degree in Medicine and Surgery from the University of Granada
- ♦ Expert in Micronutrition and Diet Therapy from the University of Almeria
- ♦ Master's Degree in Integrative and Humanist Medicine

Dr. González Lozón, Belén

- ♦ Specialist in Family and Community Medicine Expert in Psychoneuroimmunology
- ♦ Expert in Nutrition and Integrative Medicine at the San Fernando Medical Center
- ♦ Expert Physician in Nutrition and Integrative Medicine at Varoa Clinic
- ♦ Clinical Manager in Private Practice of Psychoneuroimmunology
- ♦ Lecturer in postgraduate studies in Integrative Medicine
- ♦ Master in Clinical Psychoneuroimmunology by the Pontifical University of Salamanca

Dr. Mejía Viana, Sergio

- ♦ Cardiologist Specializing in Integrative Therapies
- ♦ Coordinator of the COVID-19 ward at the Viamed Virgen de la Paloma Hospital
- ♦ Interventional Cardiologist in Cardio Care at the High Care Hospital in Marbella and at the CHIP Hospital in Malaga
- ♦ Consultant in Cardiology at Saint Bernard's Hospital
- ♦ Director of the Hemodynamics Laboratory at the Heart Institute at the Vithas Xanit International Hospital
- ♦ Member of: European Society of Cardiology, Spanish Society of Cardiology, Spanish Society of Integrative Health and Medicine, Spanish Federation of Integrative Medicine, Spanish Association and Ozone Therapy Professionals

Dr. Mendes Moreira, Ana Cristina

- ♦ General and Clinical Director of the Center for Integrative Medicine Dr. Ana Moreira
- ♦ President of the Spanish Society of Integrative Medicine
- ♦ Vice President of the Portuguese Society of Ozone Therapy
- ♦ Master in Biological Medicine and Antiaging at the University of Alcalá
- ♦ Member of: Member of the Executive Committee of the European Society of Integrative Medicine

Ms. García Sabaté, Carolina

- ♦ Biochemist Expert in Microbiome
- ♦ Head of the Advanced Molecular Biology Techniques Laboratory at Teletest Laboratory
- ♦ Speaker at the International Congress of the Spanish Society of Nutrition and Orthomolecular Medicine
- ♦ Graduate in Biochemistry from the University of Barcelona

Dr. Cruz Tabuenca, Héctor

- ♦ Physician specialized in Neurology
- ♦ Neurologist in the Health Consortium of Terrassa
- ♦ Neurologist at the Zaragoza Clinical Hospital
- ♦ Neurologist at the Vic Hospital Consortium
- ♦ Homeopath at the María Family Health Center
- ♦ Author of several scientific articles
- ♦ Speaker at congresses related to Homeopathy
- ♦ Master's Degree in Homeopathy by AMHB

Ms. Masllorens, Laia

- ♦ Nurse Expert in Integrative Health
- ♦ Co-founder and Deputy Director of the Institute of Integrative and Conscious Health
- ♦ Integrative Nurse at the Omega Zeta Clinic
- ♦ Integrative Nurse at Osteo9
- ♦ Graduate in Nursing from the University of Barcelona
- ♦ Master's Degree in Naturopathic Medicine and Nursing from the University of Barcelona
- ♦ Postgraduate in Surgical Nursing from the Autonomous University of Barcelona

Dr. Romero, Carolina

- ♦ Director of the Mind-Body Therapy Center of the Canary Islands
- ♦ In charge of the Mind-Body Department in the Integrative Health program at San Roque Hospitals
- ♦ Joint author of a book on integrative oncology
- ♦ Art therapist, teacher of Samatha -Vipassana and therapeutic Yoga
- ♦ Trained in Tibetan Yoga, Dream Yoga and the Bardo
- ♦ Doctor of Clinical Psychology (Neuromodulation to reduce pain)
- ♦ Postgraduate degree in Neuropsychology and Education
- ♦ Postgraduate degree in Family Intervention and Mediation
- ♦ Member of: Spanish Society of Integrative Health and Medicine (SESMI)

Dr. Portales, Sergio

- ♦ Integrative Physician in Private Practice
- ♦ Former president of the Matritense Hahnemannian Society
- ♦ Degree in Medicine and Surgery from the National University of Mexico and the University of Alcalá
- ♦ Specialist in Intensive Care Medicine
- ♦ Diploma in Acupuncture
- ♦ Former Professor of Medical Physiology
- ♦ Diploma in Gestalt Psychotherapy



