



Adenomyosis and Endometriosis
Treatment

» Modality: online

» Duration: 6 months

» Certificate: TECH Global University

» Credits: 18 ECTS

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/medicine/postgraduate-diploma/postgraduate-diploma-adenomyosis-endometriosis-treatment

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tech 06 | Introduction

This program brings together all the specialties involved in adenomyosis and the treatment of endometriosis, prepared by leading professionals with the highest level of excellence. It is a unique multidisciplinary program that allows students to acquire the highest degree of specialization in the disease.

This high-level Postgraduate Diploma will present the protocols used daily in endometriosis units through practical teaching.

You will have the opportunity to learn how to use and interpret both new technologies and the most current genetic tests in the early diagnosis of Endometriosis.

This Postgraduate Diploma is designed to help professionals to better treat their patients affected by endometriosis. Effective education and training in Adenomyosis and Endometriosis Treatment is provided through practical and theoretical teaching.

Through the knowledge and understanding gained, the student will be capable of working independently in the comprehensive assessment of Endometriosis, as well as being able to make decisions about its evolutionary course, and subsequently move on to become a certified Endometriosis specialist.

For all these reasons, TECH has designed this Postgraduate Diploma, which will help the professional to specialize in this field and develop a comprehensive approach to their patients from a multidisciplinary perspective, thanks to the content developed by doctors from different specialties. It is an intensive program, designed to teach students about the technologies, materials and treatments of this discipline and it includes a complete perspective of the techniques used in Endometriosis, allowing students to specialize in an effective and responsible way. In this way, this program provides high-level training that seeks excellence.

In addition, its 100% online format will allow you study from wherever you want, without the need to travel or adhere to fixed class timetables.

The **Postgraduate Diploma in Adenomyosis and Endometriosis Treatment** contains the most complete and up-to-date educational program on the market. The most important features of the program include:

- The development of case studies presented by experts in Endometriosis
- The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice
- New developments in Endometriosis Techniques
- Practical exercises where the self-assessment process can be carried out to improve learning
- * Special emphasis on innovative methodologies in Endometriosis techniques
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



A Postgraduate Diploma created to take the professional through the essential knowledge in Endometriosis, which they will be able to apply in their daily practice"



Expand your knowledge through this Postgraduate Diploma and specialize in Endometriosis to achieve excellence in this field"

The teaching staff includes medical professionals who contribute their experience to this program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the physician must try to solve the different professional practice situations that arise during the academic year. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced experts in Endometriosis.

Increase your decision-making confidence by updating your knowledge with this Postraduate Diploma course.

You will be taught by professionals with extensive experience in the sector, who have invested all their knowledge and experience into the development of this program.







tech 10 | Objectives



General objectives

- Develop your educational and professional expertise in all the core areas of Endometriosis, giving you the appropriate knowledge, understanding and professional skills to improve the management of the patient with this chronic disease
- Develop leadership skills in Endometriosis, so that you will be able to form a multidisciplinary team focused on this pathology
- Acquire an understanding of the processes involved in the etiopathogenesis and pathophysiology of endometriosis, as well as their epidemiological aspects, which will guarantee adequate knowledge to provide a correct clinical history of the disease
- Achieve sufficient skills to make a diagnostic approach to the patient through the clinical symptoms they present and broaden knowledge about less frequent symptomatology
- Explore, in depth, the different diagnostic approaches to Endometriosis from a critical perspective of routine clinical practice and analyze combined diagnostic criteria
- Gain knowledge of diagnostic techniques in research ranging from immunology to genetics and epigenetics
- Develop competencies to know how to interpret results and in which situations to apply them
- * Achieve competent skills for the correct classification of Endometriosis
- Know the types of Endometriosis and their severities according to different classifications

