## Postgraduate Diploma Anesthesia and Critical Care





**Postgraduate Diploma** Anesthesia and Critical Care

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Technological University
- » Dedication: 8h/week
- » Schedule: at your own pace
- » Exams: online

We bsite: www.techtitute.com/in/medicine/postgraduate-diploma/postgraduate-diploma-anesthesia-critical-care

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## 01 Introduction

The evolution anesthesiology toward the concept of perioperative medicine has demanded a greater professional involvement in critical patient management, especially surgical patients, but also in the case of patients with medical pathology. This Postgraduate Diploma is designed to facilitate updating knowledge and work methodologies in critical patient units.

Keeping up to date on anesthesia procedures in critical care is key to providing better patient care.

New scenarios in anesthesia procedures motivate us to propose new training programs that meet the real needs of experienced professionals, so that they can incorporate advances in anesthesia in critically ill patients into their medical practice"

## tech 06 | Introduction

This Postgraduate Diploma addresses the advances in clinical practice in the last decade, including major clinical syndromes in critical care, as well as new developments in neurological and hemodynamic monitoring procedures, new ventilation and lung protection strategies, ventricular assistance with significant future projection, nutritional aspects of critically ill patients, programs aimed at achieving "Zero bacteremia", the management of severe bleeding, as well as the integral approach to polytraumatized patients, severe burn patients, patients undergoing transplantation (liver, heart, lung, kidney), and donor maintenance.

The complexity of Critical Care Medicine translates into great variability in the medical and surgical management of critically ill patients. For this reason, there is an interest and a need to increase knowledge, analysis, and intervention in the field of Critical Care Medicine, making scientific evidence the main pillar of clinical practice.

This program aims to update the knowledge and methods used in critical care units, and is intended for specialists who are interested in deepening their medical knowledge in order to contribute quality and safety to improving patient health. This **Postgraduate Diploma in Anesthesia and Critical Care** is the most complete and up-to-date scientific program on the market. The most important features of the program include:

- Clinical cases presented by specialists in anesthesiology and other areas. The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice.
- Real high-resolution images of pathologies, diagnostic imaging tests and guided procedures.
- Presentation of practical workshops on procedures and techniques.
- Algorithm-based interactive learning system for decision-making in the presented clinical situations.
- \* Action protocols with the most important advances in the specialty.
- All this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments.
- With a special emphasis on evidence-based medicine and research methodologies in anesthesiology.
- Content that is accessible from any fixed or portable device with an Internet connection.

You will be able to learn, through the latest educational technology, the latest advances in anesthesia procedures in critical care units"

### Introduction | 07 tech

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This Postgraduate Diploma may be the best investment you can make when choosing a refresher program for two reasons: in addition to updating your knowledge of Anesthesia and Critical Care, you will obtain a qualification from TECH Technological University"

The teaching staff is made up of a team of leading anesthesiologists, who bring to this training the experience of their work, in addition to recognized specialists in other medical areas.

The multimedia content developed with the latest educational technology will provide the physician with situated and contextual learning, i.e., a simulated environment that will provide immersive training programmed to train in real situations.

This program is designed around Problem Based Learning, whereby the student must try to solve the different professional practice situations that arise during the course. For this reason, you will be assisted by an innovative, interactive video system created by renowned and experienced experts in the field of anesthesiology and critical care with extensive teaching experience. Incorporate the latest developments in anesthesia and critical care to your medical practice and improve patient prognosis.

> It includes real clinical cases to bring medical practice as close as possible to the development of the program.

# 02 **Objectives**

The main objective is to facilitate the incorporation of advances in anesthesia procedures in critically ill patients, so that specialists can update their knowledge in a practical way, using the latest educational technology and adapting the educational process to their real needs.

This refresher program will generate a sense of confidence in decision making during anesthesia procedures for critically ill patients, and will help you grow professionally"

## tech 10 | Objectives



### **General Objective**

• Update specialist physicians on the procedures and techniques performed in anesthesia for critical patients, incorporating the latest advances to increase the quality of their daily medical practice and improve patient prognosis.



#### **Specific Objectives**

- Review advances in neuroprotection and comprehensive brain monitoring.
- Incorporate advances patient management in cases of severe TBI.
- Update the modalities of invasive and non-invasive mechanical ventilation.
- Identify new developments in the management of right ventricular dysfunction and pulmonary hypertension.
- Describe advances in new therapies for patients in shock (cardiogenic, hemorrhagic, distributive).
- Incorporate the latest procedures in echocardiography as an essential monitor in hemodynamic evaluation.
- Describe the new ventricular assistance devices, ECMO, IABP or IABP.
- Update procedures in the post-surgical management of adult congenital heart disease.
- Describe updates related to infection and its treatment in critical care units.
- Review the therapeutic actions related to the management of adult respiratory



## Objectives | 11 tech

distress syndrome.