Ms. Alonso Moreno, Mar

- ♦ Therapeutic expert in Naturopathic Biological Methods
- ♦ Integrative Health Therapist Satva
- ♦ Advisor and coordinator of Synergia Medical Care
- ♦ Speaker at Integrative Medicine congresses
- ♦ Lecturer in Integrative Health programs
- ♦ Specialist in Quantum Biophysics
- ♦ Trained in Environmental Medicine by the AAMA

Dr. Aldana Martínez, Natalia Sofia

- ♦ Medical Specialist in Alternative Medicine and Integral Medicine
- ♦ Consultant at the Ministry of Health and Social Protection of Colombia
- ♦ Coordinator of the Academy of Integrative Health & Medicine
- ♦ Medical Specialist in Alternative, Complementary and Integrative Medicine in Kailash Medicine
- ♦ Medical Specialist in Alternative Medicine at Medicina de Oriente Hospital
- ♦ Medical Specialist in Alternative Medicine at Tunjuelito Hospital
- ♦ Medical Specialist at the ESE Hospital Nazareth Hospital
- ♦ General Editor of the Virtual Health Library on Traditional, Complementary and Integrative Medicine of the Americas
- ♦ Degree in Medicine and Surgery from the Industrial University of Santander
- ♦ Specialist in Alternative Therapies (Acupuncture and Oriental Medicine) from Manuela Beltrán University
- ♦ Master in Alternative Medicine Homeopathy at the National University of Colombia
- ♦ Member of: the MTCI Americas network

Dr. Díaz Sáez, Gualberto

- ♦ Specialist in Family and Community Medicine
- ♦ Homeopathic Physician and Integrative Oncologist at Conde Orgaz and Pinar Medical Center
- ♦ Researcher at Servier Laboratories and at the Medical Department of Boiron Laboratories
- ♦ Lecturer in courses and seminars related to Homeopathy
- ♦ Regular speaker at Homeopathy and Integrative Medicine Congresses
- ♦ Editorial advisor and technical advisor in the scientific publishing house Amazing Books
- ♦ Member of the Board of Directors and the Scientific Committee of the Spanish Society of Homeopathic Physicians
- ♦ Doctor in Biotechnology, Medicine and Biosanitary Sciences by the University Francisco de Vitoria

Dr. Hernández Niño, Leonardo

- ♦ Medical Surgeon Expert in Alternative Therapies
- ♦ Physician in the San Luis Medical-Surgical Unit
- ♦ Physician at Heraz Holistic Medicine
- ♦ Physician in private practice
- ♦ Director of the Research Department of Magnofarma Lab
- ♦ Lecturer in university programs related to Alternative Medicine
- ♦ Diploma in Homotoxicology and Biological Medicine from El Bosque University
- ♦ Diploma in Acupuncture and Moxibustion from El Bosque University

Ms. Blázquez, Elisa

- ♦ Clinical nutritionist and communicator
- ♦ Responsible for the Nutrition and Dietetics Department at IQtra Clinic Advanced Medicine
- ♦ Regular contributor to newspapers and magazines
- ♦ Nutritional communicator through YouTube
- ♦ Author of the book Integrative Diet, the diet your health needs
- ♦ Graduate in Human Nutrition and Dietetics from the Complutense University of Madrid
- ♦ Specialized in Immunonutrition

Dr. Fernández Barrera, Valle

- ♦ Doctor Expert in Integrative Medicine
- ♦ Integrative Physician at the Valle Fernández Clinic
- ♦ Family Doctor in Health and Emergency Centers
- ♦ Director of Los Almendrales Medical Center
- ♦ Master in Integrative and Humanistic Medicine by Lineo Institute ASEPROIM
- ♦ Expert in Immunonutrition by the Catholic University of Valencia

Dr. García Gutiérrez, Rosario

- ♦ Specialist in Family and Community Medicine Expert in Antiaging and Aesthetic Medicine
- ♦ Director of the Vitaelia Clinic
- ♦ Medical Manager of the Ozone Therapy and Biological Serotherapy Unit at SHA Wellness Clinic
- ♦ Physician in private practices
- ♦ Master's Degree in Biological Medicine and Anti-Aging from the CEU Cardenal Herrera University
- ♦ Master in Advanced Techniques in Aesthetic Medicine, CEU Cardenal Herrera University