- Develop the ability to have an integrative vision of adenomyosis, to diagnose, follow up and treat patients affected by this disease
- Know, in depth, the current fields of research
- Gain in-depth knowledge of Endometriosis from a treatment point of view
- Deepen knowledge of new medical therapies and gain knowledge of new therapeutic lines of research
- Acquire knowledge of the most appropriate surgical techniques depending on the patient's situation and the type of Endometriosis
- Increase knowledge about complications and their treatment
- Deepen knowledge about the medical and preventive aspects of the effects of Endometriosis from the field of reproductive medicine
- Know the perspectives of embryology and the in vitro fertilization laboratory
- Know, in depth, the associations with different pathological situations
- Expand knowledge of the management of Endometriosis associated with autoimmune diseases
- Learn more about cancer risk and the different diagnostic and preventive approaches



Specific objectives

Module 1. Diagnostic Approaches to Endometriosis

- Know, in depth, the glycoproteins used as tumor markers in the diagnosis of endometriosis
- Inquire about the usefulness of the CA 125 marker and its uses in clinical practice
- Know how the different growth and vascular factors analyzed as biomarkers of Endometriosis are related and know its pathogenic basis for such a relationship
- Understand studies of VEGF as a biomarker of endometriosis
- Acquire the fundamental knowledge of immunology in endometriosis, and which interleukins are studied as biomarkers and be able to perform a critical reading of the studies carried out
- Deepen knowledge of the hormonal profile of patients with endometriosis. Know which hormones have been studied as biomarkers and understand the hormonal profile of the patient at high risk of endometriosis from the perspective of pathophysiology
- Gain in-depth knowledge of the most researched and promising urinary biomarkers, understand the pathogenic basis for their appearance in urine and why they are difficult to diagnose accurately
- Acquire the skills to understand the significance of proteomics and metabolomics in the study of diagnostic markers of endometriosis. Understand the limitations of the technique and evaluate its usefulness in the field of research
- Know, in depth, the proposed diagnostic tests based on microRNA studies, understand the significance of the study of these in association with the immune response, as well as knowing the different pathways of immunity with respect to microRNAs. Understand the limitations of the technique

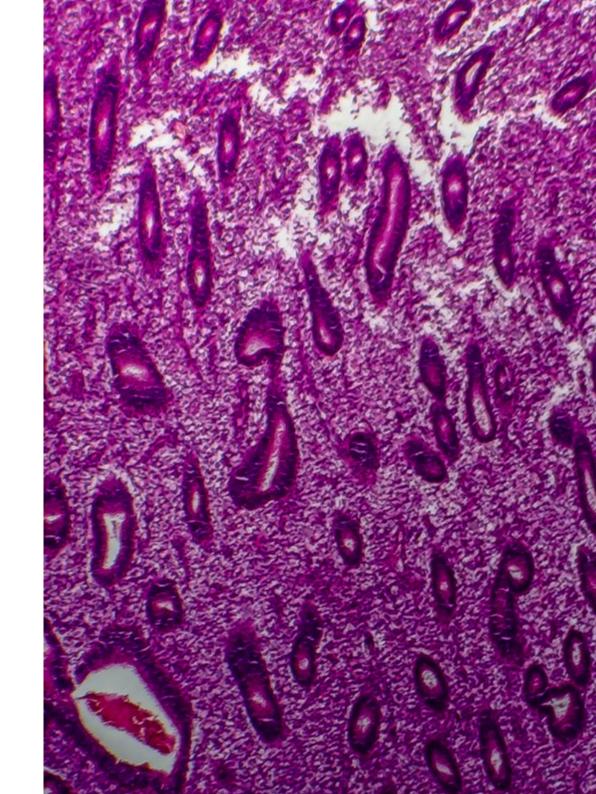


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- Deepen knowledge of the studies of IncRNA and its association with the diagnosis of endometriosis. Understand the difference with microRNA and pathway studies in the pathogenesis of endometriosis
- Acquire knowledge of the most frequently encountered polymorphisms, know their association with other diseases, especially autoimmune diseases and learn about the latest advances in the field of early diagnosis of endometriosis