- Analyze the new mechanical ventilation strategies.
- Identify new developments in perioperative anesthetic management of organ transplantation (cardiac, pulmonary, hepatic and renal).
- Comprehensively review the approach to monitoring critically ill patients.
- Evaluate the new monitoring algorithms and clinical management of polytraumatized and severe burn patients.
- Analyze the new maintenance algorithms for donor patients.
- Determine the new recommendations for advanced CPR.
- Identify new management strategies for renal failure in critically ill patients.
- Describe the main nutritional aspects in critically ill patients.
- Analyze the implication of anesthesiology in perioperative medicine, its contributions and interest.
- Review the new drugs included in the anesthetic therapeutic arsenal.
- Incorporate new antiplatelet and anticoagulant drugs and new hemostasis monitoring systems into medical practice.
- Analyze the implications of these drugs on anesthetic procedures.
- Incorporate new strategies for hemodynamic management.
- Raise new perspectives in clinical training through virtual simulators.
- Question therapeutic empiricism versus goal-driven monitoring. Role of advanced hemodynamic optimization.
- Value simulation and teaching as a postgraduate training tool.
- Update the predictive factors of morbi-mortality determinants of risk.

## 03 Course Management

The materials have been created by a team of leading professionals in the field of anesthesia in critically ill patients, who work in prestigious hospitals. Additionally, other recognized specialists participate in its design and preparation, which means that the program is developed in an interdisciplinary manner.

Course Management | 13 tech

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Learn the latest advances in loco-regional anesthesia and pain management from leading professionals"

## tech 14 | Course Management

#### Management



#### Dr. Muedra Navarro, Vicente

- · Head of the Anesthesia Service at the General University Hospital Consortium of Valencia.
- Professor-Doctor of Anesthesiology at the Universitat de Valencia
- Degree in Medicine from the University of Valencia
- MIR Specialist in Anesthesiology, Resuscitation and Pain Therapeutics at La Fe University Hospital in Valencia
- PhD in Medicine and Surgery from the University of Valencia.
- Professor of the Department of Biomedical Sciences. Faculty of Medicine. CEU Cardenal Herrera University. Valencia
- Director of doctoral theses and Master's Degree theses
- · Member of several Health Care Improvement Commissions at La Ribera University Hospital
- University Expert in the Comprehensive Management of the Airway, by the Catholic University of Valencia
- · Vice-president of the Department of Anesthesiology and Critical Care in Cardiac Surgery of the Valencian Community
- Member of the Spanish Society of Anesthesiology, Resuscitation and Pain Therapy
- · Member of the Spanish Society of Multimodal Rehabilitation
- Head researcher in several research projects with competitive funding from Public Institutions (Carlos III Health Institute)
- Collaborating Researcher in the Prometeo Program for research groups of Excellence in the Department of Education and Science at Generalitat Valenciana.
- Research member of the Translational Medicine Doctoral Program in the research line Multidisciplinary Intervention in Prevention and Clinical Therapeutics of International Doctoral School CEINDO

#### Coordination

#### Dr. Muedra Navarro, Vicente

- Attending Physician.
- La Ribera University Hospital. Alzira

#### Dr. Vicente Guillén, Rosario

- Head of the Department of Anesthesiology, La Fe Polytechnic and University Hospital. Valencia
- Medical Specialist in Anesthesiology, Resuscitation and Pain Therapy.

### Course Management | 15 tech

#### Professors

#### Dr. Aleixandre, Anabel

\* Attending Physician. La Fe i Politècnic University Hospital Valencia

#### Dr. Aparicio, Rosa

Attending Physician. La Fe i Politècnic University Hospital Valencia

#### Dr. Duque, Patricia

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#### Dr. Garutti Martínez, Ignacio

\* Attending Physician. Gregorio Marañón General Hospital. Madrid.

#### Dr. Gomar Sancho, Carmen

Chair of Anesthesiology. Department Director. Barcelona Clinical Hospital.

#### Dr. González, Antonio M.

\* Attending Physician. Marqués de Valdecilla General Hospital Santander

#### Dr. Herrera, Pablo

Attending Physician. La Fe i Politècnic University Hospital Valencia

#### Dr. Iñigo, José Miguel

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#### Dr. Justo, Pilar

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#### Dr. Llau, Juan Vicente

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#### Dr. Pérez violating, Ignacio

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- Dr. Sánchez, Anabel
- Attending Physician. La Fe i Politècnic University Hospital Valencia

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\* Attending Physician. La Fe i Politècnic University Hospital Valencia

#### Dr. Vidal, Ana

\* Attending Physician. La Fe i Politècnic University Hospital Valencia

## 04 Structure and Content

The curriculum structure has been designed by a team of professionals who understand the implications of medical training in anesthesia and critical care, aware of the current relevance for training and committed to quality teaching through new educational technologies.