Mr. Bogeat, Julio

- ♦ Clinical Psychologist specializing in Ericksonian Hypnosis
- ♦ Psychotherapist in private practice
- ♦ Consultant for different public and private entities, especially in the health sector
- ♦ Expert collaborator of the National Federation of Associations for the Fight Against Kidney Diseases
- ♦ Collaborator on the Foundation for the Development of Consciousness
- ♦ Graduate in Clinical Psychology from CEU San Pablo University

Mr. Díaz Sáez, Arístides

- ♦ Complementary therapist expert in Family Constellations

Ms. Daza, Beatriz

- ♦ Nurse Specialized in Traditional Chinese Medicine
- ♦ Acupuncturist in Traditional Chinese Medicine in the Medizen Clinic
- ♦ Freelance Nurse at residence
- ♦ Nurse Practitioner at the Sanitas Hospital Corporation
- ♦ Nurse at the Integrative Medicine Clinic
- ♦ Master in Palliative Care by the University Camilo Jose Cela
- ♦ Advanced Technician in Traditional Chinese Medicine by the European Foundation of Traditional Chinese Medicine
- ♦ Organizational Secretary of the Spanish Society of Integrative Health and Medicine
- ♦ Member of: Association of Health Acupuncturists

Dr. García, Isabel

- ♦ Endocrinologist and Integrative Nutritionist
- ♦ Specialist at the Institute of Integrative and Conscious Health
- ♦ Integrative Doctor at Osteo9
- ♦ Nutritional Coaching at Omega Zeta Clinic
- ♦ Assistant Doctor of Endocrinology at the Centre Mèdic Castelldefels
- ♦ Assistant Doctor of Endocrinology at the Catalan Institute of Endocrinology
- ♦ Master in Naturopathy and ISMET

Dr. Giralt, Isabel

- ♦ President of the Spanish Society of Integrative Health and Medicine
- ♦ Director of the Acupuncture Unit, Clínica Universitaria Dexeus
- ♦ Founder of the clinic of Acupuncture and Natural Medicine ENERGIMED SL
- ♦ Editor of the International Journal of Acupuncture
- ♦ Master's Degree in Acupuncture from the University of Lleida
- ♦ President of the section of acupuncture doctors of the Official College of Doctors of Barcelona
- ♦ Member of: International Council of Medical Acupuncture, European Society of Integrative Medicine

Dr. Mestres Sales, Josep Maria

- ♦ Angiologist and Vascular Surgeon at the Sagrada Familia Clinic
- ♦ Attending Physician at Hospital de la Santa Creu i Sant Pau
- ♦ Consultant II of the Angiology and Vascular Surgery Service at the Santa Creu i Sant Pau Hospital
- ♦ Founder and Secretary of the Catalan Foundation for the study of Vascular Disorders
- ♦ Member of: Catalan Society of Angiology and Vascular Surgery, Spanish Society of Angiology and Vascular Surgery, Spanish Society of Radiology, International Society for Endovascular Surgery, European Venous Forum
- ♦ Experimental Master in Pharmacological Sciences, University of Barcelona
- ♦ Expert in Dietetics and Nutrition from the Catholic University San Antonio of Murcia

D. Domínguez Iglesias, Jesús

- ♦ Physiotherapist Expert in Osteopathy and Naturopathy
- ♦ Director of Gheos Proyecto Natural SL
- ♦ Author of the Mi ayunobook
- ♦ Speaker at various medical congresses
- ♦ Master's Degree in Human Physiology from the University of Barcelona
- ♦ Expert in Hair Mineral Analysis

Dr. Sabater Tobella, Juan

- ♦ Researcher specializing in Genomic Medicine and metabolopathies
- ♦ President of honor of the Royal Academy of Pharmacies of Catalonia
- ♦ President of EUGENOMIC
- ♦ Director of the first center in Spain that focuses on researching and diagnosing metabolic diseases: Institute of Clinical Biochemistry
- ♦ Implementation of the first provincial program for the early detection of Phenylketonuria and other metabolopathies
- ♦ Biochemistry Professor at the Faculty of Medicine of the Autonomous University of Barcelona
- ♦ PhD in Pharmacy from the University of Barcelona
- ♦ Degree in Pharmacy from the University of Barcelona
- ♦ Member of: Royal Academy of Medicine of Catalonia, Royal National Academy of Medicine, of the Institute of Spain, Royal Academy of Pharmacy of Catalonia