Module 2. Classification of Endometriosis

- Deepen knowledge, in a global way, of the most current classification of endometriosis. Know the 5 types of endometriosis and the different classifications
- Know, in depth, everything related to superficial endometriosis as a unique entity, know its relationship with symptomatology and the controversies related to its diagnosis and treatment
- Learn more about adnexal endometriosis. Know the implications and theories about tubal endometriosis implicated in the etiopathogenesis of endometriosis and know the effect of ovarian endometriosis on follicular function
- Understand the capacity of endometriosis to invade the anterior compartment, know the extent to which endometriotic lesions can reach the genitourinary tract and gain knowledge of bladder and renal function impairment
- Know the extent of the disease affecting the gastrointestinal tract and its consequences, understanding the complications that occur and the degree of invasion that endometriosis can reach
- Gain in-depth understanding of adenomyosis as endometriosis affecting the uterus and know the association with the different types of endometriosis and the complications that occur



- Deepen knowledge of the extraperitoneal involvement of endometriosis and know the most frequent types of endometriosis and their association with other types of endometriosis. Know what complications can be expected
- Know how to perform the classification of deep endometriosis, based on the Enzian classification. Understand the implications of this classification in terms of severity and know the most appropriate complementary tests based on this classification
- Develop a new proposed classification based on ultrasound findings, the UBESS classification. Know the application of this classification and its predictive utility prior to surgery
- Deepen knowledge in the classification of the American reproductive society as the most widely used classification. Know its association with the severity of patients' symptoms, in addition to the association with their reproductive capacity
- Understand how to interpret the "Endometriosis Fertility Index" classification for giving accurate fertility advice to the patient. Know its association with other classifications
- Know about the new classification proposed by the American Society of Gynecologic Endoscopy and know its application and usefulness in surgical practice

Module 3. Adenomyosis

- * Know Adenomyosis in depth, and be able to diagnose, monitor and treat the disease
- Know the differences in pathogenic terms that make adenomyosis a unique entity
- Know how to associate the pathogenesis of the disease with the complications that can occur together with adenomyosis
- Acquire the skills to perform a histological study of adenomyosis, and to know the different findings in an adenomyotic uterus. Know the correlation of these findings with clinical and diagnostic parameters

- Deepen knowledge of the established diagnostic criteria and know their correlation with the histologic finding. Know the usefulness of three-dimensional ultrasound in the evaluation of the Junctional zone and the diagnosis of adenomyosis
- Acquire the skills to interpret images based on the study of Nuclear Magnetic Resonance. Know the diagnostic criteria and understand when this complementary test is necessary
- Have a thorough understanding of the proposed histologic classification of adenomyosis and its correlation with clinical and utility. Know the techniques used to obtain histological samples for such classification
- Know how to interpret the proposed ultrasound classification. Know how to perform this classification in the office and to understand what this diagnosis means in the prognosis of the disease
- Deepen knowledge in the classification based on nuclear magnetic resonance.
 Understand when this classification is going to be necessary and what benefits it provides in terms of prevention and prognosis
- Know, in depth, all the strategies for a good control of the symptoms of adenomyosis. Know which medical treatments are most effective, learning from radiological techniques as a non-invasive approach in the treatment of adenomyosis
- Know the surgical techniques in the surgical treatment of adenomyosis, with its risks and limitations. Know the risks and benefits of radical surgery
- Be aware of the association of adenomyosis with uterine cancer. Consider this risk for follow-up and diagnostic tests, as well as in the surgical approach