5 This Postgraduate Diploma in Anesthesia and Critical Care is the most complete and up-to-date scientific program on the market"

## tech 18 | Structure and Content

#### Module 1. Latest Advances in Anesthesiology

- 1.1. Perioperative Medicine and Multimodal Rehabilitation: Future of Anesthesiology
- 1.2. Hemodynamic Optimization and Target-Guided Fluid Therapy
- 1.3. Clinical Simulation as a Teaching Tool in Postgraduate Education
- 1.4. Evidence-Based Medicine (EBM) in Anesthesiology
- 1.5. Contributions of Anesthesiology to Current Patient Expectations: Clinical Safety Pain Treatment
- 1.6. Pharmacological Developments in Anesthesiology
- 1.7. Perioperative Hemorrhage Preoperative Optimization, Monitoring, New Transfusion Strategies
- 1.8. Research as a Source of Progress in Anesthesiology
- 1.9. New Antiplatelet and Anticoagulant Drugs Involvement in Anesthetic Practice



A unique, key, and decisive training experience to boost your professional development"





### Structure and Content | 19 tech

#### Module 2. Latest Advances in Critically III Patients

- 2.1. Approach to the Neurocritical Patient
- 2.2. Management of the Patient with Acute Respiratory Insufficiency (ARI)
- 2.3. Approach to the Patient in a Situation of Cardiogenic Shock
- 2.4. Right Ventricular Dysfunction and Pulmonary Hypertension
- 2.5. Infections in Critically III Patients
- 2.6. Congenital Heart Disease in Adults
- 2.7. Nuevos Sistemas de Ventilación Mecánica en las Unidades de Críticos
- 2.8. Hemodynamic-echocardiographic Evaluation in Critical Patients
- 2.9. Management of the Patient with Hemorrhagic Shock
- 2.10. Management of Adult Respiratory Distress (ARDS)
- 2.11. Mechanical Ventilation
- 2.12. Postoperative Management of Left Ventricular Assists
- 2.13. Multi-Organ Donor Maintenance
- 2.14. Enteral and Parenteral Nutrition in Critically III Patients
- 2.15. Neonatal Sepsis and Septic Shock
- 2.16. Comprehensive Management of Renal Transplantation
- 2.17. Comprehensive Management of Lung Transplantation
- 2.18. Acute and Chronic Kidney Failure
- 2.19. Comprehensive Approach to the Polytraumatized Patient
- 2.20. Comprehensive Approach to the Burn Patient
- 2.21. Advanced CPR

# 05 **Methodology**

This training program provides you with a different way of learning. Our methodology uses a cyclical learning approach: *Re-learning*.

This teaching system is used in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

### tech 22 | Methodology

#### At TECH we use the Case Method

In a given situation, what would you do? Throughout the program, you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

> With TECH you can experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching potential or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in professional medical practice.

Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

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- 1. Students who follow this method not only grasp concepts, but also develop their mental capacity by evaluating real situations and applying their knowledge.
- 2. The learning process has a clear focus on practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## tech 24 | Methodology

#### **Re-learning Methodology**

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

The physician will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



### Methodology | 25 tech

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 250,000 physicians with unprecedented success, in all clinical specialties regardless of the surgical load. All this in a highly demanding environment, where the students have a strong socioeconomic profile and an average age of 43.5 years.

Re-learning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



## tech 26 | Methodology

In this program you will have access to the best educational material, prepared with you in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

20%

15%

3%

15%

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



#### Latest Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



#### **Interactive Summaries**

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.

### Methodology | 27 tech



#### **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

20%

7%

3%

17%



#### **Testing & Retesting**

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence in our difficult future decisions.



#### Quick Action Guides

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.

## 06 **Certificate**

The **Postgraduate Diploma in Anesthesia and Critical Care** guarantees, in addition to the most accurate and up-to-date training, access to a qualification issued by **TECH Technological University.** 



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Successfully complete this training and receive your university degree without travel or laborious paperwork"

## tech 30 | Certificate

This **Postgraduate Diploma in Anesthesia and Critical Care** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Diploma** issued by **TECH Technological University** via tracked delivery.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Diploma, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: Postgraduate Diploma in Anesthesia and Critical Care

Official Nº of Hours: 400 hours.



technological university Postgraduate Diploma Anesthesia and **Critical Care** » Modality: online » Duration: 6 months » Certificate: TECH Technological University » Dedication: 8h/week » Schedule: at your own pace » Exams: online

## Postgraduate Diploma Anesthesia and Critical Care