Mr. Fernández, Tomás

- ♦ Naturopathic Nurse
- ♦ Nurse in hospitals and public primary care centers
- ♦ Director of the Department of Naturopathic Nursing in the Official College of Nursing. Zaragoza, Spain
- ♦ President of the Association of Naturopathic Nursing of Zaragoza (ASENZAR)
- ♦ Lecturer in University Nursing Studies
- ♦ Nurses Degree, University of Zaragoza
- ♦ Postgraduate degree in Naturopathic Medicine and Surgery from the University of Zaragoza

Dr. Sánchez Suárez, Sergio Luis

- ♦ President of the Spanish Federation of Health Professionals for Integrative Medicine (FESMEDI)
- ♦ Medical Specialist in Integrative Medicine and Health in the Canary Islands Biomedicine
- ♦ Medical Doctor by the University of Las Palmas de Gran Canaria
- ♦ Degree in Medicine from the University of La Laguna
- ♦ Master's Degree in Nutrition, University of Las Palmas of Gran Canaria
- ♦ Master's Degree in Neurosciences and Behavioral Biology, Pablo de Olavide University
- ♦ Diploma in Homeopathic Medicine from the Homeopathic Medical School of Argentina Tomás Pablo Paschero
- ♦ Diploma in Global Postural Re-Education (GPR) from the University of Manual Therapies of Saint-Mont. France
- ♦ Trained in Micro-Immunotherapy by the 3IDI Institute
- ♦ Diploma in Vodder Manual Lymphatic Drainage by the Association for the Promotion of Vodder Manual Lymphatic Drainage. Spain

Dr. Martin, Santos

- ♦ Specialist in Oncology and Family Medicine
- ♦ Doctorate at the University of Tübingen (Germany)
- ♦ Degree in Medicine and Surgery at the Faculty of Valencia
- ♦ Specialization studies in oncology in Switzerland and Germany
- ♦ Master in Homeopathy, Environmental Medicine, Natural Medicine and Ozone Therapy
- ♦ Professor in university masters in the faculties of Valencia, Barcelona, Granada and Madrid
- ♦ Speaker at national, European and world congresses
- ♦ Member of: The European Hyperthermia Society and the German Oncological Society

Dr. Morales Martín, Carlos

- ♦ Private Practice Physician associated with the Institute of Active Cellular Nutrition
- ♦ Medical Director of Ser Integral Integrative Health
- ♦ Attending Physician in FREMAP, Mutua UMIVALE and Cruz Blanca EPS
- ♦ Director of the Local Unit of Garagoa and Boyacá for the National Institute of Legal Medicine and Forensic Sciences. Colombia
- ♦ Master in Cellular Nutrition by San Pablo CEU University Foundation
- ♦ University Specialist in Nutrigenomics and Anti-Aging

Mr. Almodóvar Navalón, Francisco

- ♦ Lawyer specialized in Health Law
- ♦ Co-founder of the Law Firm Almodóvar & Jara
- ♦ Coordinator of the Legal Teams of Bufete Almodóvar & Jara
- ♦ Responsible for Management and Development of Bufete RAM
- ♦ Author of the book "El dato personal terapeutico"(Therapeutic Personal Data)
- ♦ Co-author of several monographs and articles on legal issues related to health rights
- ♦ Regular speaker at conferences, courses and congresses related to Pharmaceutical and Health Law
- ♦ Collaborator of European Pharmaceutical Law Group
- ♦ Law Degree from the Complutense University of Madrid
- ♦ Master in New Technologies Law

Dr. Matute, Ruth

- ♦ Biochemist and molecular biologist expert in Nutrigenomics
- ♦ Biochemist at ADNLife
- ♦ Speaker in several courses related to Nutritional Genomics
- ♦ PhD in Biochemistry and Molecular Biology
- ♦ Degree in Biochemistry and Molecular Biology
- ♦ Expert in Genomics and Precision Medicine, University of California
- ♦ Expert in Epigenetics and Control of Gene Expression, University of Melbourne
- ♦ Expert in Clinical Nutrition, University of California

Dr. Vinyes Casajoana, David

- ♦ Medical Specialist in Neurology
- ♦ Medical Director at the Institute of Neural Therapy and Regulatory Medicine. Barcelona
- ♦ Training teacher of Neural Therapy courses in Europe and America
- ♦ Master in Neurosciences by the Autonomous University of Barcelona
- ♦ Master in Anthropology of Medicine by the University of Tarragona
- ♦ Degree in Medicine and Surgery from the Autonomous University of Barcelona
- ♦ Training in Neural Therapy at CIMA in Colombia
- ♦ Speaker at several national and international congresses on Neural Therapy, Craniofacial and Oral Pain, and Gynecology
- ♦ Member of the Ethical and Scientific Commission of the International Federation of Medical Associations of Neural Therapy and Honorary Member of the Medical Societies of Neural Therapy of Austria, Italy, Portugal, Colombia and Ecuador