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Management



Dr. Moliner Renau, Belén

- Director of the Endometriosis Unit, Bernabeu Institute
- Head of the Reproductive Medicine Ultrasound Department at the Bernabeu Institute
- Coordinator of the "Image and Fertility" Working Group of the Spanish Fertility Society
- Specialist in Obstetrics and Gynecology via MIR, Clinical University Hospital of Valencia
- PhD in Medicine and Surgery "Cum Laude", University of Valencia
- * Master's Degree in Human Reproduction, Rey Juan Carlos University
- Master's Degree in Research Methodology, Autonomous University of Barcelona
- Advanced studies for the use of STATA in biomedical research, Autonomous University of Barcelona
- Expert in Medical Genetics, University of Valencia, Spain
- Master's Degree in Autoimmune Diseases
- University Certificate in Introduction to Regenerative Medicine: Biology and Applications of Human Stem Cells, University of Valencia

Professors

Dr. Rodriguez Arnedo, Adoración

* Coordinator of the embryology laboratory at Bernabeu Institute Alicante

Dr. Esparza Soria, Alicia

Gynecologist and Obstetrician at Vithas International Medimar Hospital

Dr. Herencia Rivero, Alicia

Gynecologist specializing in Reproductive Medicine at Bernabeu Institute in Madrid

Dr. López Lozano, Alicia

Nutritionist specialized in Endometriosis and reproductive disorders

Dr. Fabregat Reolid, Ana

- Director of the Clinical Analysis Department of the Bernabeu Institute
- PhD in Pharmacy and specialist in Human Reproductive Biology. Bernabeu Institute of Alicante

Dr. Fuentes Rozalén, Ana

 Doctor specialized in Obstetrics and Gynecology. Master's Degree in Advanced Gynecological Endoscopic Surgery, University of Valencia in 2015. Gynecologist at Bernabeu Institute

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• Head of Section, Obstetrics and Gynecology Service, General University Hospital in Alicante. Gynecology at Bernabeu Institute

Bernabeu García, Andrea

- Co-Medical Director at Bernabeu Institute
- Coordinator of the Genetic and Reproductive Counseling Unit Bernabeu Institute
- PhD in Medicine. Specialist in Gynecology and Obstetrics. European Board and College of Obstetrics and Gynecology

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* Scientific Director of IBBiotech. Dr. in Biology. Specialist in Medical Genetics

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Dr. Ruiz Piña, Carmen

 Assistant physician of Gynecology and Obsterics. Assisted Reproduction Unit. La Fe University Hospital Valencia

Dr. Lizán Tudela, César

- Specialist in gynecology and obstetrics, University Hospital Clinic in Valencia, Spain
- Associate Professor, University of Valencia
- Co-director of the Professional Master's Degree in Assisted Reproduction, UJI

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Specialist in Endocrinology. Alcoy Hospital

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Dr. Gavilán Cabello, Cristina

 Faculty specialized in Obstetrics and Gynecology. Specialist in reproductive Medicine. Bernabeu Institute. Palma de Mallorca

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 Attending Physician, Gynecology and Obstetrics Service, Clinical Hospital of Valencia

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Specialist in Obstetrics and Gynecology. Bernabeu Institute. Madrid

Dr. Sellers López, Francisco

• Director of the Department of Obstetrics and directly responsible for the Ultrasound and Prenatal Diagnosis Section. Bernabeu Institute

Dr. García Pastor, Irene

 Medical Specialist in Radiodiagnosis and head of the Breast Radiology Unit, Marina Baixa Hospital

Dr. Guerrero Villena, Jaime

• Embryologist specialized in oocyte and embryo cryopreservation. In vitro Fertilization Unit supervisor. Bernabeu Institute Alicante

Dr. Llacer Aparicio, Joaquín

* Co-Medical Director of the Reproductive Medicine Department at Bernabeu Institute

Dr. Ten Morro, Jorge

- Director of the Reproductive Biology Operational Unit at Bernabeu Institute
- * Associate Professor, Department of Biotechnology, University of Alicante, Spain

Dr. Ortiz Salcedo, Jose Antonio

• Biochemist Molecular Biologist. IBiotech

Dr. Castillo Farfán, Juan Carlos

• Gynecologist at Bernabeu Institute in Alicante. Specialist in Reproductive Medicine.