Dr. Pellicer Sabadí, Cristina

- ♦ Medical Specialist in Integrative Medicine
- ♦ Teacher in different Integrative Medicine courses
- ♦ Medical Trainer in Thoracic Surgery
- ♦ Degree in Medicine and Surgery, Autonomous University of Barcelona
- ♦ Master's Degree in Clinical Oncology from the University of the Basque Country/Euskal Herriko Unibertsitatea (UPV/EHU)
- ♦ Master's Degree in Clinical Psychoneuroimmunology from the University of Salamanca
- ♦ Trained in multiple health and complementary disciplines

Dr. Crespo de la Rosa, Juan Carlos

- ♦ Expert Physician and Researcher in Integrative Medicine and Health
- ♦ General Practitioner in Private Practice
- ♦ Author of 4 books and 150 scientific articles published in national and international journals
- ♦ Lecturer in postgraduate university studies
- ♦ President of the Spanish Society of Integrative Medicine Diploma in Manual
- ♦ Director of the Institute of Integrative Medical Revitalization
- ♦ Regular speaker at Integrative Medicine and Health Congresses
- ♦ Doctor in Medicine and Surgery by the University of Seville

04

Structure and Content

Medical professionals have very little time to keep up with all the advances made in their respective specialties. Course must, therefore, be dynamic and innovative so they can update their practice without investing extra hours in purely theoretical content. This is precisely the main feature of this Postgraduate Diploma, which has been developed based on the most innovative pedagogical strategy, Relearning, and whose curriculum includes dozens of diverse and multidisciplinary additional material so that you can work on improving your skills while learning about the latest developments in your profession.



“

One of the most noteworthy sections on the program is the use of Yamamoto YNSA cranial acupuncture, an innovative technique to treat chronic sensorineural deafness”

Module 1. Introduction to Integrative Medicine

- 1.1. History of Integrative Medicine
 - 1.1.1. History of Integrative Medicine
- 1.2. Foundations and Indications
 - 1.2.1. Foundations of Integrative Medicine
 - 1.2.2. Indications
- 1.3. How to Develop a Health Plan for the Patient?
 - 1.3.1. The Health Plan: How to Develop It?
- 1.4. The Sociology of Health
 - 1.4.1. Aspects of the Social Macrosystem that Affect Human Health
 - 1.4.2. Social Aspects that Impact Access to the System
 - 1.4.3. Limitations to Practicing Integrative Medicine
- 1.5. Medical History and Comprehensive Evaluation of the Person
 - 1.5.1. Medical History from the IM's Perspective
 - 1.5.2. Comprehensive Assessment: Objectives and Results
- 1.6. Integrative Approach from a Social Work Perspective
 - 1.6.1. Social Work and the IM
 - 1.6.2. Integrative Approach from a Foundation of Social Work
- 1.7. Biological and Psychological stages in Humans. Age-Related Developmental Aspects
 - 1.7.1. Biological and Psychological stages in Humans
 - 1.7.2. Age-Related Developmental Aspects

Module 2. Approaches and Strategies

- 2.1. Biological Model
 - 2.1.1. The Interrelation of Physiological Systems
 - 2.1.2. Mitochondrial Physiology and Dysfunction
 - 2.1.3. Chronic Inflammation and Mucosal Permeability Syndromes
 - 2.1.4. Implication of Immune System Disorders in Chronic Pathologies
 - 2.1.4.1. Autoimmunity
 - 2.1.5. The Role of Oxidative Stress
 - 2.1.6. Microbiota
 - 2.1.7. The Physiology of Detoxification





- 2.2. Systemic Approach
 - 2.2.1. Gestalt
 - 2.2.2. Transgenerational
- 2.3. Psychoanalytical Approach
- 2.4. Cosmogony of Oriental Medicine
 - 2.4.1. Anthropological and Philosophical Aspects
 - 2.4.1.1. Kinanthropometry and Relationship with Kinetic Chains
 - 2.4.2. Acupoints from Human Embryology
 - 2.4.3. Scientific Foundations of Contemporary Acupuncture
 - 2.4.4. Microsystems
 - 2.4.4.1. Foot Reflexology
 - 2.4.4.2. Auricular Reflex Zone Technique
 - 2.4.4.3. Other Disciplines (Yamamoto Cranial Acupuncture YNSA)
- 2.5. Constitutional Imago, Archetype and Diathesis