Dr. Mele Olive, Laura

• Coordinator of the Gynecological Ultrasound Unit, Arnau de Vilanova de Lleida Hospital

Dr. Abad De Velasco, Lorenzo

• Obstetrics and Gynecology Specialist in Reproductive Medicine Unit, General Univeristy Hospital, Valencia, Spain

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- Urology Area Specialist, General University Hospital in Elche, Spain
- Urologist, Bernabeu Institute of Alicante

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 Director of Bernabeu Institute of Albacete. Specialist in Obstetrics and Gynecology, specializing in Reproductive Medicine

Dr. Galiana Ivars, María

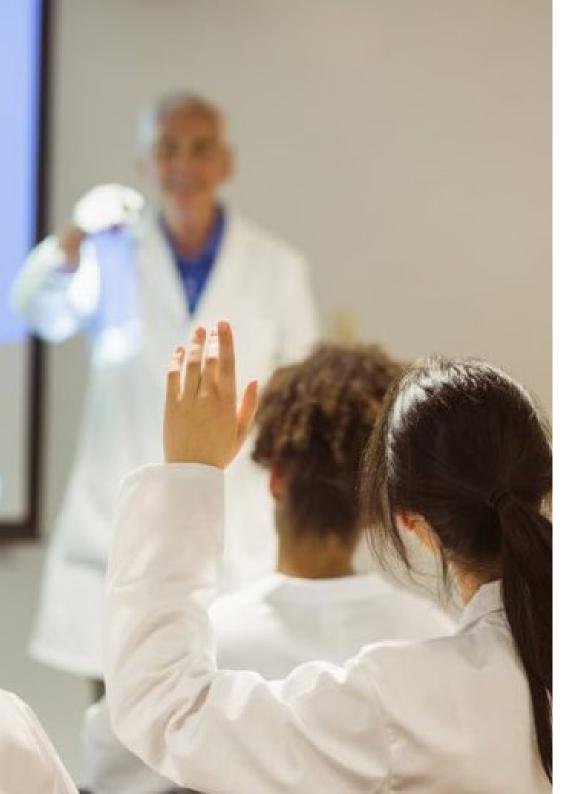
* Services of Anesthesiology and Resuscitation. Alicante General University Hospital

Dr. Aranda López, Ignacio

• Head of Anatomic Pathology Department, General Hospital of Alicante, Spain

Dr. Romera Agullo, Natalia

General Health Psychologist, Bernabeu Institute



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Dr. Cirillo, Paolo

Gynecologist at Bernabeu Institute

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- Assistant Physician of the Endocrinology and Nutrition Section, Virgen de los Lirios de Alcoy Hospital
- Department Director of the Endocrinology Department, Bernabeu Institute

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- Medical Director of Bernabeu Institute and gynecologist at his clinic in Alicante
- Director of the Department of Reproductive Medicine of the Faculty of Medicine, Miguel Hernández University of Elche based at the Bernabeu Institute
- Director of the Department of Community Medicine and Reproductive Health, Miguel Hernández University

Dr. Martín Díaz, Rodolfo

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• Pharmacist, Specialist in Genetics and Molecular Biology. IBiotech

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Dr. Albero Amoros, Sonia

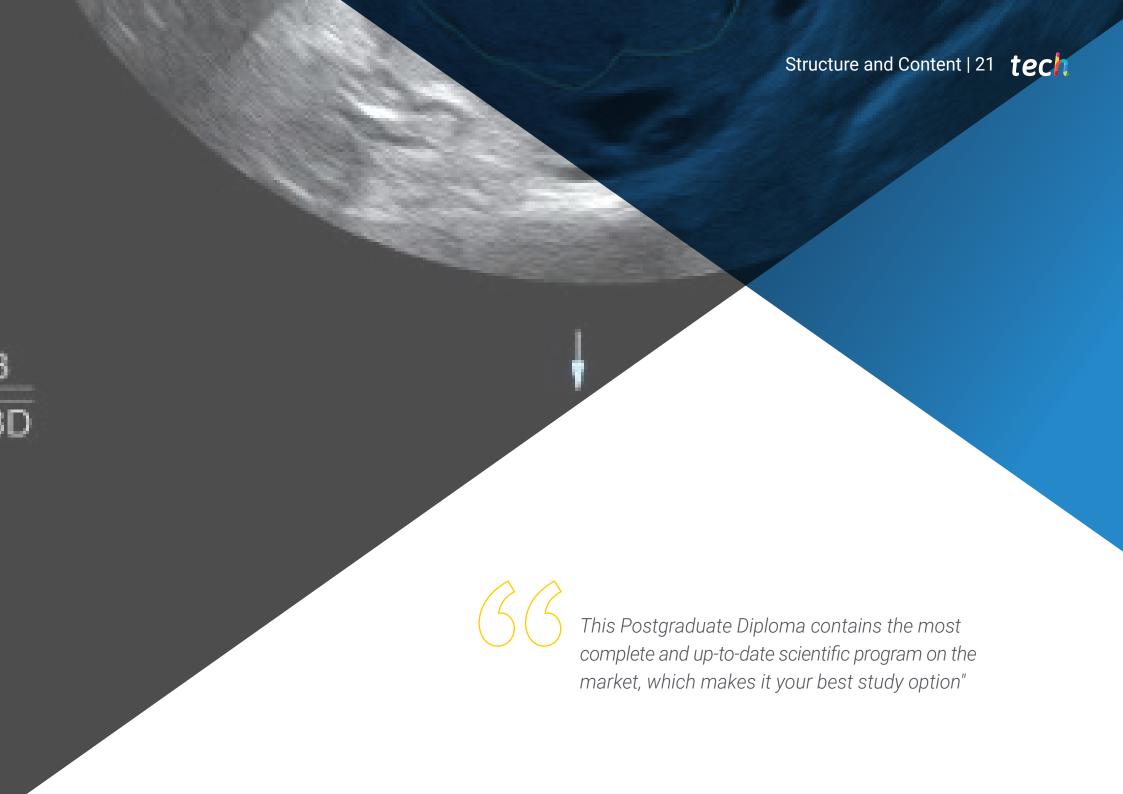
Gynecologist at Accuna Clinic in Alicante, Spain