Module 3. Approach to Frequent Chronic Diseases in Integrative Medicine I

- 3.1. Environmental Illnesses
 - 3.1.1. Fibromyalgia
 - 3.1.2. Chronic Fatigue
 - 3.1.3. Electrosensitivity
 - 3.1.4. Multiple Chemical Sensitivity
- 3.2. Dermatology
- 3.3. Digestive System
 - 3.3.1. Gastritis
 - 3.3.2. Liver Diseases
 - 3.3.3. Celiac Disease in Adults
- 3.4. Respiratory System
 - 3.4.1. Asthma
 - 3.4.2. Allergy
 - 3.4.3. COPD
- 3.5. Neurology
 - 3.5.1. Migraines
 - 3.5.2. Epilepsy
 - 3.5.3. CVA
- 3.5.4. Peripheral Neuropathies

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





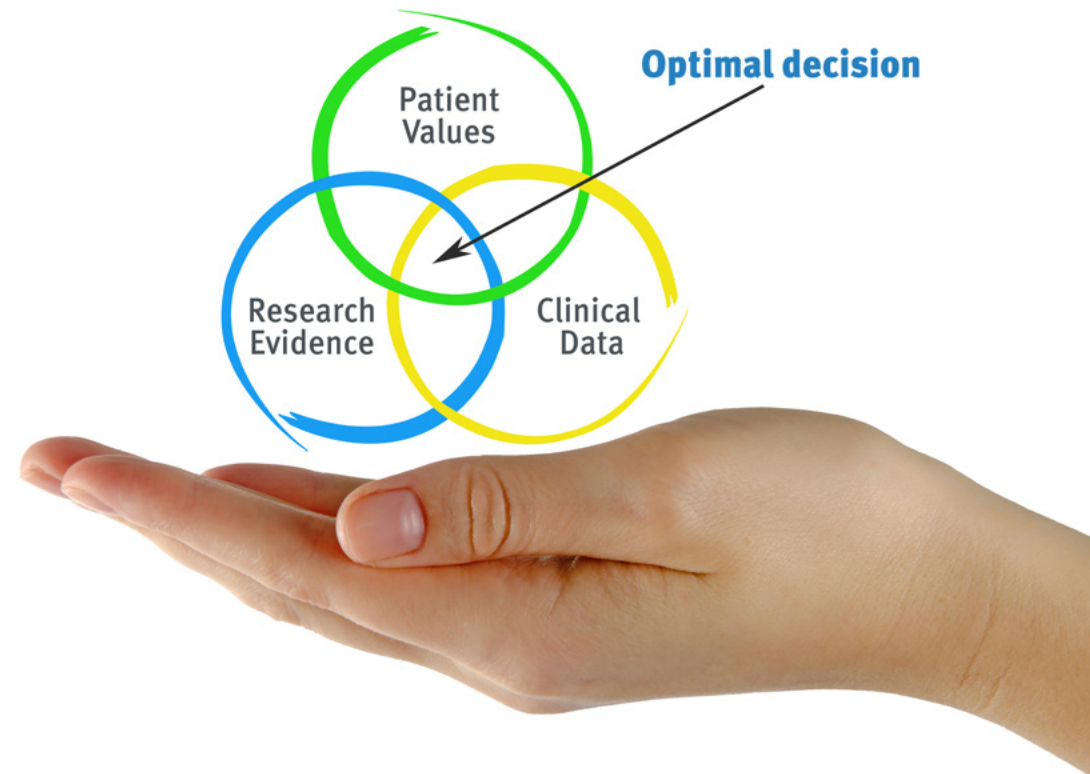
“

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

“

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Diploma in Approaches and Strategies in Integrative Medicine guarantees students, in addition to the most accurate and up-to-date education, access to a Postgraduate Diploma certificate issued by TECH Global University.



“

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This private qualification will allow you to obtain a **Postgraduate Diploma in Approaches and Strategies in Integrative Medicine** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Diploma in Approaches and Strategies in Integrative Medicine**

Modality: **online**

Duration: **6 months**

Accreditation: **16 ECTS**



*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development languages
virtual classroom



Postgraduate Diploma Approaches and Strategies in Integrative Medicine

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Global University
- » Credits: 16 ECTS
- » Schedule: at your own pace
- » Exams: online

Postgraduate Diploma

Approaches and Strategies in Integrative Medicine