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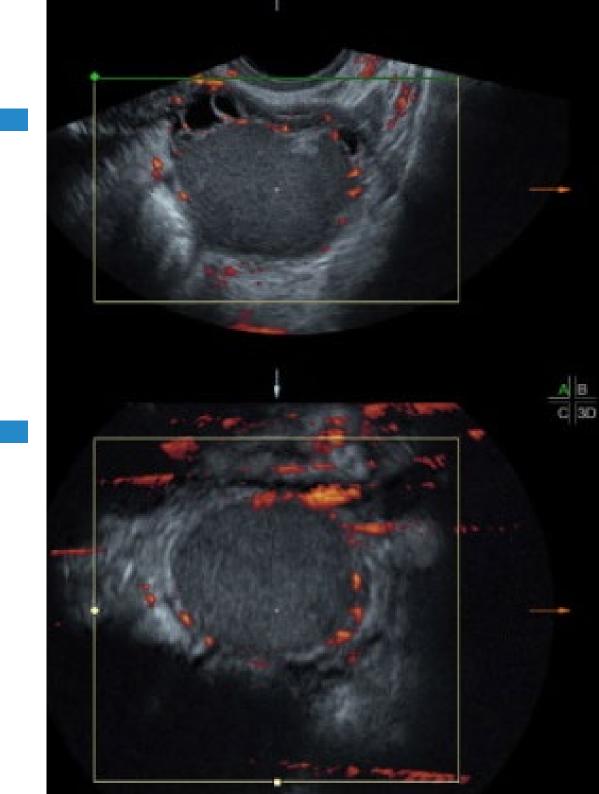
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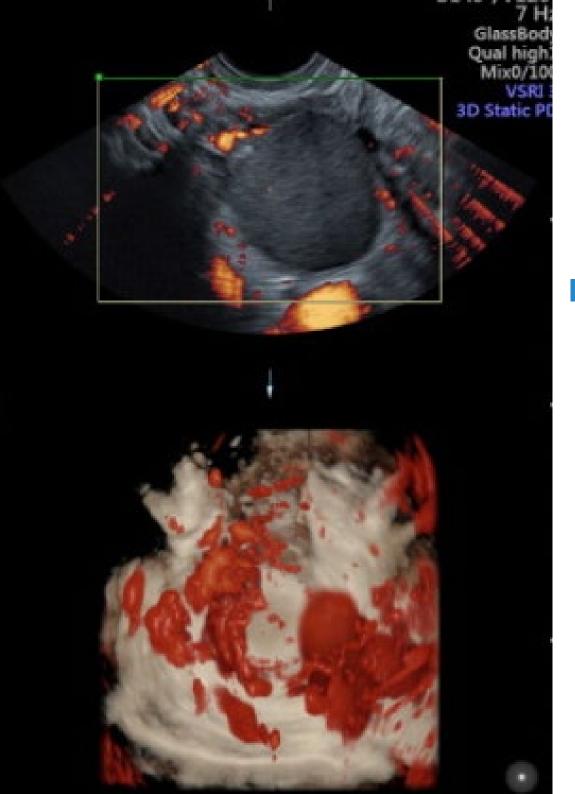
Module 1. Diagnostic Approaches to Endometriosis

- 1.1. Glycoproteins: Tumor Markers
 - 1.1.1. CA125
- 1.2. Growth Factors and Angiogenesis
 - 1.2.1. VEGF
- 1.3. Antibodies
- 1.4. Interleukins and Cytokines
- 1.5. Hormones
 - 1.5.1. Aromatase
- 1.6. Urinary Biomarkers
- 1.7. Study of "Omics" as Biomarkers
 - 1.7.1. Proteomics
 - 1.7.2. Metabolomics
- 1.8. MicroRNA
- 1.9. Long non Coding RNA
- 1.10. Study of the Genome. Associated Polymorphisms

Module 2. Classification of Endometriosis

- 2.1. Superficial Endometriosis
- 2.2. Adnexal Endometriosis
 - 2.2.1. Tubal Endometriosis
 - 2.2.2. Ovarian Endometriosis
- 2.3. Deep Anterior Compartment Endometriosis
 - 2.3.1. Vesical Endometriosis
 - 2.3.2. Ureteral Endometriosis
- 2.4. Deep Posterior Compartment Endometriosis
 - 2.4.1. Recto-Vaginal Septum
 - 2.4.2. Recto-Sigma





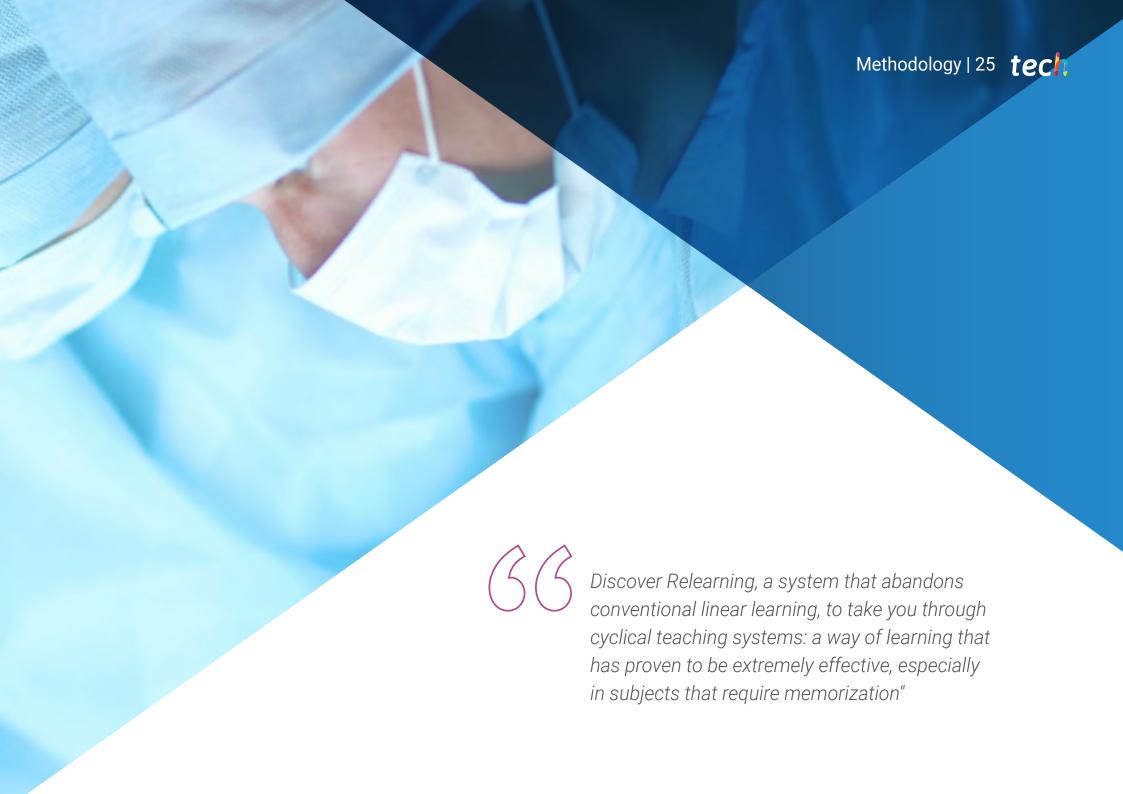
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- ..5. Adenomyosis
- 2.6. Extraperitoneal Endometriosis
 - 2.6.1. Catamenial Endometriosis
- 2.7. Ultrasonographic Classification Criteria for Deep Endometriosis. Revised Enzian Classification
- 2.8. UBESS Classification
- 2.9. Revised ASRM Company Classification
- 2.10. Endometriosis Fertility Index Rating
- 2.11. AAGL Classification

Module 3. Adenomyosis

- 3.1. Pathogenic Mechanisms
- 3.2. Histology of Adenomyosis
- 3.3. Ultrasound Diagnostic Criteria
- 3.4. MRI Diagnostics
- 3.5. Histological Classification
- 3.6. Proposed Ultrasound Classification
- 3.7. Proposed Classification based on MRI
- 3.8. Management of Adenomyosis
- 3.9. Invasive Treatment of Adenomyosis
 - 3.9.1. HIFU
- 3.10. Endometrial Cancer and Adenomyosis





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At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

- Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



Methodology | 29 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence on the usefulness of learning by observing experts.

The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.









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This program will allow you to obtain your **Postgraduate Diploma in Adenomyosis** and **Endometriosis Treatment** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Diploma in Adenomyosis and Endometriosis Treatment

Modality: online

Duration: 6 months

Accreditation: 18 ECTS



Mr./Ms. _____, with identification document _____ has successfully passed and obtained the title of:

Postgraduate Diploma in Adenomyosis and Endometriosis Treatment

This is a program of 450 hours of duration equivalent to 18 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024



^{*}Apostille Convention. In the event that the student wishes to have their paper Diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

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Postgraduate Diploma Adenomyosis and Endometriosis Treatment

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